

PATIENT MEDICAL REPORT

Patient Name: John Doe

Date of Birth: 1985-06-15

Date of Visit: 2025-02-05

Diagnosis:

- Hypertension
- Type 2 Diabetes

Prescribed Treatment:

- Lisinopril 10mg once daily
- Metformin 500mg twice daily

Recommendations:

- Follow low-sodium diet
- Exercise for 30 minutes daily
- Regular blood sugar monitoring