

Dry Mouth Products 2017

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Moisturizing Gels for Dry Mouth Available on-line or OTC

GC Dry Mouth Gels-available in many flavors for those that cannot tolerate minty flavors

(http://www.gcamerica.com/products/preventive/GC_Dry_Mouth_Gel/)

AO ProVantage Gel PerioSciences (periosciences.com/product/rinse_h_10)

Dry Mouth AO ProGel (optimized for dry mouth) PerioSciences

Gelclair Bioadherent Oral rinse gel gelclair.com

Stellalife Gel (stellalifehealing.com)

Medactive Oral Relief Gel (medactive.com)

Spry Dry mouth Gel (xlear.com/spry-dental-defense/)

Biotene Oral Balance (biotene.com)

OraCoat XyliGel (oracoat.com)

Sunstar GUM Canker-X (gumbrand.com/gum-canker-x-gel-1772ra.html)

CTx4 Gel (carifree.com/patient/shop/products.html)

Moisturizing Sprays for Dry Mouth

Spry Moisturizing mouth Spray by Xlear (xlear.com/spry-dental-defense/)

CTx2 Spray (carifree.com/patient/shop/products.html)

Biotene Dry Mouth Moisturizing spray (biotene.com)

All Day –Epic 100% xylitol-sweetened spray (elevateoralcare.com/dentist/Allday)

Moi-Stir (moi-stir.com)

Artificial Saliva (does not stimulate salivary gland production)

Entertainer's Secret® spray (entertainers-secret.com/product-overview/ingredients)

Glandosane® Spray(livebetterwith.com/products/glandosane-artificial-saliva-spray/)

Moi-Stir® (<http://www.kingswood-labs.com/products.html>) spray, swabs

MouthKote® spray (<http://www.parnellpharm.com/mouthkote.htm>)

Salivary Gland Stimulants: (OTC)

Salese (Nuvora.com) Lozenges

Xylimelts® (oracoat.com/products/xmdm) time release oral disc

SalivaSure (scandinavianformulas.com/consumer-products/salivasure/)

Salivix- Galen (livebetterwith.com/products/salivix-sugar-free-saliva-stimulant-pastilles/)

Prescription Salivary Gland Stimulants

NeutraSal-Supersaturated Calcium Phosphate Rinse (<http://www.neutrasal.com>)

SalivaMAX™ -Supersaturated Calcium Phosphate Rinse (forwardscience.com/salivamax)

Salagen: Solution, gel or tablet form (empr.com/salagen/drug/559/)

Cevimeline: Increases gland secretions (medlineplus.gov/druginfo/meds/a608025.html)

Anathole trithione: Simulates exocrine gland secretions (Sialor)

Lozenges and Discs for Dry Mouth mostly available online

Oramoist™ dry mouth treatment patch (dentek.com/ora-moist)

Salese™ dry mouth lozenges (nuvorainc.com)

Xylimelts™ moisturizer and salivary stimulant (oracoat.com/products/xmdm)

H-B12 Melts for mouth sores (oracoat.com/products/h-b12)

MedActive Lozenges for Dry Mouth (medactive.com)

Smart Mouth Mint epicdental.com or elevateoralcare.com/dentist/Xylitol-Gum

Act Lozenges actoralcare.com/products/act-dry-mouth/act-dry-mouth-lozenges/

XyliPOPS-Hager (dentalproductshopper.com/xylipops) and Amazon

MighTeaFlow Lozenges (camellix.com/products/mighteaflow-oral-care)

SalivaSure (scandinavianformulas.com/consumer-products/salivasure/)

Salivix- Galen (livebetterwith.com/products/salivix-sugar-free-saliva-stimulant-pastilles/)

Salix® Lozenge (eurohealth.ch/files/1129557979_Salix_fs_en_051007.pdf)

Decay (Cavity) Prevention RX

Prevident 5000® (Colgate) Prescription level fluoride toothpastes, 1.1% Sodium Fluoride—available in 4 options: Sensitive, Dry Mouth (only one without SLS's) Enamel Protect, Booster.

ClinPro5000® (3-M ESPE) Prescription level Fluoride, 1.1% Sodium Fluoride Dentifrice (with Tri-Calcium Phosphate)

MI Paste (mi-paste.com) Professionally-dispensed amorphous calcium phosphate paste, follow-up self application in custom trays

FluoriMax™ 5000 (Elevate Oral Care) contains 10% xylitol, 2.5 Sodium Fluoride

Decay (Cavity) Prevention OTC

1% Stannous Fluoride Rinse- (MedActive) Stannous Fluoride, Ultramulsion & Spilanthol

Decay (Cavity) Prevention on-line or in dental office:

Enamelon Gel® (enamelon.com) Stannous Fluoride, ACP, Ultramulsion & Spilanthol

Antibacterial MouthRinses/MouthWashes RX

Peroex®-Chlorhexidine Gluconate Oral Rinse (us-professional.gumbrand.com/gumr-chlorhexidine-gluconate-oral-rinse-4.html) Alcohol-free.

PerioGard®(colgateprofessional.com/products/colgate-periogard-rinse-rx-only/overview)

Peridex® (3-M ESPE)

Antibacterial MouthRinses/MouthWashes OTC

Crest Pro-Health Multi-Protection (crest.com/en-us/products/crest-pro-health-multi-protection-mouthwash)

Colgate Total® Advanced Pro-Shield (colgatetotal.com/mouthwash/advanced-pro-shield)

Closys (closys.com) With and without fluoride and flavoring.

Biotene Dry Mouth oral rinse (biotene.com)

Biotene Moisturizing Oral Rinse (biotene.com)

Act Dry mouth Mouthwash (actoralcare.com/products/act-dry-mouth/)

MighTeaFlow Moisturizing Oral Rinse (camellix.com/products/mighteaflow-oral-care)

On-Line or through dentist

PerioSciences Hydrating AO ProRinse (periosciences.com/product/rinse_h_10)
Stellalife Vega Oral Rinse (stellalifehealing.com)
CTx4 Treatment Rinse (carifree.com/patient/shop/products.html)
PlaqueHD Rinse for Severe Dry mouth (PlaqueHD.com)

Gums and Candies On-line or in selected retail stores

Spry-(xlear) 100% xylitol gums and candies (<http://www.xlear.com/spry-dental-defense/>)
MedActive Lozenges for Dry Mouth (<https://www.medactive.com>)
Xylichem 100% xylitol gum (<http://focusnutrition.com>)
Ice Chips 100% xylitol candies (<https://www.icechipsandy.com>)
PUR Gum 100% xylitol gum (<http://www.thepurcompany.com>)
Zellies 100% xylitol gums and candies (<http://zellies.com>)
Epic 100% xylitol gum (<http://www.epicdental.com/c-4-gum>)
Dr. Johns sweets 100% xylitol candy, chocolates, gum and candy's (<http://www.drjohns.com>)
MightTeaFlow Gum (<https://www.camellix.com/products/mighteaflow-oral-care>)
CTx2 xylitol gum (<http://carifree.com/patient/shop/products.html>)

Gums and Candies Through Dental Office

Hager Pharma xylitol dry mouth drops (hagerworldwide.com/HagerPharma/2013-11-26-23-49-52/view/productdetails/virtuemart_product_id/304/virtuemart_category_id/6)
xylipopops- Hager
Miradent xylitol gums and candies 100% xylitol (Hager Worldwide)
LoLoZ- licorice extract (<http://www.loloz.com> or <http://www.elevateoralcare.com>)
Used for caries control
Epic Gums, mints and sprays (<http://www.elevateoralcare.com>)

Wound Dressing

OraSoothe® liquid oral gel - hydrogel wound rinse (orasoothe-hygiene.com)
Sokit® - oral hydrogel wound dressing (socketgel.com)

Natural Mouth Rinses

Toms of Maine (tomsofmaine.com/home)
The Natural Dentist (bleedinggums.com)
Spry Alcohol Free Mouthwash (xlear.com/spry-dental-defense/)

Considerations for any patient with severe xerostomia:

Dental Visit:

Ask your dentist/hygienist to make sure you are using the proper toothbrush (soft or ultra soft),

Make sure you are using brush properly, and brush after every meal.

Determine if you should use floss, interdental brushes or water irrigator.

Use a fluoride toothpaste daily. (Some will have discomfort/ tissue reactions from SLS's, hexametaphosphates and Stannous Fluoride)

Many patients will be given Rx for higher concentration of Fluoride with or without mouth guard.

Get a routine hygiene check 3-4x/year for detection of early decay.

Fluoride varnish is indicated at each visit.

Eating:

Decrease surgery snacks and frequency. If you need to eat or drink them, be sure to rinse with water or chew sugarless gum (xylitol if possible) to neutralize the pH.

Watch your intake of carbohydrates (bread, pasta, cookies)

Avoid or decrease spicy, salty and acidic foods, (lemons limes)

Do not smoke

Avoid or decrease alcohol. Can burn the oral tissues.

Avoid or decrease caffeine-containing drinks and foods.

Chew food slowly and thoroughly

Taking small sips of water/milk to aid swallowing. Some patients prefer yogurt/applesauce instead of water.

Remember..

Flavorings can sometimes burn

Sometimes products work and sometimes they don't. Keep trying different ones.

Products and companies come and go. Check their web sites for further information.