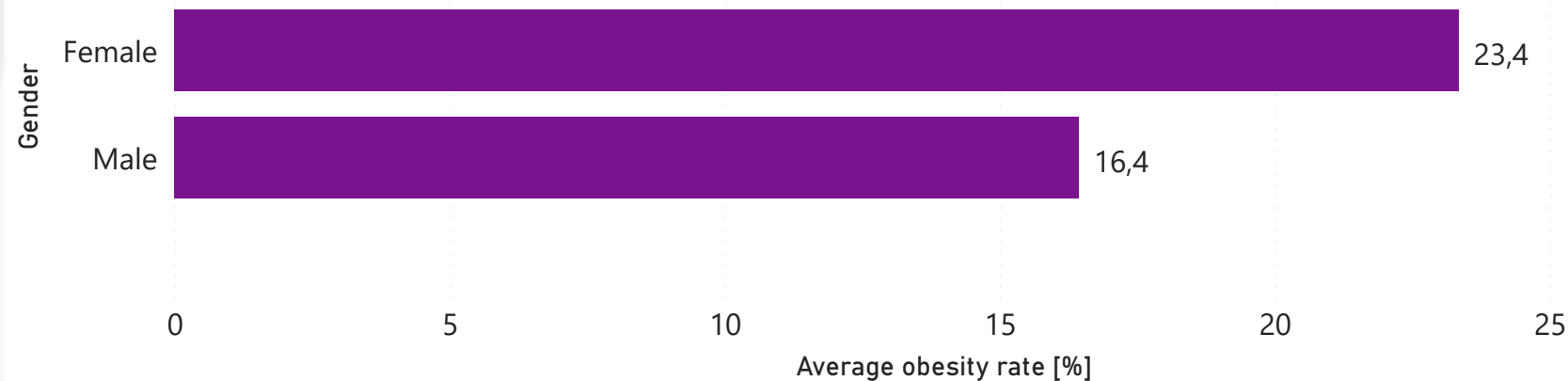# Obesity worldwide in 2020

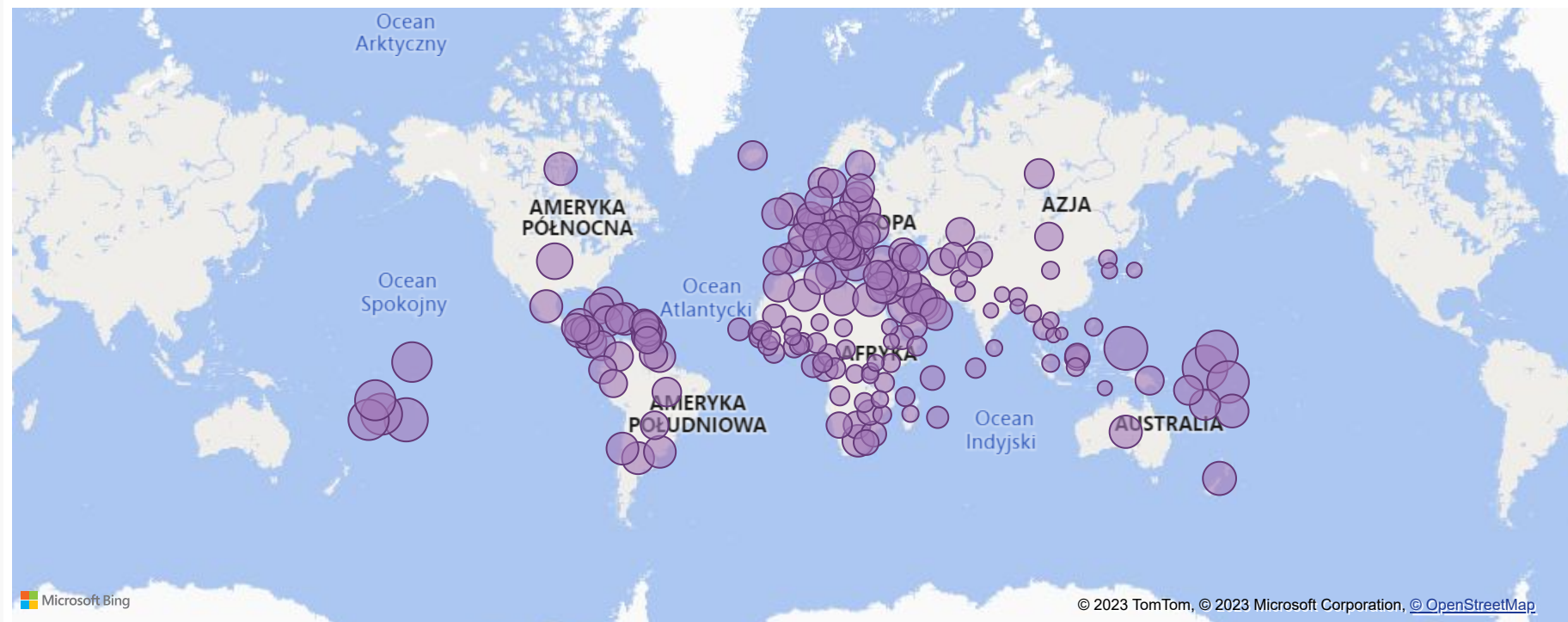## Gender

- ☐ Female
- ☐ Male

Clear all slicers

Country

- ☐ Afghanistan
- ☐ Albania
- ☐ Algeria
- ☐ Andorra
- ☐ Angola
- ☐ Antigua and Barbuda
- ☐ Argentina
- ☐ Armenia
- ☐ Australia
- ☐ Austria
- ☐ Azerbaijan

Average obesity rate depending on gender

Average obesity rate [%]

Female — 23,4
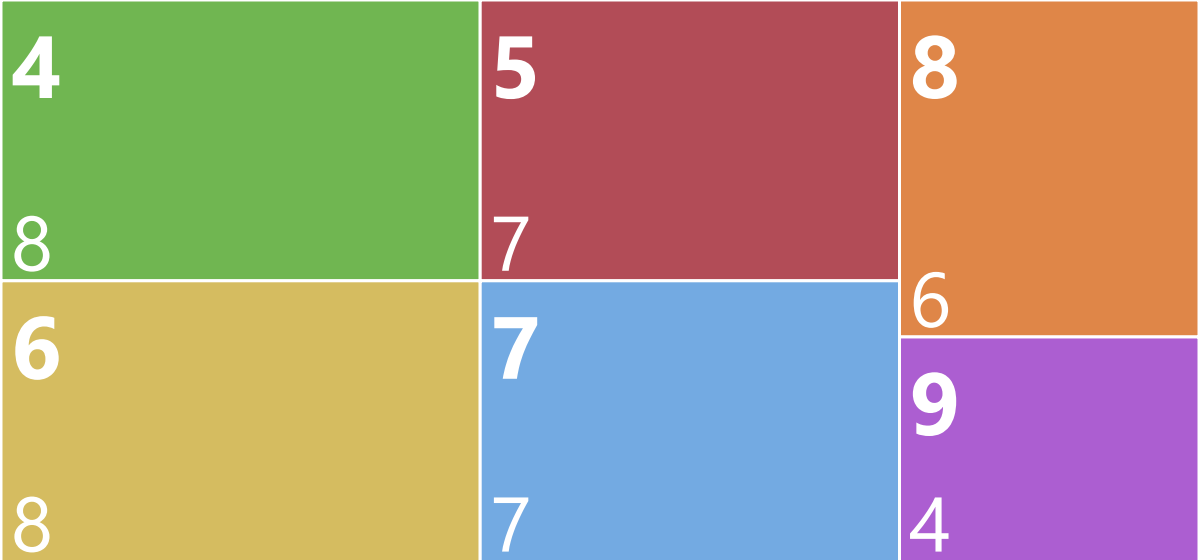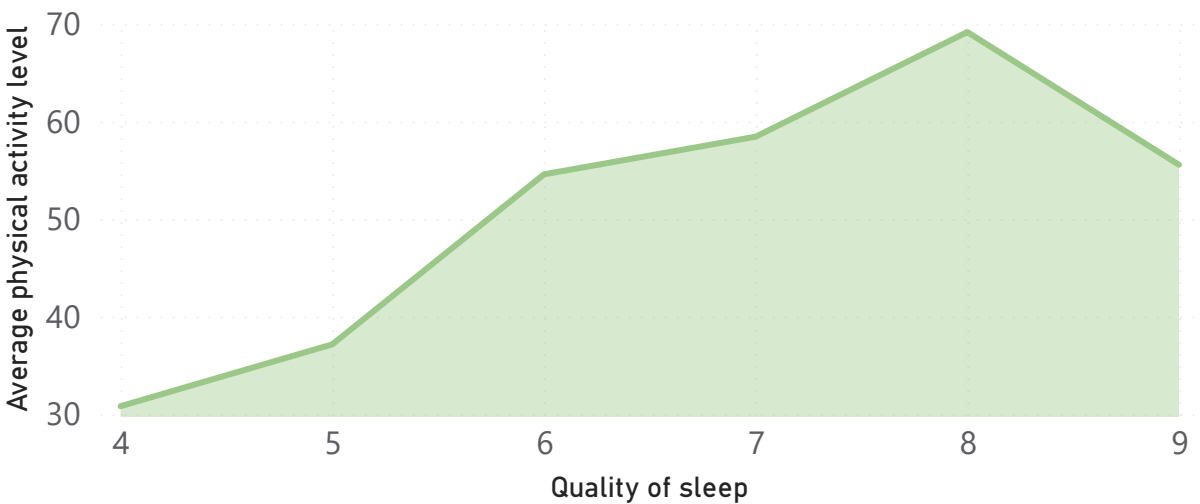Male — 16,4

Average obesity rate by country

Ocean Arktyczny
AMERYKA PÓŁNOCNA
Ocean Spokojny
Ocean Atlantycki
AMERYKA POŁUDNIOWA
AFRYKA
EUROPA
AZJA
Ocean Indyjski
AUSTRALIA

Microsoft Bing

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Sleep analysis

Maximum stress level according to quality of sleep (bold)

Average sleep duration depending on stress level

Relationship between sleep quality and average physical activity level
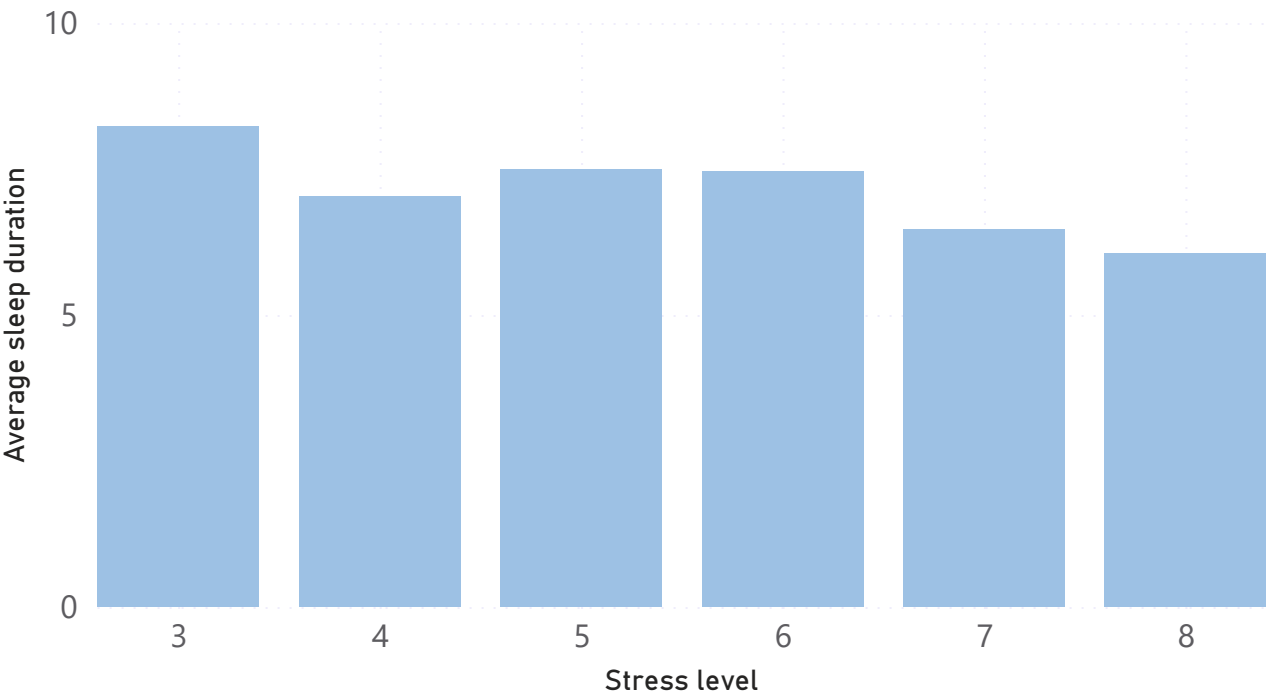
Average sleep duration comparison in individuals with and without sleep disorders
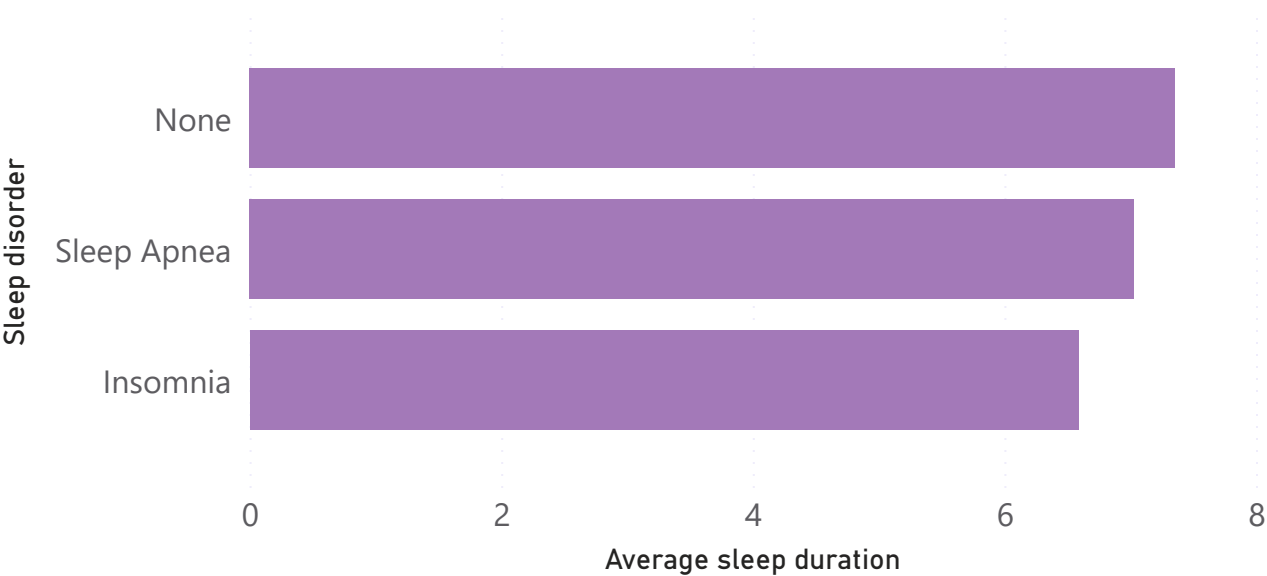
BMI and stress level
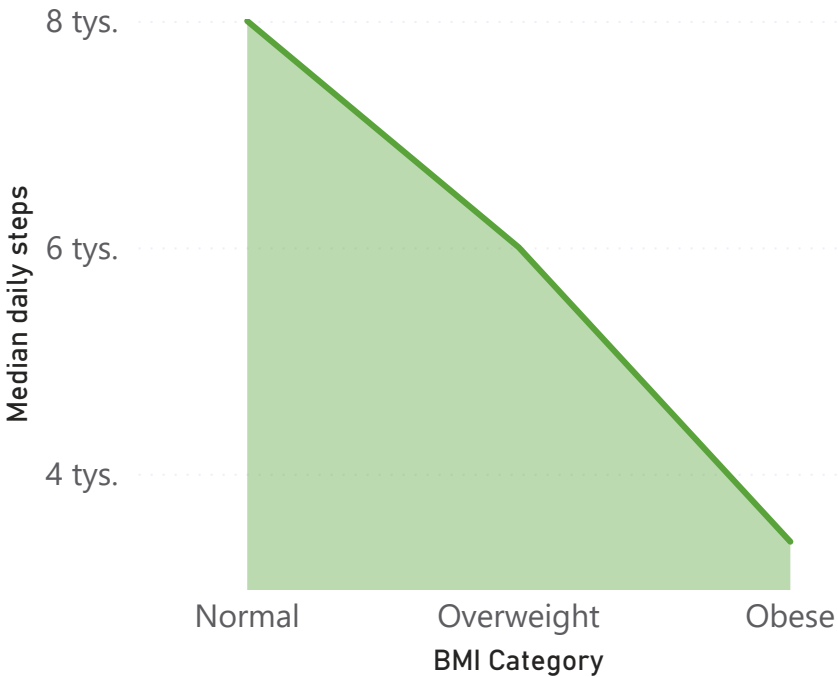
Occupation
- ☐ Accountant
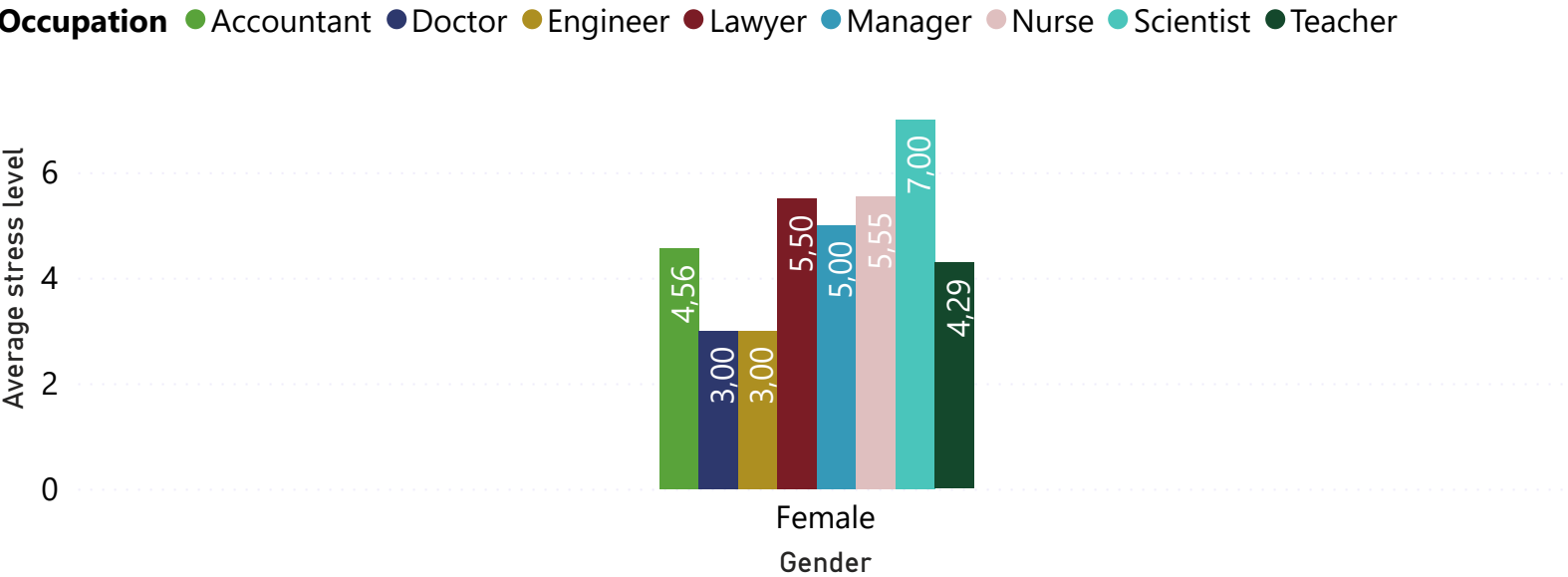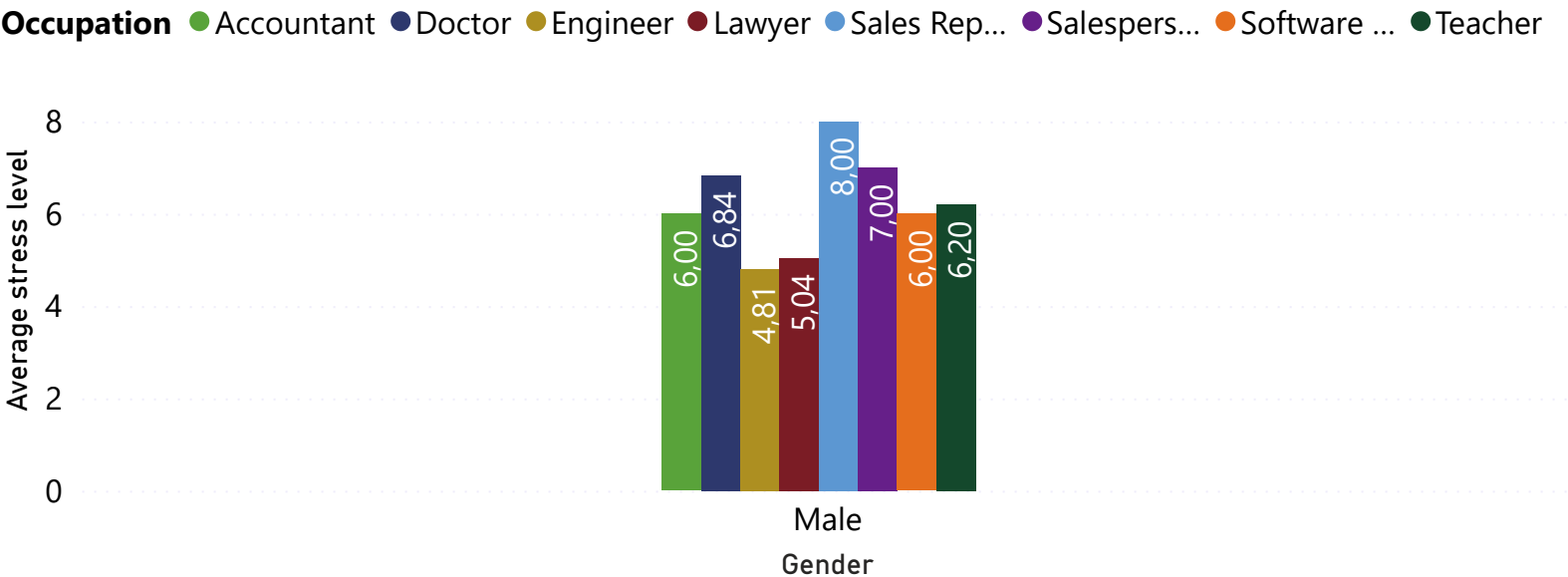- ☐ Doctor
- ☐ Engineer
- ☐ Lawyer
- ☐ Manager
- ☐ Nurse

Median of daily steps by BMI category

Average stress level for women in various occupations

Occupation ● Accountant ● Doctor ● Engineer ● Lawyer ● Manager ● Nurse ● Scientist ● Teacher

Average stress level for men in various occupations

Occupation ● Accountant ● Doctor ● Engineer ● Lawyer ● Sales Rep... ● Salespers... ● Software ... ● Teacher

Data distribution

Quantity of men and women in the dataset

185 (49,47%)

189 (50,53%)

Gender
- Male
- Female
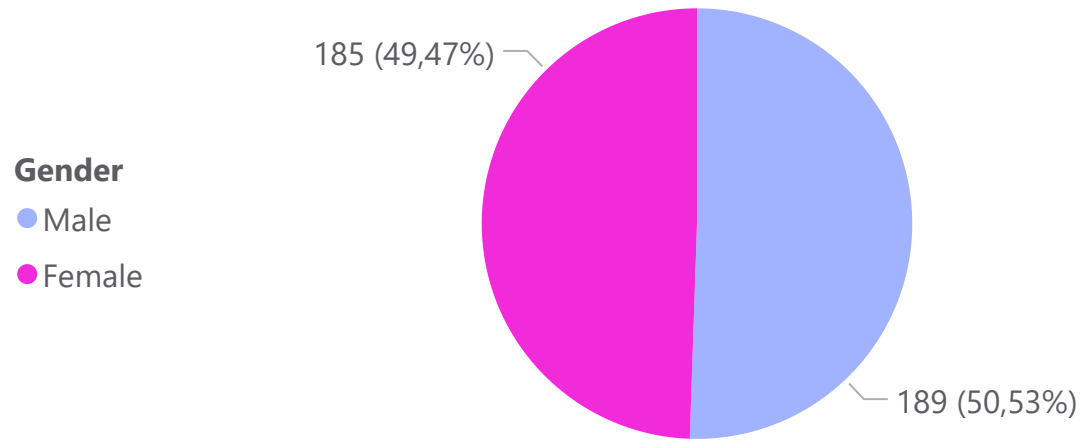
Quantity of sleep disorder in the dataset

77 (20,59%)

78 (20,86%)

219 (58,56%)

Sleep disorder
- None
- Sleep Apnea
- Insomnia
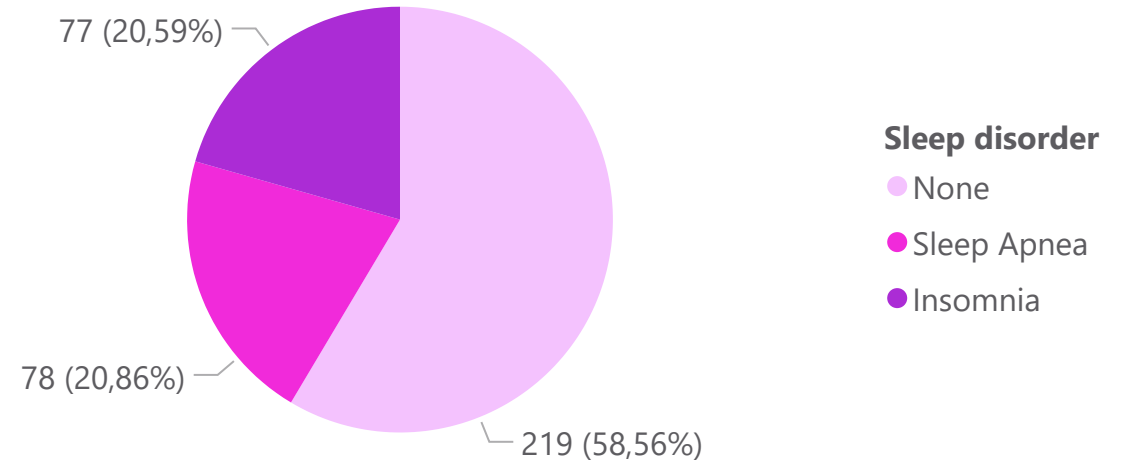
Quantity of people in each BMI Category

195	148	10
Normal	Overweight	Obese

BMI Category