

# Study Record

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01/06/2025, Last modification:2025 年 6 月 2 日

## Outline of What I did today

- Completed PMGT group docs
- Completed BMET2903 QM Lab report
- 30% done Prac Video for BMET 2903 QM Lab
- 50% 1st reading of [1]
- 1.2 km run
- Duolingo

Woke up: 11 am

Total Working Hours:8:09

Fiddled Out for 5h 30 mins

## To-dos

- Complete Prac Video
- 1st Read of remaining 40 pages
- §1 – 3 of Relativity Theory by Y. Sudo.

## New Words

- 辛苦啦 [Xīnkǔla]: 辛苦了 is a normal, common expression for what you did. 辛苦啦 is a genuine, sincere appreciation for your actions.
- 没事 [méishì]: 大丈夫

## Diary

### 参考文献

- [1] Shen, Y., Ruggeri, F. S., Vigolo, D., Kamada, A., Qamar, S., Levin, A., Iserman, C., Alberti, S., George-Hyslop, P. S., and Knowles, T. P. J. (2020). Biomolecular condensates undergo a generic shear-mediated liquid-to-solid transition. *Nature Nanotechnology*, 15(10), 841–847. <https://doi.org/10.1038/s41565-020-0731-4>