**PBJ Documentation**

**Abstract:**

A peanut butter and jelly sandwich, or PB&J sandwich is a particularly popular sandwich in the United States that includes a layer of [peanut butter](https://en.wikipedia.org/wiki/Peanut_butter) and either [jelly](https://en.wikipedia.org/wiki/Jelly_(fruit_preserves)) or [jam](https://en.wikipedia.org/wiki/Fruit_preserves#Jam) on bread. This document provides a detailed guide to make a single PB&J sandwich based on the assumption that you have access to all the materials and kitchenware required as stated below.

**Materials required:**

1. 1 jar of creamy/chunky peanut butter (as per your preference)
2. 1 jar of jam or jelly preserves (any flavor is fine, but strawberry/grape/raspberry/whole fruit are generally preferred)
3. 2 slices of soft bread (white/brown and crust/no crust as per your preference)

**Kitchenware:**

1. 1 small plate
2. 1 scratch resistant flat surface (like a cutting board)
3. 2 butter knives
4. 1 kitchen knife

We have already established that we have access to all the items mentioned. Now follow the steps listed below to make the PB&J sandwich. Do not change the order of the steps, if you do so, you might not end up with a PB&J sandwich.

**Steps to make PB&J sandwich:**

1. Take both slices of bread and place it on the flat surface.
2. Open the jar of peanut butter.
3. Pick up the first butter knife by the handle.
4. Insert the butter knife into the jar of peanut butter.
5. Withdraw the knife from the jar of peanut butter, make sure you obtain an optimum quantity (about 30g-40g)
6. Pick up an unbuttered slice of bread from the flat surface in the other hand.
7. Apply the peanut butter uniformly across the surface of the slice (in your hand) on one side.
8. Place the buttered slice back onto the flat surface, with the buttered side facing up.

*[Perform the step 9 only if you are using creamy peanut butter, else skip to step 10]*

1. Repeat through steps 4 to 8 for the other slice of bread.
2. Place the used butter knife onto the table.
3. Pick up the second butter knife by the handle.
4. Insert the butter knife into the jar of jam/jelly preserves.
5. Withdraw the knife from the jar of jam/jelly preserves, make sure you obtain an optimum quantity (about 30g-40g)

*[Perform step 14 only if you are using creamy peanut butter, else perform step 15]*

1. Pick up any one of the buttered slices, buttered side facing up, in the other hand. Go to step 16.
2. Pick up the unbuttered slice of bread in the other hand. Go to step 16.
3. Apply the jam/jelly preserves uniformly across the surface of the slice (in your hand) on one side.
4. Place the used butter knife onto the table.
5. Place the slice in your hand on top of the other slice on the flat surface such that the peanut butter and jelly touch each other.
6. Pick up the kitchen knife by the handle.
7. Cut across the sandwich diagonally using the kitchen knife from top left to bottom right.
8. Put down the kitchen knife.
9. Serve the sandwich in a small plate and consume at once.[[1]](#footnote-1)

If we follow the steps mentioned above in the correct order, we will obtain the PB&J sandwich.

Word count: 587

1. The sandwich is meant to be consumed at once, because the jam/jelly releases water over time which could make the bread soggy. If we require to consume it over time, we must apply the jam later, and this order will not be the most suitable in that scenario. [↑](#footnote-ref-1)