

General Feelings Questionnaire © N. Bohnen, MD

Circle the following that may apply to you:
0=Almost Never; 1=Sometimes; 2=Often; 3=Very Often

A	0 1 2 3	It makes me upset to see people disobey the law.
B	0 1 2 3	I am an easygoing and laid back person.
C	0 1 2 3	It is difficult for me to do two things at the same time.
D	0 1 2 3	I like to play the lottery.
E	0 1 2 3	I act on impulse.
F	0 1 2 3	I find it important to know every detail so that I can make the right decision.
G	0 1 2 3	I prefer that people leave me alone and do not bother me.
H	0 1 2 3	I think that others are playing tricks on me.
I	0 1 2 3	Sometimes those close to me are not honest with me.
J	0 1 2 3	I need a careful and detailed plan before acting.
K	0 1 2 3	I believe something bad is going to happen to me.
L	0 1 2 3	I tend to keep at something for so long that others can become irritated with me.
M	0 1 2 3	I am losing initiative
N	0 1 2 3	I feel nervous when I make eye contact with others.
O	0 1 2 3	I get so focused on a thought that I cannot get off of it.

CONTINUE ON NEXT PAGE

Circle the Following that may apply to you:
0=Almost Never; 1=Sometimes; 2=Often; 3=Very Often

P	0 1 2 3	I need to know all of the details before acting.
Q	0 1 2 3	I am uneasy in new surroundings.
R	0 1 2 3	I have difficulty ending conversations even when I have nothing to say.
S	0 1 2 3	I am overly careful and precise.
T	0 1 2 3	A certain line of thought stays on my mind for days at a time.
U	0 1 2 3	I easily become irritated when I am interrupted while doing things.
V	0 1 2 3	I am flexible.
W	0 1 2 3	I say things too quickly without thinking.
X	0 1 2 3	I check and re-check things carefully.
Y	0 1 2 3	Others find me less interesting.
Z	0 1 2 3	I make up my mind quickly.
AA	0 1 2 3	I am an outgoing and spontaneous person.