

## HyperTensia 2025

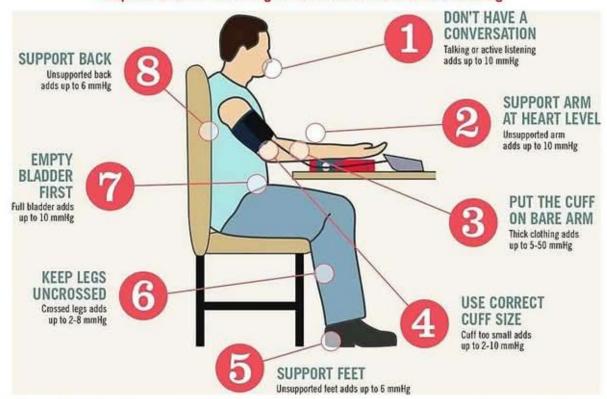


## **How To take BP**

## Tips and Tricks in Clinical Cardiology

II-General Examination

## Requirements for Obtaining an Accurate Blood Pressure Reading



Source: The Pan American Health Organization (https://www.paho.org/en/hearts-americas/hearts-americas-blood-pressure-measurement).

Tsuyuki RT, Cloutier L, Gelfer M, Campbell NRC. The pharmacist's role in facilitating the accurate measurement of home blood pressure. Canadian Pharmacists Journal / Revue des Pharmaciens du Canada. 2023;156(4):175-176. doi:10.1177/17151635231178252