

# Prompt Book Outline

MY CREATIVE PROMPT VAULT

**A structured collection of my go-to prompts for images, text, and videos. What worked and what did not.**

**NAME: KENEISHA CASH**

A **prompt book** is a curated collection of prompts designed to spark creativity, overcome writer's block, and explore new ideas. It serves as a resource for writers, artists, educators, and anyone seeking inspiration.

The purpose of this prompt book is to share my experiences and knowledge, so that it may benefit those who may have challenges with prompting. I chose to create an illustrated book for toddlers. For me this is exciting because I have a three-year-old who I know will love this wholeheartedly.

Before I give an outline of the Platforms, I used to accomplish this task, I will give a brief description about some of the other AI platforms I used throughout my entire AI learning experience.

## Section 1: IMAGE & TEXT GENERATION PROMPTS

- **ChatGPT:** I find this to be the easiest AI platform as it relates to image and text generation. This tool is my #1 go to. I find that in order to get the best results; your prompts would have to be well-crafted. Delimiters and shots or examples were a great addition in helping me to achieve the results I was looking for anytime I entered a prompt. An example of a detailed

**prompt:** (Can you give me an outline of the events leading up to Majority Rule in The Bahamas. Include pictures of each event).

- **Krea.ai:** This a real time image generator and it works similarly to ChatGPT in generating videos from written prompts. With the features you change the style of your images and the resolution. This was also easy to work with. You can use this platform if you want create images for a short story, especially children's books. **THIS IS AN EXAMPLE OF A PROMPT I USED:**(A magical monster truck toy land, in a winter forest, with a fantasy style.)



## Section 2: VIDEO GENERATION PROMPTS

- **HeyGen:** Is used to create personalized videos or avatars. This platform was fun to work with and easy as well. I always wondered how voice overs were done and this helped explain it. Using just a photo of myself I was able to create an avatar video.
- **Synthesia:** Another platform used for avatar creation.
- **Midjourney:** This is okay if you are using a paid version. It has a limitation of 2000 words and if you are not using the paid version, you will need a certain number of credits to use.

## Section 3: BOOKS & PRESENTATION PROMPTS

- **Gamma AI:** This platform is used for creating books and presentations. I used tools like prompt markdown which allowed me to format text using simple symbols and syntax. For me, this will be one of my go-to for creating PowerPoint presentations. You can edit and change styles with ease. This is also very easy to use. The document looks professional to say the least.

# \*SECTION 4: THE AI PLATFORMS

# AND PROMPTS I USED FOR THIS

# PROJECT

The platforms I used were ChatGPT, Midjourney and Krea.ai. I used Canva to create this prompt book.

FIRST, I STARTED WITH ChatGPT.

Below is the prompt that I used in ChatGPT and the results I were given:

**“Create me an illustrated book suitable for toddler boys. The theme is monster Truck, Heroes and Villains. The book should be five pages long, with short sentences on each page along with vivid pictures. Action words should be used to grasp and keep the attention of toddlers”.**

At first, I only got a written outline of the book without any pictures.

Below is the outline I received at first:

## MONSTER TRUCK HEROES!

### Page 1 - Meet the Hero!

Text:

Max the Monster Truck ROARS!

“VROOM! VROOM!” he ZOOMS down the dirt road!

Picture Description:

A bright red monster truck with big shiny wheels and smiling headlights races through a dusty track. Dirt SPLASHES behind him. The sky is bright blue with fluffy clouds. Max looks brave and strong.

### Page 2 - Uh Oh! A Villain Appears!

Text:

Crash the Crusher CRASHES in!

“BOOM! BAM!” He STOMPS and SMASHES!

Picture Description:

A dark purple and black monster truck with spiky details bursts onto the scene. He has smoky exhaust pipes and glowing yellow headlights. Rocks FLY as his giant tires pound the ground.

### Page 3 - The Big Chase!

**Text:**

Max RACES! Crash CHASES!

They JUMP! They SPIN! They FLY over the hill!

**Picture Description:**

Both monster trucks soar high in the air over a dirt ramp. Flames shoot from their exhaust pipes. Dust clouds SWIRL. The crowd of tiny cars below CHEERS with colorful flags waving.

## **Page 4 - Hero Power!**

**Text:**

Max PUSHES! Max LIFTS!

He SAVES the stuck little cars!

**Picture Description:**

Max uses his strong tires to pull a small blue car out of muddy puddles. Mud SPLASHES everywhere. The little cars smile with happy headlights. Crash looks surprised in the background.

## **Page 5 - Victory!**

**Text:**

Crash STOPS.

Max WINS!

"HURRAY!" The trucks HONK and CELEBRATE!

**Picture Description:**

Max stands proudly on a hill at sunset. Fireworks POP in the sky. The small cars HONK happily. Crash watches quietly, learning to be kind. The scene glows warm and golden.

**ChatGPT also gave me some options asking how I would like to proceed.**

I then told ChatGPT to Create AI image prompts for each page. After I got the prompts, I then copy and paste them in Midjourney.

In Midjourney I made the mistake of choosing video generation. (Ooops)! Went over to the image generator, however I ran into another roadblock; prompt was too long I had to shorten it by 48 words. This is the limitations in Midjourney. After doing so I was then told I did not have enough credits to continue another limitation if you are using the free version. (Wow!)



So, I went with option three, [Krea.ai](#). Input the prompt, however I got only images. So, I specified that I wanted an illustrated book with text, still I got only four images.

So, a thought hit me; go back into [ChatGPT](#) and tell it to "turn my prompt into an illustrated book." And BOOM! Just like that it was done. WHEWW!



Below are the results I got:



For my final execution of the prompt book, I used Canva AI. I asked it to give me an outline for a prompt book. From the options i chose this one, and all i had to do was edit. It would be remiss of me not to say, but Canva has been my go-to for everything. It provides templates for everything and makes your tasks easier.



As you can see there were challenges with each of them, however ChatGPT was the one to give me the results I was looking for. In the past I also found this platform much easy to work with.

## **Section 5: REFLECTIONS**

With each assignment I have come to understand that the quality of my results depends on the clarity of my prompts. With each inaccurate result, I knew that I have to improve the manner in which I write each prompt making them more detailed. This entire experience was informative, engaging and fun at the same time. AI has both strengths and weaknesses and I believe this is part due to how you navigate it. I always say we no longer have to work hard, but smart, and this proves my theory to be correct. I have gained an insightful amount of knowledge, which will become beneficial for work (education), and personal life.