

National Health and Nutrition Examination Survey

2015-2016 Data Documentation, Codebook, and Frequencies

Physical Activity (PAQ_I)

Data File: PAQ_I.xpt

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Last Revised: NA

Component Description

The Physical Activity questionnaire (variable name prefix PAQ) is based on the Global Physical Activity Questionnaire (GPAQ) and provides respondent-level interview data on physical activities.

Eligible Sample

Participants aged 2 years and over were eligible. Questions asked varied by age group.

Interview Setting and Mode of Administration

PAQ was asked in the home, by trained interviewers, using the Computer Assisted Personal Interview (CAPI) system for persons 2 to 11 and 16 or more years of age. For respondents aged 12 to 15 years of age, PAQ was asked in the Mobile Examination Center (MEC).

Persons 12 years of age and older and emancipated minors were interviewed directly. A proxy provided information for survey participants who were under 12 years of age and for individuals who could not answer the questions themselves.

Data Processing and Editing

Limited editing was done on the data. Respondents who reported an average of 24 hours or more per day of activity had their time variables (PAD615, PAD630, PAD645, PAD660, PAD675, PAD680) set to missing. Users should carefully inspect the data for other values they may consider too high.

Analytic Notes

Since the data was collected as part of the household interview for respondents 2 to 11 and 16 or more years, the interview sample weights should be used in their analysis. However, if the data is merged with exam data, the exam sample weights should be used. Analysis of the questionnaire for 12 to 15 year olds should use the exam sample weights as the questionnaire was asked in the MEC.

Suggested metabolic equivalent (MET) scores for the activities listed in this file are included in Appendix 1.

Please refer to the [NHANES Analytic Guidelines](#) and the on-line [NHANES Tutorial](#) for further details on the use of sample weights and other analytic issues.

Codebook and Frequencies

SEQN - Respondent sequence number

Variable Name:	SEQN
SAS Label:	Respondent sequence number
English Text:	Respondent sequence number.
Target:	Both males and females 2 YEARS - 150 YEARS

PAQ605 - Vigorous work activity

Variable Name: PAQ605

SAS Label: Vigorous work activity

English Text: Next I am going to ask you about the time {you spend/SP spends} doing different types of physical activity in a typical week. Think first about the time {you spend/he spends/she spends} doing work. Think of work as the things that {you have/he has/she has} to do such as paid or unpaid work, household chores, and yard work. Does {your/SP's} work involve vigorous-intensity activity that causes large increases in breathing or heart rate like carrying or lifting heavy loads, digging or construction work for at least 10 minutes continuously?

Target: Both males and females 12 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Yes	1366	1366	
2	No	5596	6962	PAQ620
7	Refused	0	6962	PAQ620
9	Don't know	4	6966	PAQ620
.	Missing	2289	9255	

PAQ610 - Number of days vigorous work

Variable Name: PAQ610

SAS Label: Number of days vigorous work

English Text: In a typical week, on how many days {do you/does SP} do vigorous-intensity activities as part of {your/his/her} work?

English Instructions: PROBE IF NEEDED: Vigorous-intensity activity causes large increases in breathing or heart rate and is done for at least 10 minutes continuously. INTERVIEWER: REMEMBER, WE ARE ONLY ASKING ABOUT WORK AND CHORES IN THIS QUESTION. (SP interview version) HARD EDIT: 1-7 (MEC interview version) HARD EDIT: LESS THAN 1 DAY OR MORE THAN 7 DAYS. ERROR MESSAGE: THE NUMBER OF DAYS SHOULD BE BETWEEN 1 AND 7. ENTER NUMBER OF DAYS

Target: Both males and females 12 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1 to 7	Range of Values	1360	1360	
77	Refused	0	1360	PAQ620
99	Don't know	6	1366	PAQ620
.	Missing	7889	9255	

PAD615 - Minutes vigorous-intensity work

Variable Name: PAD615

SAS Label: Minutes vigorous-intensity work

English Text: How much time {do you/does SP} spend doing vigorous-intensity activities at work on a typical day?

English Instructions: PROBE IF NEEDED: Think about a typical day when {you do/he does/she does} vigorous-intensity activities during {your/his/her} work. PROBE IF NEEDED: Vigorous-intensity activity causes large increases in breathing or heart rate and is done for at least 10 minutes continuously. INTERVIEWER: REMEMBER, WE ARE ONLY ASKING ABOUT WORK AND CHORES. (SP interview version) SOFT EDIT: >4 HOURS. SOFT EDIT WORDING: INTERVIEWER, YOU HAVE RECORDED THAT THE SP SPENDS MORE THAN 4 HOURS DOING VIGOROUS-INTENSITY ACTIVITIES AT WORK ON A TYPICAL DAY. PLEASE CONFIRM WITH SP THAT OVER 4 HOURS IS CORRECT. HARD EDIT: >24 HOURS. HARD EDIT: <10 MINUTES. ENTER NUMBER OF MINUTES OR HOURS (MEC interview version) SOFT EDIT: >4 hours. ERROR MESSAGE: INTERVIEWER, YOU HAVE RECORDED THAT THE SP SPENDS MORE THAN 4 HOURS DOING VIGOROUS-INTENSITY ACTIVITIES AT WORK ON A TYPICAL DAY. PLEASE CONFIRM WITH SP THAT OVER 4 HOURS IS CORRECT. HARD EDIT: LESS THAN 10 MINUTES OR 24 HOURS OR MORE. ERROR MESSAGE: THE TIME SHOULD BE 10 MINUTES OR MORE, BUT LESS THAN 24 HOURS. ENTER NUMBER (OF MINUTES OR HOURS)

Target: Both males and females 12 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
10 to 840	Range of Values	1346	1346	
7777	Refused	0	1346	
9999	Don't know	4	1350	
.	Missing	7905	9255	

PAQ620 - Moderate work activity

Variable Name: PAQ620

SAS Label: Moderate work activity

English Text: Does {your/SP's} work involve moderate-intensity activity that causes small increases in breathing or heart rate such as brisk walking or carrying light loads for at least 10 minutes continuously?

Target: Both males and females 12 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Yes	2598	2598	
2	No	4361	6959	PAQ635
7	Refused	0	6959	PAQ635
9	Don't know	6	6965	PAQ635
.	Missing	2290	9255	

PAQ625 - Number of days moderate work

Variable Name: PAQ625

SAS Label: Number of days moderate work

English Text: In a typical week, on how many days {do you/does SP} do moderate-intensity activities as part of {your/his/her} work?

English Instructions: PROBE IF NEEDED: Moderate-intensity activity causes small increases in breathing or heart rate and is done for at least 10 minutes continuously. INTERVIEWER: REMEMBER, WE ARE ONLY ASKING ABOUT WORK AND CHORES. (SP interview version) HARD EDIT: 1-7. ENTER NUMBER OF DAYS (MEC interview version) HARD EDIT: LESS THAN 1 DAY OR MORE THAN 7 DAYS. ERROR MESSAGE: THE NUMBER OF DAYS SHOULD BE BETWEEN 1 AND 7. ENTER NUMBER OF DAYS

Target: Both males and females 12 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1 to 7	Range of Values	2593	2593	
77	Refused	0	2593	PAQ635
99	Don't know	5	2598	PAQ635
.	Missing	6657	9255	

PAD630 - Minutes moderate-intensity work

Variable Name: PAD630

SAS Label: Minutes moderate-intensity work

English Text: How much time {do you/does SP} spend doing moderate-intensity activities at work on a typical day?

English Instructions: PROBE IF NEEDED: Think about a typical day when {you do/he does/she does} moderate-intensity activities during your work. PROBE IF NEEDED: Moderate-intensity activity causes small increases in breathing or heart rate and is done for at least 10 minutes continuously. INTERVIEWER: REMEMBER, WE ARE ONLY ASKING ABOUT WORK AND CHORES. (SP interview version) SOFT EDIT: >4 HOURS. SOFT EDIT WORDING: INTERVIEWER, YOU HAVE RECORDED THAT THE SP SPENDS MORE THAN 4 HOURS DOING MODERATE-INTENSITY ACTIVITIES AT WORK ON A TYPICAL DAY. PLEASE CONFIRM WITH SP THAT OVER 4 HOURS IS CORRECT. HARD EDIT: >24 HOURS. HARD EDIT: <10 MINUTES. ENTER NUMBER OF MINUTES OR HOURS (MEC interview version) SOFT EDIT: >4 hours. ERROR MESSAGE: INTERVIEWER, YOU HAVE RECORDED THAT THE SP SPENDS MORE THAN 4 HOURS DOING MODERATE-INTENSITY ACTIVITIES AT WORK ON A TYPICAL DAY. PLEASE CONFIRM WITH SP THAT OVER 4 HOURS IS CORRECT. HARD EDIT: LESS THAN 10 MINUTES OR 24 HOURS OR MORE. ERROR MESSAGE: THE TIME SHOULD BE 10 MINUTES OR MORE, BUT LESS THAN 24 HOURS. ENTER NUMBER (OF MINUTES OR HOURS)

Target: Both males and females 12 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
10 to 990	Range of Values	2572	2572	
7777	Refused	0	2572	
9999	Don't know	11	2583	
.	Missing	6672	9255	

PAQ635 - Walk or bicycle

Variable Name: PAQ635

SAS Label: Walk or bicycle

English Text: The next questions exclude the physical activity at work that you have already mentioned. Now I would like to ask you about the usual way {you travel/SP travels} to and from places. For example to school, for shopping, to work. In a typical week {do you/does SP} walk or use a bicycle for at least 10 minutes continuously to get to and from places?

Target: Both males and females 12 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Yes	1786	1786	
2	No	5178	6964	PAQ650
7	Refused	0	6964	PAQ650
9	Don't know	1	6965	PAQ650
.	Missing	2290	9255	

PAQ640 - Number of days walk or bicycle

Variable Name: PAQ640

SAS Label: Number of days walk or bicycle

English Text: In a typical week, on how many days {do you/does SP} walk or bicycle for at least 10 minutes continuously to get to and from places?

English Instructions: (SP interview version) HARD EDIT: 1-7. ENTER NUMBER OF DAYS
(MEC interview version) HARD EDIT: LESS THAN 1 DAY OR MORE THAN 7 DAYS. ERROR MESSAGE: THE NUMBER OF DAYS SHOULD BE BETWEEN 1 AND 7. ENTER NUMBER OF DAYS

Target: Both males and females 12 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1 to 7	Range of Values	1781	1781	
77	Refused	0	1781	PAQ650
99	Don't know	4	1785	PAQ650
.	Missing	7470	9255	

PAD645 - Minutes walk/bicycle for transportation

Variable Name: PAD645

SAS Label: Minutes walk/bicycle for transportation

English Text: How much time {do you/does SP} spend walking or bicycling for travel on a typical day?

English Instructions: PROBE IF NEEDED: Think about a typical day when {you walk or bicycle/SP walks or bicycles} walk or bicycle for travel. (SP interview version) SOFT EDIT: >4 HOURS. SOFT EDIT WORDING: INTERVIEWER, YOU HAVE RECORDED THAT THE SP SPENDS MORE THAN 4 HOURS WALKING OR BICYCLING TO GET TO AND FROM PLACES ON A TYPICAL DAY. PLEASE CONFIRM WITH SP THAT OVER 4 HOURS IS CORRECT. HARD EDIT: >24 HOURS. HARD EDIT: <10 MINUTES. ENTER NUMBER OF MINUTES OR HOURS (MEC interview version) SOFT EDIT: >4 hours. ERROR MESSAGE: INTERVIEWER, YOU HAVE RECORDED THAT THE SP SPENDS MORE THAN 4 HOURS WALKING OR BICYCLING TO GET TO AND FROM PLACES ON A TYPICAL DAY. PLEASE CONFIRM WITH SP THAT OVER 4 HOURS IS CORRECT. HARD EDIT: LESS THAN 10 MINUTES OR 24 HOURS OR MORE. ERROR MESSAGE: THE TIME SHOULD BE 10 MINUTES OR MORE, BUT LESS THAN 24 HOURS. ENTER NUMBER (OF MINUTES OR HOURS)

Target: Both males and females 12 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
10 to 1200	Range of Values	1769	1769	
7777	Refused	0	1769	
9999	Don't know	7	1776	
.	Missing	7479	9255	

PAQ650 - Vigorous recreational activities

Variable Name: PAQ650

SAS Label: Vigorous recreational activities

English Text: The next questions exclude the work and transport activities that you have already mentioned. Now I would like to ask you about sports, fitness and recreational activities. In a typical week {do you/does SP} do any vigorous-intensity sports, fitness, or recreational activities that cause large increases in breathing or heart rate like running or basketball for at least 10 minutes continuously?

Target: Both males and females 12 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Yes	2193	2193	
2	No	4768	6961	PAQ665
7	Refused	0	6961	PAQ665
9	Don't know	2	6963	PAQ665
.	Missing	2292	9255	

PAQ655 - Days vigorous recreational activities

Variable Name: PAQ655

SAS Label: Days vigorous recreational activities

English Text: In a typical week, on how many days {do you/does SP} do vigorous-intensity sports, fitness or recreational activities?

English Instructions: PROBE IF NEEDED: Vigorous-intensity activity causes large increases in breathing or heart rate and is done for at least 10 minutes continuously. (SP interview version) HARD EDIT: 1-7. ENTER NUMBER OF DAYS (MEC interview version) HARD EDIT: LESS THAN 1 DAY OR MORE THAN 7 DAYS. ERROR MESSAGE: THE NUMBER OF DAYS SHOULD BE BETWEEN 1 AND 7. ENTER NUMBER OF DAYS

Target: Both males and females 12 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1 to 7	Range of Values	2193	2193	
77	Refused	0	2193	PAQ665
99	Don't know	0	2193	PAQ665
.	Missing	7062	9255	

PAD660 - Minutes vigorous recreational activities

Variable Name: PAD660

SAS Label: Minutes vigorous recreational activities

English Text: How much time {do you/does SP} spend doing vigorous-intensity sports, fitness or recreational activities on a typical day?

English Instructions: PROBE IF NEEDED: Think about a typical day when {you do/SP does} vigorous-intensity sports, fitness or recreational activities. (SP interview version) SOFT EDIT: >4 HOURS. SOFT EDIT WORDING: INTERVIEWER, YOU HAVE RECORDED THAT THE SP SPENDS MORE THAN 4 HOURS DOING VIGOROUS-INTENSITY RECREATIONAL ACTIVITIES ON A TYPICAL DAY. PLEASE CONFIRM WITH SP THAT OVER 4 HOURS IS CORRECT. HARD EDIT: >24 HOURS. HARD EDIT: <10 MINUTES. ENTER NUMBER OF MINUTES OR HOURS (MEC interview version) SOFT EDIT: >4 hours. ERROR MESSAGE: INTERVIEWER, YOU HAVE RECORDED THAT THE SP SPENDS MORE THAN 4 HOURS DOING VIGOROUS-INTENSITY RECREATIONAL ACTIVITIES ON A TYPICAL DAY. PLEASE CONFIRM WITH SP THAT OVER 4 HOURS IS CORRECT.HARD EDIT: LESS THAN 10 MINUTES OR 24 HOURS OR MORE. ERROR MESSAGE: THE TIME SHOULD BE 10 MINUTES OR MORE, BUT LESS THAN 24 HOURS. ENTER NUMBER (OF MINUTES OR HOURS)

Target: Both males and females 12 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
10 to 480	Range of Values	2186	2186	
7777	Refused	0	2186	
9999	Don't know	3	2189	
.	Missing	7066	9255	

PAQ665 - Moderate recreational activities

Variable Name: PAQ665

SAS Label: Moderate recreational activities

English Text: In a typical week {do you/does SP} do any moderate-intensity sports, fitness, or recreational activities that cause a small increase in breathing or heart rate such as brisk walking, bicycling, swimming, or volleyball for at least 10 minutes continuously?

Target: Both males and females 12 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Yes	2956	2956	
2	No	4003	6959	PAD680
7	Refused	0	6959	PAD680
9	Don't know	4	6963	PAD680
.	Missing	2292	9255	

PAQ670 - Days moderate recreational activities

Variable Name: PAQ670

SAS Label: Days moderate recreational activities

English Text: In a typical week, on how many days {do you/does SP} do moderate-intensity sports, fitness or recreational activities?

English Instructions: PROBE IF NEEDED: Moderate-intensity sports, fitness or recreational activities cause small increases in breathing or heart rate and is done for at least 10 minutes continuously. (SP interview version)
HARD EDIT: 1-7. ENTER NUMBER OF DAYS (MEC interview version)
HARD EDIT: LESS THAN 1 DAY OR MORE THAN 7 DAYS. ERROR MESSAGE: THE NUMBER OF DAYS SHOULD BE BETWEEN 1 AND 7. ENTER NUMBER OF DAYS

Target: Both males and females 12 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1 to 7	Range of Values	2952	2952	
77	Refused	0	2952	
99	Don't know	4	2956	
.	Missing	6299	9255	

PAD675 - Minutes moderate recreational activities

Variable Name: PAD675

SAS Label: Minutes moderate recreational activities

English Text: How much time {do you/does SP} spend doing moderate-intensity sports, fitness or recreational activities on a typical day?

English Instructions: PROBE IF NEEDED: Think about a typical day when {you do/SP does} moderate-intensity sports, fitness or recreational activities. PROBE IF NEEDED: Moderate-intensity sports, fitness or recreational activities cause small increases in breathing or heart rate and is done for at least 10 minutes continuously. (SP interview version) SOFT EDIT: >4 HOURS. SOFT EDIT WORDING: INTERVIEWER, YOU HAVE RECORDED THAT THE SP SPENDS MORE THAN 4 HOURS DOING MODERATE-INTENSITY RECREATIONAL ACTIVITIES ON A TYPICAL DAY. PLEASE CONFIRM WITH SP THAT OVER 4 HOURS IS CORRECT. HARD EDIT: >24 HOURS. HARD EDIT: <10 MINUTES. ENTER NUMBER OF MINUTES OR HOURS (MEC interview version) SOFT EDIT: >4 hours. ERROR MESSAGE: INTERVIEWER, YOU HAVE RECORDED THAT THE SP SPENDS MORE THAN 4 HOURS DOING MODERATE-INTENSITY RECREATIONAL ACTIVITIES ON A TYPICAL DAY. PLEASE CONFIRM WITH SP THAT OVER 4 HOURS IS CORRECT. HARD EDIT: LESS THAN 10 MINUTES OR 24 HOURS OR MORE. ERROR MESSAGE: THE TIME SHOULD BE 10 MINUTES OR MORE, BUT LESS THAN 24 HOURS. ENTER NUMBER (OF MINUTES OR HOURS)

Target: Both males and females 12 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
10 to 600	Range of Values	2940	2940	
7777	Refused	0	2940	
9999	Don't know	6	2946	
.	Missing	6309	9255	

PAD680 - Minutes sedentary activity

Variable Name: PAD680

SAS Label: Minutes sedentary activity

English Text: The following question is about sitting at school, at home, getting to and from places, or with friends including time spent sitting at a desk, traveling in a car or bus, reading, playing cards, watching television, or using a computer. Do not include time spent sleeping. How much time {do you/does SP} usually spend sitting on a typical day?

English Instructions: (SP interview version) SOFT EDIT: >17 HOURS. HARD EDIT: >24 HOURS. ENTER NUMBER OF MINUTES OR HOURS (MEC interview version) SOFT EDIT: 18 HOURS OR MORE AND LESS THAN 8 HOURS. ERROR MESSAGE: PLEASE VERIFY TIMES OF 18 HOURS OR MORE OR LESS THAN 8 HOURS. HARD EDIT: 24 HOURS OR MORE. ERROR MESSAGE: THE TIME SHOULD BE LESS THAN 24 HOURS. ENTER NUMBER (OF MINUTES OR HOURS)

Target: Both males and females 12 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
0 to 1380	Range of Values	6895	6895	
7777	Refused	3	6898	
9999	Don't know	53	6951	
.	Missing	2304	9255	

PAQ706 - Days physically active at least 60 min.

Variable Name: PAQ706

SAS Label: Days physically active at least 60 min.

English Text: I'd like to ask you some questions about {your/SP's} activities. During the past 7 days, on how many days {were you/was SP} physically active for a total of at least 60 minutes per day? Add up all the time {you/he/she} spent in any kind of physical activity that increased {your/his/her} heart rate and made {you/him/her} breathe hard some of the time.

Target: Both males and females 2 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
0	0 days	163	163	
1	1 day	123	286	
2	2 days	162	448	
3	3 days	225	673	
4	4 days	186	859	
5	5 days	394	1253	
6	6 days	137	1390	
7	7 days	1486	2876	
77	Refused	1	2877	
99	Don't know	8	2885	
.	Missing	6370	9255	

PAQ710 - Hours watch TV or videos past 30 days

Variable Name: PAQ710

SAS Label: Hours watch TV or videos past 30 days

English Text: Now I will ask you first about TV watching and then about computer use. Over the past 30 days, on average how many hours per day did {you/SP} sit and watch TV or videos? Would you say . . .

Target: Both males and females 2 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
0	Less than 1 hour,	1173	1173	
1	1 hour,	1637	2810	
2	2 hours,	2400	5210	
3	3 hours,	1473	6683	
4	4 hours, or	854	7537	
5	5 hours or more, or	1286	8823	
8	{You don't/SP does not} watch TV or videos	369	9192	
77	Refused	1	9193	
99	Don't know	16	9209	
.	Missing	46	9255	

PAQ715 - Hours use computer past 30 days

Variable Name: PAQ715

SAS Label: Hours use computer past 30 days

English Text: Over the past 30 days, on average how many hours per day did {you/SP} use a computer or play computer games outside of school? Include Playstation, Nintendo DS, or other portable video games
Would you say . . .

Target: Both males and females 2 YEARS - 150 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
0	Less than 1 hour,	2001	2001	
1	1 hour,	1530	3531	
2	2 hours,	1316	4847	
3	3 hours,	574	5421	
4	4 hours, or	350	5771	
5	5 hours or more, or	588	6359	
8	{you do not/SP does not} use a computer outside of school	2844	9203	
77	Refused	0	9203	
99	Don't know	6	9209	
.	Missing	46	9255	

PAQ722 - Any physical activities past 7 days

Variable Name: PAQ722

SAS Label: Any physical activities past 7 days

English Text: For the next questions, think about the sports, lessons, or physical activities {you/SP} may have done during the past 7 days? Please do not include things {you/he/she} did during the school day like PE or gym class. Did {you/SP} do any physical activities during the past 7 days?

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Yes	2120	2120	
2	No	468	2588	PAQ731
7	Refused	0	2588	PAQ731
9	Don't know	3	2591	PAQ731
.	Missing	6664	9255	

PAQ724a - Physical activity aerobics

Variable Name: PAQ724a

SAS Label: Physical activity aerobics

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	AEROBICS/WEIGHT TRAINING/GYM/EXERCISE	113	113	
77	Refused	0	113	
99	Don't know	1	114	
.	Missing	9141	9255	

PAQ724b - Physical activity baseball

Variable Name: PAQ724b

SAS Label: Physical activity baseball

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
2	BASEBALL/SOFTBALL/CATCH/PITCHING	233	233	
.	Missing	9022	9255	

PAQ724c - Physical activity basketball

Variable Name: PAQ724c

SAS Label: Physical activity basketball

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
3	BASKETBALL	437	437	
.	Missing	8818	9255	

PAQ724d - Physical activity bike riding

Variable Name: PAQ724d

SAS Label: Physical activity bike riding

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
4	BIKE RIDING/DIRT BIKING/MOUNTAIN BIKING	590	590	
.	Missing	8665	9255	

PAQ724e - Physical activity cheerleading

Variable Name: PAQ724e

SAS Label: Physical activity cheerleading

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
5	CHEERLEADING	35	35	
.	Missing	9220	9255	

PAQ724f - Physical activity dance

Variable Name: PAQ724f

SAS Label: Physical activity dance

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
6	DANCE	257	257	
.	Missing	8998	9255	

PAQ724g - Physical activity field hockey

Variable Name: PAQ724g

SAS Label: Physical activity field hockey

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
7	FIELD HOCKEY/STREET HOCKEY/ROLLER HOCKEY	5	5	
.	Missing	9250	9255	

PAQ724h - Physical activity football

Variable Name: PAQ724h

SAS Label: Physical activity football

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
8	FOOTBALL	282	282	
.	Missing	8973	9255	

PAQ724i - Physical activity golf

Variable Name: PAQ724i

SAS Label: Physical activity golf

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
9	GOLF	16	16	
.	Missing	9239	9255	

PAQ724j - Physical activity gymnastics

Variable Name: PAQ724j

SAS Label: Physical activity gymnastics

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
10	GYMNASTICS/TUMBLING	138	138	
.	Missing	9117	9255	

PAQ724k - Physical activity hiking

Variable Name: PAQ724k

SAS Label: Physical activity hiking

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
11	HIKING	66	66	
.	Missing	9189	9255	

PAQ724I - Physical activity ice hockey

Variable Name: PAQ724I
SAS Label: Physical activity ice hockey
English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}
English Instructions: CODE ALL THAT APPLY
Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
12	ICE HOCKEY	4	4	
.	Missing	9251	9255	

PAQ724m - Physical activity ice skating

Variable Name: PAQ724m

SAS Label: Physical activity ice skating

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
13	ICE SKATING	3	3	
.	Missing	9252	9255	

PAQ724n - Physical activity jumping rope

Variable Name: PAQ724n

SAS Label: Physical activity jumping rope

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
14	JUMPING ROPE	100	100	
.	Missing	9155	9255	

PAQ724o - Physical activity lacrosse

Variable Name: PAQ724o

SAS Label: Physical activity lacrosse

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
15	LACROSSE	8	8	
.	Missing	9247	9255	

PAQ724p - Physical activity martial arts

Variable Name: PAQ724p

SAS Label: Physical activity martial arts

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
16	MARTIAL ARTS (KARATE/TAE KWON DO/JUDO, ETC.)	51	51	
.	Missing	9204	9255	

PAQ724q - Physical activity playing games

Variable Name: PAQ724q

SAS Label: Physical activity playing games

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
17	PLAYING GAMES (PROBE: WERE YOU PHYSICALLY ACTIVE? IF NO, DON'T COUNT)	315	315	
.	Missing	8940	9255	

PAQ724r - Physical activity roller blading

Variable Name: PAQ724r

SAS Label: Physical activity roller blading

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
18	ROLLER BLADING/ROLLER SKATING	57	57	
.	Missing	9198	9255	

PAQ724s - Physical activity running

Variable Name: PAQ724s

SAS Label: Physical activity running

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
19	RUNNING/JOGGING	1015	1015	
.	Missing	8240	9255	

PAQ724t - Physical activity scooter riding

Variable Name: PAQ724t

SAS Label: Physical activity scooter riding

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
20	SCOOTER RIDING (PROBE: DOES IT HAVE A MOTOR? IF YES, DON'T COUNT)	166	166	
.	Missing	9089	9255	

PAQ724u - Physical activity skateboarding

Variable Name: PAQ724u

SAS Label: Physical activity skateboarding

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
21	SKATEBOARDING	62	62	
.	Missing	9193	9255	

PAQ724v - Physical activity soccer

Variable Name: PAQ724v

SAS Label: Physical activity soccer

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
22	SOCCER	368	368	
.	Missing	8887	9255	

PAQ724w - Physical activity swimming

Variable Name: PAQ724w

SAS Label: Physical activity swimming

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
23	SWIMMING	265	265	
.	Missing	8990	9255	

PAQ724x - Physical activity tennis

Variable Name: PAQ724x

SAS Label: Physical activity tennis

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
24	TENNIS	33	33	
.	Missing	9222	9255	

PAQ724y - Physical activity track & field

Variable Name: PAQ724y

SAS Label: Physical activity track & field

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
25	TRACK & FIELD	22	22	
.	Missing	9233	9255	

PAQ724z - Physical activity volleyball

Variable Name: PAQ724z

SAS Label: Physical activity volleyball

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
26	VOLLEYBALL	55	55	
.	Missing	9200	9255	

PAQ724aa - Physical activity walking

Variable Name: PAQ724aa

SAS Label: Physical activity walking

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
27	WALKING	468	468	
.	Missing	8787	9255	

PAQ724ab - Physical activity wrestling

Variable Name: PAQ724ab

SAS Label: Physical activity wrestling

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
28	WRESTLING	83	83	
.	Missing	9172	9255	

PAQ724ac - Physical activity frisbee

Variable Name: PAQ724ac

SAS Label: Physical activity frisbee

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
29	FRISBEE/ULTIMATE FRISBEE	17	17	
.	Missing	9238	9255	

PAQ724ad - Physical activity backyard games

Variable Name: PAQ724ad

SAS Label: Physical activity backyard games

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
30	BACKYARD/PLAYGROUND GAMES AND ACTIVITIES	731	731	
.	Missing	8524	9255	

PAQ724ae - Physical activity trampoline

Variable Name: PAQ724ae

SAS Label: Physical activity trampoline

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
31	TRAMPOLINE	207	207	
.	Missing	9048	9255	

PAQ724af - Physical activity horseback riding

Variable Name: PAQ724af
SAS Label: Physical activity horseback riding
English Text: Physical activity horseback riding
Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
32	HORSEBACK RIDING	13	13	
.	Missing	9242	9255	

PAQ724cm - Physical activity other

Variable Name: PAQ724cm

SAS Label: Physical activity other

English Text: What physical activities did {you/SP} do during the past 7 days?
{PROBE: Did {you/he/she} do any other physical activities?}

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 3 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
91	OTHER (SPECIFY)	49	49	
.	Missing	9206	9255	

PAQ731 - Days played active video games

Variable Name: PAQ731

SAS Label: Days played active video games

English Text: During the past 7 days, on how many days did {you/SP} play active video games such as Wii Sports, Wii Fit, Xbox 360, Xbox Kinect, Playstation 3, or Dance, Dance Revolution?

Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
0	0 days	1535	1535	PAQ677
1	1 day	193	1728	
2	2 days	166	1894	
3	3 days	99	1993	
4	4 days	38	2031	
5	5 days	32	2063	
6	6 days	3	2066	
7	7 days	103	2169	
77	Refused	0	2169	
99	Don't know	3	2172	
.	Missing	7083	9255	

PAD733 - Minutes play active video games

Variable Name: PAD733

SAS Label: Minutes play active video games

English Text: On average, for how long did {you/SP} play these active video games?

English Instructions: SOFT EDIT: IF THE HOURS EXCEED 4 SAY UNUSUAL, SOFT EDIT: IF THE MINUTES ARE LESS THAN 10 CONFIRM THAT IT IS MINUTES NOT HOURS. ENTER NUMBER (OF MINUTES OR HOURS)

Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
10 to 900	Range of Values	629	629	
7777	Refused	0	629	
9999	Don't know	4	633	
.	Missing	8622	9255	

PAQ677 - Past wk # days cardiovascular exercise

Variable Name: PAQ677

SAS Label: Past wk # days cardiovascular exercise

English Text: In this question you can include activities done in school. On how many of the past 7 days did {you/SP} exercise or participate in physical activity for at least 20 minutes that made {you/him/her} sweat and breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar activities?

Target: Both males and females 12 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
0	0 days	85	85	
1	1 day	63	148	
2	2 days	79	227	
3	3 days	79	306	
4	4 days	58	364	
5	5 days	173	537	
6	6 days	35	572	
7	7 days	60	632	
77	Refused	0	632	
99	Don't know	3	635	
.	Missing	8620	9255	

PAQ678 - Past wk # days strengthened muscles

Variable Name: PAQ678

SAS Label: Past wk # days strengthened muscles

English Text: On how many of the past 7 days did {you/SP} do exercises to strengthen or tone {your/his/her} muscles, such as push-ups, sit-ups, or weight lifting?

Target: Both males and females 12 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
0	0 days	165	165	
1	1 day	80	245	
2	2 days	101	346	
3	3 days	98	444	
4	4 days	37	481	
5	5 days	105	586	
6	6 days	18	604	
7	7 days	31	635	
77	Refused	0	635	
99	Don't know	0	635	
.	Missing	8620	9255	

PAQ740 - Use school facilities at lunch

Variable Name: PAQ740

SAS Label: Use school facilities at lunch

English Text: The next questions ask about activities during the school year. If {you are/SP is} not currently in school, think about {your/his/her} activities when {you were/he was/she was} last in school. Are students at {your/his/her} school allowed to use school facilities during lunch or during a free or elective period, such as the gymnasium, tennis courts, weight room, or track, during school time?

Target: Both males and females 12 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Yes	310	310	
2	No	317	627	PAQ744
7	Refused	0	627	PAQ744
9	Don't know	8	635	PAQ744
.	Missing	8620	9255	

PAQ742 - Use school facilities for physical activ

Variable Name: PAQ742

SAS Label: Use school facilities for physical activ

English Text: {Do you/Does SP} use school facilities for physical activity during school time?

Target: Both males and females 12 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Yes	210	210	
2	No	100	310	
7	Refused	0	310	
9	Don't know	0	310	
.	Missing	8945	9255	

PAQ744 - Have PE during school days?

Variable Name: PAQ744

SAS Label: Have PE during school days?

English Text: {Do you/does SP} have PE or gym during school days?

Target: Both males and females 12 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Yes	487	487	
2	No	147	634	PAQ755
7	Refused	0	634	PAQ755
9	Don't know	1	635	PAQ755
.	Missing	8620	9255	

PAQ746 - How often do you have PE or gym?

Variable Name: PAQ746

SAS Label: How often do you have PE or gym?

English Text: How often {do you/does SP} have PE or gym?

Target: Both males and females 12 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	1 day a week	20	20	
2	2 days a week	48	68	
3	3 days a week	89	157	
4	4 days a week, or	19	176	
5	Every day	309	485	
7	Refused	0	485	
9	Don't know	2	487	
.	Missing	8768	9255	

PAQ748 - How long is the PE or gym class?

Variable Name: PAQ748
SAS Label: How long is the PE or gym class?
English Text: On average, how long is the PE or gym class?
Target: Both males and females 12 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Less than 30 minutes	13	13	
2	30-45 minutes	159	172	
3	More than 45 minutes	311	483	
7	Refused	0	483	
9	Don't know	2	485	
.	Missing	8770	9255	

PAQ755 - Participate in school sports?

Variable Name: PAQ755

SAS Label: Participate in school sports?

English Text: The following are activities that may be done before, during, or after school other than during PE or gym class. If {you are/SP is} not currently in school, think about {your/his/her} activities when {you were/he was/she was} last in school.} {Do you/Does SP} participate in school sports or physical activity clubs?

Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Yes	822	822	
2	No	1346	2168	PAQ762
7	Refused	0	2168	PAQ762
9	Don't know	2	2170	PAQ762
.	Missing	7085	9255	

PAQ759a - Participate in baseball

Variable Name: PAQ759a

SAS Label: Participate in baseball

English Text: In what school sports or physical activity clubs {do you/does SP}
participate?

English Instructions: CODE ALL THAT APPLY HAND CARD PAQ1

Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	BASEBALL/SOFTBALL	132	132	
77	Refused	0	132	
99	Don't know	3	135	
.	Missing	9120	9255	

PAQ759b - Participate in basketball

Variable Name: PAQ759b

SAS Label: Participate in basketball

English Text: In what school sports or physical activity clubs {do you/does SP} participate?

English Instructions: CODE ALL THAT APPLY HAND CARD PAQ1

Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
2	BASKETBALL	267	267	
.	Missing	8988	9255	

PAQ759c - Participate in bocce ball

Variable Name: PAQ759c

SAS Label: Participate in bocce ball

English Text: In what school sports or physical activity clubs {do you/does SP} participate?

English Instructions: CODE ALL THAT APPLY HAND CARD PAQ1

Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
3	BOCCE BALL	5	5	
.	Missing	9250	9255	

PAQ759d - Participate in cheerleading

Variable Name: PAQ759d

SAS Label: Participate in cheerleading

English Text: In what school sports or physical activity clubs {do you/does SP} participate?

English Instructions: CODE ALL THAT APPLY HAND CARD PAQ1

Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
4	CHEERLEADING	57	57	
.	Missing	9198	9255	

PAQ759e - Participate in football

Variable Name: PAQ759e

SAS Label: Participate in football

English Text: In what school sports or physical activity clubs {do you/does SP} participate?

English Instructions: CODE ALL THAT APPLY HAND CARD PAQ1

Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
5	FOOTBALL	160	160	
.	Missing	9095	9255	

PAQ759f - Participate in golf

Variable Name: PAQ759f
SAS Label: Participate in golf
English Text: In what school sports or physical activity clubs {do you/does SP} participate?
English Instructions: CODE ALL THAT APPLY HAND CARD PAQ1
Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
6	GOLF	11	11	
.	Missing	9244	9255	

PAQ759g - Participate in gymnastics

Variable Name: PAQ759g

SAS Label: Participate in gymnastics

English Text: In what school sports or physical activity clubs {do you/does SP} participate?

English Instructions: CODE ALL THAT APPLY HAND CARD PAQ1

Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
7	GYMNASTICS	47	47	
.	Missing	9208	9255	

PAQ759h - Participate in hockey

Variable Name: PAQ759h

SAS Label: Participate in hockey

English Text: In what school sports or physical activity clubs {do you/does SP} participate?

English Instructions: CODE ALL THAT APPLY HAND CARD PAQ1

Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
8	HOCKEY	14	14	
.	Missing	9241	9255	

PAQ759i - Participate in lacrosse

Variable Name: PAQ759i

SAS Label: Participate in lacrosse

English Text: In what school sports or physical activity clubs {do you/does SP} participate?

English Instructions: CODE ALL THAT APPLY HAND CARD PAQ1

Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
9	LACROSSE	13	13	
.	Missing	9242	9255	

PAQ759j - Participate in soccer

Variable Name: PAQ759j
SAS Label: Participate in soccer
English Text: In what school sports or physical activity clubs {do you/does SP} participate?
English Instructions: CODE ALL THAT APPLY HAND CARD PAQ1
Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
10	SOCCER	213	213	
.	Missing	9042	9255	

PAQ759k - Participate in swimming/diving

Variable Name: PAQ759k

SAS Label: Participate in swimming/diving

English Text: In what school sports or physical activity clubs {do you/does SP} participate?

English Instructions: CODE ALL THAT APPLY

Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
11	SWIMMING/DIVING	55	55	
.	Missing	9200	9255	

PAQ759l - Participate in tennis

Variable Name: PAQ759l

SAS Label: Participate in tennis

English Text: In what school sports or physical activity clubs {do you/does SP}
participate?

English Instructions: CODE ALL THAT APPLY HAND CARD PAQ1

Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
12	TENNIS	27	27	
.	Missing	9228	9255	

PAQ759m - Participate in track and field

Variable Name: PAQ759m

SAS Label: Participate in track and field

English Text: In what school sports or physical activity clubs {do you/does SP} participate?

English Instructions: CODE ALL THAT APPLY HAND CARD PAQ1

Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
13	TRACK AND FIELD	88	88	
.	Missing	9167	9255	

PAQ759n - Participate in volleyball

Variable Name: PAQ759n

SAS Label: Participate in volleyball

English Text: In what school sports or physical activity clubs {do you/does SP} participate?

English Instructions: CODE ALL THAT APPLY HAND CARD PAQ1

Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
14	VOLLEYBALL	78	78	
.	Missing	9177	9255	

PAQ759o - Participate in wrestling

Variable Name: PAQ759o

SAS Label: Participate in wrestling

English Text: In what school sports or physical activity clubs {do you/does SP} participate?

English Instructions: CODE ALL THAT APPLY HAND CARD PAQ1

Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
15	WRESTLING	12	12	
.	Missing	9243	9255	

PAQ759p - Participate in other specify

Variable Name: PAQ759p

SAS Label: Participate in other specify

English Text: In what school sports or physical activity clubs {do you/does SP} participate?

English Instructions: CODE ALL THAT APPLY HAND CARD PAQ1

Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
16	OTHER (SPECIFY)	76	76	
.	Missing	9179	9255	

PAQ759q - Participate in dance

Variable Name: PAQ759q
SAS Label: Participate in dance
English Text: In what school sports or physical activity clubs {do you/does SP} participate?
English Instructions: CODE ALL THAT APPLY HAND CARD PAQ1
Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
17	DANCE	89	89	
.	Missing	9166	9255	

PAQ759r - Participate in frisbee

Variable Name: PAQ759r
SAS Label: Participate in frisbee
English Text: In what school sports or physical activity clubs {do you/does SP} participate?
English Instructions: CODE ALL THAT APPLY HAND CARD PAQ1
Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
18	FRISBEE/ULTIMATE FRISBEE	8	8	
.	Missing	9247	9255	

PAQ759s - Participate in running

Variable Name: PAQ759s

SAS Label: Participate in running

English Text: In what school sports or physical activity clubs {do you/does SP} participate?

English Instructions: CODE ALL THAT APPLY HAND CARD PAQ1

Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
19	RUNNING	163	163	
.	Missing	9092	9255	

PAQ759t - Participate in trampoline

Variable Name: PAQ759t

SAS Label: Participate in trampoline

English Text: In what school sports or physical activity clubs {do you/does SP} participate?

English Instructions: CODE ALL THAT APPLY HAND CARD PAQ1

Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
20	TRAMPOLINE	11	11	
.	Missing	9244	9255	

PAQ759u - Participate in martial arts

Variable Name: PAQ759u
SAS Label: Participate in martial arts
English Text: Participate in martial arts
Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
21	MARTIAL ARTS	12	12	
.	Missing	9243	9255	

PAQ762 - Do you have recess during school?

Variable Name: PAQ762

SAS Label: Do you have recess during school?

English Text: {Do you/Does SP} have recess during school days?

Target: Both males and females 5 YEARS - 11 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Yes	1438	1438	
2	No	93	1531	PAQ750
7	Refused	0	1531	PAQ750
9	Don't know	5	1536	PAQ750
.	Missing	7719	9255	

PAQ764 - How often do you have recess?

Variable Name: PAQ764
SAS Label: How often do you have recess?
English Text: How often {do you/does SP} have recess?
Target: Both males and females 5 YEARS - 11 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	1 day a week	23	23	
2	2 days a week	43	66	
3	3 days a week	37	103	
4	4 days a week, or	27	130	
5	Every day	1291	1421	
7	Refused	0	1421	
9	Don't know	17	1438	
.	Missing	7817	9255	

PAQ766 - How long is the recess period?

Variable Name: PAQ766
SAS Label: How long is the recess period?
English Text: On average, how long is the recess period?
Target: Both males and females 5 YEARS - 11 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Less than 10 minutes	13	13	
2	10-15 minutes	281	294	
3	16-30 minutes	801	1095	
4	More than 30 minutes	275	1370	
7	Refused	0	1370	
9	Don't know	51	1421	
.	Missing	7834	9255	

PAQ679 - How much exercise for good health

Variable Name: PAQ679

SAS Label: How much exercise for good health

English Text: About how many minutes {do you/does SP} think you should exercise or be physically active each day for good health?

English Instructions: INTERVIEWER: THIS INCLUDES ALL ACTIVITIES LIKE BICYCLING, DANCING, AND PLAYING BASKETBALL THAT {SP DOES} AT SCHOOL, AT HOME, AND ANYWHERE ELSE {SP GETS} EXERCISE.

Target: Both males and females 12 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	less than 10 minutes,	12	12	
2	10-15 minutes,	29	41	
3	16-30 minutes,	128	169	
4	31-45 minutes,	45	214	
5	46-60 minutes, or	276	490	
6	More than 60 minutes	137	627	
7	Refused	0	627	
9	Don't know	2	629	
.	Missing	8626	9255	

PAQ750 - Enjoy participating in PE or recess

Variable Name: PAQ750

SAS Label: Enjoy participating in PE or recess

English Text: I am going to read a statement and I want you to let me know if you strongly agree, agree, neither agree nor disagree, disagree or strongly disagree with the statement. {I enjoy participating in PE or gym class.}

English Instructions: HAND CARD PAQ2

Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Strongly agree	1483	1483	
2	Agree	511	1994	
3	Neither agree nor disagree	92	2086	
4	Disagree	43	2129	
5	Strongly disagree	16	2145	
7	Refused	1	2146	
9	Don't know	19	2165	
.	Missing	7090	9255	

PAQ770 - Receive physical fitness award past yr

Variable Name: PAQ770

SAS Label: Receive physical fitness award past yr

English Text: In the past year, did {you/SP} receive a Physical Fitness Test award, such as a President's Challenge or Fitnessgram award?

Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Yes	192	192	
2	No	1952	2144	
7	Refused	0	2144	
9	Don't know	25	2169	
.	Missing	7086	9255	

PAQ772a - Fitness award Fitnessgram

Variable Name: PAQ772a

SAS Label: Fitness award Fitnessgram

English Text: What Physical Fitness Test award did {you/SP} receive?

English Instructions: PROBE IF NEEDED: Examples of physical fitness test awards are the FITNESSGRAM and the PRESIDENT'S CHALLENGE. CODE ALL THAT APPLY.

Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
1	Fitnessgram	52	52	
7	Refused	0	52	
9	Don't know	19	71	
.	Missing	9184	9255	

PAQ772b - Fitness award President's Challenge

Variable Name: PAQ772b

SAS Label: Fitness award President's Challenge

English Text: What Physical Fitness Test award did {you/SP} receive?

English Instructions: PROBE IF NEEDED: Examples of physical fitness test awards are the FITNESSGRAM and the PRESIDENT'S CHALLENGE. CODE ALL THAT APPLY.

Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
2	President's Challenge	39	39	
.	Missing	9216	9255	

PAQ772c - Fitness award other specify

Variable Name: PAQ772c

SAS Label: Fitness award other specify

English Text: What Physical Fitness Test award did {you/SP} receive?

English Instructions: PROBE IF NEEDED: Examples of physical fitness test awards are the FITNESSGRAM and the PRESIDENT'S CHALLENGE. CODE ALL THAT APPLY.

Target: Both males and females 5 YEARS - 15 YEARS

Code or Value	Value Description	Count	Cumulative	Skip to Item
3	Other (specify)	82	82	
.	Missing	9173	9255	

Appendix 1. Suggested MET Scores

Variable	Label	Score
PAD615	Vigorous work-related activity	8.0
PAD630	Moderate work-related activity	4.0
PAD645	Walking or bicycling for transportation	4.0
PAD660	Vigorous leisure-time physical activity	8.0
PAD675	Moderate leisure-time physical activity	4.0