

# Kaydence Riehl

576 Stewart Crescent  
Edmonton, AB T6X 1B6  
(780) 566 8760  
kaydenceriehl@gmail.com

## EXPERIENCE

### Babysitter

November 2019 - PRESENT

Intermittently babysits for 6 different families with children aged 2 through 9 years old. Swiftly and safely dealt with issues that arose and adapted to unexpected changes.

### Swim Instructor

January 2023 - PRESENT

Teaches individuals aged 6 months through to Adults in Parented Classes, Group Classes, Private Lessons, and Drop-In classes to be strong and confident swimmers. Manages classes of up to 12 children at a time.

## EDUCATION

### JH Picard School— *French Immersion Junior High School*

2019-2022

Achieved honour roll all three years and participated in several leadership clubs such as Student Council, Student Broadcasting, as well as the Gender and Sexuality Alliance.

### Harry Ainlay High School— *Composite Senior High School*

2022-Present

Currently enrolled in the French Immersion program and maintaining a high average. Taking electives such as Culinary Arts and Computer Science.

## CERTIFICATIONS

**Canadian Red Cross Babysitting Course - ID 100902884**  
Caregiving Skills

Basic First Aid and

**Lifesaving Society Bronze Medallion CPR A & AED - ID RIKVKU**

Focuses on the four components of water rescue, judgement, skill, knowledge, and fitness. Teaches assessment and problem-solving skills to act safely in, on, and around water.

**Canadian Red Cross Standard First Aid CPR/AED Level C - ID 102932433**  
Comprehensive first aid and CPR skills.

**Lifesaving Society Bronze Cross - ID RIKVKU**

Strengthen, expand, and apply the principles and techniques of active surveillance in aquatic facilities. Highlights the importance of teamwork and communication.

**YMCA Swim Instructor Course**

Certifies participants to teach the YMCA Swim Program.

**Government of Alberta Sanitation and Safety Certification**

Teaches proper food handling procedures and the risks of unsafe food preparation.

## SKILLS AND ATTRIBUTES

**Strong and Experienced Swimmer-**  
Practiced and competed in artistic swimming with Excel Artistic Swimming for 6 years before pursuing swim instructor and lifeguarding courses.

**Quick Learner-** Rapidly picks up new skills and abilities at school, and when learning new skills at home.

## LANGUAGES

English - First Language

French - High Proficiency

## REFERENCES

**Jessica Cassidy - Babysitting Client**  
(780) 782 7887

**Amber Eschak- Babysitting Client**  
(780) 995-3441

**Morgan Strynadka- Synchro Coach**  
(587) 784-9095

## HOBBIES AND INTERESTS

**Baking-** Frequently tries new recipes and improves old ones.

**Camping-** Spending time outdoors and exploring.

**Learning New Languages-**  
Self-studying several languages such as Polish, American Sign Language, and Spanish.