```
#ifndef IIKH_H
#define IIKH H
#include <iostream>
#include <string>
#include <vector>
#include <map>
using namespace std;
// class for ingredients used in a recipe
class Ingredient {
public:
   // constructor: takes the name, unit, and the quantity of the ingredient as
input parameters
   Ingredient(string name, string unit, double quantity);
   /*
    * change unit: changes the selected ingredient's unit of measurement
    * convert_unit: converts the unit (e.g., g to kg, ml to 1)
    */
   void change unit(string name);
   void convert_unit(string new_unit);
private:
   string name; // name of the ingredient
   string unit;  // unit of measurement (e.g., "g", "oz", "ml")
   double quantity; // quantity of ingredient
};
```

```
// class for recipes
class Recipe {
public:
   // constructor: takes the name, list of ingredients, cooking instructions, a
mount of servings and preparation time as input parameters
   Recipe(string recipe_name, vector<Ingredient> ingredients, string instructi
ons, int servings, int prep_time);
   /*
    * add ingredient: adds an ingredient to the recipe
    * remove ingredient: removes an ingredient from the recipe
    * update ingredient quantity: modifies the quantity of an ingredient
    * set instructions: sets the instructions for the recipe
    * display recipe: displays a recipe with pictures and instructions included
    * get instructions: returns the instructions for the recipe
    * get recipe name: returns the name of the recipe (food name)
    * get ingredient: returns a list of ingredients of the recipe
    */
   void add ingredient(Ingredient ingredient);
   void remove ingredient(string ingredient name);
   void update ingredient quantity(string ingredient name, double quantity);
   void set instructions(string instructions);
   void display_recipe(string name);
   vector<Ingredient> get ingredients();
   string get recipe();
   string get recipe name();
private:
   int servings;
                                  // number of servings
                                   // preparation time for the recipe
   int prep time;
   string recipe_name;
                                   // name of the recipe (food name)
                                   // set of instructions for the recipe
   string instructions;
   vector<Ingredient> ingredients; // a list of ingredients in the recipe
};
```

```
// class for a meal plan
class MealPlan {
public:
   //constructor: takes name of the meal plan, type of the plan, and a list of r
ecipes in the meal plan as input parameters
   MealPlan(string plan name, string type, vector<Recipe> recipes);
   /*
    * add recipe: adds a recipe to the meal plan
    * remove recipe: removes a recipe from the meal plan
    * update recipe: update recipe details in a meal plan
    * display meal plan: searches for the meal plan from the database and retur
ns the meal plan and the grocery list.
    * get recipes: returns recipes of the meal plan
    * get grocery list: returns a grocery list for a meal plan
    */
   void add recipe(Recipe recipe, string type);
   void remove_recipe(string recipe_name, string type);
   void update recipe(string recipe name, Recipe new recipe);
   void display meal plan(string plan name);
   vector<Recipe> get recipes(string plan name);
   vector<Ingredient> get_grocery_list(string plan_name);
private:
                             // type of the meal plan (e.g., "weekly", "lunch")
   string type;
                            // name of the meal plan (e.g., "John's Meal Plan")
   string plan name;
   vector<Recipe> recipes; // list of recipes in the meal plan
};
```

```
// class for the database of recipes and meal plans
class RecipeDB {
public:
   //constructor: loads itself upon creation
   RecipeDB();
   /*
    * add recipe: adds a recipe to the database
    * remove recipe: removes a recipe from the database
    * sort recipe: sorts recipes according to the option (e.g., "ascending", "d
escending", "category")
    * display all recipes: displays all recipes in the database
    * list meal plans: lists all available meal plans
    * save to file: saves the current database to a file
    * load from file: loads the last save from a file
    * search recipe: returns a specified recipe
    */
   void add_recipe(Recipe recipe);
   void remove recipe(string recipe name);
   void sort_recipe(string option);
   void display all recipes();
   void list_meal_plans();
   void save_to_file();
   void load from file();
   Recipe search recipe(string recipe name);
private:
   vector<Recipe> recipes; // collection of recipes in the database
   };
```

```
// class for the display(UI) of the IIKH system
class IIKHDisplay {
public:
   // constructor: opens a new window and displays a welcome message
   IIKHDisplay();
   /*
    * display title screen: displays a welcome messages and a start button
    * display_main_menu: displays the main menus
    * display recipes menu: displays the recipes menu along with available sele
ctions
    * display plans menu: displays the meal plans menu along with available sel
ections
    */
   void display_title_screen()
   void display_main_menu();
   void display_recipes_menu();
   void display_plans_menu();
};
#endif
```