# Obesity worldwide in 2020



Female

Male

Clear all slicers

# Country

Afghanistan

Albania

Algeria

Andorra

Angola

Antigua and Barbuda

Argentina

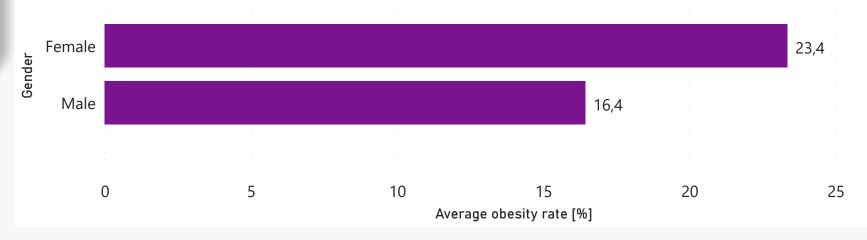
Armenia

Australia

Austria

□ Λzerbaijan



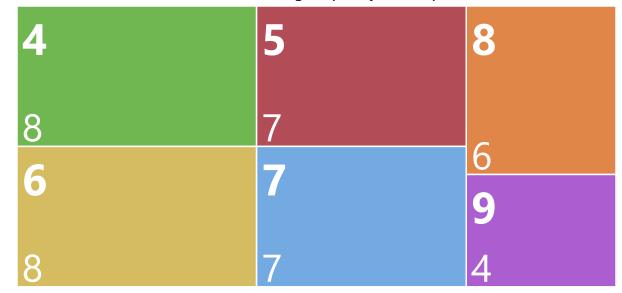


#### Average obesity rate by country

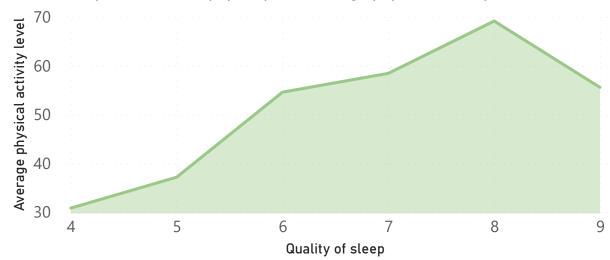




Maximum stress level (bold) according to quality of sleep

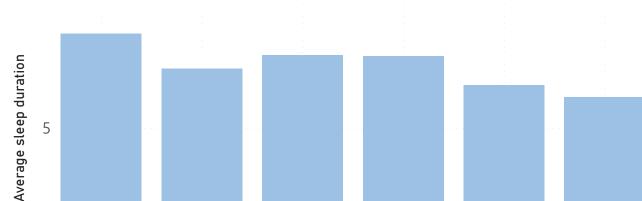


Relationship between sleep quality and average physical activity level



Average sleep duration depending on stress level

10

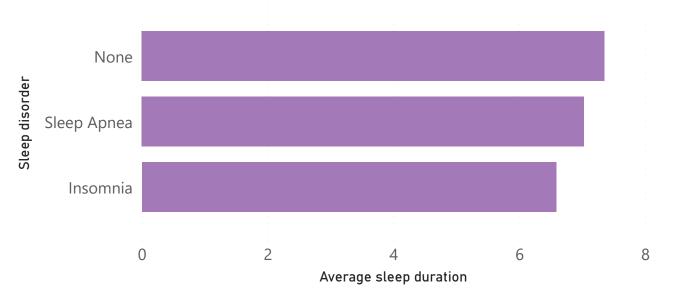


Average sleep duration comparison in individuals with and without sleep disorders

Stress level

6

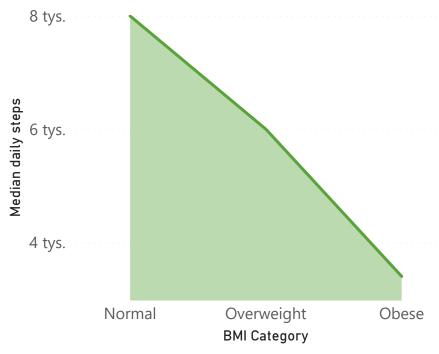
8



# **BMI** and stress level

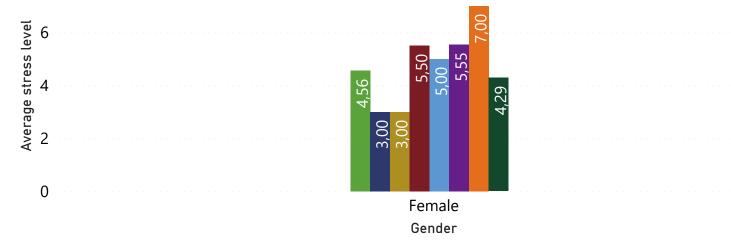


#### Median of daily steps by BMI category

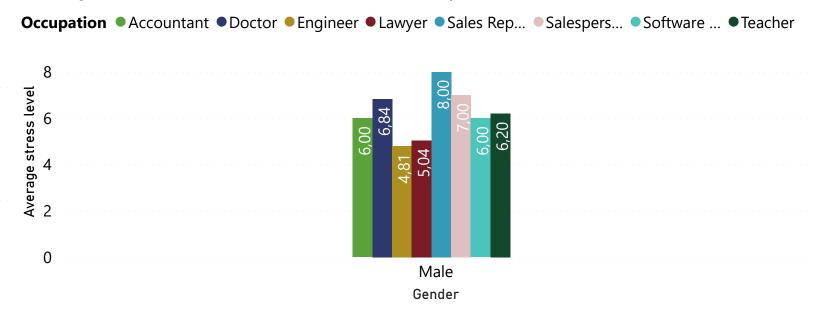


#### Average stress level for women in various occupations



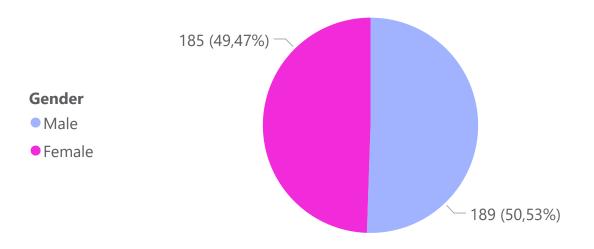


#### Average stress level for men in various occupations

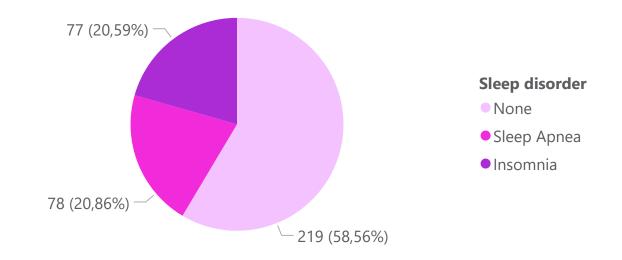


# Data distribution

# Quantity of men and women in the dataset



# Quantity of sleep disorder in the dataset



# Quantity of people in each BMI Category

