Stage 1: Practice

Develop good personal finance habits and demonstrate obedience to the principles

| OBJECTIVE                                    | RED   | YELLOW   | GREEN  |
|--|---|--|--|
| Counsel with your spouse about your finances | You have not counseled with your spouse about your finances | You have talked you're your spouse about your finances but do not feel unified                         | You are unified with your spouse about your finances and are completely truthful and faithful to your spouse |
| Build and balance your household budget      | You do not have a household budget                          | You have a household<br>budget but do not keep it<br>balanced  | You maintain a balanced household budget   |
| Maintain a ledger of income and expenses     | You do not keep track of your income and expenses           | You occasionally keep track<br>of your income and<br>expenses but do not<br>maintain a detailed ledger | You maintain a detailed ledger of all income and expenses  |
| Set realistic, motivating financial goals    | You do not set goals  | You set unrealistic goals and/or do not actively work towards achieving them                           | You set realistic, motivating financial goals and actively work towards achieving them                       |
| Contact your coach/mentor each week          | You have not contacted your coach/mentor                    | You occasionally contact your coach/mentor   | You contact your coach/mentor each week  |

## Stage 2: Protect

Implement a strategy to get out of debt and manage financial crisis

| OBJECTIVE  | RED   | YELLOW   | GREEN   |
|--|---|--|---|
| Have an emergency fund   | You do not have an emergency fund   | You have a 1-month emergency fund  | You have a 3-6 month emergency fund   |
| Have no debt   | You have consumer debt<br>and are not working<br>towards getting out of debt                    | You have no consumer debt<br>and are working towards<br>eliminating long-term debt<br>(such as a mortgage or<br>student loans) | You have no debt  |
| Return everything you borrow   | You have a habit of borrowing from others and not returning what you borrow                     | You occasionally do not return what you have borrowed  | You always return everything you borrow   |
| Have health insurance or other medical care                                  | You do not have health insurance or other medical care  | Your health insurance or other medical care is inadequate for you family's needs   | You have sufficient health insurance or other medical care                                    |
| Have appropriate income insurance  | You do not have income insurance  | You have insufficient income insurance   | You have appropriate income insurance   |
| Be honest, do not exaggerate or cheat, and keep all promises and commitments | You are often untruthful, exaggerate or cheat, and/or do not keep your promises and commitments | You try to be honest but occasionally are untruthful, exaggerate or cheat, and/or do not keep your promises and commitments    | You are always honest, do not exaggerate or cheat, and keep all your promises and commitments |

# Stage 3: Invest

Resolve where you are going and how you will get there

| OBJECTIVE                                    | RED   | YELLOW  | GREEN  |
|--|---|---|--|
| Have a 5-year financial plan                 | You do not have a 5-year financial plan   | You have a 5-year financial plan but do not follow it   | You have a 5-year financial plan and carefully follow it                                   |
| Have a retirement goal (years x need = goal) | You have not set a retirement goal  | You do not have both a target age for retirement and an understanding of your financial needs in retirement | You have set a target age for retirement and understand your financial needs in retirement |
| Have a retirement fund                       | You do not have a retirement fund   | You occasionally contribute to a retirement fund  | You regularly contribute to a retirement fund  |
| Seek education                               | You rarely seek to further your education or expand your knowledge                    | You occasionally seek to further your education or expand your knowledge                                    | You regularly seek to further your education or expand your knowledge                      |
| Pursue home ownership                        | You do not own your home<br>and are not actively<br>working towards home<br>ownership | You do not own your home but are actively working towards home ownership                                    | You own your home free of debt   |
| Have a mentor                                | You do not have a mentor  | You have a mentor but do not regularly consult with them  | You regularly consult with a mentor  |

# Stage 4: Lift

Share what you have learned and help others

| OBJECTIVE  | RED  | YELLOW  | GREEN  |
|--|--|---|--|
| Share the principles of personal finance with friends and family | You have not shared the principles of personal finance with friends and family | You have shared the principles of self-reliance with friends and family | You have shared the principles of self-reliance with friends and family and have encouraged them to participate in a self-reliance group |
| Help mentor/coach others<br>who need personal finance<br>help    | You have not helped others who need personal finance help                      | You occasionally help<br>others who need personal<br>finance help       | You regularly help others<br>who need personal finance<br>help   |