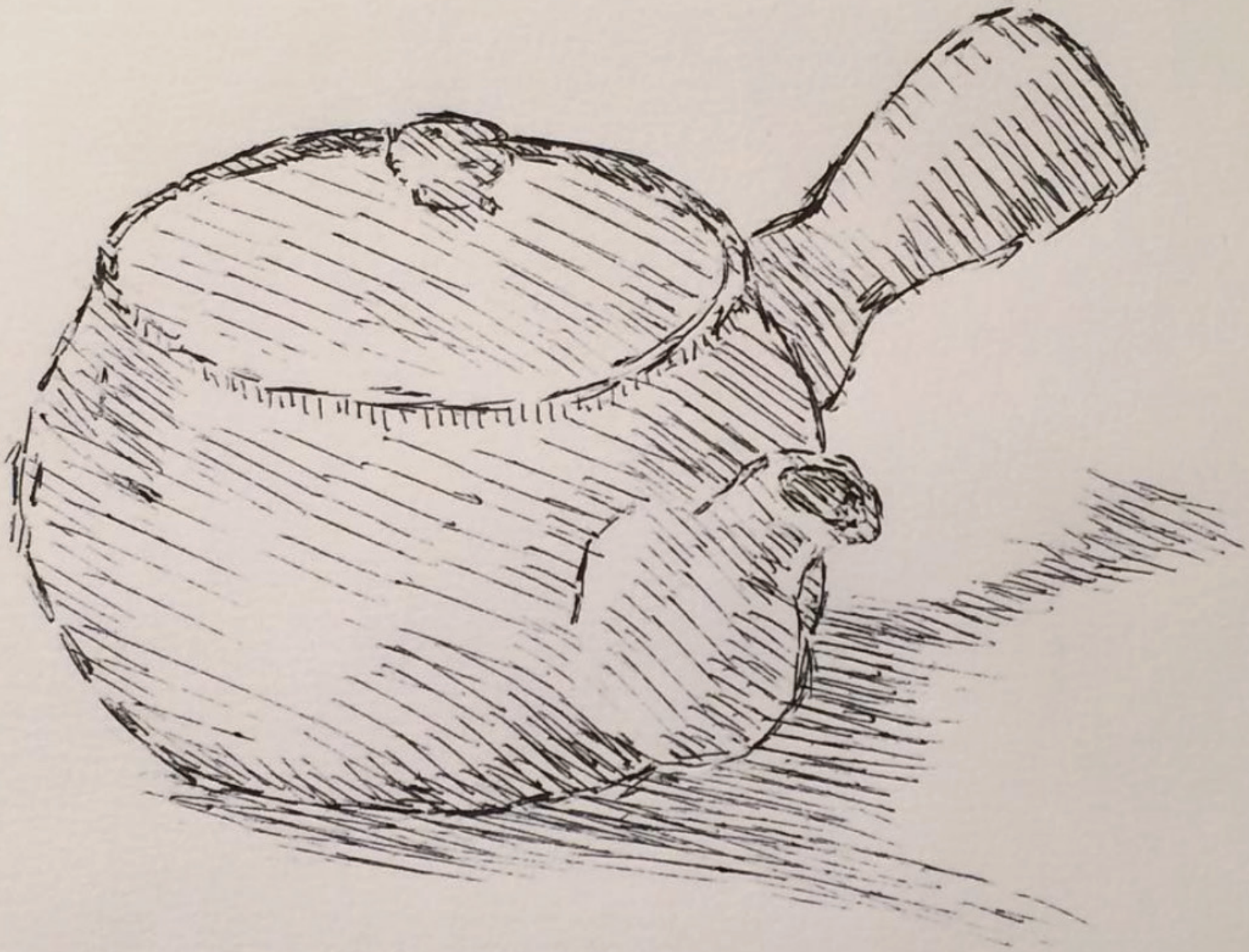

165 million

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HERBAL TEA
TAZO
passion
An exuberant herbal infusion of hibiscus, orange peel, rose hips & passion fruit flavors.
CAFFEINE-FREE

Sleepytime
100% NATURAL TEAS
CELESTIAL
SEASONINGS
HERBAL TEA Caffeine Free

Ternstroemiaceae.
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Origins

“To drink bitter t’u constantly makes one think better.”

The earliest recorded reference to tea.
A medical text by Hua T’o, 3rd century AD.

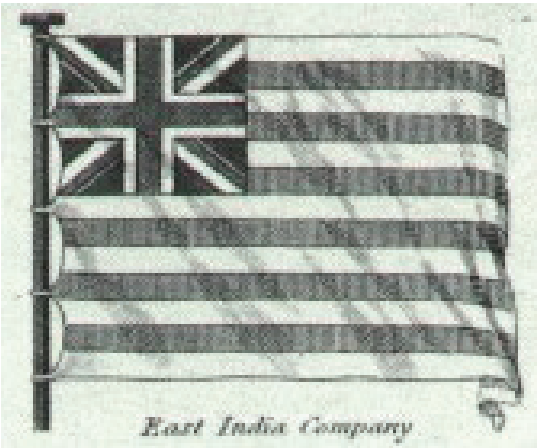
12th Century AD

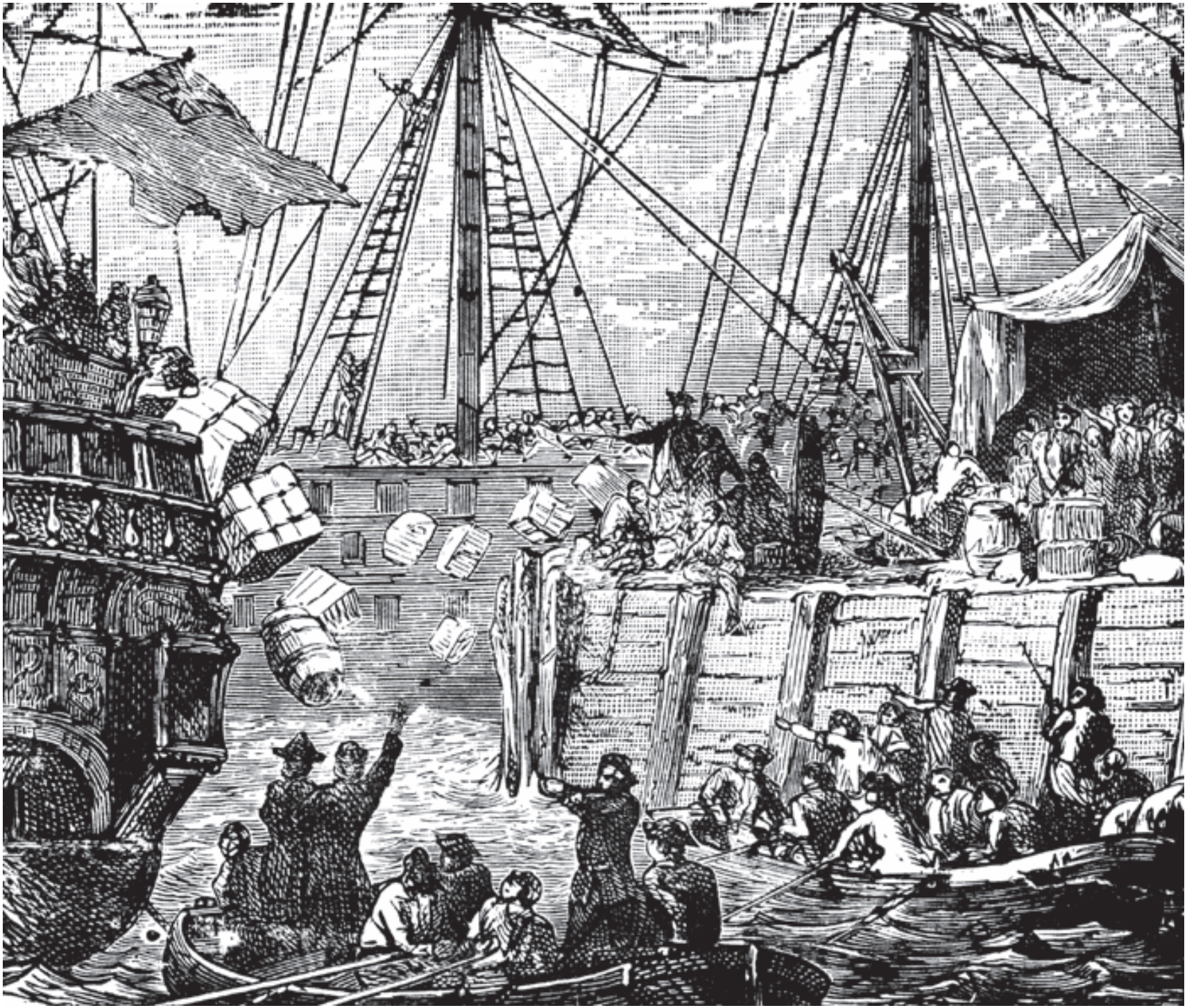
“Humanity so far has met in the tea-cup”

The Book of Tea
Okakura Kakuzo

“I did send for a cup of tee (a China drink) of which I never had drank before.”

Samuel Pepys, 1660


East India Company



Tea consumption sharply decreased in America during and after the Revolution, when many Americans switched from drinking tea to drinking coffee, considering tea drinking to be unpatriotic.

“Tea is the ultimate mental and medical remedy and has the ability to make one’s life more full and complete.”

Eisai, 1211

L-theanine and caffeine

“Where there’s tea, there’s hope.”

Brewing

1. Heat water to the right temperature

2. Steep the right amount of leaves in water

3. Remove leaves from water after the right amount of time

4. Enjoy and repeat!

teaguide.co

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