

## Full Explanation Document for 20 MCQs

### Q1. Why is NADPH production through the oxidative phase of the PPP important?

A. It provides reducing power for biosynthetic reactions

Slide Quote:

Cells require NADPH for reductive biosynthetic reactions.

Simple:

NADPH is the 'electrons-on-demand' molecule your cells use to build fats or fight damage.

Audio Transcript:

Breaking down glucose-6-phosphate into NADPH and pentose.

### Q2. Why is glucose-6-phosphate dehydrogenase (G6PD) considered the control point of the PPP?

A. It is the first step that generates NADPH

Slide Quote:

Step 1 - Glucose-6-phosphate dehydrogenase NADP is reduced to NADPH.

Simple:

This enzyme starts the PPP and makes the molecule (NADPH) that the pathway exists to produce.

Audio Transcript:

G6PD starts the pathway and generates NADPH.

### Q3. Why is thiamine pyrophosphate (TPP) required by transketolase in the PPP?

A. It uses 2-carbon transfers to generate glyceraldehyde-3-phosphate and a seven carbon sugar

Slide Quote:

This reaction requires thiamine pyrophosphate as a coenzyme.

Simple:

TPP acts like a molecular 'helper' that holds reactive pieces during sugar reshuffling.

Audio Transcript:

Transketolase requires thiamine pyrophosphate as a coenzyme.

**Q4. Why does the PPP include a reversible non-oxidative phase?**

A. To interconvert sugars based on cellular needs for DNA synthesis or energy production

Slide Quote:

These steps produce ribose-5-phosphate Some carbon is directed to glycolysis or gluconeogenesis.

Simple:

This part of the PPP is flexible if the cell needs DNA, it gives ribose; if it needs energy, it gives glycolytic sugars.

Audio Transcript:

PPP products can go into glycolysis or back to make ribose.

**Q5. Why is the PPP especially active in tissues like liver and adipose cells?**

A. These tissues use PPP for fatty acid synthesis

Slide Quote:

It operates mostly in the cytosol of liver and adipose cells NADPH is used in cytosol for fatty acid synthesis.

Simple:

Liver and fat cells use PPP to build stuff (like fats); RBCs use it to stay protected from damage.

Audio Transcript:

Occurs mostly in liver and adipose tissue due to fatty acid synthesis.

**Q6. Why is ribose-5-phosphate important in the non-oxidative phase of PPP?**

A. It is a precursor for nucleotide and nucleic acid synthesis

Slide Quote:

This pathway also produces ribose five phosphate precursor for synthesis of nucleotides.

Simple:

Ribose-5-phosphate is the backbone sugar for building RNA, DNA, and coenzymes.

Audio Transcript:

Ribose-5-phosphate used for nucleotide synthesis.

**Q7. Why can intermediates from the PPP re-enter glycolysis?**

A. To meet cellular energy demands by converting sugars back to energy pathways

Slide Quote:

Fructose six phosphate and glyceraldehyde three phosphate can go back to glycolysis.

Simple:

If the cell doesn't need ribose, it can recycle those sugars back to make ATP.

Audio Transcript:

Fructose-6-phosphate and glyceraldehyde-3-P feed back into glycolysis.

**Q8. Why does G6PDH activity reflect a cells redox status?**

A. NADP activates the enzyme, while NADPH inhibits it

Slide Quote:

Glucose 6-phosphate dehydrogenase is allosterically stimulated by NADP inhibited by NADPH.

Simple:

If there's lots of NADPH, the cell says 'we're good'; if not, G6PDH gets busy.

Audio Transcript:

G6PDH is inhibited by NADPH, activated by NADP.

**Q9. Why is PPP flexibility critical for balancing biosynthesis and energy needs?**

A. It enables flux toward nucleotide production or glycolysis depending on cellular state

Slide Quote:

Depending on the bodys state ribulose-5-phosphate will go toward DNA or glycolysis.

Simple:

The pathway adapts: it builds DNA if needed, or feeds glycolysis for energy.

Audio Transcript:

Cell chooses pathway based on need for DNA vs energy.

**Q10. Why does a high NADPH/NADP ratio inhibit the PPP?**

A. It signals that biosynthetic reducing power needs are already met

Slide Quote:

NADPH inhibits glucose 6-phosphate dehydrogenase.

Simple:

When NADPH is high, the pathway shuts off because the cell doesn't need more.

Audio Transcript:

High NADPH inhibits the enzyme to prevent waste.

**Q11. Why is glycogen phosphorylase regulated by both allosteric effectors and covalent modification?**

A. To allow energy-dependent activation and inhibition depending on ATP and AMP levels

Slide Quote:

AMP is an allosteric activator ATP and glucose-6-P are inhibitors phosphorylation converts it to a persistently active form.

Simple:

The enzyme listens to both hormones and energy signals like ATP and AMP.

Audio Transcript:

AMP activates; phosphorylation locks it into active state.

**Q12. Why does phosphorylation of Ser14 activate glycogen phosphorylase?**

A. It induces a change that makes the enzyme persistently active

Slide Quote:

Phosphorylation of serine-14 converts phosphorylase b to phosphorylase a persistently active.

Simple:

Phosphorylation flips the enzyme into always-on mode, so it doesn't need AMP.

Audio Transcript:

Phosphorylation removes the need for AMP.

**Q13. Why is cyclic AMP (cAMP) important in glycogen metabolism?**

A. It acts as a second messenger to transmit hormone signals

Slide Quote:

Cyclic AMP is a second messenger: transduces the message of the hormone.

Simple:

Hormones can't enter your cells, so cAMP delivers the message inside to trigger enzyme action.

Audio Transcript:

cAMP is the internal messenger for hormone signals.

**Q14. Why is UDP-glucose required in glycogen synthesis?**

A. It is the activated form of glucose required by glycogen synthase

Slide Quote:

Glucose is activated for glycogen synthesis by attachment to uridine diphosphate, to form UDP-glucose.

Simple:

UDP-glucose is a 'primed' version of glucose that's easy for the enzyme to plug into glycogen.

Audio Transcript:

Glucose must be activated into UDP-glucose first.

**Q15. Why does AMP activate glycogen phosphorylase in muscle cells?**

A. It signals low energy, promoting glycogen breakdown

Slide Quote:

AMP is an allosteric activator of glycogen phosphorylase. Glycogen catabolism is stimulated when energy reserves are low.

Simple:

When your muscles are low on energy, AMP tells enzymes to break down stored fuel (glycogen).

Audio Transcript:

AMP means low energy, phosphorylase gets turned on.

**Q16. Why is glycogen synthesis regulated reciprocally with glycogen breakdown?**

A. To prevent futile cycling and optimize energy storage vs. release

Slide Quote:

Phosphorylation has opposite effects on glycogen phosphorylase and glycogen synthase.

Simple:

One signal turns on storage and turns off breakdown, or vice versa no wasted effort.

Audio Transcript:

Phosphorylation inhibits synthase and activates phosphorylase.

**Q17. Why does insulin promote glycogen synthesis?**

A. It activates pathways that dephosphorylate and activate glycogen synthase

Slide Quote:

Insulin acts to lower blood glucose rapidly stimulating glycogen synthesis and inhibiting glycogen breakdown.

Simple:

Insulin tells cells to store sugar by activating the glycogen-making pathway.

Audio Transcript:

Insulin promotes glycogen synthesis and inhibits breakdown.

**Q18. Why is the branching enzyme important in glycogen metabolism?**

A. It creates new (1,6) linkages, improving glycogen solubility and mobilization

Slide Quote:

Formation of glycogen branches is catalyzed by the branching enzyme transferred to C-6 hydroxyl group.

Simple:

Branches make glycogen more compact and easier to build or break down quickly.

Audio Transcript:

Branching makes glycogen more soluble and accessible.

**Q19. Why does glucose-6-phosphatase activity matter in liver glycogen metabolism?**

A. It allows liver cells to release free glucose into the bloodstream

Slide Quote:

In liver glucose-6-P is hydrolyzed to glucose for transport to other tissues.

Simple:

Liver cells can free glucose for the rest of the body; muscle cells can't.

Audio Transcript:

Liver has glucose-6-phosphatase; muscles don't.

**Q20. Why does glucagon stimulate glycogen breakdown?**

A. It signals low blood glucose and triggers enzyme phosphorylation cascades

Slide Quote:

Glucagon stimulates mobilization of glycogen via cAMP-dependent cascade.

Simple:

Glucagon sounds the alarm when blood sugar is low and releases stored glucose.

Audio Transcript:

Glucagon raises cAMP and triggers breakdown.