

# UNIVERSAL HUMAN VALUES

**Course Code: 20HM1102**

**L T P C**  
**2 1 0 3**

## **Course Objective**

To facilitate the development of a Holistic perspective among students towards life and profession as well as towards happiness and prosperity based on a correct understanding of the Human reality and the rest of existence.

## **Course Outcomes**

- CO1:** To appreciate the essential complementarity between 'VALUES' and 'SKILLS' to ensure sustained happiness and prosperity which are the core aspirations of all human beings.
- CO2:** To develop a holistic perspective forms the basis of Universal Human Values and movement towards value-based living in a natural way.
- CO3:** To highlight possible implications of such a Holistic understanding in terms of ethical human conduct, trustful and mutually fulfilling human behavior and mutually enriching interaction with Nature.
- CO4:** To understand that human beings are not fulfilling to other orders today and need to take appropriate steps to ensure right participation in the nature.
- CO5:** To grasp the right utilization of their knowledge in their streams of Technology/ Engineering/ Management/ any other area of study to ensure mutual fulfilment.

## **Unit-1: Introduction to Value Education**

**(10 Lectures)**

Understanding Value Education; Self-exploration as the Process for Value Education; Continuous Happiness and Prosperity – the Basic Human Aspirations; Right Understanding, Relationship and Physical Facility; Happiness and Prosperity – Current Scenario; Method to Fulfill the Basic Human Aspirations

**Learning Outcomes:** At the end of this unit students will be able to:

1. Understand the concept of value education (L2)
2. Outline the Self-exploration as the Process (L2)
3. Describe the Basic Human Aspirations (L2)
4. Explain the Right Understanding, Relationship and Physical Facility (L2)

## **Unit 2 – Harmony in the Human Being**

**(10 Lectures)**

Understanding Human being as the Co-existence of the Self and the Body; Distinguishing between the Needs of the Self and the Body; The Body as an Instrument of the Self; Understanding Harmony in the Self; Harmony of the Self with the Body; Programme to ensure self-regulation and Health.

**Learning Outcomes:** At the end of this unit students will be able to:

1. Understand Co-existence of the Self and the Body (L2)
2. Distinguish between the Needs of the Self and the Body (L4)
3. Outline Programme to ensure self-regulation and Health (L2)

### **Unit 3 – Harmony in the Family and Society**

**(10 Lectures)**

Harmony in the Family – the Basic Unit of Human Interaction; Values in Human-to-Human Relationship; 'Trust' – the Foundational Value in Relationship; 'Respect' – as the Right Evaluation; Understanding Harmony in the Society; Vision for the Universal Human Order

**Learning Outcomes:** At the end of this unit students will be able to:

1. Understand the Basic Unit of Human Interaction (L2)
2. Explain the Foundational Value in Relationship (L2)
3. Understand Harmony in the Society (L2)

### **Unit 4 – Harmony in the Nature/Existence**

**(10 Lectures)**

Understanding Harmony in the Nature; Interconnectedness, self-regulation and Mutual Fulfilment among the Four Orders of Nature; Realizing Existence as Co-existence at All Levels; The Holistic Perception of Harmony in Existence.

**Learning Outcomes:** At the end of this unit students will be able to:

1. Understand the Harmony in the Nature (L2)
2. Differentiate between self-regulation and Mutual Fulfilment (L4)
3. Examine the Holistic Perception of Harmony in Existence (L3)

### **Unit 5 – Implications of the Holistic Understanding: A Look at Professional Ethics**

**(10 Lectures)**

Natural Acceptance of Human Values; Definitiveness of (Ethical) Human Conduct; A Basis for Humanistic Education, Humanistic Constitution and Universal Human Order; Competence in Professional Ethics; Holistic Technologies, Production Systems and Management Models-Typical Case Studies; Strategies for Transition towards Value-based Life and Profession

**Learning Outcomes:** At the end of this unit students will be able to:

1. State the Natural Acceptance of Human Values (L1)
2. Outline the Basis for Humanistic Education (L2)
3. Analyze the Production Systems and Management Models (L4)
4. Explain the Strategies for Transition towards Value-based Life and Profession (L2)

**TEXT BOOKS:**

1. R R Gaur, R Asthana, G P Bagaria, “A Foundation Course in Human Values and Professional Ethics”, 2<sup>nd</sup> Revised Edition, Excel Books, New Delhi, 2019. ISBN 978-93-87034-47-1
2. R R Gaur, R Asthana, G P Bagaria, “Teachers’ Manual for A Foundation Course in Human Values and Professional Ethics” 2<sup>nd</sup> Revised Edition, Excel Books, New Delhi, 2019. ISBN 978-93-87034-53-2

**REFERENCE BOOKS**

1. Jeevan Vidya: EkParichaya, A Nagaraj, Jeevan Vidya Prakashan, Amarkantak, 1999.
2. Human Values, A.N. Tripathi, New Age Intl. Publishers, New Delhi, 2004.
3. The Story of My Experiments with Truth - by Mohandas Karamchand Gandhi
4. Hind Swaraj or Indian Home Rule - by Mohandas K. Gandhi