

# Motion Capture Assessment Data Analysis

Kinematics	Foot Plant Average	Ball Release
Elbow Flexion	97.69	24.5
Shoulder External Rotation	43.89	20.78*

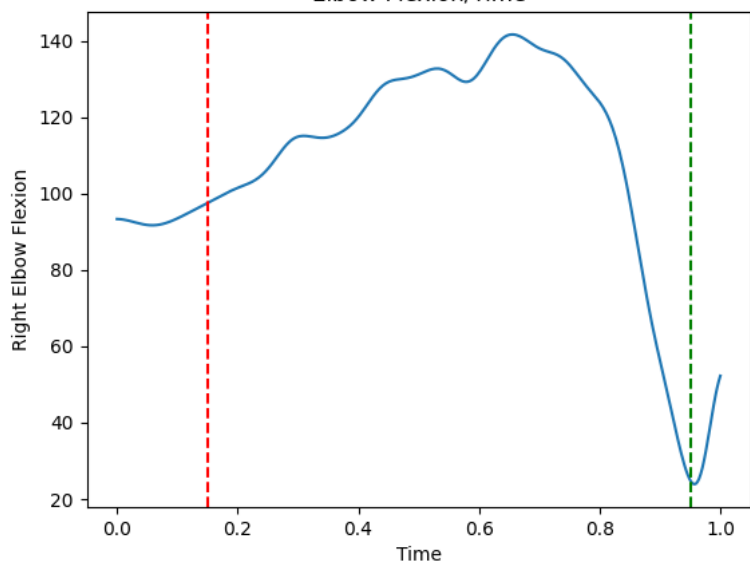
\*should be way higher

## Index

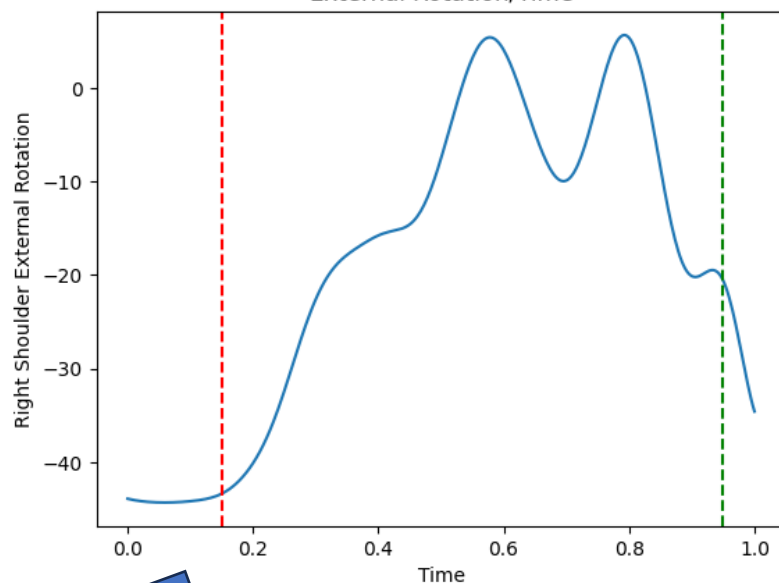
Red- Foot Plant

Green- Ball Release

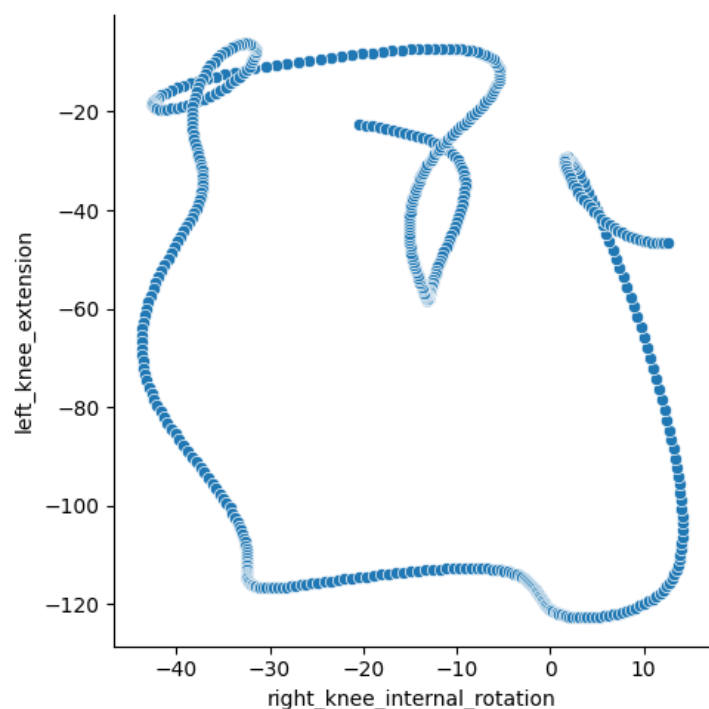
Elbow Flexion/Time



External Rotation/Time



\*Not completely accurate representation due to the negative values



The relationship between lead knee extension and back leg internal rotation

Relationship Between the Shoulder and the Pelvis

