

# IOT Online Course

## Fundamentals of IoT

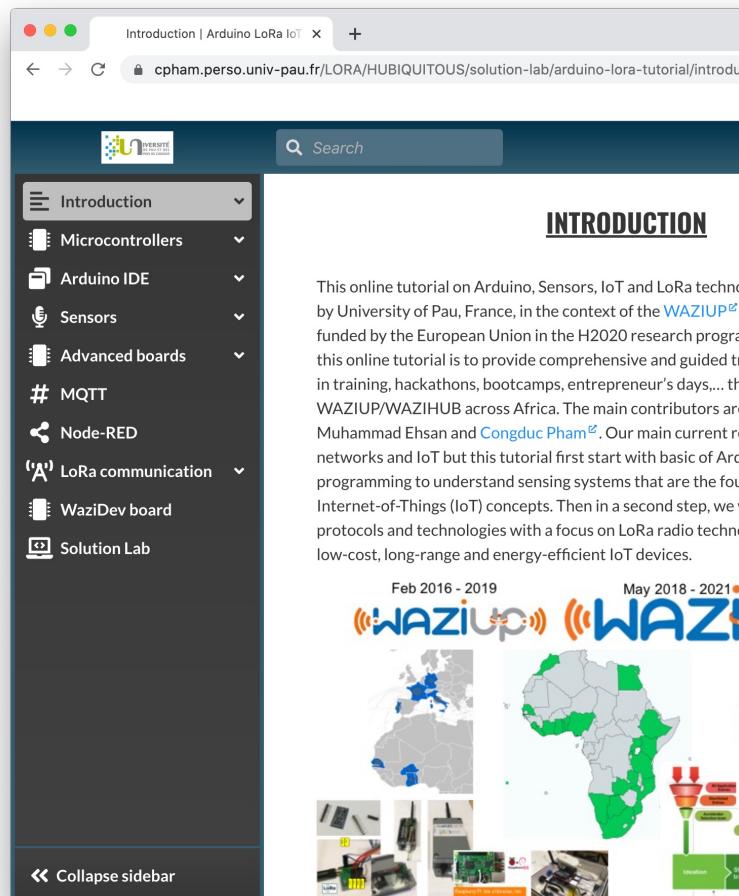
### F-IOT-2a: Wireless Communication Essentials

Prof. Congduc Pham  
<http://www.univ-pau.fr/~cpham>  
Université de Pau, France



# IoT Online Course

○ <http://diy.waziup.io>



The screenshot shows the 'Introduction' page of the DIY.WAZIUP.IO website. The sidebar on the left contains a navigation menu with categories like Microcontrollers, Arduino IDE, Sensors, Advanced boards, MQTT, Node-RED, LoRa communication, WaziDev board, and Solution Lab. A 'Collapse sidebar' button is at the bottom of the sidebar. The main content area features a title 'INTRODUCTION' and a detailed text about the online tutorial on Arduino, Sensors, IoT, and LoRa technology. It mentions the University of Pau, France, and the WAZIUP project funded by the European Union's H2020 program. The text explains that the tutorial aims to provide comprehensive and guided training for IoT enthusiasts, hackathons, bootcamps, and entrepreneur's days across Africa. It highlights the main contributors, Muhammad Ehsan and Congduc Pham, and the focus on low-cost, long-range, and energy-efficient IoT devices. At the bottom, there are two circular logos: one for 'WAZIUP' (Feb 2016 - 2019) and another for 'WAZI' (May 2018 - 2021). Below the logos is a map of Africa with green and blue regions indicating different project phases or coverage areas. There are also small images of various IoT components and projects.

## IOT COURSES

### WAZIUP IoT Courses

For users who want to gain knowledge on IoT in a step-by-step lecture mode, we have defined the following curriculum with materials from both existing sources and specific materials produced by WAZIUP/WAZIHUB project.

#### «Fundamental of IoT»

##### F-IOT-1a: What is IoT ?

- [WAZI](#) Quick introduction to IoT
- [WAZI](#) IoT and Big Data Platform
- Intel IoT -- What Does The Internet Of Things Mean?
- Edureka -- Internet of Things (IoT) Explained
- Geospatial IoT -- IoT - What is Internet of Things?
- IBM Think Academy -- How It Works

##### F-IOT-1b: Introduction to IoT ecosystem and hardware

- [WAZI](#) Introduction To Basic Electronics
- Introduction To Basic Electronics
- Basic Electronics - Instructables
- [WAZI](#) Introducing physical sensors, part 1
- [WAZI](#) Introducing physical sensors, part 2

##### F-IOT-1b: Introduction to Basic Electronics

- [WAZI](#) F-IOT-2a: Wireless Communication Essentials
- [WAZI](#) F-IOT-2b: Understanding IoT Devices, Architecture & Ecosystem
- [WAZI](#) F-IOT-2c: Introduction to IoT hardware

##### F-IOT-3: Introduction to Arduino IDE

- Introduction to Arduino IDE - YouTube
- [WAZI](#) Presentation of the Arduino IDE
- [WAZI](#) Setting up the Arduino IDE

##### F-IOT-4: WAZIUP IoT ecosystem

- [WAZI](#) F-IOT-4: WAZIUP Open Technologies for Low-cost IoT

# Wireless networks: WiFi



**ziup**  
**zihub**



# Wireless networks: 2G/3G/4G/5G/

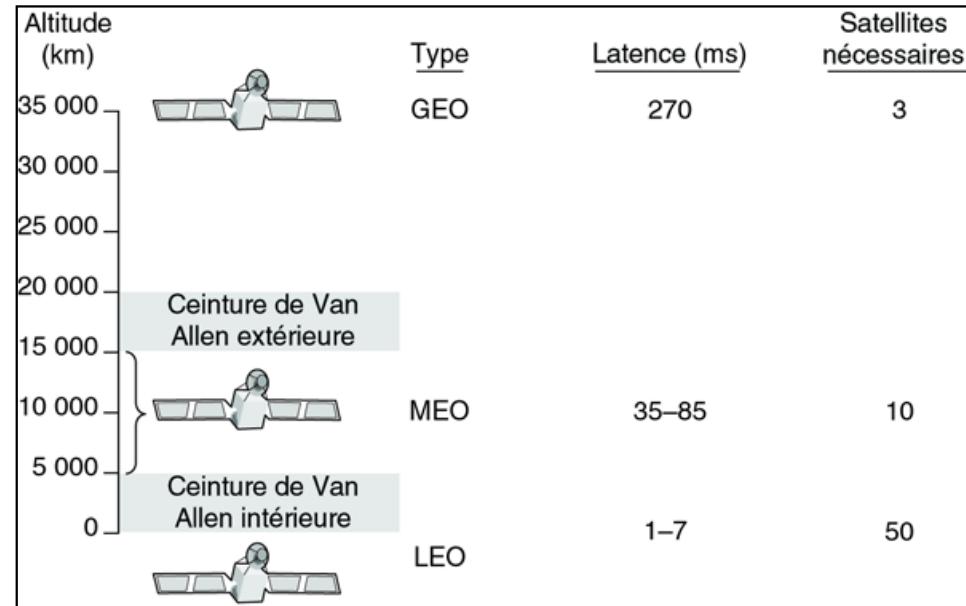


# Wireless networks: Bluetooth

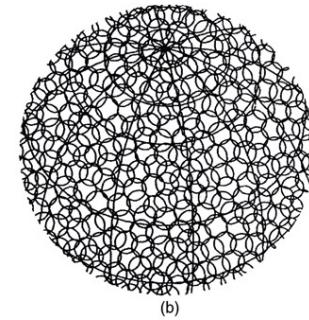
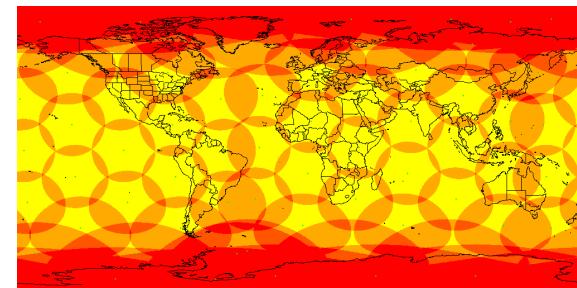
## How Bluetooth is Transforming Consumer Electronics



# Wireless networks: Satellites

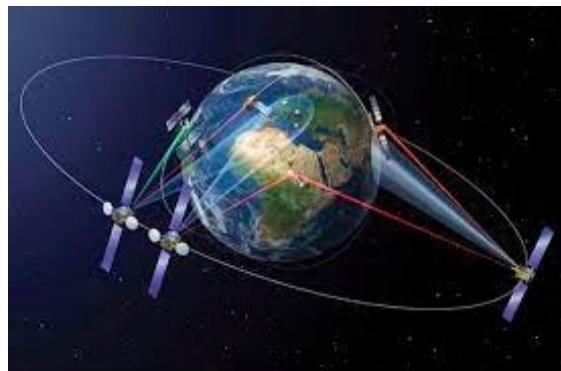
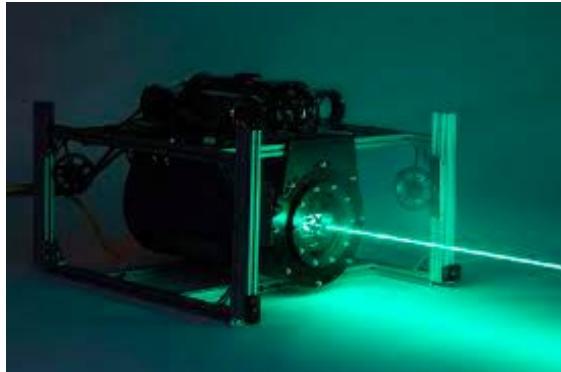


Iridium, 66 satellites  
Initially 77

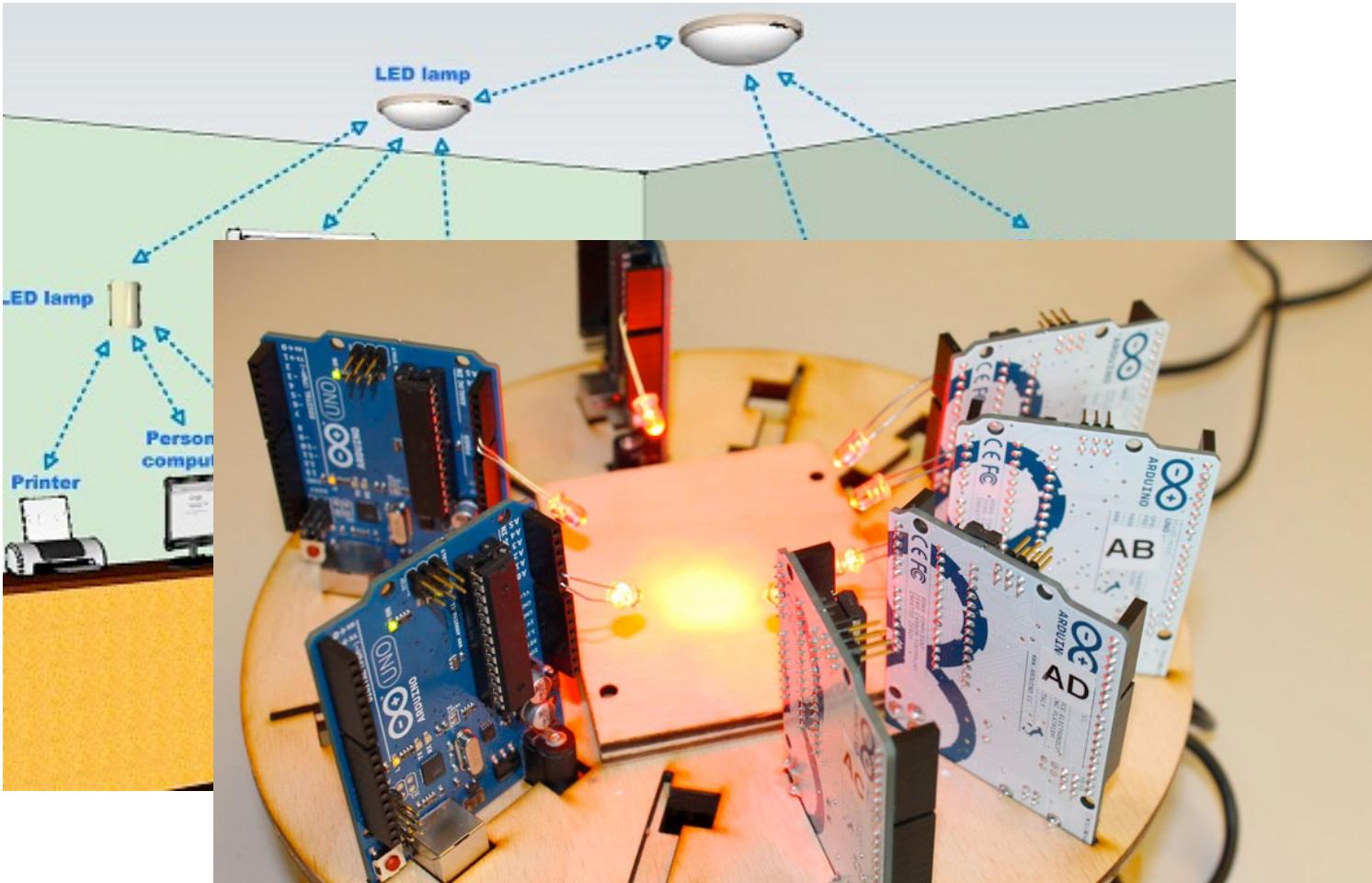


© Pearson Education France

# Wireless networks: Laser/Optical



# Wireless networks: Visible Light



# Visible Light Communications, con't



- High throughput is "easy"
- Bi-directionality is still an issue
- VR is a perfect application for VL

## How li-fi sends data

The visible light spectrum is 10,000 times larger than the radio waves we use for wi-fi today. Information can be encoded in light pulses, just like in traditional TV remote controls.



Modern LEDs, however, could transmit enough data for a stable broadband connection - but still look like normal white light



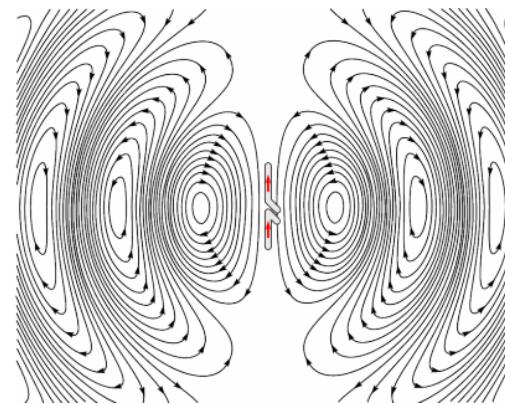
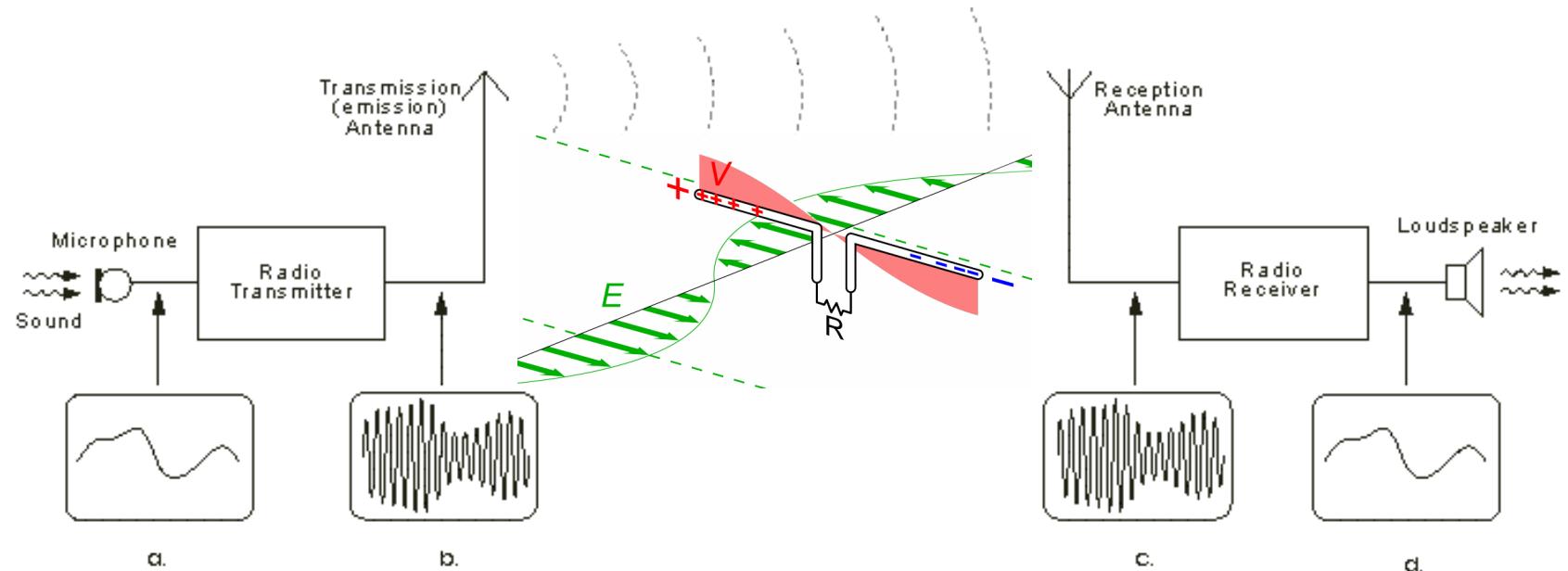
\*bits per second

Source: Professor Harald Haas

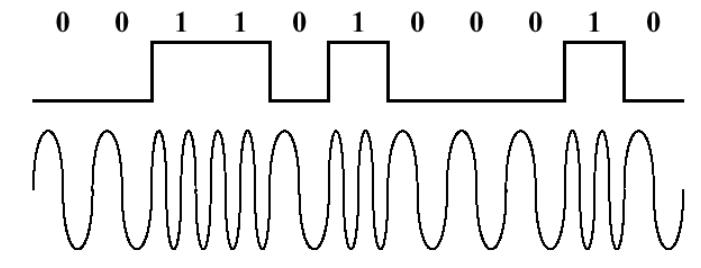
BBC



# Wireless radio transmission basics



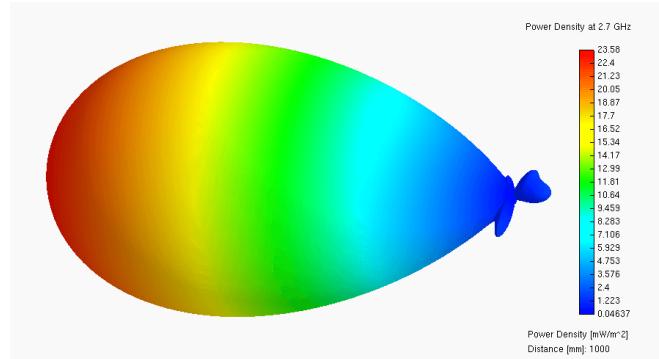
**data modulation**



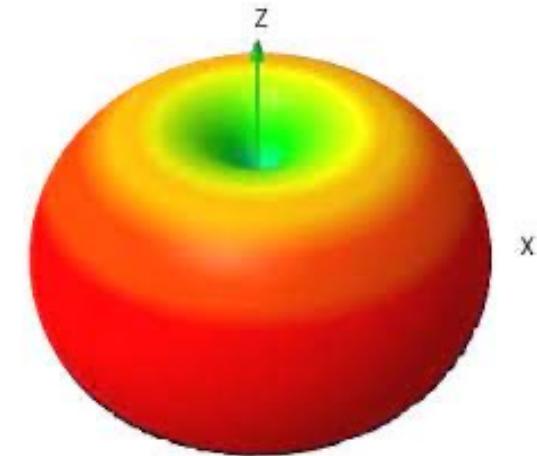
# Antenna types



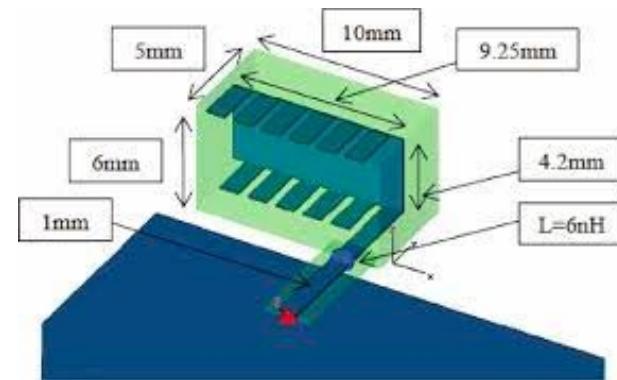
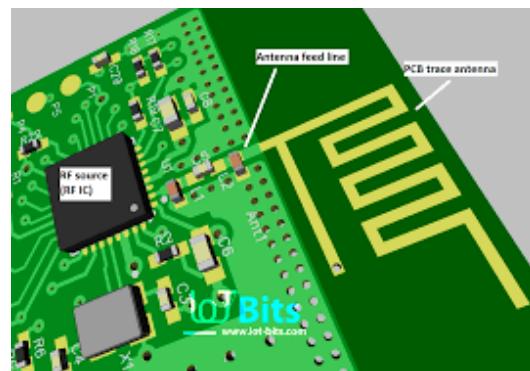
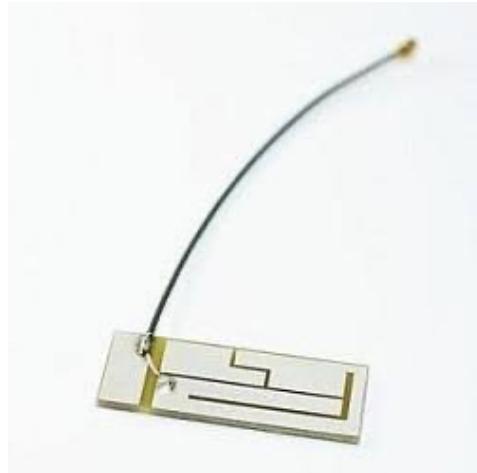
Omni-directional antennas



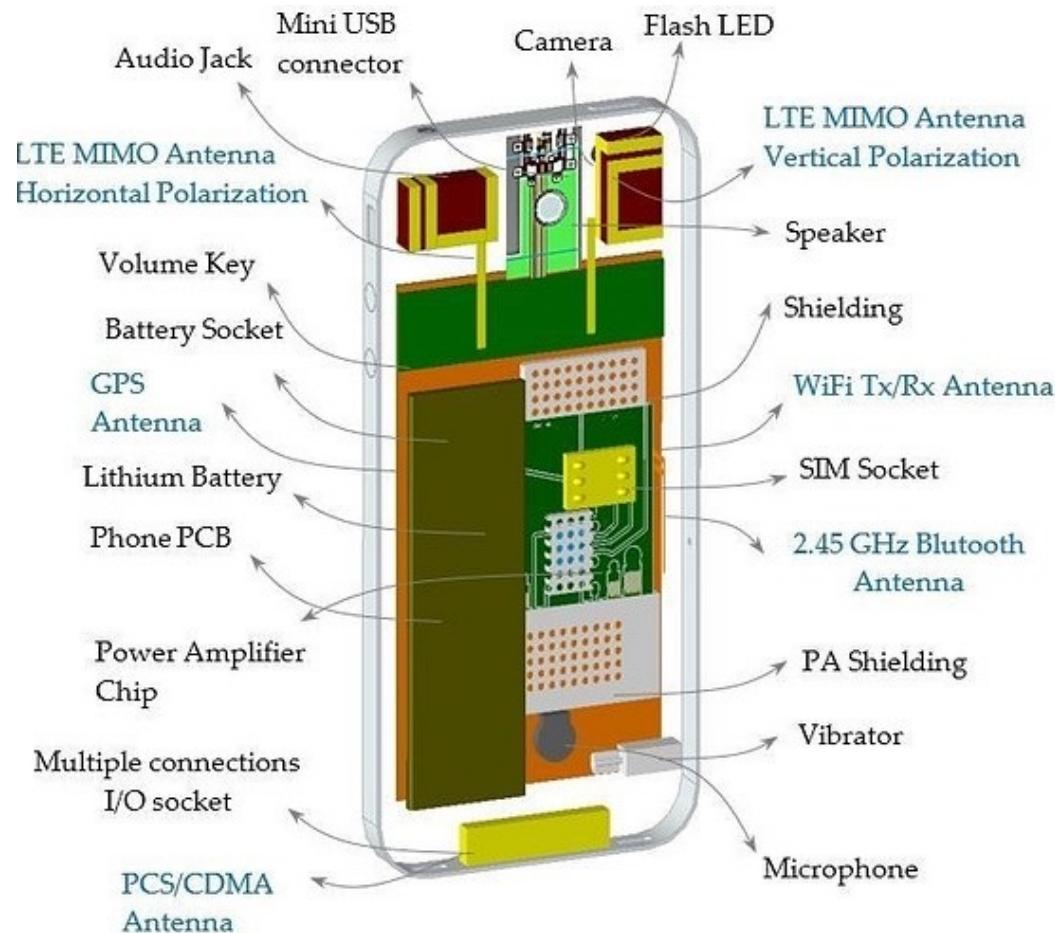
Directional antenna



# PCB, patch, ceramic,...

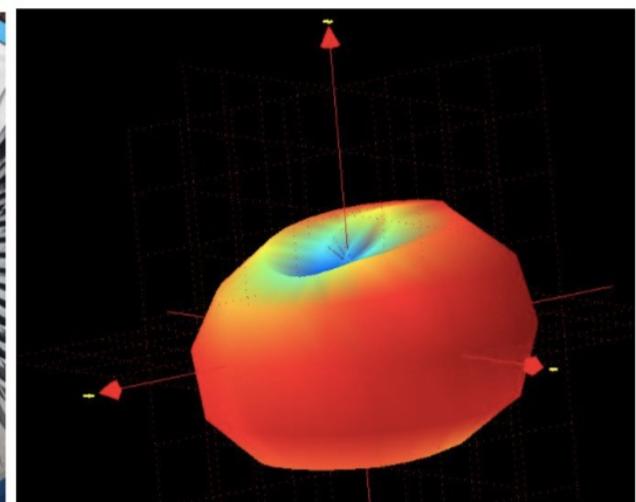
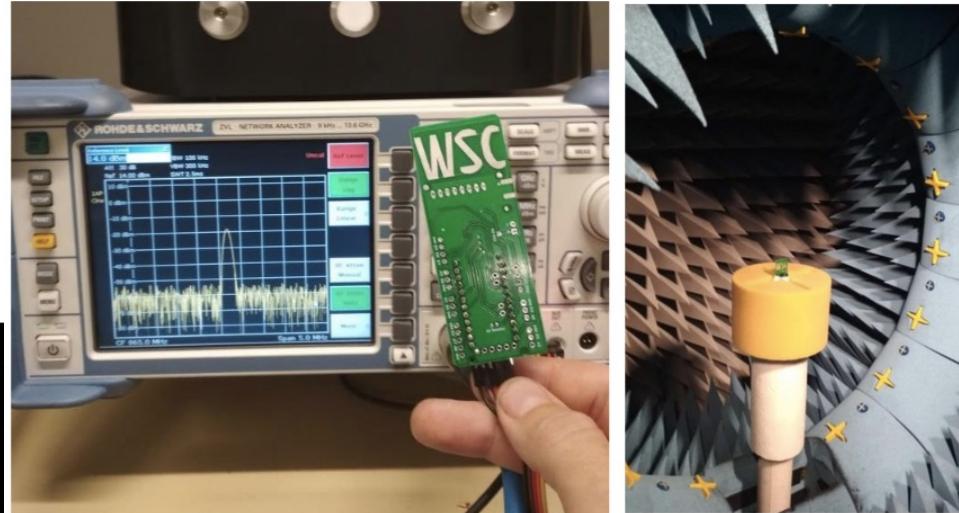
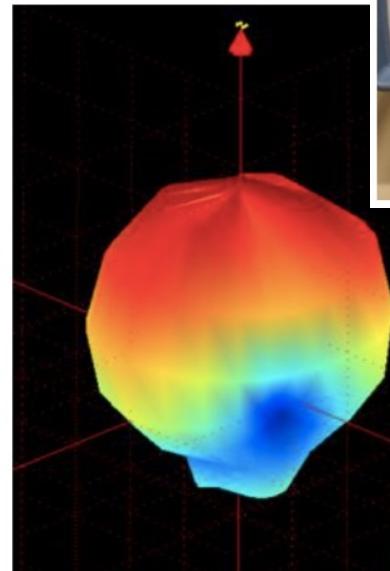


# Antennas in a smartphones!



# Testing antennas

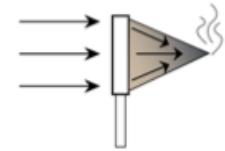
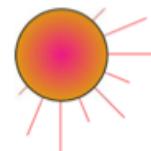
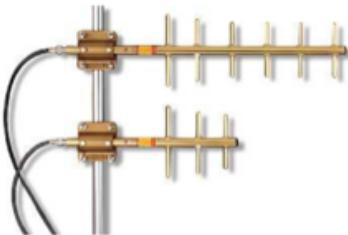
○ Source: F. Ferrero,  
University of Nice



# Antenna gain (1)

- Antenna gain

- Directional antennas FOCUS energy:  
they DO NOT ADD energy



- Antenna Gain

- Omni-directional antennas FOCUS energy:  
they DO NOT ADD energy



# Antenna gain (2)

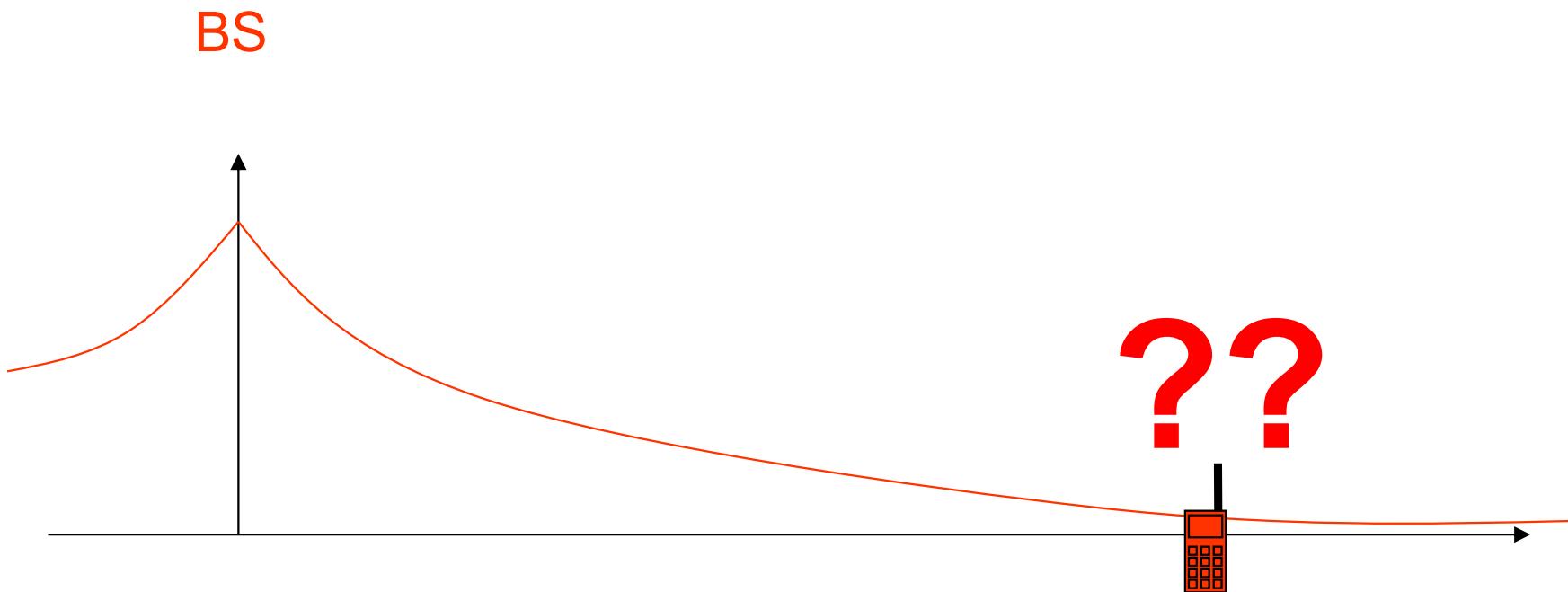
- Antenna gain and its effective surface

$$G = \frac{4\pi A_e}{\lambda^2} = \frac{4\pi f A_e}{c^2}$$

- with

- G = gain
- $A_e$  = effective surface
- f = signal frequency
- c = light speed in space  $3 \cdot 10^8$  m/s
- $\lambda$  = wave length of the signal =  $c/f$

# 1st challenge: signal attenuation



# Attenuation limits the range!

- Attenuation depends mainly on distance

$$P_r = P_e d^{-\alpha}$$

- with :

- $P_e$  = transmitted power
- $P_r$  = received power
- $d$  = distance between antennas
- $\alpha$  from 2 to 4

# Attenuation in practice

- For an ideal antenna (theoretic)

$$\frac{P_e}{P_r} = \frac{(4\pi d)^2}{\lambda^2} = \frac{(4\pi f d)^2}{c^2}$$

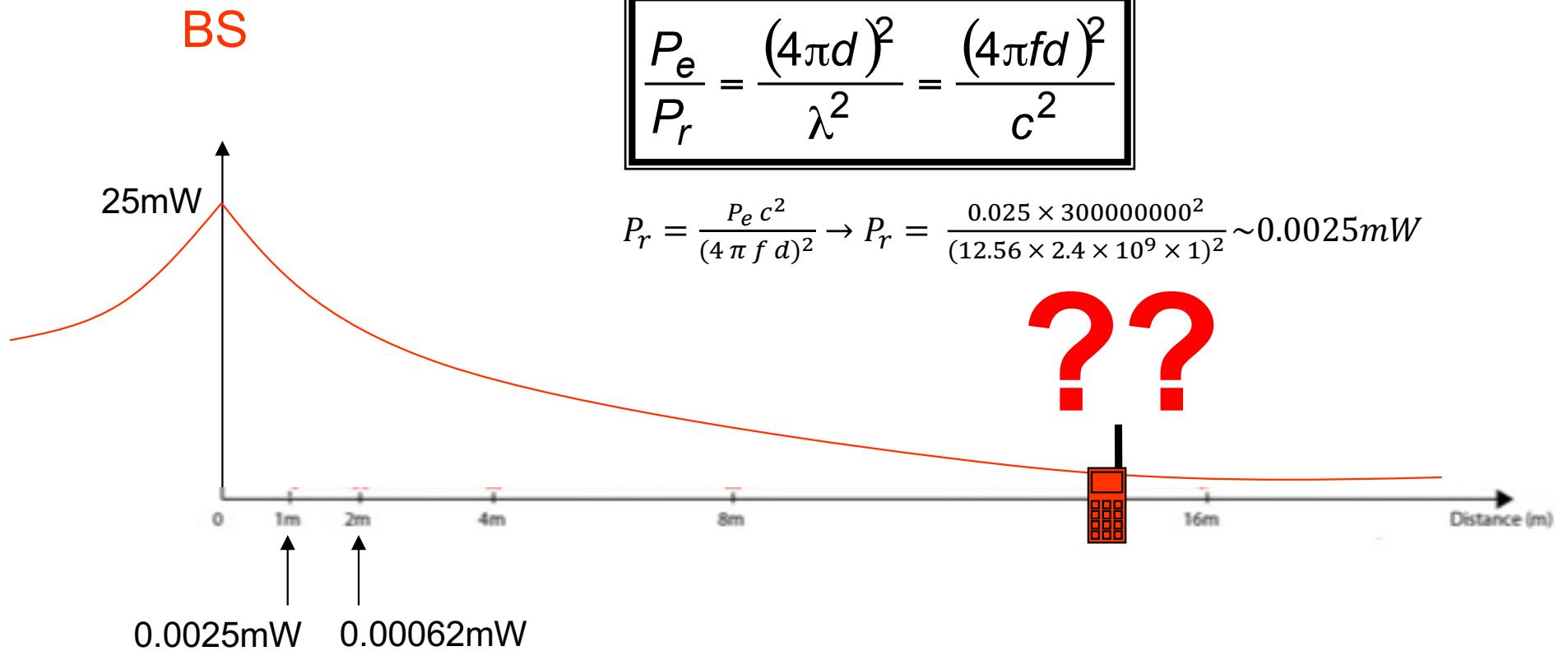
- $P_e$  = transmitted power
- $P_r$  = received power
- $P_e / P_r$  is high when  $P_r$  is small → high attenuation
- $d$  = distance between antennas
- $c$  = light speed in space  $3.10^8$  m/s
- $\lambda$  = wave length of the signal =  $c/f$
- Higher frequencies  $f$  means higher attenuation!

# Attenuation, value in watts

- Free Space Path Loss model

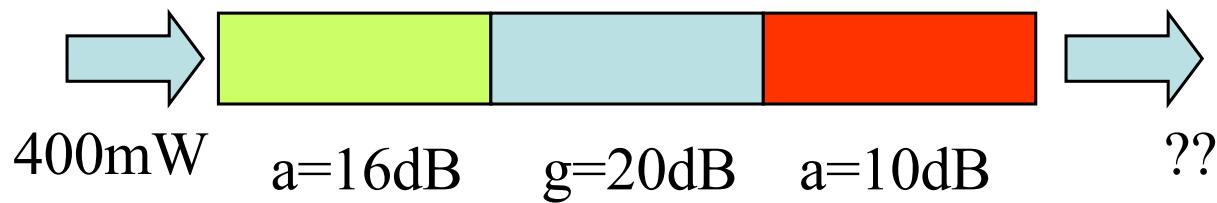
$$\frac{P_e}{P_r} = \frac{(4\pi d)^2}{\lambda^2} = \frac{(4\pi f d)^2}{c^2}$$

$$P_r = \frac{P_e c^2}{(4\pi f d)^2} \rightarrow P_r = \frac{0.025 \times 300000000^2}{(12.56 \times 2.4 \times 10^9 \times 1)^2} \sim 0.0025mW$$



# Attenuation in decibel (dB)

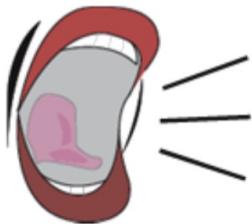
- Decibel uses logarithmic scale as attenuation values can be very large
- Attenuation in dB:  $10\log_{10}(P_e/P_r)$ ,  $P_e$  and  $P_r$  in watts
  - So  $P_e/P_r = 10^{dB/10}$
  - Difference of 3dB ≈ half (divided by 2) as  $P_e/P_r = 10^{3/10} = 10^{0.3} = 1.99526\dots$
- → Gain =  $10\log_{10}(P_r/P_e)$
- We can add various sections with attenuation or gain



$-16\text{dB} + 20\text{dB} - 10\text{dB} = -6\text{dB}$ , so it is an attenuation  
 $P_e/P_r = 10^{6/10} = 10^{0.6} = 3.98 \rightarrow P_r = P_e/3.98 \approx 100\text{mW}$

# dB, dBm, ...

- Total net output power of transmitter
- Typically measured in dBm or mW



- **mW:** milliwatts are a measurement of power ( $1000 \text{ mW} = 1 \text{ Watt}$ ).
- **dB:** decibel is a unit for expressing the ratio of two amounts of signal power equal to 10 times the common logarithm of this ratio. So, a power measurement in dB has to be relative to something.
- **dBm:** dB(mW) is power relative to 1 milliwatt ( $\text{mW to dBm} = 10\log_{10}(\text{mW}/1000) + 30$ ).  
$$P(\text{dBm}) = 10 \cdot \log_{10}( P(\text{mW}) / 1\text{mW} )$$
- **dB<sub>i</sub>:** dB(isotropic) is the forward gain of an antenna compared to the hypothetical isotropic antenna, which uniformly distributes energy in all directions.

# dBm to mW conversion

$$P(\text{dBm}) = 10 \cdot \log_{10}(P(\text{mW})/1\text{mW})$$

$$P(\text{mW}) = 10^{\frac{P(\text{dBm})}{10}}$$

Ex:

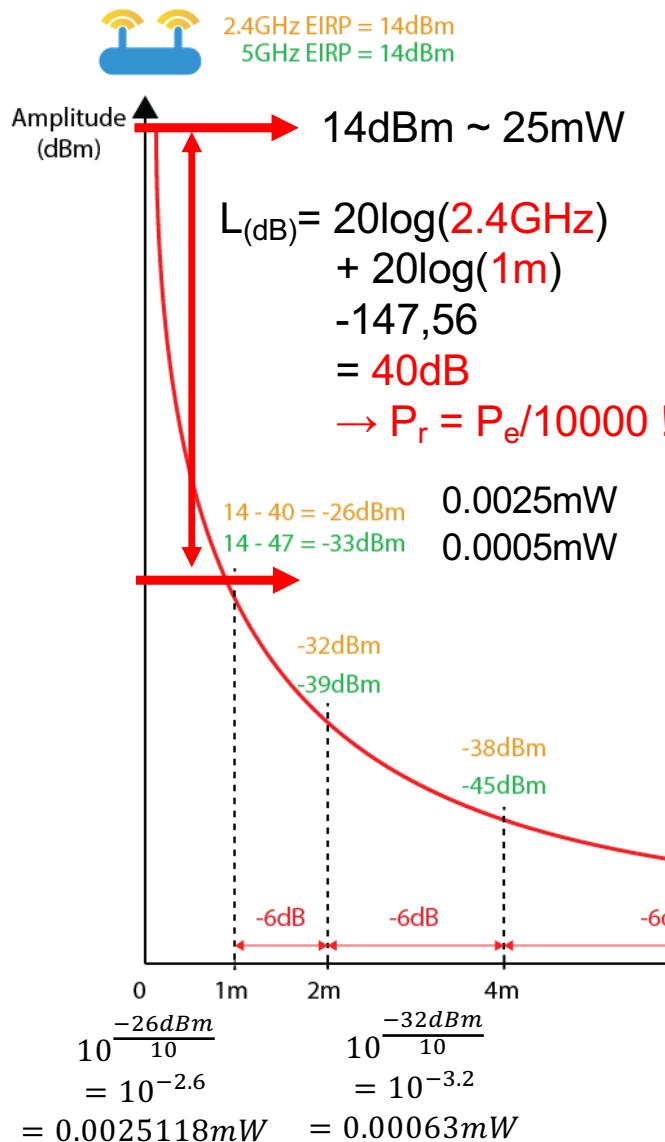
$$P(\text{mW}) = 10^{\frac{14\text{dBm}}{10}} = 10^{1.4} = 25.118\text{mW}$$

dBm	Watts
0	1.0 mW
1	1.3 mW
2	1.6 mW
3	2.0 mW
4	2.5 mW
5	3.2 mW
6	4 mW
7	5 mW
8	6 mW
9	8 mW
10	10 mW
11	13 mW
12	16 mW
13	20 mW
14	25 mW
15	32 mW

dBm	Watts
16	40 mW
17	50 mW
18	63 mW
19	79 mW
20	100 mW
21	126 mW
22	158 mW
23	200 mW
24	250 mW
25	316 mW
26	398 mW
27	500 mW
28	630 mW
29	800 mW
30	1.0 W
31	1.3 W

dBm	Watts
32	1.6 W
33	2.0 W
34	2.5 W
35	3.2 W
36	4.0 W
37	5.0 W
38	6.3 W
39	8.0 W
40	10 W
41	13 W
42	16 W
43	20 W
44	25 W
45	32 W
46	40 W
47	50 W

# Attenuation, using dBm & dB



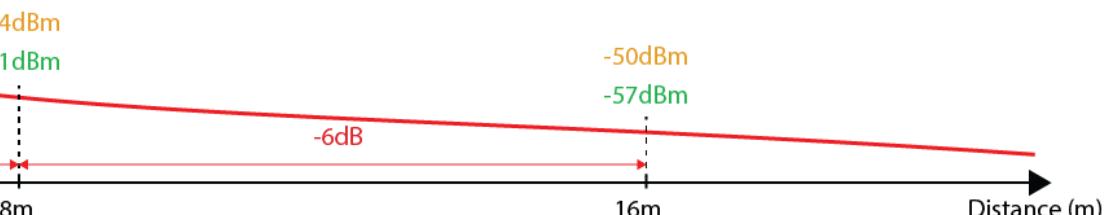
- Free Space Path Loss model

$$\frac{P_e}{P_r} = \frac{(4\pi d)^2}{\lambda^2} = \frac{(4\pi f d)^2}{c^2}$$

- Decibel: using log operator simplifies equation

$$L_{(dB)} = 10 \log\left(\frac{P_e}{P_r}\right) = 20 \log\left(\frac{4\pi d}{\lambda}\right) = 20 \log\left(\frac{4\pi f d}{c}\right)$$

$$L_{(dB)} = 20 \log(f) + 20 \log(d) - 147,56 \text{ dB}$$



Additional advantage of log scale: very large and very small values can be plotted on the same graph

# Impact of signal frequency

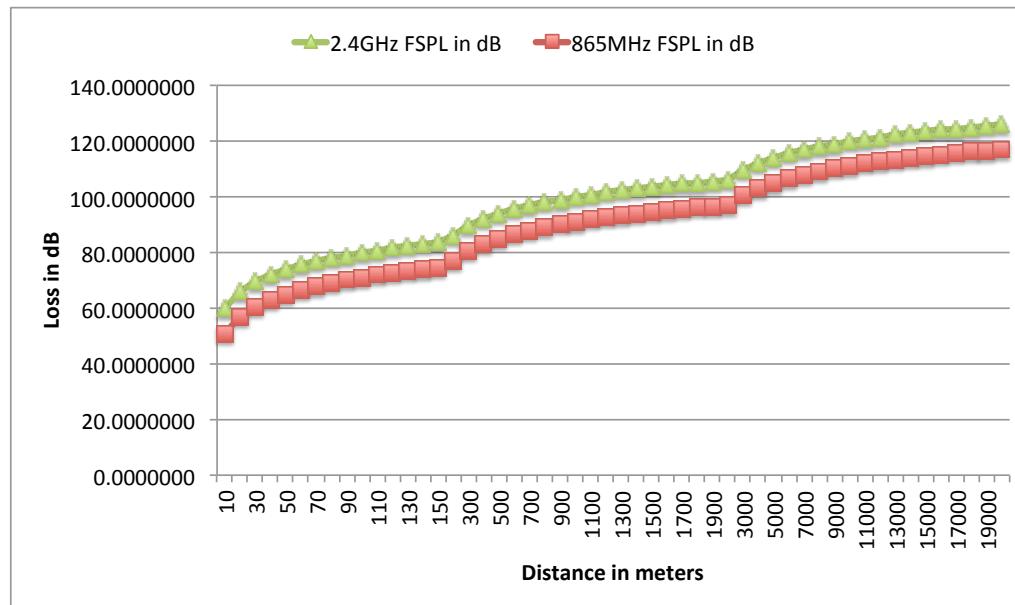
## ○ Free Space Path Loss model

$$L_{(dB)} = 10 \log\left(\frac{P_t}{P_r}\right) = 20 \log\left(\frac{4\pi d}{\lambda}\right) = 20 \log\left(\frac{4\pi f d}{c}\right)$$

$$L_{(dB)} = 20 \log(f) + 20 \log(d) - 147,55 \text{ dB}$$

$$\begin{aligned} \text{FSPL} &= \left(\frac{4\pi d}{\lambda}\right)^2 \\ &= \left(\frac{4\pi df}{c}\right)^2 \end{aligned} \quad FSPL = \frac{P_t}{P_r} G_t G_r$$

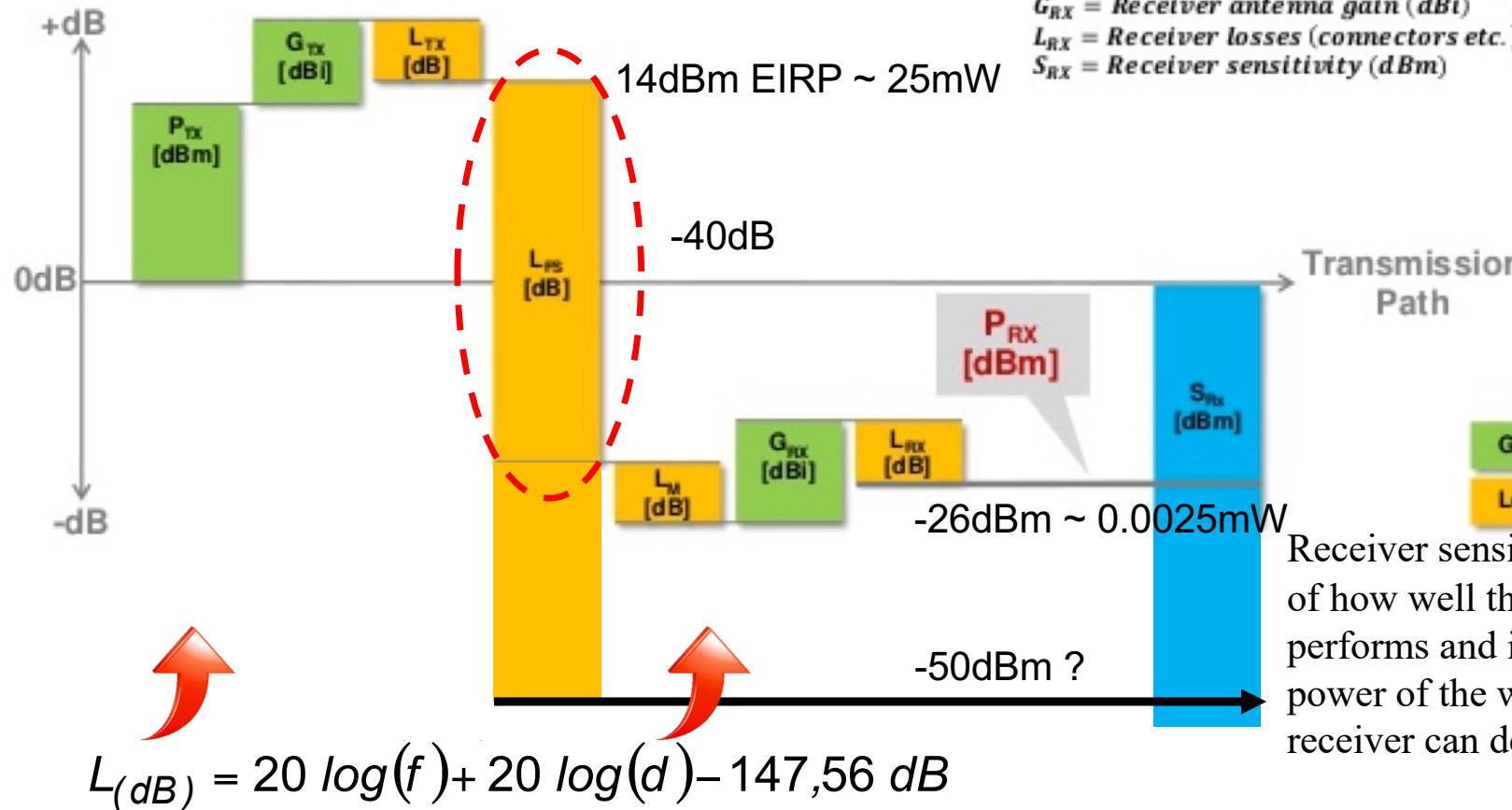
FSPL assume Gt=Gr=1



# Link budget in wireless system

$$P_{RX} = P_{TX} + G_{TX} - L_{TX} - L_{FS} - L_M + G_{RX} - L_{RX}$$

Adapted from Peter R. Egli, INDIGOOCOM



Receiver sensitivity is a measure of how well the receiver performs and is defined as the power of the weakest signal the receiver can detect

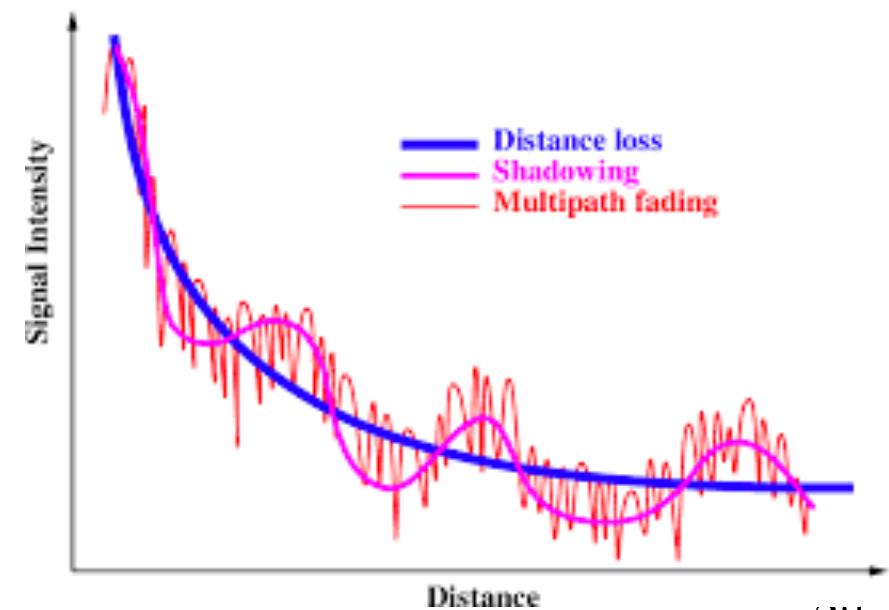
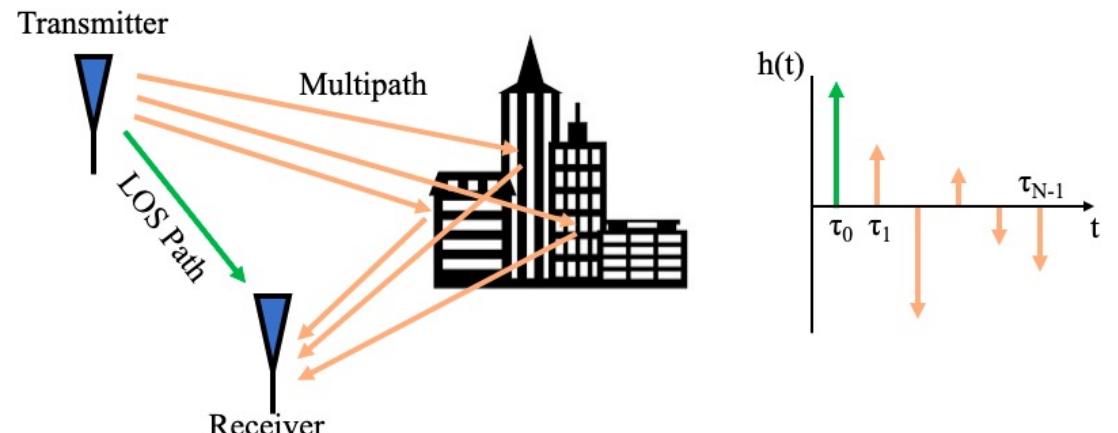
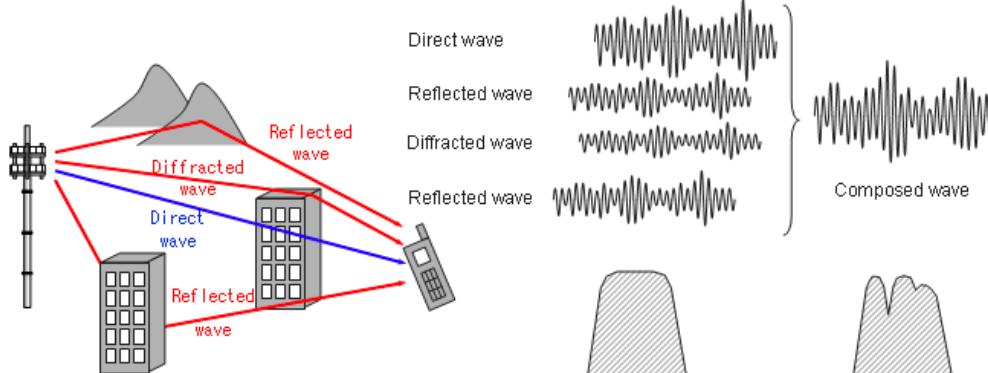
# Receiver's sensitivity

- Receiver's sensitivity is a measure of how well the receiver performs and is defined as the power of the weakest signal the receiver can detect
- How low can you go?

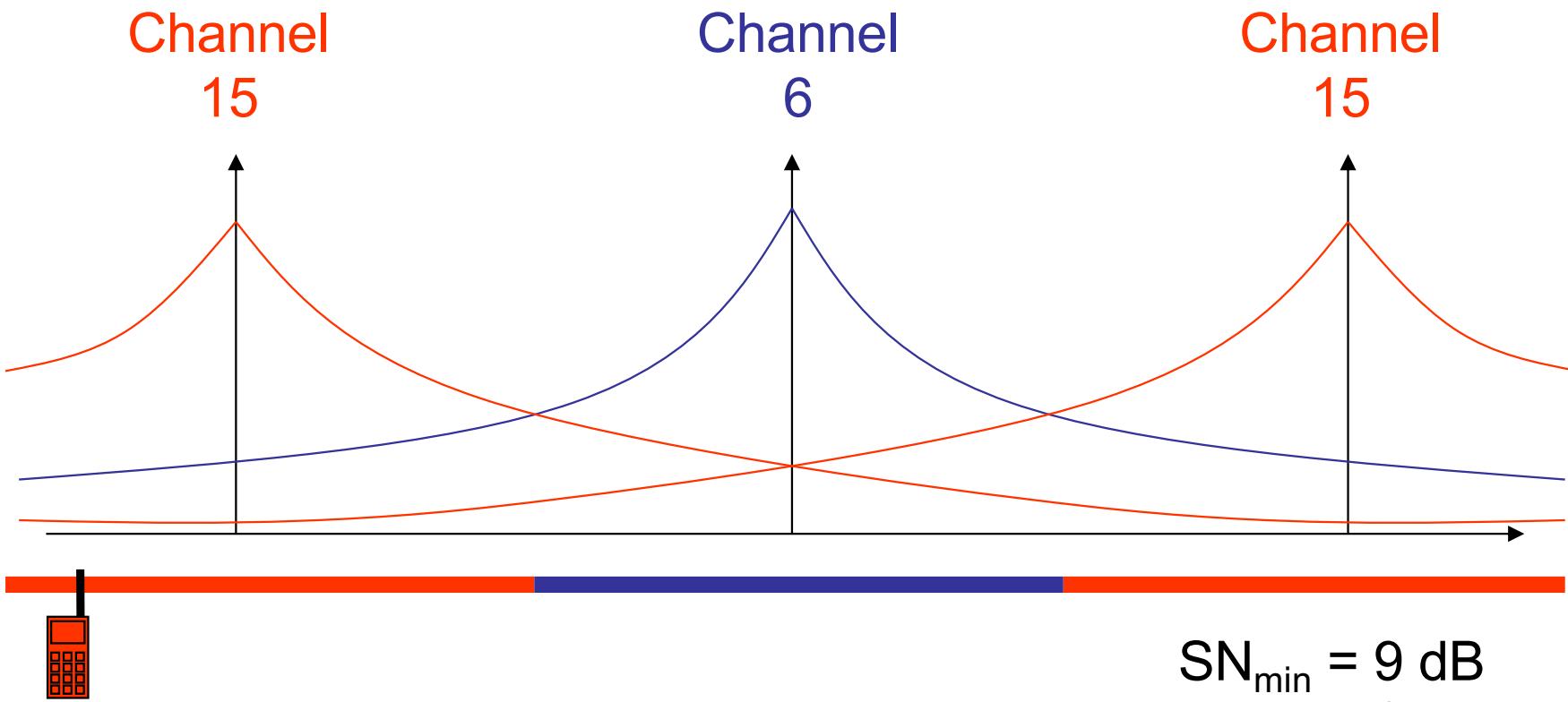


# Shadow fading & Multi-path fading

- ➊ Things are getting even worse!
- ➋ Shadow fading by obstacles
- ➌ Multi-path fading
- ➍ ...

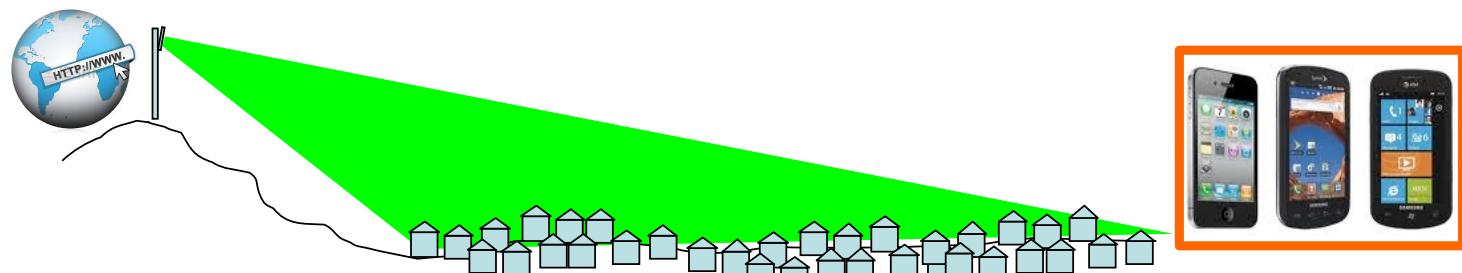


# Frequency re-use



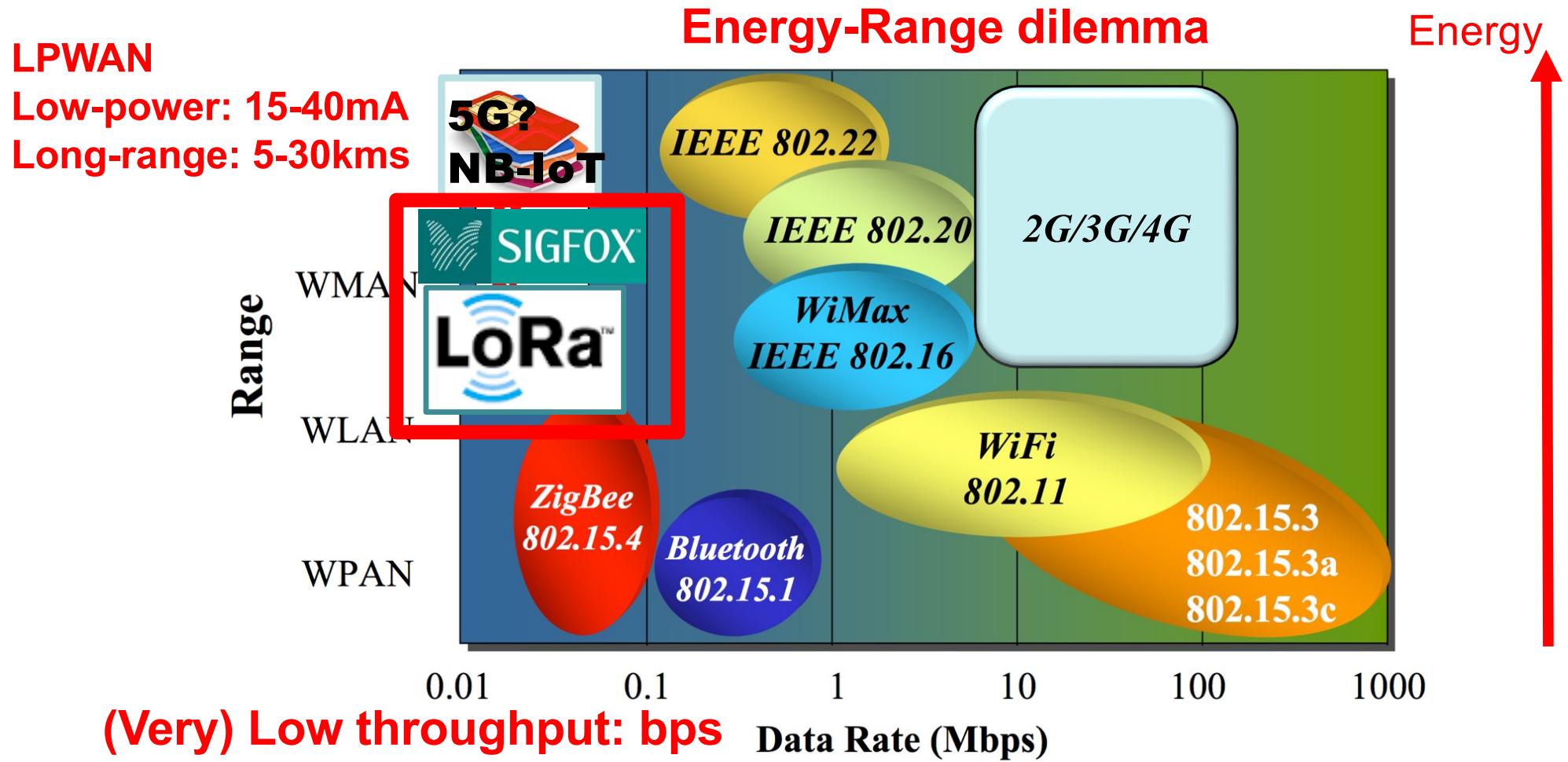
# 2<sup>nd</sup> challenge: energy cost

Moisture/  
Temperature of  
storage areas

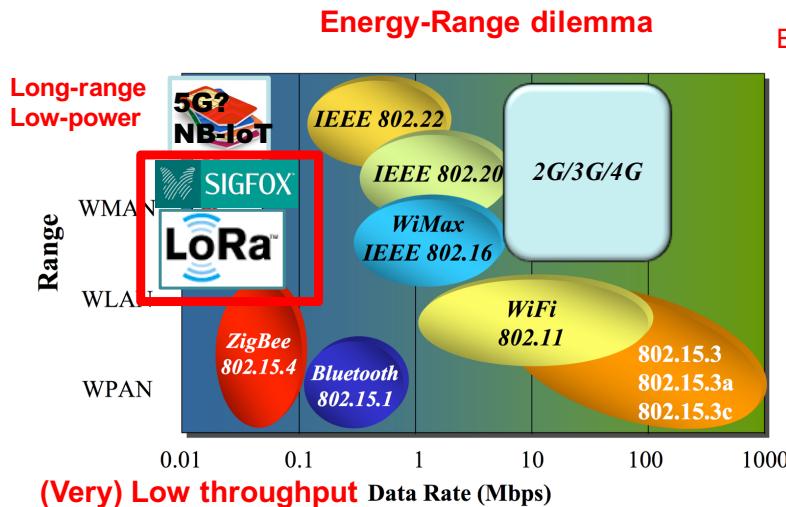


Technology	2G	3G	LAN
Range (I=Indoor, O=Outdoor)	N/A	N/A	O: 300m I: 30m
Tx current consumption	200-500mA	500-1000mA	100-300mA
Standby current	2.3mA	3.5mA	NC

# Low-power, long-range radios for IoT systems: LPWAN networks



# Energy consumption comparaison



2G	3G	LAN	ZigBee	Lo Power WAN
N/A	N/A	O: 300m I: 30m	O: 90m I: 30m	Same as 2G/3G
200-500mA	500-1000mA	100-300mA	18mA	18mA-40mA
2.3mA	3.5mA	NC	0.003mA	0.001mA



2500mA

TX power: 500mA. Mean consumption:  $(8s \times 500 + 3592s \times 0.005) / 3600 = 1.11mA$

$2500 / 1.11 = 2252h = 93 \text{ days} = 3 \text{ months } \ominus$

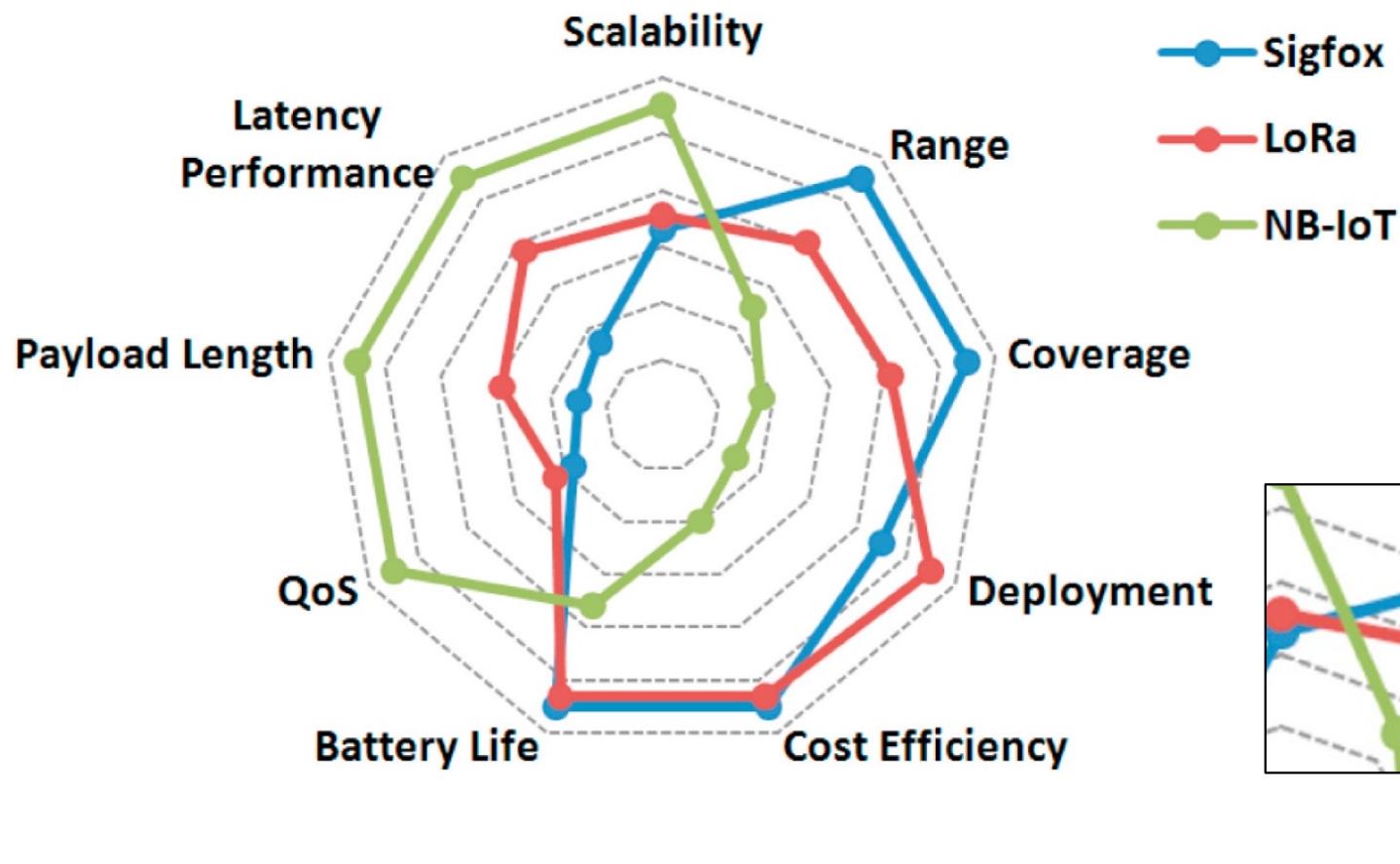
In most cellular networks, the device is still maintaining communication with BS even if it is inactive

TX power: 40mA. Mean consumption:  $(2s \times 40 + 3598s \times 0.005) / 3600 = 0.027mA$

$2500 / 0.027 = 92592h = 3858 \text{ days} = 10 \text{ y. } \oplus$

LPWAN does not need to maintain connection if not in used

# Expected range?



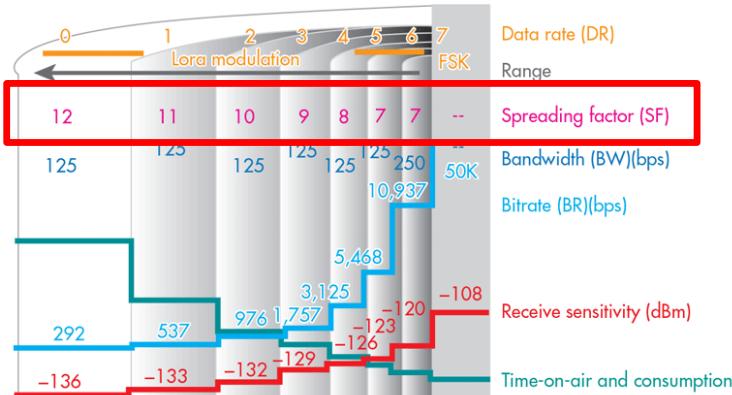
# How can we increase range?



I'm not fluent in idiot  
could you please speak



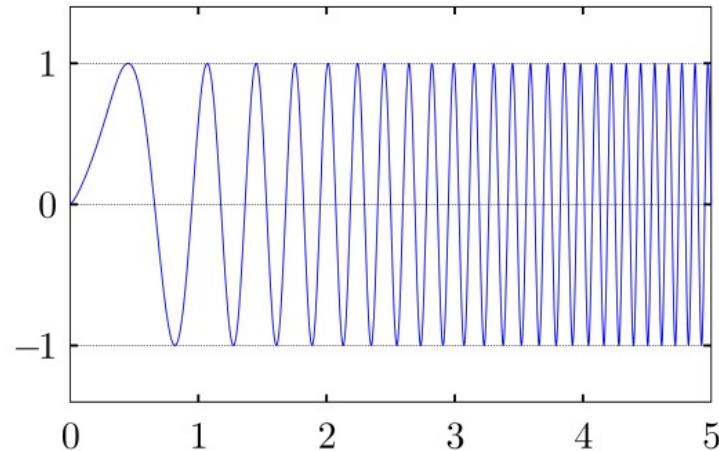
- Increase TX power and/or improve RX sensitivity
- Generally, RX sensitivity (~robustness) can be increased when transmitting (much) slower (**like speaking slower!**)
- LoRa uses spread spectrum approach to increase RX sensitivity
  - Spreading Factor defines how many chips will be used to code a symbol.  
More chip/symbol=longer transmission time → more robustness
- **The price to pay for LPWAN**
  - LoRa has **very low** throughput: **200bps-37500bps (0.2-37.5kbps)**



- WiFi 802.11n: 450 000 000 bps (450Mbps)
- WiFi 802.11g: 54 000 000 bps (54Mbps)
- Bluetooth3&4: 25 000 000 bps (25Mbps)
- Bluetooth BLE: 2 000 000 bps (2Mbps)
- 3G/4G : 20Mbps-200Mbps
- **LoRa**: **200bps-37500bps (0.0002-0.0375Mbps)**
- **3G/LoRa ratio:** **20,000,000bps/200bps=100000!**

# Chirp Spread Spectrum in LoRa

- Compressed High Intensity Radar Pulse (CHIRP) is a signal which frequency either increases or decreases in time, in a deterministic way



- Can be very low power, but then low data rate!
- Very high interference immunity
  - Thus adapted to very large distances
  - Better resistance to frequency shift (e.g. Doppler shift, low-cost oscillator)

# LoRa spreading factor in image

- Higher spreading factor means lower data rate but increased receiver sensitivity

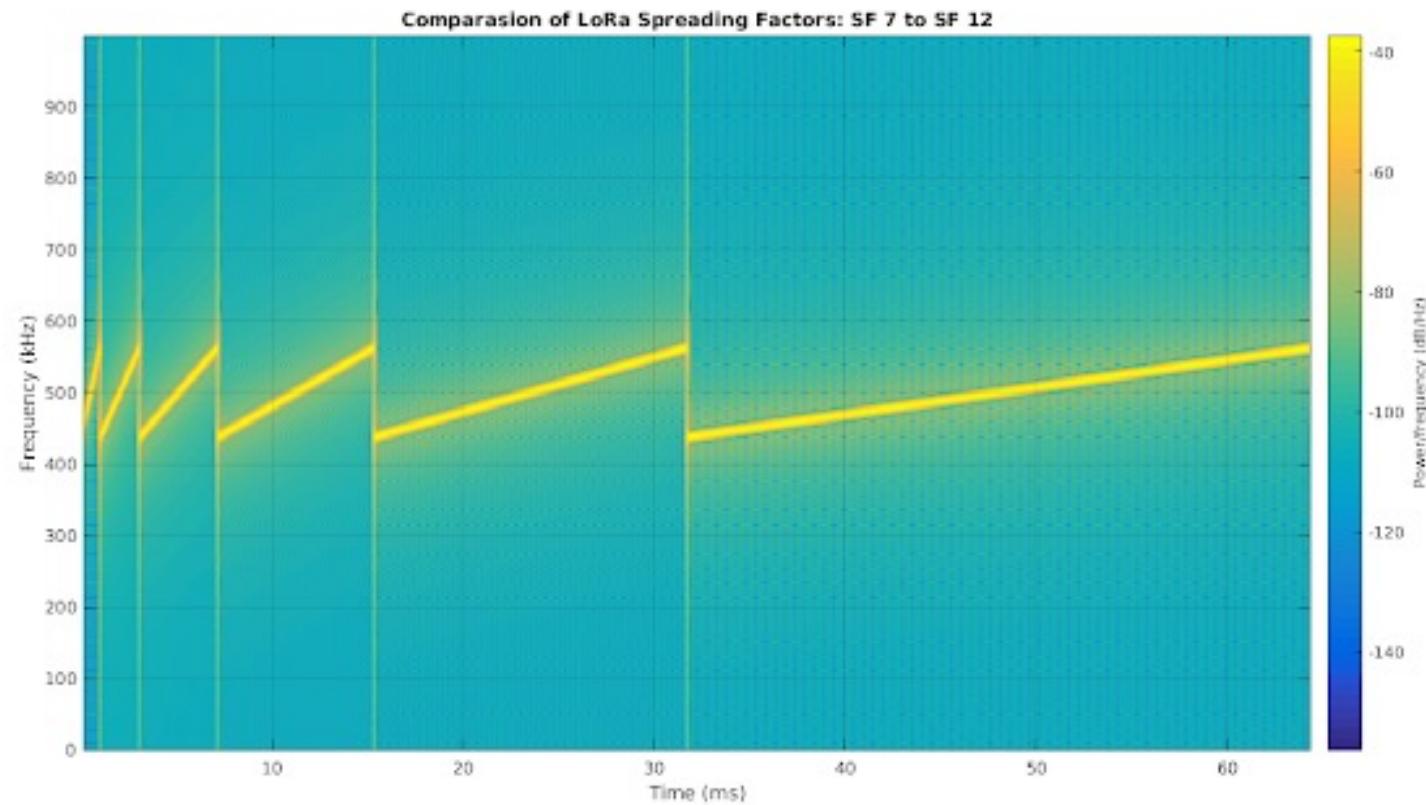
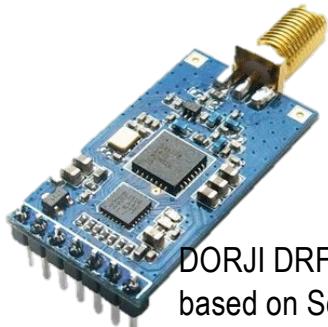


Figure from "All About LoRa and LoRaWAN", <https://www.sghosly.com>

# LoRa modules with Semtech's SX127x



DORJI DRF1278DM is based on Semtech SX1278 LoRa 433MHz



Libelium LoRa is based on Semtech SX1272 LoRa 863-870 MHz for Europe



inAir9 based on SX1276



Energy Factory LoRa module (Arduino)



HopeRF  
RFM  
series

## KEY PRODUCT FEATURES

- ◆ LoRa® Modem
- ◆ 168 dB maximum link budget
- ◆ +20 dBm - 100 mW constant RF output vs. V supply
- ◆ +14 dBm high efficiency PA
- ◆ Programmable bit rate up to 300 kbps
- ◆ High sensitivity: down to -148 dBm



Multi-Tech  
MultiConnect mDot



ARM-Nano N8 LoRa module from ATIM



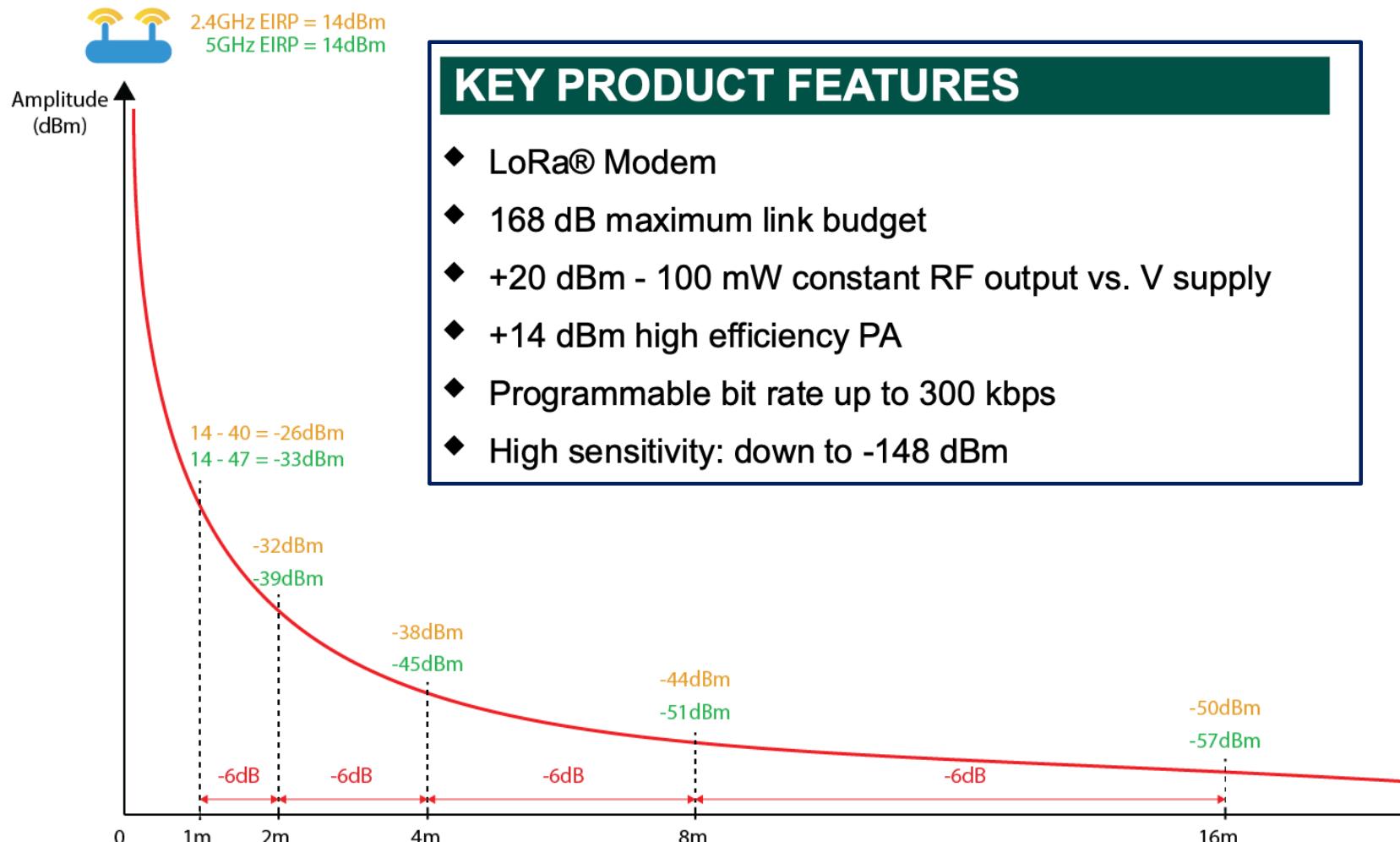
LoRa™ Long-Range Sub-GHz Module  
(Part # RN2483)

Microchip RN2483



SODAQ LoRaBee  
RN2483

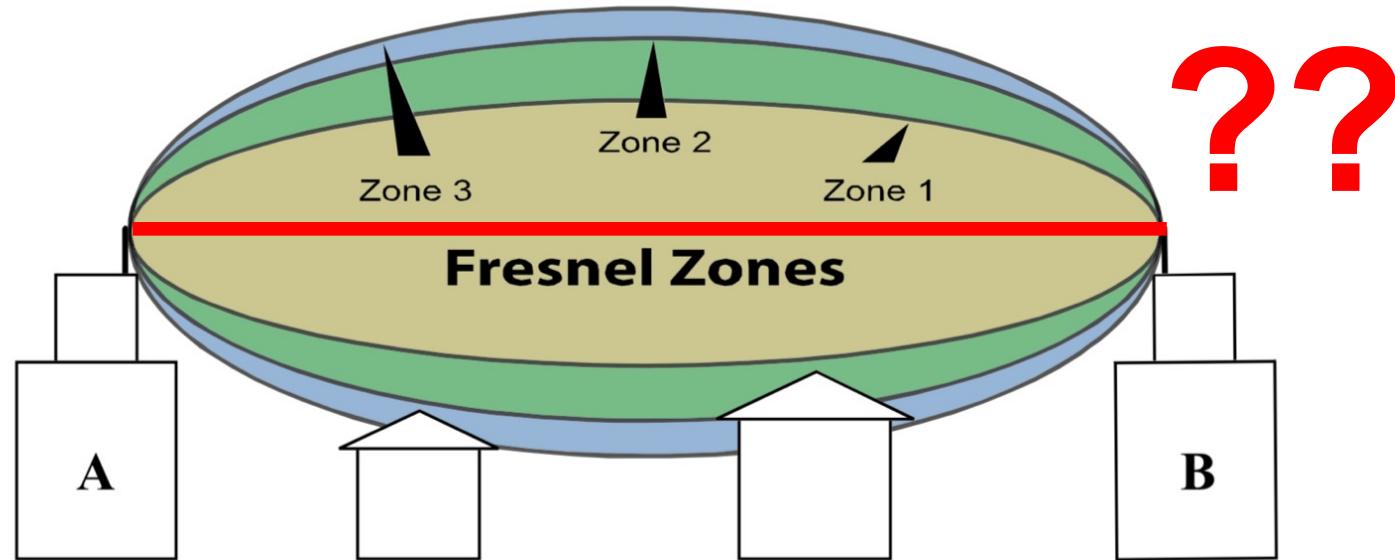
# What distance for -148dBm?



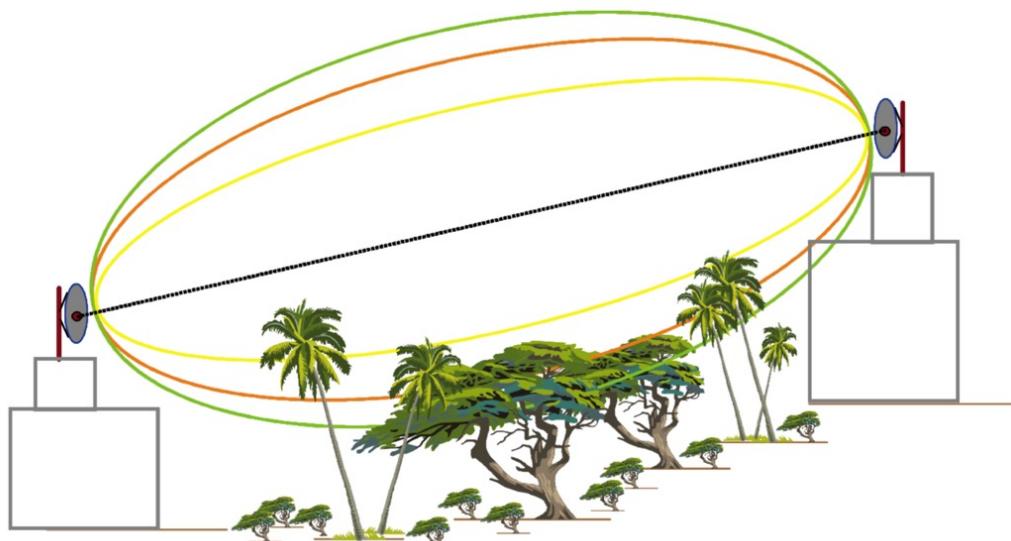
-26	1
-32	2
-38	4
-44	8
-50	16
-56	32
-62	64
-68	128
-74	256
-80	512
-86	1024
-92	2048
-98	4096
-104	8192
-110	16384
-116	32768
-122	65536
-128	131072
-134	262144
-140	524288
-146	1048576
-152	2097152

# Line-of-Sight & Fresnel zone

- LoS means clear Fresnel zone
- Football (american) shape
- Acceptable = 60% of zone 1 + 3m

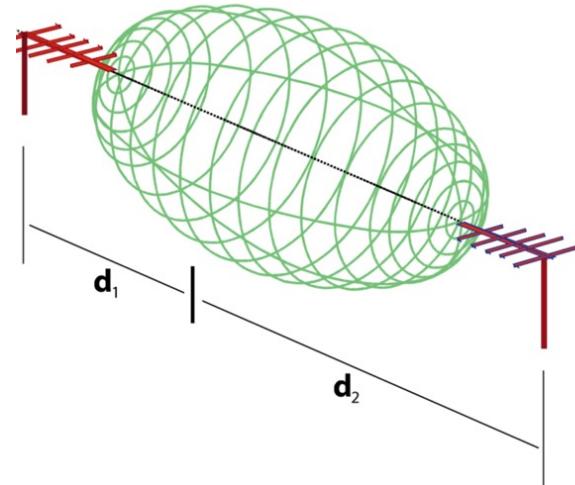


# Clearing the Fresnel zone? Raise antennas!



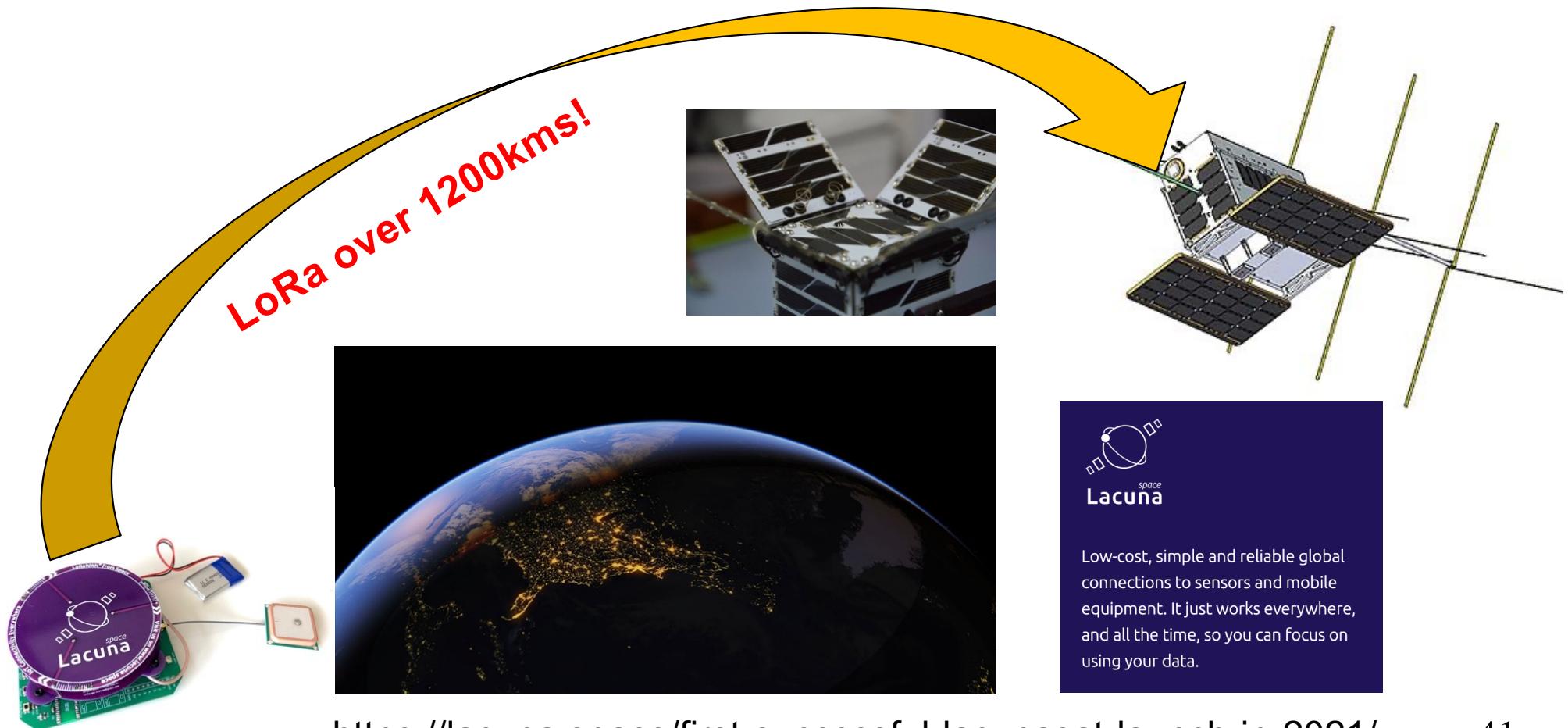
$$r_n = \sqrt{\frac{d_1 d_2}{d_1 + d_2}}$$

Range Distance	900 MHz Modems Required Fresnel Zone Diameter	2.4 GHz Modems Required Fresnel Zone Diameter
1000 ft. (300 m)	16 ft. (5 m)	11 ft. (3.4 m)
1 Mile (1.6 km)	32 ft. (10 m)	21 ft. (6.4 m)
5 Miles (8 km)	68 ft. (21 m)	43 ft. (13 m)
10 Miles (16 km)	95 ft. (29 m)	59 ft. (18 m)



# Clearing the Fresnel zone? Let's use satellite!

- Low-orbit, low-cost; compact satellite for global coverage



<https://lacuna.space/first-successful-lacunasat-launch-in-2021/>

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