

Large Markets: submarkets and localities

| Market | Submarket | |
|-------------------|-------------------------------------|--|
| Hampton Roads | | Hampton City Newport News City Norfolk City Portsmouth City |
| | Urban Core | |
| | Suburbs | Chesapeake City James City County Poquoson City Suffolk City Virginia Beach City Williamsburg City York County |
| | Exurbs | Franklin City Gloucester County Isle of Wight County Mathews County Southampton County Surry County |
| Northern Virginia | High Density Urban Core | Alexandria City Arlington County Falls Church City |
| | Inner Suburbs | Fairfax City Fairfax County Loudoun County Manassas City Manassas Park City Prince William County |
| | Outer Suburbs (Fredericksburg Area) | Caroline County Fredericksburg City King George County Orange County Spotsylvania County Stafford County |
| | Outer Suburbs (Northern Piedmont) | Clarke County Culpeper County Fauquier County Madison County Rappahannock County Warren County |
| Richmond | Urban Core | Colonial Heights City Hopewell City Petersburg City Richmond City |
| | Suburbs | Chesterfield County Hanover County Henrico County |
| | Exurbs | Amelia County Charles City County Cumberland County Dinwiddie County Goochland County King and Queen County King William County Louisa County New Kent County Powhatan County Prince George County Sussex County |