

Analyzing the Language of Food on Social Media

Stephen Kobourov
University of Arizona



Why Study The Language of Food?

Our diets reflect lifestyles, habits, upbringing and cultural heritage:

- geographic



raiju ▶ Ria Misra

Thursday 12:09pm

Montanans are very serious about their pasties (pronounced pah-stee, in defiance of all logic). They're not unique to this state; they tend to crop up in places where mining was the primary economy. I believe they're Cornish originally.

- cultural



Litarvan ▶ NoOnesPost

Thursday 11:30am

That sounds like something that my German-from-Russia mother used to make called fleischkuekle, only it was deep fried. I guess that you can get them in a restaurants in North Dakota.

- political



Solongo

@ssolongoo

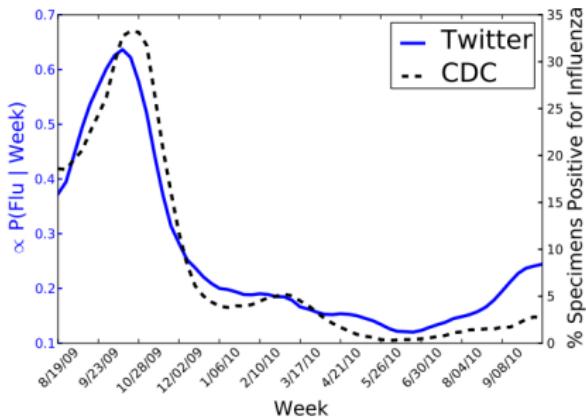
Follow

Going vegan means that you will save more than 100 animals' lives each year.

But our diets also shape who we will be, by impacting health, well-being

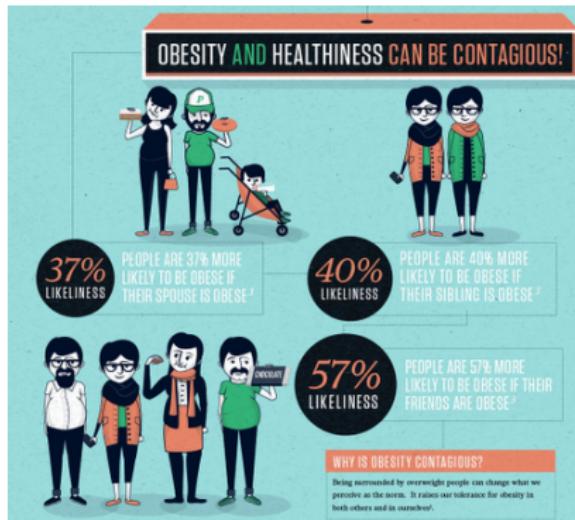
Why Twitter?

- Serious limitations: short, sparse, slang, self-reported, ...
- But used across ethnic, gender, age, socio-economic groups
- Tweets are freely available and easy to access
- Geographic linguistic analysis [Eisenstein et al. 2010]
- Flu, allergies prediction using Twitter [Paul and Dredze 2011]



Twitter and Food

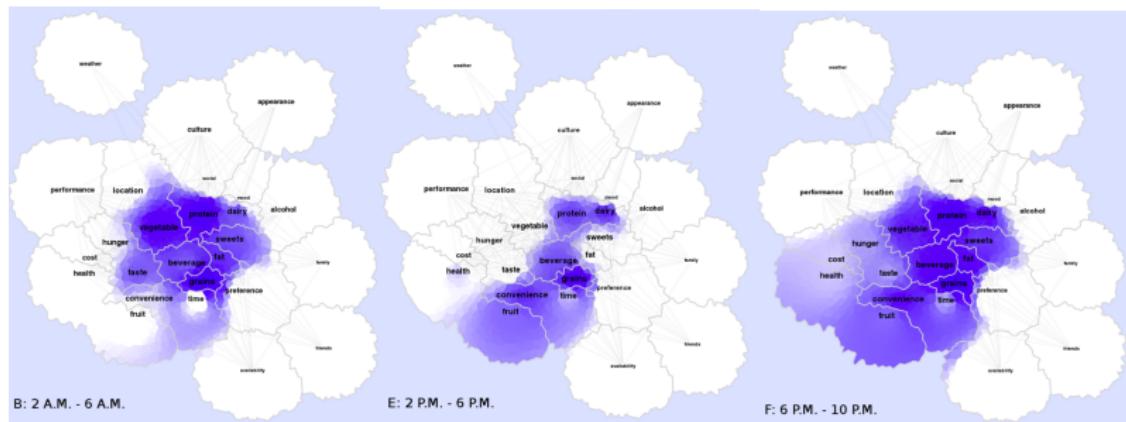
- Obesity is socially contagious [Christakis and Fowler 2007]
- 1 billion tweets used to measure and predict well-being [Schwartz et al. 2013]
- Social networking strategies can help people lose weight [Ashrafiyan et al. 2014]
- Twitter can be a greater source of positive influence for weight loss than family or friends [Pagoto et al. 2014]



Twitter and Food

Recent work explores food logging and visualization via Twitter
[Hingle et al. 2013]

- 50 participants
- 2862 hashtags (1756 foods and 1106 reasons for eating)
- reasons for eating: #social (122), #taste (146),
#convenience (173)
- track patterns over time



Motivation

- Analyze predictive features of language of food
- Identify textual features with most predictive power
- Find connections b/n the language of food and geography
- Visualize results in geographical and temporal dimensions
- Predict diabetes and obesity rates for communities



*Rudolof II, by Arcimboldo c. 1590

Motivation, cont.

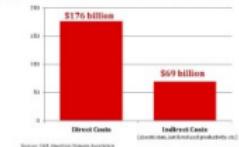
Why obesity and diabetes?

- 86 million Americans have pre-diabetes
- 70% of these pre-diabetics will develop Type 2 diabetes
- Yet 90% of these individuals are not aware of this risk
- Estimated costs of diabetes exceed \$245 billion annually
- 33% of untreated diabetics die of it
- 80% of Type 2 diabetes is preventable!



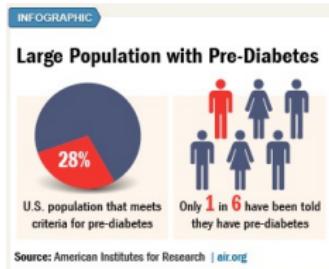
\$245 BILLION

TOTAL COST OF DIAGNOSED DIABETES IN THE UNITED STATES IN 2012.



What can we do?

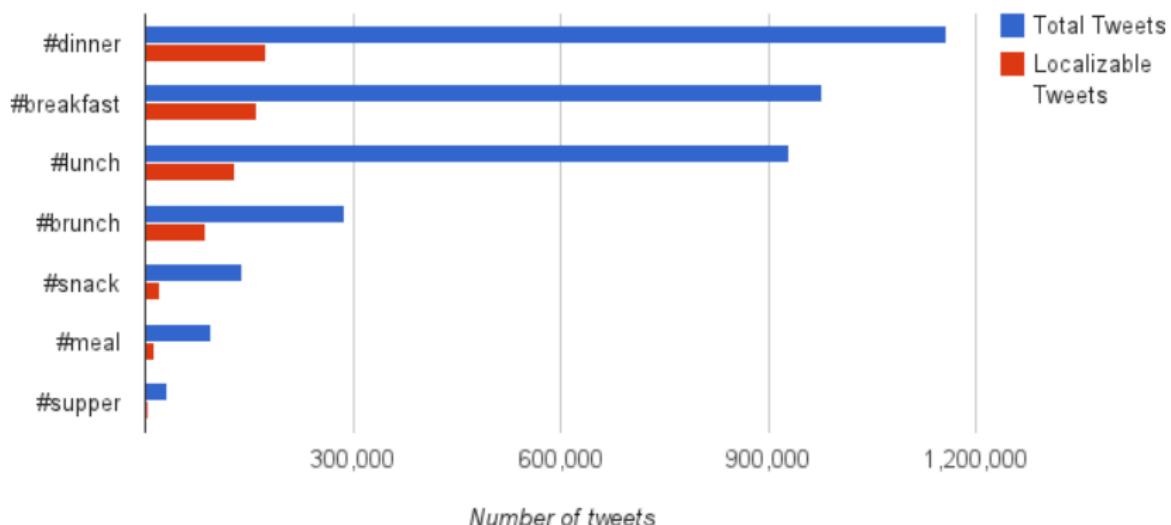
- Predict diabetes for individuals
- Identify people at risk for diabetes
- Attempt to intervene to prevent diabetes



Tweet Corpus

- Collect meal-related tweets: breakfast, lunch, dinner, ...
- 3.5 million tweets over October 2013 - May 2014
- Tweets limited by 140 characters
- Average tweet length: 8.7 words
- 30 million words, 1.5 million unique

Tweets by hashtag



State Location Normalization



Matteo Wyllyamz
@mouselink

[Follow](#)

Who says losing weight can't be #delicious?
#Dinner tonight: Garlic-roasted sweet
potatoes with shredded bacon.
pic.twitter.com/oCPBuCiFHA

1:52 PM - 13 Sep 2014

4 RETWEETS 18 FAVORITES



Matteo Wyllyamz

@mouselink

Beatnik super-human, disguised as
geek, loitering at the intersection of Art
and Science

Ithaca, New York

mouselink.me

Joined February 2009

- Location can be specified in the Twitter account
- Regular expression matching on state name
- Heuristics (e.g., “LA” + time zone → California or Louisiana)
- 560,000 tweets (16%) can be normalized to a US state

State Trends: not the most popular...



The most misinterpreted figure from our paper: from the Washington Post, the Guardian and Slate to Fox News and the Daily Mail

State Trends: the most popular is boring...



The most popular term is chicken in nearly every state...

TF-IDF Ranking

Term Frequency Inverse Document Frequency

- the tf-idf weight is used in inf. retrieval and text mining
- measures importance of a word for a document in a collection
- importance grows with freq. of the word in the document (tf)
- but is offset by the freq. of the word in the corpus (idf)



TF-IDF and the Language Maps

What is the 2nd most commonly spoken language in the US?



*Data from Census Bureau American Community Survey and maps from Slate.

TF-IDF and the Language Maps

What is the 3rd most commonly spoken language in the US?



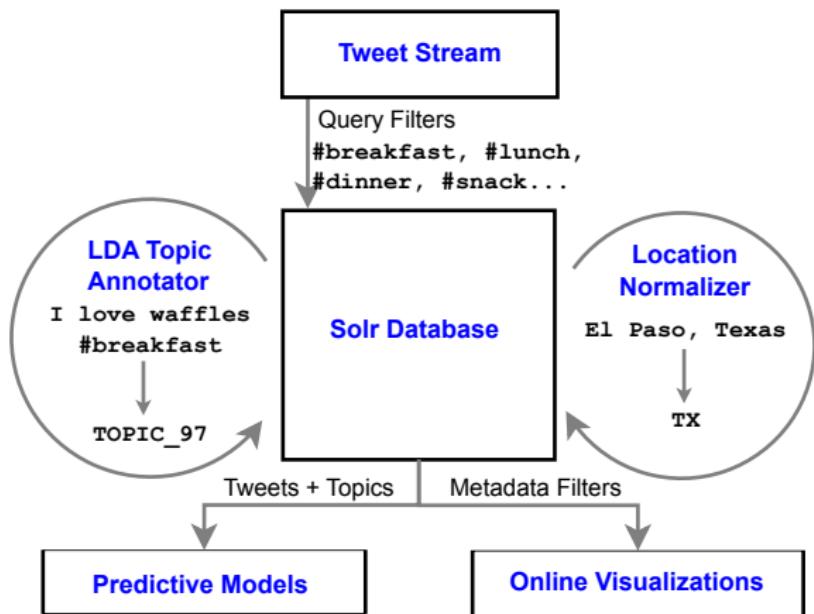
*Data from Census Bureau American Community Survey and maps from Slate.

Predictive Task Goals

- Predict diabetes and obesity rates for the US states
- Identify textual features with most predictive power
- Find connections b/n the language of food and geography
- Visualize results in geographical and temporal dimensions



Collecting, Analyzing, and Visualizing Tweets

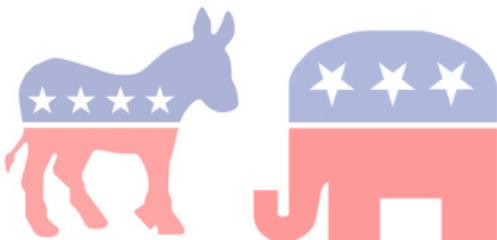


Collect tweets from Twitter API; store and query using Apache Solr

Prediction Tasks

Using the tweets for a state, predict:

- Diabetes rate: above or below US median?
- Overweight rate: above or below US median for high BMI?
- Political tendency: more Republican or Democratic votes?



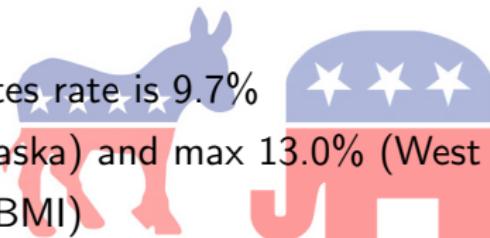
Prediction Tasks

Using the tweets for a state, predict:

- Diabetes rate: above or below US median?
- Overweight rate: above or below US median for high BMI?
- Political tendency: more Republican or Democratic votes?

Diabetes data

- median diabetes rate is 9.7%
- min 7.0% (Alaska) and max 13.0% (West Virginia)



Overweight data (BMI)

- median overweight rate is 64.2%
- min 51.9% (Washington, D.C) and max 69.6% (Louisiana)

Democratic Political Tendency (2008-2013)

- median Democratic rate is 51.6%
- min 27.0% (Wyoming) and max 92.4% (Washington D.C.)

Lexical Features

- All words (105,125 words that appear > 1 in localized tweets)
- Hashtags (64,037 words)
- Just food words (809 words related to food and meals)
- Sparsity issue: tweets have short length and unique vocabulary
- Latent Dirichlet Allocation (LDA) to identify topics
- Various combinations



Topical Features

- LDA treats each tweet as a mixture of latent topics
- Each topic is itself a probability distribution over words
- Words in tweet: samples from mixture of distributions
- Train LDA model from all available tweets in the corpus
- # topics selected to capture patterns in diet & specific diets
- Use the highest probability topic for each tweet as a feature



LDA Topics

- *Japanese*: ramen japanese food noodles noodle yummy japan byob takeout spicy open katsu pork japanesefood



LDA Topics

- *Japanese*: ramen japanese food noodles noodle yummy japan byob takeout spicy open katsu pork japanesefood
- *Mexican*: mexican tacos burrito salsa nachos chicken homemade delicious guacamole chips enchiladas



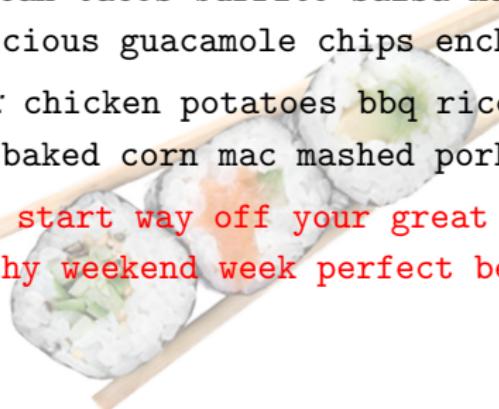
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- *American Diet*: chicken potatoes bbq rice cheese fried beans potato baked corn mac mashed pork steak



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- *Breakfast*: day start way off your great right morning my good healthy weekend week perfect best begun hunt



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- *Delicious*: foodporn chicken yummy yum food homemade steak rice made my delicious i yours broccoli truly

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- *Giveaway*: win competition enter our 2 giveaway follow chance meal free you us your winner two today http

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- *Giveaway*: win competition enter our 2 giveaway follow chance meal free you us your winner two today http
- *Restaurant Ad*: we us open today come our join you day until all serving sunday now pm tomorrow weekend till

- *Paleo:* paleo chicken peppers healthy eggs bacon mushrooms potatoes stuffed kale asparagus salmon



LDA Topics

- *Paleo*: paleo chicken peppers healthy eggs bacon mushrooms potatoes stuffed kale asparagus salmon
- *Vegetarian*: vegan vegetarian healthy game fun raw tofu glutenfree veggie organic whatveganseat salad yum



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- *After Work*: time so up just after work day my now home today out last all go night not some back



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- *Vacation*: beach hotel view vacation travel resort sea holiday sun time sunset beautiful ocean love island

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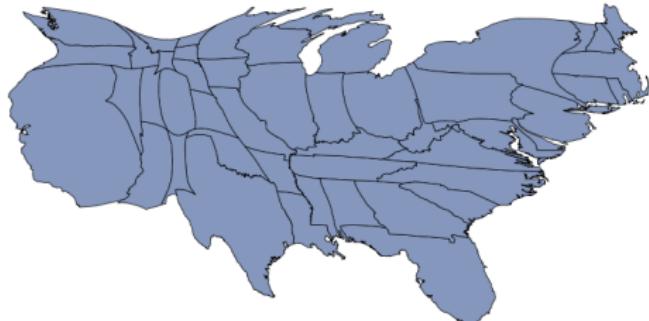
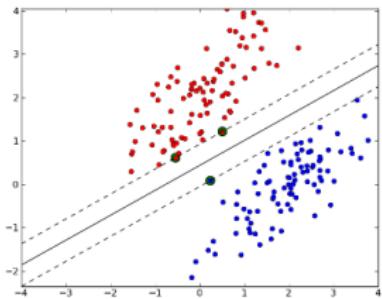
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- *First Person Casual*: my i lol up wings time some bout da good bomb like chicken
- *You-We*: you we your us today our see all come who great if time hope up thanks day good know

Classification Framework

- Support Vector Machine (SVM) with linear kernel
 - Large range in # of tweets per state: 339 (WY) - 83,670 (NY)
 - Normalization: scale all the features collected for each state
- Diabetes, obesity, and political prediction
 - Many features in prediction task (from all tweets in a state)
 - But small number of data points (51 US states + DC)
- Use leave-one-out cross-validation
 - Each state is held out in turn
 - Train SVM on features of tweets from the remaining 50 states
 - Use SVM to predict the dataset's label of the held-out state
 - Model accuracy: number of correct predictions divided by 51



Diabetes, Obesity, and Political Accuracies

- Percentage of **states** classified correctly

| | overweight | diabetes | political | average |
|--------------------|-------------|-------------|-------------|-------------|
| majority baseline | 51.0 | 51.0 | 51.0 | 51.0 |
| All Words | 76.5 | 64.7 | 66.7 | 69.3 |
| All Words + topics | 80.4 | 64.7 | 68.6 | 71.2 |
| Food | 70.6 | 60.8 | 68.6 | 66.7 |
| Food + topics | 68.6 | 60.8 | 72.6 | 67.3 |
| Hashtags | 72.6 | 68.6 | 60.8 | 67.3 |
| Hashtags + topics | 74.5 | 68.6 | 62.8 | 68.6 |

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- Best performance on overweight
- Political and diabetes are well above baselines

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- All words best on average, but Food alone nearly as good
- Best performance on overweight
- Political and diabetes are well above baselines
- Topic modeling is often beneficial

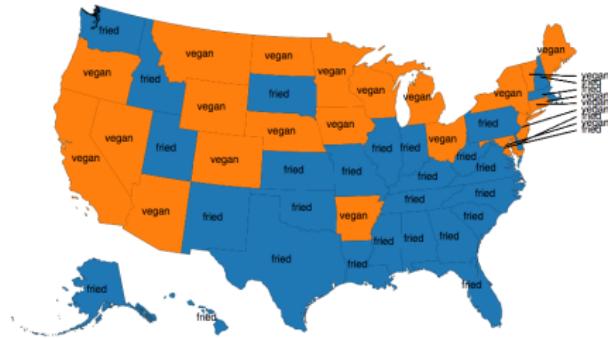
Feature Analysis: Overweight

Rank individual features by the weights assigned by the SVM

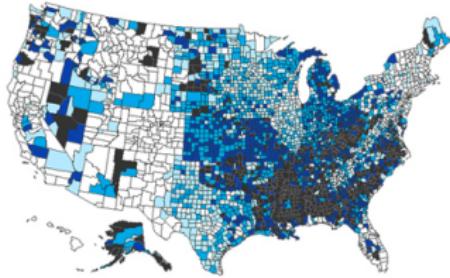
| Class | Highest-weighted features |
|---------------|--|
| overweight: + | i, day, my, great, one, <i>American Diet (chicken, baked, beans, fried)</i> , #snack, <i>First-Person Casual (my, i, lol)</i> , cafe, <i>Delicious (foodporn, yummy, yum)</i> , <i>After Work (time, home, after, work)</i> , house, <i>chicken, fried, Breakfast (day, start, off, right)</i> |
| overweight: - | <i>You-We (you, we, your, us)</i> , #rvadine, <i>#vegan</i> , make, photo, dinner, #meal, #pizza, <i>Giveaway (win, competition, enter)</i> , new, <i>Restaurant Ads (open, today, come, join)</i> , #date, happy, #dinner, 10 |



Fried (+ for overweight) vs Vegan (- for overweight)



Obesity by county



Relative usage of “fried” (7,254 tweets) and “vegan” (12,424 tweets) versus the 2010 CDC obesity map

Feature Analysis: Diabetes

Rank individual features by the weights assigned by the SVM

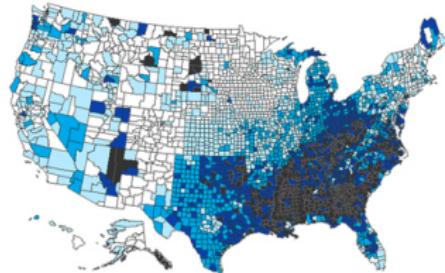
| Class | Highest-weighted features |
|-------------|---|
| diabetes: + | <i>American Diet</i> (chicken, baked, beans, fried), <i>Mexican</i> (<i>mexican, tacos, burrito</i>), #food, <i>After Work</i> (time, home, after, work), #pdx, my, lol, #fresh, <i>Delicious</i> (<i>foodporn, yummy, yum</i>), #fun, morning, special, good, cafe, #nola |
| diabetes: - | #dessert, <i>Japanese</i> (<i>ramen, japanese, noodles</i>), <i>Turkish</i> (<i>turkish, kebab, istanbul</i>), #foodporn, #paleo, #meal, <i>Paleo Diet</i> (<i>paleo, chicken, healthy</i>), i, <i>Give-away</i> (<i>win, competition, enter</i>), I, You (i, my, you, your), your, new, today, #restaurant, some |



Mexican (+ for diabetes) vs Japanese (- for diabetes)



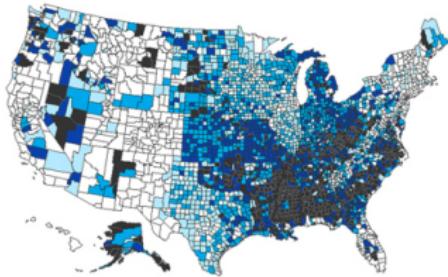
Diabetes by county



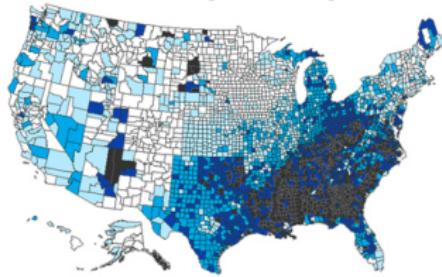
Relative usage of “Mexican” (4,438 tweets) and “Japanese” (2,464 tweets) versus the 2010 CDC diabetes map

Obesity vs Diabetes?

Obesity by county



Diabetes by county



Although similar, the patterns are NOT the same!

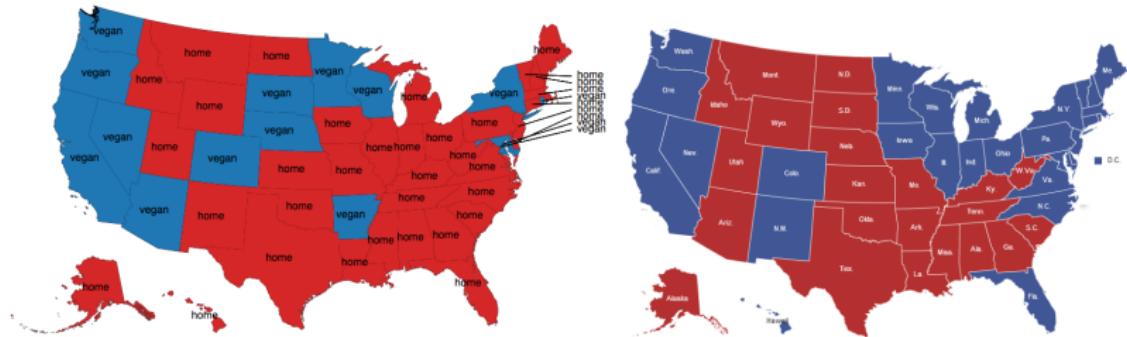
Feature Analysis: Political

Rank individual features by the weights assigned by the SVM

| Class | Highest-weighted features |
|------------|--|
| Democrat | #yum, #vegan, served, #brunch, <i>Deli</i> (cheese, sandwich, soup), photo, #rvadine, <i>Restaurant Ads</i> (open, today, come, join), #breakfast, #bacon, delicious, #food, #dinner, 21dayfix |
| Republican | my, #lunch, i, <i>Airport</i> (airport, lounge, waiting), easy, #meal, tonight, #healthy, #easy, us, sunday, <i>After Work</i> (time, home, after, work), #party, #twye, <i>First-Person Casual</i> (my, i, lol) |



Vegan (+ for political) vs Home (- for political)



Relative usage of “home” (8,842) and “vegan” (12,424) tweets
versus the 2012 Presidential election map

Classification Framework

- Location prediction
 - Predict the **location** for a given set of testing tweets
 - Support Vector Machine (SVM) with linear kernel
 - Split: training (80%) and testing (20%) data for each location
 - Train 1-vs-many multi-class SVM classifier for each location
 - Model accuracy: percentage of correct guesses
- Reduce cheating
 - remove state name, city name, acronyms from tweets
 - remove URLs, usernames (preceded by an @ symbol)



City, State, and Region Prediction

- Percentage of accurate location prediction

| model | city acc. | state acc. | region acc. |
|--------------------|--------------|--------------|-------------|
| Random Baseline | $1/15 = 6.7$ | $1/51 = 2.0$ | $1/4 = 25$ |
| All Words | 66.7 | 60.8 | 50 |
| All Words + topics | 80.0 | 66.7 | 75 |
| Food | 40.0 | 33.3 | 50 |
| Food + topics | 40.0 | 35.3 | 50 |
| Hashtags | 53.3 | 62.8 | 50 |
| Hashtags + topics | 66.7 | 56.9 | 75 |

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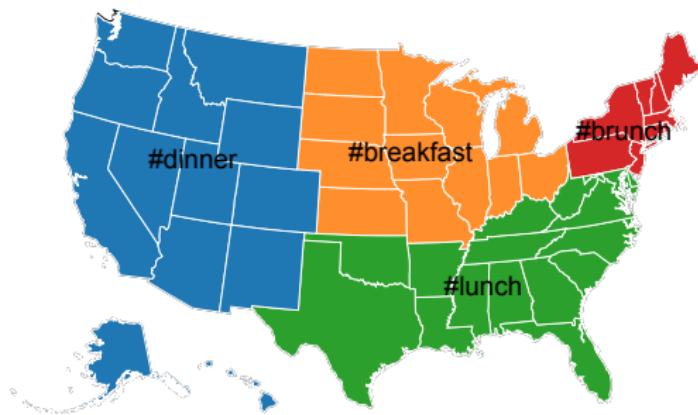
- Context is very important here: All words wins consistently
- Food alone still improves substantially on baseline

City Prediction Features

Top five highest-weighted features for each city

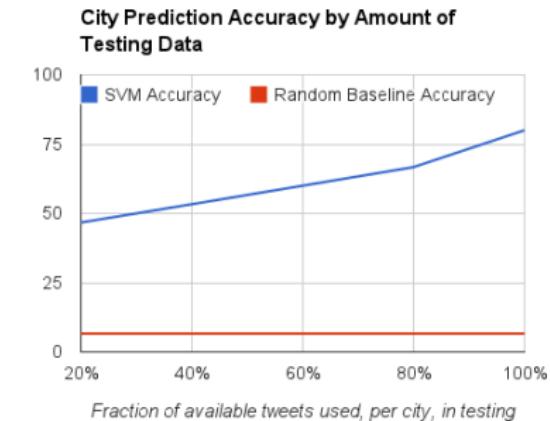
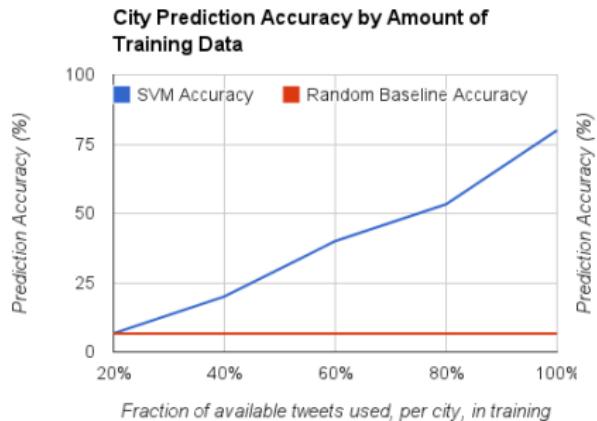
| City | Highest-weighted features |
|---------------|---|
| Austin | we, come, tacos , #tacos , <i>Mixed Drinks</i> |
| Chicago | <i>Giveaway</i> , jerk, #breakfast , #bbq , #foodie |
| Columbus | #breakfast , #asseenincolumbus , <i>Directions</i> , #cbus , #great |
| Dallas | #lunch , my, lunch , porch , come |
| Houston | <i>After Work</i> , #lunch , #snack , i, #breakfast |
| Indianapolis | you, our, delicious , <i>You & We</i> , side |
| Jacksonville | #dinner , #ebaymobile , #food , kitchen , #yum |
| Los Angeles | my, #foodie , <i>Directions</i> , #timmynolans , #tolucalake |
| New York City | #brunch , <i>Mixed Drinks</i> , our, <i>Eggs and Bacon</i> , #sarabeths |
| Philadelphia | cafe, day, #fishtown , shot, #byob |
| Phoenix | #lunch , #easy , <i>Wine</i> , st, we |
| San Antonio | my, i, 1, bottomless , our |
| San Diego | <i>Restaurant</i> , #bottomless , <i>Mixed Drinks</i> , Vacation , your |
| San Francisco | #vegetarian , #dinner , #foodie , brunch , Vacation |
| San Jose | #foodporn , #dinner , bill, #bacon , #goodeats |

Region Prediction Features

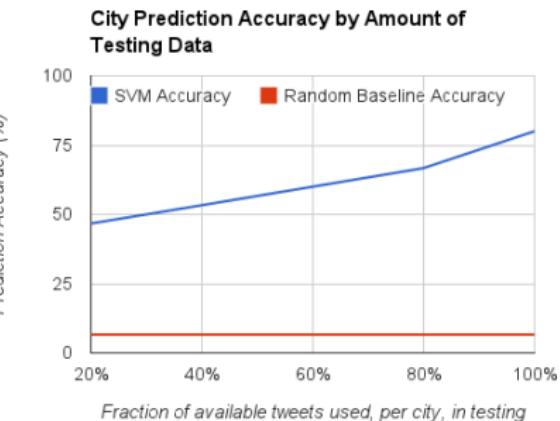
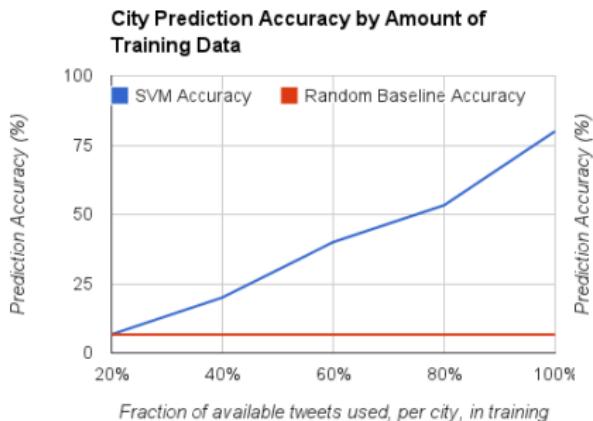


| Region | Highest-weighted features |
|-----------|---|
| Midwest | #breakfast, i, #recipes, After Work, Recipe, |
| Northeast | #brunch, brunch, our, Mixed Drinks, we, |
| South | #lunch, Mixed Drinks, After Work, American Diet, chicken, |
| West | #dinner, #food, #foodporn, photo, dinner, |

Learning Curves



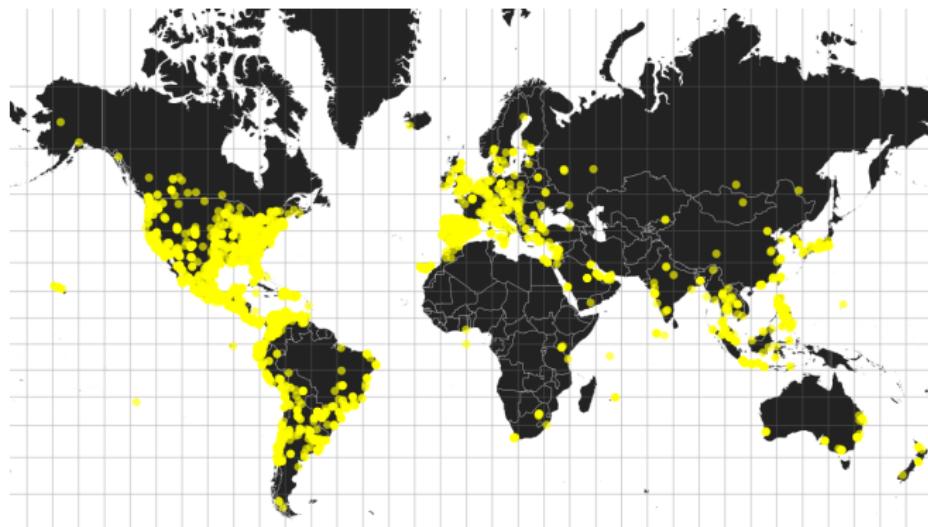
Learning Curves



- Accuracy increases with size of training and testing data
- Can do well with small testing set as long as training is large
- Same effect for state and region prediction

Tweet Location Visualization

- 10% of tweets (360,000) have a GPS location

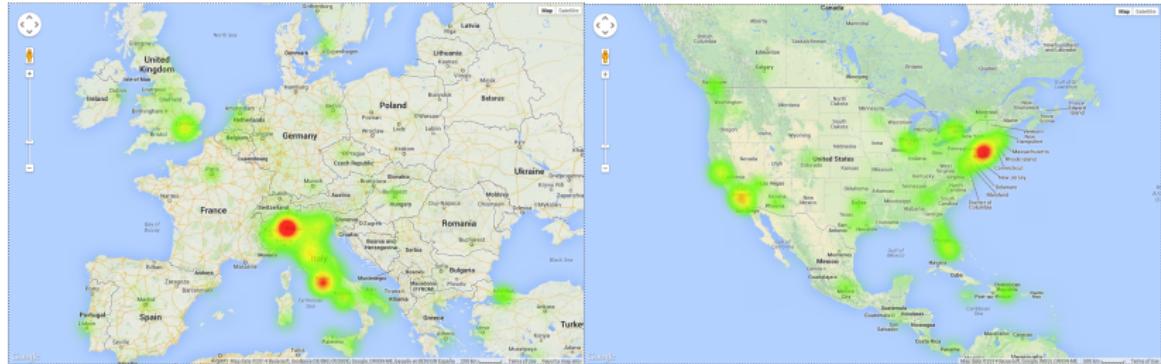


11,827 tweets from *Spanish/Latin American food* topics: tacos, burritos, salsa, pollo, arroz, paella, ...

[Link to live version](#)

Tweet Heatmaps

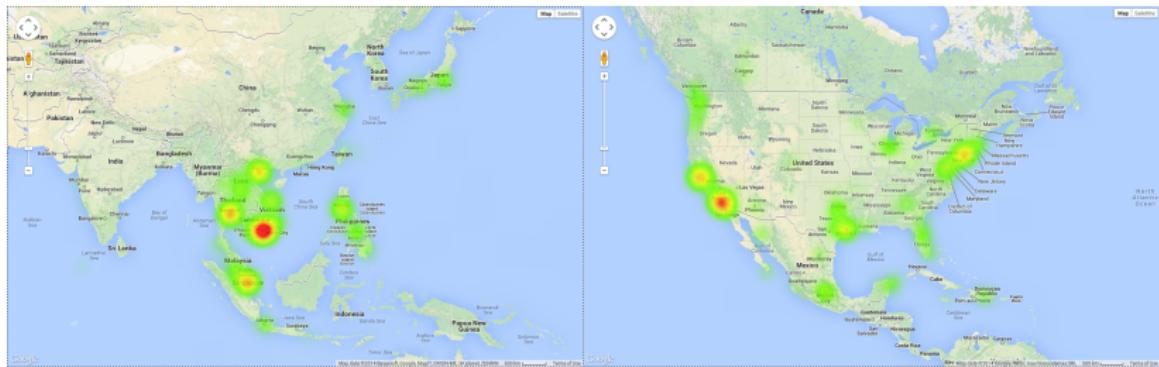
- Global trends possibly reflect migration patterns



Heatmaps of 7,372 tweets from three *Italian food* (pasta, pizza, italian, carbonara, lasagna, ...) topics.

Tweet Heatmaps

- Global trends possibly reflect migration patterns

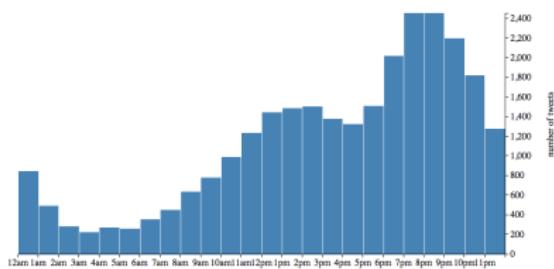


Heatmaps of 1,032 tweets from a *Vietnamese food* (pho, vietnamese, ...) topic.

[Link to live version](#)

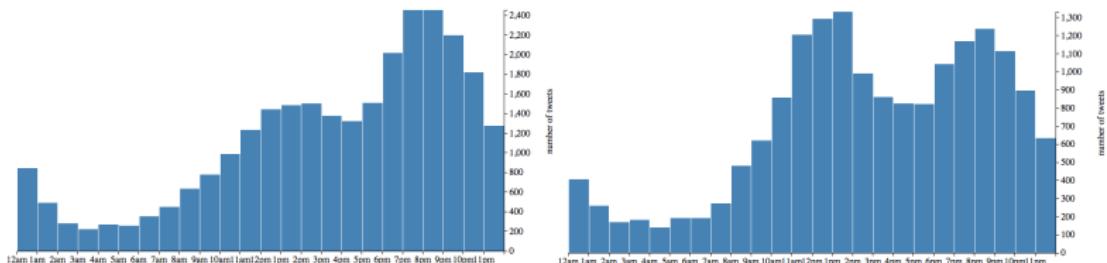
Temporal Histograms

- 71% of tweets (2.5 million) have a time zone
- Allow temporal analysis at varying granularities: hours
- Hourly tweets containing “wine” and “beer”



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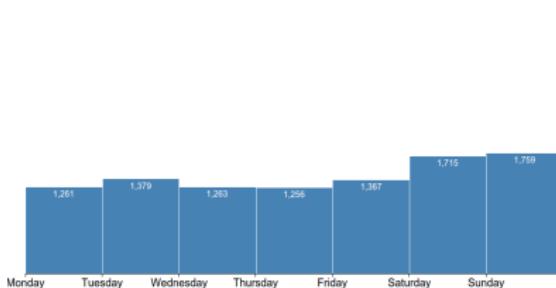


[Link to live version](#)

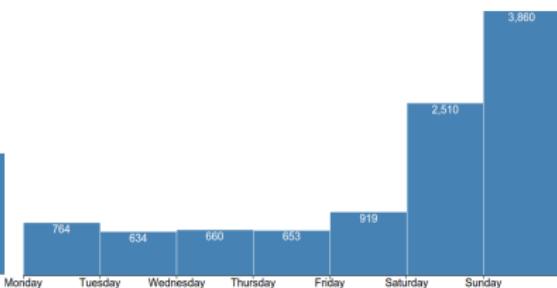
Temporal Histograms

- Allow temporal analysis at varying granularities: days
- Daily tweets containing “breakfast” and “brunch”

Enter a search term: breakfast Number to sample: 10000
697031 tweets found with localized time
 Hour Day Month



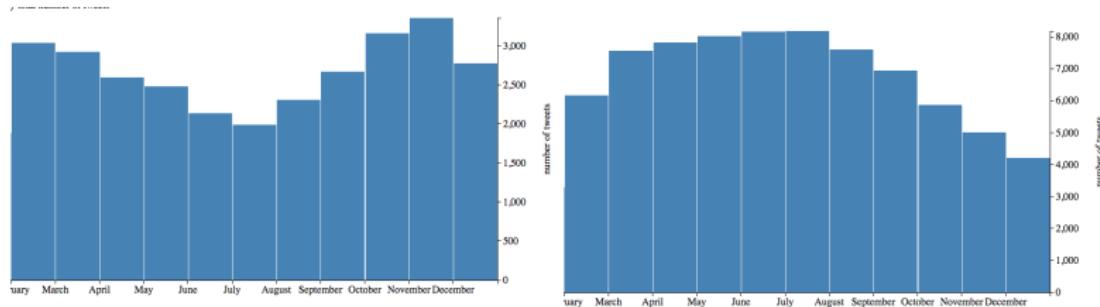
Enter a search term: brunch Number to sample: 10000
211726 tweets found with localized time
 Hour Day Month



[Link to live version](#)

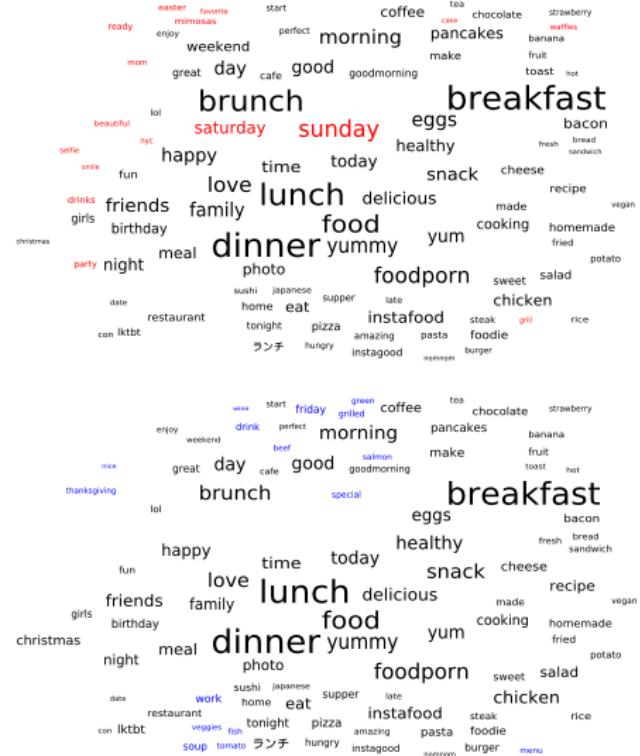
Temporal Histograms

- Allow temporal analysis at varying granularities: months
- Monthly tweets containing “soup” and “salad”



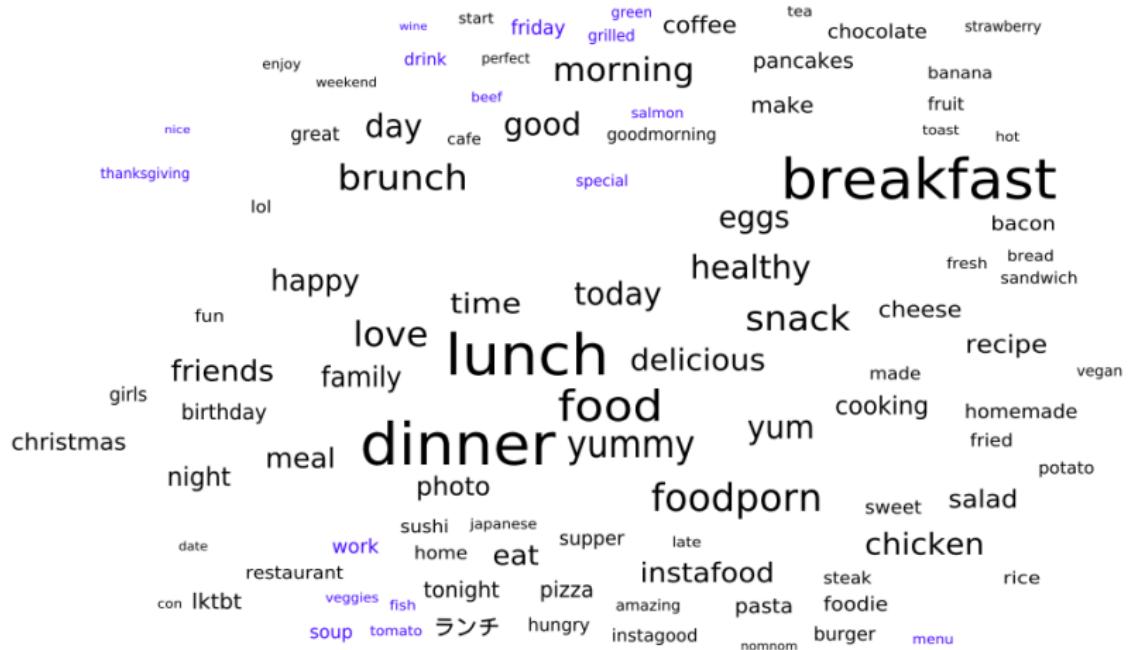
[Link to live version](#)

Parallel Semantic Word Clouds



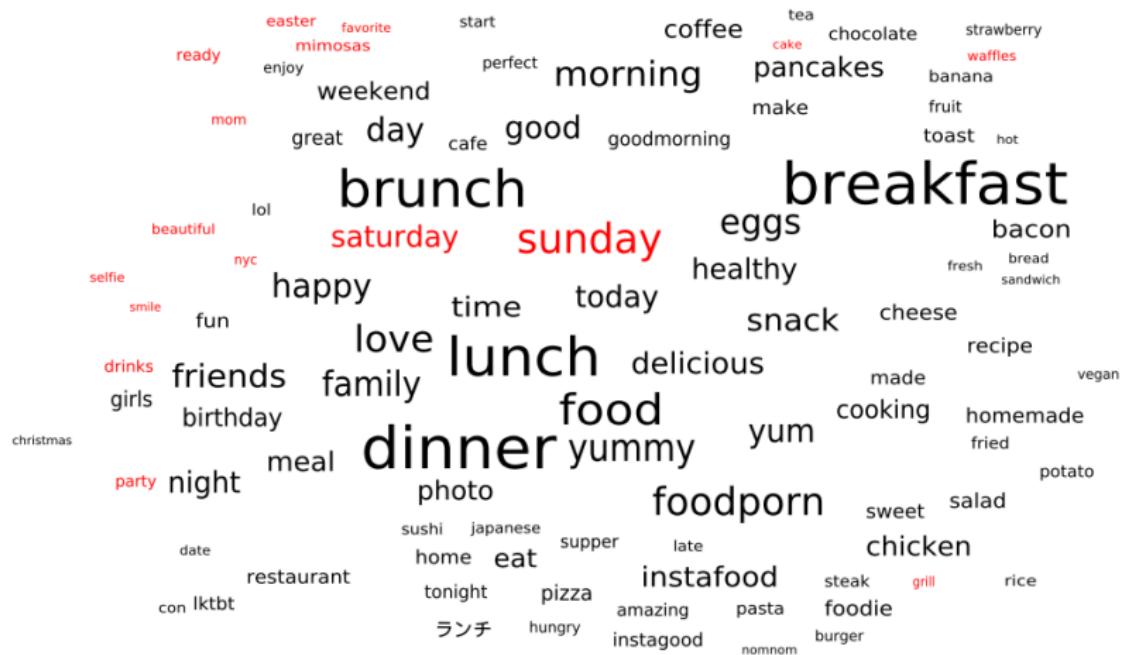
[Link to live version](#)

Parallel Semantic Word Clouds



Weekday Wordcloud

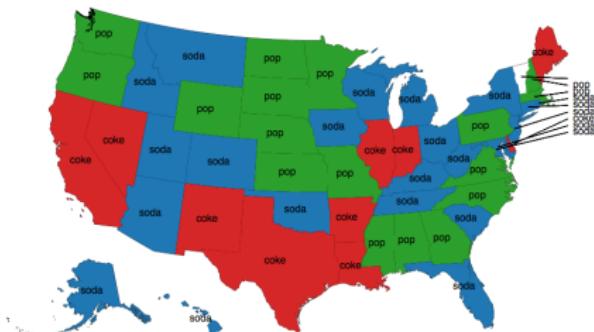
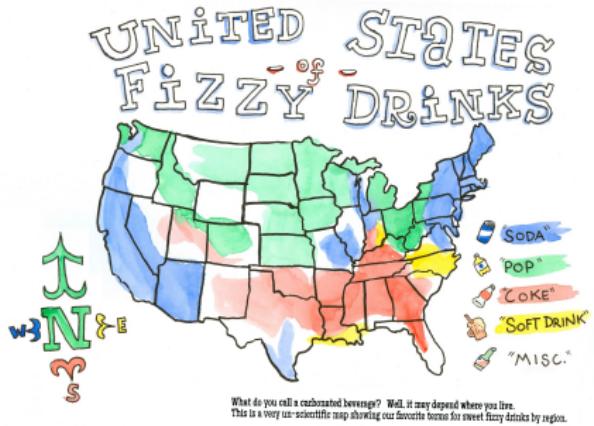
Parallel Semantic Word Clouds



Weekend Wordcloud

State-Level Term Comparison

- Visualize the most popular term from a given set of words
 - Soda, pop, or coke?



[Link to live version](#)

Conclusions

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 - Language of food has predictive power
 - Much of the predictive power comes from food words alone
 - Paper at BigData'14 (also ArXiv)
 - Vis: <https://sites.google.com/site/twitter4food>



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- Future work
 - Can we predict **individual** diabetes risk from Twitter
 - Will adding more social media inputs (images, video) help?
 - How can we get pre-diabetics to see a doctor?
 - Might visualization draw attention to risk factors?
 - 20 Questions: guess where you live based on what you eat?

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- Colleagues

- Daniel Fried, Oxford
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- Mihai Surdeanu, Arizona



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- Dagstuhl
- Bertinoro
- Barbados



- Funding

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- USDA
- ONR

