

DEPARTMENT OF ORTHOPAEDICS

DISCHARGE SUMMARY

Patient Details

UHID	20190722661	IPatientID	202004262	MLC	
Name	Mr. NARENDRA NATH LAL	Age	70 YEARS	Sex	M
Address1	NIZAMPET ROAD	Address2		City	Hyderabad
AdmitDate	3-Feb-2020 12:11:21 PM	DisgDate	7-Feb-2020	Mobile No:	9030094335
SurgeryDate	4-February-2020				
Company Name	MEDIASSIST INDIA PVT LTD				
Admitting Through	OP	Hospital Stay Days	5 Days		

PRIMARY CONSULTANT

Dr. C. Kamaraj

DIAGNOSIS

6 month old Post Operative case of Right TKR with Infection
Diabetes mellitus
Hypertension

CASE HISTORY

A 70 year old male was admitted under Department of Orthopaedics with complaints of Pain in the right knee since 1 month. Patient was apparently asymptomatic 1 month back when he developed pain in the right Knee which was sudden in onset and gradually progressive associated with continuous fever. Patient eventually developed swelling that was associated with episodes of fever. Patient was initially evaluated and admitted for further management. Past History: Right TKR done on 13/8/19. History of Hypertension and Diabetes Mellitus and on regular treatment. No history of tuberculosis, bronchial asthma or epilepsy. On Examination: The patient is conscious and coherent, afebrile. Blood pressure 130/90 mm Hg. Pulse 94 beats per minute. Respiration 18 breaths per min. Lungs bilateral air entry present. Cardiovascular system S1 & S2 present. Per abdomen: soft and non-tender. Local examination: Swelling noted over the right knee, Tenderness present, scaling and discolouration notes over the knee. Surgical scar of 15 cms present on the anterior aspect of the Right Knee, No scar tenderness, Knee ROM - 0-80 degrees and further painful. Active ankle and toe ROM. Distal pulses present. No Distal Neurovascular Deficits.

COURSE IN THE HOSPITAL

A 70 year old male patient was admitted in the Department of Orthopaedics with diagnosis of 6 month old Post Operative case of Right TKR with Infection with Diabetes mellitus and Hypertension. Patient was examined by an Orthopaedic surgeon and necessary investigations were done. After appropriate hematological and radiological investigations and clearance from anaesthesiology, patient underwent Arthrotomy and Debridement (complete synovectomy) and polyethylene insert exchange for right knee under spinal anaesthesia on 4/02/2020. Fluid was sent for culture sensitivity and histopathology. Culture and sensitivity report showed no growth in 48hrs. Post operative recovery was uneventful. Aseptic dressing was done on second post operative day. Suture line healthy. Patient was advised physio exercises like active knee, ankle and toe movements and non weight bearing over right lower limb until further advise.

CROSS CONSULTATIONS

Anaesthesiology:

Pre-anaesthetic check up was done and fitness for surgery was given.

Diabetology:

Consultation was done in view of blood sugar control and treated as advised.

TREATMENT GIVEN

Arthrotomy and Debridement (complete synovectomy) and polyethylene insert exchange for right knee under spinal anaesthesia on 4/02/2020.

Operative findings:

Serosanguinous fluid obtained.

Unhealthy synovial tissue noted.

Inj. Reflin 2gm IV preoperatively followed by twice daily was given

Inj. PCM 1gm IV thrice daily was given

Inj. Pan 40mg IV once daily was given

Inj. Tramadol 1am in 100ml NS IV twice daily was given

Tab. Losar 25mg once daily was given

Tab. Dalacin-C 300mg twice daily was given

ADVISES AT DISCHARGE

Inj Reflin 1gm IV twice daily for 3 weeks

Tab Dalacin 300mg twice daily after food for 3 weeks.

Tab. Ultracet one tablet twice daily for 5 days and then SOS for pain

☎: 70362 70362

Tab. Pan 40mg once daily before food for 5 days
Tab. Evion LC 1 tab once daily for 15 days
Tab. Limcee 1 tab once daily for 15 days
Tab. Losar 25mg 1 tab once daily to continue as used previously.
Tab. Ferrium XT 1 tab once daily for 1 month
Inj. Insugen 30/70 twice daily 10 units before breakfast and 15 units before dinner
Tab Glycomet sr 500 mg twice daily with lunch and with dinner

TAB VELTAM-FO 4mg once daily to continue *lored*
Review at Orthopaedics OPD for change of dressing on 12/2/2020 and suture removal on 18/2/2020.
Review at Orthopaedics OPD 6 weeks after surgery for further management
Review with Histopathology reports at Orthopaedics OPD on 12/02/2020

Physio exercises:

Active knee movements
Active ankle and toe movements
Full weight bearing walking with walker
Static Quadriceps exercises

Dressing care:

Do not wet the dressing
Review in Orthopaedics OPD in case of soakage, loosening of dressing.

INVESTIGATIONS

Were done as enclosed within the discharge summary

Resident:

Registrar:

Consultant:

DR KAMARAJ C
D ORTHO, DNB ORTHO
Prof. & H.O.D.
Reg. No. 24738
Dept. of Orthopaedics
Kamlneni Hospital, L.B. Nagar, Hyd-68.

WHEN TO OBTAIN URGENT CARE(Symptoms)

In case of fever, vomiting visit Orthopaedics OPD or Casualty

PREVENTIVE CARE

Compliance to medication
Follow doctors' advice.

In case of Emergency or to speak to your treating doctor or For Appointments, Please Contact:

70362 70362 For Treatment Enquiries

040-24022222 For Ambulance

Patient/Attendent Declaration :-

The medicines prescribed and the advice regarding preventive aspects of care ,when and how to obtain urgent care have been explained to me in my own language

All Investigation Reports handed to the Patient/Patient family.

patient/patient attendant