

Prince George's County COVID-19 Childcare Quarantine and Isolation Guidelines

If You Test Positive for COVID-19 (Isolate)	
All persons who test positive for COVID-19 or have suspected COVID-19, regardless of vaccination status	<p>STAFF:</p> <ul style="list-style-type: none">• Stay home for at least 5 full days from the symptom onset date if symptomatic, or the date of the positive test if no symptoms.• On Day 6, if there are no symptoms or symptoms are resolved and no fever for at least 24 hours without medication, staff may return to work. <p>ATTENDEES:</p> <ul style="list-style-type: none">• Stay home for at least 5 full days from the symptom onset date if symptomatic, or the date of the positive test if no symptoms.• On Day 6, if there are no symptoms or symptoms are resolved and no fever for at least 24 hours without medication, attendee may return to childcare. <p><i>Day 0 = Symptom Onset Date or Date Test was Performed (Specimen collection date, NOT result date)</i></p>

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NOTES:

A 10-day isolation must be used for anyone unable to maintain the following mitigations strategies:

- Consistent and correct use of a well-fitting mask at all times, except eating.
- Social distancing (6 feet or more between all staff and attendees, including when masks are removed for meals, snacks, and napping).
- Frequent and effective hand hygiene.
- Cohorting staff and students throughout the day
- Avoid sharing of items between individuals, classrooms, and cohorts
- Adequate ventilation
- Frequent cleaning of high touch areas and items

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If You Were Exposed to Someone with COVID-19	
<p>If you are asymptomatic and:</p> <p>Have been boosted OR Completed the primary series of Pfizer vaccine within the last 5 months OR Completed the primary series of Moderna vaccine within the last 6 months OR Completed the primary series of J&J vaccine within the last 2 months OR Had confirmed COVID-19 within the last 90 days</p>	<ul style="list-style-type: none">• You Do Not need to quarantine after exposure.• Wear a well-fitting mask around others for 10 days after the last date of exposure with the positive person for COVID-19• <u>Must</u> test on Day 5 after the date of last exposure. (Persons who had a confirmed positive COVID-19 test within the last 90 days do not need to test).<ul style="list-style-type: none">○ Rapid Antigen or PCR test is acceptable. <p><i>Day 0 = Date of Last Exposure</i></p> <ul style="list-style-type: none">○ If the person tests positive or develops symptoms, they should stay home and follow recommendations for “If You Test Positive for COVID-19 (Isolate)”.○ If the person tests negative, they should continue to wear a well-fitting mask around others for 10 days from the last date of exposure. <p>Note:</p> <ul style="list-style-type: none">• Persons who do not meet the vaccination criteria but had COVID-19 within the past 90 days can continue to work or attend childcare if they remain asymptomatic. If symptoms occur, the person should be immediately excluded and recommended for testing.• If the person is unable to wear a well-fitting mask correctly and consistently at all times, they should stay home for 10 full days from the date of last exposure

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If you:
Completed the primary series of Pfizer vaccine over 5 months ago and are not boosted
OR
Completed the primary series of Moderna vaccine over 6 months ago and are not boosted
OR
Completed the primary series of J&J vaccine over 2 months ago and are not boosted
OR
Are unvaccinated
OR
Are not fully vaccinated
OR
Vaccination Status is unknown

- **You MUST quarantine after exposure**

Staff:

- Stay home for at least 5 days after the date of last exposure with the person positive for COVID-19.
- **Must** test on Day 5 after the date of last exposure.
 - Rapid Antigen or PCR test is acceptable.
 - Must have test results to return to childcare. There should be no pending results prior to return such as negative Rapid with a pending PCR.
- On Day 6, if there are no symptoms, staff may return to work. They must always wear a well-fitting mask consistently and correctly until 10 days after their date of last exposure to the positive person.

Day 0 = Date of Last Exposure

- **If the person tests negative**, they may return to the facility **IF** they are able to always wear a well-fitting mask when around others until 10 days after their date of last exposure.
- **If the person tests positive**, they should follow the recommendations for "If You Test Positive for COVID-19 (Isolate)".

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Attendees:

- Stay home for at least 5 days after the date of last exposure with the person positive for COVID-19.
- **Must** test on Day 5 after the date of last exposure.
 - Rapid Antigen or PCR test is acceptable.
 - Must have test results to return to childcare. There should be no pending results prior to return such as negative Rapid with a pending PCR.
- On Day 6, if there are no symptoms, attendees may return to the childcare center. They must always wear a well-fitting mask consistently and correctly until 10 days after their date of last exposure to the positive person.

Day 0 = Date of Last Exposure

- **If the person tests negative**, they may return to the facility **IF** they are able to always wear a well-fitting mask when around others until 10 days after their date of last exposure.
- **If the person tests positive**, they should follow the recommendations for “If You Test Positive for COVID-19 (Isolate)”.

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NOTE:

A 10-day quarantine must be used for anyone unable to maintain the following mitigations strategies:

- Strict adherence to all recommended mitigation strategies listed above, including consistent and correct use of a well-fitting mask, and maintaining 6 feet physical distancing when masks must be removed while eating and napping

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OUTBREAK DEFINITION:

Family Child Care Homes:

Two or more laboratory-confirmed COVID-19 cases among providers, provider's household members, or attendees with onsets (or, if asymptomatic, collection dates) within a 14-day period, and who are epidemiologically linked.

Child Care Center:

Two or more laboratory-confirmed COVID-19 cases among staff or attendees with onsets (or, if asymptomatic, collection dates) within a 14-day period, and who are epidemiologically linked, but not household contacts.

Note: To open an outbreak investigation, cases must be from at least two separates' households.

If you have an outbreak situation do the following:

- Immediately exclude all positive cases
- Identify and quarantine all close contacts
- Temporarily close the affected classroom(s) (if a center) or close the home childcare for assessment and deep cleaning
- Contact the Health Department for further guidance and timeline for reopening.

Note: Outbreaks will be evaluated and managed on a case-by-case basis depending on each specific situation. Recommendations or additional guidance may be provided beyond the updated Isolation and Quarantine Guideline, to mitigate transmission during the outbreak.

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Special Notes:

Persons who are immunocompromised or are unable to maintain mitigation strategies including wearing a well-fitting mask consistently and correctly at all times except when eating or napping, are not eligible for the 5-day isolation or quarantine and must complete a 10 day isolation or quarantine for 10 days from the last date of exposure.

- Testing prior to return from a 10-day quarantine is recommended but not required

Persons who are a household contacts of a confirmed case with COVID-19 and they are unable to avoid further contact with their ill household member may return to the facility once a minimum 5-day quarantine (depending on use of mitigation strategies, including consistent and correct mask use) period is completed after the positive person in the household is released from isolation.

- If the positive persons isolation ends after Day 5, the household contact quarantine would begin on day 6.
- If the positive persons isolation ends after day 10, the household contact quarantine would begin on day 11.

The person must undergo this additional quarantine period because the person could have been infected on the final day of the household member's isolation.

If a person develops symptoms, after testing on day 5, they should immediately be excluded if they have returned to the facility, or remain home, if they have not returned to the facility and get tested.

- If the test is positive, they should follow the recommendations for "If You Test Positive for COVID-19 (Isolate)".
- If the test is negative, they may return when applicable criteria in the [Communicable Diseases Summary](#) have been met.

To report positive or exposed cases or an outbreak situation, please call 301-583-3751 or 301-263-3878