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To enforce equilibrium, consider the balance of forces and moments acting on a small section of plate. There are six (6) equilibrium equations, three for the forces and three for the moments, that need to be satisfied.

The equations of force equilibrium are

$$\text{x direction: } \frac{\partial N_x}{\partial x} + \frac{\partial N_{yx}}{\partial y} + p_x = 0$$

$$\text{y direction: } \frac{\partial N_{xy}}{\partial x} + \frac{\partial N_y}{\partial y} + p_y = 0$$

$$\text{z direction: } \frac{\partial Q_{xz}}{\partial x} + \frac{\partial Q_{yz}}{\partial y} + p_z = 0$$

where N_x , N_y , N_{xy} , N_{yx} , Q_{xz} , and Q_{yz} are [force resultants](#); p_x , p_y , and p_z are distributed external forces applied on the plate.

The equations of moment equilibrium are

$$\text{x direction: } -\frac{\partial M_{xy}}{\partial x} - \frac{\partial M_y}{\partial y} + Q_{yz} + m_x = 0$$

$$\text{y direction: } \frac{\partial M_x}{\partial x} + \frac{\partial M_{yx}}{\partial y} - Q_{xz} + m_y = 0$$

$$\text{z direction: } N_{xy} - N_{yx} + m_z = 0$$

where M_x , M_y , M_{xy} , M_{yx} , N_{xy} , and N_{yx} are [moment resultants](#); and m_x , m_y , and m_z are distributed external

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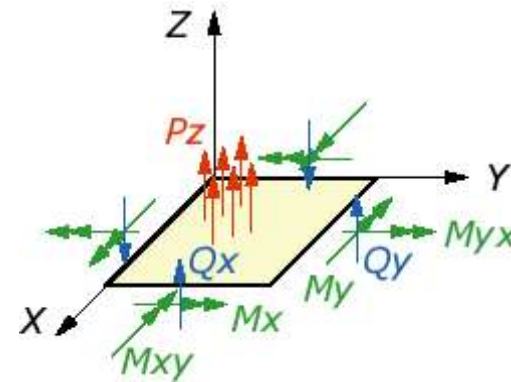
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Further Simplification



To further simplify the problem, consider a plate subjected to transverse loads. In other words, only p_z is the non-zero external force. All forces and moments in other directions are zero: $p_x=p_y=m_x=m_y=m_z=0$

The above six equations of equilibrium become

$$\frac{\partial N_x}{\partial x} + \frac{\partial N_{yx}}{\partial y} = 0$$

$$\frac{\partial N_{xy}}{\partial x} + \frac{\partial N_y}{\partial y} = 0$$

$$\frac{\partial Q_{xz}}{\partial x} + \frac{\partial Q_{yz}}{\partial y} = -p_z$$

$$\frac{\partial M_{xx}}{\partial x} + \frac{\partial M_{xy}}{\partial y} = 0$$

$$\frac{\partial M_{xy}}{\partial x} + \frac{\partial M_{yy}}{\partial y} = 0$$



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$$N_{xy} = N_{yx}$$

Due to the lack of external force components other than p_z , the shear stresses at any given point are paired as follows:

$$\sigma_{xy} = \sigma_{yx}$$

$$\sigma_{yx} = \sigma_{xy}$$

$$\sigma_{zx} = \sigma_{xz}$$

This yields

$$N_{xy} = N_{yx}$$

$$M_{xy} = M_{yx}$$

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