

Perch Fricassee by Gordon Blue From the Dofasco Angling Club's newsletter

It's getting to be that time of year when the regular fishing gear is put away and the ice fishing equipment gets polished up, greased and re-strung. There's nothing nicer than sitting by the fire preparing for the hard water.

The most fished for and popular catch of the day is perch, which is by far, the best tasting Canadian freshwater fish. They're delicious filleted, fried in butter with just a pinch of salt and pepper.

Here's a new way to try them:

3 tbsp	butter
1 lb.	perch fillets
6 pieces	bacon slices
1/2 cup	mushroom pieces
1/4 cup	diced apples
1/4 cup	pearl onions
3 tbsp	flour
2 cups	fish stock
1/4 cup	lettuce (cut in strips)
3/4 tsp	fresh tarragon
1/2 cup	diced tomatoes
	salt & pepper to taste

In a skillet, melt the butter and sauté the perch fillets; season with salt and pepper. Remove from heat and keep warm.

Pour off excess fat from skillet and cook bacon, sautéing mushrooms, apples and onions until liquid evaporates. Add flour; stir for 1 minute. Add fish stock and thicken, stirring constantly for 7-8 minutes. Place fillets in sauce; cook for 3 minutes. Garnish with lettuce strips, tarragon & tomatoes.



Contact Information

Mailing Address

1017 Western Road
London, Ontario N6G 1G5

General Meetings

The TRAA meets on the second Wednesday of every month at the above address unless members are otherwise advised

e-TRAAC

traa@anglers.org

TRAAC Web Site

www.anglers.org

Fishing Tip

Simpler Scents

Pick up the smaller bingo dabbers at the local dollar store and fill them halfway with your favourite fishy scents. Place into appropriately sized, re-closable plastic bags and store upright in your tackle box. The sponge tip neatly spreads the scent over any sized lure. No more over-spray to waste money or make a mess of your clothes.

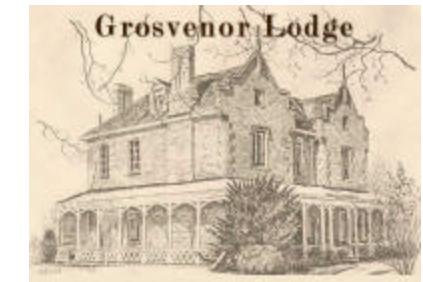


News Bites January 2007

Join us at the next
General Meeting
January 10, 2007

The meeting starts at
8:00pm sharp

The venue is



1017 Western Road, London

Meeting Features:

- ↗ **UTRCA's Jeff Brick will discuss the TRFHMP and '07 UTRCA Plans**
- ↗ **Cold = More Fish?**
 - if it ever gets cold!
- ↗ **TRAAC Memberships**
 - they're due now!
- ↗ **Yummy Perch Recipe**
 - works for crappie too!

Colder is Better

*Adapted from an article by Gordon Blue
in the Dofasco Angling Club's newsletter*

If you have the proper clothing, the colder it gets, the better you'll like fishing. There are fewer anglers; no weekend warriors and the biggest fish are more susceptible to being caught.

I made the one kilometre walk from the car around 7:30 am and the sky was just lightening up after a cold night. As I rounded the corner of the path, I saw two guys setting up their rods. We're all using roe, bottom bouncing with an egg sinker and an 18" to 24" lead. Within 15 minutes, I had my first tap but missed the wary rainbow trout. After half an hour, tap...tap...and on the 3rd tap I swept the rod back to set the hook. It shot out of the water clearing the surface by 2 feet. The fish then made a screaming run toward me and as it launched itself out of the water a second time, my line was 30 feet behind it. I kept cranking the reel as fast as I could to pick up the slack and just as I had the line taut, up she came again, this time doing a back flip. Now it turned and peeled line away from me and whoop, out of the water she came again. After another 10 minutes of coaxing, the 'bow came towards me, twenty feet from the shore she shot up into the air again. It wasn't a monster but a respectable 6-1/2 lb. female. A quick picture, measurements and she was swimming away within two minutes.

About an hour later my rod tip jerked violently towards the water and with a quick hook set I had on another. This fight wasn't so dynamic as it was a male about 5 lb. He was bulldogging & only cleared the water once. I watched with pride as I released the red-cheeked little devil.

Get some good winter wear & take advantage of the best fishing of the year.

January's Guest Speaker

Jeff Brick, Coordinator, Hydrology & Regulatory Services, UTRCA

Jeff Brick has represented the Upper Thames River Conservation Authority (UTRCA) on a number of projects and issues that, at times, intersect with those of the TRAA.

Jeff has been very involved in the Thames River Fisheries Habitat Management Plan (TRFHMP) from its inception. Jeff was very instrumental in making the changes required for the TRAA to come back to the TRFHMP table. Jeff is a member of the TRFHMP Steering Committee, as are Randy Bailey and Doug Jarman.

On that note, part of Jeff's presentation at the January 10th General Meeting will be an update on the TRFHMP proceedings. In addition he would also like to speak to us in regard to the UTRCA's initiatives for 2007. Please come out and support Jeff's efforts with your attention.

TRAAC Memberships are due for 2007

Archie Graham is accepting your renewal fee for the upcoming year of 2007.

There have been rumblings that we should increase the amount for a yearly membership in the TRAA but that will have to wait until the March Annual General Meeting.

Your \$20.00 still gets you a TRAA membership, not just for yourself but also for your entire immediate family!

Please keep in mind that the membership is due on the calendar year, not on the anniversary of your joining the TRAA (it's not a magazine subscription!).

It is also very important to update all of your contact information. Check with Archie to make sure this is accurate and up to date, especially if you have moved or have changed email address, phone number, etc.

Trout Committee

The TRAA Trout Hatchery now has about 40,000 brown trout in the hatching trays. The eggs were received from Sault Ste. Marie about a week and a half ago. Most of the eggs have hatched and the sac fry appear to be doing well. Most of the vacancies for the "trout sitting" rotation are in order. Contact John Jackson or Dave Jeffries if interested in helping out.

Public Relations Committee

Randy Bailey has graciously filled the void left at the helm of the PR Committee. This is an interim solution until the March Annual General Meeting. At that time a new Committee Chair will take over (perhaps the person holding this brochure?).

In the meantime, Randy may be calling on some members to help out with a few of the tasks required of this position. As most of you already know, Randy already carries out and is responsible for a number of functions within the TRAA, not least of all the position of President.

These tasks may entail attending meetings, arranging meetings, contacts etc.

Annual General Meeting March 14, 2007

March seems like such a long way off, but so did Christmas, and it's long gone! Every year we talk about getting more organized with regard to the Executive Elections and we accomplish small, incremental improvements from year to year. In keeping with this trend, we will be discussing how we would like to approach this year's electoral festivities. We would also like everyone to consider what position they would like on the Executive and/or any of the Volunteer positions.

Linguine of Love

Impress her on Valentine's Day with this meal and she just might OK those new breathable waders!

Ingredients

9 ozs Linguine Noodles, prepared al dente
1 lb. Smoked Salmon, broken into bite-size pieces
9ozs.Broccoli Florets
1 tablespoon Olive Oil
2 cloves Garlic, minced
3/4 cup Chicken Broth
3/4 cup Italian-style Croutons, crushed
1/4 cup grated Parmesan Cheese

Directions

Heat oil in a large skillet.
Add garlic; cook for 1 minute.
Add broccoli and broth; cook for 5 to 6 minutes, or until broccoli is tender.
Add salmon; heat through.
Toss pasta with salmon and broccoli mixture.
Serve in deep bowls, topped with crushed croutons and cheese.
Serves 2, of course

Shore Lunch Batter

As simple and as crispy as they come.

Mix the following together:

3/4 cup Flour
1/4 cup Corn Starch
2 tsp. Baking Power
2 tsp. Salt
1 cup Water
Coat fish in mixture and deep fry.



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Fishing Tip

Simpler Scents



News Bites February 2007

Join us at the next
General Meeting
February 7, 2007

The meeting starts at
8:00pm sharp

The venue is



1017 Western Road, London

Features:

- ↗ **Mary MYYYYYYYY will be our Guest Speaker**
- ↗ **Ice Fishing Tips**
- hard water's coming!
- ↗ **TRAAC Memberships**
- they're due now!
- ↗ **Two Yummy Recipes**
- one for Valentine's!

Ice Fishing Tips

For Hard Water Heros

- A depth finder shows fish, tells us how deep we are, shows us our bait, and gives us a clue as to whether or not fish are actually biting or just staring at our baits.
 - The underwater camera is neat - watching fish in clear water via the camera is a hoot!
 - For jigging baits, smaller is better than larger, with two exceptions: walleyes and pike. But even for walleyes, use the smaller baits first.
- Lighter line will catch more fish. Ask any veteran angler. You'll get more bites and you'll detect them easier.
- Small bobbers are the rule, just enough to keep the bait afloat.
 - For panfish, light rods, those approximately 24 inches in length, with a fast tip, will give you the most ice fishing enjoyment.
 - Color of lure or jig simply doesn't matter.
 - If you're using things like waxworms, keep them fresh. A worm that's lost its "meat" and has only the skin hanging onto the hook is virtually worthless.
 - Minnows should be on the smaller side, 1-1/2 to 2 inches, Hook them horizontally just behind the dorsal fin to maintain liveliness.
 - Perch will eat both waxworms and minnows, but BIG perch will prefer minnows over waxworms.
 - Bluegills prefer waxworms. Period.
 - Crappies prefer minnows. Period.
 - Pike prefer most anything, from frozen smelt to car bodies.

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Easy Fishin'

Even a TRAA member can get 'em this way!



John Schwindt of the UTRCA (centre) readies the electro-fishing equipment that temporarily stuns the fish with an electric current. TRAA members Carley Noble (left) and Randy Aeichele (right) are waiting with the nets to collect the partially immobilized rainbow trout.



Randy Bailey holds one of 14 fish caught that day as Ken Armstrong looks on. Unfortunately it was too early to get the eggs as all of the females, including this beauty, were still "green".



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Fishing Tip

Live Bait Do's & Don'ts

Limiting the spread of diseases such as VHS is everyone's responsibility (come to the April 11th meeting to know more about VHS because it's not a video format).

If you use live bait – minnows, roe, etc. – be sure to use them only in the water from where they were captured. If you buy your bait, ask where the product was sourced. If you collect your own, trap or collect it in the body of water in which you are going to use the bait.

Lastly, you could use commercially prepared baits or artificials instead of live bait.



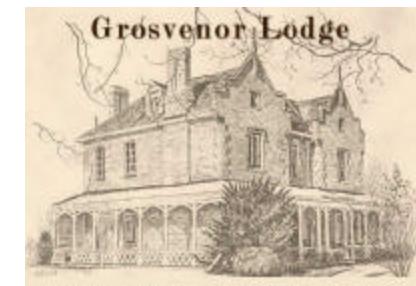
News Bites

April 2007

Join us at the next
General Meeting
April 11, 2007

The meeting starts at
8:00pm sharp

The venue is



1017 Western Road, London

Meeting Features:

- ↗ **MNR Biologist Trevor Friesen** will discuss **Larval Migration** at **Springbank Dam**
- ↗ **AGM Results** – your new **Executives** (kinda!)
- ↗ **TRAAs Memberships** – they're past due!
- ↗ **Electro-fishin'** – about that possession limit...

Annual General Meeting

Happenings from the March 14th Meeting

The Executive for 2007 was decided at the TRAA Annual General Meeting on March 14th. Those in attendance were, for the most part, the usual suspects and so the results of the nominations and the elections were somewhat predictable.

Here's your "new" 2007 TRAA Executives:

President: Randy Bailey
(Call him King, 'cause he'll reign 'til he dies!)

Vice President: Tony Vaessen
(Does anyone know what the VP does? Tony?)

Chairman: Dave Jefferies
(A 6-pack of Red Bull should help those nods, Dave!)

Secretary: Will Mulder
(The assault on the written word continues!)

Treasurer: Archie Graham
(The books are so cooked only Arch' can figure 'em out!)

The Volunteer Positions are:

Trout: Dave (Uncle Dunk) Jeffries
Bob (What'd he say?) Pearson

Rehab': Randy (Space) Bailey
Ken (24's R Us) Armstrong

Warmwater: Kevin (Timber-Oops) Lemesurier

News Bites: Paul (Handsome Devil) Noble

It was decided by vote that the position of Public Relations would become a part of the duties of the current President and that the position of Membership Co-ordinator would become a part of the current Treasurer's duties.

The social activities will continue to be decided upon by the TRAA membership, usually at General Meetings. Organization of each event will be assigned to an individual(s) as required.

April's Guest Speaker

Trevor Friesen, Fisheries Biologist, MNR

Most of us are familiar with the monitoring and testing of fish movement around Springbank Dam that Chris Bunt conducted for the Science Team.

The MNR has also conducted testing of its own at the Springbank Dam site. This testing was focussed on the larval fish migration after the spawning and hatching activities in the spring. The biologist involved with collecting and making sense of this data is Trevor Friesen, who will be our guest speaker at the April 11th General Meeting.

Trevor's presentation should be supported by your attendance at this meeting. It will be interesting to get further perspectives on the effects of the dam on the life cycles of some of the fish species monitored.

TRAAC Memberships

are due for 2007

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Trout Committee

All of the brown trout fry have been transferred from the egg trough and baffle box into the circular growth tank. We had an excellent survival rate (over 90%) and are in discussions as to what donor stream(s) will be selected for their release.

A small contingent of TRAA members accompanied John Schwindt (UTRCA) to electro-shock Komoka Creek with the purpose of collecting our own rainbow trout eggs. All of the females collected on the first outing were not ready to spawn and so we were unable to collect the eggs at that time. A smaller group of us went out again with John and were able to find two females that were ready to yield their eggs. A male or two were also available for their contributions and the fertilized eggs were placed in one of the trays in the TRAA trout hatchery.

Contact Dave Jeffries or Bob Pearson if you have questions or an interest in helping out with the TRAA Trout Committee.

Rehab' Committee

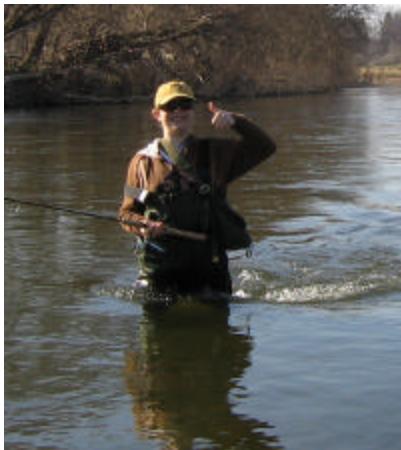
Fencing to permit limited access for horses to drink from Komoka Creek will be erected on Saturday, April 7th. A large amount of gravel will also be placed to mitigate erosion and allow safer footing for the horses.

Stream walks will be conducted to scout out possible sites for the lunker structures that were built last fall. We will also be checking out the old rehab' work that was done upstream of County Road 14 to determine what needs to be repaired/replaced.

Give Randy Bailey or Ken Armstrong a shout if you'd like to help out.

TRAА Fishin' Day

... and fish were caught!



Carley Noble gives the thumbs up on a beauty day for fishing. Two walleyes, two browns, a carp and a quickly released smallmouth bass were willing participants on this sunny April 22nd.



Rick Ornato tends to the post-fishing, sumptuous feast of grilled hotdogs and hamburgers. Randy Bailey gives his passing approval. This was a well-attended event and everyone agreed that it was just great to be on the water again. The fact that we actually caught fish was a bonus.



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When Fishermen Meet

One Guy:

"Hiyaguy"
"Binearlong?"
"Cetchenenny?"
"Kindarhay?"
"Ennysizetoom?"
"Hittinard?"
"Wachoosen?"
"Fishanonaboddum?"
"Whatchadrinkin?"
"Igoddago"
"Seeyaroun"
"Guluck"

The Other Guy:

"Lobuddy"
"Coplours"
"Goddafew"
"Bassencarp"
"Couplapowns"
"Sordalike"
"Gobbawurms"
"Rydononaboddum"
"Timortins"
"Tubad"
"Yeahtakideezy"
"Anootoo"



News Bites May 2007

Join us at the next
General Meeting
May 9, 2007

The meeting starts at
8:00pm sharp
The venue is



1017 Western Road, London

Meeting Features:

- ↗ **Drainage Guru Wray Ramsey** will be our Guest Speaker
- ↗ **Sprinbank Dam** – more Info & Reports to share!
- ↗ **TRAА Fishin' Day** – fish were caught!!
- ↗ **Brown Trout Release** – donor stream?

Heat Spring Up with Cajun!

Fire these recipes up to take the edge off of a cool spring day!

Blackened Fish Olé

- 1 pound firm fish (catfish) fillets
- 1 envelope Margarita cocktail mix
- 1 egg, beaten
- 1/2 cup seasoned bread crumbs or cornmeal, seasoned with salt & pepper

Combine breadcrumbs and Margarita mix in plastic bag. Moisten catfish fillet in egg, then shake or roll in crumbs, pressing them firmly into the fish. Pan fry in 2 to 4 tablespoons oil or margarine, or broil on greased pan in oven at 12 to 14 minutes per side.

Serves 2 to 3.

Broiled Fish with Cajun Seasonings

- 2 to 4 firm fish fillets, about 6 oz. each
- olive oil
- salt and pepper
- Cajun or Creole seasoning

Preheat broiler. Lightly brush broiler pan rack with oil or spray with olive oil spray. Brush or rub the skin side of the fillets with a little olive oil then lightly sprinkle with a little salt and pepper and seasoning. Place fillets, skin-side down, on the broiler rack. Season the top with salt, pepper, Cajun seasoning, and drizzle with a little more olive oil. Place the fillets under the broiler, about 5 to 6 inches from the heat, and broil until the fish is done or starts to flake, about 10 minutes. Serve immediately, with creamy yoghurt sauce, or a lighter fruity salsa.

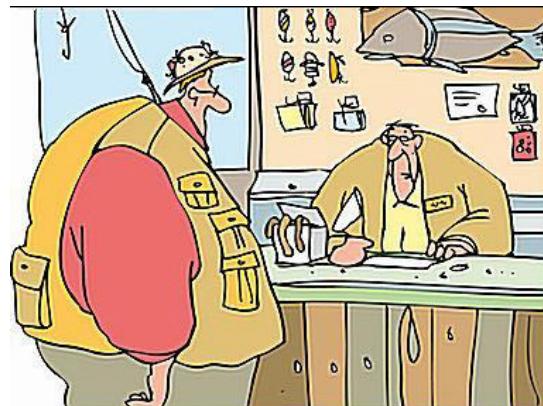
Serves 2 to 4.

May's Guest Speaker

Wray Ramsey, Drainage Superintendent

Most of us already know Wray as a superlative builder of fishing rods and as an instructor in the craft of rod building. Many of you may not know that Wray is a Drainage Superintendent and is very well versed on the regulations, as well as the latest science and techniques related to drainage issues. Wray is experienced, knowledgeable and outspoken; agree or disagree, you will enjoy listening to his points of view.

TRAAtoon



"I don't know. Some swear by worms, others say minnows work best. I try not to get caught up in all the hype."

Trout Committee

The brown trout are doing very well and will be released on May 12th to a donor stream(s) yet to be determined. Take a few minutes to think about where yo'd like to see these brown trout released and voice your choice at the May 9th General Meeting. The Trout Committee is happy to say that this is one of the most successful batches of brown trout since we began the trout hatcheries. We have received our allotment of rainbow eggs from the Sault Ste Marie facility. This brings our total up to about 32,000 rainbow trout eggs. We expect these eggs to be hatching within the next week or so. Those members who are visiting the trout hatchery are reminded that the valve and associated plumbing for the circular is ot to be touched. When we get some down time we will be able to repair the break properly. It has not been addressed because we are concerned about the use of solvents while there are fish in the system.

Contact Dave Jeffries or Bob Pearson if you have questions or an interest in helping out with the TRAA Trout Committee.

Rehab' Committee

Fencing to permit limited access for horses to drink from Komoka Creek was erected by a small contingent of TRAA members.

A large amount of gravel was also placed to allow safer footing for the horses and to mitigate erosion.

It was a lot of tough slugging, especially moving the gravel around. Fortunately, Keith Wales was there to transport the gravel to the area with his tractor, otherwise the job might have been overwhelming.

Springbank Dam

- another update ...

Randy Bailey will have some interesting information to reveal about the entire Springbank Dam correspondence trail beginning with the letter we sent to Minister Ramsay onwards.



It's probably a good thing that they're going to keep the dam in place. All that natural beauty would be overwhelming without that ugly piece of useless crap.

Rehab' Committee

The Rehabilitation Committee will be active once again starting in August. This is when low flow levels exist and we will not be harming any "young of the year" rainbow and brown trout. We are going to start with rebuilding the large lunker structure on Komoka Creek above County Road 14. This project will definitely take a full day's work with some strong backs (and weak minds?). We will then be looking at installing our pre-made lunker structures throughout Komoka Creek above County Road 14 up to Lansdowne Estates. You will get ample notice, so come on out and help!



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Easy Fish Cakes

1 pound fresh skinless, boneless cod fillet
2 tablespoons olive oil
1 large egg, lightly beaten
1/4 cup thinly sliced scallions
2 tablespoons mayonnaise
1 tablespoon freshly squeezed lemon juice
2 tablespoons Dijon mustard
6 tablespoons breadcrumbs
3 tablespoons chopped fresh parsley
3 dashes hot sauce, such as Tabasco
Coarse salt and freshly ground pepper
Tartar Sauce

Preheat the oven to 400 °F. Rub cod with 1 tablespoon oil & place in a baking dish. Roast until cooked through. Let cool & pat dry with paper towels. Flake with a fork. In a large bowl, combine cod with all ingredients but tartar sauce until ingredients just hold together into eight equal-size patties. Heat 1 tablespoon oil in a large nonstick skillet over medium heat. Cook cakes until golden brown, about 2 minutes on each side. Serve hot with tartar sauce



News Bites June 2007

Join us at the next
General Meeting
June 13, 2007

The meeting starts at
8:00pm sharp

The venue is



1017 Western Road, London

Meeting Features:

- ↗ **Trout Releases** – browns gone, bows to go!
- ↗ **Springbank Dam** – more Updates!
- ↗ **Fishing Meetings** – summertime, and the fishin' is easy...
- ↗ **Rehab' Projects** – we'll be kickin' it in to gear in August!

The Top 13 Reasons Why Fishing is Better than Sex!

- #13 You don't have to hide your Fishing magazines.
- #12 It is perfectly acceptable to pay a professional to Fish with you once in a while.
- #11 If your partner takes pictures or videotapes of you Fishing you don't have to worry about them showing up on the Internet if you become famous.
- #10 Your Fishing partner doesn't get upset about people you Fished with long ago.
- #9 It's perfectly respectable to Fish with a total stranger.
- #8 If your regular Fishing partner isn't available, he/she won't object if you Fish with someone else.
- #7 Nobody will ever tell you that you will go blind if you Fish by yourself.
- #6 When dealing with a Fishing pro, you never have to wonder if they are really an undercover cop.
- #5 You don't have to go to a sleazy shop in a seedy neighbourhood to buy Fishing stuff.
- #4 You can have a Fishing calendar on your wall at the office, tell Fishing jokes, and invite coworkers to Fish with you without getting sued for Fishing harassment.
- #3 Nobody expects you to Fish with the same partner for the rest of your life.
- #2 Nobody expects you to give up Fishing if your partner loses interest in it.
- #1 Your Fishing partner will never say, "Not again! We just Fished last week! Is Fishing all you ever think about?"

June's our Last Meeting!

- for the summer, that is ...

Anybody who has been a TRAA member for any length of time knows that we do not have "formal" General Meetings during the months of July and August.

The reasons are many but mainly nobody is interested in sitting in a stuffy old mansion when they could be fishing. So that's what we do – we go fishing instead!

We have invited a couple of guests, Dr. Trevor Friesen and Mr. Pud Hunter from the MNR, to come out with us in July. They expressed a keen interest in coming out to fish and do some sampling work.

This year the TRAA "Fishing Meetings" will be on July 11th and August 8th. How about July for smallmouth bass and August for carp? We will be deciding on the venues at the June 13th General Meeting (yes, at the stuffy mansion!), so be there!

TRAAtoon



"It's another reoccurring nightmare, Doc.
In this one, I'm using my favorite bamboo rod
and my fishing partner is a Panda."

Trout Committee

On Sunday May 24th TRAA members released approximately 35,000 brown trout into Oxbow Creek on Eva Bright's property. We had a great turnout. The Trout Committee would like to thank all those who came to help out at the release.

The trout hatchery remains active with our rainbow trout. They have been moved into the circular tank and are feeding like crazy. They are now at a point when they will also need to be released. The release date will be either be June 16th or June 17th. A firm date will be decided upon at the June 13th General Meeting. The donor creek, Dingman's Creek, has already been chosen. If you are wondering about the choices for these donor streams (Oxbow & Digman) come out to the meeting for an explanation.

Those members who are visiting the trout hatchery already know that the valve and associated plumbing for the circular is not in good shape. It cannot be addressed until the rainbows have been released, because we are concerned about the use of solvents while there are fish in the hatchery system. We will be planning a couple of work parties to do a complete retrofit on all the plumbing in the right from the source intake, into the hatchery enclosure and throughout all of the systems within the hatchery. We'll need lots of help to do this so come to the June 13th General Meeting for the dates and details. Contact Dave Jeffries or Bob Pearson if you have questions or an interest in helping out with the TRAA Trout Committee.

Luckey Tony

... he didn't share the exact spot!



Blanco Basso



Little Steelie



Bonus Brownie



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London, Ontario N6G 1G5

General Meetings

The TRAA meets on the second Wednesday of every month at the above address unless members are otherwise advised

TRAA Web Site
www.anglers.org

When Poachers Meet

Two poachers meet two others walking down the street with a pair of salmon each under their arms. The two poachers ask the two lucky poachers, "How did you get those?" "Michael here holds my legs over the bridge, and I grab the salmon as they swim up," they replied. So the fishless pair agreed to give it a try.

They get to the bridge and the one called to the other, "Hold my legs now Buddy". After hanging there upside down for a few minutes he suddenly cried, "Pull me up, pull me up!!" Buddy asked, "Do you have a fish?" "No," screamed the other, "there's a bloody train coming!"

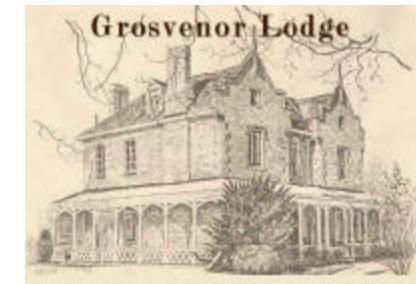


News Bites November 2007

Join us at the next
General Meeting
November 14, 2007

The meeting starts at
8:00pm sharp

The venue is



1017 Western Road, London

Meeting Features:

- ~ **A New Walleye Program** - ready for a program revival?
- ~ **Springbank Dam** – more Info' to share on this money pit!
- ~ **TRAА Fishin' Day** – planning for steelhead!!
- ~ **More Brown Trout Eggs** – sign up to help!

Fill Up on Fillets!!

These recipes are neat 'cause they work with any species of fish fillet.

Coriander Spice Fillets

- 4 skinless fillets, each about 6oz (75 g)
- 1 tbsp (15ml) coriander spice rub (below)
- 1.5 cups (375 ml) peeled orange slices
- 1/4 cup (50 ml) thin red onion slices
- 1 tbsp (15ml) extra virgin olive oil
- 1 tbsp (15ml) black olive slices

Pat dry fillets & rub with spice mixture. Place fish on greased grill over medium-high heat, turning once. When fish flakes easily, remove immediately. Toss remainder of ingredients in a bowl and arrange on plate with fish. Serves 4.

Spice Rub: Combine 2 tbsp (25ml) coriander, 3 garlic cloves (minced), 2 tsp (10 ml) cumin and 1/4 tsp (1 ml) each of cayenne pepper & salt.

Herbed Fillets

- 4 skinless fillets, each about 6oz (75 g)
- 1 tbsp (15ml) herb spice rub (below)
- 1 cup (250 ml) cubed English cucumber
- 1 cup (250 ml) cubed radish
- 1 tbsp (15ml) extra virgin olive oil
- 1 tbsp (15ml) wine vinegar

Pat dry fillets & rub with spice mixture. Place fish on greased grill over medium-high heat, turning once. When fish flakes easily, remove immediately. Toss remainder of ingredients in a bowl and arrange on plate with fish. Serves 4.

Spice Rub: Combine 1 tbsp (15ml) each of dried parsley, tarragon & chives, 1/2 tsp (2ml) each of pepper & salt.

Guest Speakers

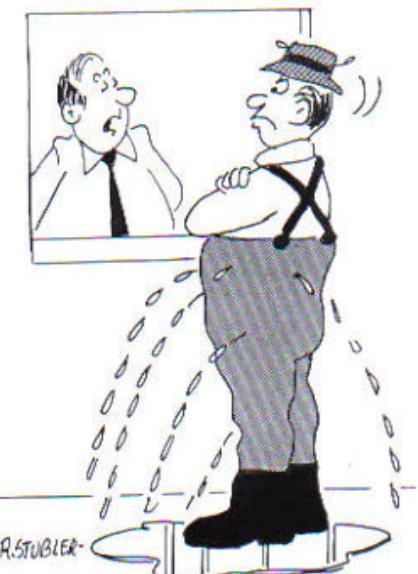
Guest speakers can be a big part of what makes a meeting worth looking forward to attending. If you have an idea for a guest speaker, please contact Randy Bailey with your suggestions.

More Dam News

The November meeting will also feature an update on the Springbank Dam situation.

TRAAtoon

COMPLAINTS



"Yes?"

Trout Committee

The TRAA has received permission to incubate 40,000 brown trout eggs. These eggs will be shipped to us in late November or early December already "eyed up". The Trout Committee Co-Chairs, Dave Jeffries and Bob Pearson, will be looking for members to fill the rotation. There will be a sign-up sheet at the November meeting.

Social Committee

We will be looking for some dates to have a fall steelhead derby on the Thames. We will ask for permission to venture down to the fish the Thames between Dingmans Creek and Komoka Creek. If you haven't seen the pictures that Tony V sent around, they're in this brochure.

Warmwater Committee

Discussions regarding the grants available from the government for Put, Grow & Take walleye programs will continue at the November meeting. An OFAH official made a site visit to the old TRAA walleye hatchery and a potential rearing pond at Fanshawe Conservation Area. Pud Hunter is our lead agency contact on this issue. We will be talking to him about potential sources of eggs before the TRAA becomes takes the next step of involvement.

Misc. Work Party

We will pick a date to start preparing our site for the new storage shed to be built. Hopefully the weather co-operates.

Steelheading Glossary, Part I

Black Fury

A spinner that's deadly on area streams ...



or



The beginning of black fly season.

Leader Material

Monofilament that is thinner than the running line on your reel for when the steelies are spooky ...

or



What we lack in Canadian politics.

Wooly Bugger

A very popular fly for Any steelhead stream .

or



Your daughter's last boyfriend.

Tail-out

A very productive section of the river found at the end of a pool ...

or



What you should've done when they opened the dam.



Contact Information

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So stupid it's funny ...

It was a hot summer's day, and Luke was in the marina fishing and having a few beers aboard his boat, named the "Fourth of July." He was waiting for his friend, Opie, to arrive so they could go for a cruise. Opie was late, unfortunately, because he had to pick up his wife from her appointment with the obstetrician. Her examinations were cheap because the doctor, a fellow named Juan, was Opie's cousin. Anyway, the appointment went overtime, and Opie was late getting to the marina. Luke had been drinking all this time, and was feeling no pain. When he saw Opie finally walking down the pier, he jumped up, staggered to the side of the boat to wave to his friend, and nearly fell in. Opie got there just in time to grab Luke. Thus, it was that O. B. Juan's kin, Opie, saved Luke from falling to the dock side of the Fourth.



News Bites December 2007

Join us at the next

General Meeting
December 12, 2007

The meeting starts at
8:00pm sharp

The venue is



1017 Western Road, London

Meeting Features:

- ↗ **Walleye Program**
– what's up?
- ↗ **Steelhead Know-how**
– do you know these trouty terms?!
- ↗ **Hemingway's Trout**
– a new twist on a classic!!
- ↗ **Brown Trout Eggs**
– they're here!

Hemingway's Trout

"A pan of fried trout can't be bettered," Ernest Hemingway wrote, "but there is a good and bad way of frying them." The good way, according to the novelist, is to coat fresh trout with corn meal, and then cook them slowly in bacon drippings until crispy outside but still moist inside. We've added some special touches of our own.

Ingredients

- ? 3 green onions, chopped
- ? 1 tablespoon chopped parsley
- ? 2 tablespoons lemon juice
- ? 1/4 teaspoon pepper
- ? 2 cleaned steelhead
- ? seasoned salt
- ? 6 strips bacon
- ? 1/2 cup baking mix (biscuit mix)
- ? 2 tablespoons yellow cornmeal
- ? Lemon wedges (optional)

Instructions

Combine green onions, parsley, lemon juice, and pepper. Sprinkle trout cavities with salt, then spread each with onion mixture. In a wide frying pan over medium heat, cook bacon until crisp. Remove bacon from pan and drain. Leave 2 or 3 tablespoons of the drippings in pan and reserve remaining drippings. Combine baking mix and cornmeal on a piece of wax paper. Coat trout on both sides with mixture. Arrange the trout in pan. Cook, turning once, until fish is lightly browned and flakes readily when prodded in thickest portion with a fork. Slip a bacon strip into cavity of each fish. Garnish with lemon wedges, if desired.

Other General Meeting Stuff

Rick Ornato will be giving us an update on the TRAA Web site status.

An update on the proposed TRAA shed will be given by Tony Vaessen.

TRA Steelheading Day

Hopefully you made it out to the Steelhead Fishing Day on Sunday, December 9th. There will be a full report at the December 14th meeting.

TRAAtoon



Trout Committee

There are now about 40,000 Brown Trout eggs, all eyed up, in our Trout Hatchery. Come to the December 12th General Meeting for details on how to be a part of the "trout sitting" rotation. There will be a sign-up sheet at the December meeting.

The Trout Committee Co-Chairs, Dave Jeffries and Bob Pearson, can also be contacted for more information.

NOTE: If you do go to the hatchery, be very careful when picking out the dead eggs. The eyed-up eggs are extremely sensitive!

Warmwater Committee

The TRAA, OFAH, MNR, and OCFA continue to talk about the supply of walleye eggs for the spring of 2008. As we all know, it is imperative that this happens before we even begin to discuss the Put, Grow & Take walleye program.

Come to the Decmber 12th General Meeting for the latest updates.

Rehab' Work Party

There are quite a few obstructions throughout Komoka Creek that need to be addressed. We should look at setting up some work parties at the January General Meeting to tackle some of the blockages, providing the weather co-operates. Water levels are low and there are no bugs to contend with; plus the browns will be finished spawning.

We will be sending all of the TRAA power equipment to a fellow from Stihl to tune up.