

# TES BAHASA INGGRIS

Strategi, Tips dan Latihan Soal

# KEMAMPUAN BAHASA INGGRIS TINGKAT LANJUT

1. Vocabulary: Kosakata bahasa Inggris yang luas dan kompleks, seperti idioms, phrasal verbs, dan slang.
2. Grammar: Aturan tata bahasa bahasa Inggris yang kompleks, seperti penggunaan tense, conditional, gerunds dan infinitives, modal verbs, subjunctive, dan reported speech.
3. Reading: Kemampuan membaca teks yang panjang dan kompleks, seperti jurnal ilmiah, artikel, dan laporan bisnis.
4. Writing: Kemampuan menulis teks yang panjang dan kompleks, seperti esai, laporan, atau proposal.
5. Listening: Kemampuan mendengarkan dan memahami teks audio bahasa Inggris yang kompleks, seperti presentasi akademik, berita, atau diskusi kelompok.
6. Speaking: Kemampuan berbicara bahasa Inggris secara spontan, mengikuti alur pikiran, dan menyampaikan ide dengan jelas dan terorganisir.
7. Pronunciation: Kemampuan untuk mengucapkan kata dan frasa dengan benar dan jelas.

# Reading Comprehension

Reading comprehension dalam tes bahasa Inggris mengacu pada kemampuan untuk memahami dan menginterpretasikan teks tertulis dalam bahasa Inggris. Tes ini mengukur kemampuan Anda dalam memahami makna, ide pokok, detail, dan konteks dari sebuah teks yang diberikan. Tes reading comprehension umumnya terdiri dari beberapa teks dengan panjang dan genre yang berbeda, seperti artikel informasi, kutipan sastra, atau dokumen teknis.

Selama tes reading comprehension, Anda akan diberikan serangkaian pertanyaan yang meminta Anda untuk menunjukkan pemahaman terhadap teks tersebut. Pertanyaan-pertanyaan ini dapat mencakup berbagai keterampilan, termasuk mengidentifikasi ide pokok, menentukan detail pendukung, membuat inferensi, memahami kosakata dalam konteks, menganalisis tujuan atau nada penulis, dan menarik kesimpulan.

Tujuan dari tes reading comprehension adalah untuk mengevaluasi kemampuan Anda dalam memahami informasi tertulis dengan akurat dan efektif. Tes ini menilai keterampilan membaca Anda, termasuk kemampuan Anda dalam menafsirkan makna dari teks, menyimpulkan informasi yang tidak dinyatakan secara eksplisit, dan membuat hubungan antara ide-ide yang ada. Kemampuan membaca dengan pemahaman yang baik sangat penting untuk keberhasilan akademik, pengembangan profesional, dan komunikasi yang efektif dalam bahasa Inggris.

# Pentingnya Reading Comprehension

Tes reading comprehension bahasa Inggris sangat penting karena memiliki hubungan yang erat dengan kemampuan komunikasi tertulis dan pemahaman informasi dalam lingkungan kerja. Berikut adalah beberapa alasan mengapa tes reading comprehension bahasa Inggris penting dalam konteks pekerjaan kantor:

1. Memahami Dokumen dan Instruksi
2. Komunikasi Tertulis yang Efektif
3. Menyelesaikan Tugas dengan Efisiensi
4. Pengambilan Keputusan yang Baik
5. Peningkatan Karir

Dalam lingkungan kerja yang semakin global, kemampuan membaca dengan pemahaman yang baik dalam bahasa Inggris menjadi keterampilan yang sangat dihargai.

# Jenis pertanyaan di Reading Comprehension

1. Pertanyaan Tentang Topik atau Tema
2. Pertanyaan Tentang Judul (Title)
3. Pertanyaan Tentang Gagasan Utama (Main Idea)
4. Pertanyaan Tentang Tujuan (Purpose, Aim)
5. Pertanyaan Tentang Informasi Detail
6. Pertanyaan Tentang Kesimpulan (Conclusion)
7. Pertanyaan Tentang Rujukan kata (Reference)
8. Pertanyaan Kosa Kata

# I. Pengenalan Strategi Membaca untuk Memahami Teks

1. **Pratinjau Teks:** Lihat judul, subjudul, dan gambar untuk mendapatkan gambaran umum.
2. **Identifikasi Tujuan Membaca:** Apakah tujuan kita untuk mendapatkan fakta-fakta, memahami argumen, atau menangkap pesan utama?
3. **Aktifkan Pengetahuan Awal:** Cari hubungan antara teks dan pengetahuan yang telah kita miliki.
4. **Gunakan Konteks:** Perhatikan kalimat sebelum dan sesudahnya, serta cari tahu arti kata secara keseluruhan.
5. **Identifikasi Ide Utama:** Cari informasi utama atau gagasan pokok dalam setiap paragraf atau bagian teks.

In recent years, shopping habits have undergone significant changes. With the rise of e-commerce and online shopping, more and more people are opting to make purchases from the comfort of their own homes. This has led to a decline in the popularity of traditional brick-and-mortar stores.

One of the main reasons behind this shift is convenience. Online shopping offers the convenience of browsing through a wide range of products and making purchases with just a few clicks. It eliminates the need to travel to physical stores and wait in long queues. Additionally, online stores often provide detailed product descriptions, reviews, and comparison options, making it easier for consumers to make informed decisions.

However, despite the convenience of online shopping, some people still prefer the experience of shopping in physical stores. They enjoy the opportunity to see and touch products before making a purchase. Furthermore, shopping in stores allows for immediate gratification as the products can be taken home immediately.

In conclusion, while online shopping has become increasingly popular due to its convenience, there are still individuals who prefer the traditional shopping experience offered by physical stores.

**What is the primary cause for the shift in shopping habits mentioned in the passage?**

- a) The decline in the popularity of brick-and-mortar stores
- b) The convenience of online shopping
- c) The opportunity to see and touch products
- d) The availability of detailed product descriptions

In recent years, shopping habits have undergone significant changes. With the rise of e-commerce and online shopping, more and more people are opting to make purchases from the comfort of their own homes. This has led to a decline in the popularity of traditional brick-and-mortar stores.

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- b) The convenience of online shopping
- c) The opportunity to see and touch products
- d) The availability of detailed product descriptions

**Jawaban:**

**b) The convenience of online shopping**



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**Which of the following best describes the passage?**

- a) A comparison of online and physical stores
- b) A discussion on the decline of traditional stores
- c) An analysis of consumer shopping preferences
- d) An examination of the advantages of online shopping

**Jawaban:**

**c) An analysis of consumer shopping preferences**

In recent years, shopping habits have undergone significant changes. With the rise of e-commerce and online shopping, more and more people are opting to make purchases from the comfort of their own homes. This has led to a decline in the popularity of traditional brick-and-mortar stores.

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**Which title would be most appropriate for the passage?**

- a) The Evolution of Shopping Habits
- b) The Superiority of Online Shopping
- c) The Benefits of Physical Stores
- d) The End of Brick-and-Mortar Retail

**Jawaban:**

**a) The Evolution of Shopping Habits**

## II. Pemahaman Ide Utama dari Teks yang Dibaca

Pemahaman ide utama adalah kemampuan untuk mengidentifikasi gagasan pokok atau pesan yang ingin disampaikan oleh penulis dalam teks.

1. **Identifikasi Informasi Pendukung:** Carilah informasi spesifik yang mendukung gagasan utama.
2. **Cari Pernyataan Sentral:** Fokus pada kalimat atau paragraf yang paling penting dalam teks. Pernyataan sentral sering kali muncul di awal atau akhir paragraf.
3. **Perhatikan Pola Organisasi Teks:** Mengetahui struktur teks dapat membantu kita mengidentifikasi ide utama.
4. **Gunakan Tanda Sinyal:** Penulis sering menggunakan tanda sinyal seperti kata kunci, kata penghubung, atau pengulangan untuk menyoroti ide utama.
5. **Evaluasi Konsistensi:** Periksa apakah gagasan pokok yang Anda identifikasi konsisten dengan informasi yang diberikan dalam teks. Pastikan bahwa gagasan pokok tersebut mencakup informasi penting dan tidak melenceng dari konteks keseluruhan.

## The Benefits of Regular Exercise

Regular exercise offers numerous benefits for both physical and mental well-being. Engaging in physical activity on a regular basis helps to maintain a healthy weight, strengthen muscles and bones, and reduce the risk of chronic diseases such as heart disease, diabetes, and certain types of cancer. Exercise also improves cardiovascular health, increases energy levels, and enhances overall physical fitness.

In addition to the physical advantages, exercise has a positive impact on mental health. It helps to reduce stress, anxiety, and symptoms of depression. When you exercise, your brain releases endorphins, which are known as "feel-good" hormones that promote a sense of well-being and happiness. Regular exercise also improves sleep quality and boosts cognitive function, including memory and concentration.

To reap the benefits of exercise, it is recommended to engage in at least 150 minutes of moderate-intensity aerobic activity or 75 minutes of vigorous-intensity aerobic activity per week. This can include activities such as brisk walking, cycling, swimming, or playing sports. It is also important to incorporate strength training exercises to improve muscle strength and endurance.

**What is the main idea of the passage?**

- a) The physical benefits of exercise
- b) The mental benefits of exercise
- c) The recommended duration of exercise
- d) The importance of strength training

**Jawaban:**

**a) The physical benefits of exercise**

## The Benefits of Regular Exercise

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**Which statement is true according to the passage?**

- a) Exercise has no impact on mental health.
- b) Regular exercise can help prevent chronic diseases.
- c) Engaging in aerobic activity for 120 minutes per week is sufficient for maintaining physical fitness.
- d) Strength training is not necessary for overall health and well-being.

**Jawaban:**

**b) Regular exercise can help prevent chronic diseases.**

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**According to the passage, what are some chronic diseases that can be reduced by regular exercise?**

- a) Obesity and hypertension
- b) Asthma and allergies
- c) Arthritis and osteoporosis
- d) Heart disease and diabetes

**Jawaban:**  
**d) Heart disease and diabetes**

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**Why is strength training important, according to the passage?**

- a) It helps in weight loss
- b) It improves cardiovascular health
- c) It enhances cognitive function
- d) It improves muscle strength and endurance

**Jawaban:**

**d) It improves muscle strength and endurance**

### III. Pengenalan Penggunaan Vocabulary in Context

**Vocabulary in context** merujuk pada kemampuan menggunakan kata-kata atau kosakata dalam konteks kalimat atau teks.

**Konteks Kalimat:** Ketika menemui kata yang tidak dikenal, perhatikan kalimat di sekitarnya. Konteks kalimat dapat memberikan petunjuk tentang makna kata tersebut. Perhatikan kata-kata yang mengelilingi kata yang tidak dikenal, serta hubungan makna yang mungkin terbentuk.

Contoh:

*"The scientist conducted an experiment to test the efficacy of the new drug."*

Dalam kalimat ini, kata "**efficacy**" mungkin tidak dikenal. Namun, konteks kalimat yang mengacu pada tes yang dilakukan pada obat baru dapat memberikan petunjuk bahwa "efficacy" berarti efektivitas.



# Contoh Vocabulary in Context

- **Run:**
  - I run in the park every morning. (berlari)
  - The river runs through the city. (mengalir)
  - She runs a successful business. (mengelola)
- **Bat:**
  - He hit the ball with a baseball bat. (tongkat)
  - The bat flew silently in the night sky. (kelelawar)
- **Case:**
  - The detective solved the murder case. (kasus)
  - She carried her laptop in a protective case. (tas pelindung)
- **Bark:**
  - The dog barked loudly at the stranger. (menyalak)
  - The rough bark of the tree felt rough against my hand. (kulit pohon)
- **Pen:**
  - Please sign your name with a pen. (pulpen)
  - The farmer built a pen to keep the sheep in. (kandang)
- **Seal:**
  - She used a wax seal to close the envelope. (segel)
  - The seal swam gracefully in the water. (anjing laut)
- **Rock:**
  - We climbed to the top of the rock and enjoyed the view. (batu)
  - He rocked the baby gently to sleep. (menggoyangkan)
- **Scale:**
  - The scale showed that I had lost five pounds. (timbangan)
  - The fish had shiny scales. (sisik)

# Tingkatkan Kemampuan Reading

- **Sinonim dan Antonim:** Pelajari sinonim atau antonim untuk memahami dan menggunakan kata-kata dalam konteks yang tepat. Cari kata-kata yang memiliki makna serupa atau berlawanan dengan kata yang sedang Anda pelajari.
- **Banyak Membaca:** Membaca lebih banyak teks dalam bahasa Inggris dapat membantu memperluas kosa kata Anda. Perhatikan bagaimana kata-kata digunakan dalam konteks yang berbeda dan cari tahu makna baru.
- **Latihan Mencari Makna Kata:** Pilih beberapa kata yang tidak dikenal dari teks yang Anda baca dan coba cari maknanya. Gunakan kamus atau sumber online untuk mendapatkan definisi dan contoh penggunaan kata tersebut.
- **Buat Kalimat Sendiri:** Setelah Anda memahami makna kata dalam konteks, latihlah dengan membuat kalimat sendiri menggunakan kata tersebut. Ini akan membantu Anda mengkonsolidasikan pemahaman dan memperkuat penggunaan vocabulary in context.

Engaging in outdoor recreational activities offers numerous advantages for individuals of all ages. Spending time in nature not only provides a break from the daily routine but also promotes physical fitness and mental well-being.

One of the benefits of outdoor recreation is the opportunity for exercise. Activities such as hiking, cycling, and swimming require physical exertion, which helps improve cardiovascular health, build strength, and enhance overall fitness levels. Additionally, outdoor activities often involve exposure to sunlight, which aids in the production of vitamin D, crucial for maintaining healthy bones and supporting the immune system.

In addition to the physical benefits, outdoor recreation has a positive impact on mental health. Being in nature reduces stress, boosts mood, and enhances cognitive function. Studies have shown that spending time outdoors can help alleviate symptoms of anxiety and depression. The tranquility and beauty of natural surroundings provide a sense of calmness and relaxation, allowing individuals to recharge and improve their overall well-being.

Furthermore, outdoor recreation promotes social interaction and connection with others. Participating in group activities such as team sports or nature outings provides opportunities for bonding, building relationships, and developing teamwork skills. It fosters a sense of community and belonging, leading to improved social well-being.

In conclusion, engaging in outdoor recreational activities not only benefits physical fitness but also promotes mental health and social well-being. It offers an escape from the daily grind and allows individuals to connect with nature, resulting in a balanced and fulfilling lifestyle.

**The primary purpose of this passage is to:**

- a) Promote outdoor recreational activities.
- b) Discuss the physical benefits of exercise.
- c) Explain the impact of outdoor recreation on mental health.
- d) Explore the social benefits of outdoor activities.

**Jawaban:**

**c) Explain the impact of outdoor recreation on mental health.**

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**The word "exertion" in paragraph 2 is closest in meaning to:**

- a) Relaxation
- b) Effort
- c) Restraint
- d) Indifference

**Jawaban:**  
**b) Effort**

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**The word "tranquility" in paragraph 3 can be best defined as:**

- a) Chaos
- b) Noisy
- c) Peacefulness
- d) Activity

**Jawaban:**  
**c) Peacefulness**

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**What can be inferred about individuals who engage in outdoor recreation?**

- a) They have fewer social connections.
- b) They are less likely to exercise.
- c) They experience lower levels of stress.
- d) They lack cognitive function.

**Jawaban:**

**c) They experience lower levels of stress.**

# TIPS DAN TRIK

- **Baca dengan Fokus:** Fokuslah saat membaca teks. Jangan tergesa-gesa dan usahakan untuk memahami isi teks secara keseluruhan. Jangan terlalu banyak terjebak pada detail-detail kecil yang mungkin membuang waktu.
- **Praktekan Skimming dan Scanning:** Skimming adalah membaca cepat untuk mendapatkan gambaran umum teks, sedangkan scanning adalah mencari informasi spesifik. Latihlah keterampilan ini untuk membantu Anda menemukan informasi penting dengan cepat.
- **Perhatikan Kata-kata Kunci:** Perhatikan kata-kata kunci yang memberikan petunjuk tentang isi teks, seperti kata benda, kata kerja, atau kata sifat yang menyoroti informasi penting.
- **Pahami Struktur Teks:** Pahami struktur umum teks seperti judul, paragraf pembuka, paragraf inti, dan paragraf penutup. Ini dapat membantu Anda mengidentifikasi ide utama dan mengikuti alur pemikiran penulis.
- **Antisipasi Jawaban:** Sebelum melihat pilihan jawaban, cobalah untuk memprediksi jawaban yang tepat berdasarkan pemahaman Anda tentang teks. Ini membantu Anda memfokuskan pencarian pada informasi yang relevan.
- **Waspadaai Pilihan Jawaban Ekstrim:** Hindari memilih pilihan jawaban yang terlalu ekstrim, baik secara positif maupun negatif. Cari jawaban yang paling mendekati informasi yang ada dalam teks.
- **Baca Semua Pilihan Jawaban:** Bacalah semua pilihan jawaban sebelum membuat keputusan. Terkadang, pilihan jawaban yang terlihat tidak relevan pada awalnya dapat menjadi jawaban yang tepat setelah memeriksa semua opsi.
- **Perhatikan Kata Penghubung dan Kata Kunci:** Kata penghubung seperti "namun", "karena", "oleh karena itu" dapat memberikan petunjuk tentang hubungan antar gagasan dalam teks. Selain itu, perhatikan kata kunci yang dapat mengubah makna suatu pernyataan.
- **Kelola Waktu dengan Baik:** Setel waktu yang cukup untuk membaca dan menjawab setiap pertanyaan. Jika Anda mengalami kesulitan pada suatu pertanyaan, lanjutkan ke pertanyaan berikutnya dan kembali lagi nanti jika ada waktu tersisa.
- **Latihan yang Konsisten:** Latihan secara teratur dengan menjawab berbagai jenis pertanyaan reading comprehension. Ini akan membantu meningkatkan kecepatan membaca, pemahaman, dan kemampuan menganalisis teks.

Storytelling is an ancient tradition that has captivated audiences for centuries. It is an art form that enables individuals to share narratives, evoke emotions, and convey meaningful messages.

One of the key elements of effective storytelling is characterization. Characters are the heart and soul of any story, and their development can make or break the narrative. A well-developed character is relatable, dynamic, and drives the plot forward. Through their actions, dialogue, and inner thoughts, characters come to life and engage the audience.

Another crucial aspect of storytelling is setting. The setting establishes the time, place, and atmosphere of the story. It serves as a backdrop against which the events unfold, contributing to the overall mood and tone. A vividly described setting can transport readers to different worlds, immersing them in the story's reality.

Plot is the backbone of a story. It encompasses the sequence of events, conflicts, and resolutions that drive the narrative forward. A well-structured plot keeps readers engaged and eager to uncover what happens next. It involves rising action, climax, and resolution, creating a sense of tension and satisfaction.

Language and style also play a vital role in storytelling. The choice of words, sentence structure, and literary techniques shape the narrative's tone, pacing, and atmosphere. The skillful use of figurative language, such as similes and metaphors, can evoke vivid imagery and heighten the emotional impact of the story.

In conclusion, storytelling is an art that requires the skillful integration of characterization, setting, plot, and language. When these elements are effectively employed, stories have the power to entertain, inspire, and leave a lasting impact on their audience.

**What is one of the key elements of effective storytelling mentioned in the passage?**

- a) Conflict resolution
- b) Narrative structure
- c) Historical accuracy
- d) Visual aesthetics

**Jawaban:**  
**b) Narrative structure**



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Plot is the backbone of a story. It encompasses the sequence of events, conflicts, and resolutions that drive the narrative forward. A well-structured plot keeps readers engaged and eager to uncover what happens next. It involves rising action, climax, and resolution, creating a sense of tension and satisfaction.

Language and style also play a vital role in storytelling. The choice of words, sentence structure, and literary techniques shape the narrative's tone, pacing, and atmosphere. The skillful use of figurative language, such as similes and metaphors, can evoke vivid imagery and heighten the emotional impact of the story.

In conclusion, storytelling is an art that requires the skillful integration of characterization, setting, plot, and language. When these elements are effectively employed, stories have the power to entertain, inspire, and leave a lasting impact on their audience.

**What is the purpose of rising action in a story?**

- a) To introduce the main characters
- b) To create tension and build suspense
- c) To provide a resolution to the conflict
- d) To establish the setting

**Jawaban:**

**b) To create tension and build suspense**

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**According to the passage, what is the backbone of a story?**

- a) Characterization
- b) Language and style
- c) Plot
- d) Dialogue

**Jawaban:**  
**c) Plot**

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### **What role do language and style play in storytelling?**

- a) They establish the time and place of the story.
- b) They develop the characters and their motivations.
- c) They create the overall mood and tone of the narrative.
- d) They serve as a backdrop for the events of the story.

**Jawaban:**

**c) They create the overall mood and tone of the narrative.**