



FAKULTI PENGURUSAN DAN INDUSTRI HALAL

PROGRAM	Diploma in Tourism Management
COURSE NAME	RECREATIONAL TOURISM
COURSE CODE	DTR 2013
CREDIT HOUR	3
SYNOPSIS	Exposes the students to terrestrial-based and marine recreation activities within the tourism industry. Students will develop competencies in the overall operation and management of terrestrial-based and marine recreational activities.
COURSE STRUCTURE	
CHAPTER	TOPICS
1	Foundation of Recreational Tourism 1.1 Explain the definition of recreation and leisure 1.2 Describe the recreational activities 1.3 Explain what outdoor recreation is 1.4 Describe the Drivers and trends in the demand for outdoor recreation and nature tourism 1.5 Discuss the health benefits of out-door recreation and access to nature
2	Recreation Safety 2.1 Explain the definition of recreation safety 2.2 Explain the basic sport and recreation safety 2.3 Describe outdoor safety 2.3.1 Camping safety 2.3.2 Outdoor fire safety 2.3.3 Heat and sun safety 2.3.4 Safety in parks and forests 2.3.5 Water safety
3	Recreational Camping 3.1 Explain the definition of recreational camping 3.2 Differentiate between survivalist and recreational camping 3.4 Discuss the forms of camping 3.5 Explain the equipment needed during camping



4	Orienteering 4.1 Explain what is orienteering 4.2 Describe the types of orienteering sports 4.2.1 Canoe orienteering 4.2.2 Car orienteering 4.2.3 Foot orienteering 4.2.4 Mountain bike 4.2.5 Mountain marathon 4.2.6 Mounted orienteering 4.2.7 Ski-orienteering 4.2.8 Trail orienteering 4.3 Equipment needed during orienteering 4.4 Explain orienteering safety and health
5	Jungle trekking 5.1 Explain what is jungle trekking 5.2 Describe the differences between hiking and trekking 5.3 Discuss the jungle trekking kit list 5.4 Describe jungle trekking safety procedure
6	Recreational fishing 6.1 Explain the meaning of recreational fishing 6.2 Explain the fishing equipment 6.3 Describe sport fishing 6.4 Explain the rules and regulations in sport fishing 6.5 Explain fishing techniques 6.6 Explain what fishing tackle is
7	Swimming 7.1 Explain the history of swimming 7.2 Describe swimming styles 7.1.1 Butterfly 7.1.2 Backstroke 7.1.3 Breaststroke 7.1.4 Freestyle 7.3 Describe the equipment needed when swimming indoor and outdoor



8	Snorkeling 8.1 Explain what is snorkeling 8.2 Describe the practice of snorkeling 8.3 Explain the safety precaution for snorkeling
References:	1. Jenkins & Ian S. (2019). Adventure Tourism and Outdoor Activities Management: A 21st Century Toolkit. Cab Intl (GB)