Reveal Number, Perfect Question

- 1, What kind of activities make your brain feel most alive or excited?
- 2,"What usually pushes you to take action—fear, fun, love, duty, or something else?"
- 3,What kind of praise or recognition feels really good to you?
- 4,"When something goes wrong, what's the first thing you usually do?"
- 5, What kind of thoughts do you find stuck in your head over and over?
- 6,What do you usually do when your feelings feel too big to handle?
- 7,How do you know when you're starting to feel overwhelmed?
- 8,"What part of yourself are you learning to like, even though it used to be hard to accept?"
- 9, What's something about yourself that you're afraid people might misunderstand?
- 10, What's a version of yourself you wish you could fully become?
- 11, What's one thing about you that stays the same no matter what?
- 12,"How would you describe yourself without saying your name, job, or role?"
- 13, What's something that annoys you in other people—but you catch yourself doing it too?
- 14, What kind of person do you pretend to be when you don't feel safe?
- 15,"What's a rule or value you'd never break, no matter what?"
- 16, What's something you wish you could do or be—but feel like you're not allowed to?
- 17, What's a dream or wish you keep inside but don't talk about much?
- 18, How good are you at noticing your own thoughts and feelings while you're talking to someone?
- 19, What do you usually notice about yourself when you're having a conversation?
- 20,"When you're alone, what thoughts or worries keep showing up?"
- 21, How do you act when you're around people you're not sure you can trust?
- 22, What helps you calm down when you're upset or overloaded?
- 23, What makes you feel super close or connected to someone?
- 24. What kind of behavior makes you lose trust in someone fast?
- 25, What do you usually do when someone you care about hurts your feelings?
- 26, What's something from your childhood that still affects how you treat people now?
- 27, What do people often get wrong about you?
- 28, What's something true about you that most people don't see right away?
- 29, What kind of people or actions do you admire most—and why?
- 30,"If you could make one rule that everyone in the world had to follow, what would it be?"
- 31, What do you think life is really about—or what's the point of it all?
- 32,"If someone told your life story, what would you want them to say?"
- 33,"If you could break one rule and never get caught, what would you do—and what would that say about you?"