

## INSTRUCTIONS FOR SURGERY

You must have a responsible adult stay with you throughout your procedure. You must also have a responsible adult drive you home and stay with you for the 1st night post operatively. If you do not have these arrangements made prior to your surgery/procedure, it may be canceled.

Medications for high blood pressure, heart disease, respiratory, seizure, and stomach disorders should be taken the morning of surgery with a small sip of water. Consult your physician or surgery center staff regarding any other daily medications (insulin, blood thinners, etc.) that may need to be discontinued prior to surgery.

Notify your physician of any changes in your physical condition such as fever, productive cough, flu, or skin problems at the operative site.

**BRING TO SURGERY:** government issued photo ID with your legal name (i.e. driver's license); all insurance cards, which need to match your ID , all current medications and a list of drug/food allergies; any medical equipment if directed by your doctor (i.e. crutches, walker, sling). If you have an Advanced Directive please bring a copy or notify us where it is on file.

Please do not wear jewelry, hairpins/barrettes, or make-up. Remove all body piercings. Leave personal valuables at home.

Wear loose-fitting clothes that are easy to change and low-heeled shoes.

Due to limited seating, we ask that you bring no more than 2 adults with you. It is also recommended that younger children do not accompany the patient as this tends to be stressful for the patient, individuals waiting for the patient and on the children.

Patients who smoke: to reduce your risks during and after surgery, we encourage you to stop smoking one week prior to surgery.

Pain management is an important part of the surgery process and one of great importance to us. We will be assessing your level of pain from the time of admission and throughout your recovery to ensure that we do our best to appropriately manage this with you.

It is our goal to provide you with the best care possible. Please communicate questions or concerns during your stay to any member of our health care team, so we may address them quickly and to your satisfaction.