











PRE - LAN

Out	Take Power after gantry	Keep Open For...	Garstang OHNS	75 @ 75 Board 30 % Brake	Over to LAN Platform 3	Over to LAN Platforms 4 / 5
								 

LAN - OXN

P3 = 40 Out
P4 = 30 / 20 Out
P5 = 15 / 20 Out

LAN North Jn
(Speed Board Missing!)

Maintain

Hest Bank

Shut off @
Milnthorpe

Into Down
Windermere

Oxenholme
OHNS

Brake @ Relays
after White House

							
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OXN - Shap

90 @ 3rd Sig
Shut Off

Maintain

Shut off @
Greyrigg BR

Low Gill

Lune
Gorge

Bottom of Tebay

100 @ CE118
Then Shut Off
Brings Down For

						
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Shap - PEN

Picks Up at
Shap Village

Brake @ end of
Harrisons Loop

Picks Up
around
Bessie Ghyll

Greater Strickland
ECO Change to Cathcart

Min Brake @
Lowther Via

50% Brake
@ Relays

					
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PEN - CAR

75 Out of
PEN then...

Penrith

Start of Plumpton
Straight

Min Brake @
Southwaite

Wray Curve

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Uppberby Bridge Jn

Upperby Jn

Upperby

P1 = 2 GPLs
P3 = No GPLs
P4 = 1 GPL

									
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