



Diabetic Foot and the Role of Homeopathy

Diabetic foot is a common complication of diabetes, resulting from neuropathy, poor circulation, and infection. It poses significant risks, including ulcers, infections, and in severe cases, amputation.

Managing diabetic foot requires a comprehensive approach that combines medical care with holistic treatment options. Homeopathy offers remedies to aid wound healing, reduce inflammation, and support overall foot health in diabetes.

Key Aspects of Diabetic Foot

1. **Neuropathy:** Nerve damage leading to numbness and inability to feel pain or injuries.
2. **Peripheral Vascular Disease:** Poor blood circulation, impairing healing and increasing infection risk.
3. **Infections and Ulcers:** Open wounds prone to infections due to weakened immunity and delayed healing.
4. **Charcot Foot:** Deformation and swelling of the foot due to nerve damage.

Homeopathic Remedies for Diabetic Foot

Condition	Symptoms/Description	Homeopathic Remedies	Potency/Usage	Notes
Neuropathy	Numbness, burning, tingling, or loss of	<i>Hypericum perforatum</i>	30C, 2–3 times daily.	<i>Hypericum</i> for nerve pain;



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	sensation in the feet.	<i>Phosphorus</i>		<i>Phosphorus</i> for burning sensations.
Peripheral Vascular Disease	Cold feet, bluish discoloration, cramps, and poor circulation.	<i>Secale cornutum</i> , <i>Arsenicum album</i>	30C, 2–3 times daily.	<i>Secale</i> for cold extremities; <i>Arsenicum</i> for burning pain with restlessness.
Ulcers (Early Stage)	Redness, swelling, and non-healing wounds.	<i>Calendula officinalis</i> , <i>Silicea</i>	30C, 2–3 times daily; <i>Calendula</i> as external application.	<i>Calendula</i> prevents infection; <i>Silicea</i> promotes wound closure.
Ulcers (Chronic/Deep)	Foul-smelling discharge, slow	<i>Hepar sulphuris</i>	30C, 3 times daily.	<i>Hepar sulph</i> for pus; <i>Carbo</i>



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	healing, and blackened tissue.	<i>calcareum</i> , <i>Carbo veg</i>		veg for tissue sloughing and gangrene.
Infections	Redness, warmth, swelling, and systemic symptoms like fever.	<i>Hepar sulphuris</i> , <i>Myristica sebifera</i>	30C, 2–3 times daily.	<i>Myristica</i> acts as a "homeopathic antibiotic" for infections.
Gangrene	Blackened or decayed tissue, foul odor, and pain.	<i>Secale cornutum</i> , <i>Arsenicum album</i> , <i>Lachesis</i>	30C, 2–3 times daily.	<i>Lachesis</i> for purplish discoloration and septicemia prevention.
Delayed Wound Healing	Persistent ulcers resistant to healing.	<i>Graphites</i> , <i>Silicea</i> , <i>Arnica montana</i>	30C, 3 times daily.	<i>Graphites</i> for cracked skin;



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				<i>Silicea</i> for improving healing process.
Charcot Foot	Deformity, swelling, and heat in the foot.	<i>Rhus toxicodendron</i> , <i>Calcarea fluorica</i>	30C, 2–3 times daily.	<i>Rhus tox</i> for inflammation; <i>Calc fluor</i> for bone deformity prevention.