```python
import sys

def main():
    if len(sys.argv) < 2:
        print(" Usage: python hello.py <name> [number]")
        sys.exit(1)

    name = sys.argv[1]
    number = int(sys.argv[2]) if len(sys.argv) > 2 else 1

    for _ in range(number):
        print(f"Hello {name}")

if __name__ == "__main__":
    main()
```