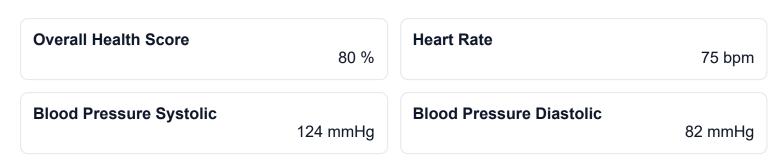
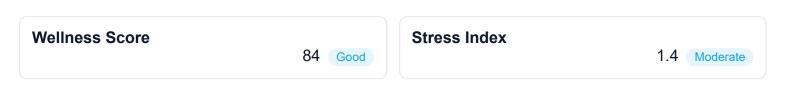
## **Health & Fitness Assessment**

Assessment ID: as\_hr\_02 | Session: session\_001

# **Key Body Vitals**



#### **Heart Health**



#### **Stress Level**



### **Fitness Levels**

Cardiovascular Endurance (Jog test time) 61 sec

#### **Posture**



## **Body Composition**

ВМІ		Body Fat %	
33.145	Obese		33.36 %