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OHIP# **PATIENT:** SPECIMEN ACC#: PHYSICIAN: (5 2304180772 - MD SAROWAR. **SABIH** FAX: DATE OF BIRTH: **SERVICE DATE:** CHART#: REPORT DATE: 18 APR 2023 19 APR 2023 12:41 **AGE**: 22 **COLLECTION DATE:** STATUS: SEX: MALE 18 APR 2023 14:45 **FINAL** 

**ABNORMAL TEST NORMAL UNITS** REFERENCE RANGE

## GENERAL CHEMISTRY \_

4.1 L Glucose Fasting mmol/L 4.3-6.4 HbA1C 4.9 % < 6.0

Screening: Normal glycemic control

Goal for monitoring Non-Diabetics refer to OAML communique dated May 2015, Available on request

Creatinine 87 umol/L 50-115 **eGFR** 108 >=90

> Normal eGFR is described as greater than or equal to 90 ml/min/1.73m^2 For patients of African descent, the reported eGFR must be multiplied by 1.15 Effective July 21, 2015, eGFR is calculated using the CKD-EPI 2009 equation

KDIGO 2012 guidelines highlighted the importance of eGFR and urine albumin creatinine ratio(ACR)in screening, diagnosis and management of CKD. Result for eGFR should be interpreted in concert with ACR

Sodium 137 mmol/L 136-144 Potassium 4.7 mmol/L 3.6-5.1 33 L 38-126 Alk Phosphatase U/L

Alkaline Phosphatase testing should be reserved for specific diagnosis, especially hepatobiliary and bone disorders. Its use in routine health screening is not appropriate.

ALT (SGPT)		11 L	U/L	17-63
Cholesterol		5.43 H	mmol/L	<5.20
Triglycerides	0.54		mmol/L	<1.50
HDL Cholesterol		1.62 H	mmol/L	1.03-1.54
LDL Cholesterol		3.56 H	mmol/L	<3.36
Chol:HDL Ratio	3.3			

NON-HDL Choleste 3.81 mmol/L

Non-HDL cholesterol is calculated from total cholesterol and HDL-C and is not significantly affected by the fasting status of the patient

overnight fasting and early morning testing no longer needed for many lipid screening tests

LIPID TARGET VALUES

10 years CVD risk Primary Tx Target Alrenate Tx Target

LDL <= 2.0 mmol/L or Non-HDL-C <= 2.6 mmol/L High or intermediate

(FRS>=10%) >=50% decrease in LDL-C Low(FRS<10%) >=50% decrease in LDL-C

Chol/HDL-C is not included in the 2012 CCS guidelines as a lipid initiation or treatment target but is recognized as an indicator of high CVD risk at Chol/HDL-C ratio>6.0

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- MD **FAX:** (905) 848-1779

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**TEST** 

**NORMAL ABNORMAL**  **UNITS** 

REFERENCE RANGE

**Fasting** 

>10

Hours

Consider the non-HDL-C value as an alternate lipid target if monitoring treatment is intermediate or high

risk patients.

Bilirubin Total

7

umol/L

5-21 0.35-4.94

TSH Ultra-sens

1.21 mIU/L

Asymptomatic patients should generally not be screened for thyroid disease (exceptions include pregnant, post-partum, or post-menopausal women). Thyroid function in patients with suspected thyroid disease is best assessed with TSH as the sole screening test. It is not appropriate to order free-T4 and/or free-T3 in addition to TSH in the initial screen.

MicroalbuminRDMU **Urine Creatinine** 

3.2 11.58 mg/L mmol/L

MAL/Creat Ratio1

0.3

NORMAL MICROALBUMIN/CREATIN RATIO: <2.0 mg Albumin / mmol creatinine