

**Occupational Therapy
OT Evaluation & Plan of Treatment**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 1/16/2025 - 2/12/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Diagnoses

Type	Code	Description	Onset
Med	G20.B1	Parkinson's disease with dyskinesia, without mention of fluctuations	1/16/2025
Med	M62.81	Muscle weakness (generalized)	1/16/2025
Med	I10	Essential (primary) hypertension	1/16/2025
Tx	M62.81	Muscle weakness (generalized)	1/16/2025

Plan of Treatment

Treatment Approaches May Include

- Therapeutic exercises (97110)
- Neuromuscular reeducation (97112)
- Occupational therapy evaluation: moderate complexity (97166)
- Therapeutic activities (97530)
- Self care management training (97535)

Frequency: 4 time(s)/week

Duration: 4 week(s)

Intensity: Daily

Cert. Period: 1/16/2025 - 2/12/2025

Objective Progress / Short-Term Goals

STG #1.0 - New Goal

Patient will increase (R) elbow/forearm strength to 3+/5 in order to increase participation in Hygiene/Grooming ADLs with increase independence and safety. (Target: 1/22/2025)

PLOF (prior to onset)	Baseline (1/16/2025)
3/5	3/5

STG #2.0 - New Goal

Patient will improve ability to complete toilet / commode transfers with Partial/Moderate Assistance with ability to right self to achieve/maintain balance and identify enviornmental barriers.. (Target: 1/22/2025)

PLOF (prior to onset)	Baseline (1/16/2025)
Toilet transfer	Substantial/maximal assistance
P Mod	

STG #3.0 - New Goal

Patient will improve ability to safely and efficiently perform UB dressing with Partial/Moderate Assistance in order to be able to return to prior level of living. (Target: 1/22/2025)

PLOF (prior to onset)	Baseline (1/16/2025)
Upper body dressing	Substantial/maximal assistance
P Mod	

STG #4.0 - New Goal

Patient will improve ability to safely and efficiently perform LB dressing with Substantial/Maximal Assistance using adaption techniques in order to facilitate ability to live in environment with least amount of supervision and assistance. (Target: 1/22/2025)

PLOF (prior to onset)	Baseline (1/16/2025)
Lower body dressing	Dependent
Dep	

Occupational Therapy OT Evaluation & Plan of Treatment

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 1/16/2025 - 2/12/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Objective Progress / Short-Term Goals

STG #5.0 - New Goal

Patient will increase (L) elbow/forearm strength to 3+/5 in order to increase participation in Hygiene/Grooming ADLs with increase independence and safety. (Target: 1/22/2025)

PLOF (prior to onset)	Baseline (1/16/2025)
3/5	3/5

STG #6.0 - New Goal

Patient will improve self-feeding skills by increasing ability to independently use utensils and consume a meal with Setup Assistance, demonstrating improved hand control, coordination, and speed. (Target: 1/22/2025)

PLOF (prior to onset)	Baseline (1/16/2025)
Setup	Sup/T

Objective Progress / Long-Term Goals

LTG #1.0 - New Goal

Patient will improve ability to complete toilet / commode transfers with Partial/Moderate Assistance with ability to right self to achieve/maintain balance and identify environmental barriers.. (Target: 2/12/2025)

	PLOF (prior to onset)	Baseline (1/16/2025)
Toilet transfer	P Mod	Substantial/maximal assistance

LTG #2.0 - New Goal

Patient will improve ability to safely and efficiently perform UB dressing with Partial/Moderate Assistance in order to be able to return to prior level of living. (Target: 2/12/2025)

	PLOF (prior to onset)	Baseline (1/16/2025)
Upper body dressing	P Mod	Substantial/maximal assistance

LTG #3.0 - New Goal

Patient will improve ability to safely and efficiently perform LB dressing with Substantial/Maximal Assistance using adaption techniques in order to facilitate ability to live in environment with least amount of supervision and assistance. (Target: 2/12/2025)

	PLOF (prior to onset)	Baseline (1/16/2025)
Lower body dressing	Dep	Dependent

Extent of Patient Awareness of Diagnosis and Prognosis = Patient states diagnosis, Patient concurs with plan of care, therapy goals and outcomes

Risk Areas that may Impact Long Term Outcome(s) = Multiple medical conditions/history, Multiple medications

Desired Change in Condition of Risk area: Decrease fall risk, facilitate IND with ADLs and self-care tasks

Patient Goals: To increase IND with self-care tasks and ADLs

Potential for Achieving Rehab Goals: Patient demonstrates good rehab potential as evidenced by ability to follow 2-step directions, able to make needs known, active participation in skilled treatment, attentive to tasks, good self monitoring skills and supportive caregivers/staff.

Focus of Plan of Treatment = Restoration, Compensation, Adaptation

Participation = Patient/Caregiver participated in establishing POT

**Occupational Therapy
OT Evaluation & Plan of Treatment**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 1/16/2025 - 2/12/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

I accept responsibility for the content documented in this patient's record and attest, to the best of my knowledge, that it accurately reflects the current performance, condition and medically necessary, skilled services provided per this patient's current treatment plan.

Original Signature: _____ Electronically signed by Genesis Perez, OT 1/16/2025 03:28:15 PM PDT
Date

I accept responsibility for the changes I made to this patient's record after it was initially completed, and I attest, to the best of my knowledge, the information I modified is accurate.

Revision Signature: _____ Electronically signed by Genesis Perez, OT 1/16/2025 03:51:22 PM PDT
Date

I certify the need for these medically necessary services furnished under this plan of treatment while under my care from 1/16/2025 through 2/12/2025.

Physician Signature: _____
Hamid Eskandari NPI: 1063662682 Date: _____

Initial Assessment / Current Level of Function & Underlying Impairments

Patient Referral and History

Current Referral	Reason for Referral / Current Illness: Pt is a 86 y/o female and LTC resident of VHC, referred to OT services on 1/16/2025 d/t decline in functional mobility and ADL participation. Referral for skilled OT to address decline in ADLs and functional mobility in order to facilitate independence in functional transfers, ADLs, B UE strength and endurance.
Concerns/Complaints	Patient's Health Concerns/Complaints: Decline in ADLs and functional mobility
Oxygen	Is Oxygen needed? = No
Medical Hx	Prior Medical History: PMHx: Back pain with radiculopathy, HTN, Glaucoma, Parkinson's disease, tremors, lumbar spinal stenosis
Precautions	Precautions = Precautions are as follows: Precautions Details: Fall risk, tremors, Parkinsons, Max A for safe transfers
Contraindications	Contraindications = No contraindications present.
Allergies / Intolerances	Allergies and Intolerances = No allergies/intolerances present.
Vocal Hygiene	Smoking/Tobacco History = No history of smoking/tobacco use
Medications	Medications Impacting Condition/Treatment: Please see medical chart
Labs	Abnormal lab values that may impact Treatment? = No
Prior Therapy	Did Patient Receive Therapy Previously? = Yes Location = Skilled Nursing Facility Date(s) of Service: 9/2023-6/2024 Prior Treatment Outcome: Eating/Oral- Setup, UBD-Max, LBD/footwear- Dep
Prior Living	Prior Living Environment = Patient is a resident of this facility.
Prior Equipment	Equipment Prior to Onset: FWW, W/c
Transition/DC	Transition/Discharge Plan = Patient to reside in this LTC facility.
Prior Level(s) of Function	Self-Care = Needed Some Help Functional Cognition = Independent

**Occupational Therapy
OT Evaluation & Plan of Treatment**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 1/16/2025 - 2/12/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Initial Assessment / Current Level of Function & Underlying Impairments

Patient Referral and History

Prior Level(s) of Function PLOF: Eating = Setup or clean-up assistance; Oral hygiene = Setup or clean-up assistance; Personal hygiene = Setup or clean-up assistance; Toileting hygiene = Dependent; Shower/bathe self = Dependent; Tub/Shower transfer = Not attempted due to medical conditions or safety concerns; Toilet transfer = Partial/moderate assistance; Upper body dressing = Partial/moderate assistance; Lower body dressing = Dependent; Putting on/taking off footwear = Dependent; Roll left and right = Partial/moderate assistance; Sit to lying = Partial/moderate assistance; Sit to stand = Partial/moderate assistance; Chair/bed-to-chair transfer = Partial/moderate assistance

Fall Risk Assessment

History of Falls Has Patient fallen in past year? = No
Steadiness Does Patient feel unsteady when standing? = Yes; Does Patient feel unsteady when walking? = Yes
Fear of Falling Does Patient worry about falling? = Yes

Functional Skills Assessment - Activities of Daily Living (ADLs) & Instrumental ADLs

Eating Eating = Supervision or touching assistance
Hygiene Oral hygiene = Supervision or touching assistance
 Dentition = Teeth
 Personal hygiene = Supervision or touching assistance
 Toileting hygiene = Dependent
Bathing Shower/bathe self = Dependent
Dressing Upper body dressing = Substantial/maximal assistance
 Lower body dressing = Dependent
 Putting on/taking off footwear = Dependent
Self-Care Score Self Care Function Score (score 0 - 12; 12 being the highest function) = 6
 Self Care Performance Raw Score = 14

Functional Skills Assessment - Functional Mobility

Bathing Tub/Shower transfer = Not attempted due to medical conditions or safety concerns
Transfers Toilet transfer = Substantial/maximal assistance
 Toilet Assessed = Other (Patient uses briefs to urinate, but uses the raised toilet commode to pass a bowel movement)
Bed Mobility Roll left and right = Substantial/maximal assistance
 Sit to lying = Substantial/maximal assistance
Transfers Sit to stand = Substantial/maximal assistance
 Chair/bed-to-chair transfer = Substantial/maximal assistance
Mobility Score Mobility Function Score (ranges from 0 - 12; 12 being the highest function) = 2
 Mobility Performance Raw Score = 10

Musculoskeletal System Assessment

UE ROM RUE ROM = WFL; LUE ROM = Impaired
LUE ROM Shoulder = Impaired; Elbow / Forearm = WFL; Wrist = WFL; Hand = WFL
AROM - (L) Shoulder Flexion = 95°; Extension = NA
RUE Strength RUE Strength = Impaired
LUE Strength LUE Strength = Impaired
RUE Strength Shoulder = Impaired; Elbow / Forearm = Impaired; Wrist = Impaired
(R) Shoulder Strength Flexion = 3/5; Extension = 3/5
(R) Elbow Strength Flexion = 3/5; Extension = 3/5

**Occupational Therapy
OT Evaluation & Plan of Treatment**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 1/16/2025 - 2/12/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Initial Assessment / Current Level of Function & Underlying Impairments

Musculoskeletal System Assessment

(R) Wrist Strength Flexion = 3/5; Extension = 3/5
LUE Strength Shoulder = Impaired; Elbow / Forearm = Impaired; Wrist = Impaired
(L) Shoulder Strength Flexion = 3/5; Extension = 3/5
(L) Elbow Strength Flexion = 3/5; Extension = 3/5
(L) Wrist Strength Flexion = 3/5; Extension = 3/5
Test/UE Strength Right Arm Curl Test = Not Tested; Left Arm Curl Test = Not Tested; Right Hand Grip Strength: NT; Left Hand Grip Strength: NT
Contracture Functional Limitations Present due to Contracture = No

Other System/Condition Assessment

Balance Patient sits unsupported for 30 seconds with feet flat on floor and no back support? = Yes; Patient stands unsupported with AD for 10 seconds? = No
Cardiovascular CardioPulmonary System = Functional for age and condition
Pain Patient has pain that interferes/limits functional activity? = No; Patient has pain that interferes with sleep? = No; Pain Assessment Method = Patient verbalized pain level.; Is skilled therapy needed to address pain? = Nursing to address
Sensory Sensation / Sensory Processing = Impaired

Cognition/Communication Assessment

Communication Ability to Express Ideas and Wants = Understood; Ability to Understand Others = Understands
Instructions Follows 1-Step Directions = Independently with prompts/cues
Decision Making Decision Making Ability for Routine Activities = Modified Independence
Other Cognitive Function Safety Awareness = Intact

Clinical Tests/Objectives Measures with Clinical Results

Test/Sit Balance Sitting Balance Scale = NT
Results Tests/Measures: Modified Barthel Index (Shah et al.)= 55 points

Objective Tests and Measures

Interpretation Interpretation of Test(s) & Measure(s): 21-60: Severe dependence

Assessment Summary

Reason for Therapy Clinical Impressions/Reason for Skilled Services: Pt received in bed, alert and awake x4. Pt presents with impairments in static and dynamic standing balance, Parkinsons disease, tremors, functional mobility, LE's strength and endurance resulting in limitation and/or participation restrictions in the areas of ADL's and functional mobility which requires skilled OT services to increase functional activity tolerance, increase safety awareness and maximize independence, assess and modify environmental barriers with ADLs in order to be able to return to prior or lower level of living. Due to the documented physical impairments and associated functional deficits, without skilled therapeutic intervention, the patient is at risk for: further decline in function, increased dependency upon caregivers, decreased functional activity tolerance, and falls.
Hospitalization Risk Risk for Hospitalization = Currently taking 5 or more medications
Intervention Modes Can interventions be provided using treatment modes other than individual? = No

**Occupational Therapy
OT Evaluation & Plan of Treatment**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 1/16/2025 - 2/12/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

[M CARRERA FIGUEROA] : OT Evaluation & Plan of Treatment
Discipline: OT

Changes For: 1/16/2025 3:35:53 PM

Plan of Treatment

Changes	Modified By
97535 - Self care management training : Display Order changed from "6" to "5"	Perez, Genesis
Service deleted : 97533 - Sensory integration	Perez, Genesis

Changes For: 1/16/2025 3:51:22 PM

Assessment

Changes	Modified By
Precautions Details : Current Value changed from "Fall risk, tremors, limited mobility in B shoulders. Mod/Max A" to "Fall risk, tremors, Parkinsons, Max A for safe transfers"	Perez, Genesis

Goal

Changes	Modified By
Goal added : STG 6	Perez, Genesis

Goal Status

Changes	Modified By
Goal Status added : STG 6 Status	Perez, Genesis

Occupational Therapy OT Therapy Progress Report

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 1/16/2025 - 1/28/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Diagnoses

Type	Code	Description	Onset
Med	G20.B1	Parkinson's disease with dyskinesia, without mention of fluctuations	1/16/2025
Med	M62.81	Muscle weakness (generalized)	1/16/2025
Med	I10	Essential (primary) hypertension	1/16/2025
Tx	M62.81	Muscle weakness (generalized)	1/16/2025

Patient was seen for 7 day(s) during the 1/16/2025 - 1/28/2025 progress period.

Objective Progress / Short-Term Goals

STG #1.0 - Continue

Patient will increase (R) elbow/forearm strength to 3+/5 in order to increase participation in Hygiene/Grooming ADLs with increase independence and safety.

PLOF (prior to onset)	Baseline (1/16/2025)	Previous (1/16/2025)	Current (1/28/2025)
3/5	3/5	3/5	3/5

Comments:

STG #2.0 - Continue

Patient will improve ability to complete toilet / commode transfers with Partial/Moderate Assistance with ability to right self to achieve/maintain balance and identify enviornmental barriers..

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (1/16/2025)	Current (1/28/2025)
Toilet transfer	P Mod	Substantial/maximal assistance	Substantial/maximal assistance	Substantial/maximal assistance

Comments: Mod/Max A

STG #3.0 - Upgrade

Patient will improve ability to safely and efficiently perform UB dressing with Partial/Moderate Assistance in order to be able to return to prior level of living.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (1/16/2025)	Current (1/28/2025)
Upper body dressing	P Mod	Substantial/maximal assistance	Substantial/maximal assistance	Partial/moderate assistance

Comments:

STG #3.1 - New Goal

Patient will improve ability to safely and efficiently perform UB dressing with Supervision or Touching Assistance in order to be able to return to prior level of living.

PLOF (prior to onset)
P Mod

STG #4.0 - Continue

Patient will improve ability to safely and efficiently perform LB dressing with Substantial/Maximal Assistance using adaption techniques in order to facilitate ability to live in environment with least amount of supervision and assistance.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (1/16/2025)	Current (1/28/2025)
Lower body dressing	Dep	Dependent	Dependent	Dependent

Comments:

Occupational Therapy OT Therapy Progress Report

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 1/16/2025 - 1/28/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Objective Progress / Short-Term Goals

STG #5.0 - Continue

Patient will increase (L) elbow/forearm strength to 3+/5 in order to increase participation in Hygiene/Grooming ADLs with increase independence and safety.

PLOF (prior to onset)	Baseline (1/16/2025)	Previous (1/16/2025)	Current (1/28/2025)
3/5	3/5	3/5	3/5

Comments:

STG #6.0 - Continue

Patient will improve self-feeding skills by increasing ability to independently use utensils and consume a meal with Setup Assistance, demonstrating improved hand control, coordination, and speed.

PLOF (prior to onset)	Baseline (1/16/2025)	Previous (1/16/2025)	Current (1/28/2025)
Setup	Sup/T	Sup/T	Sup/T

Comments:

Objective Progress / Long-Term Goals

LTG #1.0 - Continue

Patient will improve ability to complete toilet / commode transfers with Partial/Moderate Assistance with ability to right self to achieve/maintain balance and identify enviornmental barriers..

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (1/16/2025)	Current (1/28/2025)
Toilet transfer	P Mod	Substantial/maximal assistance	Substantial/maximal assistance	Substantial/maximal assistance

Comments:

LTG #2.0 - Upgrade

Patient will improve ability to safely and efficiently perform UB dressing with Partial/Moderate Assistance in order to be able to return to prior level of living.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (1/16/2025)	Current (1/28/2025)
Upper body dressing	P Mod	Substantial/maximal assistance	Substantial/maximal assistance	Partial/moderate assistance

Comments:

LTG #2.1 - New Goal

Patient will improve ability to safely and efficiently perform UB dressing with Supervision or Touching Assistance in order to be able to return to prior level of living.

PLOF
(prior to onset)
P | Mod

LTG #3.0 - Continue

Patient will improve ability to safely and efficiently perform LB dressing with Substantial/Maximal Assistance using adaption techniques in order to facilitate ability to live in environment with least amount of supervision and assistance.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (1/16/2025)	Current (1/28/2025)
Lower body dressing	Dep	Dependent	Dependent	Dependent

Comments:

Precautions / Prior Living / Discharge / Transition Plan

New Symptoms Patient reports new signs/symptoms? = No

**Occupational Therapy
OT Therapy Progress Report**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 1/16/2025 - 1/28/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Precautions / Prior Living / Discharge / Transition Plan

Medications Medications Impacting Condition/Treatment: Please see medical chart
Precautions Precautions = Precautions are as follows:
Precautions Details: Fall risk, tremors, limited mobility in B shoulders. Mod/Max A
Contraindications Contraindications = No contraindications present.
Allergies / Intolerances Allergies and Intolerances = No allergies/intolerances present.
Medical Hx Prior Medical History: PMHx: Back pain with radiculopathy, HTN, Glaucoma, Parkinson's disease, tremors, lumbar spinal stenosis
Prior Living Prior Living Environment = Patient is a resident of this facility.
Prior Equipment Equipment Prior to Onset: FWW, W/c
Discharge Plan Transition/Discharge Plan = Patient to reside in this LTC facility.
Outcome Risk(s) Risk Areas that may Impact Long Term Outcome(s) = Multiple medical conditions/history, Multiple medications
Desired Change in Condition of Risk area: Decrease fall risk, facilitate IND with ADLs and self-care tasks

Functional Skills Assessment

Eating Eating = Supervision or touching assistance
Hygiene Oral hygiene = Supervision or touching assistance
Dentition = Teeth
Toileting hygiene = Substantial/maximal assistance
Transfers Toilet transfer = Substantial/maximal assistance
Toilet Assessed = Raised Toilet Seat
Bathing Shower/bathe self = Substantial/maximal assistance
Dressing Upper body dressing = Partial/moderate assistance
Lower body dressing = Dependent
Putting on/taking off footwear = Dependent
Self-Care Score Self Care Function Score (score 0 - 12; 12 being the highest function) = 7
Self Care Performance Raw Score = 17
Mobility Score Mobility Function Score (ranges from 0 - 12; 12 being the highest function) = 0
Mobility Performance Raw Score = 2

Functional Skills Assessment - Activities of Daily Living (ADLs) & Instrumental ADLs

Hygiene Personal hygiene = Supervision or touching assistance

Functional Skills Assessment - Functional Mobility

Bathing Tub/Shower transfer = Not attempted due to medical conditions or safety concerns

Assessment and Summary of Skilled Services

Interventions Skilled Interventions Provided: Direct, hands-on care with patient this reporting period focused on the following skilled interventions: self-care skills, retraining to increase independence; neuromuscular re education for functional mobility; therapeutic exercises for ROM, strength and endurance, training with therapeutic activities, fall prevention techniques and safe transfer training.
Patient Progress Progress & Response to Treatment: Pt participated with skilled interventions this reporting period, demonstrated a slow and gradual increase in independence with self-care tasks specifically UB dressing. STG was upgraded in UB dressing from Mod A to Sup/T showing improvement in activity tolerance and an increase in dynamic balance all due to active participation in tx sessions from skilled OT services. Pt has demonstrated good levels of motivation and compliance of skilled services and continues to benefit from compensatory techniques, energy conservations, dynamic balance training, task segmentation, environmental modifications, safety precautions, and fall prevention techniques. Continuation of skilled OT services will further analyze and adapt tx accordingly in order to increase (I) in ADL and reduce risk of functional decline.

**Occupational Therapy
OT Therapy Progress Report**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 1/16/2025 - 1/28/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Assessment and Summary of Skilled Services

Balance Patient sits unsupported for 30 seconds with feet flat on floor and no back support? = Yes; Patient stands unsupported with AD for 10 seconds? = No

Supervision OT/Assistant Supervision: Communication regarding the patient's objective progress and treatment progression has occurred with the treating clinician(s) this reporting period and skilled services provided by therapist this reporting period, as well as with assistant.

Communication Team Communication/Collaboration: Collaborated with team regarding patient's discharge/transition planning and consultation with therapists to facilitate patient's highest level of functional independence.

Clinical Tests/Objectives Measures with Clinical Results

Test/Sit Balance Sitting Balance Scale = NT

Interpretation Interpretation of Test(s) & Measure(s): NT

Justification for Continued Skilled Services

Impairments Remaining Impairments: Decreased insight, balance deficits, decreased dynamic balance, decreased safety awareness, gross motor coordination deficits, safety awareness deficits and tremors.

Continued Skill Reason for Skilled Services: Continued OT services are necessary to promote safety awareness with ADLs, assess and modify environmental barriers, assess the safety of toilet transfers, assess safety and independence with ADLs, develop and instruct in adaptation techniques, develop and instruct on compensatory strategies, facilitate dynamic standing balance, increase functional activity tolerance, and safety awareness in order to return to the same or lower level of care setting or living environment. Due to the documented physical impairments and associated functional deficits, without skilled therapeutic intervention, the patient is at risk for: decline in overall health, falls, and increase dependency upon caregivers.

Intervention Modes Can interventions be provided using treatment modes other than individual? = No

Plan of Tx Focus Focus of Plan of Treatment = Restoration, Compensation, Adaptation

I accept responsibility for the content documented in this patient's record and attest, to the best of my knowledge, that it accurately reflects the current performance, condition and medically necessary, skilled services provided per this patient's current treatment plan.

Original Signature: _____ Electronically signed by Genesis Perez, OT 1/28/2025 09:19:50 AM PDT

Date

Occupational Therapy OT Therapy Progress Report

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 1/29/2025 - 2/11/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Diagnoses

Type	Code	Description	Onset
Med	G20.B1	Parkinson's disease with dyskinesia, without mention of fluctuations	1/16/2025
Med	M62.81	Muscle weakness (generalized)	1/16/2025
Med	I10	Essential (primary) hypertension	1/16/2025
Tx	M62.81	Muscle weakness (generalized)	1/16/2025

Patient was seen for 7 day(s) during the 1/29/2025 - 2/11/2025 progress period.

Objective Progress / Short-Term Goals

STG #1.0 - Continue

Patient will increase (R) elbow/forearm strength to 3+/5 in order to increase participation in Hygiene/Grooming ADLs with increase independence and safety.

PLOF (prior to onset)	Baseline (1/16/2025)	Previous (1/28/2025)	Current (2/11/2025)
3/5	3/5	3/5	3/5

Comments:

STG #2.0 - Continue

Patient will improve ability to complete toilet / commode transfers with Partial/Moderate Assistance with ability to right self to achieve/maintain balance and identify enviornmental barriers..

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (1/28/2025)	Current (2/11/2025)
Toilet transfer	P Mod	Substantial/maximal assistance	Substantial/maximal assistance	Substantial/maximal assistance

Comments: Mod/Max A

STG #3.1 - Goal Met

Patient will improve ability to safely and efficiently perform UB dressing with Supervision or Touching Assistance in order to be able to return to prior level of living.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (1/28/2025)	Current (2/11/2025)
Upper body dressing	P Mod	Substantial/maximal assistance	Partial/moderate assistance	Setup or clean-up assistance

Comments:

STG #4.0 - Continue

Patient will improve ability to safely and efficiently perform LB dressing with Substantial/Maximal Assistance using adaption techniques in order to facilitate ability to live in environment with least amount of supervision and assistance.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (1/28/2025)	Current (2/11/2025)
Lower body dressing	Dep	Dependent	Dependent	Dependent

Comments: Max/TD

STG #5.0 - Continue

Patient will increase (L) elbow/forearm strength to 3+/5 in order to increase participation in Hygiene/Grooming ADLs with increase independence and safety.

PLOF (prior to onset)	Baseline (1/16/2025)	Previous (1/28/2025)	Current (2/11/2025)
3/5	3/5	3/5	3/5

Comments:

Occupational Therapy OT Therapy Progress Report

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 1/29/2025 - 2/11/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Objective Progress / Short-Term Goals

STG #6.0 - Continue

Patient will improve self-feeding skills by increasing ability to independently use utensils and consume a meal with Setup Assistance, demonstrating improved hand control, coordination, and speed.

PLOF (prior to onset)	Baseline (1/16/2025)	Previous (1/28/2025)	Current (2/11/2025)
Setup	Sup/T	Sup/T	Setup A

Comments:

Objective Progress / Long-Term Goals

LTG #1.0 - Continue

Patient will improve ability to complete toilet / commode transfers with Partial/Moderate Assistance with ability to right self to achieve/maintain balance and identify environmental barriers..

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (1/28/2025)	Current (2/11/2025)
Toilet transfer	P Mod	Substantial/maximal assistance	Substantial/maximal assistance	Substantial/maximal assistance

Comments:

LTG #2.1 - Upgrade

Patient will improve ability to safely and efficiently perform UB dressing with Supervision or Touching Assistance in order to be able to return to prior level of living.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (1/28/2025)	Current (2/11/2025)
Upper body dressing	P Mod	Substantial/maximal assistance	Partial/moderate assistance	Setup or clean-up assistance

Comments:

LTG #2.2 - New Goal

Patient will improve ability to safely and efficiently perform UB dressing with Setup or Clean-up Assistance in order to be able to return to prior level of living.

PLOF
(prior to onset)
P | Mod

LTG #3.0 - Continue

Patient will improve ability to safely and efficiently perform LB dressing with Substantial/Maximal Assistance using adaption techniques in order to facilitate ability to live in environment with least amount of supervision and assistance.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (1/28/2025)	Current (2/11/2025)
Lower body dressing	Dep	Dependent	Dependent	Dependent

Comments: Max/TD

Precautions / Prior Living / Discharge / Transition Plan

New Symptoms Patient reports new signs/symptoms? = No
Medications Medications Impacting Condition/Treatment: Please see medical chart
Precautions Precautions = Precautions are as follows:
Precautions Details: Fall risk, tremors, limited mobility in B shoulders. Mod/Max A
Contraindications Contraindications = No contraindications present.
Allergies / Intolerances Allergies and Intolerances = No allergies/intolerances present.

**Occupational Therapy
OT Therapy Progress Report**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 1/29/2025 - 2/11/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Precautions / Prior Living / Discharge / Transition Plan

Medical Hx Prior Medical History: PMHx: Back pain with radiculopathy, HTN, Glaucoma, Parkinson's disease, tremors, lumbar spinal stenosis
Prior Living Prior Living Environment = Patient is a resident of this facility.
Prior Equipment Equipment Prior to Onset: FWW, W/c
Discharge Plan Transition/Discharge Plan = Patient to reside in this LTC facility.
Outcome Risk(s) Risk Areas that may Impact Long Term Outcome(s) = Multiple medical conditions/history, Multiple medications
Desired Change in Condition of Risk area: Decrease fall risk, facilitate IND with ADLs and self-care tasks

Functional Skills Assessment

Eating Eating = Setup or clean-up assistance
Hygiene Oral hygiene = Setup or clean-up assistance
Dentition = Teeth
Toileting hygiene = Partial/moderate assistance
Transfers Toilet transfer = Substantial/maximal assistance
Toilet Assessed = Raised Toilet Seat
Bathing Shower/bathe self = Partial/moderate assistance
Dressing Upper body dressing = Setup or clean-up assistance
Lower body dressing = Dependent
Putting on/taking off footwear = Dependent
Self-Care Score Self Care Function Score (score 0 - 12; 12 being the highest function) = 10
Self Care Performance Raw Score = 23
Mobility Score Mobility Function Score (ranges from 0 - 12; 12 being the highest function) = 0
Mobility Performance Raw Score = 2

Functional Skills Assessment - Activities of Daily Living (ADLs) & Instrumental ADLs

Hygiene Personal hygiene = Setup or clean-up assistance

Functional Skills Assessment - Functional Mobility

Bathing Tub/Shower transfer = Not attempted due to medical conditions or safety concerns

Assessment and Summary of Skilled Services

Interventions Skilled Interventions Provided: Direct, hands-on care with patient this reporting period focused on the following skilled interventions: self-care skills, retraining to increase independence; neuromuscular re education for functional mobility; therapeutic exercises for ROM, strength and endurance, training with therapeutic activities, fall prevention techniques and safe transfer training.
Patient Progress Progress & Response to Treatment: Patient participated with skilled interventions this reporting period, demonstrated a slow and gradual increase in independence with self-care tasks specifically UB dressing. STG was met in UB dressing showing improvement in functional activity tolerance and an increase in dynamic and static balance all due to active participation in tx sessions from skilled OT services. On 2/7, patient had a COC of weight gain of 5 lbs in 1 month. MD and patient were notified of change and made new orders. LTG in UB dressing was upgraded from Sup/T to Setup assistance to increase participation in self-care tasks. Pt has demonstrated good levels of motivation and compliance of skilled services and continues to benefit from compensatory techniques, energy conservations, balance training, task segmentation, environmental modifications, and safety precautions to prevent falls. Continuation of skilled OT services will further analyze and adapt tx accordingly in order to increase (I) in ADL and reduce risk of functional decline.
Balance Patient sits unsupported for 30 seconds with feet flat on floor and no back support? = Yes; Patient stands unsupported with AD for 10 seconds? = No
Supervision OT/Assistant Supervision: Communication regarding the patient's objective progress and treatment progression has occurred with the treating clinician(s) this reporting period and Skilled services provided by therapist this reporting period, as well as with assistant.

**Occupational Therapy
OT Therapy Progress Report**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 1/29/2025 - 2/11/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Assessment and Summary of Skilled Services

Communication Team Communication/Collaboration: Collaborated with team regarding patient's discharge/transition planning and Consultation with therapists to facilitate patient's highest level of functional independence.

Clinical Tests/Objectives Measures with Clinical Results

Test/Sit Balance Sitting Balance Scale = NT

Interpretation Interpretation of Test(s) & Measure(s):

Justification for Continued Skilled Services

Impairments Remaining Impairments: Balance deficits, decreased dynamic balance, decreased functional capacity, decreased insight, decreased safety awareness, gross motor coordination deficits, proximal instability, sensation impairments, strength impairments and safety awareness deficits.

Continued Skill Reason for Skilled Services: Continued OT services are necessary to promote safety awareness with ADLs, toilet transfers, access and modify environmental barriers, assess safety and independence with ADLs, develop and instruct in exercise program, develop and instruct on adaptation techniques, develop and instruct on compensatory strategies, facilitate dynamic standing balance, facilitate IND with ADLs, increase functional activity tolerance and increase participation in self-care tasks in order to return to a same or lower level of care setting. Due to documented physical impairments and associated functional deficits, without skill therapeutic intervention, the patient is at risk for: further decline in function, increased dependency upon caregivers, falls, and decreased ability to return to prior level of assistance.

Intervention Modes Can interventions be provided using treatment modes other than individual? = No

Plan of Tx Focus Focus of Plan of Treatment = Restoration, Compensation, Adaptation

I accept responsibility for the content documented in this patient's record and attest, to the best of my knowledge, that it accurately reflects the current performance, condition and medically necessary, skilled services provided per this patient's current treatment plan.

Original Signature: _____ Electronically signed by Genesis Perez, OT 2/11/2025 01:49:55 PM PDT

Date

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
 NPI: 1568461275

Certification Period: 2/13/2025 - 3/12/2025
 Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Diagnoses

Type	Code	Description	Onset
Med	G20.B1	Parkinson's disease with dyskinesia, without mention of fluctuations	1/16/2025
Med	M62.81	Muscle weakness (generalized)	1/16/2025
Med	I10	Essential (primary) hypertension	1/16/2025
Tx	M62.81	Muscle weakness (generalized)	1/16/2025

Summary of Functional Progress Since Last Certification

STG Goal #1.0 - Continue

Patient will increase (R) elbow/forearm strength to 3+/5 in order to increase participation in Hygiene/Grooming ADLs with increase independence and safety.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (2/11/2025)	Current (2/13/2025)
	3/5	3/5	3/5	3/5

Comments:

LTG Goal #1.0 - Upgrade

Patient will improve ability to complete toilet / commode transfers with Partial/Moderate Assistance with ability to right self to achieve/maintain balance and identify enviornmental barriers..

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (2/11/2025)	Current (2/13/2025)
Toilet transfer	P Mod	Substantial/maximal assistance	Substantial/maximal assistance	Partial/moderate assistance

Comments:

LTG Goal #1.1 - New Goal

Patient will improve ability to complete toilet / commode transfers with Supervision or Touching Assistance with ability to right self to achieve/maintain balance and identify enviornmental barriers..

	PLOF (prior to onset)	Baseline (1/16/2025)
Toilet transfer	P Mod	Substantial/maximal assistance

STG Goal #2.0 - Goal Met

Patient will improve ability to complete toilet / commode transfers with Partial/Moderate Assistance with ability to right self to achieve/maintain balance and identify enviornmental barriers..

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (2/11/2025)	Current (2/13/2025)
Toilet transfer	P Mod	Substantial/maximal assistance	Substantial/maximal assistance	Partial/moderate assistance

Comments:

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 2/13/2025 - 3/12/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

LTG Goal #2.2 - Continue

Patient will improve ability to safely and efficiently perform UB dressing with Setup or Clean-up Assistance in order to be able to return to prior level of living.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (2/11/2025)	Current (2/13/2025)
Upper body dressing	P Mod	Substantial/maximal assistance	Setup or clean-up assistance	Supervision or touching assistance

Comments:

LTG Goal #3.0 - Upgrade

Patient will improve ability to safely and efficiently perform LB dressing with Substantial/Maximal Assistance using adaption techniques in order to facilitate ability to live in environment with least amount of supervision and assistance.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (2/11/2025)	Current (2/13/2025)
Lower body dressing	Dep	Dependent	Dependent	Substantial/maximal assistance

Comments:

LTG Goal #3.1 - New Goal

Patient will improve ability to safely and efficiently perform LB dressing with Partial/Moderate Assistance using adaption techniques in order to facilitate ability to live in environment with least amount of supervision and assistance.

	PLOF (prior to onset)	Baseline (1/16/2025)
Lower body dressing	Dep	Dependent

STG Goal #4.0 - Goal Met

Patient will improve ability to safely and efficiently perform LB dressing with Substantial/Maximal Assistance using adaption techniques in order to facilitate ability to live in environment with least amount of supervision and assistance.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (2/11/2025)	Current (2/13/2025)
Lower body dressing	Dep	Dependent	Dependent	Substantial/maximal assistance

Comments:

STG Goal #5.0 - Continue

Patient will increase (L) elbow/forearm strength to 3+/5 in order to increase participation in Hygiene/Grooming ADLs with increase independence and safety.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (2/11/2025)	Current (2/13/2025)
	3/5	3/5	3/5	3/5

Comments:

STG Goal #6.0 - Goal Met

Patient will improve self-feeding skills by increasing ability to independently use utensils and consume a meal with Setup Assistance, demonstrating improved hand control, coordination, and speed.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (2/11/2025)	Current (2/13/2025)
	Setup	Sup/T	Setup A	Setup A

Comments:

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 2/13/2025 - 3/12/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Precautions / Prior Living / Discharge / Transition Plan

New Symptoms Patient reports new signs/symptoms? = No
Medications Medications Impacting Condition/Treatment: Please see medical chart
Precautions Precautions = Precautions are as follows:
 Precautions Details: Fall risk, tremors, limited mobility in B shoulders. Mod/Max A
Contraindications Contraindications = No contraindications present.
Allergies / Intolerances Allergies and Intolerances = No allergies/intolerances present.
Medical Hx Prior Medical History: PMHx: Back pain with radiculopathy, HTN, Glaucoma, Parkinson's disease, tremors, lumbar spinal stenosis
Prior Living Prior Living Environment = Patient is a resident of this facility.
Prior Equipment Equipment Prior to Onset: FWW, W/c
Discharge Plan Transition/Discharge Plan = Patient to reside in this LTC facility.

Functional Skills Assessment

Eating Eating = Setup or clean-up assistance
Hygiene Oral hygiene = Setup or clean-up assistance
 Dentition = Teeth
 Toileting hygiene = Partial/moderate assistance
Transfers Toilet transfer = Partial/moderate assistance
 Toilet Assessed = Raised Toilet Seat
Bathing Shower/bathe self = Partial/moderate assistance
Dressing Upper body dressing = Supervision or touching assistance
 Lower body dressing = Substantial/maximal assistance
 Putting on/taking off footwear = Dependent
Self-Care Score Self Care Function Score (score 0 - 12; 12 being the highest function) = 10
 Self Care Performance Raw Score = 23
Mobility Score Mobility Function Score (ranges from 0 - 12; 12 being the highest function) = 1
 Mobility Performance Raw Score = 3

Functional Skills Assessment - Activities of Daily Living (ADLs) & Instrumental ADLs

Hygiene Personal hygiene = Setup or clean-up assistance

Functional Skills Assessment - Functional Mobility

Bathing Tub/Shower transfer = Not attempted due to medical conditions or safety concerns

Assessment and Summary of Skilled Services

Interventions Skilled Interventions Provided: Direct, hands-on care with patient this reporting period focused on the following skilled interventions: self-care skills, retraining to increase independence; neuromuscular re education for functional mobility; therapeutic exercises for ROM, strength and endurance, training with therapeutic activities, fall prevention techniques and safe transfer training.

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 2/13/2025 - 3/12/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Assessment and Summary of Skilled Services

Patient Progress Progress & Response to Treatment: Patient participated with skilled interventions this reporting period, demonstrated an increase in independence with self-care tasks specifically LB dressing toilet commode transfers and self-feeding. STG's were met in toilet commode transfers (Mod A), LB dressing (Max A), Self-feeding (Setup A) showing improvement in functional activity tolerance and an increase in static and dynamic standing balance all due to active participation in tx sessions from skilled OT services. LTG's were upgraded in Toilet commode transfers to advocate patient to reach Sup/T assistance and reach Mod A with LB dressing with support of skilled OT services. Pt has demonstrated good levels of motivation and compliance of skilled services and continues to benefit from compensatory techniques, energy conservations, balance training, task segmentation, environmental modifications, and safety precautions to prevent fall risk. Patient had a COC on 2/7 of weight gain of 5 lbs in 1 month. MD and patient were notified of change. Continuation of skilled OT services will further analyze and adapt tx accordingly in order to increase (I) in ADL and reduce risk of functional decline.

Balance Patient sits unsupported for 30 seconds with feet flat on floor and no back support? = Yes; Patient stands unsupported with AD for 10 seconds? = No

Communication Team Communication/Collaboration: Collaborated with team regarding patient's discharge/transition planning and Consultation with therapists to facilitate patient's highest level of functional independence.

Clinical Tests/Objectives Measures with Clinical Results

Test/Sit Balance Sitting Balance Scale = NT

Tests / Measures Tests/Measures: Modified Barthel Index (Shah et al.) = 75 points

Interpretation Interpretation of Test(s) & Measure(s): 61-90: Moderate dependence

Justification for Continued Skilled Services

Impairments Remaining Impairments: Balance deficits, decreased dynamic balance, decreased insight, decreased safety awareness, safety awareness deficits and tremors.

Continued Skill Reason for Skilled Services: Continued OT services are necessary to develop and instruct on adaptation techniques, facilitate dynamic standing balance, continue instructing on safe toilet transfers, facilitate independence with ADLs, develop and instruct on compensatory techniques, and increase safety awareness in order to return to the same or lower level of care setting. Due to the documented physical impairments and associated functional deficits, without skilled therapeutic intervention, the patient is at risk for: falls, increase dependency upon caregivers, and decrease in level of functional mobility.

Intervention Modes Can interventions be provided using treatment modes other than individual? = No

Plan of Tx Focus Focus of Plan of Treatment = Restoration, Compensation, Adaptation

Plan of Treatment

Treatment Approaches May Include

- Therapeutic exercises (97110)
- Neuromuscular reeducation (97112)
- Therapeutic activities (97530)
- Self care management training (97535)

Frequency: 4 time(s)/week

Duration: 4 week(s)

Intensity: Daily

Cert. Period: 2/13/2025 - 3/12/2025

Potential for Achieving Rehab Goals: Patient demonstrates good rehab potential as evidenced by ability to follow 2-step directions, able to make needs known, ability to self correct, active participation with plan of treatment, attentive to tasks, compliance with skilled training, compliance with techniques, good cognition, motivated to participate and supportive caregivers/staff.

Patient/Caregiver Assisted in Updated Treatment Plan = Yes

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 2/13/2025 - 3/12/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Risk Areas that may Impact Long Term Outcome(s) = Multiple medical conditions/history, Multiple medications

Desired Change in Condition of Risk area: Decrease fall risk, facilitate IND with ADLs and self-care tasks

Objective Progress / Short-Term Goals

STG #1.0 - Continue

Patient will increase (R) elbow/forearm strength to 3+/5 in order to increase participation in Hygiene/Grooming ADLs with increase independence and safety. (Target: 2/19/2025)

PLOF (prior to onset)	Baseline (1/16/2025)	Previous (2/11/2025)
3/5	3/5	3/5

Comments:

STG #2.0 - Goal Met

Patient will improve ability to complete toilet / commode transfers with Partial/Moderate Assistance with ability to right self to achieve/maintain balance and identify environmental barriers.. (Target: 2/19/2025)

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (2/11/2025)
Toilet transfer	P Mod	Substantial/maximal assistance	Substantial/maximal assistance

Comments:

STG #4.0 - Goal Met

Patient will improve ability to safely and efficiently perform LB dressing with Substantial/Maximal Assistance using adaption techniques in order to facilitate ability to live in environment with least amount of supervision and assistance. (Target: 2/17/2025)

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (2/11/2025)
Lower body dressing	Dep	Dependent	Dependent

Comments:

STG #5.0 - Continue

Patient will increase (L) elbow/forearm strength to 3+/5 in order to increase participation in Hygiene/Grooming ADLs with increase independence and safety. (Target: 2/19/2025)

PLOF (prior to onset)	Baseline (1/16/2025)	Previous (2/11/2025)
3/5	3/5	3/5

Comments:

STG #6.0 - Goal Met

Patient will improve self-feeding skills by increasing ability to independently use utensils and consume a meal with Setup Assistance, demonstrating improved hand control, coordination, and speed. (Target: 2/17/2025)

PLOF (prior to onset)	Baseline (1/16/2025)	Previous (2/11/2025)
Setup	Sup/T	Setup A

Comments:

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 2/13/2025 - 3/12/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M	DOB: 1/6/1938	Start of Care: 1/16/2025
Payer: Medicare Part B		
MRN: 12964		

Objective Progress / Long-Term Goals

LTG #1.0 - Upgrade

Patient will improve ability to complete toilet / commode transfers with Partial/Moderate Assistance with ability to right self to achieve/maintain balance and identify enviornmental barriers.. (Target: 2/26/2025)

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (2/11/2025)
Toilet transfer	P Mod	Substantial/maximal assistance	Substantial/maximal assistance

Comments:

LTG #1.1 - New Goal

Patient will improve ability to complete toilet / commode transfers with Supervision or Touching Assistance with ability to right self to achieve/maintain balance and identify enviornmental barriers.. (Target: 2/26/2025)

**PLOF
(prior to onset)**

P | Mod

LTG #2.2 - Continue

Patient will improve ability to safely and efficiently perform UB dressing with Setup or Clean-up Assistance in order to be able to return to prior level of living. (Target: 2/26/2025)

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (2/11/2025)
Upper body dressing	P Mod	Substantial/maximal assistance	Setup or clean-up assistance

Comments:

LTG #3.0 - Upgrade

Patient will improve ability to safely and efficiently perform LB dressing with Substantial/Maximal Assistance using adaption techniques in order to facilitate ability to live in environment with least amount of supervision and assistance. (Target: 2/26/2025)

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (2/11/2025)
Lower body dressing	Dep	Dependent	Dependent

Comments:

LTG #3.1 - New Goal

Patient will improve ability to safely and efficiently perform LB dressing with Partial/Moderate Assistance using adaption techniques in order to facilitate ability to live in environment with least amount of supervision and assistance. (Target: 2/26/2025)

**PLOF
(prior to onset)**

Dep

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 2/13/2025 - 3/12/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

I accept responsibility for the content documented in this patient's record and attest, to the best of my knowledge, that it accurately reflects the current performance, condition and medically necessary, skilled services provided per this patient's current treatment plan.

Original Signature: _____ Electronically signed by Genesis Perez, OT 2/13/2025 08:36:04 AM PDT
Date

I accept responsibility for the changes I made to this patient's record after it was initially completed, and I attest, to the best of my knowledge, the information I modified is accurate.

Revision Signature: _____ Electronically signed by Genesis Perez, OT 2/13/2025 08:41:38 AM PDT
Date

I certify the need for these medically necessary services furnished under this plan of treatment while under my care from 2/13/2025 through 3/12/2025.

Physician Signature: _____
Hamid Eskandari NPI: 1063662682 Date:

**Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 2/13/2025 - 3/12/2025
Occupational Therapy

Identification Information

Patient:	CARRERA FIGUEROA, M	DOB:	1/6/1938	Start of Care:	1/16/2025
Payer:	Medicare Part B				
MRN:	12964				

[M CARRERA FIGUEROA] : OT Recert, Progress Report & Updated Therapy Plan
Discipline: OT

Changes For: 2/13/2025 8:41:38 AM

Assessment

Changes	Modified By
Patient Progress & Response to Treatment : Current Value changed from "Patient participated with skilled interventions this reporting period, demonstrated an increase in independence with self-care tasks specifically LB dressing toilet commode transfers and self-feeding. STG's waere met in toilet commode transfers (Mod A), LB dressing (Max A), Self- feeding (Setup A) showing improvement in functional activity tolerance and an increase in static and dynamic standing balance all due to active participation in tx sessions from skilled OT services. Pt has demonstrated good levels of motivation and compliance of skilled services and continues to benefit from compensatory techniques, energy conservations, balance training, task segmentation, environmental modifications, and safety precautions to prevent fall risk. Patient had a COC on 2/7 of weight gain of 5 lbs in 1 month. MD and patient were notified of change. Continuation of skilled OT services will further analyze and adapt tx accordingly in order to increase (I) in ADL and reduce risk of functional decline." to "Patient participated with skilled interventions this reporting period, demonstrated an increase in independence with self-care tasks specifically LB dressing toilet commode transfers and self-feeding. STG's waere met in toilet commode transfers (Mod A), LB dressing (Max A), Self- feeding (Setup A) showing improvement in functional activity tolerance and an increase in static and dynamic standing balance all due to active participation in tx sessions from skilled OT services. LTG's were upgraded in Toilet commode transfers to advocate patient to reach Sup/T assistance and reach Mod A with LB dressing with support of skilled OT services. Pt has demonstrated good levels of motivation and compliance of skilled services and continues to benefit from compensatory techniques, energy conservations, balance training, task segmentation, environmental modifications, and safety precautions to prevent fall risk. Patient had a COC on 2/7 of weight gain of 5 lbs in 1 month. MD and patient were notified of change. Continuation of skilled OT services will further analyze and adapt tx accordingly in order to increase (I) in ADL and reduce risk of functional decline."	Perez, Genesis

Occupational Therapy OT Therapy Progress Report

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 2/13/2025 - 2/25/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Diagnoses

Type	Code	Description	Onset
Med	G20.B1	Parkinson's disease with dyskinesia, without mention of fluctuations	1/16/2025
Med	M62.81	Muscle weakness (generalized)	1/16/2025
Med	I10	Essential (primary) hypertension	1/16/2025
Tx	M62.81	Muscle weakness (generalized)	1/16/2025

Patient was seen for 7 day(s) during the 2/13/2025 - 2/25/2025 progress period.

Objective Progress / Short-Term Goals

STG #1.0 - Continue

Patient will increase (R) elbow/forearm strength to 3+/5 in order to increase participation in Hygiene/Grooming ADLs with increase independence and safety.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (2/13/2025)	Current (2/25/2025)
	3/5	3/5	3/5	3/5
Comments:	Patient currently has a swollen index finger(on lateral side). Nursing staff and MD were notified. New orders were made.			

STG #5.0 - Goal Met

Patient will increase (L) elbow/forearm strength to 3+/5 in order to increase participation in Hygiene/Grooming ADLs with increase independence and safety.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (2/13/2025)	Current (2/25/2025)
	3/5	3/5	3/5	3+/5
Comments:				

STG #7.0 - New Goal

Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Mod A to reduce burden on caregivers and increase participation in perineal hygiene tasks.

	PLOF (prior to onset)	Baseline (2/25/2025)
	Min A	Max A

Objective Progress / Long-Term Goals

LTG #1.1 - Continue

Patient will improve ability to complete toilet / commode transfers with Supervision or Touching Assistance with ability to right self to achieve/maintain balance and identify environmental barriers..

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (2/13/2025)	Current (2/25/2025)
Toilet transfer	P Mod	Substantial/maximal assistance	Partial/moderate assistance	Partial/moderate assistance

Comments:

LTG #2.2 - Continue

Patient will improve ability to safely and efficiently perform UB dressing with Setup or Clean-up Assistance in order to be able to return to prior level of living.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (2/13/2025)	Current (2/25/2025)
Upper body dressing	P Mod	Substantial/maximal assistance	Supervision or touching assistance	Supervision or touching assistance

Comments:

Occupational Therapy OT Therapy Progress Report

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 2/13/2025 - 2/25/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Objective Progress / Long-Term Goals

LTG #3.1 - Continue

Patient will improve ability to safely and efficiently perform LB dressing with Partial/Moderate Assistance using adaption techniques in order to facilitate ability to live in environment with least amount of supervision and assistance.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (2/13/2025)	Current (2/25/2025)
Lower body dressing	Dep	Dependent	Substantial/maximal assistance	Substantial/maximal assistance

Comments: Patient is able to slightly roll left/right supine in bed and assist in LB dressing

LTG #4.0 - New Goal

Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Min A to reduce burden on caregivers and increase participation in perineal hygiene tasks.

PLOF (prior to onset)	Baseline (2/25/2025)
Min A	Max A

Precautions / Prior Living / Discharge / Transition Plan

New Symptoms Patient reports new signs/symptoms? = No

Medications Medications Impacting Condition/Treatment: Please see medical chart

Precautions Precautions = Precautions are as follows:
Precautions Details: Fall risk, tremors, limited mobility in B shoulders. Mod/Max A

Contraindications Contraindications = No contraindications present.

Allergies / Intolerances Allergies and Intolerances = No allergies/intolerances present.

Medical Hx Prior Medical History: PMHx: Back pain with radiculopathy, HTN, Glaucoma, Parkinson's disease, tremors, lumbar spinal stenosis

Prior Living Prior Living Environment = Patient is a resident of this facility.

Prior Equipment Equipment Prior to Onset: FWW, W/c

Discharge Plan Transition/Discharge Plan = Patient to reside in this LTC facility.

Outcome Risk(s) Risk Areas that may Impact Long Term Outcome(s) = Multiple medical conditions/history, Multiple medications
Desired Change in Condition of Risk area: Decrease fall risk, facilitate IND with ADLs and self-care tasks

Functional Skills Assessment

Eating Eating = Setup or clean-up assistance

Hygiene Oral hygiene = Setup or clean-up assistance
Dentition = Teeth
Toileting hygiene = Substantial/maximal assistance

Transfers Toilet transfer = Partial/moderate assistance
Toilet Assessed = Raised Toilet Seat

Bathing Shower/bathe self = Partial/moderate assistance

Dressing Upper body dressing = Supervision or touching assistance
Lower body dressing = Substantial/maximal assistance
Putting on/taking off footwear = Dependent

Self-Care Score Self Care Function Score (score 0 - 12; 12 being the highest function) = 9
Self Care Performance Raw Score = 22

Mobility Score Mobility Function Score (ranges from 0 - 12; 12 being the highest function) = 1

**Occupational Therapy
OT Therapy Progress Report**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 2/13/2025 - 2/25/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Functional Skills Assessment

Mobility Score Mobility Performance Raw Score = 3

Functional Skills Assessment - Activities of Daily Living (ADLs) & Instrumental ADLs

Hygiene Personal hygiene = Setup or clean-up assistance

Functional Skills Assessment - Functional Mobility

Bathing Tub/Shower transfer = Not attempted due to medical conditions or safety concerns

Assessment and Summary of Skilled Services

Interventions Skilled Interventions Provided: Direct, hands-on care with patient this reporting period focused on the following skilled interventions: self-care skills, retraining to increase independence with AD; neuromuscular re education for functional mobility; therapeutic exercises for ROM, strength and endurance, training with therapeutic activities, positioning maneuvers, fall prevention techniques and safe transfer training.

Patient Progress Progress & Response to Treatment: Patient participated with skilled interventions this reporting period, demonstrated an increase strength in L hand. STG was met in strength of L UE showing improvement in activity tolerance and an increase in strength all due to active participation in tx sessions from skilled OT services. Pt has demonstrated good levels of motivation and compliance of skilled services and continues to benefit from compensatory techniques, energy conservations, balance training, task segmentation, environmental modifications, safety precautions, and use of adaptive equipment. Continuation of skilled OT services will further analyze and adapt tx accordingly in order to increase (I) in ADL and reduce risk of functional decline.

Balance Patient sits unsupported for 30 seconds with feet flat on floor and no back support? = Yes; Patient stands unsupported with AD for 10 seconds? = No

Supervision OT/Assistant Supervision: Communication regarding the patient's objective progress and treatment progression has occurred with the treating clinician(s) this reporting period and Skilled services provided by therapist this reporting period, as well as with assistant.

Communication Team Communication/Collaboration: Collaborated with team regarding patient's discharge/transition planning and Consultation with therapists to facilitate patient's highest level of functional independence.

Clinical Tests/Objectives Measures with Clinical Results

Test/Sit Balance Sitting Balance Scale = NT

Interpretation Interpretation of Test(s) & Measure(s): NT

Justification for Continued Skilled Services

Impairments Remaining Impairments: Balance deficits, decreased dynamic balance, decreased functional capacity, decreased insight, decreased safety awareness, limitations in ROM, tremors and safety awareness deficits.

Continued Skill Reason for Skilled Services: Continued OT services are necessary to promote safety awareness with ADLs, assess and modify environmental barriers, assess safety with adaptive equipment, assess the safety of toilet transfers, assess safety and independence with ADLs, develop and instruct in adaptation techniques for active tremors, develop and instruct on compensatory strategies, facilitate dynamic and static standing balance, increase activity tolerance, and safety awareness in order to return to the same or lower level of skill performance. Due to the documented physical impairments and associated functional deficits, without skilled therapeutic intervention, the patient is at risk for: decline in overall health, falls, and increase dependency upon caregivers.

Intervention Modes Can interventions be provided using treatment modes other than individual? = No

Plan of Tx Focus Focus of Plan of Treatment = Restoration, Compensation, Adaptation

I accept responsibility for the content documented in this patient's record and attest, to the best of my knowledge, that it accurately reflects the current performance, condition and medically necessary, skilled services provided per this patient's current treatment plan.

Original Signature: _____ Electronically signed by Genesis Perez, OT 2/25/2025 03:10:37 PM PDT

Date

**Occupational Therapy
OT Therapy Progress Report**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 2/13/2025 - 2/25/2025
Occupational Therapy

Identification Information

Patient:	CARRERA FIGUEROA, M	DOB:	1/6/1938	Start of Care:	1/16/2025
Payer:	Medicare Part B				
MRN:	12964				

Occupational Therapy OT Therapy Progress Report

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 2/26/2025 - 3/11/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Diagnoses

Type	Code	Description	Onset
Med	G20.B1	Parkinson's disease with dyskinesia, without mention of fluctuations	1/16/2025
Med	M62.81	Muscle weakness (generalized)	1/16/2025
Med	I10	Essential (primary) hypertension	1/16/2025
Tx	M62.81	Muscle weakness (generalized)	1/16/2025

Patient was seen for 7 day(s) during the 2/26/2025 - 3/11/2025 progress period.

Objective Progress / Short-Term Goals

STG #1.0 - Continue

Patient will increase (R) elbow/forearm strength to 3+/5 in order to increase participation in Hygiene/Grooming ADLs with increase independence and safety.

PLOF (prior to onset)	Baseline (1/16/2025)	Previous (2/25/2025)	Current (3/11/2025)
3/5	3/5	3/5	3/5

Comments: Patient continues to have swelling to R index finger after antibiotic tx.

STG #7.0 - Continue

Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Mod A to reduce burden on caregivers and increase participation in perineal hygiene tasks.

PLOF (prior to onset)	Baseline (2/25/2025)	Previous (2/25/2025)	Current (3/11/2025)
Min A	Max A	Max A	Max/Mod A

Comments:

STG #8.0 - New Goal

Patient will increase standing tolerance to 2 minutes with Mod A to increase participation in toileting tasks and decrease burden on caregivers.

PLOF (prior to onset)	Baseline (3/11/2025)
5+ minutes with Min/Mod A	<1 minute with Mod A

Objective Progress / Long-Term Goals

LTG #1.1 - Continue

Patient will improve ability to complete toilet / commode transfers with Supervision or Touching Assistance with ability to right self to achieve/maintain balance and identify environmental barriers..

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (2/25/2025)	Current (3/11/2025)
Toilet transfer	P Mod	Substantial/maximal assistance	Partial/moderate assistance	Partial/moderate assistance

Comments:

LTG #2.2 - Continue

Patient will improve ability to safely and efficiently perform UB dressing with Setup or Clean-up Assistance in order to be able to return to prior level of living.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (2/25/2025)	Current (3/11/2025)
Upper body dressing	P Mod	Substantial/maximal assistance	Supervision or touching assistance	Supervision or touching assistance

Comments:

Occupational Therapy OT Therapy Progress Report

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 2/26/2025 - 3/11/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Objective Progress / Long-Term Goals

LTG #3.1 - Continue

Patient will improve ability to safely and efficiently perform LB dressing with Partial/Moderate Assistance using adaption techniques in order to facilitate ability to live in environment with least amount of supervision and assistance.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (2/25/2025)	Current (3/11/2025)
Lower body dressing	Dep	Dependent	Substantial/maximal assistance	Substantial/maximal assistance

Comments: Supine in bed, patient can turn left/right and assist with donning/doffing pants

LTG #4.0 - Continue

Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Min A to reduce burden on caregivers and increase participation in perineal hygiene tasks.

	PLOF (prior to onset)	Baseline (2/25/2025)	Previous (2/25/2025)	Current (3/11/2025)
	Min A	Max A	Max A	Mod/Max A

Comments:

LTG #5.0 - New Goal

Patient will increase standing tolerance to 4 minutes with Mod A to increase participation in toileting tasks and decrease burden on caregivers.

PLOF (prior to onset)	Baseline (3/11/2025)
5+ with Min/Mod A	< 1 minute with Mod

Precautions / Prior Living / Discharge / Transition Plan

New Symptoms Patient reports new signs/symptoms? = No

Medications Medications Impacting Condition/Treatment: Please see medical chart

Precautions Precautions = Precautions are as follows:
Precautions Details: Fall risk, tremors, limited mobility in B shoulders. Mod/Max A

Contraindications Contraindications = No contraindications present.

Allergies / Intolerances Allergies and Intolerances = No allergies/intolerances present.

Medical Hx Prior Medical History: PMHx: Back pain with radiculopathy, HTN, Glaucoma, Parkinson's disease, tremors, lumbar spinal stenosis

Prior Living Prior Living Environment = Patient is a resident of this facility.

Prior Equipment Equipment Prior to Onset: FWW, W/c

Discharge Plan Transition/Discharge Plan = Patient to reside in this LTC facility.

Outcome Risk(s) Risk Areas that may Impact Long Term Outcome(s) = Multiple medical conditions/history, Multiple medications
Desired Change in Condition of Risk area: Decrease fall risk, facilitate IND with ADLs and self-care tasks

Functional Skills Assessment

Eating Eating = Independent

Hygiene Oral hygiene = Independent
Dentition = Teeth
Toileting hygiene = Substantial/maximal assistance

Transfers Toilet transfer = Partial/moderate assistance
Toilet Assessed = Raised Toilet Seat

Bathing Shower/bathe self = Partial/moderate assistance

**Occupational Therapy
OT Therapy Progress Report**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 2/26/2025 - 3/11/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Functional Skills Assessment

Dressing Upper body dressing = Supervision or touching assistance
Lower body dressing = Substantial/maximal assistance
Putting on/taking off footwear = Dependent

Self-Care Score Self Care Function Score (score 0 - 12; 12 being the highest function) = 9
Self Care Performance Raw Score = 24

Mobility Score Mobility Function Score (ranges from 0 - 12; 12 being the highest function) = 1
Mobility Performance Raw Score = 3

Functional Skills Assessment - Activities of Daily Living (ADLs) & Instrumental ADLs

Hygiene Personal hygiene = Independent

Functional Skills Assessment - Functional Mobility

Bathing Tub/Shower transfer = Not attempted due to medical conditions or safety concerns

Assessment and Summary of Skilled Services

Interventions Skilled Interventions Provided: Direct, hands-on care with patient this reporting period focused on the following skilled interventions: self-care skills, retraining to increase independence; neuromuscular re education for functional mobility; therapeutic exercises for ROM, strength and endurance, training with therapeutic activities, fall prevention techniques and safe transfer training.

Patient Progress Progress & Response to Treatment: During this reporting period, patient had no COC's and has been able to maintain a stable medical condition. Patient continues to be an active participant in tx sessions, and has shown a slow increase in standing tolerance all due to active participation. Patient is making slow and gradual progress forward with assisting in LB dressing, currently being able to have Mod/Max assistance after setup and with verbal/tactile cues for self-care tasks. Additionally, patient presents with fluctuations in activity tolerance all due to having tremors present. Patient continues to benefit from thera exercises, verbal/tactile cueing, thera activities and rest breaks to prevent activity intolerance. Due to patient continuing to be an active participation in tx sessions, patient has potential to improve as a result of skilled OT services.

Balance Patient sits unsupported for 30 seconds with feet flat on floor and no back support? = Yes; Patient stands unsupported with AD for 10 seconds? = No

Supervision OT/Assistant Supervision: Communication regarding the patient's objective progress and treatment progression has occurred with the treating clinician(s) this reporting period and Skilled services provided by therapist this reporting period, as well as with assistant.

Communication Team Communication/Collaboration: Collaborated with team regarding patient's discharge/transition planning and Consultation with therapists to facilitate patient's highest level of functional independence.

Clinical Tests/Objectives Measures with Clinical Results

Test/Sit Balance Sitting Balance Scale = NT

Interpretation Interpretation of Test(s) & Measure(s): NT

Justification for Continued Skilled Services

Impairments Remaining Impairments: Balance deficits, decreased dynamic balance, decreased insight, decreased safety awareness, safety awareness deficits, tremors and strength impairments.

Continued Skill Reason for Skilled Services: Continued OT services are necessary to promote safety awareness with ADLs, assess and modify environmental barriers, assess the safety of toilet transfers, assess safety and independence with ADLs, develop and instruct in adaptation techniques for tremors, develop and instruct on compensatory strategies, facilitate dynamic and static standing balance, increase activity tolerance, and safety awareness in order to return to the same or lower level of care setting or living environment. Due to the documented physical impairments and associated functional deficits, without skilled therapeutic intervention, the patient is at risk for: decline in overall health, falls, and increase dependency upon caregivers.

Intervention Modes Can interventions be provided using treatment modes other than individual? = No

Plan of Tx Focus Focus of Plan of Treatment = Restoration, Compensation, Adaptation

**Occupational Therapy
OT Therapy Progress Report**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 2/26/2025 - 3/11/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

I accept responsibility for the content documented in this patient's record and attest, to the best of my knowledge, that it accurately reflects the current performance, condition and medically necessary, skilled services provided per this patient's current treatment plan.

Original Signature: _____ Electronically signed by Genesis Perez, OT 3/11/2025 10:47:18 AM PDT
Date

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
 NPI: 1568461275

Certification Period: 3/13/2025 - 4/9/2025
 Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Diagnoses

Type	Code	Description	Onset
Med	G20.B1	Parkinson's disease with dyskinesia, without mention of fluctuations	1/16/2025
Med	M62.81	Muscle weakness (generalized)	1/16/2025
Med	I10	Essential (primary) hypertension	1/16/2025
Tx	M62.81	Muscle weakness (generalized)	1/16/2025

Summary of Functional Progress Since Last Certification

STG Goal #1.0 - Continue

Patient will increase (R) elbow/forearm strength to 3+/5 in order to increase participation in Hygiene/Grooming ADLs with increase independence and safety.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (3/11/2025)	Current (3/13/2025)
	3/5	3/5	3/5	3/5

Comments: Resident noted with continued erythema/swelling/tenderness to right index finger. MD notified, order received for Bactrim, orders carried out. Resident notified of new Antibiotic treatment.

LTG Goal #1.1 - Continue

Patient will improve ability to complete toilet / commode transfers with Supervision or Touching Assistance with ability to right self to achieve/maintain balance and identify environmental barriers..

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (3/11/2025)	Current (3/13/2025)
Toilet transfer	P Mod	Substantial/maximal assistance	Partial/moderate assistance	Partial/moderate assistance

Comments:

LTG Goal #2.2 - Continue

Patient will improve ability to safely and efficiently perform UB dressing with Setup or Clean-up Assistance in order to be able to return to prior level of living.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (3/11/2025)	Current (3/13/2025)
Upper body dressing	P Mod	Substantial/maximal assistance	Supervision or touching assistance	Supervision or touching assistance

Comments: Min/Mod A. Patient relies on caregivers to finish self-care task.

LTG Goal #3.1 - Continue

Patient will improve ability to safely and efficiently perform LB dressing with Partial/Moderate Assistance using adaption techniques in order to facilitate ability to live in environment with least amount of supervision and assistance.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (3/11/2025)	Current (3/13/2025)
Lower body dressing	Dep	Dependent	Substantial/maximal assistance	Substantial/maximal assistance

Comments: Mod/Max A. Advocating for patient to participate more and reduce caregiver burden

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
 NPI: 1568461275

Certification Period: 3/13/2025 - 4/9/2025
 Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

LTG Goal #4.0 - Continue

Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Min A to reduce burden on caregivers and increase participation in perineal hygiene tasks.

PLOF (prior to onset)	Baseline (2/25/2025)	Previous (3/11/2025)	Current (3/13/2025)
Min A	Max A	Mod/Max A	Mod/Max A

Comments:

LTG Goal #5.0 - Continue

Patient will increase standing tolerance to 4 minutes with Mod A to increase participation in toileting tasks and decrease burden on caregivers.

PLOF (prior to onset)	Baseline (3/11/2025)	Previous (3/11/2025)	Current (3/13/2025)
5+ with Min/Mod A	< 1 minute with Mod	< 1 minute with Mod	1 minute with Min/Mod A

Comments:

STG Goal #7.0 - Continue

Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Mod A to reduce burden on caregivers and increase participation in perineal hygiene tasks.

PLOF (prior to onset)	Baseline (2/25/2025)	Previous (3/11/2025)	Current (3/13/2025)
Min A	Max A	Max/Mod A	Max/Mod A

Comments:

STG Goal #8.0 - Continue

Patient will increase standing tolerance to 2 minutes with Mod A to increase participation in toileting tasks and decrease burden on caregivers.

PLOF (prior to onset)	Baseline (3/11/2025)	Previous (3/11/2025)	Current (3/13/2025)
5+ minutes with Min/Mod A	<1 minute with Mod A	<1 minute with Mod A	1 minute with Mod/Min A

Comments:

Precautions / Prior Living / Discharge / Transition Plan

New Symptoms Patient reports new signs/symptoms? = No

Medications Medications Impacting Condition/Treatment: Please see medical chart

Precautions Precautions = Precautions are as follows:
 Precautions Details: Fall risk, tremors, limited mobility in B shoulders. Mod/Max A

Contraindications Contraindications = No contraindications present.

Allergies / Intolerances Allergies and Intolerances = No allergies/intolerances present.

Medical Hx Prior Medical History: PMHx: Back pain with radiculopathy, HTN, Glaucoma, Parkinson's disease, tremors, lumbar spinal stenosis

Prior Living Prior Living Environment = Patient is a resident of this facility.

Prior Equipment Equipment Prior to Onset: FWW, W/c

Discharge Plan Transition/Discharge Plan = Patient to reside in this LTC facility.

Functional Skills Assessment

Eating Eating = Setup or clean-up assistance

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 3/13/2025 - 4/9/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Functional Skills Assessment

Hygiene Oral hygiene = Setup or clean-up assistance
Dentition = Teeth
Toileting hygiene = Substantial/maximal assistance

Transfers Toilet transfer = Partial/moderate assistance
Toilet Assessed = Raised Toilet Seat

Bathing Shower/bathe self = Partial/moderate assistance

Dressing Upper body dressing = Supervision or touching assistance
Lower body dressing = Substantial/maximal assistance
Putting on/taking off footwear = Dependent

Self-Care Score Self Care Function Score (score 0 - 12; 12 being the highest function) = 9
Self Care Performance Raw Score = 22

Mobility Score Mobility Function Score (ranges from 0 - 12; 12 being the highest function) = 1
Mobility Performance Raw Score = 3

Functional Skills Assessment - Activities of Daily Living (ADLs) & Instrumental ADLs

Hygiene Personal hygiene = Setup or clean-up assistance

Functional Skills Assessment - Functional Mobility

Bathing Tub/Shower transfer = Not attempted due to medical conditions or safety concerns

Assessment and Summary of Skilled Services

Interventions Skilled Interventions Provided: Direct, hands-on care with patient this reporting period focused on the following skilled interventions: self-care skills, retraining to increase independence; neuromuscular re education for functional mobility; therapeutic exercises for ROM, strength and endurance, training with therapeutic activities, fall prevention techniques and safe transfer training.

Patient Progress Progress & Response to Treatment: During this reporting period, the patient has been compliant with skilled interventions to the best of her abilities, however a fluctuation of assistance due to activity intolerance and pain being present in patient's R index finger. Patient had a COC on, 2/25 of continuation of Right Index Finger w/erythema, swelling, tender to touch. This COC has impacted patient's motivation, assistance and overall quality of life. Strength and endurance of the UE's have allowed patient to assist to the best that she can tolerate in self-care tasks although there are limitations due to activity intolerance. Due to pain being present in patient's R index finger during tx pt showed slow progress forward in independence with ADLs, and self care tasks, however, pt continues to show active participation during tx sessions. Due to the patient's pain and decrease in activity tolerance, the patient will continue to benefit from further training to provide reinforcement in adaptation techniques, facilitate standing tolerance supported, facilitate pressure relieving strategies and continue facilitating IND with self-care tasks as much as patient can tolerate. Barriers to progression include generalized weakness in the LE's, decrease in safety awareness which results in high risk of decline in ADLs, functional mobility and overall task participation on a day to day basis. Continuation of skilled OT services will further analyze and adapt tx accordingly in order to increase (I) in ADL and reduce risk of functional decline.

Balance Patient sits unsupported for 30 seconds with feet flat on floor and no back support? = Yes; Patient stands unsupported with AD for 10 seconds? = No

Communication Team Communication/Collaboration: Collaborated with team regarding patient's discharge/transition planning and Consultation with therapists to facilitate patient's highest level of functional independence.

Clinical Tests/Objectives Measures with Clinical Results

Test/Sit Balance Sitting Balance Scale = NT

Interpretation Interpretation of Test(s) & Measure(s):

Justification for Continued Skilled Services

Impairments Remaining Impairments: Balance deficits, decreased dynamic balance, decreased functional capacity, decreased insight, decreased safety awareness, gross motor coordination deficits, safety awareness deficits, strength impairments and edema.

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 3/13/2025 - 4/9/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Justification for Continued Skilled Services

Continued Skill Reason for Skilled Services: Continued OT services are necessary to promote safety awareness with ADLs, assess and modify environmental barriers, continue instructing patient with safety of toilet transfers, assess safety and independence with ADLs, develop and instruct in adaptation techniques, continue increasing strength on extremities, develop and instruct on compensatory strategies, facilitate and increase dynamic standing balance, instruct patient on proper body mechanics for safe transfers, increase activity tolerance, and safety awareness in order to return to the same or lower level of care setting or living environment. Due to the documented physical impairments and associated functional deficits, without skilled therapeutic intervention, the patient is at risk for: decline in overall health, falls, and increase dependency upon caregivers.

Intervention Modes Can interventions be provided using treatment modes other than individual? = No

Plan of Tx Focus Focus of Plan of Treatment = Restoration, Compensation, Adaptation

Plan of Treatment

Treatment Approaches May Include

- Therapeutic exercises (97110)
- Neuromuscular reeducation (97112)
- Therapeutic activities (97530)
- Self care management training (97535)

Frequency: 4 time(s)/week

Duration: 4 week(s)

Intensity: Daily

Cert. Period: 3/13/2025 - 4/9/2025

Potential for Achieving Rehab Goals: Patient demonstrates good rehab potential as evidenced by ability to follow 2-step directions, ability to self correct, able to make needs known, active participation in skilled treatment, attentive to tasks, compliance with techniques, good cognition and ability to retain new information over time.

Patient/Caregiver Assisted in Updated Treatment Plan = Yes

Risk Areas that may Impact Long Term Outcome(s) = Multiple medical conditions/history, Multiple medications

Desired Change in Condition of Risk area: Decrease fall risk, facilitate IND with ADLs and self-care tasks

Objective Progress / Short-Term Goals

STG #1.0 - Continue

Patient will increase (R) elbow/forearm strength to 3+/5 in order to increase participation in Hygiene/Grooming ADLs with increase independence and safety. (Target: 3/19/2025)

PLOF (prior to onset)	Baseline (1/16/2025)	Previous (3/11/2025)
3/5	3/5	3/5

Comments: Resident noted with continued erythema/swelling/tenderness to right index finger. MD notified, order received for Bactrim, orders carried out. Resident notified of new Antibiotic treatment.

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
 NPI: 1568461275

Certification Period: 3/13/2025 - 4/9/2025
 Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M	DOB: 1/6/1938	Start of Care: 1/16/2025
Payer: Medicare Part B		
MRN: 12964		

Objective Progress / Short-Term Goals

STG #7.0 - Continue

Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Mod A to reduce burden on caregivers and increase participation in perineal hygiene tasks. (Target: 3/19/2025)

PLOF (prior to onset)	Baseline (2/25/2025)	Previous (3/11/2025)
Min A	Max A	Max/Mod A

Comments:

STG #8.0 - Continue

Patient will increase standing tolerance to 2 minutes with Mod A to increase participation in toileting tasks and decrease burden on caregivers. (Target: 3/19/2025)

PLOF (prior to onset)	Baseline (3/11/2025)	Previous (3/11/2025)
5+ minutes with Min/Mod A	<1 minute with Mod A	<1 minute with Mod A

Comments:

Objective Progress / Long-Term Goals

LTG #1.1 - Continue

Patient will improve ability to complete toilet / commode transfers with Supervision or Touching Assistance with ability to right self to achieve/maintain balance and identify environmental barriers.. (Target: 3/26/2025)

PLOF (prior to onset)	Baseline (1/16/2025)	Previous (3/11/2025)
Toilet transfer P Mod	Substantial/maximal assistance	Partial/moderate assistance

Comments:

LTG #2.2 - Continue

Patient will improve ability to safely and efficiently perform UB dressing with Setup or Clean-up Assistance in order to be able to return to prior level of living. (Target: 3/26/2025)

PLOF (prior to onset)	Baseline (1/16/2025)	Previous (3/11/2025)
Upper body dressing P Mod	Substantial/maximal assistance	Supervision or touching assistance

Comments: Min/Mod A. Patient relies on caregivers to finish self-care task.

LTG #3.1 - Continue

Patient will improve ability to safely and efficiently perform LB dressing with Partial/Moderate Assistance using adaption techniques in order to facilitate ability to live in environment with least amount of supervision and assistance. (Target: 3/26/2025)

PLOF (prior to onset)	Baseline (1/16/2025)	Previous (3/11/2025)
Lower body dressing Dep	Dependent	Substantial/maximal assistance

Comments: Mod/Max A. Advocating for patient to participate more and reduce caregiver burden

LTG #4.0 - Continue

Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Min A to reduce burden on caregivers and increase participation in perineal hygiene tasks. (Target: 3/26/2025)

PLOF (prior to onset)	Baseline (2/25/2025)	Previous (3/11/2025)
Min A	Max A	Mod/Max A

Comments:

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 3/13/2025 - 4/9/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Objective Progress / Long-Term Goals

LTG #5.0 - Continue

Patient will increase standing tolerance to 4 minutes with Mod A to increase participation in toileting tasks and decrease burden on caregivers. (Target: 3/26/2025)

PLOF (prior to onset)	Baseline (3/11/2025)	Previous (3/11/2025)
5+ with Min/Mod A	< 1 minute with Mod	< 1 minute with Mod

Comments:

I accept responsibility for the content documented in this patient's record and attest, to the best of my knowledge, that it accurately reflects the current performance, condition and medically necessary, skilled services provided per this patient's current treatment plan.

Original Signature: _____ Electronically signed by Genesis Perez, OT 3/13/2025 09:07:36 AM PDT
Date

I accept responsibility for the changes I made to this patient's record after it was initially completed, and I attest, to the best of my knowledge, the information I modified is accurate.

Revision Signature: _____ Electronically signed by Genesis Perez, OT 3/13/2025 09:13:41 AM PDT
Date

I certify the need for these medically necessary services furnished under this plan of treatment while under my care from 3/13/2025 through 4/9/2025.

Physician Signature: _____
Hamid Eskandari NPI: 1063662682 Date:

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 3/13/2025 - 4/9/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

[M CARRERA FIGUEROA] : OT Recert, Progress Report & Updated Therapy Plan
Discipline: OT

Changes For: 3/13/2025 9:13:41 AM

Goal Status

Changes	Modified By
LTG 3 Status : Comments changed from "" to "Mod/Max A. Advocating for patient to participate more and reduce caregiver burden"	Perez, Genesis

Occupational Therapy OT Therapy Progress Report

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 3/13/2025 - 3/26/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Diagnoses

Type	Code	Description	Onset
Med	G20.B1	Parkinson's disease with dyskinesia, without mention of fluctuations	1/16/2025
Med	M62.81	Muscle weakness (generalized)	1/16/2025
Med	I10	Essential (primary) hypertension	1/16/2025
Tx	M62.81	Muscle weakness (generalized)	1/16/2025

Patient was seen for 7 day(s) during the 3/13/2025 - 3/26/2025 progress period.

Objective Progress / Short-Term Goals

STG #1.0 - Continue

Patient will increase (R) elbow/forearm strength to 3+/5 in order to increase participation in Hygiene/Grooming ADLs with increase independence and safety.

PLOF (prior to onset)	Baseline (1/16/2025)	Previous (3/13/2025)	Current (3/26/2025)
3/5	3/5	3/5	3/5. Resident noted with continued erythema/swelling/tenderness to right index finger. MD notified, order received for Bactrim, orders carried out. Resident notified of new Antibiotic treatment.

Comments:

STG #7.0 - Continue

Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Mod A to reduce burden on caregivers and increase participation in perineal hygiene tasks.

PLOF (prior to onset)	Baseline (2/25/2025)	Previous (3/13/2025)	Current (3/26/2025)
Min A	Max A	Max/Mod A	Max/Mod A

Comments: Patients tolerance to assisting with perineal hygiene supine in bed fluctuates depending on the patients tremors.

STG #8.0 - Continue

Patient will increase standing tolerance to 2 minutes with Mod A to increase participation in toileting tasks and decrease burden on caregivers.

PLOF (prior to onset)	Baseline (3/11/2025)	Previous (3/13/2025)	Current (3/26/2025)
5+ minutes with Min/Mod A	<1 minute with Mod A	1 minute with Mod/Min A	1 minute with Min A

Comments:

Occupational Therapy OT Therapy Progress Report

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 3/13/2025 - 3/26/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Objective Progress / Long-Term Goals

LTG #1.1 - Continue

Patient will improve ability to complete toilet / commode transfers with Supervision or Touching Assistance with ability to right self to achieve/maintain balance and identify environmental barriers..

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (3/13/2025)	Current (3/26/2025)
Toilet transfer	P Mod	Substantial/maximal assistance	Partial/moderate assistance	Partial/moderate assistance

Comments:

LTG #2.2 - Continue

Patient will improve ability to safely and efficiently perform UB dressing with Setup or Clean-up Assistance in order to be able to return to prior level of living.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (3/13/2025)	Current (3/26/2025)
Upper body dressing	P Mod	Substantial/maximal assistance	Supervision or touching assistance	Supervision or touching assistance

Comments: Patient continues to need assistance with fixing the back of UB dressing tasks

LTG #3.1 - Continue

Patient will improve ability to safely and efficiently perform LB dressing with Partial/Moderate Assistance using adaption techniques in order to facilitate ability to live in environment with least amount of supervision and assistance.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (3/13/2025)	Current (3/26/2025)
Lower body dressing	Dep	Dependent	Substantial/maximal assistance	Substantial/maximal assistance

Comments:

LTG #4.0 - Continue

Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Min A to reduce burden on caregivers and increase participation in perineal hygiene tasks.

	PLOF (prior to onset)	Baseline (2/25/2025)	Previous (3/13/2025)	Current (3/26/2025)
	Min A	Max A	Mod/Max A	Mod/Max A

Comments:

LTG #5.0 - Continue

Patient will increase standing tolerance to 4 minutes with Mod A to increase participation in toileting tasks and decrease burden on caregivers.

	PLOF (prior to onset)	Baseline (3/11/2025)	Previous (3/13/2025)	Current (3/26/2025)
	5+ with Min/Mod A	< 1 minute with Mod	1 minute with Min/Mod A	1 minute with Min/Mod A

Comments:

Precautions / Prior Living / Discharge / Transition Plan

New Symptoms Patient reports new signs/symptoms? = No
Medications Medications Impacting Condition/Treatment: Please see medical chart
Precautions Precautions = Precautions are as follows:
Precautions Details: Fall risk, tremors, limited mobility in B shoulders. Mod/Max A
Contraindications Contraindications = No contraindications present.
Allergies / Intolerances Allergies and Intolerances = No allergies/intolerances present.

**Occupational Therapy
OT Therapy Progress Report**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 3/13/2025 - 3/26/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Precautions / Prior Living / Discharge / Transition Plan

Medical Hx Prior Medical History: PMHx: Back pain with radiculopathy, HTN, Glaucoma, Parkinson's disease, tremors, lumbar spinal stenosis
Prior Living Prior Living Environment = Patient is a resident of this facility.
Prior Equipment Equipment Prior to Onset: FWW, W/c
Discharge Plan Transition/Discharge Plan = Patient to reside in this LTC facility.
Outcome Risk(s) Risk Areas that may Impact Long Term Outcome(s) = Multiple medical conditions/history, Multiple medications
Desired Change in Condition of Risk area: Decrease fall risk, facilitate IND with ADLs and self-care tasks

Functional Skills Assessment

Eating Eating = Independent
Hygiene Oral hygiene = Independent
Dentition = Teeth
Toileting hygiene = Substantial/maximal assistance
Transfers Toilet transfer = Partial/moderate assistance
Toilet Assessed = Raised Toilet Seat
Bathing Shower/bathe self = Partial/moderate assistance
Dressing Upper body dressing = Supervision or touching assistance
Lower body dressing = Substantial/maximal assistance
Putting on/taking off footwear = Dependent
Self-Care Score Self Care Function Score (score 0 - 12; 12 being the highest function) = 9
Self Care Performance Raw Score = 24
Mobility Score Mobility Function Score (ranges from 0 - 12; 12 being the highest function) = 1
Mobility Performance Raw Score = 3

Functional Skills Assessment - Activities of Daily Living (ADLs) & Instrumental ADLs

Hygiene Personal hygiene = Independent

Functional Skills Assessment - Functional Mobility

Bathing Tub/Shower transfer = Not attempted due to medical conditions or safety concerns

Assessment and Summary of Skilled Services

Interventions Skilled Interventions Provided: Direct, hands-on care with patient this reporting period focused on the following skilled interventions: self-care skills, retraining to increase independence; neuromuscular re education for functional mobility; therapeutic exercises for ROM, strength and endurance, training with therapeutic activities, fall prevention techniques and safe transfer training.
Patient Progress Progress & Response to Treatment: During this reporting period, patient had no COC's and has been able to maintain a stable medical condition. Patient continues to be an active participant in tx sessions, regardless of feeling fatigue. Patient is making slow and gradual progress forward with perineal hygiene goals supine in bed, currently being able to have Mod/max assistance after setup and with verbal/tactile cues for self-care tasks. Additionally, patient presents with fluctuations in activity tolerance and overall motivation on a day to day basis. Patient continues to need encouragement to build endurance in standing balance tasks and each week patients progress on swelling of the R index finger continues to be monitored while being on antibiotics. Patient continues to benefit from therapist's verbal/tactile cueing, compensatory techniques and rest breaks to prevent activity intolerance. Due to patient continuing to be an active participation in tx sessions, patient has potential to improve as a result of skilled OT services.
Balance Patient sits unsupported for 30 seconds with feet flat on floor and no back support? = Yes; Patient stands unsupported with AD for 10 seconds? = No
Supervision OT/Assistant Supervision: Communication regarding the patient's objective progress and treatment progression has occurred with the treating clinician(s) this reporting period and Skilled services provided by therapist this reporting period, as well as with assistant.

**Occupational Therapy
OT Therapy Progress Report**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 3/13/2025 - 3/26/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Assessment and Summary of Skilled Services

Communication Team Communication/Collaboration: Collaborated with team regarding patient's discharge/transition planning and Consultation with therapists to facilitate patient's highest level of functional independence.

Clinical Tests/Objectives Measures with Clinical Results

Test/Sit Balance Sitting Balance Scale = NT
Interpretation Interpretation of Test(s) & Measure(s): NT

Justification for Continued Skilled Services

Impairments Remaining Impairments: balance deficits, decreased dynamic balance, decreased functional capacity, decreased insight,pain, decreased safety awareness, safety awareness deficits, strength impairments and tremors.

Continued Skill Reason for Skilled Services: Continued OT services are necessary in order to reduce activity intolerance which leads to increased fatigue and decreased endurance, limiting participation in meaningful tasks, while balance deficits place patients at a high risk for falls and injuries. Through skilled occupational therapy interventions, skilled services will implement graded therapeutic activities, neuromuscular re-education, balance training, and energy conservation strategies to improve strength, endurance, and stability. Additionally, therapist will continue assessing the need for adaption methods, provide environmental modifications, and educate both patient and caregivers on safe mobility techniques and fall prevention strategies. Without skilled intervention, the patient faces a significant risk of further functional decline, increased dependency, and diminished quality of life, reinforcing the essential role of occupational therapy in promoting recovery, independence, and long-term safety.

Intervention Modes Can interventions be provided using treatment modes other than individual? = No

Plan of Tx Focus Focus of Plan of Treatment = Restoration,Compensation,Adaptation

I accept responsibility for the content documented in this patient's record and attest, to the best of my knowledge, that it accurately reflects the current performance, condition and medically necessary, skilled services provided per this patient's current treatment plan.

Original Signature: _____ Electronically signed by Genesis Perez, OT 3/26/2025 04:31:40 PM PDT

Date

Occupational Therapy OT Therapy Progress Report

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 3/27/2025 - 4/8/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Diagnoses

Type	Code	Description	Onset
Med	G20.B1	Parkinson's disease with dyskinesia, without mention of fluctuations	1/16/2025
Med	M62.81	Muscle weakness (generalized)	1/16/2025
Med	I10	Essential (primary) hypertension	1/16/2025
Tx	M62.81	Muscle weakness (generalized)	1/16/2025

Patient was seen for 7 day(s) during the 3/27/2025 - 4/8/2025 progress period.

Objective Progress / Short-Term Goals

STG #1.0 - Goal Met

Patient will increase (R) elbow/forearm strength to 3+/5 in order to increase participation in Hygiene/Grooming ADLs with increase independence and safety.

PLOF (prior to onset)	Baseline (1/16/2025)	Previous (3/26/2025)	Current (4/8/2025)
3/5	3/5	3/5. Resident noted with continued erythema/swelling/tenderness to right index finger. MD notified, order received for Bactrim, orders carried out. Resident notified of new Antibiotic treatment.	3+

Comments:

STG #7.0 - Continue

Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Mod A to reduce burden on caregivers and increase participation in perineal hygiene tasks.

PLOF (prior to onset)	Baseline (2/25/2025)	Previous (3/26/2025)	Current (4/8/2025)
Min A	Max A	Max/Mod A	Patients tolerance to assisting with perineal hygiene supine in bed fluctuates depending on the patients tremors.

Comments:

STG #8.0 - Continue

Patient will increase standing tolerance to 2 minutes with Mod A to increase participation in toileting tasks and decrease burden on caregivers.

PLOF (prior to onset)	Baseline (3/11/2025)	Previous (3/26/2025)	Current (4/8/2025)
5+ minutes with Min/Mod A	<1 minute with Mod A	1 minute with Min A	1 minute with Min/Mod A

Comments:

Occupational Therapy OT Therapy Progress Report

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 3/27/2025 - 4/8/2025
Occupational Therapy

Identification Information				
Patient:	CARRERA FIGUEROA, M	DOB:	1/6/1938	Start of Care: 1/16/2025
Payer:	Medicare Part B			
MRN:	12964			

Objective Progress / Long-Term Goals				
LTG #1.1 - Continue				
Patient will improve ability to complete toilet / commode transfers with Supervision or Touching Assistance with ability to right self to achieve/maintain balance and identify enviornmental barriers..				
	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (3/26/2025)	Current (4/8/2025)
Toilet transfer	P Mod	Substantial/maximal assistance	Partial/moderate assistance	Partial/moderate assistance
Comments:	Patient gets worried about falling due to past fall that occurred when the patient was not a resident here. Pt requires encouragement and fall prevention techniques to reduce the fear of falling.			
LTG #2.2 - Continue				
Patient will improve ability to safely and efficiently perform UB dressing with Setup or Clean-up Assistance in order to be able to return to prior level of living.				
	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (3/26/2025)	Current (4/8/2025)
Upper body dressing	P Mod	Substantial/maximal assistance	Supervision or touching assistance	Supervision or touching assistance
Comments:	Patient requires assistance donning the back part of shirt			
LTG #3.1 - Continue				
Patient will improve ability to safely and efficiently perform LB dressing with Partial/Moderate Assistance using adaption techniques in order to facilitate ability to live in environment with least amount of supervision and assistance.				
	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (3/26/2025)	Current (4/8/2025)
Lower body dressing	Dep	Dependent	Substantial/maximal assistance	Substantial/maximal assistance
Comments:				
LTG #4.0 - Continue				
Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Min A to reduce burden on caregivers and increase participation in perineal hygiene tasks.				
	PLOF (prior to onset)	Baseline (2/25/2025)	Previous (3/26/2025)	Current (4/8/2025)
	Min A	Max A	Mod/Max A	Mod/Max A
Comments:				
LTG #5.0 - Continue				
Patient will increase standing tolerance to 4 minutes with Mod A to increase participation in toileting tasks and decrease burden on caregivers.				
	PLOF (prior to onset)	Baseline (3/11/2025)	Previous (3/26/2025)	Current (4/8/2025)
	5+ with Min/Mod A	< 1 minute with Mod	1 minute with Min/Mod A	1 minute with Min/Mod A
Comments:				

Precautions / Prior Living / Discharge / Transition Plan	
New Symptoms	Patient reports new signs/symptoms? = No
Medications	Medications Impacting Condition/Treatment: Please see medical chart
Precautions	Precautions = Precautions are as follows: Precautions Details: Fall risk, tremors, limited mobility in B shoulders. Mod/Max A
Contraindications	Contraindications = No contraindications present.

**Occupational Therapy
OT Therapy Progress Report**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 3/27/2025 - 4/8/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Precautions / Prior Living / Discharge / Transition Plan

Allergies / Intolerances Allergies and Intolerances = No allergies/intolerances present.
Medical Hx Prior Medical History: PMHx: Back pain with radiculopathy, HTN, Glaucoma, Parkinson's disease, tremors, lumbar spinal stenosis
Prior Living Prior Living Environment = Patient is a resident of this facility.
Prior Equipment Equipment Prior to Onset: FWW, W/c
Discharge Plan Transition/Discharge Plan = Patient to reside in this LTC facility.
Outcome Risk(s) Risk Areas that may Impact Long Term Outcome(s) = Multiple medical conditions/history, Multiple medications
Desired Change in Condition of Risk area: Decrease fall risk, facilitate IND with ADLs and self-care tasks

Functional Skills Assessment

Eating Eating = Independent
Hygiene Oral hygiene = Independent
Dentition = Teeth
Toileting hygiene = Substantial/maximal assistance
Transfers Toilet transfer = Partial/moderate assistance
Toilet Assessed = Raised Toilet Seat
Bathing Shower/bathe self = Partial/moderate assistance
Dressing Upper body dressing = Supervision or touching assistance
Lower body dressing = Substantial/maximal assistance
Putting on/taking off footwear = Dependent
Self-Care Score Self Care Function Score (score 0 - 12; 12 being the highest function) = 9
Self Care Performance Raw Score = 24
Mobility Score Mobility Function Score (ranges from 0 - 12; 12 being the highest function) = 1
Mobility Performance Raw Score = 3

Functional Skills Assessment - Activities of Daily Living (ADLs) & Instrumental ADLs

Hygiene Personal hygiene = Independent

Functional Skills Assessment - Functional Mobility

Bathing Tub/Shower transfer = Not attempted due to medical conditions or safety concerns

Assessment and Summary of Skilled Services

Interventions Skilled Interventions Provided: Direct, hands-on care with patient this reporting period focused on the following skilled interventions: self-care skills, retraining to increase independence with AD; neuromuscular re education for functional mobility; therapeutic exercises for ROM, strength and endurance, training with therapeutic activities, fall prevention techniques and safe transfer training.
Patient Progress Progress & Response to Treatment: Patient participated with skilled interventions this reporting period, demonstrated a slow and gradual increase in strength to UE's. STG was met in strength with patient being able to have 3+/5 strength to increase participation in self-care tasks showing improvement in functional activity tolerance and an increase in static balance all due to active participation in tx sessions from skilled OT services. On 4/4, patient had another COC of weight loss of 5 lbs x 1 month. MD and family were notified of change. Pt has demonstrated good to fair levels of motivation and compliance of skilled services and continues to benefit from compensatory techniques, energy conservations, balance training, task segmentation, environmental modifications, safety precautions to prevent falls. Continuation of skilled OT services will further analyze and adapt tx accordingly in order to increase (I) in ADL and reduce risk of functional decline.
Balance Patient sits unsupported for 30 seconds with feet flat on floor and no back support? = Yes; Patient stands unsupported with AD for 10 seconds? = No
Supervision OT/Assistant Supervision: Communication regarding the patient's objective progress and treatment progression has occurred with the treating clinician(s) this reporting period and Skilled services provided by therapist this reporting period, as well as with assistant.

**Occupational Therapy
OT Therapy Progress Report**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 3/27/2025 - 4/8/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Assessment and Summary of Skilled Services

Communication Team Communication/Collaboration: Collaborated with team regarding patient's discharge/transition planning and Consultation with therapists to facilitate patient's highest level of functional independence.

Clinical Tests/Objectives Measures with Clinical Results

Test/Sit Balance Sitting Balance Scale = NT
Interpretation Interpretation of Test(s) & Measure(s): NT

Justification for Continued Skilled Services

Impairments Remaining Impairments: Balance deficits, decreased dynamic balance, decreased functional capacity, decreased insight, decreased safety awareness, pain, tremors and safety awareness deficits.

Continued Skill Reason for Skilled Services: Continued OT services are necessary to promote safety awareness with ADLs, advocate for patient to increase OOB activities to help with coping strategies on PD dx, continue increasing strength and endurance in extremities, assess and modify environmental barriers, assess safety with toilet commode transfers, assess safety and independence with ADLs, develop and instruct in adaptation techniques, develop and instruct on compensatory strategies, develop and instruct in exercise program, facilitate standing tolerance and increase independence with ADLs in order to facilitate follow-through with techniques and strategies and return to prior level of skill performance. Due to the documented physical impairments and associated functional deficits, without skilled therapeutic intervention, the patient is at risk for: falls, limiting functional movement, further decline in function, and decreased participation with functional tasks.

Intervention Modes Can interventions be provided using treatment modes other than individual? = No

Plan of Tx Focus Focus of Plan of Treatment = Restoration, Compensation, Adaptation

I accept responsibility for the content documented in this patient's record and attest, to the best of my knowledge, that it accurately reflects the current performance, condition and medically necessary, skilled services provided per this patient's current treatment plan.

Original Signature: _____ Electronically signed by Genesis Perez, OT 4/8/2025 01:47:11 PM PDT
Date

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 4/10/2025 - 5/7/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Diagnoses

Type	Code	Description	Onset
Med	G20.B1	Parkinson's disease with dyskinesia, without mention of fluctuations	1/16/2025
Med	M62.81	Muscle weakness (generalized)	1/16/2025
Med	I10	Essential (primary) hypertension	1/16/2025
Tx	M62.81	Muscle weakness (generalized)	1/16/2025

Summary of Functional Progress Since Last Certification

LTG Goal #1.1 - Discontinue

Patient will improve ability to complete toilet / commode transfers with Supervision or Touching Assistance with ability to right self to achieve/maintain balance and identify environmental barriers..

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (4/8/2025)	Current (4/10/2025)
Toilet transfer	P Mod	Substantial/maximal assistance	Partial/moderate assistance	Substantial/maximal assistance

Comments:

LTG Goal #2.2 - Continue

Patient will improve ability to safely and efficiently perform UB dressing with Setup or Clean-up Assistance in order to be able to return to prior level of living.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (4/8/2025)	Current (4/10/2025)
Upper body dressing	P Mod	Substantial/maximal assistance	Supervision or touching assistance	Supervision or touching assistance

Comments:

LTG Goal #3.1 - Discontinue

Patient will improve ability to safely and efficiently perform LB dressing with Partial/Moderate Assistance using adaption techniques in order to facilitate ability to live in environment with least amount of supervision and assistance.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (4/8/2025)	Current (4/10/2025)
Lower body dressing	Dep	Dependent	Substantial/maximal assistance	Substantial/maximal assistance

Comments:

LTG Goal #4.0 - Continue

Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Min A to reduce burden on caregivers and increase participation in perineal hygiene tasks.

	PLOF (prior to onset)	Baseline (2/25/2025)	Previous (4/8/2025)	Current (4/10/2025)
	Min A	Max A	Mod/Max A	Mod A

Comments:

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 4/10/2025 - 5/7/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

LTG Goal #5.0 - Continue

Patient will increase standing tolerance to 4 minutes with Mod A to increase participation in toileting tasks and decrease burden on caregivers.

PLOF (prior to onset)	Baseline (3/11/2025)	Previous (4/8/2025)	Current (4/10/2025)
5+ with Min/Mod A	< 1 minute with Mod	1 minute with Min/Mod A	1 minute with Min/Mod A

Comments:

LTG Goal #6.0 - New Goal

Patient will improve ability to safely and efficiently perform LB dressing 2/5 trials with Substantial/Maximal Assistance in order to return to prior level of skill performance.

PLOF (prior to onset)	Baseline (4/10/2025)
Min/Mod	Max/TD

STG Goal #7.0 - Goal Met

Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Mod A to reduce burden on caregivers and increase participation in perineal hygiene tasks.

PLOF (prior to onset)	Baseline (2/25/2025)	Previous (4/8/2025)	Current (4/10/2025)
Min A	Max A	Patients tolerance to assisting with perineal hygiene supine in bed fluctuates depending on the patients tremors.	Mod A

Comments:

STG Goal #8.0 - Continue

Patient will increase standing tolerance to 2 minutes with Mod A to increase participation in toileting tasks and decrease burden on caregivers.

PLOF (prior to onset)	Baseline (3/11/2025)	Previous (4/8/2025)	Current (4/10/2025)
5+ minutes with Min/Mod A	<1 minute with Mod A	1 minute with Min/Mod A	1 minute with Min/Mod A

Comments:

Precautions / Prior Living / Discharge / Transition Plan

New Symptoms Patient reports new signs/symptoms? = No
Medications Medications Impacting Condition/Treatment: Please see medical chart
Precautions Precautions = Precautions are as follows:
Precautions Details: Fall risk, tremors, limited mobility in B shoulders. Mod/Max A
Contraindications Contraindications = No contraindications present.
Allergies / Intolerances Allergies and Intolerances = No allergies/intolerances present.
Medical Hx Prior Medical History: PMHx: Back pain with radiculopathy, HTN, Glaucoma, Parkinson's disease, tremors, lumbar spinal stenosis
Prior Living Prior Living Environment = Patient is a resident of this facility.

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 4/10/2025 - 5/7/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Precautions / Prior Living / Discharge / Transition Plan

Prior Equipment Equipment Prior to Onset: FWW, W/c
Discharge Plan Transition/Discharge Plan = Patient to reside in this LTC facility.

Functional Skills Assessment

Eating Eating = Independent
Hygiene Oral hygiene = Independent
 Dentition = Teeth
 Toileting hygiene = Substantial/maximal assistance
Transfers Toilet transfer = Substantial/maximal assistance
 Toilet Assessed = Raised Toilet Seat (Patient wears briefs to prevent accidents)
Bathing Shower/bathe self = Partial/moderate assistance
Dressing Upper body dressing = Supervision or touching assistance
 Lower body dressing = Substantial/maximal assistance
 Putting on/taking off footwear = Dependent
Self-Care Score Self Care Function Score (score 0 - 12; 12 being the highest function) = 9
 Self Care Performance Raw Score = 24
Mobility Score Mobility Function Score (ranges from 0 - 12; 12 being the highest function) = 0
 Mobility Performance Raw Score = 2

Functional Skills Assessment - Activities of Daily Living (ADLs) & Instrumental ADLs

Hygiene Personal hygiene = Independent

Functional Skills Assessment - Functional Mobility

Bathing Tub/Shower transfer = Not attempted due to medical conditions or safety concerns

Assessment and Summary of Skilled Services

Interventions Skilled Interventions Provided: Direct, hands-on care with patient this reporting period focused on the following skilled interventions: self-care skills, retraining to increase independence; neuromuscular re education for functional mobility; therapeutic exercises for ROM, strength and endurance, training with therapeutic activities, fall prevention techniques and safe transfer training.

Patient Progress Progress & Response to Treatment: Patient participated with skilled interventions this reporting period, demonstrated a slow and gradual increase in independence with self-care tasks specifically handrail use for perineal hygiene supine in bed. STG was met for the self-care task stated above. New goals were made to better suit the patients capabilities due to patients dx. Patient is showing improvement in functional activity tolerance and an increase in static standing balance all due to active participation in tx sessions from skilled OT services. Patient had a COC on, 4/4 weight loss of 5 lbs x 1 month. MD and family were notified of change. Pt has demonstrated good levels of motivation and compliance of skilled services and continues to benefit from compensatory techniques, ther exer's to increase strength and endurance, ther act's to increase functional mobility, balance training, task segmentation, environmental modifications, safety precautions to prevent falls. Continuation of skilled OT services will further analyze and adapt tx accordingly in order to increase (I) in ADL and reduce risk of functional decline.

Balance Patient sits unsupported for 30 seconds with feet flat on floor and no back support? = Yes; Patient stands unsupported with AD for 10 seconds? = No

Communication Team Communication/Collaboration: Collaborated with team regarding patient's discharge/transition planning and Consultation with therapists to facilitate patient's highest level of functional independence.

Clinical Tests/Objectives Measures with Clinical Results

Test/Sit Balance Sitting Balance Scale = NT
Tests / Measures Tests/Measures: Modified Barthel Index (Shah et al.)= 69 points
Interpretation Interpretation of Test(s) & Measure(s): 61-90: Moderate dependence

**Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 4/10/2025 - 5/7/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Justification for Continued Skilled Services

Impairments Remaining Impairments: balance deficits, decreased dynamic balance, decreased insight, decreased safety awareness, strength impairments, tremors, safety awareness deficits and decreased static balance.

Continued Skill Reason for Skilled Services: Continued OT services are necessary to develop and instruct on adaptation techniques, facilitate dynamic standing balance and facilitate independence with ADLs, develop and instruct on compensatory techniques, instruct and train on fall prevention techniques, and increase safety awareness in order to return to the same skill performance or have less assistance in self-care tasks. Due to the documented physical impairments: Continued OT services to improve functional mobility, enhance safety, and restore independence in daily activities. Balance impairments, often caused by neurological conditions, or aging-related changes, significantly increase the risk of falls and injuries, leading to further functional decline. Generalized weakness further compounds these challenges by reducing a patient's ability to perform essential activities of daily living (ADLs) such as dressing, bathing, and toileting. Skilled occupational therapy interventions focus on neuromuscular re-education, balance training, therapeutic exercises, and task-specific functional retraining to enhance stability and strength. Additionally, occupational therapists assess the need for further adaptive equipment, provide fall prevention strategies, and educate patients and caregivers on safe mobility techniques to maximize independence. Without skilled occupational therapy services, patients with balance deficits and generalized weakness are at an increased risk of falls, loss of autonomy, and overall decline in quality of life, underscoring the necessity of skilled intervention to promote recovery and long-term safety. Without skilled therapeutic intervention, the patient is at risk for: falls and decrease in level of functional mobility.

Intervention Modes Can interventions be provided using treatment modes other than individual? = No

Plan of Tx Focus Focus of Plan of Treatment = Restoration, Compensation, Adaptation

Plan of Treatment

Treatment Approaches May Include

- Therapeutic exercises (97110)
- Neuromuscular reeducation (97112)
- Therapeutic activities (97530)
- Self care management training (97535)

Frequency: 4 time(s)/week

Duration: 4 week(s)

Intensity: Daily

Cert. Period: 4/10/2025 - 5/7/2025

Potential for Achieving Rehab Goals: Patient demonstrates excellent rehab potential as evidenced by ability to follow 2-step directions, ability to self correct, able to make needs known, attentive to tasks, active participation with plan of treatment, compliance with techniques, good cognition, motivated to participate, supportive caregivers/staff and strong family support.

Patient/Caregiver Assisted in Updated Treatment Plan = Yes

Risk Areas that may Impact Long Term Outcome(s) = Multiple medical conditions/history, Multiple medications

Desired Change in Condition of Risk area: Decrease fall risk, facilitate IND with ADLs and self-care tasks

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
 NPI: 1568461275

Certification Period: 4/10/2025 - 5/7/2025
 Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M	DOB: 1/6/1938	Start of Care: 1/16/2025
Payer: Medicare Part B		
MRN: 12964		

Objective Progress / Short-Term Goals

STG #7.0 - Goal Met

Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Mod A to reduce burden on caregivers and increase participation in perineal hygiene tasks. (Target: 4/14/2025)

PLOF (prior to onset)	Baseline (2/25/2025)	Previous (4/8/2025)
Min A	Max A	Patients tolerance to assisting with perineal hygiene supine in bed fluctuates depending on the patients tremors.

Comments:

STG #8.0 - Continue

Patient will increase standing tolerance to 2 minutes with Mod A to increase participation in toileting tasks and decrease burden on caregivers. (Target: 4/16/2025)

PLOF (prior to onset)	Baseline (3/11/2025)	Previous (4/8/2025)
5+ minutes with Min/Mod A	<1 minute with Mod A	1 minute with Min/Mod A

Comments:

STG #9.0 - New Goal

Patient will improve ability to safely and efficiently perform LB dressing 1/5 trials with Substantial/Maximal Assistance in order to return to prior level of skill performance. (Target: 4/16/2025)

PLOF (prior to onset)	Baseline (4/10/2025)
Min/Mod A	Max A/TD

STG #10.0 - New Goal

Patient will improve ability to complete toilet/commode transfers with proper hand/foot placements with Mod A and 1 verbal cueing to facilitate IND with transfers (Target: 4/16/2025)

PLOF (prior to onset)	Baseline (4/10/2025)
Mod A	Max A

STG #11.0 - New Goal

Patient will increase finger dexterity with Minimal assistance and 1 verbal cueing to increase accuracy and patients self-esteem with personal hygiene. (Target: 4/16/2025)

PLOF (prior to onset)	Baseline (4/10/2025)
Min A	Mod/Max A

Objective Progress / Long-Term Goals

LTG #1.1 - Discontinue

Patient will improve ability to complete toilet / commode transfers with Supervision or Touching Assistance with ability to right self to achieve/maintain balance and identify environmental barriers.. (Target: 4/21/2025)

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (4/8/2025)
Toilet transfer	P Mod	Substantial/maximal assistance	Partial/moderate assistance

Comments:

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
 NPI: 1568461275

Certification Period: 4/10/2025 - 5/7/2025
 Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Objective Progress / Long-Term Goals

LTG #2.2 - Continue

Patient will improve ability to safely and efficiently perform UB dressing with Setup or Clean-up Assistance in order to be able to return to prior level of living. (Target: 4/21/2025)

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (4/8/2025)
Upper body dressing	P Mod	Substantial/maximal assistance	Supervision or touching assistance

Comments:

LTG #3.1 - Discontinue

Patient will improve ability to safely and efficiently perform LB dressing with Partial/Moderate Assistance using adaption techniques in order to facilitate ability to live in environment with least amount of supervision and assistance. (Target: 4/21/2025)

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (4/8/2025)
Lower body dressing	Dep	Dependent	Substantial/maximal assistance

Comments:

LTG #4.0 - Continue

Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Min A to reduce burden on caregivers and increase participation in perineal hygiene tasks. (Target: 4/21/2025)

	PLOF (prior to onset)	Baseline (2/25/2025)	Previous (4/8/2025)
	Min A	Max A	Mod/Max A

Comments:

LTG #5.0 - Continue

Patient will increase standing tolerance to 4 minutes with Mod A to increase participation in toileting tasks and decrease burden on caregivers. (Target: 4/16/2025)

	PLOF (prior to onset)	Baseline (3/11/2025)	Previous (4/8/2025)
	5+ with Min/Mod A	< 1 minute with Mod	1 minute with Min/Mod A

Comments:

LTG #6.0 - New Goal

Patient will improve ability to safely and efficiently perform LB dressing 2/5 trials with Substantial/Maximal Assistance in order to return to prior level of skill performance. (Target: 5/7/2025)

	PLOF (prior to onset)	Baseline (4/10/2025)
	Min/Mod	Max/TD

I accept responsibility for the content documented in this patient's record and attest, to the best of my knowledge, that it accurately reflects the current performance, condition and medically necessary, skilled services provided per this patient's current treatment plan.

Original Signature: _____ Electronically signed by Genesis Perez, OT 4/10/2025 04:49:41 PM PDT
Date

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 4/10/2025 - 5/7/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M	DOB: 1/6/1938	Start of Care: 1/16/2025
Payer: Medicare Part B		
MRN: 12964		

I certify the need for these medically necessary services furnished under this plan of treatment while under my care from 4/10/2025 through 5/7/2025.

Physician Signature: _____

Hamid Eskandari NPI: 1063662682 Date: _____

Occupational Therapy OT Therapy Progress Report

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 4/10/2025 - 4/22/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Diagnoses

Type	Code	Description	Onset
Med	G20.B1	Parkinson's disease with dyskinesia, without mention of fluctuations	1/16/2025
Med	M62.81	Muscle weakness (generalized)	1/16/2025
Med	I10	Essential (primary) hypertension	1/16/2025
Tx	M62.81	Muscle weakness (generalized)	1/16/2025

Patient was seen for 7 day(s) during the 4/10/2025 - 4/22/2025 progress period.

Objective Progress / Short-Term Goals

STG #8.0 - Goal Met

Patient will increase standing tolerance to 2 minutes with Mod A to increase participation in toileting tasks and decrease burden on caregivers.

PLOF (prior to onset)	Baseline (3/11/2025)	Previous (4/10/2025)	Current (4/22/2025)
5+ minutes with Min/Mod A	<1 minute with Mod A	1 minute with Min/Mod A	2 minutes Mod A

Comments:

STG #9.0 - Continue

Patient will improve ability to safely and efficiently perform LB dressing 1/5 trials with Substantial/Maximal Assistance in order to return to prior level of skill performance.

PLOF (prior to onset)	Baseline (4/10/2025)	Previous (4/10/2025)	Current (4/22/2025)
Min/Mod A	Max A/TD	Max A/TD	Max/TD

Comments:

STG #10.0 - Continue

Patient will improve ability to complete toilet/commode transfers with proper hand/foot placements with Mod A and 1 verbal cueing to facilitate IND with transfers

PLOF (prior to onset)	Baseline (4/10/2025)	Previous (4/10/2025)	Current (4/22/2025)
Mod A	Max A	Max A	Mod/Max A with 2-3 verbal cues

Comments:

STG #11.0 - Continue

Patient will increase finger dexterity with Minimal assistance and 1 verbal cueing to increase accuracy and patients self-esteem with personal hygiene.

PLOF (prior to onset)	Baseline (4/10/2025)	Previous (4/10/2025)	Current (4/22/2025)
Min A	Mod/Max A	Mod/Max A	Min A with 2 verbal cueing

Comments:

Occupational Therapy OT Therapy Progress Report

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 4/10/2025 - 4/22/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Objective Progress / Long-Term Goals

LTG #2.2 - Continue

Patient will improve ability to safely and efficiently perform UB dressing with Setup or Clean-up Assistance in order to be able to return to prior level of living.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (4/10/2025)	Current (4/22/2025)
Upper body dressing	P Mod	Substantial/maximal assistance	Supervision or touching assistance	Supervision or touching assistance

Comments:

LTG #4.0 - Continue

Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Min A to reduce burden on caregivers and increase participation in perineal hygiene tasks.

	PLOF (prior to onset)	Baseline (2/25/2025)	Previous (4/10/2025)	Current (4/22/2025)
	Min A	Max A	Mod A	Mod A

Comments:

LTG #5.0 - Continue

Patient will increase standing tolerance to 4 minutes with Mod A to increase participation in toileting tasks and decrease burden on caregivers.

	PLOF (prior to onset)	Baseline (3/11/2025)	Previous (4/10/2025)	Current (4/22/2025)
	5+ with Min/Mod A	< 1 minute with Mod	1 minute with Min/Mod A	2 minutes with Min A

Comments:

LTG #6.0 - Continue

Patient will improve ability to safely and efficiently perform LB dressing 2/5 trials with Substantial/Maximal Assistance in order to return to prior level of skill performance.

	PLOF (prior to onset)	Baseline (4/10/2025)	Previous (4/10/2025)	Current (4/22/2025)
	Min/Mod	Max/TD	Max/TD	Max/TD

Comments:

Precautions / Prior Living / Discharge / Transition Plan

New Symptoms Patient reports new signs/symptoms? = No

Medications Medications Impacting Condition/Treatment: Please see medical chart

Precautions Precautions = Precautions are as follows:
Precautions Details: Fall risk, tremors, limited mobility in B shoulders. Mod/Max A

Contraindications Contraindications = No contraindications present.

Allergies / Intolerances Allergies and Intolerances = No allergies/intolerances present.

Medical Hx Prior Medical History: PMHx: Back pain with radiculopathy, HTN, Glaucoma, Parkinson's disease, tremors, lumbar spinal stenosis

Prior Living Prior Living Environment = Patient is a resident of this facility.

Prior Equipment Equipment Prior to Onset: FWW, W/c

Discharge Plan Transition/Discharge Plan = Patient to reside in this LTC facility.

Outcome Risk(s) Risk Areas that may Impact Long Term Outcome(s) = Multiple medical conditions/history, Multiple medications
Desired Change in Condition of Risk area: Decrease fall risk, facilitate IND with ADLs and self-care tasks

**Occupational Therapy
OT Therapy Progress Report**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 4/10/2025 - 4/22/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Functional Skills Assessment

Eating Eating = Independent
Hygiene Oral hygiene = Independent
 Dentition = Teeth
 Toileting hygiene = Substantial/maximal assistance
Transfers Toilet transfer = Partial/moderate assistance
 Toilet Assessed = Raised Toilet Seat, Other (Patient wears briefs to prevent accidents)
Bathing Shower/bathe self = Partial/moderate assistance (Min/Mod A)
Dressing Upper body dressing = Supervision or touching assistance
 Lower body dressing = Substantial/maximal assistance
 Putting on/taking off footwear = Dependent
Self-Care Score Self Care Function Score (score 0 - 12; 12 being the highest function) = 9
 Self Care Performance Raw Score = 24
Mobility Score Mobility Function Score (ranges from 0 - 12; 12 being the highest function) = 1
 Mobility Performance Raw Score = 3

Functional Skills Assessment - Activities of Daily Living (ADLs) & Instrumental ADLs

Hygiene Personal hygiene = Independent

Functional Skills Assessment - Functional Mobility

Bathing Tub/Shower transfer = Not attempted due to medical conditions or safety concerns

Assessment and Summary of Skilled Services

Interventions Skilled Interventions Provided: Direct, hands-on care with patient this reporting period focused on the following skilled interventions: self-care skills, retraining to increase independence; neuromuscular re education for functional mobility; therapeutic exercises for ROM, strength and endurance, training with therapeutic activities, fall prevention techniques and safe transfer training.

Patient Progress Progress & Response to Treatment: Patient participated with skilled interventions this reporting period, demonstrated a slow and gradual increase in standing tolerance to facilitate independence with toileting tasks. Pt is able to stand for 2 minutes to facilitate independence with toileting tasks and has now met that STG all due to active participation in tx sessions from skilled OT services. Patient had a COC on 4/14 of, Bilateral Foot fungal rash. MD was notified and new orders were put to closely monitor patient. Pt has demonstrated good levels of motivation and compliance of skilled services and continues to benefit from compensatory techniques, energy conservations, balance training, adaptive methods due to tremors, environmental modifications, and fall prevention techniques Continuation of skilled OT services will further analyze and adapt tx accordingly in order to increase (I) in ADL and reduce risk of functional decline.

Balance Patient sits unsupported for 30 seconds with feet flat on floor and no back support? = Yes; Patient stands unsupported with AD for 10 seconds? = No

Supervision OT/Assistant Supervision: Communication regarding the patient's objective progress and treatment progression has occurred with the treating clinician(s) this reporting period and Skilled services provided by therapist this reporting period, not by assistant.

Communication Team Communication/Collaboration: Collaborated with team regarding patient's discharge/transition planning and Consultation with therapists to facilitate patient's highest level of functional independence.

Clinical Tests/Objectives Measures with Clinical Results

Test/Sit Balance Sitting Balance Scale = NT
Interpretation Interpretation of Test(s) & Measure(s): NT

Justification for Continued Skilled Services

Impairments Remaining Impairments: balance deficits, decreased dynamic balance, decreased insight, decreased safety awareness, tremors, strength impairments and safety awareness deficits.

**Occupational Therapy
OT Therapy Progress Report**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 4/10/2025 - 4/22/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Justification for Continued Skilled Services

Continued Skill Reason for Skilled Services: Continued skilled occupational therapy services are necessary for this patient due to ongoing balance deficits that place them at a high risk for falls and significantly impair their ability to perform essential activities of daily living (ADLs) safely and independently. The patient presents with both static and dynamic standing balance impairments, including slight difficulty with weight shifting, which have resulted in frequent loss of balance during basic functional tasks such as toileting, bathing, and dressing. Skilled OT interventions remain critical for addressing these deficits through evidence-based neuromuscular re-education, proprioceptive training, and task-specific balance activities tailored to the patient's current capabilities and therapeutic response. The patient requires continued therapist supervision and cueing to ensure proper technique, safety awareness, and consistent engagement in therapeutic activities. Progress has been noted in the patient's ability to tolerate balance challenges with decreased physical assistance; however, the patient has not yet achieved a functional level sufficient for safe participation in ADLs without skilled support. Additionally, the patient benefits from continued education in environmental modification, use of adaptive strategies, and fall prevention techniques, which require skilled reinforcement for carryover into daily routines. The complexity of the patient's condition and their potential for further improvement support the medical necessity for ongoing skilled occupational therapy.

Intervention Modes Can interventions be provided using treatment modes other than individual? = No

Plan of Tx Focus Focus of Plan of Treatment = Restoration, Compensation, Adaptation

I accept responsibility for the content documented in this patient's record and attest, to the best of my knowledge, that it accurately reflects the current performance, condition and medically necessary, skilled services provided per this patient's current treatment plan.

Original Signature: _____ Electronically signed by Genesis Perez, OT 4/22/2025 04:19:08 PM PDT
Date

Occupational Therapy OT Therapy Progress Report

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 4/23/2025 - 5/4/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Diagnoses

Type	Code	Description	Onset
Med	G20.B1	Parkinson's disease with dyskinesia, without mention of fluctuations	1/16/2025
Med	M62.81	Muscle weakness (generalized)	1/16/2025
Med	I10	Essential (primary) hypertension	1/16/2025
Tx	M62.81	Muscle weakness (generalized)	1/16/2025

Patient was seen for 7 day(s) during the 4/23/2025 - 5/4/2025 progress period.

Objective Progress / Short-Term Goals

STG #9.0 - Continue

Patient will improve ability to safely and efficiently perform LB dressing 1/5 trials with Substantial/Maximal Assistance in order to return to prior level of skill performance.

PLOF (prior to onset)	Baseline (4/10/2025)	Previous (4/22/2025)	Current (5/4/2025)
Min/Mod A	Max A/TD	Max/TD	Max/TD

Comments:

STG #10.0 - Continue

Patient will improve ability to complete toilet/commode transfers with proper hand/foot placements with Mod A and 1 verbal cueing to facilitate IND with transfers

PLOF (prior to onset)	Baseline (4/10/2025)	Previous (4/22/2025)	Current (5/4/2025)
Mod A	Max A	Mod/Max A with 2-3 verbal cues	Mod/Max A with 2 verbal cues

Comments:

STG #11.0 - Continue

Patient will increase finger dexterity with Minimal assistance and 1 verbal cueing to increase accuracy and patients self-esteem with personal hygiene.

PLOF (prior to onset)	Baseline (4/10/2025)	Previous (4/22/2025)	Current (5/4/2025)
Min A	Mod/Max A	Min A with 2 verbal cueing	Min A with 2 verbal cueing

Comments:

Objective Progress / Long-Term Goals

LTG #2.2 - Continue

Patient will improve ability to safely and efficiently perform UB dressing with Setup or Clean-up Assistance in order to be able to return to prior level of living.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (4/22/2025)	Current (5/4/2025)
Upper body dressing	P Mod	Substantial/maximal assistance	Supervision or touching assistance	Partial/moderate assistance

Comments:

Occupational Therapy OT Therapy Progress Report

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 4/23/2025 - 5/4/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Objective Progress / Long-Term Goals

LTG #4.0 - Continue

Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Min A to reduce burden on caregivers and increase participation in perineal hygiene tasks.

PLOF (prior to onset)	Baseline (2/25/2025)	Previous (4/22/2025)	Current (5/4/2025)
Min A	Max A	Mod A	Mod A

Comments:

LTG #5.0 - Continue

Patient will increase standing tolerance to 4 minutes with Mod A to increase participation in toileting tasks and decrease burden on caregivers.

PLOF (prior to onset)	Baseline (3/11/2025)	Previous (4/22/2025)	Current (5/4/2025)
5+ with Min/Mod A	< 1 minute with Mod	2 minutes with Min A	2 minutes with Min A

Comments:

LTG #6.0 - Continue

Patient will improve ability to safely and efficiently perform LB dressing 2/5 trials with Substantial/Maximal Assistance in order to return to prior level of skill performance.

PLOF (prior to onset)	Baseline (4/10/2025)	Previous (4/22/2025)	Current (5/4/2025)
Min/Mod	Max/TD	Max/TD	Max/TD

Comments:

Precautions / Prior Living / Discharge / Transition Plan

New Symptoms Patient reports new signs/symptoms? = No

Medications Medications Impacting Condition/Treatment: Please see medical chart

Precautions Precautions = Precautions are as follows:
Precautions Details: Fall risk, tremors, limited mobility in B shoulders. Mod/Max A

Contraindications Contraindications = No contraindications present.

Allergies / Intolerances Allergies and Intolerances = No allergies/intolerances present.

Medical Hx Prior Medical History: PMHx: Back pain with radiculopathy, HTN, Glaucoma, Parkinson's disease, tremors, lumbar spinal stenosis

Prior Living Prior Living Environment = Patient is a resident of this facility.

Prior Equipment Equipment Prior to Onset: FWW, W/c

Discharge Plan Transition/Discharge Plan = Patient to reside in this LTC facility.

Outcome Risk(s) Risk Areas that may Impact Long Term Outcome(s) = Multiple medical conditions/history, Multiple medications
Desired Change in Condition of Risk area: Decrease fall risk, facilitate IND with ADLs and self-care tasks

Functional Skills Assessment

Eating Eating = Independent

Hygiene Oral hygiene = Partial/moderate assistance
Dentition = Teeth
Toileting hygiene = Substantial/maximal assistance

Transfers Toilet transfer = Partial/moderate assistance
Toilet Assessed = Raised Toilet Seat, Other (Pt wears briefs to prevent accidents)

**Occupational Therapy
OT Therapy Progress Report**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 4/23/2025 - 5/4/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Functional Skills Assessment

Bathing Shower/bathe self = Partial/moderate assistance
Dressing Upper body dressing = Partial/moderate assistance
Lower body dressing = Substantial/maximal assistance
Putting on/taking off footwear = Dependent
Self-Care Score Self Care Function Score (score 0 - 12; 12 being the highest function) = 7
Self Care Performance Raw Score = 20
Mobility Score Mobility Function Score (ranges from 0 - 12; 12 being the highest function) = 1
Mobility Performance Raw Score = 3

Functional Skills Assessment - Activities of Daily Living (ADLs) & Instrumental ADLs

Hygiene Personal hygiene = Independent

Functional Skills Assessment - Functional Mobility

Bathing Tub/Shower transfer = Not attempted due to medical conditions or safety concerns

Assessment and Summary of Skilled Services

Interventions Skilled Interventions Provided: Pt is receiving skilled OT services through neuro reed, therex, theract, and self care training to promote safety awareness, postural control, activity tolerance, UB strengthening, motor control, and GMC to increase pt's ability to participate in functional mobility and ADL tasks.
Patient Progress Progress & Response to Treatment: Maximum improvement is yet to be attained, Patient is progressing with current treatment interventions and Plan Of Treatment and Patient's condition has potential to improve as a result of skilled rehab.
Balance Patient sits unsupported for 30 seconds with feet flat on floor and no back support? = Yes; Patient stands unsupported with AD for 10 seconds? = No
Supervision OT/Assistant Supervision: Therapist participated in direct patient care during this reporting period and Communication regarding the patient's objective progress and treatment progression has occurred with the treating clinician(s) this reporting period.
Communication Team Communication/Collaboration: Treatment results communicated to Interdisciplinary Team and Reviewed patient's plan of treatment and treatment services with interdisciplinary team members.

Clinical Tests/Objectives Measures with Clinical Results

Test/Sit Balance Sitting Balance Scale = NT
Interpretation Interpretation of Test(s) & Measure(s): NT

Justification for Continued Skilled Services

Impairments Remaining Impairments: balance deficits, body awareness deficits, decreased coordination, decreased dynamic balance, decreased eye hand/eye head coordination, decreased functional capacity, decreased safety awareness, decreased static balance, fine motor control deficits, gross motor coordination deficits, postural alignment/control, tremors and strength impairments.
Continued Skill Reason for Skilled Services: Continued OT services are necessary to assess and modify environmental barriers, assess and modify environmental hazards, assess safety and independence with ADLs, assess safety with adaptive equipment, assess the need for adaptations/assistive devices, develop and instruct on compensatory strategies, develop and instruct on adaptation techniques, increase functional activity tolerance, improve rehab potential, improve motor control/tone in upper extremity, increase safety awareness and increase independence with ADLs in order to be able to return to prior level of living and facilitate follow-through with techniques and strategies . Due to the documented physical impairments and associated functional deficits, without skilled therapeutic intervention, the patient is at risk for: falls, immobility, limited out-of-bed activity, muscle atrophy, decrease in level of mobility and decreased participation with functional tasks.
Intervention Modes Can interventions be provided using treatment modes other than individual? = No
Plan of Tx Focus Focus of Plan of Treatment = Restoration, Compensation, Adaptation

**Occupational Therapy
OT Therapy Progress Report**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 4/23/2025 - 5/4/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

I accept responsibility for the content documented in this patient's record and attest, to the best of my knowledge, that it accurately reflects the current performance, condition and medically necessary, skilled services provided per this patient's current treatment plan.

Original Signature: _____ Electronically signed by Marisa Inada, OT 5/4/2025 02:22:35 PM PDT
Date

Occupational Therapy OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 5/7/2025 - 6/3/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Diagnoses

Type	Code	Description	Onset
Med	G20.B1	Parkinson's disease with dyskinesia, without mention of fluctuations	1/16/2025
Med	M62.81	Muscle weakness (generalized)	1/16/2025
Med	I10	Essential (primary) hypertension	1/16/2025
Tx	M62.81	Muscle weakness (generalized)	1/16/2025

Summary of Functional Progress Since Last Certification

LTG Goal #2.2 - Continue

Patient will improve ability to safely and efficiently perform UB dressing with Setup or Clean-up Assistance in order to be able to return to prior level of living.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (5/4/2025)	Current (5/7/2025)
Upper body dressing	P Mod	Substantial/maximal assistance	Partial/moderate assistance	Partial/moderate assistance

Comments:

LTG Goal #4.0 - Continue

Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Min A to reduce burden on caregivers and increase participation in perineal hygiene tasks.

	PLOF (prior to onset)	Baseline (2/25/2025)	Previous (5/4/2025)	Current (5/7/2025)
	Min A	Max A	Mod A	Mod A

Comments:

LTG Goal #5.0 - Continue

Patient will increase standing tolerance to 4 minutes with Mod A to increase participation in toileting tasks and decrease burden on caregivers.

	PLOF (prior to onset)	Baseline (3/11/2025)	Previous (5/4/2025)	Current (5/7/2025)
	5+ with Min/Mod A	< 1 minute with Mod	2 minutes with Min A	approx 2 min with Mod A

Comments:

LTG Goal #6.0 - Goal Met

Patient will improve ability to safely and efficiently perform LB dressing 2/5 trials with Substantial/Maximal Assistance in order to return to prior level of skill performance.

	PLOF (prior to onset)	Baseline (4/10/2025)	Previous (5/4/2025)	Current (5/7/2025)
	Min/Mod	Max/TD	Max/TD	Max A

Comments:

LTG Goal #7.0 - New Goal

Patient will improve ability to safely and efficiently perform LB dressing with MIN-MOD A in order to return to prior level of skill performance.

	PLOF (prior to onset)	Baseline (5/7/2025)
	Min/Mod A	Max A/TD

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
 NPI: 1568461275

Certification Period: 5/7/2025 - 6/3/2025
 Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

STG Goal #9.0 - Goal Met

Patient will improve ability to safely and efficiently perform LB dressing 1/5 trials with Substantial/Maximal Assistance in order to return to prior level of skill performance.

PLOF (prior to onset)	Baseline (4/10/2025)	Previous (5/4/2025)	Current (5/7/2025)
Min/Mod A	Max A/TD	Max/TD	Max A

Comments:

STG Goal #10.0 - Continue

Patient will improve ability to complete toilet/commode transfers with proper hand/foot placements with Mod A and 1 verbal cueing to facilitate IND with transfers

PLOF (prior to onset)	Baseline (4/10/2025)	Previous (5/4/2025)	Current (5/7/2025)
Mod A	Max A	Mod/Max A with 2 verbal cues	Mod/Max A with 2 verbal cues

Comments: due to Parkinsons, presents with tremors and proximal instability during transfers requiring mod/max A for safety

STG Goal #11.0 - Continue

Patient will increase finger dexterity with Minimal assistance and 1 verbal cueing to increase accuracy and patients self-esteem with personal hygiene.

PLOF (prior to onset)	Baseline (4/10/2025)	Previous (5/4/2025)	Current (5/7/2025)
Min A	Mod/Max A	Min A with 2 verbal cueing	Min A with 2 verbal cueing

Comments: decreased dexterity and fine motor control r/t Parkinsons tremors

Precautions / Prior Living / Discharge / Transition Plan

New Symptoms Patient reports new signs/symptoms? = No
Medications Medications Impacting Condition/Treatment: Please see medical chart
Precautions Precautions = Precautions are as follows:
 Precautions Details: Fall risk, tremors, limited mobility in B shoulders. Mod/Max A
Contraindications Contraindications = No contraindications present.
Allergies / Intolerances Allergies and Intolerances = No allergies/intolerances present.
Medical Hx Prior Medical History: PMHx: Back pain with radiculopathy, HTN, Glaucoma, Parkinson's disease, tremors, lumbar spinal stenosis
Prior Living Prior Living Environment = Patient is a resident of this facility.
Prior Equipment Equipment Prior to Onset: FWW, W/c
Discharge Plan Transition/Discharge Plan = Patient to reside in this LTC facility.

Functional Skills Assessment

Eating Eating = Independent
Hygiene Oral hygiene = Partial/moderate assistance
 Dentition = Teeth
 Toileting hygiene = Substantial/maximal assistance
Transfers Toilet transfer = Partial/moderate assistance
 Toilet Assessed = Raised Toilet Seat

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
 NPI: 1568461275

Certification Period: 5/7/2025 - 6/3/2025
 Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Functional Skills Assessment

Bathing Shower/bathe self = Substantial/maximal assistance
Dressing Upper body dressing = Partial/moderate assistance
 Lower body dressing = Substantial/maximal assistance
 Putting on/taking off footwear = Dependent
Self-Care Score Self Care Function Score (score 0 - 12; 12 being the highest function) = 7
 Self Care Performance Raw Score = 19
Mobility Score Mobility Function Score (ranges from 0 - 12; 12 being the highest function) = 1
 Mobility Performance Raw Score = 3

Functional Skills Assessment - Activities of Daily Living (ADLs) & Instrumental ADLs

Hygiene Personal hygiene = Partial/moderate assistance

Functional Skills Assessment - Functional Mobility

Bathing Tub/Shower transfer = Not attempted due to medical conditions or safety concerns

Assessment and Summary of Skilled Services

Interventions Skilled Interventions Provided: Skilled treatment interventions included instructing and training patient in UE strengthening exercises, postural control training, sitting/standing balance training, positioning/pressure relieving techniques, positioning maneuvers, compensatory strategies, proper body mechanics, safe transfer techniques, safety precautions, use of assistive devices, use of adaptive equipment, environmental modifications and energy conservation techniques in order to promote safety and I with ADLs and functional transfers.

Patient Progress Progress & Response to Treatment: During this reporting period, patient has been compliant with skilled interventions and has been actively participating in tx sessions, has demonstrated progress with LB dressing to Max A using compensatory strategies, cuing and task segmentation. New STG added to gradually increase static tolerance to 2 min, pt currently tolerates standing for approx 90 sec. Due to Parkinsons disease, patient presents with fluctuations in balance, coordination and activity tolerance, however has demonstrated gradual improvement with overall functional task participation since SOC. No COCs this period. Due to medical stability, good participation, and gradual functional improvement, will reduce frequency from 4x to 3x/wk with close monitoring of pt's progress.

Balance Patient sits unsupported for 30 seconds with feet flat on floor and no back support? = Yes; Patient stands unsupported with AD for 10 seconds? = No

Communication Team Communication/Collaboration: Reviewed patient's plan of treatment and treatment services with interdisciplinary team members and Treatment results communicated to Interdisciplinary Team.

Clinical Tests/Objectives Measures with Clinical Results

Test/Sit Balance Sitting Balance Scale = NT
Tests / Measures Tests/Measures: Modified Barthel Index (Shah et al.) = 70 points
Interpretation Interpretation of Test(s) & Measure(s): Interpretation of Tests and Measures = 61-90 Moderate dependence

Justification for Continued Skilled Services

Impairments Remaining Impairments: strength impairments, proximal instability, postural alignment/control, deficits in proprioceptive abilities, fine motor control deficits, gross motor coordination deficits, balance deficits and decreased safety awareness.

Continued Skill Reason for Skilled Services: Due to patient's advanced age and Parkinsons disease, continued OT services are necessary to instruct in compensatory and adaptive strategies to accommodate for tremors and barriers r/t Parkinsons, facilitate standing tolerance and standing balance to reduce CG burden with toileting, strengthening exercises for UE and core stability, energy conservation training to minimize fatigue, make environmental modification as needed to ensure personal items are accessible, assess the need for AE/DME as Parkinsons progresses, and caregiver training. Due to medical complexities and progressive neurological disease, patient is not yet safe to transition to RNP and should continue on restorative therapy services 3x/wk.

Intervention Modes Can interventions be provided using treatment modes other than individual? = No

Plan of Tx Focus Focus of Plan of Treatment = Restoration, Compensation, Adaptation

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
 NPI: 1568461275

Certification Period: 5/7/2025 - 6/3/2025
 Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Plan of Treatment

Treatment Approaches May Include

- Therapeutic exercises (97110)
- Neuromuscular reeducation (97112)
- Therapeutic activities (97530)
- Self care management training (97535)

Frequency: 3 time(s)/week

Duration: 4 week(s)

Intensity: Daily

Cert. Period: 5/7/2025 - 6/3/2025

Potential for Achieving Rehab Goals: Patient demonstrates good rehab potential as evidenced by active participation with plan of treatment, good cognition, stable medical condition and supportive caregivers/staff.

Patient/Caregiver Assisted in Updated Treatment Plan = Yes

Risk Areas that may Impact Long Term Outcome(s) = Multiple medical conditions/history, Multiple medications

Desired Change in Condition of Risk area: Decrease fall risk, facilitate IND with ADLs and self-care tasks

Objective Progress / Short-Term Goals

STG #9.0 - Goal Met

Patient will improve ability to safely and efficiently perform LB dressing 1/5 trials with Substantial/Maximal Assistance in order to return to prior level of skill performance. (Target: 5/12/2025)

PLOF (prior to onset)	Baseline (4/10/2025)	Previous (5/4/2025)
Min/Mod A	Max A/TD	Max/TD

Comments:

STG #10.0 - Continue

Patient will improve ability to complete toilet/commode transfers with proper hand/foot placements with Mod A and 1 verbal cueing to facilitate IND with transfers (Target: 5/20/2025)

PLOF (prior to onset)	Baseline (4/10/2025)	Previous (5/4/2025)
Mod A	Max A	Mod/Max A with 2 verbal cues

Comments: due to Parkinsons, presents with tremors and proximal instability during transfers requiring mod/max A for safety

STG #11.0 - Continue

Patient will increase finger dexterity with Minimal assistance and 1 verbal cueing to increase accuracy and patients self-esteem with personal hygiene. (Target: 5/20/2025)

PLOF (prior to onset)	Baseline (4/10/2025)	Previous (5/4/2025)
Min A	Mod/Max A	Min A with 2 verbal cueing

Comments: decreased dexterity and fine motor control r/t Parkinsons tremors

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
 NPI: 1568461275

Certification Period: 5/7/2025 - 6/3/2025
 Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Objective Progress / Short-Term Goals

STG #12.0 - New Goal

Patient will improve ability to safely and efficiently perform LB dressing 1/5 trials with MOD A in order to return to prior level of skill performance. (Target: 5/20/2025)

PLOF (prior to onset)	Baseline (5/7/2025)
Min/Mod A	Max A/TD

STG #13.0 - New Goal

Patient will increase static standing tolerance to 2 minutes without LOB in order to decrease burden on caregivers during toileting tasks. (Target: 5/20/2025)

PLOF (prior to onset)	Baseline (5/7/2025)
approx 5 min	<1 with Mod A

Objective Progress / Long-Term Goals

LTG #2.2 - Continue

Patient will improve ability to safely and efficiently perform UB dressing with Setup or Clean-up Assistance in order to be able to return to prior level of living. (Target: 6/3/2025)

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (5/4/2025)
Upper body dressing	P Mod	Substantial/maximal assistance	Partial/moderate assistance

Comments:

LTG #4.0 - Continue

Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Min A to reduce burden on caregivers and increase participation in perineal hygiene tasks. (Target: 6/3/2025)

PLOF (prior to onset)	Baseline (2/25/2025)	Previous (5/4/2025)
Min A	Max A	Mod A

Comments:

LTG #5.0 - Continue

Patient will increase standing tolerance to 4 minutes with Mod A to increase participation in toileting tasks and decrease burden on caregivers. (Target: 6/3/2025)

PLOF (prior to onset)	Baseline (3/11/2025)	Previous (5/4/2025)
5+ with Min/Mod A	< 1 minute with Mod	2 minutes with Min A

Comments:

LTG #6.0 - Goal Met

Patient will improve ability to safely and efficiently perform LB dressing 2/5 trials with Substantial/Maximal Assistance in order to return to prior level of skill performance.
 (Target: 5/14/2025)

PLOF (prior to onset)	Baseline (4/10/2025)	Previous (5/4/2025)
Min/Mod	Max/TD	Max/TD

Comments:

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 5/7/2025 - 6/3/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Objective Progress / Long-Term Goals

LTG #7.0 - New Goal

Patient will improve ability to safely and efficiently perform LB dressing with MIN-MOD A in order to return to prior level of skill performance. (Target: 6/3/2025)

PLOF (prior to onset)	Baseline (5/7/2025)
Min/Mod A	Max A/TD

I accept responsibility for the content documented in this patient's record and attest, to the best of my knowledge, that it accurately reflects the current performance, condition and medically necessary, skilled services provided per this patient's current treatment plan.

Original Signature: _____ Electronically signed by Caitlin Lee, OT 5/7/2025 10:54:31 AM PDT
Date

I certify the need for these medically necessary services furnished under this plan of treatment while under my care from 5/7/2025 through 6/3/2025.

Physician Signature: _____
Hamid Eskandari NPI: 1063662682 Date:

Occupational Therapy OT Therapy Progress Report

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 5/7/2025 - 5/21/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Diagnoses

Type	Code	Description	Onset
Med	G20.B1	Parkinson's disease with dyskinesia, without mention of fluctuations	1/16/2025
Med	M62.81	Muscle weakness (generalized)	1/16/2025
Med	I10	Essential (primary) hypertension	1/16/2025
Tx	M62.81	Muscle weakness (generalized)	1/16/2025

Patient was seen for 7 day(s) during the 5/7/2025 - 5/21/2025 progress period.

Objective Progress / Short-Term Goals

STG #10.0 - Continue

Patient will improve ability to complete toilet/commode transfers with proper hand/foot placements with Mod A and 1 verbal cueing to facilitate IND with transfers

PLOF (prior to onset)	Baseline (4/10/2025)	Previous (5/7/2025)	Current (5/21/2025)
Mod A	Max A	Mod/Max A with 2 verbal cues	Mod A with 2-3 verbal cues

Comments:

STG #11.0 - Goal Met

Patient will increase finger dexterity with Minimal assistance and 1 verbal cueing to increase accuracy and patients self-esteem with personal hygiene.

PLOF (prior to onset)	Baseline (4/10/2025)	Previous (5/7/2025)	Current (5/21/2025)
Min A	Mod/Max A	Min A with 2 verbal cueing	Min A with 1 verbal cueing

Comments:

STG #12.0 - Continue

Patient will improve ability to safely and efficiently perform LB dressing 1/5 trials with MOD A in order to return to prior level of skill performance.

PLOF (prior to onset)	Baseline (5/7/2025)	Previous (5/7/2025)	Current (5/21/2025)
Min/Mod A	Max A/TD	Max A/TD	Max/Mod A 1/5

Comments:

STG #13.0 - Goal Met

Patient will increase static standing tolerance to 2 minutes without LOB in order to decrease burden on caregivers during toileting tasks.

PLOF (prior to onset)	Baseline (5/7/2025)	Previous (5/7/2025)	Current (5/21/2025)
approx 5 min	<1 with Mod A	<1 with Mod A	2 minutes with CGA

Comments:

STG #14.0 - New Goal

Patient will demonstrate improved sensory processing and motor planning by participating in a structured sensory integration activity (e.g. tactile stimulation, proprioceptive input, vestibular-based activities with ONE to TWO verbal cue to improve balance, coordination and functional participation in daily activities.

PLOF (prior to onset)	Baseline (5/21/2025)
No cueing	Two - three verbal cues

Occupational Therapy OT Therapy Progress Report

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 5/7/2025 - 5/21/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Objective Progress / Long-Term Goals

LTG #2.2 - Continue

Patient will improve ability to safely and efficiently perform UB dressing with Setup or Clean-up Assistance in order to be able to return to prior level of living.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (5/7/2025)	Current (5/21/2025)
Upper body dressing	P Mod	Substantial/maximal assistance	Partial/moderate assistance	Partial/moderate assistance

Comments:

LTG #4.0 - Continue

Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Min A to reduce burden on caregivers and increase participation in perineal hygiene tasks.

	PLOF (prior to onset)	Baseline (2/25/2025)	Previous (5/7/2025)	Current (5/21/2025)
	Min A	Max A	Mod A	Mod A. Patient requires building strength to increase participate with rolling, however, patient is comfortable with caregivers performing most of the self-care task for her and requires advocating to increase participation.

Comments:

LTG #5.0 - Continue

Patient will increase standing tolerance to 4 minutes with Mod A to increase participation in toileting tasks and decrease burden on caregivers.

	PLOF (prior to onset)	Baseline (3/11/2025)	Previous (5/7/2025)	Current (5/21/2025)
	5+ with Min/Mod A	< 1 minute with Mod	approx 2 min with Mod A	2 minutes with CGA

Comments:

LTG #7.0 - Continue

Patient will improve ability to safely and efficiently perform LB dressing with MIN-MOD A in order to return to prior level of skill performance.

	PLOF (prior to onset)	Baseline (5/7/2025)	Previous (5/7/2025)	Current (5/21/2025)
	Min/Mod A	Max A/TD	Max A/TD	Mod/Max A

Comments:

Precautions / Prior Living / Discharge / Transition Plan

New Symptoms Patient reports new signs/symptoms? = No
Medications Medications Impacting Condition/Treatment: Please see medical chart
Precautions Precautions = Precautions are as follows:
Precautions Details: Fall risk, tremors, limited mobility in B shoulders. Mod/Max A
Contraindications Contraindications = No contraindications present.

**Occupational Therapy
OT Therapy Progress Report**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 5/7/2025 - 5/21/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Precautions / Prior Living / Discharge / Transition Plan

Allergies / Intolerances Allergies and Intolerances = No allergies/intolerances present.
Medical Hx Prior Medical History: PMHx: Back pain with radiculopathy, HTN, Glaucoma, Parkinson's disease, tremors, lumbar spinal stenosis
Prior Living Prior Living Environment = Patient is a resident of this facility.
Prior Equipment Equipment Prior to Onset: FWW, W/c
Discharge Plan Transition/Discharge Plan = Patient to reside in this LTC facility.
Outcome Risk(s) Risk Areas that may Impact Long Term Outcome(s) = Multiple medical conditions/history, Multiple medications
Desired Change in Condition of Risk area: Decrease fall risk, facilitate IND with ADLs and self-care tasks

Functional Skills Assessment

Eating Eating = Independent
Hygiene Oral hygiene = Independent
Dentition = Teeth
Toileting hygiene = Substantial/maximal assistance
Transfers Toilet transfer = Partial/moderate assistance
Toilet Assessed = Raised Toilet Seat, Other (Patient wears briefs to prevent accidents)
Bathing Shower/bathe self = Partial/moderate assistance
Dressing Upper body dressing = Partial/moderate assistance
Lower body dressing = Substantial/maximal assistance
Putting on/taking off footwear = Dependent
Self-Care Score Self Care Function Score (score 0 - 12; 12 being the highest function) = 9
Self Care Performance Raw Score = 23
Mobility Score Mobility Function Score (ranges from 0 - 12; 12 being the highest function) = 1
Mobility Performance Raw Score = 3

Functional Skills Assessment - Activities of Daily Living (ADLs) & Instrumental ADLs

Hygiene Personal hygiene = Independent

Functional Skills Assessment - Functional Mobility

Bathing Tub/Shower transfer = Not attempted due to medical conditions or safety concerns

Assessment and Summary of Skilled Services

Interventions Skilled Interventions Provided: Direct, hands-on care with patient this reporting period focused on the following skilled interventions: self-care skills, retraining to increase independence with AD; neuromuscular re education for functional mobility; therapeutic exercises for ROM, strength and endurance, training with therapeutic activities, fall prevention techniques and safe transfer training.

Patient Progress Progress & Response to Treatment: The patient has demonstrated steady progress in response to skilled occupational therapy interventions focused on improving standing tolerance, and finger dexterity, and functional mobility. Over the past week, the patient has participated in daily therapeutic activities including dynamic sitting balance tasks, transfer training, and dual-task exercises involving upper extremity and lower extremity movement. The patient required minimal verbal cues for safety awareness and displayed increased confidence during sit-to-stand transitions. Notably, the patient progressed from requiring moderate assistance for toilet transfers to performing the task with supervision and CGA only. During standing at parallel bar, patient has shown an increase in withholding standing position for more than one minute with intermittent rest breaks. The patient engaged actively in each session, responded positively to verbal encouragement, and reported increased confidence with transfers. A new STG was added to introduce patient to SI interventions to support Parkinsons disease. Continued skilled OT services are warranted to further enhance safety, and independence with ADLs and self-care tasks.

Balance Patient sits unsupported for 30 seconds with feet flat on floor and no back support? = Yes; Patient stands unsupported with AD for 10 seconds? = No

**Occupational Therapy
OT Therapy Progress Report**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 5/7/2025 - 5/21/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Assessment and Summary of Skilled Services

Supervision OT/Assistant Supervision: Communication regarding the patient's objective progress and treatment progression has occurred with the treating clinician(s) this reporting period and Skilled services provided by therapist this reporting period, as well as with assistant.

Communication Team Communication/Collaboration: Collaborated with team regarding patient's discharge/transition planning and Consultation with therapists to facilitate patient's highest level of functional independence.

Clinical Tests/Objectives Measures with Clinical Results

Test/Sit Balance Sitting Balance Scale = NT

Test/UE Strength Left Arm Curl Test = 0 bicep curls in 30 seconds

Tests / Measures Tests/Measures: Modified Barthel Index (Shah et al.)= 70

Interpretation Interpretation of Test(s) & Measure(s): 61-90: Moderate dependence

Justification for Continued Skilled Services

Impairments Remaining Impairments: balance deficits, decreased dynamic balance, decreased insight, decreased safety awareness, tremors, strength impairments, gross motor coordination deficits and safety awareness deficits.

Continued Skill Reason for Skilled Services: Continued skilled occupational therapy services are necessary for this patient due to ongoing balance deficits that place them at a high risk for falls and significantly impair their ability to perform essential activities of daily living (ADLs) safely and independently. The patient presents with dynamic balance impairments, including difficulty with weight shifting and limited standing tolerance, which may result in loss of balance during basic functional tasks such as toileting, bathing, and dressing. Skilled OT interventions remain critical for addressing these deficits through evidence-based neuromuscular re-education, SI interventions, and task-specific balance activities tailored to the patient's current capabilities and therapeutic response. The patient requires continued therapist supervision and cueing to ensure proper technique, safety awareness, and consistent engagement in therapeutic activities and therapeutic exercises. Progress has been noted in the patient's ability to tolerate balance challenges with decreased physical assistance; however, the patient has not yet achieved a functional level sufficient for safe participation in ADLs without skilled support. Additionally, the patient benefits from continued education in environmental modification, use of adaptive strategies, and fall prevention techniques, which require skilled reinforcement for carryover into daily routines. The complexity of the patient's condition and their potential for further improvement support the medical necessity for ongoing skilled occupational therapy.

Intervention Modes Can interventions be provided using treatment modes other than individual? = No

Plan of Tx Focus Focus of Plan of Treatment = Restoration, Compensation, Adaptation

I accept responsibility for the content documented in this patient's record and attest, to the best of my knowledge, that it accurately reflects the current performance, condition and medically necessary, skilled services provided per this patient's current treatment plan.

Original Signature: _____ Electronically signed by Genesis Perez, OT 5/21/2025 03:02:49 PM PDT

Date

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
 NPI: 1568461275

Certification Period: 6/4/2025 - 7/1/2025
 Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Diagnoses

Type	Code	Description	Onset
Med	G20.B1	Parkinson's disease with dyskinesia, without mention of fluctuations	1/16/2025
Med	M62.81	Muscle weakness (generalized)	1/16/2025
Med	I10	Essential (primary) hypertension	1/16/2025
Tx	M62.81	Muscle weakness (generalized)	1/16/2025

Summary of Functional Progress Since Last Certification

LTG Goal #2.2 - Discontinue

Patient will improve ability to safely and efficiently perform UB dressing with Setup or Clean-up Assistance in order to be able to return to prior level of living.

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (5/21/2025)	Current (6/4/2025)
Upper body dressing	P Mod	Substantial/maximal assistance	Partial/moderate assistance	Partial/moderate assistance

Comments: Mod A due to swelling on index finger. Patient is currently being instructed on adaption methods such as involving L UE, however, patient refuses.

LTG Goal #4.0 - Continue

Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Min A to reduce burden on caregivers and increase participation in perineal hygiene tasks.

	PLOF (prior to onset)	Baseline (2/25/2025)	Previous (5/21/2025)	Current (6/4/2025)
	Min A	Max A	Mod A. Patient requires building strength to increase participate with rolling, however, patient is comfortable with caregivers performing most of the self-care task for her and requires advocating to increase participation.	Mod/Max A due to patient having swollen r index finger and using her R hand to hold on to handrail at this time.

Comments: Mod/Max A due to patient having swollen R index finger and using her R hand to hold on to handrail at this time. Additionally, patient is comfortable with caregivers performing most of the self-care task for her and requires education and advocating for patient to increase participation with perineal hygiene.

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 6/4/2025 - 7/1/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

LTG Goal #5.0 - Continue

Patient will increase standing tolerance to 4 minutes with Mod A to increase participation in toileting tasks and decrease burden on caregivers.

PLOF (prior to onset)	Baseline (3/11/2025)	Previous (5/21/2025)	Current (6/4/2025)
5+ with Min/Mod A	< 1 minute with Mod	2 minutes with CGA	CGA for STS to facilitate independence with toileting tasks. Patient is currently fluctuating with standing endurance and is at 1.5 to 2 minutes max.

Comments: Currently, patients standing endurance fluctuates at this time due to recent COC on 5/27 and patient always needing a grab bar or therapist and assistants hands to hold on to something. Patient also has active tremors and during this reporting period, tremors were significant at this time during skilled services.

LTG Goal #7.0 - Continue

Patient will improve ability to safely and efficiently perform LB dressing with MIN-MOD A in order to return to prior level of skill performance.

PLOF (prior to onset)	Baseline (5/7/2025)	Previous (5/21/2025)	Current (6/4/2025)
Min/Mod A	Max A/TD	Mod/Max A	Mod/Max A

Comments: Max/Mod A due to patient having a recent COC of R index finger being swollen, patient is cautious with finger during self-care tasks.

LTG Goal #8.0 - New Goal

Patient will demonstrate Big Movements of the UE's (Big + Loud adaptive strategies for Parkinsons) to decrease risk of tremors + dropping her personal items + completing H/G with Setup assistance in 1/5 trials of not dropping personal items

PLOF (prior to onset)	Baseline (6/4/2025)
Setup Assistance	Min A

LTG Goal #9.0 - New Goal

Patient will demonstrate increased participation in self-care tasks of UB dressing by initiating at least 60 % of the task with 1 verbal cue in order to enhance participation and confidence of self-care task.

PLOF (prior to onset)	Baseline (6/4/2025)
Min/Mod A	Mod/Max A

STG Goal #10.0 - Goal Met

Patient will improve ability to complete toilet/commode transfers with proper hand/foot placements with Mod A and 1 verbal cueing to facilitate IND with transfers

PLOF (prior to onset)	Baseline (4/10/2025)	Previous (5/21/2025)	Current (6/4/2025)
Mod A	Max A	Mod A with 2-3 verbal cues	Mod A with one verbal cue.

Comments:

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 6/4/2025 - 7/1/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

STG Goal #12.0 - Discontinue

Patient will improve ability to safely and efficiently perform LB dressing 1/5 trials with MOD A in order to return to prior level of skill performance.

PLOF (prior to onset)	Baseline (5/7/2025)	Previous (5/21/2025)	Current (6/4/2025)
Min/Mod A	Max A/TD	Max/Mod A 1/5	Max/Mod A 1/5 trials due to patient having a recent COC of R index finger being swollen, patient is cautious with finger during self-care tasks.

Comments:

STG Goal #14.0 - Continue

Patient will demonstrate improved sensory processing and motor planning by participating in a structured sensory integration activity (e.g. tactile stimulation, proprioceptive input, vestibular-based activities with ONE to TWO verbal cue to improve balance, coordination and functional participation in daily activities.

PLOF (prior to onset)	Baseline (5/21/2025)	Previous (5/21/2025)	Current (6/4/2025)
No cueing	Two - three verbal cues	Two - three verbal cues	Patient requires more than 2 verbal cues at this time due to recent COC of swelling on index finger. Patient shows slight reservation of involving R index finger, although patient does involve UE due to it being her dominant hand. Patient requires cueing to involve L UE, but patient refuses at this time.

Comments: Due to tremors and being over stimulated in loud environments, Therapist will work on tactile stimulation and proprioceptive input in hopes of improving balance, increasing coordination through tremors.

Precautions / Prior Living / Discharge / Transition Plan

New Symptoms Patient reports new signs/symptoms? = No
Medications Medications Impacting Condition/Treatment: Please see medical chart
Precautions Precautions = Precautions are as follows:
Precautions Details: Fall risk, tremors, limited mobility in B shoulders. Mod/Max A
Contraindications Contraindications = No contraindications present.
Allergies / Intolerances Allergies and Intolerances = No allergies/intolerances present.
Medical Hx Prior Medical History: PMHx: Back pain with radiculopathy, HTN, Glaucoma, Parkinson's disease, tremors, lumbar spinal stenosis
Prior Living Prior Living Environment = Patient is a resident of this facility.

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 6/4/2025 - 7/1/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Precautions / Prior Living / Discharge / Transition Plan

Prior Equipment Equipment Prior to Onset: FWW, W/c
Discharge Plan Transition/Discharge Plan = Patient to reside in this LTC facility.

Functional Skills Assessment

Eating Eating = Independent
Hygiene Oral hygiene = Independent
 Dentition = Teeth
 Toileting hygiene = Substantial/maximal assistance
Transfers Toilet transfer = Partial/moderate assistance
 Toilet Assessed = Raised Toilet Seat, Other (Patient wears briefs)
Bathing Shower/bathe self = Partial/moderate assistance
Dressing Upper body dressing = Partial/moderate assistance
 Lower body dressing = Substantial/maximal assistance
 Putting on/taking off footwear = Dependent
Self-Care Score Self Care Function Score (score 0 - 12; 12 being the highest function) = 9
 Self Care Performance Raw Score = 23
Mobility Score Mobility Function Score (ranges from 0 - 12; 12 being the highest function) = 1
 Mobility Performance Raw Score = 3

Functional Skills Assessment - Activities of Daily Living (ADLs) & Instrumental ADLs

Hygiene Personal hygiene = Independent

Functional Skills Assessment - Functional Mobility

Bathing Tub/Shower transfer = Not attempted due to medical conditions or safety concerns

Assessment and Summary of Skilled Services

Interventions Skilled Interventions Provided: Direct, hands-on care with patient this reporting period focused on the following skilled interventions: self-care skills, retraining to increase independence with AD; neuromuscular re education for functional mobility; therapeutic exercises for ROM, strength and endurance, training with therapeutic activities, fall prevention techniques and safe transfer training.

Patient Progress Progress & Response to Treatment: The patient has demonstrated steady progress in response to skilled occupational therapy interventions focused on improving balance, and functional mobility. Over the past week, the patient has participated in daily therapeutic activities including static standing balance tasks, transfer training, and dual-task exercises involving upper extremity movement during standing while at parallel bars. The patient required minimal verbal cues for safety awareness and displayed increased confidence during sit-to-stand transitions and was able to meet STG of toilet commode transfers with 1 verbal cue. Patient had a COC, on 5/27, of Right Index Finger w/erythema, swelling, tender to touch. MD and patient were made aware of COC and took new orders for patient. Notably, the patient progressed from requiring moderate assistance for toilet transfers to performing the task with minimal assistance at this time. During standing at parallel bars, the patient exhibited fluctuations 1.5 to 2 minutes of standing endurance which helps build patients confidence levels and increases participation with toileting transfers. The patient engaged actively in each session, responded positively to verbal encouragement, and reported increased confidence. During dressing tasks, the patient is comfortable with CNA's performing most of the dressing tasks for her and had a trial and error of using AD (reacher) in the past and patient refused to use reacher. Therapist will introduce a new AD, such as sock aide in future skilled tx sessions, to facilitate IND with LB dressing and do a trial and error before making it a goal. New STG was established to support patient in overcoming self-limiting behaviors to increase participation with dressing tasks due to patient being able to perform oral hygiene, personal hygiene and self-feeding with setup assistance. During self-limiting behaviors, Therapist provides alternatives in hopes of assisting patient in overcoming challenges, such as introducing new AD's, compensatory techniques, and providing emotional support. Therapist at this time, will be working with doing RNA trial, but is not safe for full transition due to recent COC and patient continuing to be an active participant. Additionally, due to new STG of shower chair transfer, therapist will provide CNA training to facilitate safe transfers and reduce risk of injury in both the patient and CNA. Continued skilled OT services are warranted to further enhance safety, and independence with ADLs of patients choice.

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 6/4/2025 - 7/1/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Assessment and Summary of Skilled Services

Balance Patient sits unsupported for 30 seconds with feet flat on floor and no back support? = Yes; Patient stands unsupported with AD for 10 seconds? = No
Communication Team Communication/Collaboration: Collaborated with team regarding patient's discharge/transition planning and Consultation with therapists to facilitate patient's highest level of functional independence.

Clinical Tests/Objectives Measures with Clinical Results

Test/Sit Balance Sitting Balance Scale = NT
Functional Reach - Forward Direction = 13 inches (WFL)
Test/UE Strength Right Arm Curl Test = >22 bicep curls in 30 seconds; Left Arm Curl Test = >22 bicep curls in 30 seconds
Tests / Measures Tests/Measures: Pt used 1 lb weights for Right and Left arm curl ups.
Interpretation Interpretation of Test(s) & Measure(s): Patient was able to do over 22 curl ups in 30 seconds with no exertion or fatigue. Patient also had a modified functional reaching test (on wheelchair sitting supported at first), where patient reached forwards at 13 inches, which puts her at low risk for losing balance.

Justification for Continued Skilled Services

Impairments Remaining Impairments: balance deficits, decreased dynamic balance, decreased functional capacity, decreased insight, decreased safety awareness, tremors, strength impairments and safety awareness deficits.
Continued Skill Reason for Skilled Services: Continued skilled occupational therapy services are necessary for this patient due to ongoing balance deficits that place them at a high risk for falls and significantly impair their ability to perform essential activities of daily living (ADLs) safely and independently. The patient presents with both static and dynamic balance impairments, including difficulty with weight shifting when standing and sitting, which may result in loss of balance during basic functional tasks such as toileting, bathing, and dressing. Skilled OT interventions remain critical for addressing these deficits through evidence-based neuromuscular re-education, strength training with big movements due to tremors, proprioceptive training (SI), and task-specific balance activities tailored to the patient's current capabilities and therapeutic response. The patient requires continued therapist supervision and cueing to ensure proper technique, safety awareness, and consistent engagement in therapeutic activities and therapeutic exercises. Progress has been noted in the patient's ability to tolerate static standing balance challenges with decreased physical assistance; however, the patient has not yet achieved a functional level sufficient for safe participation in ADLs without skilled support. Additionally, the patient benefits from continued education in environmental modification, use of adaptive methods due to tremors and recent COC, and fall prevention techniques, which require skilled reinforcement for carryover into daily routines. The complexity of the patient's condition and their potential for further improvement support the medical necessity for ongoing skilled occupational therapy.

Intervention Modes Can interventions be provided using treatment modes other than individual? = No

Plan of Tx Focus Focus of Plan of Treatment = Restoration, Compensation, Adaptation

Plan of Treatment

Treatment Approaches May Include

- Therapeutic exercises (97110)
- Neuromuscular reeducation (97112)
- Therapeutic activities (97530)
- Self care management training (97535)
- Sensory integration (97533)

Frequency: 3 time(s)/week

Duration: 4 week(s)

Intensity: Daily

Cert. Period: 6/4/2025 - 7/1/2025

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
 NPI: 1568461275

Certification Period: 6/4/2025 - 7/1/2025
 Occupational Therapy

Identification Information			
Patient:	CARRERA FIGUEROA, M	DOB:	1/6/1938
Payer:	Medicare Part B	Start of Care:	1/16/2025
MRN:	12964		

Potential for Achieving Rehab Goals: Patient demonstrates good rehab potential as evidenced by ability to follow 2-step directions, ability to self correct, able to make needs known, active participation in skilled treatment, attentive to tasks, good cognition, recognition of familiar people and motivated to participate.

Patient/Caregiver Assisted in Updated Treatment Plan = Yes

Objective Progress / Short-Term Goals			
STG #10.0 - Goal Met			
Patient will improve ability to complete transfers with proper hand/foot placements with Mod A and 1 verbal cueing to facilitate IND with transfers (Target: 5/28/2025)			
	PLOF (prior to onset)	Baseline (4/10/2025)	Previous (5/21/2025)
	Mod A	Max A	Mod A with 2-3 verbal cues
Comments:			
STG #12.0 - Discontinue			
Patient will improve ability to safely and efficiently perform LB dressing 1/5 trials with MOD A in order to return to prior level of skill performance. (Target: 6/10/2025)			
	PLOF (prior to onset)	Baseline (5/7/2025)	Previous (5/21/2025)
	Min/Mod A	Max A/TD	Max/Mod A 1/5
Comments:			
STG #14.0 - Continue			
Patient will demonstrate improved sensory processing and motor planning by participating in a structured sensory integration activity (e.g. tactile stimulation, proprioceptive input, vestibular-based activities with ONE to TWO verbal cue to improve balance, coordination and functional participation in daily activities. (Target: 6/10/2025)			
	PLOF (prior to onset)	Baseline (5/21/2025)	Previous (5/21/2025)
	No cueing	Two - three verbal cues	Two - three verbal cues
Comments:			
Due to tremors and being over stimulated in loud environments, Therapist will work on tactile stimulation and proprioceptive input in hopes of improving balance, increasing coordination through tremors.			
STG #15.0 - New Goal			
Patient will demonstrate increased participation in self-care tasks of UB dressing by initiating at least 50% of the task with minimal verbal cues, in order to reduce self-limiting behaviors and promote independence in ADLs. (Target: 6/10/2025)			
	PLOF (prior to onset)	Baseline (6/4/2025)	
	Min/Mod A	Mod A	
STG #16.0 - New Goal			
Patient will demonstrate increased participation in self-care tasks of LB dressing by using bridging techniques Supine in bed with Mod A, in order to reduce self-limiting behaviors and promote independence in ADLs (Target: 6/10/2025)			
	PLOF (prior to onset)	Baseline (6/4/2025)	
	Min/Mod A	Max A	

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
 NPI: 1568461275

Certification Period: 6/4/2025 - 7/1/2025
 Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Objective Progress / Short-Term Goals

STG #17.0 - New Goal

Patient will improve ability to transfer to shower chair with Mod A and using compenstory techniques like weight shifting side to side and proper hand/foot placement to reduce caregiver burden. (Target: 6/10/2025)

PLOF (prior to onset)	Baseline (6/4/2025)
Min A	Mod/Max A

Objective Progress / Long-Term Goals

LTG #2.2 - Discontinue

Patient will improve ability to safely and efficiently perform UB dressing with Setup or Clean-up Assistance in order to be able to return to prior level of living. (Target: 6/17/2025)

	PLOF (prior to onset)	Baseline (1/16/2025)	Previous (5/21/2025)
Upper body dressing	P Mod	Substantial/maximal assistance	Partial/moderate assistance

Comments: Mod A due to swolleing on index finger. Patient is currently being instructed on adaption methods such as involving L UE, however, patient refuses.

LTG #4.0 - Continue

Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Min A to reduce burden on caregivers and increase participation in perineal hygiene tasks. (Target: 6/17/2025)

PLOF (prior to onset)	Baseline (2/25/2025)	Previous (5/21/2025)
Min A	Max A	Mod A. Patient requires building strength to increase participate with rolling,however, patient is comfortable with caregivers performing most of the self-care task for her and requires advocating to increase participation.

Comments: Mod/Max A due to patient having swollen R index finger and using her R hand to hold on to handrail at this time. Additionally, patient is comfortable with caregivers performing most of the self-care task for her and requires education and advocating for patient to increase participation with perineal hygiene.

LTG #5.0 - Continue

Patient will increase standing tolerance to 4 minutes with Mod A to increase participation in toileting tasks and decrease burden on caregivers. (Target: 6/17/2025)

PLOF (prior to onset)	Baseline (3/11/2025)	Previous (5/21/2025)
5+ with Min/Mod A	< 1 minute with Mod	2 minutes with CGA

Comments: Currently, patients standing endurance fluctuates at this time due to recent COC on 5/27 and patient always needing a grab bar or therapist and assistants hands to hold on to something. Patient also has active tremors and during this reporting period, tremors were significant at this time during skilled services.

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 6/4/2025 - 7/1/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Objective Progress / Long-Term Goals

LTG #7.0 - Continue

Patient will improve ability to safely and efficiently perform LB dressing with MIN-MOD A in order to return to prior level of skill performance. (Target: 6/17/2025)

PLOF (prior to onset)	Baseline (5/7/2025)	Previous (5/21/2025)
Min/Mod A	Max A/TD	Mod/Max A

Comments: Max/Mod A due to patient having a recent COC of R index finger being swollen, patient is cautious with finger during self-care tasks.

LTG #8.0 - New Goal

Patient will demonstrate Big Movements of the UE's (Big + Loud adaptive strategies for Parkinsons) to decrease risk of tremors + dropping her personal items + completing H/G with Setup assistance in 1/5 trials of not dropping personal items (Target: 7/1/2025)

PLOF (prior to onset)	Baseline (6/4/2025)
Setup Assistance	Min A

LTG #9.0 - New Goal

Patient will demonstrate increased participation in self-care tasks of UB dressing by initiating at least 60 % of the task with 1 verbal cue in order to enhance participation and confidence of self-care task. (Target: 7/1/2025)

PLOF (prior to onset)	Baseline (6/4/2025)
Min/Mod A	Mod/Max A

I accept responsibility for the content documented in this patient's record and attest, to the best of my knowledge, that it accurately reflects the current performance, condition and medically necessary, skilled services provided per this patient's current treatment plan.

Original Signature: _____ Electronically signed by Genesis Perez, OT 6/4/2025 03:52:51 PM PDT
Date

I accept responsibility for the changes I made to this patient's record after it was initially completed, and I attest, to the best of my knowledge, the information I modified is accurate.

Revision Signature: _____ Electronically signed by Genesis Perez, OT 6/5/2025 04:54:48 PM PDT
Date

I certify the need for these medically necessary services furnished under this plan of treatment while under my care from 6/4/2025 through 7/1/2025.

Physician Signature: _____
Hamid Eskandari NPI: 1063662682 Date:

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 6/4/2025 - 7/1/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

[M CARRERA FIGUEROA] : OT Recert, Progress Report & Updated Therapy Plan
Discipline: OT

Changes For: 6/4/2025 4:33:28 PM

Assessment

Changes	Modified By
Assessment added : Functional Reach - Forward Direction	Perez, Genesis
Assessment added : Left Arm Curl Test	Perez, Genesis
Assessment added : Right Arm Curl Test	Perez, Genesis
Tests/Measures : Current Value changed from "Modified Barthel Index (Shah et al.)=" to "Pt used 1 lb weights for Right and Left arm curl ups."	Perez, Genesis

Changes For: 6/5/2025 4:54:48 PM

Assessment

Changes	Modified By
Assessment added : Interpretation of Tests & Measures	Perez, Genesis

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
 NPI: 1568461275

Certification Period: 6/4/2025 - 7/1/2025
 Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

<p>Patient Progress & Response to Treatment : Current Value changed from "The patient has demonstrated steady progress in response to skilled occupational therapy interventions focused on improving balance, and functional mobility. Over the past week, the patient has participated in daily therapeutic activities including static standing balance tasks, transfer training, and dual-task exercises involving upper extremity movement during standing while at parallel bars. The patient required minimal verbal cues for safety awareness and displayed increased confidence during sit-to-stand transitions and was able to meet STG of toilet commode transfers with 1 verbal cue. Patient had a COC, on 5/27, of Right Index Finger w/erythema, swelling, tender to touch. MD and patient were made aware of COC and took new orders for patient. Notably, the patient progressed from requiring moderate assistance for toilet transfers to performing the task with minimal assistance at this time. During standing at parallel bars, the patient exhibited fluctuations 1.5 to 2 minutes of standing endurance which helps build patients confidence levels and increases participation with toileting transfers. The patient engaged actively in each session, responded positively to verbal encouragement, and reported increased confidence, however, patient is comfortable with CNA's performing most of the dressing tasks for her and a new STG was established to support patient in overcoming self-limiting behaviors to increase participation with dressing tasks due to patient being able to perform oral hygiene, personal hygiene and self-feeding with setup assistance. Continued skilled OT services are warranted to further enhance safety, and independence with ADLs of patients choice." to "The patient has demonstrated steady progress in response to skilled occupational therapy interventions focused on improving balance, and functional mobility. Over the past week, the patient has participated in daily therapeutic activities including static standing balance tasks, transfer training, and dual-task exercises involving upper extremity movement during standing while at parallel bars. The patient required minimal verbal cues for safety awareness and displayed increased confidence during sit-to-stand transitions and was able to meet STG of toilet commode transfers with 1 verbal cue. Patient had a COC, on 5/27, of Right Index Finger w/erythema, swelling, tender to touch. MD and patient were made aware of COC and took new orders for patient. Notably, the patient progressed from requiring moderate assistance for toilet transfers to performing the task with minimal assistance at this time. During standing at parallel bars, the patient exhibited fluctuations 1.5 to 2 minutes of standing endurance which helps build patients confidence levels and increases participation with toileting transfers. The patient engaged actively in each session, responded positively to verbal encouragement, and reported increased confidence. During dressing tasks, the patient is comfortable with CNA's performing most of the dressing tasks for her and had a trial and error of using AD (reacher) in the past and patient refused to use reacher. Therapist will introduce a new AD, such as sock aide in future skilled tx sessions, to facilitate IND with LB dressing and do a trial and error before making it a goal. New STG was established to support patient in overcoming self-limiting behaviors to increase participation with dressing tasks due to patient being able to perform oral hygiene, personal hygiene and self-feeding with setup assistance. During self-limiting behaviors, Therapist provides alternatives in hopes of assisting patient in overcoming challenges, such as introducing new AD's, compensatory techniques, and providing emotional support. Therapist at this time, will be working with doing RNA trial, but is not safe for full transition due to recent COC and patient continuing to be an active participant. Additionally, due to new STG of shower chair transfer, therapist will provide CNA training to facilitate safe transfers and reduce risk of injury in both the patient and CNA. Continued skilled OT services are warranted to further enhance safety, and independence with ADLs of patients choice."</p>	Perez, Genesis
---	----------------

Goal

Changes	Modified By
Goal added : LTG 8	Perez, Genesis
Goal added : LTG 9	Perez, Genesis
Goal added : STG 16	Perez, Genesis
Goal added : STG 17	Perez, Genesis

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 6/4/2025 - 7/1/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

STG 15 : Goal Text changed from "Patient will demonstrate increased participation in self-care tasks (e.g. UB dressing and LB dressing tasks) by initiating at least 50% of the task with minimal verbal cues, in order to reduce self-limiting behaviors and promote independence in ADLs." to "Patient will demonstrate increased participation in self-care tasks of UB dressing by initiating at least 50% of the task with minimal verbal cues, in order to reduce self-limiting behaviors and promote independence in ADLs."	Perez, Genesis
---	----------------

Goal Status

Changes	Modified By
Goal Status added : LTG 8 Status	Perez, Genesis
Goal Status added : LTG 9 Status	Perez, Genesis
Goal Status added : STG 16 Status	Perez, Genesis
Goal Status added : STG 17 Status	Perez, Genesis
LTG 2 Status : Status changed from "Continue" to "Discon"	Perez, Genesis
LTG 4 Status : Comments changed from "" to "Mod/Max A due to patient having swollen R index finger and using her R hand to hold on to handrail at this time. Additionally, patient is comfortable with caregivers performing most of the self-care task for her and requires education and advocating for patient to increase participation with perineal hygiene. "	Perez, Genesis
LTG 4 Status : Current Function changed from "Mod/Max A due to patient having swollen r index finger and using her R hand to hold on to handrail at this time. Additionally, patient is comfortable with caregivers performing most of the self-care task for her and requires education and advocating for patient to increase participation with perineal hygiene. " to "Mod/Max A due to patient having swollen r index finger and using her R hand to hold on to handrail at this time. "	Perez, Genesis
STG 12 Status : Status changed from "Continue" to "Discon"	Perez, Genesis
STG 14 Status : Comments changed from "" to "Due to tremors and being over stimulated in loud environments, Therapist will work on tactile stimulaion and proprioceptive input in hopes of improving balance, increasing coordination through tremors."	Perez, Genesis

Occupational Therapy OT Therapy Progress Report

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 6/4/2025 - 6/18/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Diagnoses

Type	Code	Description	Onset
Med	G20.B1	Parkinson's disease with dyskinesia, without mention of fluctuations	1/16/2025
Med	M62.81	Muscle weakness (generalized)	1/16/2025
Med	I10	Essential (primary) hypertension	1/16/2025
Tx	M62.81	Muscle weakness (generalized)	1/16/2025

Patient was seen for 7 day(s) during the 6/4/2025 - 6/18/2025 progress period.

Objective Progress / Short-Term Goals

STG #14.0 - Goal Met

Patient will demonstrate improved sensory processing and motor planning by participating in a structured sensory integration activity (e.g. tactile stimulation, proprioceptive input, vestibular-based activities with ONE to TWO verbal cue to improve balance, coordination and functional participation in daily activities.

PLOF (prior to onset)	Baseline (5/21/2025)	Previous (6/4/2025)	Current (6/18/2025)
No cueing	Two - three verbal cues	Patient requires more than 2 verbal cues at this time due to recent COC of swelling on index finger. Patient shows slight reservation of involving R index finger, although patient does involve UE due to it being her dominant hand. Patient requires cueing to involve L UE, but patient refuses at this time.	Patient has met this goal and has improved balance and coordination.

Comments: Patient now requires 1-2 verbal cues to improve balance and coordination due to structured sensory integration activities

STG #15.0 - Continue

Patient will demonstrate increased participation in self-care tasks of UB dressing by initiating at least 50% of the task with minimal verbal cues, in order to reduce self-limiting behaviors and promote independence in ADLs.

PLOF (prior to onset)	Baseline (6/4/2025)	Previous (6/4/2025)	Current (6/18/2025)
Min/Mod A	Mod A	Mod A	Mod A

Comments: Due to recent COC on index finger and patient continuing to need treatment due to pain and sensitivity, patient requires Mod A at this time. Patient relies on caregivers to complete donning shirt for her.

Occupational Therapy OT Therapy Progress Report

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 6/4/2025 - 6/18/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Objective Progress / Short-Term Goals

STG #16.0 - Continue

Patient will demonstrate increased participation in self-care tasks of LB dressing by using bridging techniques Supine in bed with Mod A, in order to reduce self-limiting behaviors and promote independence in ADLs

PLOF (prior to onset)	Baseline (6/4/2025)	Previous (6/4/2025)	Current (6/18/2025)
Min/Mod A	Max A	Max A	Max/Mod A. Patient initiates movement, however, due to recent COC patient required Max/Mod A for bridging techniques.

Comments: Patient initiates movement of bridging and was able to bridge 3-4 times supine in bed, however, required max/mod A.

STG #17.0 - Continue

Patient will improve ability to transfer to shower chair with Mod A and using compensatory techniques like weight shifting side to side and proper hand/foot placement to reduce caregiver burden.

PLOF (prior to onset)	Baseline (6/4/2025)	Previous (6/4/2025)	Current (6/18/2025)
Min A	Mod/Max A	Mod/Max A	Mod/Max A

Comments: Patient at this times requires more assistance than usual due to R index finger being sensitive and painful

Objective Progress / Long-Term Goals

LTG #4.0 - Continue

Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Min A to reduce burden on caregivers and increase participation in perineal hygiene tasks.

PLOF (prior to onset)	Baseline (2/25/2025)	Previous (6/4/2025)	Current (6/18/2025)
Min A	Max A	Mod/Max A due to patient having swollen r index finger and using her R hand to hold on to handrail at this time.	Mod/Max A due to patient continuing to have swollen R index finger and using her R hand to hold on to handrail at this time. Additionally, patient is comfortable with caregivers performing most of the self-care task for her and requires education and advocating for patient to increase participation with perineal hygiene.

Comments: Mod/Max a due to recent COC on right index finger and currently getting treatment for it.

Occupational Therapy OT Therapy Progress Report

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 6/4/2025 - 6/18/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Objective Progress / Long-Term Goals

LTG #5.0 - Continue

Patient will increase standing tolerance to 4 minutes with Mod A to increase participation in toileting tasks and decrease burden on caregivers.

PLOF (prior to onset)	Baseline (3/11/2025)	Previous (6/4/2025)	Current (6/18/2025)
5+ with Min/Mod A	< 1 minute with Mod	CGA for STS to facilitate independence with toileting tasks. Patient is currently fluctuating with standing endurance and is at 1.5 to 2 minutes max.	Currently, patients standing endurance fluctuates due to tremors.

Comments: Patient's longest standing endurance was at 35-40 seconds. Therapist is working on building patients endurance and trust to increase standing endurance at this time by proper body mechanics, AD and compensatory techniques.

LTG #7.0 - Continue

Patient will improve ability to safely and efficiently perform LB dressing with MIN-MOD A in order to return to prior level of skill performance.

PLOF (prior to onset)	Baseline (5/7/2025)	Previous (6/4/2025)	Current (6/18/2025)
Min/Mod A	Max A/TD	Mod/Max A	Mod/Max A

Comments: Patient currently has a COC on right index finger that is being treated and requires Mod/Max a for LB dressing.

LTG #8.0 - Continue

Patient will demonstrate Big Movements of the UE's (Big + Loud adaptive strategies for Parkinsons) to decrease risk of tremors + dropping her personal items + completing H/G with Setup assistance in 1/5 trials of not dropping personal items

PLOF (prior to onset)	Baseline (6/4/2025)	Previous (6/4/2025)	Current (6/18/2025)
Setup Assistance	Min A	Min A	Min A.

Comments: Patient currently has a COC for R index finger. Patient has pain and is sensitive to touch and dropped personal hygiene items due to symptoms that the patient is feeling (pain and sensitivity).

LTG #9.0 - Continue

Patient will demonstrate increased participation in self-care tasks of UB dressing by initiating at least 60 % of the task with 1 verbal cue in order to enhance participation and confidence of self-care task.

PLOF (prior to onset)	Baseline (6/4/2025)	Previous (6/4/2025)	Current (6/18/2025)
Min/Mod A	Mod/Max A	Mod/Max A	Mod/Max A

Comments:

Precautions / Prior Living / Discharge / Transition Plan

New Symptoms Patient reports new signs/symptoms? = No
Medications Medications Impacting Condition/Treatment: Please see medical chart
Precautions Precautions = Precautions are as follows:
Precautions Details: Fall risk, tremors, limited mobility in B shoulders. Mod/Max A
Contraindications Contraindications = No contraindications present.
Allergies / Intolerances Allergies and Intolerances = No allergies/intolerances present.

**Occupational Therapy
OT Therapy Progress Report**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 6/4/2025 - 6/18/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Precautions / Prior Living / Discharge / Transition Plan

Medical Hx Prior Medical History: PMHx: Back pain with radiculopathy, HTN, Glaucoma, Parkinson's disease, tremors, lumbar spinal stenosis
Prior Living Prior Living Environment = Patient is a resident of this facility.
Prior Equipment Equipment Prior to Onset: FWW, W/c
Discharge Plan Transition/Discharge Plan = Patient to reside in this LTC facility.
Outcome Risk(s) Risk Areas that may Impact Long Term Outcome(s) = Multiple medical conditions/history, Multiple medications
Desired Change in Condition of Risk area: Decrease fall risk, facilitate IND with ADLs and self-care tasks

Functional Skills Assessment

Eating Eating = Independent
Hygiene Oral hygiene = Independent
Dentition = Teeth
Toileting hygiene = Partial/moderate assistance
Transfers Toilet transfer = Partial/moderate assistance (Min A)
Toilet Assessed = Raised Toilet Seat, Other (Patient wears briefs to prevent accidents)
Bathing Shower/bathe self = Partial/moderate assistance
Dressing Upper body dressing = Partial/moderate assistance
Lower body dressing = Substantial/maximal assistance
Putting on/taking off footwear = Dependent
Self-Care Score Self Care Function Score (score 0 - 12; 12 being the highest function) = 10
Self Care Performance Raw Score = 24
Mobility Score Mobility Function Score (ranges from 0 - 12; 12 being the highest function) = 1
Mobility Performance Raw Score = 3

Functional Skills Assessment - Activities of Daily Living (ADLs) & Instrumental ADLs

Hygiene Personal hygiene = Independent

Functional Skills Assessment - Functional Mobility

Bathing Tub/Shower transfer = Not attempted due to medical conditions or safety concerns

Assessment and Summary of Skilled Services

Interventions Skilled Interventions Provided: Direct, hands-on care with patient this reporting period focused on the following skilled interventions: self-care skills, retraining to increase independence with AD; neuromuscular re education for functional mobility; therapeutic exercises for ROM, strength and endurance, training with therapeutic activities, fall prevention techniques and safe transfer training.

Patient Progress Progress & Response to Treatment: The patient has demonstrated steady progress in response to skilled occupational therapy interventions focused on improving balance, and functional mobility. Over the past week, the patient has participated in daily therapeutic activities including dynamic sitting balance tasks, transfer training, and dual-task exercises involving upper extremity movement during LE movement. The patient required minimal verbal cues for safety awareness and displayed increased confidence during sit-to-stand transitions and transfers. Notably, the patient progressed from requiring maximum assistance for toilet transfers to performing the task with moderate assistance. Patient was able to meet STG of using structured sensory integration activities to improve balance and coordination. During this reporting period, patient had a COC on 6/11 of PO antibiotic course for right index finger infection. MD and resident were made aware and are closely monitoring patient. During standing tasks, the patient exhibited improved postural endurance, maintaining upright alignment for up to 34-40 seconds 3x's with intermittent rest breaks. The patient engaged actively in each session, responded positively to verbal encouragement. Continued skilled OT services are warranted to further enhance safety, and independence.

Balance Patient sits unsupported for 30 seconds with feet flat on floor and no back support? = Yes; Patient stands unsupported with AD for 10 seconds? = No

**Occupational Therapy
OT Therapy Progress Report**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 6/4/2025 - 6/18/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Assessment and Summary of Skilled Services

Supervision OT/Assistant Supervision: Communication regarding the patient's objective progress and treatment progression has occurred with the treating clinician(s) this reporting period and Skilled services provided by therapist this reporting period, as well as with assistant.

Communication Team Communication/Collaboration: Collaborated with team regarding patient's discharge/transition planning and Consultation with therapists to facilitate patient's highest level of functional independence.

Clinical Tests/Objectives Measures with Clinical Results

Test/Sit Balance Sitting Balance Scale = NT

Test/UE Strength Right Hand Grip Strength: 19, 27, 28; Left Hand Grip Strength: 17,21,17

Interpretation Interpretation of Test(s) & Measure(s): Patient presents with greater strength in R hand and is the dominant extremity.

Justification for Continued Skilled Services

Impairments Remaining Impairments: balance deficits, decreased dynamic balance, decreased functional capacity, decreased insight, decreased safety awareness, strength impairments, safety awareness deficits, gross motor coordination deficits and tremors.

Continued Skill Reason for Skilled Services: Continued skilled occupational therapy services are necessary for this patient due to ongoing balance deficits that place them at a high risk for falls and significantly impair their ability to perform essential activities of daily living (ADLs) safely and independently. The patient presents with both static and dynamic standing balance impairments, including difficulty with weight shifting, which may result in loss of balance during basic functional tasks such as toileting, bathing, and dressing. Skilled OT interventions remain critical for addressing these deficits through evidence-based neuromuscular re-education, proprioceptive training (SI), and task-specific balance activities tailored to the patient's current capabilities and therapeutic response. The patient requires continued therapist supervision and cueing to ensure proper technique, safety awareness, and consistent engagement in therapeutic activities. Progress has been noted in the patient's ability to tolerate balance challenges with decreased physical assistance; however, the patient has not yet achieved a functional level sufficient for safe participation in ADLs without skilled support. Additionally, the patient benefits from continued education in environmental modification, use of adaptive strategies, and fall prevention techniques, which require skilled reinforcement for carryover into daily routines. The complexity of the patient's condition and their potential for further improvement support the medical necessity for ongoing skilled occupational therapy.

Intervention Modes Can interventions be provided using treatment modes other than individual? = No

Plan of Tx Focus Focus of Plan of Treatment = Restoration, Compensation, Adaptation

I accept responsibility for the content documented in this patient's record and attest, to the best of my knowledge, that it accurately reflects the current performance, condition and medically necessary, skilled services provided per this patient's current treatment plan.

Original Signature: _____ Electronically signed by Genesis Perez, OT 6/18/2025 11:45:38 AM PDT
Date

Revision Signature: _____ Electronically signed by Genesis Perez, OT 6/19/2025 02:53:15 PM PDT
Date

**Occupational Therapy
OT Therapy Progress Report**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 6/4/2025 - 6/18/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

[M CARRERA FIGUEROA] : OT Therapy Progress Report
Discipline: OT

Changes For: 6/19/2025 2:53:15 PM

Assessment

Changes	Modified By
Assessment deleted : Functional Maintenance Program Established/Trained	Perez, Genesis
Assessment deleted : Restorative Program Established/Trained	Perez, Genesis
Focus of Plan of Treatment : Current Value changed from "Skill/Maintain" to "Restoration,Compensation,Adaptation"	Perez, Genesis

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
 NPI: 1568461275

Certification Period: 7/2/2025 - 7/29/2025
 Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Diagnoses

Type	Code	Description	Onset
Med	G20.B1	Parkinson's disease with dyskinesia, without mention of fluctuations	1/16/2025
Med	M62.81	Muscle weakness (generalized)	1/16/2025
Med	I10	Essential (primary) hypertension	1/16/2025
Tx	M62.81	Muscle weakness (generalized)	1/16/2025

Summary of Functional Progress Since Last Certification

LTG Goal #4.0 - Continue

Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Min A to reduce burden on caregivers and increase participation in perineal hygiene tasks.

PLOF (prior to onset)	Baseline (2/25/2025)	Previous (6/18/2025)	Current (7/2/2025)
Min A	Max A	Mod/Max A due to patient continuing to have swollen R index finger and using her R hand to hold on to handrail at this time. Additionally, patient is comfortable with caregivers performing most of the self-care task for her and requires education and advocating for patient to increase participation with perineal hygiene.	Mod/Max A

Comments: due to patient continuing to have swollen R index finger and using her R hand to hold on to handrail at this time. Additionally, patient is comfortable with caregivers performing most of the self-care task for her and requires education and advocating for patient to increase participation with perineal hygiene.

LTG Goal #5.0 - Continue

Patient will increase standing tolerance to 4 minutes with Mod A to increase participation in toileting tasks and decrease burden on caregivers.

PLOF (prior to onset)	Baseline (3/11/2025)	Previous (6/18/2025)	Current (7/2/2025)
5+ with Min/Mod A	< 1 minute with Mod	Currently, patients standing endurance fluctuates due to tremors.	fluctuations in standing tolerance, currently between 35-40 sec

Comments: Patient's longest standing endurance was at 35-40 seconds. Therapist is working on building patients endurance and trust to increase standing endurance at this time by proper body mechanics, AD and compensatory techniques.

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
 NPI: 1568461275

Certification Period: 7/2/2025 - 7/29/2025
 Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

LTG Goal #7.0 - Continue

Patient will improve ability to safely and efficiently perform LB dressing with MIN-MOD A in order to return to prior level of skill performance.

	PLOF (prior to onset)	Baseline (5/7/2025)	Previous (6/18/2025)	Current (7/2/2025)
	Min/Mod A	Max A/TD	Mod/Max A	Mod/Max A
Comments:	Patient currently has a COC on right index finger that is being treated and requires Mod/Max a for LB dressing.			

LTG Goal #8.0 - Continue

Patient will demonstrate Big Movements of the UE's (Big + Loud adaptive strategies for Parkinsons) to decrease risk of tremors + dropping her personal items + completing H/G with Setup assistance in 1/5 trials of not dropping personal items

	PLOF (prior to onset)	Baseline (6/4/2025)	Previous (6/18/2025)	Current (7/2/2025)
	Setup Assistance	Min A	Min A.	Min A
Comments:	Patient currently has a COC for R index finger. Patient has pain and is sensitive to touch and dropped personal hygiene items due to symptoms that the patient is feeling (pain and sensitivity).			

LTG Goal #9.0 - Continue

Patient will demonstrate increased participation in self-care tasks of UB dressing by initiating at least 60 % of the task with 1 verbal cue in order to enhance participation and confidence of self-care task.

	PLOF (prior to onset)	Baseline (6/4/2025)	Previous (6/18/2025)	Current (7/2/2025)
	Min/Mod A	Mod/Max A	Mod/Max A	Mod/Max A
Comments:				

LTG Goal #10.0 - New Goal

Patient will demonstrate ability to safely and efficiently don/doff footwear with Partial/Moderate Assistance with use of AE (reacher or sock aide) in order to decrease caregiver burden with ADLs.

	PLOF (prior to onset)	Baseline (7/2/2025)
Putting on/taking off footwear	P Mod	Dependent

STG Goal #15.0 - Continue

Patient will demonstrate increased participation in self-care tasks of UB dressing by initiating at least 50% of the task with minimal verbal cues, in order to reduce self-limiting behaviors and promote independence in ADLs.

	PLOF (prior to onset)	Baseline (6/4/2025)	Previous (6/18/2025)	Current (7/2/2025)
	Min/Mod A	Mod A	Mod A	Mod A
Comments:	Due to recent COC on index finger and patient continuing to need treatment due to pain and sensitivity, patient requires Mod A at this time. Patient relies on caregivers to complete donning shirt for her.			

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 7/2/2025 - 7/29/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

STG Goal #16.0 - Continue

Patient will demonstrate increased participation in self-care tasks of LB dressing by using bridging techniques Supine in bed with Mod A, in order to reduce self-limiting behaviors and promote independence in ADLs

PLOF (prior to onset)	Baseline (6/4/2025)	Previous (6/18/2025)	Current (7/2/2025)
Min/Mod A	Max A	Max/Mod A. Patient initiates movement, however, due to recent COC patient required Max/Mod A for bridging techniques.	Mod/Max A

Comments: Patient initiates movement of bridging and was able to bridge 3-4 times supine in bed, however, required max/mod A.

STG Goal #17.0 - Continue

Patient will improve ability to transfer to shower chair with Mod A and using compenstory techniques like weight shifting side to side and proper hand/foot placement to reduce caregiver burden.

PLOF (prior to onset)	Baseline (6/4/2025)	Previous (6/18/2025)	Current (7/2/2025)
Min A	Mod/Max A	Mod/Max A	Mod/Max A

Comments: Pt requires more assistance than usual due to R index finger being sensitive and painful r/t infection

Precautions / Prior Living / Discharge / Transition Plan

New Symptoms Patient reports new signs/symptoms? = No
Medications Medications Impacting Condition/Treatment: Please see medical chart
Precautions Precautions = Precautions are as follows:
Precautions Details: Fall risk, tremors, limited mobility in B shoulders. Mod/Max A
Contraindications Contraindications = No contraindications present.
Allergies / Intolerances Allergies and Intolerances = No allergies/intolerances present.
Medical Hx Prior Medical History: PMHx: Back pain with radiculopathy, HTN, Glaucoma, Parkinson's disease, tremors, lumbar spinal stenosis
Prior Living Prior Living Environment = Patient is a resident of this facility.
Prior Equipment Equipment Prior to Onset: FWW, W/c
Discharge Plan Transition/Discharge Plan = Patient to reside in this LTC facility.

Functional Skills Assessment

Eating Eating = Setup or clean-up assistance
Hygiene Oral hygiene = Setup or clean-up assistance
Dentition = Teeth
Toileting hygiene = Substantial/maximal assistance (Mod/Max A)
Transfers Toilet transfer = Partial/moderate assistance
Toilet Assessed = Raised Toilet Seat
Bathing Shower/bathe self = Substantial/maximal assistance
Dressing Upper body dressing = Partial/moderate assistance
Lower body dressing = Substantial/maximal assistance

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
 NPI: 1568461275

Certification Period: 7/2/2025 - 7/29/2025
 Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Functional Skills Assessment

Dressing Putting on/taking off footwear = Dependent
Self-Care Score Self Care Function Score (score 0 - 12; 12 being the highest function) = 9
 Self Care Performance Raw Score = 20
Mobility Score Mobility Function Score (ranges from 0 - 12; 12 being the highest function) = 1
 Mobility Performance Raw Score = 3

Functional Skills Assessment - Activities of Daily Living (ADLs) & Instrumental ADLs

Hygiene Personal hygiene = Setup or clean-up assistance

Functional Skills Assessment - Functional Mobility

Bathing Tub/Shower transfer = Not applicable

Assessment and Summary of Skilled Services

Interventions Skilled Interventions Provided: Skilled treatment interventions included instructing and training patient in strengthening exercises, balance and coordination training, positioning/pressure relieving techniques, positioning maneuvers, compensatory strategies, proper body mechanics, safe transfer techniques, safety precautions, use of adaptive equipment, use of assistive devices, environmental modifications and energy conservation techniques in order to promote safety and I with ADLs and functional mobility.

Patient Progress Progress & Response to Treatment: During this reporting period, patient has been compliant with skilled interventions, actively participates in tx sessions, and is making gradual progress as a result of OT interventions with continued instruction in compensatory techniques, task simplifications, instruction in safe body mechanics, and energy conservation strategies. Patient presents with fluctuations in standing tolerance but is typically able to complete STS with min/CGA. Patient has not been able to meet any goals this reporting period due to continued discomfort r/t right index finger infection, BLE weakness, and tremors; will continue addressing goals for another reporting period and modify as needed. Tried use of arm weights during ADLs to accommodate for tremors however patient stated it caused more fatigue. New STG added for donning/doffing footwear using AE to progress towards functional independence. Patient has potential to improve further as a result of skilled interventions.

Balance Patient sits unsupported for 30 seconds with feet flat on floor and no back support? = Yes; Patient stands unsupported with AD for 10 seconds? = No

Communication Team Communication/Collaboration: Reviewed patient's plan of treatment and treatment services with interdisciplinary team members and Treatment results communicated to Interdisciplinary Team.

Clinical Tests/Objectives Measures with Clinical Results

Test/Sit Balance Sitting Balance Scale = NT

Tests / Measures Tests/Measures: Grip strength measured by dynamometer
 R hand grip strength: 17, 26, 26
 L hand grip strength: 16, 21, 17

Interpretation Interpretation of Test(s) & Measure(s): Pt presents with R>L grip strength which can impact ADL performance and ability to complete STS transfers

Justification for Continued Skilled Services

Impairments Remaining Impairments: balance deficits, strength impairments, proximal instability, gross motor coordination deficits, decreased safety awareness and decreased functional capacity.

Continued Skill Reason for Skilled Services: Due to patient's advanced age, complex medical history including Parkinsons, heart failure, cerebral palsy, and HTN, continued skilled OT services are necessary to instruct in compensatory techniques for dressing and h/g tasks, to instruct in proper hand/foot placement and body mechanics for ADL transfers, to work on dynamic balance including weight shifting tasks in sitting vs standing, to instruct in clinically-appropriate UE graded resistive exercises, to work on 'big and loud' movements and neuromuscular re-education due to progressive nature of PD, to make task modifications and simplification to accommodate for UE tremors, to monitor pt response to exercises and functional activity, to instruct in proper use of AE to improve LB ADLs, and instruct in energy conservation strategies to minimize fatigue, and for ongoing RNA training. Due to complexity of patients condition, without OT intervention patient is at risk for decline in function, falls, increased dependence on caregivers, and decreased participation in functional tasks.

Intervention Modes Can interventions be provided using treatment modes other than individual? = No

Plan of Tx Focus Focus of Plan of Treatment = Restoration, Compensation, Adaptation

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 7/2/2025 - 7/29/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Plan of Treatment

Treatment Approaches May Include

- Therapeutic exercises (97110)
- Neuromuscular reeducation (97112)
- Therapeutic activities (97530)
- Sensory integration (97533)
- Self care management training (97535)

Frequency: 3 time(s)/week

Duration: 4 week(s)

Intensity: Daily

Cert. Period: 7/2/2025 - 7/29/2025

Potential for Achieving Rehab Goals: Patient demonstrates good rehab potential as evidenced by active participation with plan of treatment, ability to recall and implement compensatory strategies, stable medical condition and supportive caregivers/staff.

Patient/Caregiver Assisted in Updated Treatment Plan = Yes

Risk Areas that may Impact Long Term Outcome(s) = Multiple medical conditions/history, Multiple medications

Desired Change in Condition of Risk area: Decrease fall risk, facilitate IND with ADLs and self-care tasks

Objective Progress / Short-Term Goals

STG #15.0 - Continue

Patient will demonstrate increased participation in self-care tasks of UB dressing by initiating at least 50% of the task with minimal verbal cues, in order to reduce self-limiting behaviors and promote independence in ADLs. (Target: 7/8/2025)

	PLOF (prior to onset)	Baseline (6/4/2025)	Previous (6/18/2025)
	Min/Mod A	Mod A	Mod A
Comments:	Due to recent COC on index finger and patient continuing to need treatment due to pain and sensitivity, patient requires Mod A at this time. Patient relies on caregivers to complete donning shirt for her.		

STG #16.0 - Continue

Patient will demonstrate increased participation in self-care tasks of LB dressing by using bridging techniques Supine in bed with Mod A, in order to reduce self-limiting behaviors and promote independence in ADLs (Target: 7/8/2025)

	PLOF (prior to onset)	Baseline (6/4/2025)	Previous (6/18/2025)
	Min/Mod A	Max A	Max/Mod A. Patient initiates movement, however, due to recent COC patient required Max/Mod A for bridging techniques.
Comments:	Patient initiates movement of bridging and was able to bridge 3-4 times supine in bed, however, required max/mod A.		

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
 NPI: 1568461275

Certification Period: 7/2/2025 - 7/29/2025
 Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Objective Progress / Short-Term Goals

STG #17.0 - Continue

Patient will improve ability to transfer to shower chair with Mod A and using compenstory techniques like weight shifting side to side and proper hand/foot placement to reduce caregiver burden. (Target: 7/8/2025)

PLOF (prior to onset)	Baseline (6/4/2025)	Previous (6/18/2025)
Min A	Mod/Max A	Mod/Max A

Comments: Pt requires more assistance than usual due to R index finger being sensitive and painful r/t infection

STG #18.0 - New Goal

Patient will demonstrate ability to safely and efficiently don/doff footwear with Substantial/Maximal Assistance with use of AE (reacher or sock aide) in order to decrease caregiver burden with ADLs. (Target: 7/8/2025)

PLOF (prior to onset)	Baseline (7/2/2025)
P Mod	Dependent

Putting on/taking off footwear P | Mod Dependent

Objective Progress / Long-Term Goals

LTG #4.0 - Continue

Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Min A to reduce burden on caregivers and increase participation in perineal hygiene tasks. (Target: 7/29/2025)

PLOF (prior to onset)	Baseline (2/25/2025)	Previous (6/18/2025)
Min A	Max A	Mod/Max A due to patient continuing to have swollen R index finger and using her R hand to hold on to handrail at this time. Additionally, patient is comfortable with caregivers performing most of the self-care task for her and requires education and advocating for patient to increase participation with perineal hygiene.

Comments: due to patient continuing to have swollen R index finger and using her R hand to hold on to handrail at this time. Additionally, patient is comfortable with caregivers performing most of the self-care task for her and requires education and advocating for patient to increase participation with perineal hygiene.

LTG #5.0 - Continue

Patient will increase standing tolerance to 4 minutes with Mod A to increase participation in toileting tasks and decrease burden on caregivers. (Target: 7/29/2025)

PLOF (prior to onset)	Baseline (3/11/2025)	Previous (6/18/2025)
5+ with Min/Mod A	< 1 minute with Mod	Currently, patients standing endurance fluctuates due to tremors.

Comments: Patient's longest standing endurance was at 35-40 seconds. Therapist is working on building pateints endurance and trust to increase standing endurance at this time by proper body mechanics, AD and compensatory techniques.

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 7/2/2025 - 7/29/2025
Occupational Therapy

Identification Information

Patient:	CARRERA FIGUEROA, M	DOB:	1/6/1938	Start of Care:	1/16/2025
Payer:	Medicare Part B				
MRN:	12964				

Objective Progress / Long-Term Goals

LTG #7.0 - Continue

Patient will improve ability to safely and efficiently perform LB dressing with MIN-MOD A in order to return to prior level of skill performance. (Target: 7/29/2025)

PLOF (prior to onset)	Baseline (5/7/2025)	Previous (6/18/2025)
Min/Mod A	Max A/TD	Mod/Max A

Comments: Patient currently has a COC on right index finger that is being treated and requires Mod/Max a for LB dressing.

LTG #8.0 - Continue

Patient will demonstrate Big Movements of the UE's (Big + Loud adaptive strategies for Parkinsons) to decrease risk of tremors + dropping her personal items + completing H/G with Setup assistance in 1/5 trials of not dropping personal items (Target: 7/29/2025)

PLOF (prior to onset)	Baseline (6/4/2025)	Previous (6/18/2025)
Setup Assistance	Min A	Min A.

Comments: Patient currently has a COC for R index finger. Patient has pain and is sensitive to touch and dropped personal hygiene items due to symptoms that the patient is feeling (pain and sensitivity).

LTG #9.0 - Continue

Patient will demonstrate increased participation in self-care tasks of UB dressing by initiating at least 60 % of the task with 1 verbal cue in order to enhance participation and confidence of self-care task. (Target: 7/29/2025)

PLOF (prior to onset)	Baseline (6/4/2025)	Previous (6/18/2025)
Min/Mod A	Mod/Max A	Mod/Max A

Comments:

LTG #10.0 - New Goal

Patient will demonstrate ability to safely and efficiently don/doff footwear with Partial/Moderate Assistance with use of AE (reacher or sock aide) in order to decrease caregiver burden with ADLs. (Target: 7/29/2025)

PLOF (prior to onset)	Baseline (7/2/2025)
Putting on/taking off footwear	P Mod

Dependent

I accept responsibility for the content documented in this patient's record and attest, to the best of my knowledge, that it accurately reflects the current performance, condition and medically necessary, skilled services provided per this patient's current treatment plan.

Original Signature: _____ Electronically signed by Caitlin Lee, OT 7/2/2025 11:39:42 AM PDT
Date

I accept responsibility for the changes I made to this patient's record after it was initially completed, and I attest, to the best of my knowledge, the information I modified is accurate.

Revision Signature: _____ Electronically signed by Caitlin Lee, OT 7/2/2025 11:46:01 AM PDT
Date

I certify the need for these medically necessary services furnished under this plan of treatment while under my care from 7/2/2025 through 7/29/2025.

Physician Signature: _____

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 7/2/2025 - 7/29/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M	DOB: 1/6/1938	Start of Care: 1/16/2025
Payer: Medicare Part B		
MRN: 12964		

Hamid Eskandari NPI: 1063662682 Date:

Occupational Therapy
OT Recert, Progress Report & Updated Therapy Plan

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Certification Period: 7/2/2025 - 7/29/2025
Occupational Therapy

Identification Information

Patient:	CARRERA FIGUEROA, M	DOB:	1/6/1938	Start of Care:	1/16/2025
Payer:	Medicare Part B				
MRN:	12964				

[M CARRERA FIGUEROA] : OT Recert, Progress Report & Updated Therapy Plan
Discipline: OT

Changes For: 7/2/2025 11:46:01 AM

Assessment

Changes	Modified By
Patient Progress & Response to Treatment : Current Value changed from "During this reporting period, patient has been compliant with skilled interventions, actively participates in tx sessions, and is making gradual progress as a result of OT interventions with continued instruction in compensatory techniques, task simplifications, instruction in safe body mechanics, and energy conservation strategies. Patient has not been able to meet any goals this reporting period due to continued discomfort r/t right index finger infection, BLE weakness, and tremors. Tried use of arm weights during ADLs to accommodate for tremors however patient stated it caused more fatigue. Patient has potential to improve further as a result of skilled interventions." to "During this reporting period, patient has been compliant with skilled interventions, actively participates in tx sessions, and is making gradual progress as a result of OT interventions with continued instruction in compensatory techniques, task simplifications, instruction in safe body mechanics, and energy conservation strategies. Patient presents with fluctuations in standing tolerance but is typically able to complete STS with min/CGA. Patient has not been able to meet any goals this reporting period due to continued discomfort r/t right index finger infection, BLE weakness, and tremors; will continue addressing goals for another reporting period and modify as needed. Tried use of arm weights during ADLs to accommodate for tremors however patient stated it caused more fatigue. New STG added for donning/doffing footwear using AE to progress towards functional independence. Patient has potential to improve further as a result of skilled interventions."	Lee, Caitlin

Occupational Therapy OT Therapy Progress Report

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 7/2/2025 - 7/15/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Diagnoses

Type	Code	Description	Onset
Med	G20.B1	Parkinson's disease with dyskinesia, without mention of fluctuations	1/16/2025
Med	M62.81	Muscle weakness (generalized)	1/16/2025
Med	I10	Essential (primary) hypertension	1/16/2025
Tx	M62.81	Muscle weakness (generalized)	1/16/2025

Patient was seen for 6 day(s) during the 7/2/2025 - 7/15/2025 progress period.

Objective Progress / Short-Term Goals

STG #15.0 - Continue

Patient will demonstrate increased participation in self-care tasks of UB dressing by initiating at least 50% of the task with minimal verbal cues, in order to reduce self-limiting behaviors and promote independence in ADLs.

PLOF (prior to onset)	Baseline (6/4/2025)	Previous (7/2/2025)	Current (7/15/2025)
Min/Mod A	Mod A	Mod A	35-40% participation is present in UB dressing.

Comments: Patient continues to be treated for COC on one finger in each hand. Redness and tenderness is still present requiring patient to have Mod A,

STG #16.0 - Continue

Patient will demonstrate increased participation in self-care tasks of LB dressing by using bridging techniques Supine in bed with Mod A, in order to reduce self-limiting behaviors and promote independence in ADLs

PLOF (prior to onset)	Baseline (6/4/2025)	Previous (7/2/2025)	Current (7/15/2025)
Min/Mod A	Max A	Mod/Max A	Mod/Max A

Comments: Patient assists with bridging and rolling left and right. However, patient is TD in donning pants from toes to hips.

STG #17.0 - Continue

Patient will improve ability to transfer to shower chair with Mod A and using compenstory techniques like weight shifting side to side and proper hand/foot placement to reduce caregiver burden.

PLOF (prior to onset)	Baseline (6/4/2025)	Previous (7/2/2025)	Current (7/15/2025)
Min A	Mod/Max A	Mod/Max A	Mod A for proper hand and foot placements, however, patient continues to be mod/max A for weight shifting .

Comments: Patient continues to fluctuate with weight shifting in shower chair from Mod/Max A. Patient had a IDT on 7/1 of weakness on LE's.

STG #18.0 - Continue

Patient will demonstrate ability to safely and efficiently don/doff footwear with Substantial/Maximal Assistance with use of AE (reacher or sock aide) in order to decrease caregiver burden with ADLs.

	PLOF (prior to onset)	Baseline (7/2/2025)	Previous (7/2/2025)	Current (7/15/2025)
Putting on/taking off footwear	P Mod	Dependent	Dependent	Dependent

Comments: Patient continues to need encouragement to use AD and is resistant as patient is comfortable having CG's don/doff socks and shoes. Therapist will continue working on alternative ways to advocate for patient to use AD.

Occupational Therapy OT Therapy Progress Report

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 7/2/2025 - 7/15/2025
Occupational Therapy

Identification Information				
Patient:	CARRERA FIGUEROA, M	DOB:	1/6/1938	Start of Care: 1/16/2025
Payer:	Medicare Part B			
MRN:	12964			

Objective Progress / Long-Term Goals				
LTG #4.0 - Continue				
Patient will demonstrate functional use of handrail on bed to assist in perineal hygiene when rolling from left/right with Min A to reduce burden on caregivers and increase participation in perineal hygiene tasks.				
	PLOF (prior to onset)	Baseline (2/25/2025)	Previous (7/2/2025)	Current (7/15/2025)
	Min A	Max A	Mod/Max A	Patient shows fluctuation for bed assistance and rolling left/right.
Comments:	Patient continues to had redness and tenderness to one finger on each hand. Due to this, patient shows fluctuation of assistance with using handrail to roll left and right during perineal hygiene and shows Mod/Max A, at this time. Therapist will work on building strength and endurance for UE's.			
LTG #5.0 - Continue				
Patient will increase standing tolerance to 4 minutes with Mod A to increase participation in toileting tasks and decrease burden on caregivers.				
	PLOF (prior to onset)	Baseline (3/11/2025)	Previous (7/2/2025)	Current (7/15/2025)
	5+ with Min/Mod A	< 1 minute with Mod	fluctuations in standing tolerance, currently between 35-40 sec	1.5 to 2 minutes of standing tolerance
Comments:	Patient is showing an increase in standing tolerance and is slowly and gradually meeting LTG due to patient actively participating in skilled services.			
LTG #7.0 - Continue				
Patient will improve ability to safely and efficiently perform LB dressing with MIN-MOD A in order to return to prior level of skill performance.				
	PLOF (prior to onset)	Baseline (5/7/2025)	Previous (7/2/2025)	Current (7/15/2025)
	Min/Mod A	Max A/TD	Mod/Max A	Mod/Max A
Comments:				
LTG #8.0 - Goal Met				
Patient will demonstrate Big Movements of the UE's (Big + Loud adaptive strategies for Parkinsons) to decrease risk of tremors + dropping her personal items + completing H/G with Setup assistance in 1/5 trials of not dropping personal items				
	PLOF (prior to onset)	Baseline (6/4/2025)	Previous (7/2/2025)	Current (7/15/2025)
	Setup Assistance	Min A	Min A	Patient has completed LTG of using Big and Loud adaptive strategies for parkinsons and completed 1/5 trials.
Comments:	Patient has met LTG of having H/G setup assistance with 1/5 trials of not dropping personal items.			
LTG #9.0 - Continue				
Patient will demonstrate increased participation in self-care tasks of UB dressing by initiating at least 60 % of the task with 1 verbal cue in order to enhance participation and confidence of self-care task.				
	PLOF (prior to onset)	Baseline (6/4/2025)	Previous (7/2/2025)	Current (7/15/2025)
	Min/Mod A	Mod/Max A	Mod/Max A	Mod/Max A with 35 -40 initiation
Comments:				

**Occupational Therapy
OT Therapy Progress Report**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 7/2/2025 - 7/15/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Objective Progress / Long-Term Goals

LTG #10.0 - Continue

Patient will demonstrate ability to safely and efficiently don/doff footwear with Partial/Moderate Assistance with use of AE (reacher or sock aide) in order to decrease caregiver burden with ADLs.

	PLOF (prior to onset)	Baseline (7/2/2025)	Previous (7/2/2025)	Current (7/15/2025)
Putting on/taking off footwear	P Mod	Dependent	Dependent	Dependent
Comments:	Patient continues to need encouragement to use AD and is resistant as patient is comfortable having CG's don/doff socks and shoes. Therapist will continue working on alternative ways to advocate for patient to use AD.			

Precautions / Prior Living / Discharge / Transition Plan

New Symptoms Patient reports new signs/symptoms? = No

Medications Medications Impacting Condition/Treatment: Please see medical chart

Precautions Precautions = Precautions are as follows:
Precautions Details: Fall risk, tremors, limited mobility in B shoulders. Mod/Max A

Contraindications Contraindications = No contraindications present.

Allergies / Intolerances Allergies and Intolerances = No allergies/intolerances present.

Medical Hx Prior Medical History: PMHx: Back pain with radiculopathy, HTN, Glaucoma, Parkinson's disease, tremors, lumbar spinal stenosis

Prior Living Prior Living Environment = Patient is a resident of this facility.

Prior Equipment Equipment Prior to Onset: FWW, W/c

Discharge Plan Transition/Discharge Plan = Patient to reside in this LTC facility.

Outcome Risk(s) Risk Areas that may Impact Long Term Outcome(s) = Multiple medical conditions/history, Multiple medications
Desired Change in Condition of Risk area: Decrease fall risk, facilitate IND with ADLs and self-care tasks

Functional Skills Assessment

Eating Eating = Independent

Hygiene Oral hygiene = Independent
Dentition = Teeth
Toileting hygiene = Partial/moderate assistance

Transfers Toilet transfer = Partial/moderate assistance
Toilet Assessed = Raised Toilet Seat

Bathing Shower/bathe self = Partial/moderate assistance

Dressing Upper body dressing = Partial/moderate assistance
Lower body dressing = Substantial/maximal assistance
Putting on/taking off footwear = Dependent

Self-Care Score Self Care Function Score (score 0 - 12; 12 being the highest function) = 10
Self Care Performance Raw Score = 24

Mobility Score Mobility Function Score (ranges from 0 - 12; 12 being the highest function) = 1
Mobility Performance Raw Score = 3

Functional Skills Assessment - Activities of Daily Living (ADLs) & Instrumental ADLs

Hygiene Personal hygiene = Independent

Functional Skills Assessment - Functional Mobility

Bathing Tub/Shower transfer = Not attempted due to medical conditions or safety concerns

**Occupational Therapy
OT Therapy Progress Report**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 7/2/2025 - 7/15/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

Assessment and Summary of Skilled Services

Interventions Skilled Interventions Provided: Direct, hands-on care with patient this reporting period focused on the following skilled interventions: self-care skills, retraining to increase independence with AD; neuromuscular re-education for functional mobility; therapeutic exercises for ROM, strength and endurance, training with therapeutic activities, proper body mechanics, compensatory techniques, fall prevention techniques and safe transfer training.

Patient Progress Progress & Response to Treatment: The patient has demonstrated steady progress in response to skilled occupational therapy interventions focused on improving balance, postural control, and functional mobility when standing. Over the past week, the patient has participated in daily therapeutic activities including static standing balance tasks, transfer training, and dual-task exercises involving upper extremity movement during lower body movement. The patient required minimal verbal cues for safety awareness and displayed increased confidence during sit-to-stand transitions. Notably, the patient progressed from requiring moderate assistance for toilet transfers to performing the task with supervision only. Patient was able to meet one LTG of using Big and Loud movements to reduce the presence of tremors from interfering with patient's personal hygiene time. Patient requires setup assistance for personal hygiene productive and can independently perform self-care task. During standing tasks, the patient exhibited improved postural endurance, maintaining upright alignment for up to 1.5 to 2 minutes. The patient engaged actively in each session, responded positively to encouragement, and reported increased confidence and decreased fear of falling due to patient showing increased strength in UE's and using proper hand/foot placements for transfers. Patient had a IDT on 7/1 due to RNA's reporting patient is showing increased assistance with LE exercises and increased shaking on legs on some days. Continued skilled OT services are warranted to further enhance safety and independence with ADLs

Balance Patient sits unsupported for 30 seconds with feet flat on floor and no back support? = Yes; Patient stands unsupported with AD for 10 seconds? = No

Supervision OT/Assistant Supervision: Communication regarding the patient's objective progress and treatment progression has occurred with the treating clinician(s) this reporting period and Skilled services provided by therapist this reporting period, not by assistant.

Communication Team Communication/Collaboration: Collaborated with team regarding patient's discharge/transition planning and Consultation with therapists to facilitate patient's highest level of functional independence.

Clinical Tests/Objectives Measures with Clinical Results

Test/Sit Balance Sitting Balance Scale = NT

Tests / Measures Tests/Measures: Grip strength measured by dynamometer
R hand strength: 17, 26, 26
L hand grip strength: 16, 21, 17

Interpretation Interpretation of Test(s) & Measure(s): Patient shows dominant hand to be stronger than L hand which may impact patient's functional mobility for shower chair transfers and holding on the handrail to assist with dressing and toileting tasks.

Justification for Continued Skilled Services

Impairments Remaining Impairments: balance deficits, decreased functional capacity, decreased insight, decreased safety awareness, decreased static balance, pain, safety awareness deficits, strength impairments and tremors.

Continued Skill Reason for Skilled Services: Continued skilled occupational therapy services are necessary for this patient due to ongoing balance deficits that place them at a high risk for falls and significantly impair their ability to perform essential activities of daily living (ADLs) safely and independently. The patient presents with both static and dynamic balance impairments due to tremors and LE weakness, including difficulty with weight shifting, and poor trunk control when standing, which may result in a possible injury or fall during ADLs. Skilled OT interventions remain critical for addressing these deficits through evidence-based neuromuscular re-education, therapeutic exercises, therapeutic activities, compensatory techniques, and task-specific balance activities tailored to the patient's current capabilities and therapeutic response. The patient requires continued therapist supervision and cueing to ensure proper technique, safety awareness, and consistent engagement in therapeutic activities. Progress has been noted in the patient's ability to tolerate balance challenges with decreased physical assistance; however, the patient has not yet achieved a functional level sufficient for safe participation in ADLs without skilled support. Additionally, the patient benefits from continued education in environmental modification, use of adaptive strategies, and fall prevention techniques, which require skilled reinforcement for carryover into daily routines. The complexity of the patient's condition and their potential for further improvement support the medical necessity for ongoing skilled occupational therapy.

Intervention Modes Can interventions be provided using treatment modes other than individual? = No

Plan of Tx Focus Focus of Plan of Treatment = Restoration, Compensation, Adaptation

**Occupational Therapy
OT Therapy Progress Report**

Provider: Victoria Healthcare Center (Costa Mesa)
NPI: 1568461275

Dates of Service: 7/2/2025 - 7/15/2025
Occupational Therapy

Identification Information

Patient: CARRERA FIGUEROA, M **DOB:** 1/6/1938 **Start of Care:** 1/16/2025
Payer: Medicare Part B
MRN: 12964

I accept responsibility for the content documented in this patient's record and attest, to the best of my knowledge, that it accurately reflects the current performance, condition and medically necessary, skilled services provided per this patient's current treatment plan.

Original Signature: _____ Electronically signed by Genesis Perez, OT 7/15/2025 09:23:11 AM PDT
Date