

Article Teaser, “Helping Children and Youth Develop a Growth Mindset”

Our children face challenges every day as they learn and grow. As parents, we can't do everything for our children, but we can prepare them to face the world's challenges by teaching them to cultivate a growth mindset. With a growth mindset, children become less fixated on their successes and failures and become more focused on their progress and goals.

So, how do we help our children develop a growth mindset?

One way is by teaching them to rely on the Savior. We know that no one can be perfect, but through Christ, we can accomplish more than we can on our own.

Read more about helping children develop a growth mindset here:

<https://www.churchofjesuschrist.org/study/liahona/2022/02/digital-only/helping-children-and-youth-develop-a-growth-mindset?lang=eng>