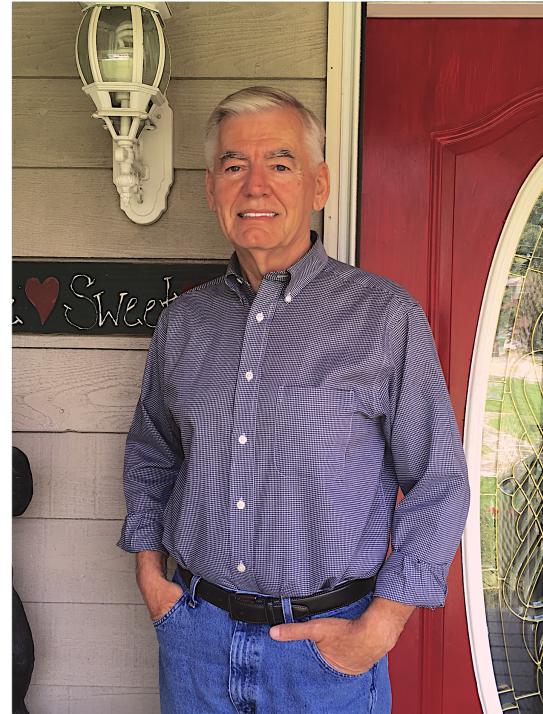


I Didn't Believe It Until It Happened To Me

How a life threatening stroke, type II diabetes, sleep apnea and a three way heart bypass finally got my attention before it was too late!



Greg Klapp - June 2017

It is said a picture is worth a thousand words. The one on the left is one month prior to my nearly fatal stroke. What you can't see is that the arteries throughout my whole body were narrowing due to plaque build up. It was not just localized in my brain, it was everywhere in my body. I had plenty of signs I just didn't recognize it. Maybe I just didn't want to admit it. I couldn't believe it was happening to me. In hindsight I now realize that the build up is what caused my stroke, lead to my type II diabetes, sleep apnea and a heart attack that led to a three way heart bypass operation.

The picture on the right is today. I am a lot healthier than I have ever been in my entire adult life. My arteries are clear, I have eliminated the diabetes, the sleep apnea and I have reduced my medications from 18 when I left from my many hospital visits, to **NONE** under doctors approval! Best of all, I feel better today than I have felt since my youth and I'm now retirement age.

It has been amazing to witness first hand how a **whole food plant based way of life** can transform your health from sickness and disease into one of amazing health, free of the ailments that I suffered from. I no longer have diabetes. I no longer have sleep apnea. You can't tell by looking at me that I suffered a nearly fatal stroke or heart attack and you would be amazed at how powerful your diet can be toward eliminating or reducing much of most diseases!

I witnessed first hand how diet can be stronger than medications and I was a real skeptic. This was contrary to everything I had ever been taught. While I was still on the standard American diet, I did not see much improvement in any of my conditions from the medications that had been prescribed. Several years after my stroke, I discovered the documentary "**Forks Over Knives**" and immediately began switching to a whole food plant based diet. In less than two weeks I saw a noticeable increase in my energy level, I began to see my ailments decrease and within a year my doctor called me at home to tell me I was no longer diabetic. How amazing is that? And oh yes I almost forgot to mention that I went from about 245 to about 165-170lbs and I was not trying to loose any weight! Talk about a good side effect!

If this sounds to good to be true, watch the documentary "**Eating You Alive**" and hear it from doctors who have seen this first hand and they now believe how powerful diet can be! Medicine can be invaluable to save lives when disease reaches a critical point, your diet can prevent it from ever getting there!

It is my firm belief that the purpose in the remaining years of my life, is to show people that it is possible to live to advanced ages productively, without medications, pain free, disease free and with great health! You will be amazed how easy it is! I was. Did I mention it is cheaper? Your food bill will be less, your pharmacy bill will be less or nonexistent and you will spent less time at the doctors office. What have you got to lose? **Just try it for a month** to see if there is really anything to this. Through this test you will see first hand that you can change your future health for the better, and more quickly than you ever imagined!