"Iron rusts from disuse; stagnant water loses its purity and in cold weather becomes frozen; even so does inaction sap the vigor of the mind. So we must stretch ourselves to the very limits of human possibility. Anything less is a sin against both God and man." – Leonardo da Vinci

I chose this quote because it reminds me of the overwhelmingly destructive nature of inactivity. One must continuously feed the mind as we do our bodies, and thus allow for intellectual growth through learning. If we are inactive with our bodies, then we lose physical strength and good health unlike those who gain such things through exercise. The same can be applied to the mind for abstaining from mental exercise through learning one can expect to be weaker in thought. We cannot reach our fullest intellectual potential unless we are willing to continuously learn.

This quote applies to my journey due to the ever-changing nature of technology. If I were to be stagnant in seeking out knowledge applicable to my industry, then I will rust from disuse for no company wants to hire an individual that is not willing to adapt to change. This applies to anyone seeking a career involving technology because things are always changing, and one must be willing to continuously learn new methods or devices. If I want to reach the very limits of human possibility in the mobile development industry, I have to keep exercising my mind through learning for not doing so would be a sin against myself.