

Πρὸς Ἐφεσίους

Παῦλος, ἀπόστολος Ἰησοῦ χριστοῦ διὰ θελήματος θεοῦ, **1**

τοῖς ἁγίοις τοῖς οὖσιν ἐν Ἐφέσῳ¹ καὶ πιστοῖς ἐν

χριστῷ Ἰησοῦ: χάρις ὑμῖν καὶ εἰρήνη ἀπὸ θεοῦ πατρὸς **2**

ἡμῶν καὶ κυρίου Ἰησοῦ χριστοῦ.

Εὐλογητὸς² ὁ θεὸς καὶ πατὴρ τοῦ κυρίου ἡμῶν Ἰησοῦ **3**

χριστοῦ, ὁ εὐλογήσας ἡμᾶς ἐν πάσῃ εὐλογίᾳ³

πνευματικῇ⁴ ἐν τοῖς ἐπουρανίοις⁵ ἐν χριστῷ: καθὼς **4**

ἐξελέξατο⁶ ἡμᾶς ἐν αὐτῷ πρὸ καταβολῆς⁷ κόσμου,

εἶναι ἡμᾶς ἁγίους καὶ ἀμώμους⁸ κατενώπιον⁹ αὐτοῦ ἐν

ἀγάπῃ, προορίσας¹⁰ ἡμᾶς εἰς υἰοθεσίαν¹¹ διὰ Ἰησοῦ **5**

χριστοῦ εἰς αὐτόν, κατὰ τὴν εὐδοκίαν¹² τοῦ θελήματος

αὐτοῦ, εἰς ἔπαινον¹³ δόξης τῆς χάριτος αὐτοῦ, ἐν ᾧ **6**

¹ Ἐφεσος, ου, ἡ, Ephesus. ² εὐλογητός, well spoken of, blessed. ³ εὐλογία, ας, ἡ, blessing, adulation. ⁴ πνευματικός, spiritual. ⁵ ἐπουράνιος, heavenly, celestial. ⁶ ἐκλέγομαι, choose, elect. ⁷ καταβολή, ἡς, ἡ, foundation, depositing. ⁸ ἄμωμος, without blemish, blameless. ⁹ κατενώπιον, before, in the presence of (gen). ¹⁰ προορίζω, predetermine, foreordain. ¹¹ υἰοθεσία, ας, ἡ, adoption. ¹² εὐδοκία, ας, ἡ, good pleasure, good-will. ¹³ ἔπαινος, ου, ὁ, praise, commendation.

ἐχαρίτωσεν¹ ἡμᾶς ἐν τῷ ἡγαπημένῳ· ἐν ᾧ ἔχομεν τὴν 7
 ἀπολύτρωσιν² διὰ τοῦ αἵματος αὐτοῦ, τὴν ἄφεσιν³
 τῶν παραπτωμάτων,⁴ κατὰ τὸν πλοῦτον⁵ τῆς χάριτος
 αὐτοῦ, ἧς ἐπερίσσευσεν εἰς ἡμᾶς ἐν πάσῃ σοφίᾳ καὶ 8
 φρονήσῃ,⁶ γνωρίσας⁷ ἡμῖν τὸ μυστήριον⁸ τοῦ 9
 θελήματος αὐτοῦ, κατὰ τὴν εὐδοκίαν⁹ αὐτοῦ, ἣν
 προέθετο¹⁰ ἐν αὐτῷ εἰς οἰκονομίαν¹¹ τοῦ πληρώματος¹² 10
 τῶν καιρῶν, ἀνακεφαλαιώσασθαι¹³ τὰ πάντα ἐν τῷ
 χριστῷ, τὰ ἐπὶ τοῖς οὐρανοῖς καὶ τὰ ἐπὶ τῆς γῆς· ἐν 11
 αὐτῷ, ἐν ᾧ καὶ ἐκληρώθημεν¹⁴ προορισθέντες¹⁵ κατὰ
 πρόθεσιν¹⁶ τοῦ τὰ πάντα ἐνεργοῦντος¹⁷ κατὰ τὴν
 βουλὴν¹⁸ τοῦ θελήματος αὐτοῦ, εἰς τὸ εἶναι ἡμᾶς εἰς 12
 ἔπαινον¹⁹ δόξης αὐτοῦ, τοὺς προηλπικότας²⁰ ἐν τῷ
 χριστῷ· ἐν ᾧ καὶ ὑμεῖς, ἀκούσαντες τὸν λόγον τῆς 13

¹ χαρίτω, bestow favor on, favor highly. ² ἀπολύτρωσις, εως, ἡ, redemption, deliverance. ³ ἄφεσις, εως, ἡ, release, forgiveness. ⁴ παράπτωμα, τος, τό, trespass, falling away. ⁵ πλοῦτος, ου, ὁ, wealth, riches. ⁶ φρόνησις, εως, ἡ, way of thinking, insight. ⁷ γνωρίζω, make known, declare. ⁸ μυστήριον, ου, τό, secret, mystery. ⁹ εὐδοκία, ας, ἡ, good pleasure, good-will. ¹⁰ προτίθεμαι, purpose, design beforehand. ¹¹ οἰκονομία, ας, ἡ, stewardship, administration. ¹² πληρώμα, τος, τό, fullness, fulfillment. ¹³ ἀνακεφαλαιόω, sum up, recapitulate. ¹⁴ κληρώω, appoint by lot, obtain an inheritance. ¹⁵ προορίζω, predetermine, foreordain. ¹⁶ πρόθεσις, εως, ἡ, setting forth, purpose. ¹⁷ ἐνεργέω, work, effect. ¹⁸ βουλή, ἡς, ἡ, counsel, purpose. ¹⁹ ἔπαινος, ου, ὁ, praise, commendation. ²⁰ προελπίζω, hope before, be the first to hope.

ἀληθείας, τὸ εὐαγγέλιον τῆς σωτηρίας ὑμῶν, ἐν ᾧ καὶ
 πιστεύσαντες ἐσφραγίσθητε¹ τῷ πνεύματι τῆς
 ἐπαγγελίας τῷ ἁγίῳ, ὃς ἐστὶν ἄρραβὼν² τῆς 14
 κληρονομίας³ ἡμῶν, εἰς ἀπολύτρωσιν⁴ τῆς
 περιποιήσεως,⁵ εἰς ἔπαινον⁶ τῆς δόξης αὐτοῦ.

Διὰ τοῦτο καὶ γὰρ, ἀκούσας τὴν καθ' ὑμᾶς πίστιν ἐν τῷ 15
 κυρίῳ Ἰησοῦ καὶ τὴν ἀγάπην τὴν εἰς πάντας τοὺς
 ἁγίους, οὐ παύομαι⁷ εὐχαριστῶν ὑπὲρ ὑμῶν, μνηίαν⁸ 16
 ὑμῶν ποιούμενος ἐπὶ τῶν προσευχῶν μου: ἵνα ὁ θεὸς 17
 τοῦ κυρίου ἡμῶν Ἰησοῦ χριστοῦ, ὁ πατὴρ τῆς δόξης,
 δώῃ ὑμῖν πνεῦμα σοφίας καὶ ἀποκαλύψεως,⁹ ἐν
 ἐπίγνωσιν¹⁰ αὐτοῦ: πεφωτισμένους¹¹ τοὺς ὀφθαλμοὺς 18
 τῆς καρδίας ὑμῶν, εἰς τὸ εἰδέναι ὑμᾶς τίς ἐστὶν ἡ
 ἐλπίς τῆς κλήσεως¹² αὐτοῦ, καὶ τίς ὁ πλοῦτος¹³ τῆς
 δόξης τῆς κληρονομίας³ αὐτοῦ ἐν τοῖς ἁγίοις, καὶ τί τὸ 19

¹ σφραγιζῶ, seal, set a seal upon. ² ἄρραβὼν, ὄνος, ὁ, earnest, pledge. ³ κληρονομία, ας, ἡ, inheritance. ⁴ ἀπολύτρωσις, εως, ἡ, redemption, deliverance. ⁵ περιποιήσις, εως, ἡ, preservation, acquisition. ⁶ ἔπαινος, ου, ὁ, praise, commendation. ⁷ παύω, cause to cease. ⁸ μνεία, ας, ἡ, remembrance, mention. ⁹ ἀποκάλυψις, εως, ἡ, revelation, unveiling. ¹⁰ ἐπίγνωσις, εως, ἡ, knowledge, discernment. ¹¹ φωτίζω, give light, enlighten. ¹² κλήσις, εως, ἡ, (divine) call, invitation. ¹³ πλοῦτος, ου, ὁ, wealth, riches.

ὑπερβάλλον¹ μέγεθος² τῆς δυνάμεως αὐτοῦ εἰς ἡμᾶς
 τοὺς πιστεύοντας, κατὰ τὴν ἐνέργειαν³ τοῦ κράτους⁴
 τῆς ἰσχύος⁵ αὐτοῦ ἣν ἐνήργησεν⁶ ἐν τῷ χριστῷ, 20
 ἐγείρας αὐτὸν ἐκ τῶν νεκρῶν, καὶ ἐκάθισεν ἐν δεξιᾷ
 αὐτοῦ ἐν τοῖς ἐπουρανίοις,⁷ ὑπεράνω⁸ πάσης ἀρχῆς καὶ 21
 ἐξουσίας καὶ δυνάμεως καὶ κυριότητος,⁹ καὶ παντὸς
 ὀνόματος ὀνομαζομένου¹⁰ οὐ μόνον ἐν τῷ αἰῶνι τούτῳ,
 ἀλλὰ καὶ ἐν τῷ μέλλοντι· καὶ πάντα ὑπέταξεν ὑπὸ 22
 τοὺς πόδας αὐτοῦ, καὶ αὐτὸν ἔδωκεν κεφαλὴν ὑπὲρ
 πάντα τῇ ἐκκλησίᾳ, ἣτις ἐστὶν τὸ σῶμα αὐτοῦ, τὸ 23
 πλήρωμα¹¹ τοῦ τὰ πάντα ἐν πᾶσιν πληρουμένου.

Καὶ ὑμᾶς ὄντας νεκροὺς τοῖς παραπτώμασιν¹² καὶ ταῖς 2
 ἁμαρτίαις, ἐν αἷς ποτὲ¹³ περιεπατήσατε κατὰ τὸν 2
 αἰῶνα τοῦ κόσμου τούτου, κατὰ τὸν ἄρχοντα τῆς
 ἐξουσίας τοῦ ἀέρος,¹⁴ τοῦ πνεύματος τοῦ νῦν

¹ ὑπερβάλλω, go beyond, surpass. ² μέγεθος, οὗς, τό, size, greatness. ³ ἐνέργεια, ας, ἡ, operative power, working. ⁴ κράτος, οὗς, τό, power, dominion. ⁵ ἰσχύς, οὗς, ἡ, strength, power. ⁶ ἐνεργέω, work, effect. ⁷ ἐπουράνιος, heavenly, celestial. ⁸ ὑπεράνω, high above (gen), far above. ⁹ κυριότης, ητος, ἡ, lordship, dominion. ¹⁰ ὀνομάζω, name, give a name to. ¹¹ πλήρωμα, τος, τό, fullness, fulfillment. ¹² παράπτωμα, τος, τό, trespass, falling away. ¹³ ποτέ, once, at some time. ¹⁴ ἀήρ, ος, ὁ, air.

ἐνεργούντος¹ ἐν τοῖς υἱοῖς τῆς ἀπειθείας·² ἐν οἷς καὶ 3

ἡμεῖς πάντες ἀνестράφημέν³ ποτε ἐν ταῖς ἐπιθυμίαις

τῆς σαρκὸς ἡμῶν, ποιοῦντες τὰ θελήματα τῆς σαρκὸς

καὶ τῶν διανοιῶν,⁴ καὶ ἤμεν τέκνα φύσει⁵ ὀργῆς, ὡς

καὶ οἱ λοιποὶ· ὁ δὲ θεός, πλούσιος⁶ ὢν ἐν ἐλέει,⁷ διὰ τὴν 4

πολλὴν ἀγάπην αὐτοῦ ἦν ἡγάπησεν ἡμᾶς, καὶ ὄντας 5

ἡμᾶς νεκροὺς τοῖς παραπτώμασιν⁸ συνεζωοποίησεν⁹

τῷ χριστῷ – χάριτί ἐστε σεσωσμένοι – καὶ 6

συνήγειρεν,¹⁰ καὶ συνεκάθισεν¹¹ ἐν τοῖς ἐπουρανίοις¹²

ἐν χριστῷ Ἰησοῦ· ἵνα ἐνδείξηται¹³ ἐν τοῖς αἰώσιν τοῖς 7

ἐπερχομένοις¹⁴ τὸν ὑπερβάλλοντα¹⁵ πλοῦτον¹⁶ τῆς

χάριτος αὐτοῦ ἐν χρηστότητι¹⁷ ἐφ' ἡμᾶς ἐν χριστῷ

Ἰησοῦ· τῇ γὰρ χάριτί ἐστε σεσωσμένοι διὰ τῆς 8

πίστεως, καὶ τοῦτο οὐκ ἐξ ὑμῶν· θεοῦ τὸ δῶρον·¹⁸ οὐκ 9

ἐξ ἔργων, ἵνα μὴ τις καυχῆσθαι. Αὐτοῦ γάρ ἐσμεν 10

¹ ἐνεργέω, work, effect. ² ἀπειθεία, ας, ἡ, disobedience, willful unbelief. ³ ἀναστρέφω, return, live. ⁴ διάνοια, ας, ἡ, mind, understanding. ⁵ φύσις, εως, ἡ, nature, inherent nature. ⁶ πλούσιος, rich. ⁷ ἔλεος, ους, ὁ, pity, mercy. ⁸ παράπτωμα, τος, τό, trespass, falling away. ⁹ συζωοποιέω, make alive together with someone. ¹⁰ συνεγείρω, raise up with, raise along with. ¹¹ συγκαθίζω, cause to sit down together. ¹² ἐπουράνιος, heavenly, celestial. ¹³ ἐνδείκνυμι, show forth, show. ¹⁴ ἐπέρχομαι, come to or upon, approach. ¹⁵ ὑπερβάλλω, go beyond, surpass. ¹⁶ πλοῦτος, ου, ὁ, wealth, riches. ¹⁷ χρηστότης, ητος, ἡ, goodness, kindness. ¹⁸ δῶρον, ου, τό, gift, present.

ποίημα,¹ κτισθέντες² ἐν χριστῷ Ἰησοῦ ἐπὶ ἔργοις
ἀγαθοῖς, οἷς προητοίμασεν³ ὁ θεός, ἵνα ἐν αὐτοῖς
περιπατήσωμεν.

Διὸ μνημονεύετε⁴ ὅτι ὑμεῖς ποτὲ τὰ ἔθνη ἐν σαρκί, οἱ 11
λεγόμενοι ἀκροβυστία⁵ ὑπὸ τῆς λεγομένης περιτομῆς
ἐν σαρκὶ χειροποιήτου,⁶ ὅτι ἦτε ἐν τῷ καιρῷ ἐκεῖνῳ 12
χωρὶς χριστοῦ, ἀπηλλοτριωμένοι⁷ τῆς πολιτείας⁸ τοῦ
Ἰσραήλ, καὶ ξένοι⁹ τῶν διαθηκῶν τῆς ἐπαγγελίας,
ἐλπίδα μὴ ἔχοντες, καὶ ἄθεοι¹⁰ ἐν τῷ κόσμῳ. Νυνὶ¹¹ δὲ 13
ἐν χριστῷ Ἰησοῦ ὑμεῖς οἱ ποτὲ¹² ὄντες μακρὰν¹³ ἐγγὺς
ἐγενήθητε ἐν τῷ αἵματι τοῦ χριστοῦ. Αὐτὸς γὰρ ἐστιν 14
ἡ εἰρήνη ἡμῶν, ὁ ποιήσας τὰ ἀμφότερα¹⁴ ἐν, καὶ τὸ
μεσότοιχον¹⁵ τοῦ φραγμοῦ¹⁶ λύσας, τὴν ἔχθραν¹⁷ ἐν τῇ 15
σαρκὶ αὐτοῦ, τὸν νόμον τῶν ἐντολῶν ἐν δόγμασιν,¹⁸
καταργήσας¹⁹ ἵνα τοὺς δύο κτίσῃ² ἐν ἑαυτῷ εἰς ἓνα

¹ποίημα, τος, τό, work, creation. ²κτίζω, create, form. ³προετοιμάζω, prepare beforehand, predestine. ⁴μνημονεύω, remember, make mention of. ⁵ἀκροβυστία, ας, ἡ, uncircumcision, foreskin. ⁶χειροποιήτος, made by hand, done or made with hands. ⁷ἀπαλλοτριόμαι, alienate, estrange. ⁸πολιτεία, ας, ἡ, citizenship, citizen body. ⁹ξένος, strange, stranger. ¹⁰ἄθεος, without God, godless. ¹¹νυνί, now, already. ¹²ποτέ, once, at some time. ¹³μακρὰν, far away. ¹⁴ἀμφότεροι, both, both of two. ¹⁵μεσότοιχον, ου, τό, middle wall, dividing wall. ¹⁶φραγμός, ος, ό, wall, fence. ¹⁷ἐχθρα, ας, ἡ, enmity, hostility. ¹⁸δόγμα, τος, τό, a public decree, ordinance. ¹⁹καταργέω, make ineffective, abolish.

καινὸν ἄνθρωπον, ποιῶν εἰρήνην, καὶ ἀποκαταλλάξῃ¹ 16

τοὺς ἀμφοτέρους² ἐν ἐνὶ σώματι τῷ θεῷ διὰ τοῦ

σταυροῦ,³ ἀποκτείνας τὴν ἔχθραν⁴ ἐν αὐτῷ: καὶ ἔλθων 17

εὐηγγελίσατο εἰρήνην ὑμῖν τοῖς μακρὰν⁵ καὶ τοῖς

ἐγγύς: ὅτι δι' αὐτοῦ ἔχομεν τὴν προσαγωγὴν⁶ οἱ 18

ἀμφοτέροι² ἐν ἐνὶ πνεύματι πρὸς τὸν πατέρα. Ἄρα οὖν 19

οὐκέτι ἐστὲ ξένοι⁷ καὶ πάροικοι,⁸ ἀλλὰ συμπολίται⁹

τῶν ἁγίων καὶ οἰκεῖοι¹⁰ τοῦ θεοῦ, ἐποικοδομηθέντες¹¹ 20

ἐπὶ τῷ θεμελίῳ¹² τῶν ἀποστόλων καὶ προφητῶν,

ὄντος ἀκρογωνιαίου¹³ αὐτοῦ Ἰησοῦ χριστοῦ, ἐν ᾧ 21

πᾶσα οἰκοδομὴ¹⁴ συναρμολογουμένη¹⁵ αὖξει¹⁶ εἰς ναὸν

ἅγιον ἐν κυρίῳ, ἐν ᾧ καὶ ὑμεῖς συνοικοδομεῖσθε¹⁷ εἰς 22

κατοικητήριον¹⁸ τοῦ θεοῦ ἐν πνεύματι.

¹ ἀποκαταλλάσσω, reconcile. ² ἀμφοτέροι, both, both of two. ³ σταυρός, οὐ, ὁ, cross. ⁴ ἔχθρα, ας, ἡ, enmity, hostility.

⁵ μακρὰν, far away. ⁶ προσαγωγή, ἡς, ἡ, access, approach. ⁷ ξένος, strange, stranger. ⁸ πάροικος, ου, ὁ, alien, stranger.

⁹ συμπολίτης, ου, ὁ, fellow citizen. ¹⁰ οἰκεῖος, ου, ὁ, household, members of the household. ¹¹ ἐποικοδομέω,

build upon, build upon a foundation. ¹² θεμέλιος, ου, ὁ, foundation. ¹³ ἀκρογωνιαίος, corner, cornerstone. ¹⁴

οἰκοδομή, ἡς, ἡ, building, edification. ¹⁵ συναρμολογέω, fit together. ¹⁶ αὖξάνω, cause to grow, increase. ¹⁷

συνοικοδομέω, build up together. ¹⁸ κατοικητήριον, ου, τό, dwelling, dwelling-place.

Τούτου χάριν¹ ἐγὼ Παῦλος ὁ δέσμιος² τοῦ χριστοῦ **3**
 Ἰησοῦ ὑπὲρ ὑμῶν τῶν ἐθνῶν, εἶγε³ ἡκούσατε τὴν **2**
 οἰκονομίαν⁴ τῆς χάριτος τοῦ θεοῦ τῆς δοθείσης μοι εἰς
 ὑμᾶς, ὅτι κατὰ ἀποκάλυψιν⁵ ἐγνώρισέν⁶ μοι τὸ **3**
 μυστήριον,⁷ καθὼς προέγραψα⁸ ἐν ὀλίγῳ, πρὸς ὃ **4**
 δύνασθε ἀναγινώσκοντες νοῆσαι⁹ τὴν σύνεσίν¹⁰ μου ἐν
 τῷ μυστηρίῳ⁷ τοῦ χριστοῦ: ὃ ἐτέραις γενεαῖς οὐκ **5**
 ἐγνώρισθη⁶ τοῖς υἱοῖς τῶν ἀνθρώπων, ὥς νῦν
 ἀπεκαλύφθη¹¹ τοῖς ἁγίοις ἀποστόλοις αὐτοῦ καὶ
 προφήταις ἐν πνεύματι: εἶναι τὰ ἔθνη συγκληρονόμα **6**
 καὶ σύσσωμα¹³ καὶ συμμετοχα¹⁴ τῆς ἐπαγγελίας αὐτοῦ
 ἐν τῷ χριστῷ, διὰ τοῦ εὐαγγελίου, οὗ ἐγενόμην **7**
 διάκονος κατὰ τὴν δωρεάν¹⁵ τῆς χάριτος τοῦ θεοῦ, τὴν
 δοθεῖσάν μοι κατὰ τὴν ἐνέργειαν¹⁶ τῆς δυνάμεως
 αὐτοῦ. Ἐμοὶ τῷ ἐλαχιστοτέρῳ¹⁷ πάντων ἁγίων ἐδόθη **8**

¹ χάριν, in favor of, for the pleasure of. ² δέσμιος, ου, ὁ, prisoner, one bound. ³ εἶγε, if indeed, seeing that. ⁴ οἰκονομία, ας, ἡ, stewardship, administration. ⁵ ἀποκάλυψις, εως, ἡ, revelation, unveiling. ⁶ γνωρίζω, make known, declare. ⁷ μυστήριον, ου, τό, secret, mystery. ⁸ προγράφω, write before, write previously. ⁹ νοέω, understand, consider. ¹⁰ σύνεσις, εως, ἡ, understanding, insight. ¹¹ ἀποκαλύπτω, reveal, uncover. ¹² συγκληρονόμος, fellow heir, joint heir. ¹³ σύσσωμος, of the same body. ¹⁴ συμμετοχος, sharing with, partaking with. ¹⁵ δωρεά, ας, ἡ, gift, free gift. ¹⁶ ἐνέργεια, ας, ἡ, operative power, working. ¹⁷ ἐλαχιστότερος, smallest, least important.

ἡ χάρις αὐτῇ, ἐν τοῖς ἔθνεσιν εὐαγγελίσασθαι τὸν
 ἀνεξιχνίαστον¹ πλοῦτον² τοῦ χριστοῦ, καὶ φωτίσαι³ 9
 πάντας τίς ἡ οἰκονομία⁴ τοῦ μυστηρίου⁵ τοῦ
 ἀποκεκρυμμένου⁶ ἀπὸ τῶν αἰώνων ἐν τῷ θεῷ τῷ τὰ
 πάντα κτίσαντι⁷ διὰ Ἰησοῦ χριστοῦ, ἵνα γνωρισθῇ⁸ 10
 νῦν ταῖς ἀρχαῖς καὶ ταῖς ἐξουσίαις ἐν τοῖς ἐπουρανίοις⁹
 διὰ τῆς ἐκκλησίας ἡ πολυποίκιλος¹⁰ σοφία τοῦ θεοῦ, 11
 κατὰ πρόθεσιν¹¹ τῶν αἰώνων ἣν ἐποίησεν ἐν χριστῷ
 Ἰησοῦ τῷ κυρίῳ ἡμῶν: ἐν ᾧ ἔχομεν τὴν παρρησίαν 12
 καὶ τὴν προσαγωγὴν¹² ἐν πεποιθήσει¹³ διὰ τῆς πίστεως
 αὐτοῦ. Διὸ αἰτοῦμαι μὴ ἐκκακεῖν¹⁴ ἐν ταῖς θλίψεσιν 13
 μου ὑπὲρ ὑμῶν, ἥτις ἐστὶν δόξα ὑμῶν.

Τούτου χάριν¹⁵ κάμπτω¹⁶ τὰ γόνατά¹⁷ μου πρὸς τὸν 14
 πατέρα τοῦ κυρίου ἡμῶν Ἰησοῦ χριστοῦ, ἐξ οὗ πᾶσα 15
 πατριὰ¹⁸ ἐν οὐρανοῖς καὶ ἐπὶ γῆς ὀνομάζεται,¹⁹ ἵνα δώῃ 16

¹ ἀνεξιχνίαστος, inscrutable, incomprehensible. ² πλοῦτος, ου, ό, wealth, riches. ³ φωτίζω, give light, enlighten. ⁴ οἰκονομία, ας, ή, stewardship, administration. ⁵ μυστήριον, ου, τό, secret, mystery. ⁶ ἀποκρύπτω, hide, conceal. ⁷ κτίζω, create, form. ⁸ γνωρίζω, make known, declare. ⁹ ἐπουράνιος, heavenly, celestial. ¹⁰ πολυποίκιλος, many-sided, manifold. ¹¹ πρόθεσις, εως, ή, setting forth, purpose. ¹² προσαγωγή, ης, ή, access, approach. ¹³ πεποιθήσις, εως, ή, confidence, trust. ¹⁴ ἐκκακέω, am faint, am weary. ¹⁵ χάριν, in favor of, for the pleasure of. ¹⁶ κάμπτω, bend, bow. ¹⁷ γόνυ, ατος, τό, knee. ¹⁸ πατριά, ας, ή, lineage, family. ¹⁹ ὀνομάζω, name, give a name to.

ὑμῖν, κατὰ τὸν πλοῦτον¹ τῆς δόξης αὐτοῦ, δυνάμει
 κραταιωθῆναι² διὰ τοῦ πνεύματος αὐτοῦ εἰς τὸν ἔσω³
 ἄνθρωπον, κατοικήσαι τὸν χριστὸν διὰ τῆς πίστεως ἐν 17
 ταῖς καρδίαις ὑμῶν: ἐν ἀγάπῃ ἐρριζωμένοι⁴ καὶ 18
 τεθεμελιωμένοι⁵ ἵνα ἐξισχύσητε⁶ καταλαβέσθαι⁷ σὺν
 πᾶσιν τοῖς ἁγίοις τί τὸ πλάτος⁸ καὶ μήκος⁹ καὶ βάθος¹⁰
 καὶ ὕψος,¹¹ γινῶναι τε τὴν ὑπερβάλλουσαν¹² τῆς 19
 γνώσεως¹³ ἀγάπην τοῦ χριστοῦ, ἵνα πληρωθῇτε εἰς
 πᾶν τὸ πλήρωμα¹⁴ τοῦ θεοῦ.

Τῷ δὲ δυναμένῳ ὑπὲρ πάντα ποιῆσαι ὑπὲρ ἐκπερισσοῦ 20
 ὧν αἰτούμεθα ἢ νοοῦμεν,¹⁵ κατὰ τὴν δύναμιν τὴν
 ἐνεργουμένην¹⁶ ἐν ἡμῖν, αὐτῷ ἢ δόξα ἐν τῇ ἐκκλησίᾳ 21
 ἐν χριστῷ Ἰησοῦ, εἰς πάσας τὰς γενεὰς τοῦ αἰῶνος τῶν
 αἰώνων. Ἀμήν.

¹ πλοῦτος, ου, ὁ, wealth, riches. ² κραταιόω, strengthen, confirm. ³ ἔσω, within, inside. ⁴ ῥιζόω, root, fix by the root. ⁵ θεμελιόω, lay a foundation, found. ⁶ ἐξισχύω, be able, be strong enough. ⁷ καταλαμβάνω, overtake, apprehend. ⁸ πλάτος, ους, τό, breadth, width. ⁹ μήκος, ους, τό, length. ¹⁰ βάθος, ους, τό, depth, deep. ¹¹ ὕψος, ους, τό, height, heaven. ¹² ὑπερβάλλω, go beyond, surpass. ¹³ γνώσις, εως, ἡ, wisdom, knowledge. ¹⁴ πλήρωμα, τος, τό, fullness, fulfillment. ¹⁵ νοέω, understand, consider. ¹⁶ ἐνεργέω, work, effect.

Παρακαλῶ οὖν ὑμᾶς ἐγώ, ὁ δέσμιος¹ ἐν κυρίῳ, ἀξίως² 4
 περιπατῆσαι τῆς κλήσεως³ ἣς ἐκλήθητε, μετὰ πάσης 2
 ταπεινοφροσύνης⁴ καὶ πραότητος,⁵ μετὰ μακροθυμίας,
 ἀνεχόμενοι⁷ ἀλλήλων ἐν ἀγάπῃ, σπουδάζοντες⁸ 3
 τηρεῖν τὴν ἐνότητα⁹ τοῦ πνεύματος ἐν τῷ συνδέσμῳ¹⁰
 τῆς εἰρήνης. Ἐν σῶμα καὶ ἐν πνεῦμα, καθὼς καὶ 4
 ἐκλήθητε ἐν μιᾷ ἐλπίδι τῆς κλήσεως³ ὑμῶν: εἰς κύριος, 5
 μία πίστις, ἐν βάπτισμα,¹¹ εἰς θεὸς καὶ πατὴρ πάντων, 6
 ὁ ἐπὶ πάντων, καὶ διὰ πάντων, καὶ ἐν πᾶσιν ἡμῖν. Ἐνὶ 7
 δὲ ἐκάστῳ ἡμῶν ἐδόθη ἡ χάρις κατὰ τὸ μέτρον¹² τῆς
 δωρεᾶς¹³ τοῦ χριστοῦ. Διὸ λέγει, Ἄναβας εἰς ὕψος¹⁴ 8
 ἡχμαλώτευσεν¹⁵ αἰχμαλωσίαν,¹⁶ καὶ ἔδωκεν δόματα¹⁷
 τοῖς ἀνθρώποις. Τὸ δέ, Ἀνέβη, τί ἐστιν εἰ μὴ ὅτι καὶ 9
 κατέβη πρῶτον εἰς τὰ κατώτερα¹⁸ μέρη τῆς γῆς; Ὁ 10
 καταβάς, αὐτός ἐστιν καὶ ὁ ἀναβάς ὑπεράνω¹⁹ πάντων

¹ δέσμιος, ου, ὁ, prisoner, one bound. ² ἀξίως, worthily, in a manner worthy of. ³ κλήσις, εως, ἡ, (divine) call, invitation. ⁴ ταπεινοφροσύνη, ης, ἡ, lowliness of mind, humility. ⁵ πραΰτης, mildness, gentleness. ⁶ μακροθυμία, ας, ἡ, long-suffering, patience. ⁷ ἀνέχομαι, endure, bear with. ⁸ σπουδάζω, hasten, be eager. ⁹ ἐνότης, ητος, ἡ, oneness, unity. ¹⁰ σύνδεσμος, ου, ὁ, bond, fetter. ¹¹ βάπτισμα, τος, τό, baptism, rite or ceremony of baptism. ¹² μέτρον, ου, τό, measure, measuring rod. ¹³ δωρεά, ας, ἡ, gift, free gift. ¹⁴ ὕψος, ους, τό, height, heaven. ¹⁵ αἰχμαλωτεύω, capture, lead captive. ¹⁶ αἰχμαλωσία, ας, ἡ, captivity, host of captives. ¹⁷ δόμα, τος, τό, present, gift. ¹⁸ κατώτερος, lower. ¹⁹ ὑπεράνω, high above (gen), far above.

τῶν οὐρανῶν, ἵνα πληρώσῃ τὰ πάντα. Καὶ αὐτὸς 11

ἔδωκεν τοὺς μὲν ἀποστόλους, τοὺς δὲ προφήτας, τοὺς

δὲ εὐαγγελιστάς,¹ τοὺς δὲ ποιμένας² καὶ διδασκάλους, 12

πρὸς τὸν καταρτισμὸν³ τῶν ἁγίων, εἰς ἔργον διακονίας,

εἰς οἰκοδομὴν⁴ τοῦ σώματος τοῦ χριστοῦ: μέχρι⁵ 13

καταντήσωμεν⁶ οἱ πάντες εἰς τὴν ἐνότητα⁷ τῆς

πίστεως καὶ τῆς ἐπιγνώσεως⁸ τοῦ υἱοῦ τοῦ θεοῦ, εἰς

ἄνδρα τέλειον,⁹ εἰς μέτρον¹⁰ ἡλικίας¹¹ τοῦ

πληρώματος¹² τοῦ χριστοῦ: ἵνα μηκέτι¹³ ὦμεν νήπιοι,¹⁴ 14

κλυδωνιζόμενοι¹⁵ καὶ περιφερόμενοι¹⁶ παντὶ ἀνέμῳ

τῆς διδασκαλίας,¹⁷ ἐν τῇ κυβείᾳ¹⁸ τῶν ἀνθρώπων, ἐν

πανουργίᾳ¹⁹ πρὸς τὴν μεθοδεῖαν²⁰ τῆς πλάνης:²¹ 15

ἀληθεύοντες²² δὲ ἐν ἀγάπῃ αὐξήσωμεν²³ εἰς αὐτὸν τὰ

πάντα, ὅς ἐστιν ἡ κεφαλὴ, ὁ χριστός, ἐξ οὗ πᾶν τὸ 16

¹ εὐαγγελιστής, οὗ, ὁ, evangelist, bringer of good tidings. ² ποιμὴν, ἑνός, ὁ, shepherd. ³ καταρτισμός, οὗ, ὁ, equipment, equipping. ⁴ οἰκοδομή, ἧς, ἡ, building, edification. ⁵ μέχρι, until, as far as (gen). ⁶ καταντάω, come to, arrive. ⁷ ἐνότης, ἡ, oneness, unity. ⁸ ἐπίγνωσις, εως, ἡ, knowledge, discernment. ⁹ τέλειος, complete, perfect. ¹⁰ μέτρον, ου, τό, measure, measuring rod. ¹¹ ἡλικία, ας, ἡ, maturity, age. ¹² πλήρωμα, τος, τό, fullness, fulfillment. ¹³ μηκέτι, no longer. ¹⁴ νήπιος, infant, child. ¹⁵ κλυδωνίζομαι, be tossed here and there by waves. ¹⁶ περιφέρω, carry about, carry around. ¹⁷ διδασκαλία, ας, ἡ, teaching, doctrine. ¹⁸ κυβεία, ας, ἡ, craftiness, trickery. ¹⁹ πανουργία, ας, ἡ, cleverness, craftiness. Trickery. ²⁰ μεθοδεῖα, ας, ἡ, scheming, craftiness. ²¹ πλάνη, ης, ἡ, wandering, error. ²² ἀληθεύω, speak the truth, say. ²³ αὐξάνω, cause to grow, increase.

σῶμα συναρμολογούμενον¹ καὶ συμβιβάζόμενον² διὰ
 πάσης ἀφῆς³ τῆς ἐπιχορηγίας,⁴ κατ' ἐνέργειαν⁵ ἐν
 μέτρῳ⁶ ἐνὸς ἐκάστου μέρους, τὴν αὔξῃσιν⁷ τοῦ
 σώματος ποιεῖται εἰς οἰκοδομὴν⁸ ἑαυτοῦ ἐν ἀγάπῃ.

Τοῦτο οὖν λέγω καὶ μαρτύρομαι⁹ ἐν κυρίῳ, μηκέτι¹⁰ 17

ὑμᾶς περιπατεῖν, καθὼς καὶ τὰ λοιπὰ ἔθνη περιπατεῖ
 ἐν ματαιότητι¹¹ τοῦ νοῦς¹² αὐτῶν, ἐσκοτισμένοι¹³ τῇ 18
 διανοίᾳ,¹⁴ ὄντες ἀπηλλοτριωμένοι¹⁵ τῆς ζωῆς τοῦ θεοῦ
 διὰ τὴν ἄγνοιαν¹⁶ τὴν οὖσαν ἐν αὐτοῖς, διὰ τὴν
 πώρωσιν¹⁷ τῆς καρδίας αὐτῶν: οἵτινες ἀπηλγῆκοτες¹⁸ 19
 ἑαυτοὺς παρέδωκαν τῇ ἀσελγείᾳ,¹⁹ εἰς ἐργασίαν²⁰
 ἀκαθαρσίας²¹ πάσης ἐν πλεονεξίᾳ.²² Ὑμεῖς δὲ οὐχ 20
 οὕτως ἐμάθετε²³ τὸν χριστόν, εἴγε²⁴ αὐτὸν ἠκούσατε 21
 καὶ ἐν αὐτῷ ἐδιδάχθητε, καθὼς ἐστὶν ἀλήθεια ἐν τῷ

¹ συναρμολογέω, fit together. ² συμβιβάζω, hold together, instruct. ³ ἀφή, ἥς, ἥ, joint, band. ⁴ ἐπιχορηγία, ας, ἥ, assistance, provision. ⁵ ἐνέργεια, ας, ἥ, operative power, working. ⁶ μέτρον, ου, τό, measure, measuring rod. ⁷ αὔξῃσις, εως, ἥ, growth, increase. ⁸ οἰκοδομή, ἥς, ἥ, building, edification. ⁹ μαρτύρομαι, affirm, testify. ¹⁰ μηκέτι, no longer. ¹¹ ματαιότης, ητος, ἥ, vanity, emptiness. ¹² νοῦς, ό, mind, reasoning faculty. ¹³ σκοτίζω, darken. ¹⁴ διάνοια, ας, ἥ, mind, understanding. ¹⁵ ἀπαλλοτριόμαι, alienate, estrange. ¹⁶ ἄγνοια, ας, ἥ, ignorance. ¹⁷ πώρωσις, εως, ἥ, hardness, obstinacy. ¹⁸ ἀπαλγέω, become callous, dead to feeling. ¹⁹ ἀσελγεία, ας, ἥ, licentiousness, debauchery. ²⁰ ἐργασία, ας, ἥ, profit, business. ²¹ ἀκαθαρσία, ας, ἥ, uncleanness, impurity. ²² πλεονεξία, ας, ἥ, covetousness, avarice. ²³ μανθάνω, learn, ascertain. ²⁴ εἴγε, if indeed, seeing that.

Ἰησοῦ: ἀποθέσθαι¹ ὑμᾶς, κατὰ τὴν προτέραν² 22

ἀναστροφὴν,³ τὸν παλαιὸν⁴ ἄνθρωπον, τὸν

φθειρόμενον⁵ κατὰ τὰς ἐπιθυμίας τῆς ἀπάτης·⁶ 23

ἀνανεοῦσθαι⁷ δὲ τῷ πνεύματι τοῦ νοῦς⁸ ὑμῶν, καὶ 24

ἐνδύσασθαι⁹ τὸν καινὸν ἄνθρωπον, τὸν κατὰ θεὸν

κτισθέντα¹⁰ ἐν δικαιοσύνῃ καὶ ὁσιότητι¹¹ τῆς ἀληθείας.

Διὸ ἀποθέμενοι¹ τὸ ψεῦδος¹² λαλεῖτε ἀλήθειαν ἕκαστος 25

μετὰ τοῦ πλησίον¹³ αὐτοῦ: ὅτι ἐσμέν ἀλλήλων μέλη. 26

Ὅργιζεσθε¹⁴ καὶ μὴ ἁμαρτάνετε: ὁ ἥλιος μὴ ἐπιδύετω

ἐπὶ τῷ παροργισμῷ¹⁶ ὑμῶν: μηδὲ δίδοτε τόπον τῷ 27

διαβόλῳ. Ὁ κλέπτων¹⁷ μηκέτι¹⁸ κλεπτέτω:¹⁷ μᾶλλον 28

δὲ κοπιᾷτω,¹⁹ ἐργαζόμενος τὸ ἀγαθὸν ταῖς χερσίν, ἵνα

ἔχῃ μεταδιδόναι²⁰ τῷ χρεῖαν ἔχοντι. Πᾶς λόγος 29

σαπρὸς²¹ ἐκ τοῦ στόματος ὑμῶν μὴ ἐκπορευέσθω,

¹ ἀποτίθηναι, put off, lay aside. ² πρότερον, formerly, before. ³ ἀναστροφή, ἥς, ἡ, conduct, behavior. ⁴ παλαιός, old, ancient. ⁵ φθείρω, destroy, corrupt. ⁶ ἀπάτη, ἡς, ἡ, deceit, deceitfulness. ⁷ ἀνανεώω, renew, become young again. ⁸ νοῦς, ὁ, mind, reasoning faculty. ⁹ ἐνδύω, put on, clothe. ¹⁰ κτίζω, create, form. ¹¹ ὁσιότης, ἡτος, ἡ, piety, holiness. ¹² ψεῦδος, οὗς, τό, lie. ¹³ πλησίον, near, neighbor (as a noun). ¹⁴ ὀργίζω, irritate, provoke. ¹⁵ ἐπιδύω, set, go down. ¹⁶ παροργισμός, οὗ, ὁ, irritation, anger. ¹⁷ κλέπτω, steal. ¹⁸ μηκέτι, no longer. ¹⁹ κοπιᾷω, toil, labor. ²⁰ μεταδίδωμι, give a share of, share. ²¹ σαπρός, rotten, worthless.

ἀλλ' εἴ τις ἀγαθὸς πρὸς οἰκοδομὴν¹ τῆς χρείας, ἵνα δῶ
 χάριν τοῖς ἀκούουσιν. Καὶ μὴ λυπεῖτε² τὸ πνεῦμα τὸ 30
 ἅγιον τοῦ θεοῦ, ἐν ᾧ ἐσφραγίσθητε³ εἰς ἡμέραν
 ἀπολυτρώσεως.⁴ Πᾶσα πικρία⁵ καὶ θυμὸς⁶ καὶ ὀργή 31
 καὶ κραυγὴ⁷ καὶ βλασφημία⁸ ἀρθήτω ἀφ' ὑμῶν, σὺν
 πάσῃ κακίᾳ·⁹ γίνεσθε δὲ εἰς ἀλλήλους χρηστοί,¹⁰ 32
 εὖσπλαγχνοι,¹¹ χαριζόμενοι¹² ἑαυτοῖς, καθὼς καὶ ὁ
 θεὸς ἐν χριστῷ ἐχαρίσατο¹² ἡμῖν.

Γίνεσθε οὖν μιμηταὶ¹³ τοῦ θεοῦ, ὡς τέκνα ἀγαπητά· καὶ 5
 περιπατεῖτε ἐν ἀγάπῃ, καθὼς καὶ ὁ χριστὸς ἠγάπησεν
 ἑμᾶς, καὶ παρέδωκεν ἑαυτὸν ὑπὲρ ἡμῶν προσφορὰν¹⁴
 καὶ θυσίαν¹⁵ τῷ θεῷ εἰς ὁσμὴν¹⁶ εὐωδίας.¹⁷ Πορνεία¹⁸ 3
 δὲ καὶ πᾶσα ἀκαθαρσία¹⁹ ἢ πλεονεξία²⁰ μηδὲ
 ὀνομαζέσθω²¹ ἐν ὑμῖν, καθὼς πρέπει²² ἁγίοις· καὶ 4

¹ οἰκοδομή, ἤς, ἡ, building, edification. ² λυπέω, grieve, pain. ³ σφραγίζω, seal, set a seal upon. ⁴ ἀπολύτρωσις, εὐω, ἡ, redemption, deliverance. ⁵ πικρία, ας, ἡ, bitterness. ⁶ θυμός, ου, ὁ, wrath, outburst of passion. ⁷ κραυγὴ, ἤς, ἡ, outcry, crying. ⁸ βλασφημία, ας, ἡ, blasphemy, reproach. ⁹ κακία, ας, ἡ, malice, evil. ¹⁰ χρηστός, good, kind. ¹¹ εὖσπλαγχνος, tender-hearted, merciful. ¹² χαρίζομαι, give freely, forgive. ¹³ μιμητής, οὗ, ὁ, imitator. ¹⁴ προσφορά, ἄς, ἡ, offering, sacrifice. ¹⁵ θυσία, ας, ἡ, sacrifice. ¹⁶ ὁσμή, ἤς, ἡ, smell, aroma. ¹⁷ εὐωδία, ας, ἡ, fragrance, sweet smell. ¹⁸ πορνεία, ας, ἡ, fornication, idolatry. ¹⁹ ἀκαθαρσία, ας, ἡ, uncleanness, impurity. ²⁰ πλεονεξία, ας, ἡ, covetousness, avarice. ²¹ ὀνομάζω, name, give a name to. ²² πρέπω, be clearly seen, be fitting.

αἰσχρότης,¹ καὶ μωρολογία,² ἢ εὐτραπελία,³ τὰ οὐκ
 ἀνήκοντα:⁴ ἀλλὰ μᾶλλον εὐχαριστία.⁵ Τοῦτο γάρ ἐστε 5
 γινώσκοντες, ὅτι πᾶς πόρνος,⁶ ἢ ἀκάθαρτος, ἢ
 πλεονέκτης,⁷ ὅς ἐστιν εἰδωλολάτρης,⁸ οὐκ ἔχει
 κληρονομίαν⁹ ἐν τῇ βασιλείᾳ τοῦ χριστοῦ καὶ θεοῦ. 6
 Μηδεὶς ὑμᾶς ἀπατάτω¹⁰ κενοῖς¹¹ λόγοις: διὰ ταῦτα
 γὰρ ἔρχεται ἡ ὀργὴ τοῦ θεοῦ ἐπὶ τοὺς υἱοὺς τῆς
 ἀπειθείας.¹² Μὴ οὖν γίνεσθε συμμετέχοι¹³ αὐτῶν: ἦτε 7
 γὰρ ποτε σκότος, νῦν δὲ φῶς ἐν κυρίῳ: ὡς τέκνα
 φωτὸς περιπατεῖτε – ὁ γὰρ καρπὸς τοῦ πνεύματος ἐν 9
 πάσῃ ἀγαθωσύνῃ¹⁴ καὶ δικαιοσύνῃ καὶ ἀληθείᾳ – 10
 δοκιμάζοντες¹⁵ τί ἐστὶν εὐάρεστον¹⁶ τῷ κυρίῳ: καὶ μὴ 11
 συγκοινωνεῖτε¹⁷ τοῖς ἔργοις τοῖς ἀκάρποις¹⁸ τοῦ
 σκότους, μᾶλλον δὲ καὶ ἐλέγχετε:¹⁹ τὰ γὰρ κρυφῇ²⁰ 12
 γινόμενα ὑπ' αὐτῶν αἰσχρόν²¹ ἐστὶν καὶ λέγειν. Τὰ δὲ 13

¹ αἰσχρότης, ητος, ἦ, shamefulfulness, obscenity. ² μωρολογία, ας, ἦ, foolish or silly talk. ³ εὐτραπελία, ας, ἦ, coarse jesting, low jesting. ⁴ ἀνήκω, be fit, be proper. ⁵ εὐχαριστία, ας, ἦ, thanksgiving, thankfulness. ⁶ πόρνος, ου, ὁ, fornicator, immoral person. ⁷ πλεονέκτης, ου, ὁ, covetous or greedy person. ⁸ εἰδωλολάτρης, ου, ὁ, image worshiper, idolater. ⁹ κληρονομία, ας, ἦ, inheritance. ¹⁰ ἀπατάω, deceive, lead into error. ¹¹ κενός, empty, vain. ¹² ἀπειθεία, ας, ἦ, disobedience, willful unbelief. ¹³ συμμετέχοις, sharing with, partaking with. ¹⁴ ἀγαθωσύνη, ης, ἦ, goodness. ¹⁵ δοκιμάζω, prove, approve. ¹⁶ εὐάρεστος, well-pleasing, acceptable. ¹⁷ συγκοινωνέω, have fellowship with, participate. ¹⁸ ἀκαρπος, unfruitful, barren. ¹⁹ ἐλέγχω, convict, reprove. ²⁰ κρυφῇ, secretly, in secret. ²¹ αἰσχρός, shameful, base.

πάντα ἐλεγχόμενα¹ ὑπὸ τοῦ φωτὸς φανεροῦται: πᾶν
 γὰρ τὸ φανερούμενον φῶς ἐστίν. Διὸ λέγει, Ὑγειρε ὁ¹⁴
 καθεύδων² καὶ ἀνάστα ἐκ τῶν νεκρῶν, καὶ ἐπιφαύσει³
 σοι ὁ χριστός.

Βλέπετε οὖν πῶς ἀκριβῶς⁴ περιπατεῖτε, μὴ ὡς ἄσοφοι,⁵ 15
 ἀλλ' ὡς σοφοί,⁶ ἐξαγοραζόμενοι⁷ τὸν καιρόν, ὅτι αἱ 16
 ἡμέραι πονηραὶ εἰσιν. Διὰ τοῦτο μὴ γίνεσθε ἄφρονες,⁸ 17
 ἀλλὰ συνιέντες⁹ τί τὸ θέλημα τοῦ κυρίου. Καὶ μὴ 18
 μεθύσκεσθε¹⁰ οἴνῳ, ἐν ᾧ ἐστὶν ἄσωτία,¹¹ ἀλλὰ
 πληροῦσθε ἐν πνεύματι, λαλοῦντες ἑαυτοῖς ψαλμοῖς¹² 19
 καὶ ὕμνοις¹³ καὶ ᾠδαῖς¹⁴ πνευματικαῖς,¹⁵ ᾄδοντες¹⁶ καὶ
 ψάλλοντες¹⁷ ἐν τῇ καρδίᾳ ὑμῶν τῷ κυρίῳ, 20
 εὐχαριστοῦντες πάντοτε ὑπὲρ πάντων ἐν ὀνόματι τοῦ
 κυρίου ἡμῶν Ἰησοῦ χριστοῦ τῷ θεῷ καὶ πατρί, 21
 ὑποτασσόμενοι ἀλλήλοις ἐν φόβῳ χριστοῦ.

¹ ἐλέγχω, convict, reprove. ² καθεύδω, sleep. ³ ἐπιφαύω, shine upon, give light to. ⁴ ἀκριβῶς, carefully, accurately. ⁵ ἄσοφος, unwise, foolish. ⁶ σοφός, wise. ⁷ ἐξαγοράζω, redeem, make the most of. ⁸ ἄφρων, foolish, senseless. ⁹ συνίημι, understand, consider. ¹⁰ μεθύσκω, make drunk. ¹¹ ἄσωτία, ας, ἡ, dissipation, debauchery. ¹² ψαλμός, οὔ, ὁ, song of praise, psalm. ¹³ ὕμνος, ου, ὁ, song of praise, hymn. ¹⁴ ᾠδή, ἡς, ἡ, song, ode. ¹⁵ πνευματικός, spiritual. ¹⁶ ᾄδω, sing. ¹⁷ ψάλλω, sing, sing praise.

Αἱ γυναῖκες, τοῖς ἰδίοις ἀνδράσιν ὑποτάσσεσθε, ὡς τῷ 22
 κυρίῳ. Ὅτι ἀνὴρ ἐστὶν κεφαλὴ τῆς γυναικός, ὡς καὶ ὁ 23
 χριστὸς κεφαλὴ τῆς ἐκκλησίας, καὶ αὐτός ἐστιν
 σωτὴρ¹ τοῦ σώματος. Ἀλλ' ὥσπερ ἡ ἐκκλησία 24
 ὑποτάσσεται τῷ χριστῷ, οὕτως καὶ αἱ γυναῖκες τοῖς
 ἰδίοις ἀνδράσιν ἐν παντί. Οἱ ἄνδρες, ἀγαπᾶτε τὰς 25
 γυναῖκας ἑαυτῶν, καθὼς καὶ ὁ χριστὸς ἠγάπησεν τὴν
 ἐκκλησίαν, καὶ ἑαυτὸν παρέδωκεν ὑπὲρ αὐτῆς· ἵνα 26
 αὐτὴν ἀγιάσῃ,² καθαρίσας τῷ λουτρῷ³ τοῦ ὕδατος ἐν
 ῥήματι, ἵνα παραστήσῃ αὐτὴν ἑαυτῷ ἕνδοξον⁴ τὴν 27
 ἐκκλησίαν, μὴ ἔχουσαν σπῖλον⁵ ἢ ῥυτίδα⁶ ἢ τι τῶν
 τοιούτων, ἀλλ' ἵνα ᾦ ἀγία καὶ ἄμωμος.⁷ Οὕτως 28
 ὀφείλουσιν οἱ ἄνδρες ἀγαπᾶν τὰς ἑαυτῶν γυναῖκας ὡς
 τὰ ἑαυτῶν σώματα. Ὁ ἀγαπῶν τὴν ἑαυτοῦ γυναῖκα,
 ἑαυτὸν ἀγαπᾷ· οὐδεὶς γάρ ποτε τὴν ἑαυτοῦ σάρκα 29
 ἐμίσησεν, ἀλλ' ἐκτρέφει⁸ καὶ θάλπει⁹ αὐτήν, καθὼς

¹ σωτήρ, ἥρος, ὁ, savior, deliverer. ² ἀγιάζω, make holy, consecrate. ³ λουτρὸν, οὐ, τό, bath, washing. ⁴ ἕνδοξος, honored, glorious. ⁵ σπῖλος, ου, ὁ, spot, stain. ⁶ ῥυτίς, ἰδος, ἡ, wrinkle, spiritual defect. ⁷ ἄμωμος, without blemish, blameless. ⁸ ἐκτρέφω, nourish, rear. ⁹ θάλπω, cherish, comfort.

καὶ ὁ κύριος τὴν ἐκκλησίαν· ὅτι μέλη ἐσμὲν τοῦ 30
 σώματος αὐτοῦ, ἐκ τῆς σαρκὸς αὐτοῦ καὶ ἐκ τῶν
 ὀστέων¹ αὐτοῦ. Ἀντὶ² τούτου καταλείψει³ ἄνθρωπος 31
 τὸν πατέρα αὐτοῦ καὶ τὴν μητέρα, καὶ
 προσκολληθήσεται⁴ πρὸς τὴν γυναῖκα αὐτοῦ, καὶ
 ἔσονται οἱ δύο εἰς σάρκα μίαν. Τὸ μυστήριον⁵ τοῦτο 32
 μέγα ἐστίν· ἐγὼ δὲ λέγω εἰς χριστὸν καὶ εἰς τὴν
 ἐκκλησίαν. Πλὴν καὶ ὑμεῖς οἱ καθ' ἓνα, ἕκαστος τὴν 33
 ἑαυτοῦ γυναῖκα οὕτως ἀγαπάτω ὡς ἑαυτόν· ἡ δὲ γυνὴ
 ἵνα φοβῇται τὸν ἄνδρα.

Τὰ τέκνα, ὑπακούετε⁶ τοῖς γονεῦσιν⁷ ὑμῶν ἐν κυρίῳ: 6
 τοῦτο γάρ ἐστιν δίκαιον. Τίμα⁸ τὸν πατέρα σου καὶ 2
 τὴν μητέρα ἣτις ἐστὶν ἐντολὴ πρώτη ἐν ἐπαγγελίᾳ, 3
 ἵνα εὖ⁹ σοι γένηται, καὶ ἔσῃ μακροχρόνιος¹⁰ ἐπὶ τῆς
 γῆς. Καὶ οἱ πατέρες, μὴ παροργίζετε¹¹ τὰ τέκνα ὑμῶν, 4
 ἀλλ' ἐκτρέφετε¹² αὐτὰ ἐν παιδείᾳ¹³ καὶ νουθεσίᾳ¹⁴

¹ ὀστέον, τό, bone. ² ἀντί, instead of, in place of. ³ καταλείπω, leave, leave behind. ⁴ προσκολλάω, join closely, cleave to. ⁵ μυστήριον, οὐ, τό, secret, mystery. ⁶ ὑπακούω, obey, listen. ⁷ γονεὺς, ἑως, ὁ, parent. ⁸ τιμάω, honor, value at a price. ⁹ εὖ, well, well done. ¹⁰ μακροχρόνιος, long-lived. ¹¹ παροργίζω, provoke to anger, exasperate. ¹² ἐκτρέφω, nourish, rear. ¹³ παιδεία, ας, ἡ, training, discipline. ¹⁴ νουθεσία, ας, ἡ, admonition, instruction.

κυρίου.

Οἱ δοῦλοι, ὑπακούετε¹ τοῖς κυρίοις κατὰ σάρκα, μετὰ 5
 φόβου καὶ τρόμου,² ἐν ἀπλότητι³ τῆς καρδίας ὑμῶν,
 ὡς τῷ χριστῷ: μὴ κατ' ὀφθαλμοδουλείαν⁴ ὡς 6
 ἀνθρωπάρεσκοι,⁵ ἀλλ' ὡς δοῦλοι τοῦ χριστοῦ,
 ποιοῦντες τὸ θέλημα τοῦ θεοῦ ἐκ ψυχῆς, μετ' εὐνοίας⁶ 7
 δουλεύοντες⁷ ὡς τῷ κυρίῳ καὶ οὐκ ἀνθρώποις: εἰδότες 8
 ὅτι ὁ ἐάν τι ἔκαστος ποιήσῃ ἀγαθόν, τοῦτο κομιέται⁸
 παρὰ τοῦ κυρίου, εἴτε δοῦλος, εἴτε ἐλεύθερος.⁹ Καὶ οἱ 9
 κύριοι, τὰ αὐτὰ ποιεῖτε πρὸς αὐτούς, ἀνιέντες¹⁰ τὴν
 ἀπειλήν:¹¹ εἰδότες ὅτι καὶ ὑμῶν αὐτῶν ὁ κύριός ἐστιν
 ἐν οὐρανοῖς, καὶ προσωποληψία¹² οὐκ ἔστιν παρ' αὐτῷ.

¹ ὑπακούω, obey, listen. ² τρόμος, ου, ό, trembling, quaking. ³ ἀπλότης, ητος, ή, singleness, hence simplicity. ⁴ ὀφθαλμοδουλεία, ας, ή, service rendered only while the master watches. ⁵ ἀνθρωπάρεσκος, people pleaser. ⁶ εὐνοία, ας, ή, favor, affection. ⁷ δουλεύω, serve, am a slave. ⁸ κομίζω, receive, bring. ⁹ ἐλεύθερος, free, delivered from obligation. ¹⁰ ἀνίημι, give up, loosen. ¹¹ ἀπειλή, ης, ή, threat, threatening. ¹² προσωποληψία, ας, ή, partiality, favoritism.

Τὸ λοιπόν, ἀδελφοί μου, ἐνδυναμοῦσθε¹ ἐν κυρίῳ, καὶ 10
 ἐν τῷ κράτει² τῆς ἰσχύος³ αὐτοῦ. Ἐνδύσασθε⁴ τὴν 11
 πανοπλίαν⁵ τοῦ θεοῦ, πρὸς τὸ δύνασθαι ὑμᾶς στήναι
 πρὸς τὰς μεθοδείας⁶ τοῦ διαβόλου. Ὅτι οὐκ ἔστιν 12
 ἡμῖν ἡ πάλῃ⁷ πρὸς αἷμα καὶ σάρκα, ἀλλὰ πρὸς τὰς
 ἀρχάς, πρὸς τὰς ἐξουσίας, πρὸς τοὺς κοσμοκράτορας⁸
 τοῦ σκοτοῦ τοῦ αἰῶνος τούτου, πρὸς τὰ πνευματικὰ⁹
 τῆς πονηρίας¹⁰ ἐν τοῖς ἐπουρανίοις.¹¹ Διὰ τοῦτο 13
 ἀναλάβετε¹² τὴν πανοπλίαν⁵ τοῦ θεοῦ, ἵνα δυνηθῇτε
 ἀντιστῆναι¹³ ἐν τῇ ἡμέρᾳ τῇ πονηρᾷ, καὶ ἅπαντα
 κατεργασάμενοι¹⁴ στήναι. Στήτε οὖν περιζωσάμενοι¹⁵ 14
 τὴν ὀσφὺν¹⁶ ὑμῶν ἐν ἀληθείᾳ, καὶ ἐνδυσάμενοι⁴ τὸν
 θώρακα¹⁷ τῆς δικαιοσύνης, καὶ ὑποδησάμενοι¹⁸ τοὺς 15
 πόδας ἐν ἐτοιμασίᾳ¹⁹ τοῦ εὐαγγελίου τῆς εἰρήνης· ἐπὶ 16
 πᾶσιν ἀναλαβόντες¹² τὸν θυρεὸν²⁰ τῆς πίστεως, ἐν ᾧ

¹ ἐνδυναμόω, strengthen, empower. ² κράτος, οὐς, τό, power, dominion. ³ ἰσχύς, ὕος, ἡ, strength, power. ⁴ ἐνδύω, put on, clothe. ⁵ πανοπλία, ας, ἡ, full armor, complete armor. ⁶ μεθοδεία, ας, ἡ, scheming, craftiness. ⁷ πάλῃ, ης, ἡ, struggle, fight. ⁸ κοσμοκράτωρ, ορος, ὁ, world ruler, ruler of this world. ⁹ πνευματικός, spiritual. ¹⁰ πονηρία, ας, ἡ, iniquity, wickedness. ¹¹ ἐπουράνιος, heavenly, celestial. ¹² ἀναλαμβάνω, take up, raise. ¹³ ἀντίστημι, resist, oppose. ¹⁴ κατεργάζομαι, work out, produce. ¹⁵ περιζώννυμι, gird, gird round. ¹⁶ ὀσφύς, ὕος, ἡ, waist, hip. ¹⁷ θώραξ, ακος, ὁ, breastplate. ¹⁸ ὑποδέω, put on my feet. ¹⁹ ἐτοιμασία, ας, ἡ, readiness, preparation. ²⁰ θυρεός, οὔ, ὁ, shield, large shield.

δυνήσεσθε πάντα τὰ βέλη¹ τοῦ πονηροῦ τὰ
 πεπυρωμένα² σβέσαι.³ Καὶ τὴν περικεφαλαίαν⁴ τοῦ 17
 σωτηρίου⁵ δέξασθαι, καὶ τὴν μάχαιραν⁶ τοῦ
 πνεύματος, ὃ ἐστὶν ῥῆμα θεοῦ: διὰ πάσης προσευχῆς 18
 καὶ δεήσεως⁷ προσευχόμενοι ἐν παντὶ καιρῷ ἐν
 πνεύματι, καὶ εἰς αὐτὸ τοῦτο ἀγρυπνοῦντες⁸ ἐν πάσῃ
 προσκαρτερήσει⁹ καὶ δεήσει⁷ περὶ πάντων τῶν ἁγίων, 19
 καὶ ὑπὲρ ἐμοῦ, ἵνα μοι δοθῇ λόγος ἐν ἀνοίξει¹⁰ τοῦ
 στόματός μου ἐν παρρησίᾳ γνωρίσαι¹¹ τὸ μυστήριον¹²
 τοῦ εὐαγγελίου, ὑπὲρ οὗ πρεσβεύω¹³ ἐν ἀλύσει,¹⁴ ἵνα 20
 ἐν αὐτῷ παρρησιάζωμαι,¹⁵ ὥς δεῖ με λαλῆσαι.

Ἵνα δὲ εἰδῆτε καὶ ὑμεῖς τὰ κατ' ἐμέ, τί πράσσω, πάντα 21
 ὑμῖν γνωρίσει¹¹ Τυχικός¹⁶ ὁ ἀγαπητὸς ἀδελφὸς καὶ
 πιστὸς διάκονος ἐν κυρίῳ: ὃν ἔπεμψα πρὸς ὑμᾶς εἰς 22
 αὐτὸ τοῦτο, ἵνα γνῶτε τὰ περὶ ἡμῶν, καὶ παρακαλέση

¹ βέλος, ους, τό, arrow, missile. ² πυρώω, burn, am purified by fire. ³ σβέννυμι, quench, extinguish. ⁴ περικεφαλαία, ας, ἡ, helmet. ⁵ σωτήριος, saving, bringing salvation. ⁶ μάχαιρα, ης, ἡ, sword. ⁷ δεήσις, εως, ἡ, entreaty, prayer. ⁸ ἀγρυπνέω, sleepless, watchful. ⁹ προσκαρτερήσις, εως, ἡ, perseverance, steadfastness. ¹⁰ ἀνοίξις, εως, ἡ, opening, act of opening. ¹¹ γνωρίζω, make known, declare. ¹² μυστήριον, ου, τό, secret, mystery. ¹³ πρεσβεύω, be an ambassador, am aged. ¹⁴ ἄλυσις, εως, ἡ, chain. ¹⁵ παρρησιάζομαι, speak freely or boldly, speak freely. ¹⁶ Τυχικός, οὔ, ὁ, Tychicus.

τὰς καρδίας ὑμῶν.

Εἰρήνη τοῖς ἀδελφοῖς καὶ ἀγάπη μετὰ πίστεως ἀπὸ θεοῦ 23

πατρὸς καὶ κυρίου Ἰησοῦ χριστοῦ. Ἡ χάρις μετὰ 24

πάντων τῶν ἀγαπώντων τὸν κύριον ἡμῶν Ἰησοῦν

χριστὸν ἐν ἀφθαρσίᾳ.¹ Ἀμήν.

¹ ἀφθαρσία, ας, ἡ, incorruptibility, immortality.