



Welcome to the COVID-19: Basic Safety & Awareness Course

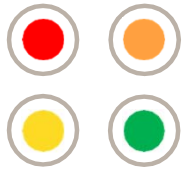
Before returning to campus, all students must complete the web-based training course “COVID-19: Basic Safety and Awareness Course.” This training will cover COVID-19 awareness and health and safety requirements. While the training does not cover all aspects of UAH procedures for being on campus, it covers the essential information to be safe during the pandemic.

This course will be updated as we continue to learn more.

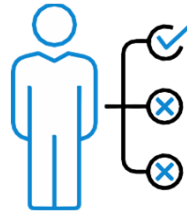
CHARGER HEALTH CHECK

2

To ensure a safe re-entry and promote a healthy campus, we have:



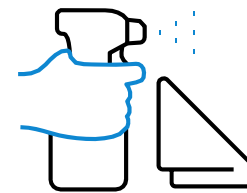
Developed a phased approach for returning to campus safely



Defined campus re-entry expectations and guidelines



Developed Charger Health Check, a COVID-19 assessment tool



Ensured enhanced environmental health and cleaning procedures



Created online resources to support all aspects of safe campus re-entry



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TOGETHER, WE CAN UNITE SAFELY

3

UAH RE-ENTRY EXPECTATIONS & GUIDELINES

- ▶ This course covers general UAH expectations and guidelines.
- ▶ Departments/units/schools may have specialized guidance and protocols.
- ▶ Special guidance will be assigned as needed.

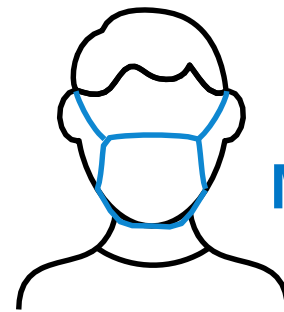
YOUR PART

- ▶ Employees and students are expected to fully comply with expectations and guidelines.
- ▶ Learn where the resources are located and use them.
- ▶ Contact a staff member if you have other questions or need support.



PERSONAL SAFETY PRACTICES

4



MASKS

Cloth masks/face coverings are required at all times, unless you are in a private, enclosed space or outdoors where distancing requirements are met.



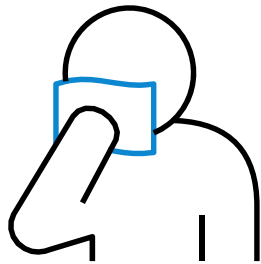
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PERSONAL SAFETY PRACTICES

5

COUGHING OR SNEEZING



Cough or sneeze into a tissue or
use the inside of your elbow.
Wash your hands.



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HANDWASHING

Proper handwashing:

- ▶ Wash often.
- ▶ Use soap and water.
- ▶ Wash for 20 seconds.
- ▶ Scrub front and back of hands.
- ▶ Clean under fingernails.
- ▶ Avoid touching your face.

PERSONAL SAFETY PRACTICES

7



**HAND
SANITIZER**

If soap and water are unavailable, use hand sanitizer with at least 60% alcohol.

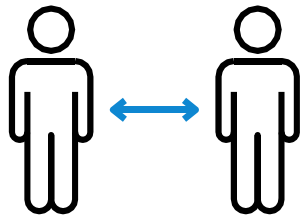


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SOCIAL DISTANCING

8



**SIX FEET
MINIMIZES THE
TRANSMISSION**



Social distancing is staying away from crowds or congregations of 10 or more people with the intent of minimizing transmission of infectious disease outbreaks.

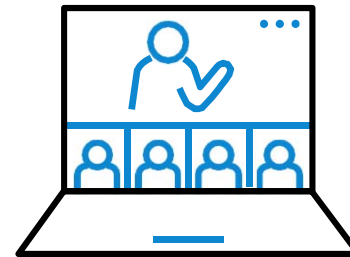


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SOCIAL DISTANCING

9



CHOOSE ALTERNATIVES TO FACE-TO-FACE MEETINGS

To reduce risk, use Zoom, Google Meet, or Microsoft Teams, calls, text or email.

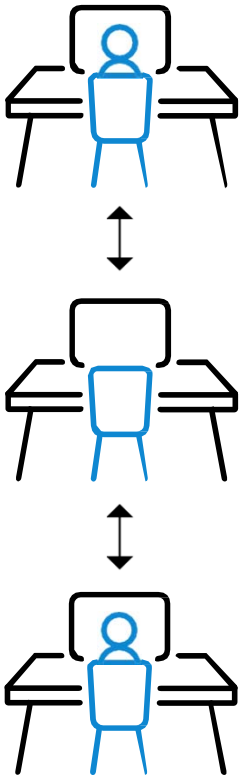


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SOCIAL DISTANCING

10



SHARED SPACES

- ▶ Close doors when working inside a private office with a door.
- ▶ Disinfect door handles frequently.
- ▶ Wash hands before entering and after leaving all spaces.
- ▶ Limit the number of people in a group and practice social distancing.
- ▶ Wear cloth face coverings.
- ▶ Maintain a distance of six feet apart. Disinfect shared items like printers.
- ▶ Avoid using “high touch” items like coffee makers. Prefer stairs to elevators.
- ▶ Follow guidelines established by employer, manager, or department where applicable

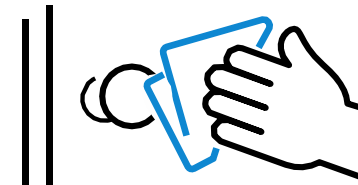


ENHANCED ENVIRONMENTAL HEALTH AND CLEANING PROCEDURES

The Office of Environmental Health and Safety (OEHS) has enhanced their cleaning protocols for cleaning methods and frequency while using appropriate personal protective equipment.

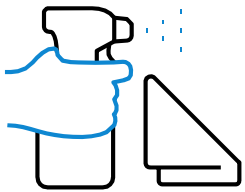
Enhanced cleaning and disinfecting includes:

- ▶ Elevator buttons
- ▶ Light switches
- ▶ Door handles/knobs



CLEANING & DISINFECTING

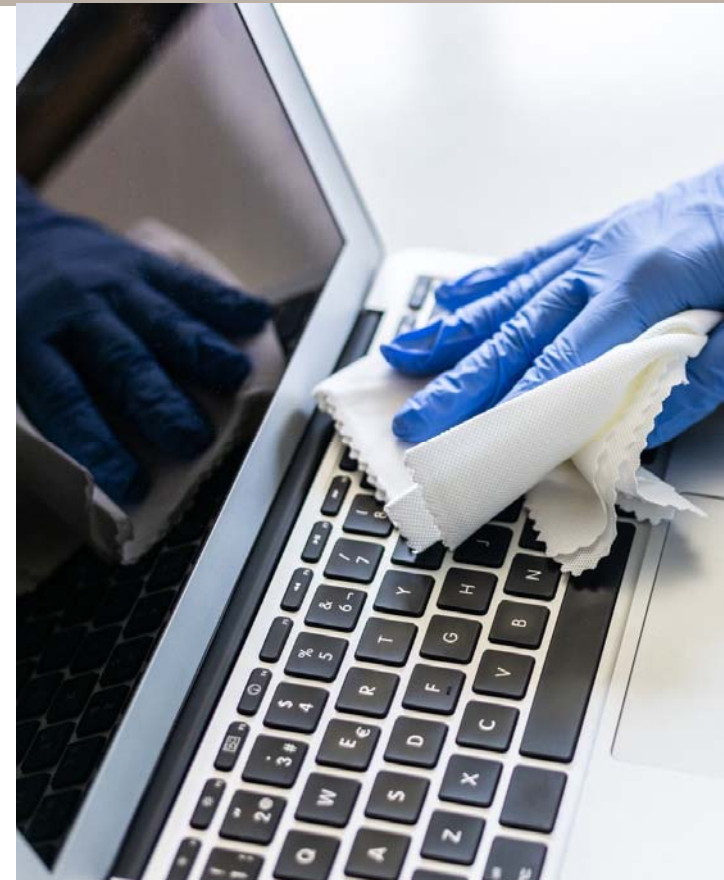
12



YOUR RESPONSIBILITY

To maintain enhanced cleaning standards:

- ▶ Clean and disinfect your work/desk area, etc. before starting work and before leaving (supplies will be provided).
- ▶ Avoid sharing personal equipment such as phones, computers, tablets, etc.



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HEALTH CONCERNS

13



IF YOU ARE SICK—STAY HOME

- ▶ If you are experiencing COVID-19 symptoms or have COVID-19, stay home and self-isolate for 10+ days (or per ADPH/Student Health Services(SHS) instructions).
- ▶ If you have had close contact (within 6 feet for 15 minutes or more) with someone who has tested positive for COVID-19 or is under investigation for COVID-19, stay home and quarantine for 14 days after last exposure.

Who to contact

Students:

Dean of Students
dos@uah.edu or
256.824.6700

[Request for
Absence Verification](#)



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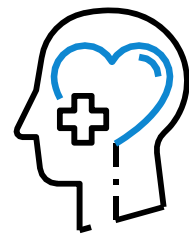
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RECOGNIZE THE SYMPTOMS OF COVID-19

- ▶ Fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea

INDIVIDUALS MAY BE HIGH RISK IF YOU:

- ▶ Are age 65 or older.
- ▶ Are immunocompromised.
- ▶ Have certain underlying conditions such as moderate to severe asthma, serious heart disease, chronic lung or kidney disease, HIV, diabetes.
- ▶ Are obese (BMI of 30 or higher).



MENTAL AND EMOTIONAL WELL-BEING

Be mindful and take care of yourself during these stressful times.

Resources:

- ▶ Student Counseling Center – 256.824.6203
- ▶ Therapy Assistance Online –
<https://thepath.taoconnect.org/local/login/home.php>
- ▶ SAMHSA's National Helpline – [1-800-662-HELP \(4357\)](https://www.samhsa.gov/1800662)

HEALTH CONCERNS

16

MAINTAINING YOUR SAFETY BEYOND UAH



- ▶ Wear a cloth face covering.
- ▶ Avoid touching your face.
- ▶ Practice social distancing.
- ▶ Wash hands or sanitize frequently.
- ▶ Abide by any additional guidelines/restrictions of the external location.



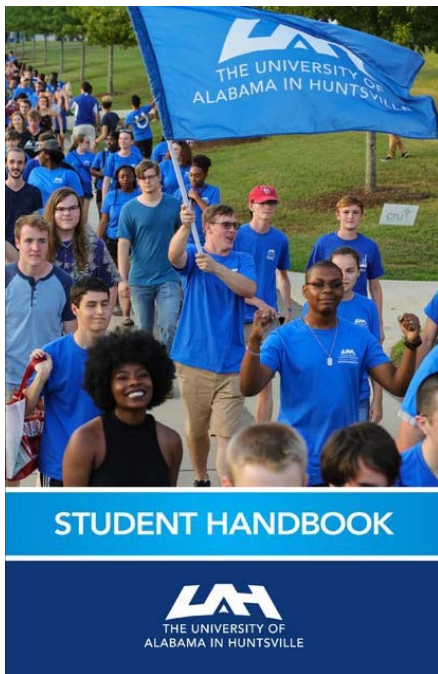
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ACCOUNTABILITY & ENFORCEMENT

17

ALL CAMPUS HEALTH AND SAFETY GUIDELINES WILL BE ENFORCED WITHIN THE JURISDICTION OF THE CODE OF STUDENT CONDUCT



- ▶ All students are expected to comply with all Health and Safety guidelines
- ▶ Non-compliance may result in a Student Code of Conduct violation which may carry a sanction of up to immediate suspension from the University
- ▶ All members of the campus community are encouraged to hold each other accountable for compliance. Should you witness a member of the campus community not following established Health and Safety guidelines you may submit a Student Code of Conduct violation via [Charger 360](#).



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UALERT REGISTRATION

- ▶ UAlert: A Comprehensive Critical Communication System
 - ▶ Voice messages to cell, home, and office
 - ▶ Text messages to cell phones
 - ▶ Email messages
 - ▶ Rave Guardian app (iOS and Android)
- ▶ Updating UAlert Contact Preferences – PRIMARY Cell Number
 - ▶ In Self-Service Banner, update “Permanent Address” cell number
 - ▶ Personal Information > Update Addresses and Phones > Permanent Mailing Address > Current
- ▶ Adding/Updating Additional Contact Preferences
 - ▶ Log in to UAlert via my.UAH or the Rave portal at <https://www.getrave.com/uah/login>



Stay Safe & Healthy!

This concludes the online presentation of the course. Please proceed to the next modules, which include:

1. A multi-question assessment, including an attestation question.
2. A request for accommodations.
3. A presentation about Charger Health Check. After reviewing, you will be directed to report your initial symptoms and exposure.

For the latest re-entry updates, visit uah.edu/covid-19.