



ZINDUKA AFRIKA

Arise.... change the World

NEWSLETTER
JANUARY - JUNE

Introduction

We are excited to bring you the latest updates from Zinduka Afrika as we continue our journey towards creating positive change and empowering communities. In this edition, we will shed light on two impactful programs that are transforming lives: Zinduka Education Program and Menstrual Hygiene Management (MHM) Praise Project.

Zinduka Education Program



At Zinduka, we firmly believe that education is a fundamental right that should be accessible to all children, regardless of their socio-economic backgrounds. Our educational program aims to break down barriers and create a level playing field for students who face financial challenges in accessing quality education. The program supports 35 children. Through the generous support of our partners, mentors and the staff, we have been able to provide educational opportunities to children from primary school all the way through secondary school and university. We are thrilled to announce that Zinduka Afrika has paid the school fees for both Term One and Term Two for all students. We take immense pride in announcing our continued commitment to empowering children from ICC Kitengela, ICC Woodlands, ICC Imara, ICC Buruburu, and ICC Kiserian.

MENTORSHIP

We offer a comprehensive mentorship program that plays a crucial role in the holistic development of our children. We believe that mentorship is a powerful tool for empowering young individuals and nurturing their personal and professional growth.



IMPACT STORIES

Today, we invite you to meet Elisha Macharia, a second year student at Moi University, whose life has been forever changed by the transformative power of education, mentorship, and your unwavering support

Elisha's inclusion in our program provided him with more than just financial assistance. He was embraced by a community that believed in his abilities and was

determined to support his educational aspirations.

Through the Zinduka Educational Program, Elisha was not only granted access to essential resources but was also matched with a dedicated mentor who guided him with wisdom, kindness, and unwavering support.

Elisha's commitment and determination shone through in every step of his academic journey. With the weight of financial constraints lifted, he immersed himself in his studies, consistently achieving remarkable results that inspired both his peers and mentors alike. Elisha's thirst for knowledge grew, fueled by the opportunities he received and the genuine encouragement he found within our program.



Elisha

Macharia

Praise Project



Menstrual hygiene remains a significant challenge for many girls and women, particularly in underprivileged communities. About 65% of the girls in Kenya cannot afford to buy sanitary pads on a monthly basis. School girls from poor families' miss 20% of school days in a year due to lack of sanitary towels. The lack of knowledge, and cultural taboos some girls carry will resort to having sex to pay for sanitary pads and this put them at risk of teens pregnancy, sexually transmitted illness, and school dropout.

The burden of creating a brighter future for these young ladies produced the idea of the Menstrual Hygiene Management project. The program was launched on 9th February 2023 by her Excellency the First Lady Rachel Ruto. It aims at providing comprehensive support about Menstrual Hygiene to young girls in vulnerable communities. Through the program, young girls receive menstrual hygiene education, and sanitary pads. The project is also built to create safe spaces for open conversations about menstruation. By empowering girls with knowledge and access to hygienic resources, we help break free from social taboos and equip them with the tools to manage their periods with confidence and dignity.

At Zinduka, we recognized the opportunity to address this issue not only as a matter of physical health but also as a platform for spiritual nurturing and discipleship, that is why despite providing skills on menstrual hygiene, we also help those young girls understanding the word of God and finding their purpose in their relationship with Christ. One of the tools used for that matter is the "SHE" devotional. It is a very insightful book designed and wrote by Hope Markers that provide knowledge on the love of God, His plan for sex, developing a healthy self-esteem and many more topics that are very helpful for the young people not to depart from the ways of the Lord.

The trainings are designed to ensure quality delivery of the project activities in different schools all over the country that is why Zinduka Africa has put a structure whereby the regional super champions trained by the organization recruit more volunteers in their local churches and communities and train them in order to have a bigger impact in different schools. The workers (champions) trained teach adolescent girls about Menstrual Hygiene Management, growing with dignity, life skills and embracing manhood is taught to adolescent boys.

We have been able to distribute sanitary towels and undergarments to 3007 girls in different schools countrywide so far. The objective is to support 10.000 adolescent's girls and young women throughout the year. The MHM Project desires to transform the lives of young boys and girls and alleviate the taboos concerning menstruation. Periods are neither a shameful state nor a sickness; it is a normal condition in every woman's life.

IMPACT STORY



Namanga Primary School, recently experienced a significant positive impact through a joint initiative between Zinduka and its partners. With the distribution of sanitary pads to the school, girls now have access to the essential menstrual hygiene products they need, ensuring their comfort and dignity during their periods.

This initiative not only addresses a critical health and sanitation issue but also enables girls to stay in school without disruption, empowering them to pursue their education uninterrupted. Additionally, the discipleship classes conducted at the school are thriving, providing students with valuable life skills, character development, and guidance.

Through these classes, students are receiving the support and mentorship they need to navigate life's challenges and build a strong foundation for their future. The impact of these combined efforts is evident in the increased attendance, engagement, and overall well-being of the students at Namanga Primary School.

PARTNERSHIPS

Throughout this journey, we have been fortunate to collaborate with exceptional organizations that share our passion for creating positive change. We extend our gratitude to ICC Nairobi, ICC Imara, ICC Kitengela, ICC Woodlands, and ICC Buruburu for their continuous financial support and strategic guidance. Your commitment to empowering communities has made a lasting impact on the lives of many.

We extend our heartfelt gratitude to Kenya Assemblies of God for their exceptional vision and unwavering commitment in steering the MHM (Menstrual Hygiene Management) project towards a brighter future. Additionally, we are immensely thankful to Worldserve for their strategic partnership, remarkable manufacturing support, and invaluable learning opportunities they provided throughout this journey. Together, we are making a significant impact and empowering lives.

Hope Markers has been an invaluable partner, standing shoulder to shoulder with us, sharing the belief that education is the key to a brighter future.

We also thank Aspire Globally, their dedication to sustainable development and social progress has been a driving force behind some of our most impactful projects. We have also witnessed the transformative power of sports, thanks to the remarkable collaboration with Sports Aid Africa. Together, we have not only encouraged physical well-being but also instilled important values and life skills in the youth we serve.

Lastly, we are immensely grateful to Spur Africa, whose partnership has been instrumental in enhancing our outreach efforts and fostering a sense of hope in some of the most vulnerable communities.

Each of our partners holds a special place in our hearts, and we acknowledge the unique contributions that have shaped the journey of Zinduka Afrika.

CONTACT US

If you are interested in exploring partnership opportunities with Zinduka Afrika, please reach out to us through the provided contact information. Together, we can make a meaningful impact and pave the way for a more prosperous Africa. Let's join hands and embrace the journey of unlocking brighter futures, together!

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