

Cornell Scale for Depression in Dementia

Ratings should be based on symptoms and signs occurring during the week before interview. No score should be given if symptoms result from physical disability or illness.

SCORING SYSTEM

a = Unable to evaluate; 0 = Absent; 1 = Mild to Intermittent; 2 = Severe

A. MOOD-RELATED SIGNS

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|--|---|---|---|---|
| 1. Anxiety (anxious expression, ruminations, worrying) | a | 0 | 1 | 2 |
| 2. Sadness (sad expression, sad voice, tearfulness) | a | 0 | 1 | 2 |
| 3. Lack of reactivity to pleasant events | a | 0 | 1 | 2 |
| 4. Irritability (easily annoyed, short tempered) | a | 0 | 1 | 2 |

B. BEHAVIORAL DISTURBANCE

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|---|---|---|---|---|
| 5. Agitation (restlessness, hand wringing, hair pulling) | a | 0 | 1 | 2 |
| 6. Retardation (slow movements, slow speech, slow reactions) | a | 0 | 1 | 2 |
| 7. Multiple physical complaints
<i>(score 0 if gastrointestinal symptoms only)</i> | a | 0 | 1 | 2 |
| 8. Loss of interest (less involved in usual activities)
<i>(score 0 only if change occurred acutely, i.e., in less than one month)</i> | a | 0 | 1 | 2 |

C. PHYSICAL SIGNS

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|--|---|---|---|---|
| 9. Appetite loss (eating less than usual) | a | 0 | 1 | 2 |
| 10. Weight loss
<i>(score 2 if greater than 5 pounds in one month)</i> | a | 0 | 1 | 2 |
| 11. Lack of energy (fatigues easily, unable to sustain activities)
<i>(score 0 only if change occurred acutely, i.e., in less than one month)</i> | a | 0 | 1 | 2 |

D. CYCLIC FUNCTIONS

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| 12. Diurnal variation of mood (symptoms worse in the morning) | a | 0 | 1 | 2 |
| 13. Difficulty falling asleep (later than usual for this individual) | a | 0 | 1 | 2 |
| 14. Multiple awakenings during sleep | a | 0 | 1 | 2 |
| 15. Early morning awakening (earlier than usual for this individual) | a | 0 | 1 | 2 |

E. IDEATIONAL DISTURBANCE

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| 16. Suicidal (feels life is not worth living, has suicidal wishes, or makes suicide attempt) | a | 0 | 1 | 2 |
| 17. Poor self-esteem (self-blame, self-depreciation, feelings of failure) | a | 0 | 1 | 2 |
| 18. Pessimism (anticipation of the worst) | a | 0 | 1 | 2 |
| 19. Mood congruent delusions (delusions of poverty, illness or loss) | a | 0 | 1 | 2 |