

36600

AUTONOMIC SYMPTOM PROFILE

Answer every question by darkening the appropriate oval.
If you are unsure about how to answer a question, please
give the best answer you can.

MARKING INSTRUCTIONS

Use a NO. 2 pencil.
Darken the corresponding oval completely.
Fill in the number in the box if provided.
Erase completely any marks you wish to change.

Clinic Number

- -

1	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
0	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Today's Date

/ /

1	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
0	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Diagnosis

36600

18. In the past year, have you ever felt faint, dizzy, or "goofy" or had difficulty thinking soon after standing up from a sitting or lying down position?

- ☐ 1 Yes If you marked YES go to question 19.
- ☐ 2 No If you marked No go to question 37.

19. When standing up, how frequently do you get these feelings or symptoms?

- ☐ 1 Rarely
- ☐ 2 Occasionally
- ☐ 3 Frequently
- ☐ 4 Almost always

20. How would you rate the severity of these feelings or symptoms?

- ☐ 1 Mild
- ☐ 2 Moderate
- ☐ 3 Severe

21. For how long have you been experiencing these feelings or symptoms?

- ☐ 1 Less than 3 months
- ☐ 2 3 to 6 months
- ☐ 3 7 to 12 months
- ☐ 4 13 months to 5 years
- ☐ 5 More than 5 years
- ☐ 6 As long as I can remember

36600

22. In the past year, how often have you ended up fainting soon after standing up from a sitting or lying down position?

- ☐ 0 Never
- ☐ 1 Once
- ☐ 2 Twice
- ☐ 3 Three times
- ☐ 4 Four times
- ☐ 5 Five or more times

23. How cautious are you about standing up from a sitting or lying down position?

- ☐ 1 Not cautious at all
- ☐ 2 Somewhat cautious
- ☐ 3 Extremely cautious

24. What part of the day are these feelings worst?
(Check only one)

- ☐ 1 Early morning
- ☐ 2 Rest of morning
- ☐ 3 Afternoon
- ☐ 4 Evening
- ☐ 5 At night, when I get up after I've been asleep
- ☐ 6 No particular time is worst
- ☐ 7 Other time, please specify _____

25. In the past year, have these feelings or symptoms that you have experienced:

- ☐ 1 Gotten much worst
- ☐ 2 Gotten somewhat worst
- ☐ 3 Stayed about the same
- ☐ 4 Gotten somewhat better
- ☐ 5 Gotten much better
- ☐ 6 Completely gone

36600

Please rate the average severity you have experienced in the past year for each of the following symptoms.

	Have not had	Mild	Moderate	Severe
	10	20	30	40
26. Rapid or increased heart rate? _____ (palpitations)	10	20	30	40
27. Sickness to your stomach (nausea) or _____ vomiting?	10	20	30	40
28. A spinning or swimming sensation? _____	10	20	30	40
29. Dizziness? _____	10	20	30	40
30. Blurred vision? _____	10	20	30	40
31. Feeling of Weakness? _____	10	20	30	40
32. Feeling shaky or shaking sensation? _____	10	20	30	40
33. Feeling anxious or nervous? _____	10	20	30	40
34. Turning pale? _____	10	20	30	40
35. Clammy feeling to your skin? _____	10	20	30	40

36. Do you have any biologic (blood, natural) relatives among your parents, grandparents, brothers, sisters, or children who have frequent dizziness after standing from a sitting or lying down position?

☐ 1 Yes

☐ 2 No

If Yes, please list their names and relationship to you.

Name

Relationship

_____	_____
_____	_____
_____	_____
_____	_____

36600

In the past year, have you ever felt faint, dizzy, or "goofy" or had difficulty thinking:

37. soon after a meal? _____ ☐ 1 Yes ☐ 2 No

38. after standing for a long time? _____ ☐ 1 Yes ☐ 2 No

39. during or soon after physical _____ ☐ 1 Yes ☐ 2 No
activity or exercise?

40. during or soon after being in a hot _____ ☐ 1 Yes ☐ 2 No
bath, shower, tub, or sauna?

41. Have you ever felt dizzy or faint or actually
fainted when you saw blood or had a blood
sample taken?

☐ 1 Yes ☐ 2 No

In the past year, have you fainted:

42. while passing urine? _____ ☐ 1 Yes ☐ 2 No

43. while coughing? _____ ☐ 1 Yes ☐ 2 No

44. while pressing on side of neck? _____ ☐ 1 Yes ☐ 2 No

45. before a public speech? _____ ☐ 1 Yes ☐ 2 No

46. any other time? _____ ☐ 1 Yes ☐ 2 No

If you checked "Yes" to any of these questions on
fainting, please describe circumstances.

47. In the past year, have you ever completely lost
consciousness after a spell of dizziness?

☐ 1 Yes ☐ 2 No

48. In the past year, have you had any seizures or
convulsions?

☐ 1 Yes please describe

☐ 2 No circumstances

36600

In the past 5 years how would
rate the amount of trouble, if
any, you have had:

- | | None | Some | A lot | Constant |
|---|--------------------------|--------------------------|--------------------------|--------------------------|
| 49. with paralysis in parts of your face?___ | <input type="radio"/> 01 | <input type="radio"/> 02 | <input type="radio"/> 03 | <input type="radio"/> 04 |
| 50. with feelings of complete weakness all over your body?___ | <input type="radio"/> 01 | <input type="radio"/> 02 | <input type="radio"/> 03 | <input type="radio"/> 04 |
| 51. with attacks of uncontrollable _____ movements of your arms or legs?___ | <input type="radio"/> 01 | <input type="radio"/> 02 | <input type="radio"/> 03 | <input type="radio"/> 04 |
| 52. with attacks in which you couldn't _____ control your speech?___ | <input type="radio"/> 01 | <input type="radio"/> 02 | <input type="radio"/> 03 | <input type="radio"/> 04 |
| 53. Have you ever in your adult life had a spell of dizziness? | | | | |
| <input type="radio"/> 01 Yes <input type="radio"/> 02 No | | | | |

36600

54. In the past year, have you ever noticed color changes in your skin, such as red, white, or purple?

- ☐ 1 Yes If Yes, complete the following box.
☐ 2 No If No, go to question 65.

What color changes have occurred? (Check all that apply.)

55. ☐ My skin turns red
56. ☐ My skin turns white
57. ☐ My skin turns purple
58. ☐ Other, please Specify _____

What parts of your body are affected by these color changes?
(Check all that apply.)

59. ☐ My hands
60. ☐ My feet
61. ☐ Other parts, please specify _____
62. ☐ Entire body

63. For how long have you been experiencing these changes in skin color?

- ☐ 1 Less than 3 months
☐ 2 3 to 6 months
☐ 3 7 to 12 months
☐ 4 13 months to 5 years
☐ 5 More than 5 years
☐ 6 As long as I can remember

64. Are these changes in your skin color:

- ☐ 1 Getting much worst
☐ 2 Getting somewhat worst
☐ 3 Staying about the same
☐ 4 Getting somewhat better
☐ 5 Getting much better
☐ 6 Completely gone

36600

65. In the past year, after a long hot bath or shower, have you ever noticed the pads on the ends of your fingers wrinkle up?

☐ 1 Yes ☐ 2 No

66. In the past 5 years, what changes, if any, have occurred in your general body sweating?

- ☐ 1 I sweat much more than I used to
- ☐ 2 I sweat somewhat more than I used to
- ☐ 3 I haven't noticed any changes in my sweating
- ☐ 4 I sweat somewhat less than I used to
- ☐ 5 I sweat much less than I used to

67. In the past 5 years, what changes, if any, have occurred in the amount your feet sweat?

- ☐ 1 They sweat much more than they used to
- ☐ 2 They sweat somewhat more than they used to
- ☐ 3 I haven't noticed any changes
- ☐ 4 They sweat somewhat less than they used to
- ☐ 5 They sweat much less than they used to

68. In the past 5 years, what changes, if any, have occurred in facial sweating after eating spicy foods?

- ☐ 1 I sweat much more than I used to
- ☐ 2 I sweat somewhat more than I used to
- ☐ 3 I haven't noticed any changes in my sweating
- ☐ 4 I sweat somewhat less than I used to
- ☐ 5 I sweat much less than I used to
- ☐ 6 I avoid eating spicy foods because I sweat so much
- ☐ 7 I avoid eating spicy foods for other reasons

36600

In the past 5 years, what changes, if any, have occurred in your ability to tolerate heat during a hot day, strenuous work or exercise, hot bath or shower, hot tub, or sauna?
(Check all that apply.)

69. ☐ I now get more overheated

70. ☐ I now get dizzy

71. ☐ I now get short of breath

72. ☐ Other changes, please specify _____

73. ☐ No change

74. Do your eyes feel excessively dry?

☐ 1 Yes ☐ 2 No

75. Does your mouth feel excessively dry?

☐ 1 Yes ☐ 2 No

76. Do you have excessive amounts of saliva formation?

☐ 1 Yes ☐ 2 No

77. What is the longest period of time that you have had any one of these symptoms: dry eyes, dry mouth, or increased saliva production?

☐ 0 I have not had any of these symptoms

☐ 1 Less than 3 months

☐ 2 3 to 6 months

☐ 3 7 to 12 months

☐ 4 13 months to 5 years

☐ 5 More than 5 years

☐ 6 As long as I can remember



36600

78. For the symptom of dry eyes, dry mouth, or increased saliva production that you have had for the longest period of time, is this symptom:
- ☐ 0 I have not had any of these symptoms
 - ☐ 1 Getting much worse
 - ☐ 2 Getting somewhat worse
 - ☐ 3 Staying about the same
 - ☐ 4 Getting somewhat better
 - ☐ 5 Getting much better
 - ☐ 6 Completely gone
79. What weight changes, if any, have you had over the past year?
- ☐ 1 I have lost about _____ pounds
 - ☐ 2 My weight has not changed
 - ☐ 3 I have gained about _____ pounds
80. In the past year, have you noticed any changes in how quickly you get full when eating a meal?
- ☐ 1 I get full a lot more quickly now than I used to
 - ☐ 2 I get full more quickly now than I used to
 - ☐ 3 I haven't noticed any change
 - ☐ 4 I get full less quickly now than I used to
 - ☐ 5 I get full a lot less quickly now than I used to
81. In the past year, have you felt excessively full or persistently full (bloated feeling) after a meal?
- ☐ 1 Never ☐ 2 Sometimes ☐ 3 A lot of the time
82. In the past year, have you felt like you had a persistent upset stomach (nausea)?
- ☐ 1 Never ☐ 2 Sometimes ☐ 3 A lot of the time
83. In the past year, have you vomited after a meal?
- ☐ 1 Never ☐ 2 Sometimes ☐ 3 A lot of the time



36600

84. In the past year, have you had a cramping or colicky abdominal pain?

☐ 1 Never ☐ 2 Sometimes ☐ 3 A lot of the time

85. Are these pains usually after a meal?

☐ 1 Yes ☐ 2 No

86. How long have you had these cramping or colicky abdominal pains?

- ☐ 1 Less than 3 months
- ☐ 2 3 to 6 months
- ☐ 3 7 to 12 months
- ☐ 4 13 months to 5 years
- ☐ 5 More than 5 years
- ☐ 6 As long as I can remember



36600

- 87 In the past year, have you had any bouts of diarrhea?
- ☐ 1 Yes (If Yes, please complete the box.)
 - ☐ 2 No

- 88 How frequently does this occur?
- ☐ 1 Rarely
 - ☐ 2 Occasionally
 - ☐ 3 Frequently, _____ times per month
 - ☐ 4 Constantly

- 89 How severe are these bouts of diarrhea?
- ☐ 1 Mild ☐ 2 Moderate ☐ 3 Severe

- 90 What part of the day do they seem to be worse?
- ☐ 1 First thing in the morning
 - ☐ 2 Rest of the morning
 - ☐ 3 Afternoon
 - ☐ 4 Evening
 - ☐ 5 During the night
 - ☐ 6 No particular time

- 91 Do these bouts of diarrhea usually occur after meal?
- ☐ 1 Yes ☐ 2 No

- 92 Are these bouts of diarrhea accompanied by a lot of rectal gas (flatus)?
- ☐ 1 Never ☐ 2 Occasionally ☐ 3 Frequently ☐ 4 Always

- 93 Are your bouts with diarrhea:
- ☐ 1 Much worse
 - ☐ 2 Somewhat worse
 - ☐ 3 Staying the same
 - ☐ 4 Somewhat better
 - ☐ 5 Much better
 - ☐ 6 Completely gone



36600

- 94 In the past year, have you been constipated?
- ☐ 1 Yes (If Yes, please complete the box.)
 - ☐ 2 No

- 95 How frequently are you constipated?
- ☐ 1 Rarely
 - ☐ 2 Occasionally
 - ☐ 3 Frequently, _____ times per month
 - ☐ 4 Constantly

- 96 How severe are these episodes of constipation?
- ☐ 1 Mild ☐ 2 Moderate ☐ 3 Severe

- 97 Is your constipation getting:

- ☐ 1 Much worse
- ☐ 2 Somewhat worse
- ☐ 3 Staying the same
- ☐ 4 Somewhat better
- ☐ 5 Much better
- ☐ 6 Completely gone

36600

- 98 Overall, are your abdominal symptoms of vomiting, diarrhea, constipation, or weight loss getting:
- ☐ 0 I have not had these symptoms
 - ☐ 1 Much worse
 - ☐ 2 Somewhat worse
 - ☐ 3 Staying the same
 - ☐ 4 Somewhat better
 - ☐ 5 Much better
 - ☐ 6 Completely gone
- 99 Which one of the following symptoms have been most troublesome for you? (Check only one.)
- ☐ 0 None
 - ☐ 1 Vomiting
 - ☐ 2 Diarrhea
 - ☐ 3 Constipation
 - ☐ 4 Weight loss
- 100 How long have you had this most troublesome symptom?
- ☐ 0 I do not have any of these symptoms
 - ☐ 1 Less than 3 months
 - ☐ 2 3 to 6 months
 - ☐ 3 7 to 12 months
 - ☐ 4 13 months to 5 years
 - ☐ 5 More than 5 years
 - ☐ 6 As long as I can remember
- 101 Is this most troublesome symptom getting:
- ☐ 0 I do not have any of these symptoms
 - ☐ 1 Much worse
 - ☐ 2 Somewhat worse
 - ☐ 3 Staying the same
 - ☐ 4 Somewhat better
 - ☐ 5 Much better
 - ☐ 6 Completely gone



36600

- 102 In the past 5 years, how would you rate the amount of trouble, if any, you have had with difficulty in swallowing?
- ☐ 1 No trouble
 - ☐ 2 Some trouble
 - ☐ 3 A lot of trouble
 - ☐ 4 Constant trouble
- 103 In the past 5 years, how would you rate the amount of trouble, if any, you have had with everything you eat tasting the same?
- ☐ 1 No trouble
 - ☐ 2 Some trouble
 - ☐ 3 A lot of trouble
 - ☐ 4 Constant trouble
- Have you ever in your adult life:
- 104 been nauseated or vomited?
- ☐ 1 Yes ☐ 2 No
- 105 had a bout of diarrhea?
- ☐ 1 Yes ☐ 2 No
- 106 lost your appetite for at least part of a day?
- ☐ 1 Yes ☐ 2 No
- 107 felt discomfort or pain in the pit of your stomach?
- ☐ 1 Yes ☐ 2 No

36600

- 108 In the past year, have you ever leaked urine or lost control of your bladder function?
- ☐ 1 Never
 - ☐ 2 Occasionally
 - ☐ 3 Frequently, _____ times per month
 - ☐ 4 Constantly
- 109 In the past year, have you had difficulty passing urine?
- ☐ 1 Never
 - ☐ 2 Occasionally
 - ☐ 3 Frequently, _____ times per month
 - ☐ 4 Constantly
- 110 In the past year, have you had trouble completely emptying your bladder?
- ☐ 1 Never
 - ☐ 2 Occasionally
 - ☐ 3 Frequently, _____ times per month
 - ☐ 4 Constantly
- 111 How would you describe your current sexual desire?
- ☐ 1 Completely absent
 - ☐ 2 Greatly reduced
 - ☐ 3 Somewhat reduced
 - ☐ 4 About the same or more than in the past

36600

If Male, Please Complete This Box.

Are you able to have a full erection?

- ☐ 1 Never, under any circumstances
- ☐ 2 Much less frequently than in past
- ☐ 3 Somewhat less frequently than in past
- ☐ 4 The same, or more frequently, than in past

Which of the following statements apply to your situation?
(Fill in all that apply.)

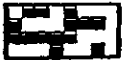
- ☐ 1 My ability to have intercourse has not changed
- ☐ 1 I have erections but am unable to have intercourse
- ☐ 1 I can have intercourse only some of the time
- ☐ 1 My erections are definitely impaired
- ☐ 1 I am able to have intercourse, but am unable to ejaculate
- ☒ 1 I have "dry orgasms" and afterward my urine looks milky
- ☐ 1 I have been unable to have erections or they have been impaired since I started taking a medication called _____
- ☐ 1 Other situation, please describe _____
- ☐ 1 None of the above apply

How long have you had difficulty with erectile function?

- ☐ 0 I do not have this difficulty
- ☐ 1 Less than 3 months
- ☐ 2 3 to 6 months
- ☐ 3 7 to 12 months
- ☐ 4 13 months to 5 years
- ☐ 5 More than 5 years
- ☐ 6 As long as I can remember

Is this difficulty getting:

- ☐ 0 I have not had difficulty
- ☐ 1 Much worse
- ☐ 2 Somewhat worse
- ☐ 3 Staying the same
- ☐ 4 Somewhat better
- ☐ 5 Much better
- ☐ 6 Completely gone



36600

- 124 In the past year, without sunglasses or tinted glasses, has bright light bothered your eyes?
- 1 Never ○ 2 Occasionally ○ 3 Frequently ○ 4 Constantly
- 125 How severe is this sensitivity to bright light?
- 1 Mild ○ 2 Moderate ○ 3 Severe
- 126 In the past year, have you had trouble focusing your eyes?
- 1 Never ○ 2 Occasionally ○ 3 Frequently ○ 4 Constantly
- 127 How severe is this focusing problem?
- 1 Mild ○ 2 Moderate ○ 3 Severe
- 128 In the past year, have you had blurred vision?
- 1 Never ○ 2 Occasionally ○ 3 Frequently ○ 4 Constantly
- 129 How severe is this blurred vision?
- 1 Mild ○ 2 Moderate ○ 3 Severe
- 130 In the past year, have you had difficulty seeing at night?
- 1 Never ○ 2 Occasionally ○ 3 Frequently ○ 4 Constantly
- 131 How severe is this night vision problem?
- 1 Mild ○ 2 Moderate ○ 3 Severe
- 132 In the past year, has the same degree of light seemed:
- 1 Excessively dimmer ○ 2 Much dimmer ○ 3 About the same ○ 4 Much brighter ○ 5 Excessively brighter
- 133 Which one of the following eye symptoms is the most troublesome for You? (Check only one)
- 0 None ○ 1 Trouble Focusing ○ 2 Blurred Vision ○ 3 Difficulty seeing at night

36600

136 In the past year, have you ever noticed or been told that while sleeping you stop breathing for several seconds?

☐ 1 Yes ☐ 2 No

137 In the past year, have you ever noticed or been told that while sleeping you snore loudly?

☐ 1 Yes ☐ 2 No

Have you ever been told you have or been diagnosed as having:

138 Narcolepsy? ☐ 1 Yes ☐ 2 No ☐ 3 Don't know

139 Obstructive sleep apnea? ☐ 1 Yes ☐ 2 No ☐ 3 Don't know

140 Abnormal or disordered sleep patterns? ☐ 1 Yes ☐ 2 No ☐ 3 Don't know

141 Currently, how refreshing and restorative is your sleep?

☐ 1 Not at all restorative - derive no benefit

☐ 2 Some slight restorative value

☐ 3 Restorative, but not adequate

☐ 4 Relatively satisfactory

☐ 5 Very satisfactory - feel completely refreshed

142 Compared with a year ago, how would you rate your own sleep over the last month?

☐ 1 Last month was much worse than a year ago

☐ 2 Last month was slightly worse than a year ago

☐ 3 Last month was about the same as a year ago

☐ 4 Last month was slightly better than a year ago

☐ 5 Last month was much better than a year ago

143 Have you ever in your adult life had difficulty getting to sleep or staying asleep once you were asleep?

☐ 1 Yes ☐ 2 No

144 In the past year, have you ever noticed or been told that during the day you sometimes breathe very loudly(e.g.,croup)?

☐ 1 Yes ☐ 2 No



36600

How would you describe your alcohol use over the past year?
(Check all that apply.)

- 145 01 I have not drank any alcohol over the past year
146 01 I drink socially only
147 01 I have used alcohol excessively in the past year
148 01 I have been intoxicated one or more times in the past year
149 01 I have passed out from drinking too much alcohol one or more
 times in the past year

How would you describe your drug use over the past year?
(Check all that apply.)

- 150 O1 I have not used drugs over the past year
- 151 O1 I have used drugs excessively in the past year
- 152 O1 I have been intoxicated one or more times in the past year
- 153 O1 I have passed out from drinking too much alcohol one or more
 times in the past year

154 Have you ever felt that you have used alcohol or drugs excessively?

- 01 Yes 02 No

155 Have you ever been told or have you been diagnosed as having
alcohol or drug dependency?

- ☐ 1 Yes ☐ 2 No

156 Have you ever received treatment for alcohol or other drug dependency?

- ☐ 1 Yes Please list the drugs
 involved, including alcohol
☐ 2 No
1. _____
 2. _____
 3. _____
 4. _____



36600

Which of the following describe your cigarette smoking?
(Check all that apply.)

- 157 ☐ I have never smoked cigarettes
- 158 ☐ I have smoked cigarettes in the past but have stopped:

Date Quit:

159 _____

- 163 ☐ I am currently smoking about

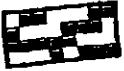
164 _____ cigarettes per day

- 166 In the past 5 years, how would you rate the amount of trouble, if any,
you have had with over sensitive hearing?

☐ 1 None ☐ 2 Some ☐ 3 A lot ☐ 4 Constant

- 167 Have you ever in your adult life had difficulty keeping your mind
on your job or task?

☐ 1 Yes ☐ 2 No



36600

What medications have you taken in the past month?

Name of medicine

How often do you take it?

How much do you take each time?

We welcome below any comments you might have about what might have caused or been associated with your current illness or anything that might be helpful to us in understanding your current condition.