

Slips, Trips and Falls

SLIPS!

TO SLIDE ALONG SMOOTHLY POSSIBLE RESULTING IN A MISHAP

- Watch where you are stepping and use caution on wet floors and ice to avoid slipping.
- Weather conditions may cause the floors to be wet or the ground to be icy.

TRIPS!

TO CATCH THE FOOT ON SOMETHING SO AS TO STUMBLE

- Use handrails when ascending or descending stairs.
- Make sure that steps you use often are in good shape and that items (that do not belong on the steps) are out of the way.
- Damaged steps or misplaced items are major factors in trips.

FALLS!

TO DESCEND FREELY BY THE FORCE OF GRAVITY

- Eliminate the hazard when possible (i.e. broken chair, unstable ladder, etc...)
- Practice good judgement - Don't lean back in chairs, don't climb on unstable shelving or tables.

FOOTWEAR

- Use good judgement with regard to footwear while on duty. Be certain footwear is in good condition and appropriate to your job function and outside weather condition.

OTHER HAZARDS

- Prevent a potential injury by cleaning up spills on wet surfaces and correct icy conditions.
- Keep isles and walkways clear of clutter or obstructions,
- Pick up objects and move or secure extension cords to eliminate the potential for injury.

WHAT CAN YOU DO?

- If something is creating a potential slip, trip, or fall hazard fix it (clean it up - move it).
- Place signs to warn others of the potential hazard.
- If you can not fix it – Inform your supervisor so that the problem will be corrected.