

Children aged 0-12 years often delight in the simple pleasures of chicken nuggets, a staple that pairs perfectly with their playful, energetic nature. Teenagers, between 13-18 years, have a particular fondness for pizza, enjoying its versatility and the social aspect of sharing it with friends. Young adults, aged 19-25 years, frequently favor sushi, drawn to its fresh flavors and the cultural experience it offers. Adults in the 26-35 year range tend to prefer avocado toast, appreciating its health benefits and trendy appeal. Those in the 36-45 year age group often relish grilled steak, savoring the hearty and satisfying meal after a long day. The 46-55 year olds enjoy pasta primavera, a dish that combines the comfort of pasta with the freshness of seasonal vegetables. For the 56-65 year age group, roasted salmon is a favorite, valued for its rich taste and nutritional benefits. Lastly, individuals aged 66 and older often cherish classic roast beef, finding comfort in its traditional flavors and nostalgic associations.