



Grantham Running Club
The Summer Solstice 10k
Friday 20th June 2014 – 7:15pm

UKA Licence 2014-11954
Sports Pavilion, Main St, Long Bennington, NG23 5HE

Entry Fees: £10 affiliated and £12 unaffiliated.

Prize structure: 1st, 2nd, 3rd overall (m&f), vet (m&f) prizes and team (m&f) prizes.

Entry limit 500 Postal entries close 18th June 2014
Enter online at Runners World  or 

PLEASE COMPLETE USING BLOCK CAPITALS

SURNAME.....

ADDRESS.....

FORENAME(s).....

.....

D.O.B..... SEX: M..... F.....

POSTCODE.....

UKA AFFILIATED Reg. No.

CLUB.....

Age on the day of race..... (min age 16)

TEL NO.....

Cheques payable to: Grantham Running Club

Email.....

Declaration: I declare that I am medically fit to run and understand that I do so at my own risk and that the organisers will not be liable for any loss, damage action, claim cost or expenses, which may arise as a result of my taking part in this event or from the postponement or cancellation of this event for any reason whatsoever. I agree to be bound by the laws and rules of UKA. The above details will be stored for future mailings. Entries not refundable.

SIGNED: _____ DATE: _____

Please send your completed entry form, signed cheque and a 6"x 9" SAE to:
Race Director, PO Box 6628, Grantham NG31 8TR. 07411 909929