

# !FIGHTS! UFC 290 LIVE STREAM FRee REDDIT

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22 sec ago - Live coverage International fight week continues on with UFC 290: Volkanovski vs. Rodriguez which is happening this Saturday (July 8th) from the T-Mobile Arena in Las Vegas, Nevada. This event is quite stacked with a featherweight title unification bout in the main event, and a high stakes flyweight championship rematch in the co-main. Furthermore, the PPV main card features a 3X NCAA Div I national wrestling champ turned UFC middleweight prospect, a possible 185-pound title eliminator before that, and then kicks off with an action fight between two of the lengthiest lightweights in the UFC.



The wait is finally over for UFC 290, with a pair of title fights and an array of other fantastic matchups set to take place tonight (July 8) as part of International Fight Week at the T-Mobile Arena in Las Vegas, Nevada.

Capping off the main card will be the UFC's 145-pound king, Alexander Volkanovski, looking defend his crown against the interim champion, Yair Rodriguez. Volkanovski has been shutting down the 145-pound division, so he bounced out of there for a lone match against the UFC's 155-pound champ, Islam Makhachev. While he was away, Rodriguez was busy securing himself an interim title. Now, there can only be one king at featherweight.

In the main event, UFC Featherweight champion Alexander Volkanovski (25-2) returns to the 145-pound ranks to face interim champion Yair Rodriguez (16-3) in a winner-take-all champion vs.

champion main event. Volkanovski aims to reaffirm his position as the best featherweight in the world. He remains unbeaten in his UFC featherweight career, securing 10-consecutive victories, with his last five being championship contests, including his last division bout at International Fight Week last year.

A former winner on the UFC reality-series The Ultimate Fighter, Rodriguez claimed the interim title with a dynamic second-round submission win over Josh Emmett earlier this year and is looking to bring his unique attacks and unpredictable approach to reign atop the featherweight ladder.

The UFC PPV action is in Las Vegas this weekend with UFC 290: Volkanovski vs. Rodriguez. The event will be live from the T-Mobile Arena this Saturday, July 8, at 10 p.m. ET / 7 p.m. PT, exclusively on ESPN+ PPV (English and Spanish). The Prelims will air on ABC, ESPN, ESPN Deportes, ESPN+ and SiriusXM Fight Nation at 8 p.m. ET / 5 p.m. PT. Early Prelims will air on ESPN2, ESPN Deportes, ESPN+ and SiriusXM Fight Nation starting at 6 p.m. ET / 3 p.m. PT. UFC 290 caps the 11th annual UFC International Fight Week that includes the UFC Hall of Fame Induction Ceremony and UFC X, a two-day fan experience.

The co-main event features the reigning and defending two-time UFC Flyweight champion Brandon Moreno (21-6) against bitter rival Alexandre Pantoja (25-5). After ending his rivalry with Deiveson Figueiredo in January, Moreno looks to defend his title in another rematch against an old foe. Pantoja enters the Octagon with two straight “Performance of the Night” finishes against top-ranked opponents, and three consecutive victories. Pantoja has defeated Moreno twice before, first in 2016 in an exhibition bout on Season 24 of the UFC reality-series The Ultimate Fighter and again inside the UFC Octagon in 2018.

In the PPV portion of the card, former UFC middleweight champion and current No. 2 ranked contender Robert Whittaker (25-6) takes on No. 5 Dricus Du Plessis (19-2) in a thrilling bout with title implications.

Jon Anik will call the action alongside Joe Rogan and UFC Hall of Famer and former two-division Champion Daniel Cormier. Megan Olivi will handle reporting duties.

As part of the Spanish-language coverage, ESPN Deportes’ UFC 290 Camino Al Octagono, a pre-show special that provides viewers in-depth analysis, interviews and the latest news around every UFC PPV

fight week, will be produced from UFC Apex in Las Vegas. The show airs tonight at 8 p.m. ET/ 5 p.m. PT and will feature one-on-one interviews with Mexican Champs Yair Rodriguez and Brandon Moreno.

The atmosphere was electric as UFC 290 approached. The much-anticipated featherweight title bout between reigning champion Alexander Volkanovski and the surging contender Yair Rodriguez had fight fans around the world on the edge of their seats.

Both fighters had an impressive track record. Volkanovski, known for his relentless pressure and well-rounded skills, had successfully defended his title multiple times, establishing himself as one of the most dominant champions in the division's history. On the other hand, Rodriguez, a dynamic striker with a unique fighting style, had been tearing through the competition, leaving a trail of highlight-reel knockouts in his wake.

The pre-fight press conferences were intense. Volkanovski, a focused and confident champion, vowed to make Rodriguez his next victim. He proclaimed his intent to impose his will and break the challenger, asserting that his experience and championship pedigree would be the difference-maker come fight night.

Rodriguez, unphased by Volkanovski's words, exuded a quiet confidence. He promised to showcase his unorthodox striking skills and elusive footwork, claiming that he possessed the tools to dethrone the seemingly unbeatable champion.

## Chapter 2: Fight Night Arrives

As fight night dawned, the arena filled with thousands of passionate fans, eagerly awaiting the clash between these two talented fighters. The undercard showcased some thrilling matchups, but the anticipation for the main event was palpable.

Finally, the time arrived. The crowd erupted as the champion and the challenger made their way to the octagon. The air crackled with electricity, and both fighters looked focused and determined.

### Chapter 3: Rounds 1-3

The opening round began with a feeling-out process, as both Volkanovski and Rodriguez gauged each other's timing and distance. Volkanovski pressed forward with his trademark pressure, looking to close the distance and nullify Rodriguez's striking arsenal. The challenger, however, displayed his elusiveness, utilizing lateral movement and quick footwork to avoid significant damage.

In the second round, Volkanovski turned up the heat. He closed the distance effectively, landing powerful combinations and mixing in takedowns to keep Rodriguez guessing. The champion's relentless pressure began to take its toll on the challenger, who found himself on the back foot more often than not.

The third round showcased a shift in momentum. Rodriguez, recognizing the need to turn the tide, started finding his rhythm. His unorthodox striking style began to befuddle Volkanovski, who struggled to close the distance effectively. Rodriguez connected with a series of sharp kicks and punches, displaying his diverse skill set and leaving the champion momentarily stunned.

### Chapter 4: Rounds 4-5

Entering the championship rounds, both fighters knew that the fight hung in the balance. Volkanovski, aware of the challenger's resurgence, adjusted his game plan, looking to mix up his striking with takedowns to neutralize Rodriguez's offense. The champion's wrestling pedigree came to the forefront as he secured takedowns and punished Rodriguez with ground-and-pound.

Despite the champion's efforts, Rodriguez refused to back down. He showcased his resilience, defending takedowns and returning fire with devastating strikes. The crowd roared with each exchange, fully aware that they were witnessing an epic battle between two warriors at the top of their game.

The final round arrived, and the fight was still up for grabs. Both Volkanovski and Rodriguez dug deep, leaving everything they had inside the octagon. The crowd was on their feet, collectively holding their breaths as the seconds ticked away.

## Chapter 5: The Decision

As the final bell rang, the crowd erupted in applause, acknowledging the incredible display of skill and heart from both fighters. Volkanovski and Rodriguez embraced in the center of the octagon, showcasing the respect they had gained for each other over the course of their grueling battle.

The judges' scorecards were read, and the decision was unanimous. Alexander Volkanovski retained his featherweight title, winning by a narrow margin. The crowd reacted with a mix of cheers and disappointed groans, acknowledging the valiant effort put forth by Rodriguez.

## Chapter 6: Post-Fight Reflections

In the post-fight interviews, both fighters expressed their gratitude and respect for each other. Volkanovski praised Rodriguez's unorthodox style and toughness, acknowledging that he had faced one of his toughest challenges to date. Rodriguez, although disappointed with the loss, promised to come back stronger and continue his quest for the title.

UFC 290 had delivered yet another night of unforgettable moments, showcasing the heart, skill, and determination that makes mixed martial arts one of the most captivating sports on the planet. The legacy of Volkanovski and Rodriguez would forever be entwined, serving as a testament to their dedication and passion for their craft.

As the curtain closed on UFC 290, fight fans around the world eagerly awaited the next chapter in the ever-evolving world of mixed martial arts. The journey continued, and the future held endless possibilities for those who dared to step inside the octagon.

Welcome to the electrifying world of mixed martial arts! Get ready to witness the epic battle of UFC 290 Live, where fighters from around the globe gather to compete in the most anticipated event of the year. As the anticipation reaches its peak, fans around the world are eagerly tuning in to the UFC 290 Live Free TV Channel to experience the adrenaline-pumping action from the comfort of their homes.

To truly appreciate the spectacle that is UFC 290 Live, we must delve into the roots of the Ultimate Fighting Championship (UFC). Founded in 1993, the UFC revolutionized combat sports by bringing together fighters from various disciplines such as boxing, wrestling, jiu-jitsu, and kickboxing, among others. Over the years, it has evolved into a global phenomenon, captivating audiences with its unique blend of skill, strength, and strategy.

Months of grueling training, countless hours in the gym, and an unyielding desire for victory have led the fighters to this monumental event. From rising stars to seasoned veterans, each competitor has their own story of perseverance and dedication. Cameras follow their journey, capturing their triumphs, setbacks, and the sacrifices they make to step into the octagon at UFC 290.

UFC 290 Live presents a stacked fight card, featuring a series of captivating bouts across different weight divisions. The main event promises to be an unforgettable clash between two of the sport's most formidable athletes. The reigning champion, known for their lightning-fast strikes and impeccable

footwork, squares off against a fierce challenger, renowned for their devastating knockout power. As the tension builds, fans brace themselves for an explosive showdown that will redefine the sport.

While the main event takes center stage, the undercard is where rising stars shine and new contenders emerge.

From fast-paced featherweight battles to intense grappling exhibitions in the lightweight division, every fight is a display of skill and heart. Viewers eagerly watch as the undercard fighters leave it all in the octagon, hoping to make a lasting impression on fans and secure their path to future glory.

As the night unfolds, UFC 290 Live delivers a series of unforgettable moments that will be etched in fans' memories for years to come. From astonishing knockouts that send shockwaves through the arena to awe-inspiring submissions that showcase the artistry of grappling, each fight offers its own unique story. The crowd roars in unison, electrifying the atmosphere and adding to the magic of the event.

As the final bout concludes, the fighters' emotions run high, regardless of victory or defeat. Post-fight interviews capture the raw emotions of the athletes as they reflect on their performance, express gratitude to their supporters, and discuss their plans for the future. Viewers gain a glimpse into the hearts and minds of these warriors, understanding the sacrifices they make in pursuit of greatness.

Check out the UFC 290 results below.

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Main Card (ESPN+ PPV at 10 p.m. ET)

Alexander Volkanovski vs. Yair Rodriguez

Brandon Moreno vs. Alexandre Pantoja

Robert Whittaker vs. Dricus Du Plessis

Jalin Turner vs. Dan Hooker

Bo Nickal vs. Val Woodburn

Preliminary Card (ABC/ESPN/ESPN+ at 8 p.m. ET)

Robbie Lawler vs. Niko Price

Tatsuro Taira vs. Edgar Chairez

Yazmin Jauregui vs. Denise Gomes



Jimmy Crute vs. Alonzo Menifield

Early Preliminary Card (ESPN2/ESPN+ at 6 p.m. ET)

Vitor Petrino vs. Marcin Prachnio

Cameron Saaiman vs. Terrence Mitchell

Shannon Ross vs. Jesus Aguilar

Kamuela Kirk vs. Esteban Ribovics

In the UFC 290 co-main event, flyweight champion Brandon Moreno will attempt to avenge a past loss by defending his belt against a man that already holds a decision win over him, Alexandre Pantoja. Moreno has been battling ghosts from his past for over three years now. He had those million matches with Deiveson Figueiredo, plus had to run it back with Kai Kara-France before the Figgy saga was all said and done. Well, here's another rematch for him. Pantoja posted up three wins in a row to get here, including back-to-back first-round finishes of Brandon Royval and Alex Perez. I'm not sure if a challenger could possibly be any more motivated.

Unfortunately, the snake-bitten Jack Della Maddalena has lost his second opponent for UFC 290. First, he lost a top-tier tilt against the UFC's #8 ranked welterweight, Sean Brady, after Brady pulled out for undisclosed reasons. Then after getting re-booked against undefeated 'Muscle Hamster' Josiah Harrell, it looked as though Jack would be staying on the card. However, during pre-fight medicals, it was

discovered that Josiah is suffering from an uncommon brain disease known as Moyamoya Syndrome, and will be needing surgery ASAP. This is surely some scary stuff, and our thoughts go out to Harrell and his family during this difficult time.

Volkanovski is undefeated in the UFC and has defended his belt twice against former champion Max Holloway. Whereas Rodriguez is coming off a spectacular knockout win over Zabit Magomedsharipov to claim the interim title. The co-main event will see flyweight champion Brandon Moreno defend his belt against Alexandre Pantoja.

The rest of the card features some high-profile matchups like the middleweight title eliminator between Robert Whittaker and Dricus Du Plessis, Robbie Lawler's retirement fight against Niko Price, Bo Nickal's second UFC bout and plenty more as part of one of the promotion's strongest events of the year.