**Home:**

* Definition of veganism
* A couple of facts about me
* Why I became vegan
* How long I have been vegan
* Changes I have seen since I have been vegan

**Animals:**

* Facts about animal brutality
* How veganism can help the animals
* Prediction of some animal extinctions

**Health:**

* How vegans get their protein
* The reality of how animals are cooked and processed
* Negative health effects by eating animals cooked this way

**Environment:**

* How much a carnivorous diet takes up land/water/resources vs a vegan diet
* Positive effects a vegan diet has on the Earth
* Debunking the myth of “Plants have feelings”