



FIRST EVIDENCE OF MY IMPOSTER SYNDROME

- WORKED LONGER AND LATER
- INCREASED IRRITABILITY
- STOPPED ASKING FOR HELP
- FELT ISOLATED DURING TECHNICAL CONVERSATIONS
- INSOMNIA AND NIGHTMARES

Oh! It was a claw!

@knitcodemonkey

BY THE TIME I SAW THE MONSTER, IT WAS ALMOST TOO LATE

- MY SELF ESTEEM WAS IN THE GUTTER
- ISOLATED MYSELF FROM EVERYONE
- FOUND EXCUSES NOT TO GO TO WORK
- FORCED MYSELF TO COMPLETE TASKS
- BEGAN JOB HUNTING