US 20230232388A1

(19) **United States**

(12) **Patent Application Publication** (10) **Pub. No.: US 2023/0232388 A1**

TAMRAKAR et al. (43) **Pub. Date: Jul. 20, 2023**

(54) **COMMUNICATION RESOURCE ACTIVATION METHOD, TERMINAL, AND NETWORK SIDE DEVICE**

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(21) Appl. No.: **18/191,970**

(22) Filed: **Mar. 29, 2023**

Related U.S. Application Data

(63) Continuation of application No. PCT/CN2021/120825, filed on Sep. 27, 2021.

(30) **Foreign Application Priority Data**

Sep. 29, 2020 (CN) 202011055108.2

Publication Classification

(51) **Int. Cl.**

H04W 72/0457 (2006.01)
H04L 5/00 (2006.01)
H04W 72/23 (2006.01)

(52) **U.S. Cl.**

CPC ***H04W 72/0457*** (2023.01); ***H04L 5/0051*** (2013.01); ***H04W 72/23*** (2023.01)

(57) **ABSTRACT**

A communication resource activation method includes: activating, by a network side device, a target communication resource of a terminal, and performing uplink beam scanning on the target communication resource while activating the target communication resource, where the target communication resource includes: a secondary cell or a BWP in a dormant state.