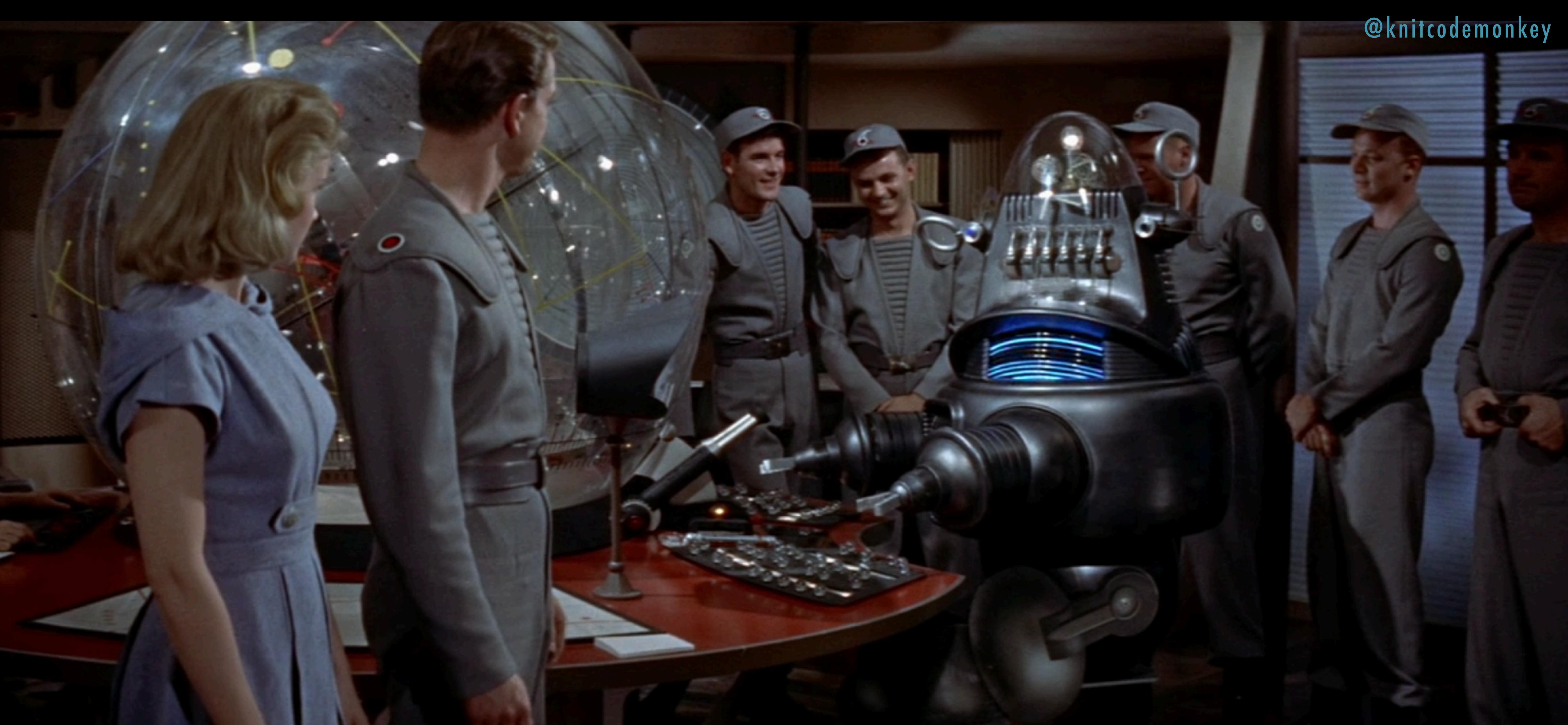


YOU MATTER, AND YOUR FEELINGS ARE VALID



MENTAL HEALTH IS A COMPLEX AND IMPORTANT ISSUE THAT REQUIRES DILIGENCE, AND SOMETIMES PROFESSIONALS. PLEASE TALK TO SOMEONE, ANYONE, IF YOU OR SOMEONE YOU KNOW IS SUFFERING FROM ANXIETY, DEPRESSION OR CONTEMPLATING SUICIDE.

SUICIDE PREVENTION LIFELINE: 1-800-273-8255



IMPOSTER SYNDROME SHOULD BE USED AS A TOOL