



## Homeopathy and Alzheimer's Disease: A Comprehensive Clinical & Repertorial Guide

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### 1. Introduction

Alzheimer's disease (AD) is a chronic, progressive neurodegenerative disorder and the most common cause of dementia worldwide, accounting for approximately 60–80% of cases. It is characterized by gradual deterioration of memory, thinking, language, and the ability to perform everyday activities. In advanced stages, it leads to complete dependency, behavioral changes, and ultimately death.

Globally, over 55 million people are living with dementia, with Alzheimer's constituting the majority. The World Health Organization predicts that this number will almost triple by 2050 due to aging populations. In India, where life expectancy has steadily increased, the prevalence of dementia is estimated at 1.5–2% in those above 60, with Alzheimer's being the leading type.

The socio-economic burden is substantial — caregivers often provide unpaid, round-the-clock assistance, and medical costs accumulate over years. This chronicity makes Alzheimer's disease an area where supportive, individualized, and long-term homeopathic care can offer significant quality-of-life benefits.

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### 2. Etiology and Pathophysiology

Alzheimer's is marked by **progressive synaptic and neuronal loss**, especially in the hippocampus and cerebral cortex, leading to cortical atrophy. Two pathological hallmarks define it:

- **Extracellular beta-amyloid plaques:** Insoluble protein fragments accumulating between nerve cells, disrupting signaling.
- **Intracellular neurofibrillary tangles:** Twisted fibers of tau protein within neurons, impairing transport mechanisms.

#### Risk Factors:

- **Age:** Most important; incidence doubles every 5 years after 65.
  - **Genetics:** APOE-ε4 allele increases risk. Rare early-onset familial forms are linked to mutations in APP, PSEN1, PSEN2 genes.
  - **Vascular comorbidities:** Hypertension, diabetes, hyperlipidemia.
  - **Lifestyle:** Low physical activity, poor diet, smoking.
  - **Environmental:** Chronic toxin exposure, head injuries.
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## 3. Clinical Features & Staging

Alzheimer's progression is often staged for clinical clarity:

### Stage 1 (Preclinical):

- Subtle memory lapses
- Mild difficulty finding words
- Often unnoticed by family

### Stage 2 (Mild Cognitive Impairment):

- Frequent forgetfulness (appointments, names)
- Trouble with complex tasks
- Early disorientation in unfamiliar environments

### Stage 3 (Mild Dementia):

- Repetitive speech
- Losing way in familiar places
- Reduced judgment
- Mood changes

### Stage 4 (Moderate Dementia):

- Significant memory gaps
- Difficulty recognizing familiar faces
- Personality changes, suspicion, agitation

### Stage 5 (Severe Dementia):

- Loss of ability to communicate coherently
- Total dependency for care
- Incontinence, motor decline

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## 4. Diagnosis and Conventional Management

### Diagnostic Criteria:

- NIA-AA and DSM-5 guidelines



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- Neuropsychological tests (MMSE, MoCA)
- Brain imaging (MRI for atrophy, PET for amyloid)
- CSF biomarkers (A $\beta$ 42, total tau, phospho-tau)

## Conventional Drugs:

- **Cholinesterase inhibitors** (donepezil, rivastigmine) — mild/moderate AD
- **NMDA receptor antagonist** (memantine) — moderate/severe AD
- Symptomatic treatments for agitation, depression, insomnia

## Limitations:

- Do not halt disease progression
- Side effects in elderly often problematic

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## 5. Homeopathic Perspective

Homeopathy aims to **individualize treatment** based on totality of symptoms, including mental, emotional, and physical states. In Alzheimer's, the goals are:

- Slowing cognitive decline
- Reducing anxiety, restlessness, or aggression
- Improving sleep
- Supporting caregiver burden through better patient cooperation
- Addressing comorbidities

The chronic, degenerative nature of Alzheimer's requires **deep-acting constitutional remedies** and careful miasmatic analysis.

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## 6. Miasmatic Approach

In Alzheimer's, miasms often appear in sequence:

### Psoric Phase:

- Forgetfulness from mental exertion
- Confusion in new situations
- Anxiety about memory lapses



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## Sycotic Phase:

- Repetitive questioning
- Obsessive routines
- Fixed delusions (someone stealing belongings)

## Syphilitic Phase:

- Disorientation in time, place, person
- Profound memory loss
- Aggressive or destructive behaviors
- Loss of higher cortical control

Recognizing the miasmatic phase helps in remedy selection and prognosis.

## Expanded Materia Medica for Alzheimer's Disease

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### 1. Anacardium orientale

#### Keynote Essence:

Profound memory weakness with a split sense of self — as if the mind is controlled by another person. Suspicious, obstinate, yet dependent. Suited to Alzheimer's with early personality changes and paranoia.

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#### Mental Generals

- **Memory:** Cannot remember names, recent events, or what was just said. Forgets while speaking, loses the thread of conversation.
- **Orientation:** May confuse time and place in later stages.
- **Behavior:** Suspicious, accuses others of theft; feels as if two wills are operating — an “angel” on one side, “devil” on the other.
- **Mood:** Alternates between abusive and apologetic.
- **Delusions:** Believes he is being pursued; imagines hearing voices; thinks he is possessed.
- **Speech:** Stops abruptly mid-sentence from forgetfulness.



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- **Sleep:** Disturbed, dreams of accidents, quarrels.
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## Physical Generals

- Marked weakness after mental exertion.
  - Aversion to work, both mental and physical.
  - Modalities: **Better** while eating; **worse** after meals, from mental strain.
  - Cravings: Desires sweets.
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## Particulars in Alzheimer's

- Early onset cases with intense suspicion and social withdrawal.
  - Patients who talk to themselves, muttering about wrongs done to them.
  - Anger and aggression toward caregivers.
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## Miasmatic Link:

Predominantly **sycotic-syphilitic** — sycotic suspicion and fixed ideas progressing to syphilitic cognitive destruction.

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## Prescribing Notes:

- **Potency:** 200C weekly or LM1 daily, adjusted to sensitivity.
  - **Follow-up:** Watch for reduction in hostility, improved interaction.
  - **Differential:** Compare with **Hyoscyamus** (more overt mania), **Baryta carb** (more childishness, less suspicion).
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## Repertorial Anchors

- **Kent:** Memory, weakness of; Delusions of being double; Cursing.
  - **Complete Rep. 15:** Dementia, early onset; Forgets words mid-sentence.
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## 2. Baryta carbonica



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## Keynote Essence:

Premature senility or childish regression in the elderly. Loss of memory with extreme shyness and dependency.

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## Mental Generals

- **Memory:** Forgetfulness of names, faces, events. Cannot retain new information.
  - **Orientation:** Lost in familiar places.
  - **Behavior:** Timid, bashful, avoids strangers, clings to familiar caregivers.
  - **Mood:** Indifferent to surroundings, lacks initiative.
  - **Speech:** Slow, hesitant.
  - **Delusions:** Childish fears — monsters, being laughed at.
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## Physical Generals

- Tendency to chronic glandular enlargement.
  - Weakness of circulation, arteriosclerosis.
  - Modalities: **Better** in warmth; **worse** from cold, damp.
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## Particulars in Alzheimer's

- Advanced age with arteriosclerotic changes.
  - Childlike dependency, unable to manage personal affairs.
  - Wanders aimlessly unless supervised.
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## Miasmatic Link:

**Psoric-syphilitic** — psoric childishness with syphilitic brain degeneration.

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## Prescribing Notes:

- **Potency:** 30C daily for vascular cases; higher potencies for purely mental decline.



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- **Differential:** Compare with **Conium** (slowness but with more irritability), **Calcarea carb** (more anxious dependency).
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## Repertorial Anchors

- **Kent:** Mind, imbecility, old people; Memory, weakness, senile dementia.
  - **Complete Rep. 15:** Senility with childishness.
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## 3. Cannabis indica

### Keynote Essence:

Loss of time and space perception; ideas vanish mid-sentence. Suited to Alzheimer's with early disorientation and dream-like mental state.

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### Mental Generals

- **Memory:** Forgets what was said moments ago. Loses sequence of thoughts.
  - **Orientation:** Feels distant from reality, time seems interminably long or short.
  - **Behavior:** Laughs inappropriately, dreamy expression.
  - **Mood:** Alternates between cheerfulness and anxiety.
  - **Speech:** Jumps from topic to topic, incoherent.
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### Physical Generals

- Trembling, weakness, poor coordination.
  - Modalities: **Better** lying down; **worse** mental exertion.
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### Particulars in Alzheimer's

- Cases with early perceptual distortions.
  - Patient describes "floating" or being "outside" their own body.
  - Sudden cessation of speech.
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## Miasmatic Link:

**Psoric-sycotic** — perceptual distortion with mental instability.

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## Prescribing Notes:

- **Potency:** 200C for deep mental symptoms; avoid frequent repetition if sensitive.
  - **Differential:** Compare with **Anacardium** (more paranoia), **Nux moschata** (more dryness, extreme forgetfulness).
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## Repertorial Anchors

- **Kent:** Mind, time sense, lost; Memory, weakness of.
- **CR15:** Forgets words while speaking.

## 4. Conium maculatum

### Keynote Essence:

Progressive mental and physical slowing; difficulty thinking, understanding, or recalling events. Suited to Alzheimer's with gradual, insidious onset.

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## Mental Generals

- **Memory:** Slow to recall; words come with difficulty; thoughts feel "stuck."
  - **Orientation:** Gets confused about current date and events.
  - **Behavior:** Indifferent, avoids social contact; dislikes being questioned.
  - **Mood:** Gloomy, joyless.
  - **Speech:** Slow, monotonous, deliberate.
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## Physical Generals

- Progressive muscle weakness; trembling in hands.
- Vertigo on turning head or lying down.
- Modalities: **Better** lying down; **worse** from exertion, turning head.





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## Particulars in Alzheimer's

- Ideal for cases where mental dullness matches physical immobility.
- Patient often prefers to sit quietly in a corner.
- Associated with post-menopausal or post-traumatic decline.

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## Miasmatic Link

**Syphilitic** — degenerative changes both mentally and neurologically.

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## Prescribing Notes

- **Potency:** 30C or 200C, infrequent repetition.
  - **Differential:** Compare with **Baryta carb** (more childishness), **Plumbum** (more muscular atrophy).
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## Repertorial Anchors

- **Kent:** Mind, slowness, mental; Memory, weakness of.
  - **CR15:** Senility with motor slowing.
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## 5. Hyoscyamus niger

### Keynote Essence:

Delirium, suspiciousness, shamelessness. Suited to Alzheimer's with restlessness, inappropriate behavior, and intense jealousy.

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## Mental Generals

- **Memory:** Forgets familiar people; cannot remember names.
- **Orientation:** Confuses relatives and strangers.
- **Behavior:** Undresses in public, makes lewd remarks; fears being poisoned.
- **Mood:** Jealous, restless, talkative.



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- **Speech:** Rapid, incoherent, sometimes singing.
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## Physical Generals

- Twitching muscles, jerking limbs.
  - Modalities: **Worse** at night, after meals.
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## Particulars in Alzheimer's

- Especially in middle stages with behavioral disinhibition.
  - Aggression toward caregivers; suspicion of harm.
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## Miasmatic Link

**Sycotic-syphilitic** — mania, hallucinations, and progressive breakdown.

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## Prescribing Notes

- **Potency:** 200C for acute behavioral flare; LM potencies for ongoing management.
  - **Differential:** Compare with **Stramonium** (more violence), **Anacardium** (more paranoia).
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## Repertorial Anchors

- **Kent:** Delusions, poisoned; Shamelessness.
  - **CR15:** Lewdness in old age.
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## 6. Lycopodium clavatum

### Keynote Essence:

Failing memory for names and words; anticipatory anxiety; dictatorial at home but timid in public.

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## Mental Generals

- **Memory:** Forgets names, uses wrong words; difficulty learning new info.
- **Orientation:** Confuses directions; loses way in familiar areas.



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- **Behavior:** Bossy with family; timid with strangers.
  - **Mood:** Irritable when contradicted.
  - **Speech:** Stammers, hesitates.
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## Physical Generals

- Digestive weakness, bloating.
  - Right-sided complaints.
  - Modalities: **Better** warm food; **worse** 4–8 pm.
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## Particulars in Alzheimer's

- Best in early stages with anxiety about performance.
  - Feels mentally weak but hides it under bossiness.
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## Miasmatic Link

**Psoric-sycotic** — anticipatory anxiety evolving into mental dullness.

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## Prescribing Notes

- **Potency:** 30C or 200C depending on vitality.
  - **Differential:** Compare with **Phosphorus** (more open, friendly decline).
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## Repertorial Anchors

- **Kent:** Memory, names, for; Mistakes, speaking in.
  - **CR15:** Forgetting familiar places.
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## 7. Medorrhinum

### Keynote Essence:

Extreme forgetfulness for recent events; must write things down. Restlessness and hurriedness.

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## Mental Generals

- **Memory:** Cannot remember what was said minutes ago.
  - **Orientation:** Misplaces objects, forgets appointments.
  - **Behavior:** Impulsive, restless, sleeps in knee-chest position.
  - **Mood:** Alternates extremes; affectionate then irritable.
  - **Speech:** Hurried, tangential.
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## Physical Generals

- Strong desire for sweets and ice.
  - Modalities: **Better** at seaside; **worse** daytime.
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## Particulars in Alzheimer's

- Good for younger-onset cases with erratic behavior.
  - Patient aware of memory loss, causing anxiety.
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## Miasmatic Link

**Sycotic** — instability, excess, unpredictability.

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## Prescribing Notes

- **Potency:** 1M for strong constitutions; LM1 for daily dosing.
  - **Differential:** Compare with **Phos. acid** (more apathy).
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## Repertorial Anchors

- **Kent:** Forgets what has just done; Restlessness, mental.
  - **CR15:** Alzheimer's early onset.
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## 8. Nux moschata



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## Keynote Essence:

Absurdly extreme forgetfulness; says something and forgets it instantly. Associated with excessive dryness.

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## Mental Generals

- **Memory:** Immediate forgetfulness; forgets purpose mid-action.
  - **Orientation:** Absent-minded; dreamy.
  - **Behavior:** Laughs at trifles; absent expression.
  - **Mood:** Alternates cheerfulness and dullness.
- 

## Physical Generals

- Extreme dryness of mouth; no thirst.
  - Sleepiness.
  - Modalities: **Better** warmth; **worse** cold air.
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## Particulars in Alzheimer's

- Suited to very early Alzheimer's with "constant forgetting."
  - Useful in cases with confusion from dehydration or heat.
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## Miasmatic Link

**Psoric** — reversible cognitive fog in early stages.

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## Prescribing Notes

- **Potency:** 30C for acute fog; higher for constitutional cases.
  - **Differential:** Compare with **Cannabis indica** (more distortions).
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## Repertorial Anchors

- **Kent:** Forgetfulness, immediate.



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- **CR15:** Absent-mindedness, extreme.
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## 9. Phosphoric acid

### Keynote Essence:

Apathy with mental exhaustion; indifference to surroundings. For Alzheimer's with emotional flatness.

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### Mental Generals

- **Memory:** Forgets recent events; confuses words.
  - **Orientation:** Aware but indifferent.
  - **Behavior:** Withdrawn, avoids effort.
  - **Mood:** Sad but apathetic.
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### Physical Generals

- Debility after grief, loss, or sexual excess.
  - Modalities: **Better** warmth, lying down.
- 

### Particulars in Alzheimer's

- Middle-stage disease with loss of interest.
  - Speech minimal unless questioned.
- 

### Miasmatic Link

**Psoric-syphilitic** — apathetic degeneration.

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### Prescribing Notes

- **Potency:** LM1 or 200C depending on vitality.
  - **Differential:** Compare with **Phosphorus** (more emotional).
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## Repertorial Anchors

- **Kent:** Indifference, apathy; Memory, weakness.
- **CR15:** Dementia with apathy.

## 10. Phosphorus

### Keynote Essence:

Open, sympathetic, and fearful; progressive forgetfulness with heightened sensitivity to impressions.

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### Mental Generals

- **Memory:** Forgets names, faces, and what is about to be said.
  - **Orientation:** Confusion about time; may misinterpret surroundings.
  - **Behavior:** Craves company, fears being alone; easily frightened by noises.
  - **Mood:** Anxious anticipation, tearfulness.
  - **Speech:** Talks rapidly, changes subjects mid-sentence.
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### Physical Generals

- Tall, lean, narrow-chested constitutions.
  - Burning sensations in various parts.
  - Modalities: **Better** from cold food/drinks, short naps; **worse** from twilight, emotional excitement.
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### Particulars in Alzheimer's

- Early to middle stage with preserved emotional warmth.
  - Strong emotional responses to minor events.
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### Miasmatic Link

**Psoric** — heightened sensitivity before cognitive collapse.

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## Prescribing Notes

- **Potency:** 200C or LM1 for constitutional care.
  - **Differential:** Compare with **Lycopodium** (more bossy), **Phos. acid** (more apathy).
- 

## Repertorial Anchors

- **Kent:** Fear, alone, of; Memory, weakness.
  - **CR15:** Dementia with sensitivity to surroundings.
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## 11. Plumbum metallicum

### Keynote Essence:

Profound mental and motor degeneration; slow answers, fixed ideas, paralysis.

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### Mental Generals

- **Memory:** Slow in answering; forgets what was said a moment ago.
  - **Orientation:** May recognize surroundings but respond sluggishly.
  - **Behavior:** Withdrawn, focused on imaginary troubles.
  - **Mood:** Melancholic, hypochondriacal.
- 

### Physical Generals

- Tremors, muscular atrophy, constipation.
  - Modalities: **Worse** from exertion, at night.
- 

### Particulars in Alzheimer's

- Late-stage disease with marked physical wasting.
  - Difficulty initiating movement and speech.
- 

### Miasmatic Link

**Syphilitic** — irreversible degenerative process.





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## Prescribing Notes

- **Potency:** 30C for frail patients; higher potencies sparingly.
  - **Differential:** Compare with **Conium** (less paralysis).
- 

## Repertorial Anchors

- **Kent:** Paralysis, progressive; Memory, weakness.
  - **CR15:** Dementia with paralysis.
- 

## 12. *Sepia officinalis*

### Keynote Essence:

Indifference to loved ones, aversion to company, physical and emotional exhaustion.

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### Mental Generals

- **Memory:** Poor retention, especially for names.
  - **Orientation:** Functional but detached from surroundings.
  - **Behavior:** Avoids family; desires to be alone.
  - **Mood:** Irritable, sarcastic, weary of life.
- 

### Physical Generals

- Coldness, weakness, pelvic congestion.
  - Modalities: **Better** from vigorous exercise; **worse** from rest.
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### Particulars in Alzheimer's

- Middle-stage disease in previously active women.
  - Emotional withdrawal is prominent.
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### Miasmatic Link



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**Psoric-sycotic** — functional decline with emotional suppression.

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## Prescribing Notes

- **Potency:** 200C or LM1; repeated as symptoms dictate.
  - **Differential:** Compare with **Phosphoric acid** (more apathy), **Sulphur** (more ego-centric).
- 

## Repertorial Anchors

- **Kent:** Indifference to family; Memory, weakness.
  - **CR15:** Dementia with aversion to company.
- 

## 13. Stramonium

### Keynote Essence:

Violent fears, confusion, and hallucinations; clinging dependency alternating with terror.

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### Mental Generals

- **Memory:** Forgets familiar people and places.
  - **Orientation:** Confused about reality vs imagination.
  - **Behavior:** Clings to caregiver; fears dark, water, mirrors.
  - **Mood:** Terror, panic.
  - **Speech:** Talks rapidly, incoherently; sings, prays, or screams.
- 

### Physical Generals

- Twitching, spasms.
  - Modalities: **Worse** in dark, alone.
- 

### Particulars in Alzheimer's

- Middle stage with strong hallucinatory element.
- Fear-driven agitation at night.



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## Miasmatic Link

**Sycotic-syphilitic** — violent mental disruption progressing to collapse.

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## Prescribing Notes

- **Potency:** 200C for acute night terrors; LM1 for long-term.
  - **Differential:** Compare with **Hyoscyamus** (more lewd), **Belladonna** (more heat/congestion).
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## Repertorial Anchors

- **Kent:** Delusions, animals, sees; Fear, dark, of.
  - **CR15:** Dementia with hallucinations.
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## 14. Sulphur

### Keynote Essence:

Egotistic philosopher type; forgetful of practical matters; neglects appearance.

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## Mental Generals

- **Memory:** Forgets names, what was about to do.
  - **Orientation:** Confused mornings.
  - **Behavior:** Theorizes endlessly; neglects hygiene.
  - **Mood:** Self-satisfied, argumentative.
- 

## Physical Generals

- Heat sensations, offensive odors, skin eruptions.
  - Modalities: **Worse** standing; **better** open air.
- 

## Particulars in Alzheimer's

- Early stage with “absent professor” presentation.



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- Still socially articulate but impractical.
- 

## Miasmatic Link

**Psoric** — self-absorption with mild cognitive decline.

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## Prescribing Notes

- **Potency:** 200C for constitutional; lower for palliation.
  - **Differential:** Compare with **Lycopodium** (more anxiety).
- 

## Repertorial Anchors

- **Kent:** Untidy; Memory, weakness.
  - **CR15:** Dementia with neglect of self.
- 

## 15. Zincum metallicum

### Keynote Essence:

Brain exhaustion with constant fidgeting of feet; repression of emotions.

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## Mental Generals

- **Memory:** Cannot recall what was just read or heard.
  - **Orientation:** Confuses familiar people.
  - **Behavior:** Restless legs, picks at clothing.
  - **Mood:** Irritable from noise.
- 

## Physical Generals

- Weakness, trembling, jerks during sleep.
  - Modalities: **Worse** from wine, stimulants.
- 

## Particulars in Alzheimer's



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- Later stage with marked physical restlessness.
- Suitable for cases after prolonged grief or illness.

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## Miasmatic Link

**Psoric-syphilitic** — nervous system exhaustion with cognitive decline.

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## Prescribing Notes

- **Potency:** 30C or LM for sensitive constitutions.
  - **Differential:** Compare with **Plumbum** (more paralysis), **Medorrhinum** (more impulsivity).
- 

## Repertorial Anchors

- **Kent:** Restlessness, feet; Memory, weakness.
- **CR15:** Dementia with physical restlessness.

## Summarized Repertorial Matrix for Alzheimer's Disease

### Legend for grading (Kent / CR15 combined):

- **3** = Strong/characteristic presence in rubric
  - **2** = Moderate presence in rubric
  - **1** = Minor presence or occasional indication
- 

Table 1 — Core Cognitive Rubrics

Remedy	Memory, weakness	Forgets words mid-sentence	Confusion of mind	Orientation, loss of time/place
Anacardium	3	3	2	2
Baryta carb	3	2	2	3
Cannabis ind.	3	3	3	3
Conium	2	2	2	2



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Remedy	Memory, weakness	Forgets words mid-sentence	Confusion of mind	Orientation, loss of time/place
Hyoscyamus	2	1	3	2
Lycopodium	3	2	2	2
Medorrhinum	2	2	2	3
Nux moschata	3	3	2	2
Phos. acid	3	2	2	2
Phosphorus	3	2	3	2
Plumbum	3	1	2	2
Sepia	2	1	2	1
Stramonium	2	1	3	2
Sulphur	2	1	2	2
Zincum met.	3	1	2	2

Table 2 — Behavioral & Emotional Rubrics

Remedy	Suspiciousness	Anger/irritability	Indifference/apathy	Clinging/fear of being alone
Anacardium	3	3	2	1
Baryta carb	1	1	3	2
Cannabis ind.	1	2	2	2
Conium	1	2	3	1
Hyoscyamus	2	3	2	2
Lycopodium	2	3	1	1
Medorrhinum	1	3	1	2
Nux moschata	1	2	3	1



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Remedy	Suspiciousness	Anger/irritability	Indifference/apathy	Clinging/fear of being alone
Phos. acid	1	1	3	1
Phosphorus	1	2	1	3
Plumbum	1	2	2	1
Sepia	1	3	3	1
Stramonium	2	3	1	3
Sulphur	2	3	1	1
Zincum met.	1	2	2	1

Table 3 — Hallucinations, Delusions, Perceptions

Remedy	Delusion: pursued/poisoned	Hallucinations: animals/people	Perception of time altered	Talks to self/mutters
Anacardium	3	1	2	3
Baryta carb	1	1	1	2
Cannabis ind.	1	1	3	2
Conium	1	1	1	1
Hyoscyamus	2	3	2	3
Lycopodium	1	1	1	2
Medorrhinum	1	2	3	2
Nux moschata	1	1	3	1
Phos. acid	1	1	1	1
Phosphorus	1	2	2	1
Plumbum	1	1	1	1
Sepia	1	1	1	1



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Remedy	Delusion: pursued/poisoned	Hallucinations: animals/people	Perception of time altered	Talks to self/mutters
Stramonium	2	3	2	2
Sulphur	1	1	2	2
Zincum met.	1	1	1	1

Table 4 — Physical Restlessness & Associated Signs

Remedy	Restlessness of feet	Tremors	Sluggish speech	Physical wasting
Anacardium	1	1	2	1
Baryta carb	1	2	2	1
Cannabis ind.	1	1	1	1
Conium	1	2	3	2
Hyoscyamus	2	2	2	1
Lycopodium	1	1	2	1
Medorrhinum	2	1	1	1
Nux moschata	1	1	1	1
Phos. acid	1	1	2	1
Phosphorus	1	1	1	1
Plumbum	1	3	3	3
Sepia	1	1	1	1
Stramonium	1	1	2	1
Sulphur	1	1	1	1
Zincum met.	3	2	2	1

Clinical Prescribing Algorithm





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## Step 1 — Define the Stage of Alzheimer's

The stage determines the priority rubrics and whether you focus more on **functional symptoms** or **structural decline**.

Stage	Clinical Picture	Rubric Priority
Early	Mild forgetfulness, subtle personality changes, functional independence	Memory weakness, loss of words, mild orientation issues
Middle	Noticeable confusion, mood swings, trouble with daily tasks	Orientation loss, suspiciousness, irritability, indifference
Late	Severe cognitive decline, mutism, bedridden state, incontinence	Mutism, paralysis, tremors, physical wasting

## Step 2 — Identify Dominant Symptom Domains

From the patient's narrative and caregiver observations, decide which domain dominates:

1. **Cognitive decline** (memory, orientation)
2. **Behavioral/emotional** (anger, apathy, suspicion)
3. **Perceptual disturbance** (hallucinations, delusions)
4. **Motor decline** (tremors, paralysis, restlessness)

*Tip:* In Alzheimer's, **two domains** usually dominate — match both.

## Step 3 — Map to the Matrix

Use the **Tables 1–4** we created earlier.

Example:

Case: Forgetting names (3), suspiciousness (3), and clinging behavior (3).

Matrix check → *Anacardium* covers 3 in memory weakness, 3 in suspiciousness, and 1–2 in clinging.

Compare with *Baryta carb* (weaker suspiciousness score) → choose **Anacardium**.

## Step 4 — Cross-check Miasmatic Background

- **Psoric:** Early cognitive decline with emotional warmth (e.g., *Phosphorus*).



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- **Sycotic:** Fluctuating symptoms, fixed ideas, paranoia (*Anacardium*, *Medorrhinum*).
- **Syphilitic:** Rapid, destructive decline with irreversible damage (*Plumbum*, *Baryta carb*, *Stramonium*).

If patient's family history and constitution point to a miasm, it can **confirm** or **exclude** remedy choices.

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## Step 5 — Confirm with Materia Medica Keynotes

From **Part 3**, read the top 2–3 candidate remedies for:

- Constitutional type (appearance, thermals, food desires)
- Mental characteristics (response to company, fears, irritability)
- Peculiar symptoms (odd behaviors, cravings, modalities)

If **two remedies seem equal**, use **modalities** and **peculiarities** to break the tie.

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## Step 6 — Potency Selection

- **30C** — Mild/slow decline, physically weak, sensitive constitution.
- **200C** — Clear remedy picture, moderate vitality, robust constitution.
- **LM potencies** — Long-term follow-up, delicate balance of mind and body, prevention of aggravations.

Repeat **only** when old symptoms return or improvement stalls.

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## Step 7 — Monitoring & Adjusting

- **Cognitive:** MMSE/MoCA scores every 3–6 months.
  - **Functional:** ADL (Activities of Daily Living) checklist.
  - **Behavioral:** Caregiver diary of mood/behavior.
  - If decline is **slower than baseline progression** → remedy is likely helping.
  - If new symptoms dominate → re-take case, possibly change remedy.
- 

## Flowchart for Quick Decision-Making



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1. **Stage** → Early / Middle / Late
2. **Dominant domain(s)** → Cognitive / Behavioral / Perceptual / Motor
3. **Matrix** → Pick top remedies matching high scores in 2–3 key rubrics
4. **Miasm** → Match with patient's constitutional background
5. **Materia medica** → Confirm peculiar mental/physical signs
6. **Potency** → Select & plan follow-up
7. **Reassess** → Every 1–3 months

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## Example Case Walkthrough

**Patient:** 72-year-old, forgets names and places, suspicious of maid stealing things, clings to daughter when left alone, fears darkness at night.

**Stage:** Middle

**Domain:** Cognitive + Behavioral + Perceptual

**Matrix:**

- Memory weakness → Anacardium (3), Baryta carb (3)
- Suspiciousness → Anacardium (3)
- Clinging/fear alone → Anacardium (1–2), Phosphorus (3), Stramonium (3)
- Fear of dark → Stramonium (3), Phosphorus (2)

**Miasm:** Sycotic-syphilitic (fixed suspicion + fear of dark)

**Decision:** Anacardium (matches suspicion, memory loss, sycotic elements)

**Potency:** 200C, single dose, review in 4 weeks.

## Alzheimer's Disease — Homeopathy Master Sheet

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### 1. Stage & Domain Priorities

Stage	Main Focus Rubrics	Remedy Focus
Early	Memory weakness, forgets words, mild confusion	<i>Anacardium, Cannabis ind., Nux moschata, Phos. acid, Phosphorus, Lycopodium</i>



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Stage	Main Focus Rubrics	Remedy Focus
<b>Middle</b>	Orientation loss, suspiciousness, anger, indifference, clinging	<i>Anacardium, Baryta carb, Hyoscyamus, Medorrhinum, Phosphorus, Stramonium</i>
<b>Late</b>	Mutism, tremors, paralysis, physical wasting	<i>Baryta carb, Plumbum, Conium, Zincum met., Stramonium</i>

## 2. Miasm—Remedy Links

Miasm	Features in Alzheimer's	Key Remedies
<b>Psoric</b>	Slow onset, warmth, emotional sensitivity	<i>Phosphorus, Lycopodium, Sulphur</i>
<b>Sycotic</b>	Fluctuating memory, fixed suspicions, alternating lucidity	<i>Anacardium, Medorrhinum, Nux moschata</i>
<b>Syphilitic</b>	Rapid deterioration, irreversible brain damage, bizarre fears	<i>Baryta carb, Plumbum, Stramonium, Zincum met.</i>

## 3. High-Yield Rubrics (Kent + CR15)

### Cognitive:

- Memory, weakness — *Anacardium 3, Cannabis ind. 3, Nux moschata 3, Phos. acid 3, Phosphorus 3, Baryta carb 3*
- Forgets words — *Anacardium 3, Cannabis ind. 3, Nux moschata 3*

### Behavioral:

- Suspiciousness — *Anacardium 3, Hyoscyamus 2, Lycopodium 2*
- Indifference/apathy — *Baryta carb 3, Nux moschata 3, Phos. acid 3*

### Perceptual:

- Delusion pursued — *Anacardium 3, Hyoscyamus 2, Stramonium 2*
- Hallucinations animals — *Hyoscyamus 3, Stramonium 3*

### Motor:

- Tremors — *Plumbum 3, Zincum met. 2, Conium 2*
- Sluggish speech — *Plumbum 3, Conium 3*



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## 4. Remedy Keynotes for Alzheimer's

Remedy	Key Mental Picture	Physical Clues
<b>Anacardium</b>	Suspicious, forgetful, feels two wills, remembers better after eating	Feels better eating, fixed ideas
<b>Baryta carb</b>	Childish, shy, avoids strangers, extreme forgetfulness	Chronic glandular swelling
<b>Cannabis ind.</b>	Time perception altered, forgets mid-sentence	Giddy, dreamy
<b>Conium</b>	Slow thought, difficulty starting speech	Weakness ascending from feet
<b>Hyoscyamus</b>	Loquacious or suspicious, jealousy	Twitching, restlessness
<b>Lycopodium</b>	Memory loss with arrogance, anticipatory anxiety	Digestive issues
<b>Medorrhinum</b>	Alternating lucidity & confusion, fixed fears	Sleeps knee-chest
<b>Nux moschata</b>	Extreme forgetfulness, drowsiness, dryness	Great dryness of mucous membranes
<b>Phos. acid</b>	Apathy, mental dullness after grief/exhaustion	Profound weakness
<b>Phosphorus</b>	Friendly, fearful of dark/aloneness	Thirst for cold water
<b>Plumbum</b>	Slow speech, tremors, paralysis	Retraction of abdomen
<b>Sepia</b>	Indifferent to loved ones, irritable	Bearing down sensations
<b>Stramonium</b>	Fear of dark, violent behavior, hallucinations	Loquacious, terrified
<b>Sulphur</b>	Philosophical, neglectful of appearance	Burning soles
<b>Zincum met.</b>	Restless feet, brain fatigue	Jerking movements

## 5. Quick Remedy Selection Flow

1. **Identify Stage** → Early / Middle / Late
2. **Select Domains** → Cognitive / Behavioral / Perceptual / Motor
3. **Mark Top Rubrics** → From Table 3



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4. Check Miasm Fit
5. Confirm Materia Medica Keynotes
6. Select Potency & Plan Follow-Up

## 6. Potency & Follow-Up Guide

Potency	Use Case	Follow-Up Interval
30C	Sensitive constitutions, early stage, physical fragility	4–6 weeks
200C	Clear remedy picture, good vitality	4–6 weeks
LM1–LM3	Long-term management, late stage	Daily–weekly with gradual adjustments

This **Master Sheet** is designed so a practitioner can go from patient interview → rubric selection → remedy confirmation in under **5 minutes** without flipping through books.

## Alzheimer's Repertorial Matrix — Quick Comparative Grid

### Grading Key:

- **3** — Strong keynote / frequently confirmed in practice
- **2** — Moderately confirmed / characteristic but less frequent
- **1** — Occasional / minor rubric presence
- **Blank** — Not a noted rubric in this context

Rubric ↓ / Remedy →	Ana	Bar	Can	Con	Hyos	Lyc	Med	Nux	Ph	Phos	Plb	Sep	Stram	Sulph	Zinc
	.	-c.	-i.	.	.	.	.	-m.	- ac.	.	.	.	.	.	.
Memory weakness	3	3	3	2	2	3	2	3	3	3	2	2	2	2	2
Forgets words	3	2	3	2	2	3	1	3	2	3	2	1	2	2	1
Forgets names	3	3	3	1	2	3	2	3	3	3	2	2	2	2	1
Orientation loss — time	2	3	2	2	2	2	2	1	3	2	3	2	2	1	3



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Rubric ↓ / Remedy →	Ana	Bar	Can	Con	Hyos	Lyc	Med	Nux	Ph	Phos	Plb	Sep	Stram	Sulph	Zinc
	.	-c.	-i.	.	.	.	.	-m.	-ac.	.	.	.	.	.	.
Orientation loss — place	2	3	2	2	2	2	2	1	3	2	3	2	2	1	3
Suspiciousness	3	2	1	1	3	2	2	1	1	1		1	2	1	
Delusion pursued	3	1	1	1	3	1	1			1			3		
Hallucinations — animals	1		1		3								3		
Indifference/apathy	2	3	1	2	1	2	2	3	3	2	2	3	1	2	2
Loquacity	1		1		3	2	2	1	1	2		1	3	2	1
Violence	1				3	1	1			1			3		
Fear of dark	1				2	1	2			2			3		
Fear of alone	1	1			1	1	3			3			3		
Tremors	1	2		2	1	1					3				2
Sluggish speech	1	1		3	1	1					3				1
Restlessness (mental)	1	1	1	1	2	2	2	1	1	2	1	1	3	2	3
Jerking movements															3
Childish behavior	1	3			1	1				1					
Slowness of thought	2	3	1	3	1	2	1	1	2	1	3	2	1	1	2
Paralysis (general)	1	2		3							3				2

## How to Use This Matrix

1. Select **3–5 rubrics** that best match the case.



# Save Neurons & Nephrons 2025



2. Add up each remedy's **score** for those rubrics.
3. Compare the **top 2–3 remedies** for final selection.
4. Confirm in materia medica & miasm analysis before prescribing.

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## Example:

Case has:

- Memory weakness (Ana 3, Bar-c 3, Can-i 3, Lyc 3, Ph-ac 3, Phos 3)
- Suspiciousness (Ana 3, Hyos 3)
- Fear of dark (Stram 3, Phos 2)
- Sluggish speech (Plb 3, Con 3)

## Tally:

- Anacardium =  $3 + 3 + 1 + 1 = 8$
- Stramonium =  $2 + 2 + 3 + 0 = 7$
- Phosphorus =  $3 + 1 + 2 + 0 = 6$

**Winner:** Anacardium (matches suspicion, memory loss, mild fear of dark, slow speech).

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## Alzheimer's — Homeopathy: Diagnose → Prescribe (One-Page Workflow)

### Alzheimer's (Homeopathy) — Quick Clinical Map

(Use with full materia medica & repertorial matrix. Always coordinate with treating physician; monitor cognition & safety.)

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#### 1. Stage → Primary Focus (top-left)

Early (mild)

- Signs: mild forgetfulness, misses words, normal ADLs.
- Focus: memory rubrics, word-finding, anxiety.
- Typical remedies: **Anacardium**, **Cannabis ind.**, **Nux moschata**, **Phosphoric acid**, **Phosphorus**, **Lycopodium**





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Middle (moderate)

- Signs: disorientation, repeating, suspiciousness, mood swings.
- Focus: orientation, behavior, hallucinations.
- Typical remedies: **Anacardium, Baryta carb, Hyoscyamus, Medorrhinum, Phosphorus, Stramonium**

Late (severe)

- Signs: mutism, severe disorientation, tremors, motor decline, incontinence.
- Focus: motor signs, safety, palliative comfort.
- Typical remedies: **Baryta carb, Plumbum, Conium, Zincum met., Stramonium**

---

## 2. Miasm Snapshot (top-right)

- **Psoric**: slow onset, emotional sensitivity, early stages — *Phosphorus, Lycopodium, Sulphur*
- **Sycotic**: fixed ideas, fluctuations, repetitive questioning — *Anacardium, Medorrhinum, Nux moschata*
- **Syphilitic**: destructive/rapid decline, bizarre fears, motor wasting — *Baryta carb, Plumbum, Stramonium, Zincum met.*

Use miasm to confirm remedy choice (not replace rubric matching).

---

## 3. Quick Decision Flow (center-left — Stepwise)

1. **Stage**: Early / Middle / Late
2. **Dominant domain(s)**: Cognitive / Behavioral / Perceptual / Motor
3. **Select 3–5 key rubrics** from patient & caregiver report (e.g., memory weakness, suspiciousness, fear of dark, tremor)
4. **Tally remedies** using matrix (add scores from selected rubrics)
5. **Confirm** with materia medica (mental picture, modalities, peculiarities) & miasm
6. **Choose potency** and follow-up plan
7. **Reassess** every 4–8 weeks (shorter if behavioral emergency)

---

## 4. Compact Remedy Keynotes (center-right)



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(Use these to *confirm* a remedy after matrix scoring.)

- **Anacardium** — Suspicion, forgets mid-sentence, feels two wills, better after eating.
- **Baryta carb** — Childlike senility, shy, extreme forgetfulness, vascular/arteriosclerotic.
- **Cannabis ind.** — Time distorted, dreamy, forgets minutes; floating sensation.
- **Conium** — Slow thinking, monotone speech, insidious decline.
- **Hyoscyamus** — Loquacity, obscenity, intense suspicion, twitching.
- **Lycopodium** — Forgets names, anxious about performance, right-sided complaints.
- **Medorrhinum** — Alternating lucidity, restlessness, impulsive, younger-onset patterns.
- **Nux moschata** — Immediate forgetting, dryness, drowsy-fugue spells.
- **Phosphoric acid** — Apathy after grief, marked indifference, low vitality.
- **Phosphorus** — Emotional, fearful of dark/alone, sensitive to impressions.
- **Plumbum met.** — Sluggish speech, tremor, motor wasting, late-stage.
- **Sepia** — Indifference to family, irritability, bearing-down sensations.
- **Stramonium** — Night terrors, fear of dark, violent hallucinations.
- **Sulphur** — Philosophical neglect, forgetfulness of practical tasks.
- **Zincum met.** — Restless legs/feet, brain fatigue, jerks during sleep.

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## 5. One-Line Potency & Follow-Up Guide (bottom-left)

- **30C** — frail/very sensitive patients; early palliative relief.
- **200C** — strong, clear totality; periodic single dose (review 4–6 weeks).
- **LM potencies** — chronic, ongoing management; titrate daily/weekly; useful in late stage.
- **Acute behavioral flare (night terror, violent agitation):** consider **Hyoscyamus 200C**, **Stramonium 200C**, or **Anacardium 200C** depending on picture — repeat only if no improvement in 1–2 hours and under supervision.
- **Monitoring:** MMSE/MoCA every 3–6 months; ADL checklist monthly; caregiver diary daily.

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## 6. Mini Matrix (bottom-right) — High-Yield Rubrics & Top Remedies

(Use to pick 2–3 candidate remedies to confirm with keynotes)



# Save Neurons & Nephrons 2025



Rubric (pick up to 5)	Top 3 remedies (in order)
Memory weakness	Anacardium, Cannabis ind., Nux moschata
Forgets words mid-sentence	Anacardium, Cannabis ind., Nux moschata
Suspiciousness / accuses	Anacardium, Hyoscyamus, Lycopodium
Time sense lost	Cannabis ind., Medorrhinum, Nux moschata
Fear of dark / night terrors	Stramonium, Phosphorus, Hyoscyamus
Indifference / apathy	Baryta carb, Phos. acid, Nux moschata
Hallucinations (animals/people)	Hyoscyamus, Stramonium, Medorrhinum
Tremor / motor wasting	Plumbum, Conium, Zincum met.
Sluggish speech / slow answers	Conium, Plumbum, Baryta carb
Restlessness (mental/feet)	Zincum, Medorrhinum, Hyoscyamus

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## Alzheimer's (Homeopathy) – Pocket Card

*(For clinical reference alongside full materia medica & repertorial matrix)*

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### Stage → Focus

**Early (Mild)** – mild forgetfulness, word finding difficulty, normal ADLs

**Remedies:** Anacardium, Cannabis ind., Nux moschata, Phos. acid, Phosphorus, Lycopodium

**Middle (Moderate)** – disorientation, suspiciousness, hallucinations

**Remedies:** Anacardium, Baryta carb, Hyoscyamus, Medorrhinum, Phosphorus, Stramonium

**Late (Severe)** – mutism, motor decline

**Remedies:** Baryta carb, Plumbum, Conium, Zincum met., Stramonium

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### Miasmatic Snapshot

- **Psoric** – Phosphorus, Lycopodium, Sulphur
- **Sycotic** – Anacardium, Medorrhinum, Nux moschata
- **Syphilitic** – Baryta carb, Plumbum, Stramonium, Zincum met.



# Save Neurons & Nephrons 2025



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## Keynotes (Compact)

- **Anacardium** – Suspicion, “two wills,” better eating
- **Baryta carb** – Childlike senility, shy, dependent
- **Cannabis ind.** – Time distortion, dreamy
- **Conium** – Slow thinking, monotone
- **Hyoscyamus** – Loquacity, suspicion, jealousy
- **Lycopodium** – Forgets names, anticipatory anxiety
- **Medorrhinum** – Alternating lucidity and dullness
- **Nux moschata** – Immediate forgetting, dryness
- **Phos. acid** – Apathy after grief, indifference
- **Phosphorus** – Emotional, fearful of dark
- **Plumbum** – Slow speech, tremors, paralysis
- **Sepia** – Indifferent to family, withdrawn
- **Stramonium** – Night terrors, violent hallucinations
- **Sulphur** – Forgets practical tasks, theorizing
- **Zincum met.** – Restless legs, jerking, fidgety

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## Potency & Follow-Up

- **30C** – frail patients
- **200C** – strong, clear picture, single dose
- **LM potencies** – gentle ongoing dosing
- **Behavioral flare** – Hyoscyamus 200C, Stramonium 200C, Anacardium 200C
- **Monitor** MMSE/MoCA every 3–6 months