```
aṅguttara nikāya 1
   Numbered Discourses 1

    rūpādivagga

   1. Sights, Etc.
evam me sutam—
   So I have heard.
ekam samayam bhagavā sāvatthiyam viharati jetavane anāthapindikassa ārāme.
  At one time the Buddha was staying near Sāvatthī in Jeta's Grove, Anāthapindika's monastery.
tatra kho bhagavā bhikkhū āmantesi:
   There the Buddha addressed the mendicants,
"bhikkhavo"ti,
   "Mendicants!
"bhadante"ti te bhikkhū bhagavato paccassosum.
   "Venerable sir," they replied.
bhagavā etadavoca:
   The Buddha said this:
"nāham, bhikkhave, aññam ekarūpampi samanupassāmi yam evam purisassa cittam
pariyādāya titthati yathayidam, bhikkhave, itthirūpam.
   "Mendicants, I do not see a single sight that occupies a man's mind like the sight of a woman.
itthirūpam, bhikkhave, purisassa cittam pariyādāya titthatī''ti.
   The sight of a woman occupies a man's mind.'
pathamam.
2
"nāham, bhikkhave, aññam ekasaddampi samanupassāmi yam evam purisassa
cittam pariyādāya titthati yathayidam, bhikkhave, itthisaddo.
   "Mendicants, I do not see a single sound that occupies a man's mind like the sound of a woman.
itthisaddo, bhikkhave, purisassa cittam pariyādāya titthatī"ti.
   The sound of a woman occupies a man's mind."
dutiyam.
3
"nāham, bhikkhave, aññam ekagandhampi samanupassāmi yam evam purisassa
cittam pariyādāya titthati yathayidam, bhikkhave, itthigandho.
   "Mendicants, I do not see a single smell that occupies a man's mind like the smell of a woman.
itthigandho, bhikkhave, purisassa cittam pariyādāya titthatī"ti.
   The smell of a woman occupies a man's mind."
tatiyam.
4
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"nāham, bhikkhave, aññam ekarasampi samanupassāmi yam evam purisassa cittam pariyādāya tiṭṭhati yathayidam, bhikkhave, itthiraso.

"Mendicants, I do not see a single taste that occupies a man's mind like the taste of a woman.

itthiraso, bhikkhave, purisassa cittam pariyādāya titthatī''ti. The taste of a woman occupies a man's mind." catuttham. 5 "nāham, bhikkhave, aññam ekaphotthabbampi samanupassāmi yam evam purisassa cittam pariyādāya titthati yathayidam, bhikkhave, itthiphotthabbo. "Mendicants, I do not see a single touch that occupies a man's mind like the touch of a woman. itthiphotthabbo, bhikkhave, purisassa cittam pariyādāya titthatī"ti. The touch of a woman occupies a man's mind." pañcamam. 6 "nāham, bhikkhave, aññam ekarūpampi samanupassāmi yam evam itthiyā cittam pariyādāya titthati yathayidam, bhikkhave, purisarūpam. "Mendicants, I do not see a single sight that occupies a woman's mind like the sight of a man. purisarūpam, bhikkhave, itthiyā cittam pariyādāya titthatī''ti. The sight of a man occupies a woman's mind." chattham. "nāham, bhikkhave, aññam ekasaddampi samanupassāmi yam evam itthiyā cittam pariyādāya titthati yathayidam, bhikkhave, purisasaddo. "Mendicants, I do not see a single sound that occupies a woman's mind like the sound of a man. purisasaddo, bhikkhave, itthiyā cittam pariyādāya titthatī''ti. The sound of a man occupies a woman's mind." sattamam. 8 "nāham, bhikkhave, aññam ekagandhampi samanupassāmi yam evam itthiyā cittam pariyādāya titthati yathayidam, bhikkhave, purisagandho. "Mendicants, I do not see a single smell that occupies a woman's mind like the smell of a man. purisagandho, bhikkhave, itthiyā cittam pariyādāya titthatī"ti. The smell of a man occupies a woman's mind." atthamam. 9 "nāham, bhikkhave, aññam ekarasampi samanupassāmi yam evam itthiyā cittam pariyādāya titthati yathayidam, bhikkhave, purisaraso. "Mendicants, I do not see a single taste that occupies a woman's mind like the taste of a man. purisaraso, bhikkhave, itthiyā cittam pariyādāya titthatī''ti. The taste of a man occupies a woman's mind."

navamam.

10

"nāham, bhikkhave, aññam ekaphoṭṭhabbampi samanupassāmi yam evam itthiyā cittam pariyādāya tiṭṭhati yaṭhayidam, bhikkhave, purisaphoṭṭhabbo.

"Mendicants, I do not see a single touch that occupies a woman's mind like the touch of a man.

purisaphotthabbo, bhikkhave, itthiyā cittam pariyādāya titthatī"ti.

The touch of a man occupies a woman's mind."

dasamam.

rūpādivaggo pathamo.

aṅguttara nikāya 1 Numbered Discourses 1

2. nīvaraṇappahānavagga 2. Giving Up the Hindrances

11 11

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppanno vā kāmacchando uppajjati uppanno vā kāmacchando bhiyyobhāvāya vepullāya samvattati yathayidam, bhikkhave, subhanimittam.

"Mendicants, I do not see a single thing that gives rise to sensual desire, or, when it has arisen, makes it increase and grow like the feature of beauty.

subhanimittam, bhikkhave, ayoniso manasi karoto anuppanno ceva kāmacchando uppajjati uppanno ca kāmacchando bhiyyobhāvāya vepullāya saṃvattatī'iti.

When you attend improperly to the feature of beauty, sensual desire arises, and once arisen it increases and grows."

pathamam.

12

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppanno vā byāpādo uppajjati uppanno vā byāpādo bhiyyobhāvāya vepullāya samvattati yathayidam, bhikkhave, patighanimittam.

"Mendicants, I do not see a single thing that gives rise to ill will, or, when it has arisen, makes it increase and grow like the feature of harshness.

paṭighanimittam, bhikkhave, ayoniso manasi karoto anuppanno ceva byāpādo uppajjati uppanno ca byāpādo bhiyyobhāvāya vepullāya saṃvattatī''ti.

When you attend improperly to the feature of harshness, ill will arises, and once arisen it increases and grows."

dutiyam.

13

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannam vā thinamiddham uppajjati uppannam vā thinamiddham bhiyyobhāvāya vepullāya samvattati yathayidam, bhikkhave, arati tandī vijambhitā bhattasammado cetaso ca līnattam.

"Mendicants, I do not see a single thing that gives rise to dullness and drowsiness, or, when they have arisen, makes them increase and grow like discontent, sloth, yawning, sleepiness after eating, and mental sluggishness.

līnacittassa, bhikkhave, anuppannañceva thinamiddham uppajjati uppannañca thinamiddham bhiyyobhāvāya vepullāya samvattatī''ti.

When you have a sluggish mind, dullness and drowsiness arise, and once arisen they increase and grow."

tatiyam.

14

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannam vā uddhaccakukkuccam uppajjati uppannam vā uddhaccakukkuccam bhiyyobhāvāya vepullāya samvattati yathayidam, bhikkhave, cetaso avūpasamo.

"Mendicants, I do not see a single thing that gives rise to restlessness and remorse, or, when they have arisen, makes them increase and grow like an unsettled mind.

avūpasantacittassa, bhikkhave, anuppannañceva uddhaccakukkuccam uppajjati uppannañca uddhaccakukkuccam bhiyyobhāvāya vepullāya samvattatī"ti.

When you have no peace of mind, restlessness and remorse arise, and once arisen they increase and grow."

catuttham.

15₁₅

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannā vā vicikicchā uppajjati uppannā vā vicikicchā bhiyyobhāvāya vepullāya samvattati yathayidam, bhikkhave, ayonisomanasikāro.

"Mendicants, I do not see a single thing that gives rise to doubt, or, when it has arisen, makes it increase and grow like improper attention.

ayoniso, bhikkhave, manasi karoto anuppannā ceva vicikicchā uppajjati uppannā ca vicikicchā bhiyyobhāvāya vepullāya samvattatī"ti.

When you attend improperly, doubt arises, and once arisen it increases and grows."

pañcamam.

16 16

"nāhaṃ, bhikkhave, aññaṃ ekadhammampi samanupassāmi yena anuppanno vā kāmacchando nuppajjati uppanno vā kāmacchando pahīyati yathayidaṃ, bhikkhave, asubhanimittam.

"Mendicants, I do not see a single thing that prevents sensual desire from arising, or, when it has arisen, abandons it like the feature of ugliness.

asubhanimittam, bhikkhave, yoniso manasi karoto anuppanno ceva kāmacchando nuppajjati uppanno ca kāmacchando pahīyatī''ti.

When you attend properly to the feature of ugliness, sensual desire does not arise, or, if it has already arisen, it's given up."

chattham.

17₁₇

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppanno vā byāpādo nuppajjati uppanno vā byāpādo pahīyati yathayidam, bhikkhave, mettā cetovimutti.

"Mendicants, I do not see a single thing that prevents ill will from arising, or, when it has arisen, abandons it like the heart's release by love.

mettam, bhikkhave, cetovimuttim yoniso manasi karoto anuppanno ceva byāpādo nuppajjati uppanno ca byāpādo pahīyatī"ti.

When you attend properly on the heart's release by love, ill will does not arise, or, if it has already arisen, it's given up."

sattamam.

18

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannam vā thinamiddham nuppajjati uppannam vā thinamiddham pahīyati yathayidam, bhikkhave, ārambhadhātu nikkamadhātu parakkamadhātu.

"Mendicants, I do not see a single thing that prevents dullness and drowsiness from arising, or, when they have arisen, gives them up like the elements of initiative, persistence, and vigor.

āraddhavīriyassa, bhikkhave, anuppannañceva thinamiddham nuppajjati uppannañca thinamiddham pahīyatī"ti.

When you're energetic, dullness and drowsiness do not arise, or, if they've already arisen, they're given up."

atthamam.

19₁₉

"nāhaṃ, bhikkhave, aññaṃ ekadhammampi samanupassāmi yena anuppannaṃ vā uddhaccakukkuccaṃ nuppajjati uppannaṃ vā uddhaccakukkuccaṃ pahīyati yathayidaṃ, bhikkhave, cetaso vūpasamo.

"Mendicants, I do not see a single thing that prevents restlessness and remorse from arising, or, when they have arisen, gives them up like peace of mind.

vūpasantacittassa, bhikkhave, anuppannañceva uddhaccakukkuccam nuppajjati uppannañca uddhaccakukkuccam pahīyatī''ti.

When your mind is peaceful, restlessness and remorse do not arise, or, if they've already arisen, they're given up."

navamam.

20 20

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannā vā vicikicchā nuppajjati uppannā vā vicikicchā pahīyati yathayidam, bhikkhave, yonisomanasikāro.

"Mendicants, I do not see a single thing that prevents doubt from arising, or, when it has arisen, gives it up like proper attention.

yoniso, bhikkhave, manasi karoto anuppannā ceva vicikicchā nuppajjati uppannā ca vicikicchā pahīyatī"ti.

When you attend properly, doubt does not arise, or, if it's already arisen, it's given up."

dasamam.

nīvaraṇappahānavaggo dutiyo.

aṅguttara nikāya 1 Numbered Discourses 1

3. akammaniyavagga

3. Useless

21₂₁

"nāhaṃ, bhikkhave, aññaṃ ekadhammampi samanupassāmi yaṃ evaṃ abhāvitaṃ akammaniyaṃ hoti yathayidaṃ, bhikkhave, cittaṃ.

"Mendicants, I do not see a single thing that, when it's not developed like this, is as useless as the mind.

cittam, bhikkhave, abhāvitam akammaniyam hotī''ti.

An undeveloped mind is useless.''

pathamam.

22

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yam evam bhāvitam kammaniyam hoti yathayidam, bhikkhave, cittam.

"Mendicants, I do not see a single thing that, when it is developed like this, is as workable as the mind.

cittam, bhikkhave, bhāvitam kammaniyam hotī''ti. A developed mind is workable.''

dutiyam.

23

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yam evam abhāvitam mahato anatthāya samvattati yathayidam, bhikkhave, cittam.

"Mendicants, I do not see a single thing that, when it's not developed like this, is so very harmful as the mind.

cittam, bhikkhave, abhāvitam mahato anatthāya saṃvattatī''ti. *An undeveloped mind is very harmful.*''

tatiyam.

24

"nāhaṃ, bhikkhave, aññaṃ ekadhammampi samanupassāmi yaṃ evaṃ bhāvitaṃ mahato atthāya saṃvattati yathayidaṃ, bhikkhave, cittaṃ.

"Mendicants, I do not see a single thing that, when it is developed like this, is so very beneficial as the mind.

cittam, bhikkhave, bhāvitam mahato atthāya saṃvattatī"ti. A developed mind is very beneficial."

A developed mind is very beneficial

25₂₅

catuttham.

"nāhaṃ, bhikkhave, aññaṃ ekadhammampi samanupassāmi yaṃ evaṃ abhāvitaṃ apātubhūtam mahato anatthāva samvattati yathayidam, bhikkhave, cittam.

"Mendicants, I do not see a single thing that, when it's not developed, with such untapped potential, is so very harmful as the mind.

cittam, bhikkhave, abhāvitam apātubhūtam mahato anatthāya saṃvattatī'ti. *An undeveloped mind, with untapped potential, is very harmful.*"

pañcamam.

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yam evam bhāvitam pātubhūtam mahato atthāya samvattati yathayidam, bhikkhave, cittam.

"Mendicants, I do not see a single thing that, when it is developed, with its potential realized, is so very beneficial as the mind.

cittam, bhikkhave, bhāvitam pātubhūtam mahato atthāya samvattatī''ti. *A developed mind, with its potential realized, is very beneficial.*''

chattham.

27

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yam evam abhāvitam abahulīkatam mahato anatthāya samvattati yathayidam, bhikkhave, cittam.

"Mendicants, I do not see a single thing that, when it's not developed and cultivated, is so very harmful as the mind.

cittam, bhikkhave, abhāvitam abahulīkatam mahato anatthāya samvattatī"ti. *An undeveloped and uncultivated mind is very harmful.*"

sattamam.

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yam evam bhāvitam bahulīkatam mahato atthāya samvattati yathayidam, bhikkhave, cittam.

"Mendicants, I do not see a single thing that, when it is developed and cultivated, is so very beneficial as the mind.

cittam, bhikkhave, bhāvitam bahulīkatam mahato atthāya saṃvattatī"ti. A developed and cultivated mind is very beneficial."

atthamam.

"nāhaṃ, bhikkhave, aññaṃ ekadhammampi samanupassāmi yaṃ evaṃ abhāvitaṃ abahulīkataṃ dukkhādhivahaṃ hoti yathayidaṃ, bhikkhave, cittaṃ.

"Mendicants, I do not see a single thing that, when it's not developed and cultivated, brings such suffering as the mind.

cittam, bhikkhave, abhāvitam abahulīkatam dukkhādhivaham hotī''ti. *An undeveloped and uncultivated mind brings suffering.*''

navamam.

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yam evam bhāvitam bahulīkatam sukhādhivaham hoti yathayidam, bhikkhave, cittam.

"Mendicants, I do not see a single thing that, when it is developed and cultivated, brings such happiness as the mind.

cittam, bhikkhave, bhāvitam bahulīkatam sukhādhivaham hotī"ti. A developed and cultivated mind brings happiness."

dasamam.

akammaniyavaggo tatiyo.

aṅguttara nikāya 1

Numbered Discourses 1

4. adantavagga

31 31

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yam evam adantam mahato anatthāya samvattati yathayidam, bhikkhave, cittam.

"Mendicants, I do not see a single thing that, when it's not tamed, is so very harmful as the mind.

cittam, bhikkhave, adantam mahato anatthāya saṃvattatī'ti. *A wild mind is very harmful.*"

pathamam.

32

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yam evam dantam mahato atthāya samvattati yathayidam, bhikkhave, cittam.

"Mendicants, I do not see a single thing that, when it is tamed, is so very beneficial as the mind.

cittam, bhikkhave, dantam mahato atthāya samvattatī"ti.

A tamed mind is very beneficial."

dutiyam.

33

"nāhaṃ, bhikkhave, aññaṃ ekadhammampi samanupassāmi yaṃ evaṃ aguttaṃ mahato anatthāya saṃvattati yathayidaṃ, bhikkhave, cittaṃ.

"Mendicants, I do not see a single thing that, when it's not guarded, is so very harmful as the mind.

cittam, bhikkhave, aguttam mahato anatthāya saṃvattatī''ti. *An unguarded mind is very harmful.*''

tatiyam.

34₃₄

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yam evam guttam mahato atthāya samvattati yathayidam, bhikkhave, cittam.

"Mendicants, I do not see a single thing that, when it is guarded, is so very beneficial as the mind.

cittaṃ, bhikkhave, guttaṃ mahato atthāya saṃvattat \overline{i} "ti.

A guarded mind is very beneficial."

catuttham.

35 3

"nāhaṃ, bhikkhave, aññaṃ ekadhammampi samanupassāmi yaṃ evaṃ arakkhitaṃ mahato anatthāya samvattati yathayidam, bhikkhave, cittam.

"Mendicants, I do not see a single thing that, when it's not protected, is so very harmful as the mind.

cittam, bhikkhave, arakkhitam mahato anatthāya samvattatī''ti.

An unprotected mind is very harmful."

pañcamam.

"nāhaṃ, bhikkhave, aññaṃ ekadhammampi samanupassāmi yaṃ evaṃ rakkhitaṃ mahato atthāya saṃvattati yathayidaṃ, bhikkhave, cittaṃ.

"Mendicants, I do not see a single thing that, when it is protected, is so very beneficial as the mind.

cittam, bhikkhave, rakkhitam mahato atthāya samvattatī"ti.

A protected mind is very beneficial."

chattham.

37₃₇

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yam evam asamvutam mahato anatthāya samvattati yathayidam, bhikkhave, cittam.

"Mendicants, I do not see a single thing that, when it's not restrained, is so very harmful as the mind.

cittam, bhikkhave, asamvutam mahato anatthāya samvattatī''ti.

An unrestrained mind is very harmful."

sattamam.

38₃₈

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yam evam samvutam mahato atthāya samvattati yathayidam, bhikkhave, cittam.

"Mendicants, I do not see a single thing that, when it is restrained, is so very beneficial as the mind.

cittam, bhikkhave, samvutam mahato atthaya samvattatī"ti.

A restrained mind is very beneficial."

atthamam.

39 39

"nāhaṃ, bhikkhave, aññaṃ ekadhammampi samanupassāmi yaṃ evaṃ adantaṃ aguttaṃ arakkhitaṃ asaṃvutaṃ mahato anatthāya saṃvattati yathayidaṃ, bhikkhave, cittaṃ.

"Mendicants, I do not see a single thing that, when it is not tamed, guarded, protected, and restrained, is so very harmful as the mind.

cittam, bhikkhave, adantam aguttam arakkhitam asamvutam mahato anatthāya samvattatī'iti.

An untamed, unguarded, unprotected, and unrestrained mind is very harmful."

navamam.

40

"nāhaṃ, bhikkhave, aññaṃ ekadhammampi samanupassāmi yaṃ evaṃ dantaṃ guttaṃ rakkhitaṃ saṃvutaṃ mahato atthāya saṃvattati yathayidaṃ, bhikkhave, cittaṃ.

"Mendicants, I do not see a single thing that, when it is tamed, guarded, protected, and restrained, is so very beneficial as the mind.

cittam, bhikkhave, dantam guttam rakkhitam samvutam mahato atthāya samvattatī''ti.

A tamed, guarded, protected, and restrained mind is very beneficial."

dasamam.

adantavaggo catuttho.

aṅguttara nikāya 1

Numbered Discourses 1

5. panihitaacchavagga 5. À Spike

41 41

"seyyathāpi, bhikkhave, sālisūkam vā yavasūkam vā micchāpanihitam hatthena vā pādena vā akkantam hattham vā pādam vā bhecchati lohitam vā uppādessatīti netam thānam vijjati.

"Mendicants, suppose a spike of rice or barley was pointing the wrong way. If you trod on it with hand or foot, there's no way it could break the skin and produce blood.

tam kissa hetu?

Why is that?

micchāpaṇihitattā, bhikkhave, sūkassa.

Because the spike is pointing the wrong way.

evamevam kho, bhikkhave, so vata bhikkhu micchāpaṇihitena cittena avijjam bhecchati, vijjam uppādessati, nibbānam sacchikarissatīti netam ṭhānam vijjati.

In the same way, a mendicant whose mind is pointing the wrong way cannot break ignorance, produce knowledge, and realize extinguishment.

tam kissa hetu?

. Why is that?

micchāpanihitattā, bhikkhave, cittassā"ti.

Because their mind is pointing the wrong way."

pathamam.

42

"seyyathāpi, bhikkhave, sālisūkam vā yavasūkam vā sammāpanihitam hatthena vā pādena vā akkantam hattham vā pādam vā bhecchati lohitam vā uppādessatīti thānametam vijjati.

"Mendicants, suppose a spike of rice or barley was pointing the right way. If you trod on it with hand or foot, it may well break the skin and produce blood.

tam kissa hetu?

Why is that?

sammāpanihitattā, bhikkhave, sūkassa.

Because the spike is pointing the right way.

evamevam kho, bhikkhave, so vata bhikkhu sammāpanihitena cittena avijjam bhecchati, vijjam uppādessati, nibbānam sacchikarissatīti thānametam vijjati.

In the same way, a mendicant whose mind is pointing the right way can break ignorance, produce knowledge, and realize extinguishment.

tam kissa hetu?

Why is that?

sammāpanihitattā, bhikkhave, cittassā"ti.

Because the mind is pointing the right way."

dutiyam.

43

43

"idhāham, bhikkhave, ekaccam puggalam paduṭṭhacittam evam cetasā ceto paricca pajānāmi:

"Mendicants, when I've comprehended the mind of a person whose mind is corrupted, I understand:

'imamhi ce ayam samaye puggalo kālam kareyya, yathābhatam nikkhitto evam niraye'.

'If this person were to die right now, they would be cast down to hell.'

tam kissa hetu?

Why is that?

cittam hissa, bhikkhave, paduttham.

Because their mind is corrupted.

cetopadosahetu pana, bhikkhave, evam'idhekacce sattā kāyassa bhedā param maranā apāyam duggatim vinipātam nirayam upapajjantī''ti.

Depravity of mind is the reason why some sentient beings, when their body breaks up, after death, are reborn in a place of loss, a bad place, the underworld, hell."

tatiyam.

44

"idhāham, bhikkhave, ekaccam puggalam pasannacittam evam cetasā ceto paricca pajānāmi:

"Mendicants, when I've comprehended the mind of a person whose mind is confident, I understand:

'imamhi ce ayam samaye puggalo kālam kareyya, yathābhatam nikkhitto evam sagge'.

'If this person were to die right now, they would be raised up to heaven.'

tam kissa hetu?

Why is that?

cittam hissa, bhikkhave, pasannam.

Because their mind is clear.

cetopasādahetu pana, bhikkhave, evam'idhekacce sattā kāyassa bhedā paraṃ maraṇā sugatiṃ saggaṃ lokaṃ upapajjantī'ti.

Clarity of mind is the reason why some sentient beings, when their body breaks up, after death, are reborn in a good place, a heavenly realm."

catuttham.

45

"seyyathāpi, bhikkhave, udakarahado āvilo lulito kalalībhūto tattha cakkhumā puriso tīre thito na passeyya sippisambukampi sakkharakathalampi macchagumbampi carantampi titthantampi.

"Suppose, mendicants, there was a lake that was cloudy, murky, and muddy. A person with good eyesight standing on the bank would not see the mussel shells, gravel and pebbles, and schools of fish swimming about or staying still.

tam kissa hetu?

Why is that?

āvilattā, bhikkhave, udakassa.

Because the water is clouded.

evamevam kho, bhikkhave, so vata bhikkhu āvilena cittena attattham vā ñassati parattham vā ñassati ubhayattham vā ñassati uttarim vā manussadhammā alamariyañānadassanavisesam sacchikarissatīti netam thānam vijjati.

In the same way, that a mendicant whose mind is clouded would know what's for their own good, the good of another, or the good of both; or that they would realize any superhuman distinction in knowledge and vision worthy of the noble ones: this is not possible.

tam kissa hetu?

Why is that?

āvilattā, bhikkhave, cittassā"ti.

Because their mind is clouded."

pañcamam.

46

"seyyathāpi, bhikkhave, udakarahado accho vippasanno anāvilo tattha cakkhumā puriso tīre thito passeyya sippisambukampi sakkharakaṭhalampi macchagumbampi carantampi titthantampi.

"Suppose, mendicants, there was a lake that was transparent, clear, and unclouded. A person with good eyesight standing on the bank would see the mussel shells, gravel and pebbles, and schools of fish swimming about or staying still.

tam kissa hetu?

. Why is that?

anāvilattā, bhikkhave, udakassa.

Because the water is unclouded.

evamevam kho, bhikkhave, so vata bhikkhu anāvilena cittena attattham vā ñassati parattham vā ñassati ubhayattham vā ñassati uttarim vā manussadhammā alamariyañānadassanavisesam sacchikarissatīti thānametam vijjati.

In the same way, that a mendicant whose mind is not clouded would know what's for their own good, the good of another, or the good of both; or that they would realize any superhuman distinction in knowledge and vision worthy of the noble ones: this is possible.

tam kissa hetu?

. Why is that?

anāvilattā, bhikkhave, cittassā"ti.

Because their mind is unclouded.

chattham.

47

"seyyathāpi, bhikkhave, yāni kānici rukkhajātānaṃ phandano tesaṃ aggamakkhāyati yadidaṃ mudutāya ceva kammaññatāya ca.

"Just as, mendicants, the <i>papra</i> is said to be the best kind of tree in terms of its pliability and workability,

evamevam kho aham, bhikkhave, nāññam ekadhammampi samanupassāmi yam evam bhāvitam bahulīkatam mudu ca hoti kammaññañca yathayidam cittam.

so too, I do not see a single thing that's as pliable and workable as the mind, when it is developed and cultivated.

cittam, bhikkhave, bhāvitam bahulīkatam mudu ca hoti kammaññañca hotī''ti. *A mind that is developed and cultivated is pliable and workable.*"

sattamam.

48

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yam evam lahuparivattam yathayidam cittam.

"Mendicants, I do not see a single thing that's as quick to change as the mind.

yāvañcidam, bhikkhave, upamāpi na sukarā yāva lahuparivattam cittan"ti. So much so that it's not easy to give a simile for how quickly the mind changes."

aṭṭhamaṃ.

49

"pabhassaramidam, bhikkhave, cittam.

"This mind, mendicants, is radiant.

tañca kho āgantukehi upakkilesehi upakkiliṭṭhan"ti.

But it's corrupted by passing corruptions.

navamam.

50₅₀

"pabhassaramidam, bhikkhave, cittam.

"This mind, mendicants, is radiant.

tañca kho āgantukehi upakkilesehi vippamuttan"ti.

And it is freed from passing corruptions."

dasamam.

panihitaacchavaggo pancamo.

aṅguttara nikāya 1

Numbered Discourses 1

6. accharāsaṅghātavagga 6. Finger Snap

- 1

1 51

"pabhassaramidam, bhikkhave, cittam.

"This mind, mendicants, is radiant.

tañca kho āgantukehi upakkilesehi upakkilittham.

But it is corrupted by passing corruptions.

tam assutavā puthujjano yathābhūtam nappajānāti.

An uneducated ordinary person does not truly understand this.

tasmā 'assutavato puthujjanassa cittabhāvanā natthī'ti vadāmī''ti.

So I say that the uneducated ordinary person has no development of the mind."

pathamam.

52₅₂

"pabhassaramidam, bhikkhave, cittam.

"This mind, mendicants, is radiant.

tañca kho āgantukehi upakkilesehi vippamuttam.

And it is freed from passing corruptions.

tam sutavā ariyasāvako yathābhūtam pajānāti.

An educated noble disciple truly understands this.

tasmā 'sutavato ariyasāvakassa cittabhāvanā atthī'ti vadāmī''ti.

So I say that the educated noble disciple has development of the mind."

dutiyam.

53 ₅₃

"accharāsaṅghātamattampi ce, bhikkhave, bhikkhu mettācittaṃ āsevati;

"If, mendicants, a mendicant cultivates a mind of love even as long as a finger snap,

ayam vuccati, bhikkhave:

they're called

'bhikkhu arittajjhāno viharati satthusāsanakaro ovādapatikaro, amogham ratthapindam bhuñjati'.

a mendicant who does not lack absorption, who follows the Teacher's instructions, who responds to advice, and who does not eat the country's alms in vain.

ko pana vādo ye nam bahulīkarontī"ti.

How much more so those who make much of it!"

tatiyam.

54

"accharāsaṅghātamattampi ce, bhikkhave, bhikkhu mettācittaṃ bhāveti;

"If, mendicants, a mendicant develops a mind of love even as long as a finger snap,

ayam vuccati, bhikkhave:

they're called

'bhikkhu arittajjhāno viharati satthusāsanakaro ovādapatikaro, amogham ratthapindam bhuñjati'.

a mendicant who does not lack absorption, who follows the Teacher's instructions, who responds to advice, and who does not eat the country's alms in vain.

ko pana vādo ye nam bahulīkarontī"ti.

How much more so those who make much of it!"

catuttham.

55₅₅

"accharāsaṅghātamattampi ce, bhikkhave, bhikkhu mettācittam manasi karoti; "If, mendicants, a mendicant focuses on a mind of love even as long as a finger snap.

ayam vuccati, bhikkhave:

they're called

'bhikkhu arittajjhāno viharati satthusāsanakaro ovādapatikaro amogham ratthapindam bhuñjati'.

a mendicant who does not lack absorption, who follows the Teacher's instructions, who responds to advice, and who does not eat the country's alms in vain.

ko pana vādo ye nam bahulīkarontī"ti.

How much more so those who make much of it!"

pañcamam.

56₅₆

"ye keci, bhikkhave, dhammā akusalā akusalabhāgiyā akusalapakkhikā, sabbe te manopubbaṅgamā.

"Mendicants, whatever qualities are unskillful, part of the unskillful, on the side of the unskillful, all of them are preceded by the mind.

mano tesam dhammānam pathamam uppajjati, anvadeva akusalā dhammā"ti. *Mind arises first, and unskillful qualities follow right behind.*"

chattham.

57 57

"ye keci, bhikkhave, dhammā kusalā kusalabhāgiyā kusalapakkhikā, sabbe te manopubbaṅgamā.

"Mendicants, whatever qualities are skillful, part of the skillful, on the side of the skillful, all of them are preceded by the mind.

mano tesam dhammānam pathamam uppajjati, anvadeva kusalā dhammā"ti. Mind arises first, and skillful qualities follow right behind."

sattamam.

58₅₈

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannā vā akusalā dhammā uppajjanti uppannā vā kusalā dhammā parihāyanti yathayidam, bhikkhave, pamādo.

"Mendicants, I do not see a single thing that gives rise to unskillful qualities, or makes skillful qualities decline like negligence.

pamattassa, bhikkhave, anuppannā ceva akusalā dhammā uppajjanti uppannā ca kusalā dhammā parihāyantī^{**}ti.

When you're negligent, unskillful qualities arise and skillful qualities decline."

aṭṭhamaṃ.

59 59

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannā vā kusalā dhammā uppajjanti uppannā vā akusalā dhammā parihāyanti yathayidam, bhikkhave, appamādo.

"Mendicants, I do not see a single thing that gives rise to skillful qualities, or makes unskillful qualities decline like diligence.

appamattassa, bhikkhave, anuppannā ceva kusalā dhammā uppajjanti uppannā ca akusalā dhammā parihāyantī"ti.

When you're diligent, skillful qualities arise and unskillful qualities decline."

navamam.

60

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannā vā akusalā dhammā uppajjanti uppannā vā kusalā dhammā parihāyanti yathayidam, bhikkhave, kosajjam.

"Mendicants, I do not see a single thing that gives rise to unskillful qualities, or makes skillful qualities decline like laziness.

kusītassa, bhikkhave, anuppannā ceva akusalā dhammā uppajjanti uppannā ca kusalā dhammā parihāyantī"ti.

When you're lazy, unskillful qualities arise and skillful qualities decline."

dasamam.

accharāsanghātavaggo chattho.

aṅguttara nikāya 1 Numbered Discourses 1

7. vīriyārambhādivagga

7. Arousing Energy

61₆₁

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannā vā kusalā dhammā uppajjanti uppannā vā akusalā dhammā parihāyanti yathayidam, bhikkhave, vīriyārambho.

"Mendicants, I do not see a single thing that gives rise to skillful qualities, or makes unskillful qualities decline like arousing energy.

āraddhavīriyassa, bhikkhave, anuppannā ceva kusalā dhammā uppajjanti uppannā ca akusalā dhammā parihāyantī'iti.

When you're energetic, skillful qualities arise and unskillful qualities decline."

pathamam.

62₆₂

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannā vā akusalā dhammā uppajjanti uppannā vā kusalā dhammā parihāyanti yathayidam, bhikkhave, mahicchatā.

"Mendicants, I do not see a single thing that gives rise to unskillful qualities, or makes skillful qualities decline like having many wishes.

mahicchassa, bhikkhave, anuppannā ceva akusalā dhammā uppajjanti uppannā ca kusalā dhammā parihāyantī''ti.

When you have many wishes, unskillful qualities arise and skillful qualities decline."

dutiyam.

63₆₃

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannā vā kusalā dhammā uppajjanti uppannā vā akusalā dhammā parihāyanti yathayidam, bhikkhave, appicchatā.

"Mendicants, I do not see a single thing that gives rise to skillful qualities, or makes unskillful qualities decline like having few wishes.

appicchassa, bhikkhave, anuppannā ceva kusalā dhammā uppajjanti uppannā ca akusalā dhammā parihāyantī''ti.

When you have few wishes, skillful qualities arise and unskillful qualities decline."

tatiyam.

64

"nāhaṃ, bhikkhave, aññaṃ ekadhammampi samanupassāmi yena anuppannā vā akusalā dhammā uppajjanti uppannā vā kusalā dhammā parihāyanti yathayidaṃ, bhikkhave, asantuṭṭhitā.

"Mendicants, I do not see a single thing that gives rise to unskillful qualities, or makes skillful qualities decline like lack of contentment.

asantuṭṭhassa, bhikkhave, anuppannā ceva akusalā dhammā uppajjanti uppannā ca kusalā dhammā parihāyantī'ti.

When you lack contentment, unskillful qualities arise and skillful qualities decline."

catuttham.

65₆₅

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannā vā kusalā dhammā uppajjanti uppannā vā akusalā dhammā parihāyanti yathayidam, bhikkhave, santutthitā.

"Mendicants, I do not see a single thing that gives rise to skillful qualities, or makes unskillful qualities decline like contentment.

santutthassa, bhikkhave, anuppannā ceva kusalā dhammā uppajjanti uppannā ca akusalā dhammā parihāyantī''ti.

When you're contented, skillful qualities arise and unskillful qualities decline."

pañcamam.

66₆₆

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannā vā akusalā dhammā uppajjanti uppannā vā kusalā dhammā parihāyanti yathayidam, bhikkhave, avonisomanasikāro.

"Mendicants, I do not see a single thing that gives rise to unskillful qualities, or makes skillful qualities decline like improper attention.

ayoniso, bhikkhave, manasi karoto anuppannā ceva akusalā dhammā uppajjanti uppannā ca kusalā dhammā parihāyantī^{*}ti.

When you attend improperly, unskillful qualities arise and skillful qualities decline."

chattham.

67₆₇

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannā vā kusalā dhammā uppajjanti uppannā vā akusalā dhammā parihāyanti yathayidam, bhikkhave, yonisomanasikāro.

"Mendicants. I do not see a single thing that gives rise to skillful qualities, or makes unskillful qualities decline like proper attention.

yoniso, bhikkhave, manasi karoto anuppannā ceva kusalā dhammā uppajjanti uppannā ca akusalā dhammā parihāyantī"ti.

When you attend properly, skillful qualities arise and unskillful qualities decline."

sattamam.

68₆₈

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannā vā akusalā dhammā uppajjanti uppannā vā kusalā dhammā parihāyanti yathayidam, bhikkhave, asampajaññam.

"Mendicants, I do not see a single thing that gives rise to unskillful qualities, or makes skillful qualities decline like lack of situational awareness.

asampajānassa, bhikkhave, anuppannā ceva akusalā dhammā uppajjanti uppannā ca kusalā dhammā parihāvantī"ti.

When you lack situational awareness, unskillful qualities arise and skillful qualities decline."

atthamam.

69₆₉

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannā vā kusalā dhammā uppajjanti uppannā vā akusalā dhammā parihāyanti yathayidam, bhikkhave, sampajaññam.

"Mendicants, I do not see a single thing that gives rise to skillful qualities, or makes unskillful qualities decline like situational awareness.

sampajānassa, bhikkhave, anuppannā ceva kusalā dhammā uppajjanti uppannā ca akusalā dhammā parihāyantī"ti.

When you have situational awareness, skillful qualities arise and unskillful qualities decline."

navamam.

70₇₀

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannā vā akusalā dhammā uppajjanti uppannā vā kusalā dhammā parihāyanti yathayidam, bhikkhave, pāpamittatā.

"Mendicants, I do not see a single thing that gives rise to unskillful qualities, or makes skillful qualities decline like bad friends.

pāpamittassa, bhikkhave, anuppannā ceva akusalā dhammā uppajjanti uppannā ca kusalā dhammā parihāyantī''ti.

When you have bad friends, unskillful qualities arise and skillful qualities decline."

dasamam.

vīriyārambhādivaggo sattamo.

aṅguttara nikāya 1 Numbered Discourses 1

8. kalyāṇamittādivagga 8. Good Friends

71 71

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannā vā kusalā dhammā uppajjanti uppannā vā akusalā dhammā parihāyanti yathayidam, bhikkhave, kalyānamittatā.

"Mendicants, I do not see a single thing that gives rise to skillful qualities, or makes unskillful qualities decline like good friends.

kalyāṇamittassa, bhikkhave, anuppannā ceva kusalā dhammā uppajjanti uppannā ca akusalā dhammā parihāyantī"ti.

When you have good friends, skillful qualities arise and unskillful qualities decline."

pathamam.

72₇₂

"nāhaṃ, bhikkhave, aññaṃ ekadhammampi samanupassāmi yena anuppannā vā akusalā dhammā uppajjanti uppannā vā kusalā dhammā parihāyanti yathayidaṃ, bhikkhave, anuyogo akusalānaṃ dhammānaṃ. ananuyogo kusalānaṃ dhammānaṃ.

"Mendicants, I do not see a single thing that gives rise to unskillful qualities, or makes skillful qualities decline like pursuing bad habits and not good habits.

anuyogā, bhikkhave, akusalānaṃ dhammānaṃ, ananuyogā kusalānaṃ dhammānaṃ anuppannā ceva akusalā dhammā uppajjanti uppannā ca kusalā dhammā parihāyantī''ti.

When you pursue bad habits and not good habits, unskillful qualities arise and skillful qualities decline."

dutiyam.

73 ₇₃

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannā vā kusalā dhammā uppajjanti uppannā vā akusalā dhammā parihāyanti yathayidam, bhikkhave, anuyogo kusalānam dhammānam, ananuyogo akusalānam dhammānam. "Mendicants, I do not see a single thing that gives rise to skillful qualities, or makes unskillful

qualities decline like pursuing good habits and not bad habits.

anuyogā, bhikkhave, kusalānam dhammānam, ananuyogā akusalānam dhammānam anuppannā ceva kusalā dhammā uppajjanti uppannā ca akusalā dhammā parihāyantī"ti.

When you pursue good habits and not bad habits, skillful qualities arise and unskillful qualities decline."

tatiyam.

74₇₄

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannā vā bojjhangā nuppajjanti uppannā vā bojjhangā na bhāvanāpāripūrim gacchanti yathayidam, bhikkhave, ayonisomanasikāro.

"Mendicants, I do not see a single thing that prevents the awakening factors from arising, or, if they've already arisen, prevents them from being fully developed like improper attention.

ayoniso, bhikkhave, manasi karoto anuppannā ceva bojjhaṅgā nuppajjanti uppannā ca bojjhaṅgā na bhāvanāpāripūriṃ gacchantī'iti.

When you attend improperly, the awakening factors don't arise, or, if they've already arisen, they're not fully developed."

catuttham.

75 ₇₅

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannā vā bojjhangā uppajjanti uppannā vā bojjhangā bhāvanāpāripūrim gacchanti yathayidam, bhikkhave, yonisomanasikāro.

"Mendicants, I do not see a single thing that gives rise to the awakening factors, or, if they've already arisen, fully develops them like proper attention.

yoniso, bhikkhave, manasi karoto anuppannā ceva bojjhaṅgā uppajjanti uppannā ca bojjhaṅgā bhāvanāpāripūrim gacchantī''ti.

When you attend properly, the awakening factors arise, or, if they've already arisen, they're fully developed."

pañcamam.

76₇₆

"appamattikā esā, bhikkhave, parihāni yadidam ñātiparihāni. "Loss of relatives, mendicants, is a small thing.

etam patikittham, bhikkhave, parihānīnam yadidam paññāparihānī''ti. *Wisdom is the worst thing to lose.*"

chattham.

77₇₇

"appamattikā esā, bhikkhave, vuddhi yadidam ñātivuddhi.
"Growth of relatives, mendicants, is a small thing.

etadaggam, bhikkhave, vuddhīnam yadidam paññāvuddhi. Wisdom is the best thing to grow.

tasmātiha, bhikkhave, evam sikkhitabbam:

So you should train like this:

'paññāvuddhiyā vaddhissāmā'ti.

'We will grow in wisdom.'

evañhi vo, bhikkhave, sikkhitabban"ti.

That's how you should train."

sattamam.

78₇₈

"appamattikā esā, bhikkhave, parihāni yadidam bhogaparihāni. "Loss of wealth, mendicants, is a small thing."

etam patikiṭṭham, bhikkhave, parihānīnam yadidam paññāparihānī''ti. Wisdom is the worst thing to lose."

aṭṭhamaṃ.

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79
79
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"appamattikā esā, bhikkhave, vuddhi yadidam bhogavuddhi. "Growth of wealth, mendicants, is a small thing.

etadaggam, bhikkhave, vuddhīnam yadidam paññāvuddhi. Wisdom is the best thing to grow.

tasmātiha, bhikkhave, evam sikkhitabbam:

So you should train like this:

'paññāvuddhiyā vaddhissāmā'ti.

'We will grow in wisdom.'

evañhi vo, bhikkhave, sikkhitabban"ti.

That's how you should train."

navamam.

80 80

"appamattikā esā, bhikkhave, parihāni yadidam yasoparihāni. "Loss of fame, mendicants, is a small thing.

etam patikittham, bhikkhave, parihānīnam yadidam paññāparihānī''ti. Wisdom is the worst thing to lose."

dasamam.

81

"appamattikā esā, bhikkhave, vuddhi yadidam yasovuddhi. "Growth of fame, mendicants, is a small thing.

etadaggam, bhikkhave, vuddhīnam yadidam paññāvuddhi. Wisdom is the best thing to grow.

tasmātiha, bhikkhave, evam sikkhitabbam:

So you should train like this:

'paññāvuddhiyā vaddhissāmā'ti.

'We will grow in wisdom.'

evañhi vo, bhikkhave, sikkhitabban''ti. That's how you should train."

ekādasamam.

kalyāṇamittādivaggo aṭṭhamo.

aṅguttara nikāya 1 Numbered Discourses 1

9. pamādādivagga 9. *Negligence*

82₈₂

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yo evam mahato anatthāya saṃvattati yathayidam, bhikkhave, pamādo.

"Mendicants, I do not see a single thing that is so very harmful as negligence.

pamādo, bhikkhave, mahato anatthāya samvattatī''ti.

Negligence is very harmful."

pathamam.

83

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yo evam mahato atthāya samvattati yathayidam, bhikkhave, appamādo.

"Mendicants, I do not see a single thing that is so very beneficial as diligence.

appamādo, bhikkhave, mahato atthāya samvattatī"ti.

Diligence is very beneficial."

dutiyam.

84

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yo evam mahato anatthāya samvattati yathayidam, bhikkhave, kosajjam.

"Mendicants, I do not see a single thing that is so very harmful as laziness.

kosajjam, bhikkhave, mahato anatthāya samvattatī"ti.

Laziness is very harmful."

tatiyam.

85₈₅

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yo evam mahato atthāya samvattati yathayidam, bhikkhave, vīriyārambho.

"Mendicants, I do not see a single thing that is so very beneficial as arousing energy."

vīriyārambho, bhikkhave, mahato atthāya samvattatī"ti.

Arousing energy is very beneficial."

catuttham.

86

"nāhaṃ, bhikkhave, aññaṃ ekadhammampi samanupassāmi yo evaṃ mahato anatthāya saṃvattati yathayidaṃ, bhikkhave, mahicchatā.

"Mendicants, I do not see a single thing that is so very harmful as having many wishes.

mahicchatā, bhikkhave, mahato anatthāya samvattatī''ti.

Having many wishes is very harmful."

pañcamam.

87₈₇

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yo evam mahato atthāya samvattati yathayidam, bhikkhave, appicchatā.

"Mendicants, I do not see a single thing that is so very beneficial as having few wishes.

appicchatā, bhikkhave, mahato atthāya saṃvattatī''ti.

Having few wishes is very beneficial."

chattham.

88

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yo evam mahato anatthāya samvattati yathayidam, bhikkhave, asantuṭṭhitā.

"Mendicants, I do not see a single thing that is so very harmful as lack of contentment.

asantutthitā, bhikkhave, mahato anatthāya samvattatī"ti.

Lack of contentment is very harmful."

sattamam.

89

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yo evam mahato atthāya samvattati yathayidam, bhikkhave, santutthitā.

"Mendicants, I do not see a single thing that is so very beneficial as contentment.

santuṭṭhitā, bhikkhave, mahato atthāya saṃvattatī"ti.

Contentment is very beneficial."

atthamam.

90

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yo evam mahato anatthāya samvattati yathayidam, bhikkhave, ayonisomanasikāro.

"Mendicants, I do not see a single thing that is so very harmful as improper attention.

ayonisomanasikāro, bhikkhave, mahato anatthāya saṃvattatī"ti. *Improper attention is very harmful.*"

navamam.

91₉₁

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yo evam mahato atthāya samvattati yathayidam, bhikkhave, yoniso—manasikāro.

"Mendicants, I do not see a single thing that is so very beneficial as proper attention.

yonisomanasikāro, bhikkhave, mahato atthāya saṃvattatī"ti.

Proper attention is very beneficial."

dasamam.

92

"nāhaṃ, bhikkhave, aññaṃ ekadhammampi samanupassāmi yo evaṃ mahato anatthāya saṃvattati yathayidaṃ, bhikkhave, asampajaññaṃ.

"Mendicants, I do not see a single thing that is so very harmful as lack of situational awareness.

asampajaññam, bhikkhave, mahato anatthāya samvattatī"ti.

Lack of situational awareness is very harmful."

ekādasamam.

93₉₃

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yo evam mahato atthāya saṃvattati yathayidam, bhikkhave, sampajaññam.

"Mendicants, I do not see a single thing that is so very beneficial as situational awareness."

sampajaññam, bhikkhave, mahato atthāya samvattatī"ti.

Situational awareness is very beneficial."

dvādasamam.

94

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yo evam mahato anatthāya saṃvattati yathayidam, bhikkhave, pāpamittatā.

"Mendicants, I do not see a single thing that is so very harmful as bad friends.

pāpamittatā, bhikkhave, mahato anatthāya samvattatī"ti.

Bad friends are very harmful."

terasamam.

95₉₅

"nāhaṃ, bhikkhave, aññaṃ ekadhammampi samanupassāmi yo evaṃ mahato atthāya saṃvattati yathayidaṃ, bhikkhave, kalyāṇamittatā.

"Mendicants, I do not see a single thing that is so very beneficial as good friends.

kalyānamittatā, bhikkhave, mahato atthāya samvattatī"ti.

Good friends are very beneficial."

cuddasamam.

96₉₆

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yo evam mahato anatthāya samvattati yathayidam, bhikkhave, anuyogo akusalānam dhammānam, ananuyogo kusalānam dhammānam.

"Mendicants, I do not see a single thing that is so very harmful as pursuing bad habits and not good habits.

anuyogo, bhikkhave, akusalānam dhammānam, ananuyogo kusalānam dhammānam mahato anatthāya saṃvattatī''ti.

Pursuing bad habits and not good habits is very harmful."

pannarasamam.

97

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yo evam mahato atthāya samvattati yathayidam, bhikkhave, anuyogo kusalānam dhammānam, ananuyogo akusalānam dhammānam.

"Mendicants, I do not see a single thing that is so very beneficial as pursuing good habits and not bad habits.

anuyogo, bhikkhave, kusalānam dhammānam, ananuyogo akusalānam dhammānam mahato atthāya samvattatī''ti.

Pursuing good habits and not bad habits is very beneficial."

solasamam.

pamādādivaggo navamo.

aṅguttara nikāya 1

Numbered Discourses 1

10. dutiyapamādādivagga 10. Negligence (2nd)

98

"ajjhattikam, bhikkhave, anganti karitvā nāññam ekangampi samanupassāmi yam evam mahato anatthāya saṃvattati yathayidam, bhikkhave, pamādo.

"Taking into account interior factors, mendicants, I do not see a single one that is so very harmful as negligence.

pamādo, bhikkhave, mahato anatthāya samvattatī"ti.

Negligence is very harmful."

pathamam.

99

"ajjhattikam, bhikkhave, anganti karitvā nāññam ekangampi samanupassāmi yam evam mahato atthāya samvattati yathayidam, bhikkhave, appamādo.

"Taking into account interior factors, mendicants, I do not see a single one that is so very beneficial as diligence.

appamādo, bhikkhave, mahato atthāya saṃvattatī''ti. Diligence is very beneficial."

dutiyam.

100

"ajjhattikam, bhikkhave, anganti karitvā nāññam ekangampi samanupassāmi yam evam mahato anatthāya samvattati yathayidam, bhikkhave, kosajjam.

"Taking into account interior factors, mendicants, I do not see a single one that is so very harmful as laziness.

kosajjam, bhikkhave, mahato anatthāya samvattatī''ti. *Laziness is very harmful.*"

tatiyam.

101

"ajjhattikam, bhikkhave, anganti karitvā nāññam ekangampi samanupassāmi yam evam mahato atthāya samvattati yathayidam, bhikkhave, vīriyārambho.

"Taking into account interior factors, mendicants, I do not see a single one that is so very beneficial as arousing energy.

 $v\bar{\imath}riy\bar{a}rambho,\,bhikkhave,\,mahato\,\,atth\bar{a}ya\,\,samvattat\bar{\imath}"ti.$

Arousing energy is very beneficial."

catuttham.

102–109 102–109 "ajjhattikam, bhikkhave, anganti karitvā nāññam ekangampi samanupassāmi yam evam mahato anatthāya samvattati yathayidam, bhikkhave, mahicchatā ... pe ... appicchatā ... asantuṭṭhitā ... santuṭṭhitā ... ayonisomanasikāro ... yonisomanasikāro ... asampajaññam ... sampajaññam ... dvādasamam.

"Taking into account interior factors, mendicants, I do not see a single one that is so very harmful as having many wishes ... having few wishes ... lack of contentment ... contentment ... improper attention ... proper attention ... lack of situational awareness ... situational awareness ..."

"bāhiram, bhikkhave, anganti karitvā nāññam ekangampi samanupassāmi yam evam mahato anatthāya samvattati yathayidam, bhikkhave, pāpamittatā.

"Taking into account exterior factors, mendicants, I do not see a single one that is so very harmful as bad friends.

pāpamittatā, bhikkhave, mahato anatthāya samvattatī"ti.

Bad friends are very harmful."

terasamam.

111

"bāhiram, bhikkhave, anganti karitvā nāññam ekangampi samanupassāmi yam evam mahato atthāya samvattati yathayidam, bhikkhave, kalyāṇamittatā.

"Taking into account exterior factors, mendicants, I do not see a single one that is so very beneficial as good friends.

kalyāṇamittatā, bhikkhave, mahato atthāya samvattatī"ti.

Good friends are very beneficial."

cuddasamam.

112

"ajjhattikam, bhikkhave, anganti karitvā nāññam ekangampi samanupassāmi yam evam mahato anatthāya samvattati yathayidam, bhikkhave, anuyogo akusalānam dhammānam, ananuyogo kusalānam dhammānam.

"Taking into account interior factors, mendicants, I do not see a single one that is so very harmful as pursuing bad habits and not good habits.

anuyogo, bhikkhave, akusalānam dhammānam, ananuyogo kusalānam dhammānam mahato anatthāya samvattatī''ti.

Pursuing bad habits and not good habits is very harmful."

pannarasamam.

113

"ajjhattikam, bhikkhave, anganti karitvā nāññam ekangampi samanupassāmi yam evam mahato atthāya samvattati yathayidam, bhikkhave, anuyogo kusalānam dhammānam, ananuyogo akusalānam dhammānam.

"Taking into account interior factors, mendicants, I do not see a single one that is so very beneficial as pursuing good habits and not bad habits.

anuyogo, bhikkhave, kusalānaṃ dhammānaṃ, ananuyogo akusalānaṃ dhammānaṃ mahato atthāya saṃvattatī''ti.

Pursuing good habits and not bad habits is very beneficial."

solasamam.

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yo evam saddhammassa sammosāya antaradhānāya samvattati yathayidam, bhikkhave, pamādo.

"Mendicants, I do not see a single thing that leads to the decline and disappearance of the true teaching like negligence.

pamādo, bhikkhave, saddhammassa sammosāya antaradhānāya saṃvattatī''ti. Negligence leads to the decline and disappearance of the true teaching."

sattarasamam.

115

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yo evam saddhammassa thitiyā asammosāya anantaradhānāya saṃvattati yathayidam, bhikkhave, appamādo.

"Mendicants, I do not see a single thing that leads to the continuation, persistence, and enduring of the true teaching like diligence.

appamādo, bhikkhave, saddhammassa thitiyā asammosāya anantaradhānāya saṃvattatī"ti.

Diligence leads to the continuation, persistence, and enduring of the true teaching."

atthārasamam.

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yo evam saddhammassa sammosāya antaradhānāya samvattati yathayidam, bhikkhave, kosajjam.

"Mendicants, I do not see a single thing that leads to the decline and disappearance of the true teaching like laziness.

kosajjam, bhikkhave, saddhammassa sammosāya antaradhānāya samvattatī''ti. Laziness leads to the decline and disappearance of the true teaching."

ekūnavīsatimam.

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yo evam saddhammassa thitiyā asammosāya anantaradhānāya samvattati yathayidam, bhikkhave, vīriyārambho.

"Mendicants, I do not see a single thing that leads to the continuation, persistence, and enduring of the true teaching like arousing energy.

vīriyārambho, bhikkhave, saddhammassa ṭhitiyā asammosāya anantaradhānāya samvattatī''ti.

Arousing energy leads to the continuation, persistence, and enduring of the true teaching."

vīsatimam.

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yo evam saddhammassa sammosāya antaradhānāya samvattati yathayidam, bhikkhave, mahicchatā ... pe ... appicchatā ... asantuṭṭhitā ... santuṭṭhitā ... ayonisomanasikāro ... yonisomanasikāro ... sampajaññam ... pāpamittatā ... kalyāṇamittatā ... anuyogo akusalānam dhammānam, ananuyogo kusalānam dhammānam.

"Mendicants, I do not see a single thing that leads to the decline and disappearance of the true teaching like having many wishes ... having few wishes ... lack of contentment ... contentment ... improper attention ... proper attention ... lack of situational awareness ... situational awareness ... bad friends ... good friends ... pursuing bad habits and not good habits.

anuyogo, bhikkhave, akusalānam dhammānam, ananuyogo kusalānam dhammānam saddhammassa sammosāya antaradhānāya samvattatī''ti.

Pursuing bad habits and not good habits leads to the decline and disappearance of the true teaching."

ekattimsatimam.

129

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yo evam saddhammassa thitiyā asammosāya anantaradhānāya samvattati yathayidam, bhikkhave, anuyogo kusalānam dhammānam, ananuyogo akusalānam dhammānam.

"Mendicants, I do not see a single thing that leads to the continuation, persistence, and enduring of the true teaching like pursuing good habits and not bad habits.

anuyogo, bhikkhave, kusalānam dhammānam, ananuyogo akusalānam dhammānam saddhammassa thitiyā asammosāya anantaradhānāya saṃvattatī"ti.

Pursuing good habits and not bad habits leads to the continuation, persistence, and enduring of the true teaching"

bāttimsatimam.

catukkotikam nitthitam.

130

"ye te, bhikkhave, bhikkhū adhammam dhammoti dīpenti te, bhikkhave, bhikkhū bahujanaahitāya paṭipannā bahujanaasukhāya, bahuno janassa anatthāya ahitāya dukkhāya devamanussānam.

"Mendicants, those mendicants who explain what is not the teaching as the teaching are acting for the hurt and unhappiness of the people, for the harm, hurt, and suffering of gods and humans

bahuñca te, bhikkhave, bhikkhū apuññaṃ pasavanti, te cimaṃ saddhammaṃ antaradhāpentī''ti.

They make much bad karma and make the true teaching disappear."

tettimsatimam.

131

"ye te, bhikkhave, bhikkhū dhammam adhammoti dīpenti te, bhikkhave, bhikkhū bahujanaahitāya paṭipannā bahujanaasukhāya, bahuno janassa anatthāya ahitāya dukkhāya devamanussānam.

"Mendicants, those mendicants who explain what is the teaching as not the teaching are acting for the hurt and unhappiness of the people, for the harm, hurt, and suffering of gods and humans.

bahuñca te, bhikkhave, bhikkhū apuññaṃ pasavanti, te cimaṃ saddhammaṃ antaradhāpentī''ti.

They make much bad karma and make the true teaching disappear."

catuttimsatimam.

132–139 132–139

"ye te, bhikkhave, bhikkhū avinayam vinayoti dīpenti ... pe ... vinayam avinayoti dīpenti ... pe ... abhāsitam alapitam tathāgatena bhāsitam lapitam tathāgatenāti dīpenti ... pe ... bhāsitam lapitam tathāgatena abhāsitam alapitam tathāgatenāti dīpenti ... pe ... anācinnam tathāgatena ācinnam tathāgatenāti dīpenti ... pe ... apañnattam tathāgatena anācinnam tathāgatenāti dīpenti ... pe ... apañnattam tathāgatena apañnattam tathāgatenāti dīpenti; ... pe ... pañnattam tathāgatena apañnattam tathāgatenāti dīpenti;

"Those mendicants who explain what is not found in the texts on monastic training as found in those texts ... what is found in the texts on monastic training as not found in those texts ... what was not spoken and stated by the Realized One as spoken and stated by the Realized One ... what was spoken and stated by the Realized One as not spoken and stated by the Realized One ... what was not practiced by the Realized One as practiced by the Realized One ... what was not prescribed by the Realized One as not prescribed by the Realized One as not prescribed by the Realized One as not prescribed by the Realized One

te, bhikkhave, bhikkhū bahujanaahitāya paṭipannā bahujanaasukhāya, bahuno janassa anatthāya ahitāya dukkhāya devamanussānam.

are acting for the hurt and unhappiness of the people, for the harm, hurt, and suffering of gods and humans.

bahuñca te, bhikkhave, bhikkhū apuññaṃ pasavanti, te cimaṃ saddhammaṃ antaradhāpentī''ti.

They make much bad karma and make the true teaching disappear."

dvācattālīsatimam.

dutiyapamādādivaggo dasamo.

aṅguttara nikāya 1 Numbered Discourses 1

11. adhammavagga *11. Not the Teaching*

140

"ye te, bhikkhave, bhikkhū adhammam adhammoti dīpenti te, bhikkhave, bhikkhū bahujanahitāya paṭipannā bahujanasukhāya, bahuno janassa atthāya hitāya sukhāya devamanussānam.

"Mendicants, those mendicants who explain what is not the teaching as not the teaching are acting for the welfare and happiness of the people, for the benefit, welfare, and happiness of gods and humans.

bahuñca te, bhikkhave, bhikkhū puññaṃ pasavanti, te cimaṃ saddhammaṃ thapentī'iti.

They make much merit and make the true teaching continue."

pathamam.

141

"ye te, bhikkhave, bhikkhū dhammam dhammoti dīpenti te, bhikkhave, bhikkhū bahujanahitāya paṭipannā bahujanasukhāya, bahuno janassa atthāya hitāya sukhāya devamanussānam.

"Mendicants, those mendicants who explain what is the teaching as the teaching are acting for the welfare and happiness of the people, for the benefit, welfare, and happiness of gods and humans

bahuñca te, bhikkhave, bhikkhū puññaṃ pasavanti, te cimaṃ saddhammaṃ thapentī''ti.

They make much merit and make the true teaching continue."

dutiyam.

142–149 142–149

"ye te, bhikkhave, bhikkhū avinayaṃ avinayoti dīpenti ... pe ... vinayaṃ vinayoti dīpenti ... pe ... abhāsitaṃ alapitaṃ tathāgatena abhāsitaṃ alapitaṃ tathāgatenāti dīpenti ... pe ... bhāsitaṃ lapitaṃ tathāgatena bhāsitaṃ lapitaṃ tathāgatenāti dīpenti ... pe ... anāciṇṇaṃ tathāgatena anāciṇṇaṃ tathāgatenāti dīpenti ... pe ... aciṇṇaṃ tathāgatena āciṇṇaṃ tathāgatena tathāgatena tathāgatena tathāgatena tathāgatena tathāgatena paññattaṃ tathāgatena paññattaṃ tathāgatenati dīpenti;

"Those mendicants who explain what is not found in the texts on monastic training as not found in the texts on monastic training ... what is found in the texts on monastic training as found in the texts on monastic training ... what was not spoken and stated by the Realized One as not spoken and stated by the Realized One ... what was spoken and stated by the Realized One as spoken and stated by the Realized One ... what was not practiced by the Realized One as not practiced by the Realized One ... what was practiced by the Realized One as not prescribed by the Realized One ... what was prescribed by the Realized One as prescribed by the Realized One ... what was prescribed by the Realized One ... what was prescribed by the Realized One ...

te, bhikkhave, bhikkhū bahujanahitāya paṭipannā bahujanasukhāya, bahuno janassa atthāya hitāya sukhāya devamanussānam.

are acting for the welfare and happiness of the people, for the benefit, welfare, and happiness of gods and humans.

bahuñca te, bhikkhave, bhikkhū puññaṃ pasavanti, te cimaṃ saddhammaṃ thapentī'iti.

They make much merit and make the true teaching continue."

dasamam.

adhammavaggo ekādasamo.

12. anāpattivagga 12. Non-offense

150 150

"ye te, bhikkhave, bhikkhū anāpattim āpattīti dīpenti te, bhikkhave, bhikkhū bahujanaahitāya paṭipannā bahujanaasukhāya, bahuno janassa anatthāya ahitāya dukkhāya devamanussānam.

"Mendicants, those mendicants who explain non-offense as an offense are acting for the hurt and unhappiness of the people, for the harm, hurt, and suffering of gods and humans.

bahuñca te, bhikkhave, bhikkhū apuññaṃ pasavanti, te cimaṃ saddhammaṃ antaradhāpentī"ti.

They make much bad karma and make the true teaching disappear."

pathamam.

151 151

"ye te, bhikkhave, bhikkhū āpattim anāpattīti dīpenti te, bhikkhave, bhikkhū bahujanaahitāya patipannā bahujanaasukhāya, bahuno janassa anatthāya ahitāya dukkhāya devamanussānam.

"Mendicants, those mendicants who explain an offense as non-offense are acting for the hurt and unhappiness of the people, for the harm, hurt, and suffering of gods and humans."

bahuñca te, bhikkhave, bhikkhū apuññaṃ pasavanti, te cimaṃ saddhammaṃ antaradhāpentī''ti.

Those mendicants make much bad karma and make the true teaching disappear."

dutiyam.

152–159 152–159

"ye te, bhikkhave, bhikkhū lahukam āpattim garukā āpattīti dīpenti ... pe ... garukam āpattim lahukā āpattīti dīpenti ... pe ... duṭṭhullam āpattim aduṭṭhullā āpattīti dīpenti ... pe ... aduṭṭhullam āpattīti dīpenti ... pe ... sāvasesam āpattim anavasesā āpattīti dīpenti ... pe ... anavasesam āpattim sāvasesā āpattīti dīpenti ... pe ... appaṭikammam āpattīti dīpenti ... pe ... appaṭikammam āpattīti dīpenti te, bhikkhave, bhikkhū bahujanaahitāya paṭipannā bahujanaasukhāya, bahuno janassa anatthāya ahitāya dukkhāya devamanussānam.

"Those mendicants who explain a light offense as a serious offense ... a serious offense as a light offense ... an offense committed with corrupt intention as an offense not committed with corrupt intention ... an offense not committed with corrupt intention as an offense committed with corrupt intention ... an offense requiring rehabilitation as an offense not requiring rehabilitation as an offense requiring rehabilitation ... an offense with redress as an offense without redress ... an offense without redress as an offense with redress are acting for the hurt and unhappiness of the people, for the harm, hurt, and suffering of gods and humans.

bahuñca te, bhikkhave, bhikkhū apuññaṃ pasavanti, te cimaṃ saddhammaṃ antaradhāpentī''ti.

Those mendicants make much bad karma and make the true teaching disappear."

dasamam.

160 160 "ye te, bhikkhave, bhikkhū anāpattim anāpattīti dīpenti te, bhikkhave, bhikkhū bahujanahitāya paṭipannā bahujanasukhāya, bahuno janassa atthāya hitāya sukhāya devamanussānam.

"Mendicants, those mendicants who explain non-offense as non-offense are acting for the welfare and happiness of the people, for the benefit, welfare, and happiness of gods and humans

bahuñca te, bhikkhave, bhikkhū puññaṃ pasavanti, te cimaṃ saddhammaṃ thapentī''ti.

They make much merit and make the true teaching continue."

ekādasamam.

161 161

"ye te, bhikkhave, bhikkhū āpattim āpattīti dīpenti te, bhikkhave, bhikkhū bahujanahitāya paṭipannā bahujanasukhāya, bahuno janassa atthāya hitāya sukhāya devamanussānam.

"Mendicants, those mendicants who explain an offense as an offense are acting for the welfare and happiness of the people, for the benefit, welfare, and happiness of gods and humans.

bahuñca te, bhikkhave, bhikkhū puññaṃ pasavanti, te cimaṃ saddhammaṃ thapentī''ti.

They make much merit and make the true teaching continue."

dvādasamam.

162–169 162–169

"ye te, bhikkhave, bhikkhū lahukam āpattim lahukā āpattīti dīpenti ... garukam āpattim garukā āpattīti dīpenti ... duṭṭhullam āpattim duṭṭhullā āpattīti dīpenti ... aduṭṭhullam āpattim aduṭṭhullā āpattīti dīpenti ... sāvasesam āpattim sāvasesā āpattīti dīpenti ... anavasesam āpattim anavasesā āpattīti dīpenti ... sappaṭikammam āpattim sappaṭikammā āpattīti dīpenti;

"Those mendicants who explain a light offense as a light offense ... a serious offense as a serious offense ... an offense committed with corrupt intention as an offense committed with corrupt intention as an offense not committed with corrupt intention as an offense not committed with corrupt intention ... an offense requiring rehabilitation as an offense requiring rehabilitation ... an offense not requiring rehabilitation ... an offense with redress as an offense with redress ... an offense without redress as an offense without redress

te, bhikkhave, bhikkhū bahujanahitāya paṭipannā bahujanasukhāya, bahuno janassa atthāya hitāya sukhāya devamanussānam.

are acting for the welfare and happiness of the people, for the benefit, welfare, and happiness of the people, of gods and humans.

bahuñca te, bhikkhave, bhikkhū puññam pasavanti, te cimam saddhammam thapentī'iti.

They make much merit and make the true teaching continue."

vīsatimam.

anāpattivaggo dvādasamo.

13. ekapuggalavagga 13. One Person

170 170

"ekapuggalo, bhikkhave, loke uppajjamāno uppajjati bahujanahitāya bahujanasukhāya lokānukampāya atthāya hitāya sukhāya devamanussānam.

"One person, mendicants, arises in the world for the welfare and happiness of the people, out of compassion for the world, for the benefit, welfare, and happiness of gods and humans.

katamo ekapuggalo?

What one person?

tathāgato araham sammāsambuddho.

The Realized One, the perfected one, the fully awakened Buddha.

ayam kho, bhikkhave, ekapuggalo loke uppajjamāno uppajjati bahujanahitāya bahujanasukhāya lokānukampāya atthāya hitāya sukhāya devamanussānan"ti.

This is the one person, mendicants, who arises in the world for the welfare and happiness of the people, out of compassion for the world, for the benefit, welfare, and happiness of gods and humans."

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"ekapuggalassa, bhikkhave, pātubhāvo dullabho lokasmim.

"The appearance of one person, mendicants, is rare in the world.

katamassa ekapuggalassa?

What one person?

tathāgatassa arahato sammāsambuddhassa.

The Realized One, the perfected one, the fully awakened Buddha.

imassa kho, bhikkhave, ekapuggalassa pātubhāvo dullabho lokasmin"ti.

This is the one person, mendicants, whose appearance is rare in the world."

172 172

"ekapuggalo, bhikkhave, loke uppajjamāno uppajjati acchariyamanusso.

"One person, mendicants, arises in the world who is an incredible human being.

katamo ekapuggalo?

What one person?

tathāgato araham sammāsambuddho.

The Realized One, the perfected one, the fully awakened Buddha.

ayam kho, bhikkhave, ekapuggalo loke uppajjamāno uppajjati acchariyamanusso"ti. This is the one person, mendicants, who arises in the world who is an incredible human being."

173 173

"ekapuggalassa, bhikkhave, kālakiriyā bahuno janassa anutappā hoti.

"The death of one person, mendicants, is regretted by many people.

katamassa ekapuggalassa?

What one person?

tathāgatassa arahato sammāsambuddhassa.

The Realized One, the perfected one, the fully awakened Buddha.

imassa kho, bhikkhave, ekapuggalassa kālakiriyā bahuno janassa anutappā hotī"ti. This is the one person, mendicants, whose death is regretted by many people." "ekapuggalo, bhikkhave, loke uppajjamāno uppajjati adutiyo asahāyo appaṭimo appatisamo appatibhāgo appatipuggalo asamo asamasamo dvipadānam aggo.

"One person, mendicants, arises in the world unique, without peer or counterpart, incomparable, matchless, unrivaled, unequaled, without equal, the best of bipeds.

katamo ekapuggalo?

What one person?

tathāgato araham sammāsambuddho.

The Realized One, the perfected one, the fully awakened Buddha.

ayam kho, bhikkhave, ekapuggalo loke uppajjamāno uppajjati adutiyo asahāyo appaţimo appaţisamo appaţibhāgo appaţipuggalo asamo asamasamo dvipadānam aggo"ti.

This is the one person, mendicants, who arises in the world unique, without peer or counterpart, incomparable, matchless, unrivaled, unequaled, without equal, the best of bipeds."

175–186 175–186

"ekapuggalassa, bhikkhave, pātubhāvā mahato cakkhussa pātubhāvo hoti, mahato ālokassa pātubhāvo hoti, mahato obhāsassa pātubhāvo hoti, channam anuttariyānam pātubhāvo hoti, catunnam paṭisambhidānam sacchikiriyā hoti, anekadhātupaṭivedho hoti, nānādhātupaṭivedho hoti, vijjāvimuttiphalasacchikiriyā hoti, sotāpattiphalasacchikiriyā hoti, sakadāgāmiphalasacchikiriyā hoti, anāgāmiphalasacchikiriyā hoti, arahattaphalasacchikiriyā hoti.

"With the appearance of one person, mendicants, there is the appearance of a great eye, a great light, a great radiance, and the six unsurpassable things; the realization of the four kinds of textual analysis; the penetration of many and diverse elements; the realization of the fruit of knowledge and freedom; the realization of the fruits of stream-entry, once-return, non-return, and perfection.

katamassa ekapuggalassa?

What one person?

tathāgatassa arahato sammāsambuddhassa.

The Realized One, the perfected one, the fully awakened Buddha.

imassa kho, bhikkhave, ekapuggalassa pātubhāvā mahato cakkhussa pātubhāvo hoti, mahato ālokassa pātubhāvo hoti, mahato obhāsassa pātubhāvo hoti, channam anuttariyānam pātubhāvo hoti, catunnam paṭisambhidānam sacchikiriyā hoti, anekadhātupaṭivedho hoti, nānādhātupaṭivedho hoti, vijjāvimuttiphalasacchikiriyā hoti, sotāpattiphalasacchikiriyā hoti, sakadāgāmiphalasacchikiriyā hoti, anāgāmiphalasacchikiriyā hoti, arahattaphalasacchikiriyā hotī'ti.

This is the one person whose appearance brings the appearance of a great eye, a great light, a great radiance, and the six unsurpassable things; the realization of the four kinds of textual analysis; the penetration of many and diverse elements; the realization of the fruit of knowledge and release; the realization of the fruits of stream-entry, once-return, non-return, and perfection."

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"nāham, bhikkhave, aññam ekapuggalampi samanupassāmi yo evam tathāgatena anuttaram dhammacakkam pavattitam sammadeva anuppavatteti yathayidam, bhikkhave, sāriputto.

"Mendicants, I do not see a single other person who rightly keeps rolling the supreme Wheel of Dhamma that was rolled forth by the Realized One like Sāriputta.

sāriputto, bhikkhave, tathāgatena anuttaram dhammacakkam pavattitam sammadeva anuppavattetī"ti.

Sāriputta rightly keeps rolling the supreme Wheel of Dhamma that was rolled forth by the Realized One."

ekapuggalavaggo terasamo.

14. pathamavagga

188–197 188–197

"etadaggam, bhikkhave, mama sāvakānam bhikkhūnam rattaññūnam yadidam aññāsikondañño. (1)

"The foremost of my monk disciples in seniority is Aññākondañña.

- ... mahāpaññānam yadidam sāriputto. (2)
 - ... with great wisdom is Sāriputta.
- ... iddhimantānam yadidam mahāmoggallāno. (3)
 - ... with psychic power is Mahāmoggallāna.
- ... dhutavādānam yadidam mahākassapo. (4)
 - ... who advocate austerities is Mahākassapa.
- ... dibbacakkhukānam yadidam anuruddho. (5)
 - ... with clairvoyance is Anuruddha.
- ... uccākulikānam yadidam bhaddiyo kāļigodhāya putto. (6) ... from eminent families is Bhaddiya Kāļigodhāyaputta.
- ... mañjussarānam yadidam lakundaka bhaddiyo. (7)
 - ... with a charming voice is Lakuntaka Bhaddiya.
- ... sīhanādikānam yadidam piņdolabhāradvājo. (8)
 - ... with a lion's roar is Pindolabhāradvāja.
- ... dhammakathikānam yadidam punno mantāniputto. (9)
 - ... who speak on the teaching is Punna Mantaniputta.
- ... sankhittena bhāsitassa vitthārena attham vibhajantānam yadidam mahākaccāno''ti. (10)
 - ... who explain in detail the meaning of a brief statement is Mahākaccāna."

vaggo pathamo.

15. dutiyavagga 15. Second

198–208 198–208

"etadaggam, bhikkhave, mama sāvakānam bhikkhūnam manomayam kāyam abhinimminantānam yadidam cūlapanthako. (1)

"The foremost of my monk disciples in creating a mind-made body is Cūlapanthaka.

... cetovivaṭṭakusalānaṃ yadidaṃ cūḷapanthako. (2)

... who are skilled in the evolution of consciousness is Cūļapanthaka.

... saññāvivaṭṭakusalānaṃ yadidaṃ mahāpanthako. (3)

... who are skilled in the evolution of perception is Mahāpanthaka.

... araṇavihārīnaṃ yadidaṃ subhūti. (4)

... who live without conflict is Subhūti.

... dakkhineyyānam yadidam subhūti. (5)

... who are worthy of a religious donation is Subhūti.

... āraññakānam yadidam revato khadiravaniyo. (6) ... who stay in the wilderness is Revata of the Acacia Wood.

... jhāyīnam yadidam kankhārevato. (7) ... who practice absorption is Kankhārevata.

... āraddhavīriyānam yadidam sono koliviso. (8)

... who are energetic is Sona Kolivisa.

... kalyāṇavākkaraṇānaṃ yadidaṃ soṇo kuṭikaṇṇo. (9)

... who are good speakers is Sona Kutikanna.

... lābhīnam yadidam sīvali. (10)

... who receive many possessions is Sīvali.

... saddhādhimuttānam yadidam vakkalī"ti. (11) ... who are strong in faith is Vakkalī."

vaggo dutiyo.

16. tatiyavagga *16. Third*

209-218 209-218

"etadaggam, bhikkhave, mama sāvakānam bhikkhūnam sikkhākāmānam yadidam rāhulo. (1)

"The foremost of my monk disciples who want to train is Rāhula.

- ... saddhāpabbajitānam yadidam ratthapālo. (2)
 - ... who went forth out of faith is Ratthapāla.
- ... pathamam salākam ganhantānam yadidam kundadhāno. (3) ... who are the first to pick up a ballot slip is Kundadhāna.
- ... patibhānavantānam yadidam vangīso. (4) ... who are eloquent poets is Vangīsa.
- ... samantapāsādikānam yadidam upaseno vangantaputto. (5) ... who are impressive all around is Üpasena Vangantaputta.
- ... senāsanapaññāpakānam yadidam dabbo mallaputto. (6) ... who assign lodgings is Dabba Mallaputta.
- ... devatānam piyamanāpānam yadidam pilindavaccho. (7) ... who are beloved of the deities is Pilindavaccha.
- ... khippābhiññānam yadidam bāhiyo dārucīriyo. (8) ... with swift insight is Bāhiya Dārucīriya.
- ... cittakathikānam yadidam kumārakassapo. (9) ... with brilliant speech is Kassapa the Prince.
- ... paṭisambhidāpattānaṃ yadidaṃ mahākoṭṭhito''ti. (10) ... who have attained the methods of textual analysis is Mahākoṭṭhita."

vaggo tatiyo.

17. catutthavagga *17. Fourth*

219–234 219–234

"etadaggam, bhikkhave, mama sāvakānam bhikkhūnam bahussutānam yadidam ānando. (1)

"The foremost of my monk disciples who are very learned is Ānanda.

- ... satimantānam yadidam ānando. (2)
 - ... with a good memory is Ānanda.
- ... gatimantānam yadidam ānando. (3)

... with an extensive range is Ānanda.

- ... dhitimantānam yadidam ānando. (4)
 - ... in retention is Ānanda.
- ... upatthākānam yadidam ānando. (5)
 - ... as a personal attendant is Ānanda.
- ... mahāparisānam yadidam uruvelakassapo. (6)
 - ... with a large congregation is Uruvelakassapa.
- ... kulappasādakānam yadidam kāludāyī. (7) ... who inspire lay families is Kāludāyī.
- ... appābādhānam yadidam bākulo. (8)
- ... with good health is Bakkula.
- ... pubbenivāsam anussarantānam yadidam sobhito. (9) ... who recollect past lives is Sobhita.
- ... vinayadharānam yadidam upāli. (10)

... who have memorized the texts on monastic training is Upāli.

- ... bhikkhunovādakānam yadidam nandako. (11)
 - ... who advise the nuns is Nandaka.
- ... indriyesu guttadvārānam yadidam nando. (12)

... who guard the sense doors is Nanda.

... bhikkhuovādakānam yadidam mahākappino. (13)

... who advise the monks is Mahākappina.

... tejodhātukusalānam yadidam sāgato. (14)

... who are skilled in the fire element is Sagata.

- ... paṭibhāneyyakānam yadidam rādho. (15)
 - ... who inspire eloquent teachings is Rādha.
- ... lūkhacīvaradharānam yadidam mogharājā"ti. (16) ... who wear coarse robes is Mogharāja."

vaggo catuttho.

pañcamavagga 18. Fifth

235–247 235–247

"etadaggam, bhikkhave, mama sāvikānam bhikkhunīnam rattaññūnam yadidam mahāpajāpatigotamī. (1)

"The foremost of my nun disciples in seniority is Mahāpajāpatī Gotamī.

- ... mahāpaññānam yadidam khemā. (2)
 - ... with great wisdom is Khemā.
- ... iddhimantīnam yadidam uppalavannā. (3)
 - ... with psychic power is Uppalavannā.
- ... vinayadharānam yadidam patācārā. (4)
 - ... who have memorized the texts on monastic training is Paṭācārā.
- ... dhammakathikānam yadidam dhammadinnā. (5)
 - ... who speak on the teaching is Dhammadinnā.
- ... jhāyīnam yadidam nandā. (6)
 - ... who practice absorption is Nandā.
- ... āraddhavīriyānam yadidam sonā. (7) ... who are energetic is Sonā.
- ... dibbacakkhukānam yadidam bakulā. (8)

... who recollect past lives is Bhaddā Kāpilānī.

- ... with clairvoyance is Sakulā.
- ... khippābhiññānam yadidam bhaddā kundalakesā. (9) ... with swift insight is Bhaddā Kundalakesā.
- ... pubbenivāsam anussarantīnam yadidam bhaddā kāpilānī. (10)
- ... mahābhiññāpattānam yadidam bhaddakaccānā. (11)
 - ... who have attained great insight is Bhaddakaccānā.
- ... lūkhacīvaradharānam yadidam kisāgotamī. (12)
- ... who wear coarse robes is Kisāgotamī.
- ... saddhādhimuttānam yadidam singālakamātā"ti. (13)
- ... who are strong in faith is Singālakamātā."

vaggo pañcamo.

19. chatthavagga

248–257 248–257

"etadaggam, bhikkhave, mama sāvakānam upāsakānam pathamam saraṇam gacchantānam yadidam tapussabhallikā vānijā. (1)

"The foremost of my laymen in first going for refuge are the merchants Tapussa and Bhallika.

- ... dāyakānam yadidam sudatto gahapati anāthapiṇḍiko. (2) ... as a donor is the householder Sudatta Anāthapindika.
- ... dhammakathikānam yadidam citto gahapati macchikāsandiko. (3) ... who speak on the teaching is the householder Citta Macchikāsandika.
- ... catūhi sangahavatthūhi parisam sanganhantānam yadidam hatthako ālavako. (4) ... who attract a congregation by the four ways of being inclusive is Hatthaka Ālavaka.
- ... paṇītadāyakānam yadidam mahānāmo sakko. (5) ... who donate fine things is Mahānāma Sakka.
- ... manāpadāyakānam yadidam uggo gahapati vesāliko. (6) ... who donate nice things is the householder Ugga of Vesālī.
- ... sanghupatthākānam yadidam hatthigāmako uggato gahapati. (7) ... who attend on the Sangha is the householder Uggata of Hatthi Village.
- ... aveccappasannānam yadidam sūrambattho. (8) ... who have experiential confidence is Sūrambattha.
- ... puggalappasannānam yadidam jīvako komārabhacco. (9) ... who have confidence in a person is Jīvaka Komārabhacca.
- ... vissāsakānam yadidam nakulapitā gahapatī"ti. (10) ... who are intimate is the householder Nakula's father."

vaggo chattho.

20. sattamavagga 20. Seventh

258–267 258–267

"etadaggam, bhikkhave, mama sāvikānam upāsikānam pathamam saranam gacchantīnam yadidam sujātā seniyadhītā. (1)

"The foremost of my laywomen in first going for refuge is Sujātā Seniyadhītā.

... dāyikānam yadidam visākhā migāramātā. (2)

... as a donor is Visākhā, Migāra's mother.

... bahussutānam yadidam khujjuttarā. (3)

... who are very learned is Khujjuttarā.

... mettāvihārīnam yadidam sāmāvatī. (4)

... who dwell in love is Sāmāvatī.

... jhāyīnam yadidam uttarānandamātā. (5)

... who practice absorption is Uttarānandamātā.

... paņītadāyikānam yadidam suppavāsā koliyadhītā. (6)

... who give fine things is Suppavāsā Koliyadhītā.

... gilānupatthākīnam yadidam suppiyā upāsikā. (7)

... who care for the sick is the laywoman Suppiya.

... aveccappasannānam yadidam kātiyānī. (8)

... who have experiential confidence is Kātiyānī.

... vissāsikānam yadidam nakulamātā gahapatānī. (9)

... who are intimate is the householder Nakula's mother.

... anussavappasannānam yadidam kāļī upāsikā kuraragharikā"ti. (10)

... whose confidence is based on oral transmission is the laywoman Kālī of Kuraraghara."

vaggo sattamo.

(etadaggavaggo nitthito.)

21. pathamavagga 21. First

268

"aṭṭhānametam, bhikkhave, anavakāso yam diṭṭhisampanno puggalo kañci sankhāram niccato upagaccheyya. netam thānam vijjati.

"It is impossible, mendicants, it cannot happen for a person accomplished in view to take any condition as permanent. That is not possible.

thānañca kho etam, bhikkhave, vijjati yam puthujjano kañci sankhāram niccato upagaccheyya. thānametam vijjatī 'ti.

But it is possible for an ordinary person to take some condition as permanent. That is possible."

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"aṭṭhānametaṃ, bhikkhave, anavakāso yaṃ diṭṭhisampanno puggalo kañci saṅkhāraṃ sukhato upagaccheyya. netaṃ ṭhānaṃ vijjati.

"It is impossible, mendicants, it cannot happen for a person accomplished in view to take any condition as pleasant.

thānañca kho etam, bhikkhave, vijjati yam puthujjano kañci saṅkhāram sukhato upagaccheyya. thānametam vijjatī 'ti.

But it is possible for an ordinary person to take some condition as pleasant."

270

"aṭṭhānametam, bhikkhave, anavakāso yam diṭṭhisampanno puggalo kañci dhammam attato upagaccheyya. netam thānam vijjati.

"It is impossible, mendicants, it cannot happen for a person accomplished in view to take anything as self.

thānañca kho etam, bhikkhave, vijjati yam puthujjano kañci dhammam attato upagaccheyya. ṭhānametam vijjatī 'ti.

But it is possible for an ordinary person to take something as self."

271

"aṭṭhānametam, bhikkhave, anavakāso yam diṭṭhisampanno puggalo mātaram jīvitā voropeyya. netam thānam vijjati.

"It is impossible, mendicants, it cannot happen for a person accomplished in view to murder their mother.

thānañca kho, bhikkhave, vijjati yam puthujjano mātaram jīvitā voropeyya. thānametam vijjatī''ti.

But it is possible for an ordinary person to murder their mother."

272

"aṭṭhānametaṃ, bhikkhave, anavakāso yaṃ diṭṭhisampanno puggalo pitaraṃ jīvitā voropeyya. netam thānam vijjati.

"It is impossible, mendicants, it cannot happen for a person accomplished in view to murder their father.

thānañca kho etam, bhikkhave, vijjati yam puthujjano pitaram jīvitā voropeyya. thānametam vijjatī"ti.

But it is possible for an ordinary person to murder their father."

"aṭṭhānametaṃ, bhikkhave, anavakāso yaṃ diṭṭhisampanno puggalo arahantaṃ jīvitā voropeyya. netaṃ ṭhānaṃ vijjati.

"It is impossible, mendicants, it cannot happen for a person accomplished in view to murder a perfected one.

thānañca kho etam, bhikkhave, vijjati yam puthujjano arahantam jīvitā voropeyya. thānametam vijjatī''ti.

But it is possible for an ordinary person to murder a perfected one."

274 274

"aṭṭhānametam, bhikkhave, anavakāso yam diṭṭhisampanno puggalo tathāgatassa padutthacitto lohitam uppādeyya. netam thānam vijjati.

"It is impossible, mendicants, it cannot happen for a person accomplished in view to injure a Realized One with malicious intent.

thānañca kho etam, bhikkhave, vijjati yam puthujjano tathāgatassa paduṭṭhacitto lohitam uppādeyya. thānametam vijjatī''ti.

But it is possible for an ordinary person to injure a Realized One with malicious intent."

275 275

"aṭṭhānametam, bhikkhave, anavakāso yam diṭṭhisampanno puggalo saṅgham bhindeyya. netam thānam vijjati.

"It is impossible, mendicants, it cannot happen for a person accomplished in view to cause a schism in the Sangha.

thānañca kho etam, bhikkhave, vijjati yam puthujjano sangham bhindeyya. thānametam vijjatī"ti.

But it is possible for an ordinary person to cause a schism in the Sangha."

276 276

"aṭṭhānametam, bhikkhave, anavakāso yam diṭṭhisampanno puggalo aññam satthāram uddiseyya. netam thānam vijjati.

"It is impossible, mendicants, it cannot happen for a person accomplished in view to acknowledge another teacher.

thānañca kho etam, bhikkhave, vijjati yam puthujjano aññam satthāram uddiseyya. ṭhānametam vijjatī"ti.

But it is possible for an ordinary person to acknowledge another teacher."

277

"aṭṭhānametam, bhikkhave, anavakāso yam ekissā lokadhātuyā dve arahanto sammāsambuddhā apubbam acarimam uppajjeyyum. netam thānam vijjati.

"It is impossible, mendicants, it cannot happen for two perfected ones, fully awakened Buddhas to arise in the same solar system at the same time.

thānañca kho etam, bhikkhave, vijjati yam ekissā lokadhātuyā ekova araham sammāsambuddho uppajjeyya. thānametam vijjatī''ti.

But it is possible for just one perfected one, a fully awakened Buddha, to arise in one solar system."

vaggo pathamo.

22. dutiyavagga 22. Second

278 278

"aṭṭhānametaṃ, bhikkhave, anavakāso yaṃ ekissā lokadhātuyā dve rājāno cakkavattī apubbam acarimam uppajjeyyum. netam thānam vijjati.

"It is impossible, mendicants, it cannot happen for two wheel-turning monarchs to arise in the same solar system at the same time.

thānañca kho etam, bhikkhave, vijjati yam ekissā lokadhātuyā eko rājā cakkavattī uppajjeyya. thānametam vijjatī''ti.

But it is possible for just one wheel-turning monarch to arise in one solar system."

279 279

"aṭṭhānametaṃ, bhikkhave, anavakāso yaṃ itthī arahaṃ assa sammāsambuddho. netam thānam vijjati.

"It is impossible, mendicants, it cannot happen for a woman to be a perfected one, a fully awakened Buddha.

thānañca kho, etam, bhikkhave, vijjati yam puriso araham assa sammāsambuddho. thānametam vijjatī"ti.

But it is possible for a man to be a perfected one, a fully awakened Buddha."

280

"aṭṭhānametaṃ, bhikkhave, anavakāso yaṃ itthī rājā assa cakkavattī. netaṃ ṭhānaṃ vijjati.

"It is impossible, mendicants, it cannot happen for a woman to be a wheel-turning monarch.

thānañca kho etam, bhikkhave, vijjati yam puriso rājā assa cakkavattī. ṭhānametam vijjatī"ti.

But it is possible for a man to be a wheel-turning monarch."

 $281 - 283 \atop 281 - 283$

"aṭṭhānametaṃ, bhikkhave, anavakāso yam itthī sakkattaṃ kāreyya ... pe ... mārattam kāreyya ... pe ... brahmattam kāreyya .netam thānam vijjati.

"It is impossible, mendicants, it cannot happen for a woman to perform the role of Sakka, Māra, or Brahmā.

thānañca kho etam, bhikkhave, vijjati yam puriso sakkattam kāreyya ... pe ... mārattam kāreyya ... pe ... brahmattam kāreyya. thānametam vijjatī"ti.

But it is possible for a man to perform the role of Sakka, Māra, or Brahmā."

284 284

"aṭṭhānametaṃ, bhikkhave, anavakāso yaṃ kāyaduccaritassa iṭṭho kanto manāpo vipāko nibbatteyya. netaṃ ṭhānaṃ vijjati.

"It is impossible, mendicants, it cannot happen for a likable, desirable, agreeable result to come from bad bodily conduct.

thānañca kho etam, bhikkhave, vijjati yam kāyaduccaritassa aniṭṭho akanto amanāpo vipāko nibbatteyya. ṭhānametam vijjatī"ti.

But it is possible for an unlikable, undesirable, disagreeable result to come from bad bodily conduct."

285–286 285–286 "aṭṭhānametaṃ, bhikkhave, anavakāso yaṃ vacīduccaritassa ... pe ... yaṃ manoduccaritassa iṭṭho kanto manāpo vipāko nibbatteyya. netaṃ ṭhānaṃ vijjati.

"It is impossible, mendicants, it cannot happen for a likable, desirable, agreeable result to come from bad verbal ... bad mental conduct.

thānañca kho etam, bhikkhave, vijjati yam manoduccaritassa aniṭṭho akanto amanāpo vipāko nibbatteyya. ṭhānametam vijjatī"ti.

But it is possible for an unlikable, undesirable, disagreeable result to come from bad verbal ... bad mental conduct."

vaggo dutiyo.

23. tatiyavagga 23. Third

287 287

"aṭṭhānametaṃ, bhikkhave, anavakāso yaṃ kāyasucaritassa aniṭṭho akanto amanāpo vipāko nibbatteyya. netam thānam vijjati.

"It is impossible, mendicants, it cannot happen for an unlikable, undesirable, disagreeable result to come from good bodily conduct.

thānañca kho etam, bhikkhave, vijjati yam kāyasucaritassa iṭṭho kanto manāpo vipāko nibbatteyya. thānametam vijjatī"ti.

But it is possible for a likable, desirable, agreeable result to come from good bodily conduct."

288–289 288–289

"aṭṭhānametaṃ, bhikkhave, anavakāso yaṃ vacīsucaritassa ... pe ... manosucaritassa aniṭṭho akanto amanāpo vipāko nibbatteyya. netaṃ ṭhānaṃ vijjati.

"It is impossible, mendicants, it cannot happen for an unlikable, undesirable, disagreeable result to come from good verbal ... good mental conduct.

thānañca kho etam, bhikkhave, vijjati yam manosucaritassa iṭṭho kanto manāpo vipāko nibbatteyya. thānametam vijjatī''ti.

But it is possible for a likable, desirable, agreeable result to come from good verbal ... good mental conduct."

290

"aṭṭhānametaṃ, bhikkhave, anavakāso yaṃ kāyaduccaritasamangī tannidānā tappaccayā kāyassa bhedā paraṃ maraṇā sugatiṃ saggaṃ lokaṃ upapajjeyya. netaṃ ṭhānaṃ vijjati.

"It is impossible, mendicants, it cannot happen that someone who has engaged in bad bodily conduct, could for that reason alone, when their body breaks up, after death, be reborn in a good place, a heavenly realm.

thānañca kho etam, bhikkhave, vijjati yam kāyaduccaritasamangī tannidānā tappaccayā kāyassa bhedā param maranā apāyam duggatim vinipātam nirayam upapajjeyya. thānametam vijjatī"ti.

But it is possible that someone who has engaged in bad bodily conduct could, for that reason alone, when their body breaks up, after death, be reborn in a place of loss, a bad place, the underworld, hell."

291–292 291–292

"aṭṭhānametam, bhikkhave, anavakāso yam vacīduccaritasamaṅgī ... pe ... yam manoduccaritasamaṅgī tannidānā tappaccayā kāyassa bhedā param maraṇā sugatim saggam lokam upapajjeyya. netam thānam vijjati.

"It is impossible, mendicants, it cannot happen that someone who has engaged in bad verbal ... bad mental conduct could, for that reason alone, when their body breaks up, after death, be reborn in a good place, a heavenly realm.

thānañca kho etam, bhikkhave, vijjati yam manoduccaritasamangī tannidānā tappaccayā kāyassa bhedā param maraṇā apāyam duggatim vinipātam nirayam upapajjevya. thānametam vijjatī'iti.

But it is possible that someone who has engaged in bad verbal ... bad mental conduct could, for that reason alone, when their body breaks up, after death, be reborn in a place of loss, a bad place, the underworld, hell."

293

"aṭṭhānametaṃ, bhikkhave, anavakāso yaṃ kāyasucaritasamaṅgī tannidānā tappaccayā kāyassa bhedā paraṃ maraṇā apāyaṃ duggatiṃ vinipātaṃ nirayaṃ upapajjeyya. netaṃ ṭhānaṃ vijjati.

"It is impossible, mendicants, it cannot happen that someone who has engaged in good bodily conduct could, for that reason alone, when their body breaks up, after death, be reborn in a

place of loss, the underworld, a lower realm, hell.

thānañca kho etam, bhikkhave, vijjati yam kāyasucaritasamangī tannidānā tappaccayā kāyassa bhedā param maranā sugatim saggam lokam upapajjeyya. thānametam vijjatī''ti.

But it is possible that someone who has engaged in good bodily conduct could, for that reason alone, when their body breaks up, after death, be reborn in a good place, a heavenly realm."

294–295 294–295

"aṭṭhānametam, bhikkhave, anavakāso yam vacīsucaritasamangī ... pe ... yam manosucaritasamangī tannidānā tappaccayā kāyassa bhedā param maranā apāyam duggatim vinipātam nirayam upapajjeyya. netam thānam vijjati.

"It is impossible, mendicants, it cannot happen that someone who has engaged in good verbal ... good mental conduct could, for that reason alone, when their body breaks up, after death,

be reborn in a place of loss, a bad place, the underworld, hell.

thānañca kho etam, bhikkhave, vijjati yam manosucaritasamangī tannidānā tappaccayā kāyassa bhedā param maranā sugatim saggam lokam upapajjeyya. thānametam vijjatī"ti.

But it is possible that someone who has engaged in good verbal ... good mental conduct could, for that reason alone, when their body breaks up, after death, be reborn in a good place, heavenly realm."

vaggo tatiyo.

aṭṭhānapāḷi niṭṭhitā.

24. pathamavagga 24. First

296 296

"ekadhammo, bhikkhave, bhāvito bahulīkato ekantanibbidāya virāgāya nirodhāya upasamāya abhiññāya sambodhāya nibbānāya samvattati.

"One thing, mendicants, when developed and cultivated, leads solely to disillusionment, dispassion, cessation, peace, insight, awakening, and extinguishment.

katamo ekadhammo?

What one thing?

buddhānussati.

Recollection of the Buddha.

ayam kho, bhikkhave, ekadhammo bhāvito bahulīkato ekantanibbidāya virāgāya nirodhāya upasamāya abhiññāya sambodhāya nibbānāya samvattatī"ti.

This one thing, when developed and cultivated, leads solely to disillusionment, dispassion, cessation, peace, insight, awakening, and extinguishment."

297-305 297-305

"ekadhammo, bhikkhave, bhāvito bahulīkato ekantanibbidāya virāgāya nirodhāya upasamāya abhiññāya sambodhāya nibbānāya saṃvattati.

"One thing, mendicants, when developed and cultivated, leads solely to disillusionment, dispassion, cessation, peace, insight, awakening, and extinguishment.

katamo ekadhammo?

What one thing?

dhammānussati ... pe ... sanghānussati ... sīlānussati ... cāgānussati ... devatānussati ... ānāpānassati ... maraṇassati ... kāyagatāsati ... upasamānussati. Recollection of the teaching ... Recollection of the Sangha ... Recollection of ethical conduct ... Recollection of generosity ... Recollection of the deities ... Mindfulness of breathing ... Mindfulness of death ... Mindfulness of the body ... Recollection of peace.

ayam kho, bhikkhave, ekadhammo bhāvito bahulīkato ekantanibbidāya virāgāya nirodhāya upasamāya abhiññāya sambodhāya nibbānāya samvattatī"ti.

This one thing, when developed and cultivated, leads solely to disillusionment, dispassion, cessation, peace, insight, awakening, and extinguishment."

vaggo pathamo.

25. dutiyavagga 25. Second

306 306

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannā vā akusalā dhammā uppajjanti uppannā vā akusalā dhammā bhiyyobhāvāya vepullāya samvattanti yathayidam, bhikkhave, micchāditthi.

"Mendicants, I do not see a single thing that gives rise to unskillful qualities, or, when they have arisen, makes them increase and grow like wrong view.

micchādiṭṭhikassa, bhikkhave, anuppannā ceva akusalā dhammā uppajjanti uppannā ca akusalā dhammā bhiyyobhāvāya vepullāya saṃvattantī''ti.

When you have wrong view, unskillful qualities arise and skillful qualities decline."

307

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannā vā kusalā dhammā uppajjanti uppannā vā kusalā dhammā bhiyyobhāvāya vepullāya samvattanti yathavidam, bhikkhave, sammāditthi.

"Mendicants, I do not see a single thing that gives rise to skillful qualities, or, when they have arisen, makes them increase and grow like right view.

sammādiṭṭhikassa, bhikkhave, anuppannā ceva kusalā dhammā uppajjanti uppannā ca kusalā dhammā bhiyyobhāvāya vepullāya saṃvattantī''ti.

When you have right view, unarisen skillful qualities arise and unskillful qualities decline."

308 308

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannā vā kusalā dhammā nuppajjanti uppannā vā kusalā dhammā parihāyanti yathayidam, bhikkhave, micchāditthi.

"Mendicants, I do not see a single thing that gives rise to unskillful qualities, or makes skillful qualities decline like wrong view.

micchādiṭṭhikassa, bhikkhave, anuppannā ceva kusalā dhammā nuppajjanti uppannā ca kusalā dhammā parihāyantī"ti.

When you have wrong view, unskillful qualities arise and skillful qualities decline."

309

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannā vā akusalā dhammā nuppajjanti uppannā vā akusalā dhammā parihāyanti yathayidam, bhikkhave, sammādiṭṭhi.

"Mendicants, I do not see a single thing that gives rise to skillful qualities, or makes unskillful qualities decline like right view.

sammāditthikassa, bhikkhave, anuppannā ceva akusalā dhammā nuppajjanti uppannā ca akusalā dhammā parihāyantī"ti.

When you have right view, skillful qualities arise and unskillful qualities decline."

310 310

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannā vā micchādiṭṭhi uppajjati uppannā vā micchādiṭṭhi pavaḍḍhati yathayidam, bhikkhave, ayonisomanasikāro.

"Mendicants, I do not see a single thing that gives rise to wrong view, and once arisen, makes it grow like improper attention.

ayoniso, bhikkhave, manasi karoto anuppannā ceva micchādiṭṭhi uppajjati uppannā ca micchāditthi pavaddhatī"ti.

When you attend improperly, wrong view arises, and once arisen it grows."

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena anuppannā vā sammādiṭṭhi uppajjati uppannā vā sammādiṭṭhi pavaḍḍhati yathayidam, bhikkhave, yonisomanasikāro.

"Mendicants, I do not see a single thing that gives rise to right view, or, once it has already arisen, makes it grow like proper attention.

yoniso, bhikkhave, manasi karoto anuppannā ceva sammādiṭṭhi uppajjati uppannā ca sammādiṭṭhi pavaddhatī"ti.

When you attend properly, right view arises, and once arisen it grows."

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"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena sattā kāyassa bhedā param maranā apāyam duggatim vinipātam nirayam uppajjanti yathayidam, bhikkhave, micchāditthi.

"Mendicants, I do not see a single thing that causes sentient beings to be reborn, when their body breaks up, after death, in a place of loss, a bad place, the underworld, hell like wrong view.

micchādiṭṭhiyā, bhikkhave, samannāgatā sattā kāyassa bhedā paraṃ maraṇā apāyaṃ duggatim vinipātam nirayam uppajjantī''ti.

It is because they have wrong view that sentient beings, when their body breaks up, after death, are reborn in a place of loss, a bad place, the underworld, hell."

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"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yena sattā kāyassa bhedā param maranā sugatim saggam lokam uppajjanti yathayidam, bhikkhave, sammādiṭṭhi.

"Mendicants, I do not see a single thing that causes sentient beings to be reborn, when their body breaks up, after death, in a good place, a heavenly realm like right view.

sammāditthiyā, bhikkhave, samannāgatā sattā kāyassa bhedā param maranā sugatim saggam lokam uppajjantī"ti.

It is because they have right view that sentient beings, when their body breaks up, after death, are reborn in a good place, a heavenly realm."

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"micchādiṭṭhikassa, bhikkhave, purisapuggalassa yañceva kāyakammam yathādiṭṭhi samattaṃ samādinnaṃ yañca vacīkammam ... pe ... yañca manokammam yathādiṭṭhi samattaṃ samādinnaṃ yā ca cetanā yā ca patthanā yo ca paṇidhi ye ca sankhārā sabbe te dhammā aniṭṭhāya akantāya amanāpāya ahitāya dukkhāya samvattanti.

"Mendicants, when an individual has wrong view, whatever bodily, verbal, or mental deeds they undertake in line with that view, their intentions, aims, wishes, and choices all lead to what is unlikable, undesirable, disagreeable, harmful, and suffering.

tam kissa hetu?

Why is that?

diṭṭhi hissa, bhikkhave, pāpikā.

Because their view is bad.

seyyathāpi, bhikkhave, nimbabījam vā kosātakibījam vā tittakālābubījam vā allāya pathaviyā nikkhittam yañceva pathavirasam upādiyati yañca āporasam upādiyati sabbam tam tittakattāya katukattāya asātattāya samvattati.

Suppose a seed of neem, angled gourd, or bitter gourd was planted in moist earth. Whatever nutrients it takes up from the earth and water would lead to its bitter, acerbic, and unpleasant taste.

tam kissa hetu?

Why is that?

bījañhissa, bhikkhave, pāpakam.

Because the seed is bad.

evamevam kho, bhikkhave, micchādiṭṭhikassa purisapuggalassa yañceva kāyakammam yathādiṭṭhi samattam samādinnam yañca vacīkammam ... pe ... yañca manokammam yathādiṭṭhi samattam samādinnam yā ca cetanā yā ca patthanā yo ca paṇidhi ye ca sankhārā sabbe te dhammā aniṭṭhāya akantāya amanāpāya ahitāya dukkhāya samvattanti.

In the same way, when an individual has wrong view, whatever bodily, verbal, or mental deeds they undertake in line with that view, their intentions, aims, wishes, and choices all lead to what is unlikable, undesirable, disagreeable, harmful, and suffering.

tam kissa hetu?

Why is that?

ditthi hissa, bhikkhave, pāpikā"ti.

Because their view is bad.

315

"sammādiṭṭhikassa, bhikkhave, purisapuggalassa yañceva kāyakammam yathādiṭṭhi samattam samādinnam yañca vacīkammam ... pe ... yañca manokammam yathādiṭṭhi samattam samādinnam yā ca cetanā yā ca patthanā yo ca paṇidhi ye ca sankhārā sabbe te dhammā iṭṭhāya kantāya manāpāya hitāya sukhāya saṃvattanti.

"Mendicants, when an individual has right view, whatever bodily, verbal, or mental deeds they undertake in line with that view, their intentions, aims, wishes, and choices all lead to what is likable, desirable, agreeable, beneficial, and pleasant.

tam kissa hetu?

. Why is that?

ditthi hissa, bhikkhave, bhaddikā.

Because their view is good.

seyyathāpi, bhikkhave, ucchubījam vā sālibījam vā muddikābījam vā allāya pathaviyā nikkhittam yañceva pathavirasam upādiyati yañca āporasam upādiyati sabbam tam madhurattāya sātattāya asecanakattāya samvattati.

Suppose a seed of sugar cane, fine rice, or grape was planted in moist earth. Whatever nutrients it takes up from the earth and water would lead to its sweet, pleasant, and delicious taste

tam kissa hetu?

Why is that?

bījam hissa, bhikkhave, bhaddakam.

Because the seed is good.

evamevam kho, bhikkhave, sammādiṭṭhikassa purisapuggalassa yañceva kāyakammam yathādiṭṭhi samattam samādinnam yañca vacīkammam ... pe ... yañca manokammam yathādiṭṭhi samattam samādinnam yā ca cetanā yā ca paṭthanā yo ca paṇidhi ye ca sankhārā sabbe te dhammā iṭṭhāya kantāya manāpāya hitāya sukhāya saṃvattanti.

In the same way, when an individual has right view, whatever bodily, verbal, or mental deeds they undertake in line with that view, their intentions, aims, wishes, and choices all lead to what is likable, desirable, agreeable, beneficial, and pleasant.

tam kissa hetu? Why is that?

diṭṭhi hissa, bhikkhave, bhaddikā"ti. Because their view is good."

vaggo dutiyo.

26. tatiyavagga 26. Third

316 316

"ekapuggalo, bhikkhave, loke uppajjamāno uppajjati bahujanaahitāya bahujanaasukhāya, bahuno janassa anatthāya ahitāya dukkhāya devamanussānam. "One person, mendicants, arises in the world for the hurt and unhappiness of the people, for

"One person, mendicants, arises in the world for the hurt and unhappiness of the people, for the harm, hurt, and suffering of gods and humans.

katamo ekapuggalo?

What one person?

micchāditthiko hoti viparītadassano.

Someone with wrong view, whose perspective is distorted.

so bahujanam saddhammā vutthāpetvā asaddhamme patitthāpeti.

They draw many people away from the true teaching and establish them in false teachings.

ayam kho, bhikkhave, ekapuggalo loke uppajjamāno uppajjati bahujanaahitāya bahujanaasukhāya, bahuno janassa anatthāya ahitāya dukkhāya devamanussānan"ti. This is one person who arises in the world for the hurt and unhappiness of the people, for the harm, hurt, and suffering of gods and humans."

317 317

"ekapuggalo, bhikkhave, loke uppajjamāno uppajjati bahujanahitāya bahujanasukhāya, bahuno janassa atthāya hitāya sukhāya devamanussānam.

"One person, mendicants, arises in the world for the welfare and happiness of the people, for the benefit, welfare, and happiness of gods and humans.

katamo ekapuggalo?

What one person?

sammādiţthiko hoti aviparītadassano.

Someone with right view, whose perspective is undistorted.

so bahujanam asaddhammā vuṭṭhāpetvā saddhamme patiṭṭhāpeti.

They draw many people away from false teachings and establish them in the true teaching.

ayam kho, bhikkhave, ekapuggalo loke uppajjamāno uppajjati bahujanahitāya bahujanasukhāya, bahuno janassa atthāya hitāya sukhāya devamanussānan"ti. This is one person who arises in the world for the welfare and happiness of the people, for the benefit, welfare, and happiness of gods and humans."

318 318

"nāham, bhikkhave, aññam ekadhammampi samanupassāmi yam evam mahāsāvajjam yathayidam, bhikkhave, micchāditthi.

"Mendicants, I do not see a single thing that is so very blameworthy as wrong view.

micchāditthiparamāni, bhikkhave, mahāsāvajjānī"ti.

Wrong view is the most blameworthy thing of all."

319

"nāham, bhikkhave, aññam ekapuggalampi samanupassāmi yo evam bahujanaahitāya patipanno bahujanaasukhāya, bahuno janassa anatthāya ahitāya dukkhāya devamanussānam yathayidam, bhikkhave, makkhali moghapuriso.

"Mendicants, I do not see a single other person who acts for the hurt and unhappiness of the people, for the harm, hurt, and suffering of many people, of gods and humans like that silly man, Makkhali.

seyyathāpi, bhikkhave, nadīmukhe khippam uḍḍeyya bahūnam macchānam ahitāya dukkhāya anayāya byasanāya;

Just as a trap set at the mouth of a river would bring harm, suffering, calamity, and disaster for many fish,

evamevam kho, bhikkhave, makkhali moghapuriso manussakhippam maññe loke uppanno bahūnam sattānam ahitāya dukkhāya anayāya byasanāyā"ti.

so too that silly man, Makkhali, is a trap for humans, it seems to me. He has arisen in the world for the harm, suffering, calamity, and disaster of many beings."

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"durakkhāte, bhikkhave, dhammavinaye yo ca samādapeti yañca samādapeti yo ca samādapito tathattāya patipajjati sabbe te bahum apuññam pasavanti.

"Mendicants, the one who encourages someone in a poorly explained teaching and training, the one who they encourage, and the one who practices accordingly all make much bad karma.

tam kissa hetu?

Why is that?

durakkhātattā, bhikkhave, dhammassā"ti.

Because the teaching is poorly explained."

321 321

"svākkhāte, bhikkhave, dhammavinaye yo ca samādapeti yañca samādapeti yo ca samādapito tathattāya paṭipajjati sabbe te bahum puññam pasavanti.

"Mendicants, the one who encourages someone in a well explained teaching and training, the one who they encourage, and the one who practices accordingly all make much merit.

tam kissa hetu?

Why is that?

svākkhātattā, bhikkhave, dhammassā"ti. Because the teaching is well explained."

322

"durakkhāte, bhikkhave, dhammavinaye dāyakena mattā jānitabbā, no patiggāhakena.

"Mendicants, in a poorly explained teaching and training, the donor should know moderation, not the recipient.

tam kissa hetu?

Why is that?

durakkhātattā, bhikkhave, dhammassā"ti.

Because the teaching is poorly explained."

323 323

"svākkhāte, bhikkhave, dhammavinaye paṭiggāhakena mattā jānitabbā, no dāyakena.

"Mendicants, in a well explained teaching and training, the recipient should know moderation, not the donor.

tam kissa hetu?

. Why is that?

svākkhātattā, bhikkhave, dhammassā"ti.

Because the teaching is well explained."

 324_{324}

"durakkhāte, bhikkhave, dhammavinaye yo āraddhavīriyo so dukkham viharati.

"Mendicants, in a poorly explained teaching and training an energetic person lives in suffering.

tam kissa hetu?

Why is that?

durakkhātattā, bhikkhave, dhammassā"ti.

Because the teaching is poorly explained."

325

"svākkhāte, bhikkhave, dhammavinaye yo kusīto so dukkham viharati.

"Mendicants, in a well explained teaching and training a lazy person lives in suffering.

tam kissa hetu?

. Why is that?

svākkhātattā, bhikkhave, dhammassā"ti.

Because the teaching is well explained."

326 326

"durakkhāte, bhikkhave, dhammavinaye yo kusīto so sukham viharati.

"Mendicants, in a poorly explained teaching and training a lazy person lives happily.

tam kissa hetu?

Why is that?

durakkhātattā, bhikkhave, dhammassā"ti.

Because the teaching is poorly explained."

327

"svākkhāte, bhikkhave, dhammavinaye yo āraddhavīriyo so sukham viharati.

"Mendicants, in a well explained teaching and training an energetic person lives happily.

tam kissa hetu?

. Why is that?

svākkhātattā, bhikkhave, dhammassā"ti.

Because the teaching is well explained."

328 328

"seyyathāpi, bhikkhave, appamattakopi gūtho duggandho hoti;

"Just as, mendicants, even a tiny bit of fecal matter still stinks,

evamevam kho aham, bhikkhave, appamattakampi bhavam na vannemi, antamaso accharāsanghātamattampi".

so too I don't approve of even a tiny bit of continued existence, not even as long as a finger snap."

329 329–332

"seyyathāpi, bhikkhave, appamattakampi muttam duggandham hoti ...

appamattakopi khelo duggandho hoti ... appamattakopi pubbo duggandho hoti ... appamattakampi lohitam duggandham hoti;

"Just as even a tiny bit of urine, or spit, or pus, or blood still stinks,

evamevam kho aham, bhikkhave, appamattakampi bhavam na vannemi, antamaso accharāsanghātamattampi".

so too I don't approve of even a tiny bit of continued existence, not even as long as a finger snap."

vaggo tatiyo.

27. catutthavagga 27. Fourth

333 333

"seyyathāpi, bhikkhave, appamattakam imasmim jambudīpe ārāmarāmaņeyyakam vanarāmaņeyyakam bhūmirāmaņeyyakam pokkharaṇirāmaṇeyyakam;

"Just as, mendicants, in India the delightful parks, woods, meadows, and lotus ponds are few,

atha kho etadeva bahutaram yadidam ukkūlavikūlam nadīviduggam khānukantakatthānam pabbatavisamam;

while the hilly terrain, inaccessible riverlands, stumps and thorns, and rugged mountains are many;

evamevam kho, bhikkhave, appakā te sattā ye thalajā, atha kho eteva sattā bahutarā ye odakā.

so too the sentient beings born on land are few, while those born in water are many.

334 334

... evamevam kho, bhikkhave, appakā te sattā ye manussesu paccājāyanti; ... so too the sentient beings reborn as humans are few,

atha kho eteva sattā bahutarā ye aññatra manussehi paccājāyanti. while those not reborn as humans are many.

... evamevam kho, bhikkhave, appakā te sattā ye majjhimesu janapadesu paccājāvanti:

... so too the sentient beings reborn in civilized countries are few,

atha kho eteva sattā bahutarā ye paccantimesu janapadesu paccājāyanti aviññātāresu milakkhesu.

while those reborn in the borderlands, among strange barbarian tribes, are many.

335 335

... evamevam kho, bhikkhave, appakā te sattā ye paññavanto ajaļā aneļamūgā patibalā subhāsitadubbhāsitassa atthamaññātum;

... so too the sentient beings who are wise, bright, clever, and able to distinguish what is well said from what is poorly said are few,

atha kho eteva sattā bahutarā ye duppaññā jaļā eļamūgā na paṭibalā subhāsitadubbhāsitassa atthamaññātum.

while the sentient beings who are witless, dull, stupid, and unable to distinguish what is well said from what is poorly said are many.

336 336

... evamevam kho, bhikkhave, appakā te sattā ye ariyena paññācakkhunā samannāgatā;

... so too the sentient beings who have the noble eye of wisdom are few,

atha kho eteva sattā bahutarā ye avijjāgatā sammūļhā.

while those who are ignorant and confused are many.

337 337

... evamevam kho, bhikkhave, appakā te sattā ye labhanti tathāgatam dassanāya; ... so too the sentient beings who get to see a Realized One are few,

atha kho eteva sattā bahutarā ye na labhanti tathāgatam dassanāya.

while those who don't get to see a Realized One are many.

... evamevam kho, bhikkhave, appakā te sattā ye labhanti tathāgatappaveditam dhammavinayam savanāya;

... so too the sentient beings who get to hear the teaching and training proclaimed by a Realized One are few,

atha kho eteva sattā bahutarā ye na labhanti tathāgatappaveditam dhammavinayam savanāya.

while those sentient beings who don't get to hear the teaching and training proclaimed by a Realized One are many.

339

... evamevam kho, bhikkhave, appakā te sattā ye sutvā dhammam dhārenti; ... so too the sentient beings who remember the teachings they hear are few,

atha kho eteva sattā bahutarā ye sutvā dhammam na dhārenti.

while those who don't remember the teachings are many.

340

... evamevam kho, bhikkhave, appakā te sattā ye dhātānam dhammānam attham upaparikkhanti;

... so too the sentient beings who examine the meaning of the teachings they have memorized are few,

atha kho eteva sattā bahutarā ye dhātānam dhammānam attham na upaparikkhanti. while those who don't examine the meaning of the teachings are many.

341 341

... evamevam kho, bhikkhave, appakā te sattā ye atthamaññāya dhammamanññāya dhammānudhammam patipajjanti;

... so too the sentient beings who understand the meaning and the teaching and practice accordingly are few,

atha kho eteva sattā bahutarā ye atthamaññāya dhammamaññāya dhammānudhammam na paṭipajjanti.

while those who understand the meaning and the teaching but don't practice accordingly are many.

342 342

... evamevam kho, bhikkhave, appakā te sattā ye samvejaniyesu thānesu samvijjanti; ... so too the sentient beings inspired by inspiring places are few,

atha kho eteva sattā bahutarā ye saṃvejaniyesu ṭhānesu na saṃvijjanti. while those who are uninspired are many.

343

... evamevam kho, bhikkhave, appakā te sattā ye samviggā yoniso padahanti; ... so too the sentient beings who, being inspired, strive effectively are few,

atha kho eteva sattā bahutarā ye saṃviggā yoniso na padahanti. while those who, even though inspired, don't strive effectively are many.

344 *344* ... evamevam kho, bhikkhave, appakā te sattā ye vavassaggārammaṇam karitvā labhanti samādhim labhanti cittassekaggatam;

... so too the sentient beings who, relying on letting go, gain immersion, gain unification of mind are few,

atha kho eteva sattā bahutarā ye vavassaggārammaṇaṃ karitvā na labhanti samādhim na labhanti cittassekaggatam.

while those who don't gain immersion, don't gain unification of mind relying on letting go are many.

345 345

... evamevam kho, bhikkhave, appakā te sattā ye annaggarasaggānam lābhino; ... so too the sentient beings who get the best food and flavors are few,

atha kho eteva sattā bahutarā ye annaggarasaggānam na lābhino, uñchena kapālābhatena yāpenti.

while those who don't get the best food and flavors, but get by with scraps in an alms bowl are many.

346 346

... evamevaṃ kho, bhikkhave, appakā te sattā ye attharasassa dhammarasassa vimuttirasassa lābhino;

... so too the sentient beings who get the essence of the meaning, the essence of the teaching, and the essence of freedom are few,

atha kho eteva sattā bahutarā ye attharasassa dhammarasassa vimuttirasassa na lābhino.

while the sentient beings who don't get the essence of the meaning, the essence of the teaching, and the essence of freedom are many.

tasmātiha, bhikkhave, evam sikkhitabbam:

So you should train like this:

'attharasassa dhammarasassa vimuttirasassa lābhino bhavissāmā'ti. 'We will get the essence of the meaning, the essence of the teaching, the essence of freedom.'

evañhi vo, bhikkhave, sikkhitabban"ti.

That's how you should train."

347–349 *347–349*

"seyyathāpi, bhikkhave, appamattakam imasmim jambudīpe ārāmarāmaņeyyakam vanarāmaņeyyakam bhūmirāmaņeyyakam pokkharanirāmaneyyakam;

"Just as, mendicants, in India the delightful parks, woods, meadows, and lotus ponds are few,

atha kho etadeva bahutaram yadidam ukkūlavikūlam nadīviduggam khānukanṭakaṭṭhānam pabbatavisamam.

while the hilly terrain, inaccessible riverlands, stumps and thorns, and rugged mountains are many;

evamevam kho, bhikkhave, appakā te sattā ye manussā cutā manussesu paccājāyanti, atha kho eteva sattā bahutarā ye manussā cutā niraye paccājāyanti ... pe ... tiracchānayoniyā paccājāyanti ... pe ... pettivisaye paccājāyanti".

so too, those who die as humans and are reborn as humans are few, while those who die as humans and are reborn in hell, or the animal realm, or the ghost realm are many."

350-352 350-352

... evamevam kho, bhikkhave, appakā te sattā ye manussā cutā devesu paccājāyanti; "... the sentient beings who die as humans and are reborn as gods are few,

atha kho eteva sattā bahutarā ye manussā cutā niraye paccājāyanti ... tiracchānayoniyā paccājāyanti ... pettivisaye paccājāyanti.

while those who die as humans and are reborn in hell, or the animal realm, or the ghost realm are many."

353–355 353–355

... evamevam kho, bhikkhave, appakā te sattā ye devā cutā devesu paccājāyanti; "... the sentient beings who die as gods and are reborn as gods are few,

atha kho eteva sattā bahutarā ye devā cutā niraye paccājāyanti ... tiracchānayoniyā paccājāyanti ... pettivisaye paccājāyanti.

while those who die as gods and are reborn in hell, or the animal realm, or the ghost realm are many."

356–358 356–358

... evamevam kho, bhikkhave, appakā te sattā ye devā cutā manussesu paccājāyanti; "... the sentient beings who die as gods and are reborn as humans are few,

atha kho eteva sattā bahutarā ye devā cutā niraye paccājāyanti ... tiracchānayoniyā paccājāyanti ... pettivisaye paccājāyanti.

while those who die as gods and are reborn in hell, or the animal realm, or the ghost realm are many."

359-361 359-361

... evamevam kho, bhikkhave, appakā te sattā ye nirayā cutā manussesu paccājāyanti;

"... the sentient beings who die in hell and are reborn as humans are few,

atha kho eteva sattā bahutarā ye nirayā cutā niraye paccājāyanti ... tiracchānayoniyā paccājāyanti ... pettivisaye paccājāyanti.

while those who die in hell and are reborn in hell, or the animal realm, or the ghost realm are many."

362–364 362–364

... evamevam kho, bhikkhave, appakā te sattā ye nirayā cutā devesu paccājāyanti; "... the sentient beings who die in hell and are reborn as gods are few,

atha kho eteva sattā bahutarā ye nirayā cutā niraye paccājāyanti ... tiracchānayoniyā paccājāyanti ... pettivisaye paccājāyanti.

while those who die in hell and are reborn in hell, or the animal realm, or the ghost realm are many."

365–367 365–367

... evamevam kho, bhikkhave, appakā te sattā ye tiracchānayoniyā cutā manussesu paccājāyanti;

"... the sentient beings who die as animals and are reborn as humans are few,

atha kho eteva sattā bahutarā ye tiracchānayoniyā cutā niraye paccājāyanti ... tiracchānayoniyā paccājāyanti ... pettivisaye paccājāyanti.

while those who die as animals and are reborn in hell, or the animal realm, or the ghost realm are many."

368-370 368-370

... evamevam kho, bhikkhave, appakā te sattā ye tiracchānayoniyā cutā devesu paccājāyanti;

"... the sentient beings who die as animals and are reborn as gods are few,

atha kho eteva sattā bahutarā ye tiracchānayoniyā cutā niraye paccājāyanti ... tiracchānayoniyā paccājāyanti ... pettivisaye paccājāyanti.

while those who die as animals and are reborn in hell, or the animal realm, or the ghost realm are many."

... evamevam kho, bhikkhave, appakā te sattā ye pettivisayā cutā manussesu paccājāyanti;

"... the sentient beings who die as ghosts and are reborn as humans are few,

atha kho eteva sattā bahutarā ye pettivisayā cutā niraye paccājāyanti ... tiracchānayoniyā paccājāyanti ... pettivisaye paccājāyanti.

while those who die as ghosts and are reborn in hell, or the animal realm, or the ghost realm are many."

... evamevam kho, bhikkhave, appakā te sattā ye pettivisayā cutā devesu paccājāyanti;

"... the sentient beings who die as ghosts and are reborn as gods are few,

atha kho eteva sattā bahutarā ye pettivisayā cutā niraye paccājāyanti ... tiracchānayoniyā paccājāyanti ... pettivisaye paccājāyan''ti.

while those who die as ghosts and are reborn in hell, or the animal realm, or the ghost realm are many."

vaggo catuttho.

(jambudīpapeyyālo nitthito.)

28. pasādakaradhammavagga 28. Inspirational

378–393 378–393

"addhamidam, bhikkhave, lābhānam yadidam āraññikattam ... pe ... piṇḍapātikattam ... paṃsukūlikattam ... tecīvarikattam ... dhammakathikattam ... vinayadharattam ... bāhusaccam ... thāvareyyam ... ākappasampadā ... parivārasampadā ... mahāparivāratā ... kolaputti ... vaṇṇapokkharatā ... kalyāṇavākkaraṇatā ... appicchatā ... appābādhatā"ti.

"Mendicants, this is definitely something worth having, that is, living in the wilderness ... eating only alms-food ... wearing rag robes ... having just three robes ... teaching Dhamma ... memorizing the texts on monastic training ... being very learned ... being respected ... being well-presented ... having a following ... having a large following ... coming from a good family ... being handsome ... being a good speaker ... having few wishes ... having good health."

(soļasa pasādakaradhammā niṭṭhitā.)

aṅguttara nikāya 1

Numbered Discourses 1

29. aparaaccharāsanghātavagga

29. Another Chapter on a Finger Snap

394 394

"accharāsanghātamattampi ce, bhikkhave, bhikkhu paṭhamam jhānam bhāveti, ayam vuccati, bhikkhave:

"If, mendicants, a mendicant develops the first absorption, even as long as a finger snap, they are called

'bhikkhu arittajjhāno viharati, satthusāsanakaro ovādapatikaro, amogham ratthapindam bhuñjati'.

a mendicant who does not lack absorption, who follows the Teacher's instructions, who responds to advice, and who does not eat the country's alms in vain.

ko pana vādo ye nam bahulīkarontī"ti.

How much more so those who make much of it!"

395–401 395–401

"accharāsaṅghātamattampi ce, bhikkhave, bhikkhu dutiyaṃ jhānaṃ bhāveti ... pe ... tatiyaṃ jhānaṃ bhāveti ... pe ... catutthaṃ jhānaṃ bhāveti ... pe ... mettaṃ cetovimuttiṃ bhāveti ... pe ... karuṇaṃ cetovimuttiṃ bhāveti ... pe ... muditaṃ cetovimuttiṃ bhāveti ... pe ... upekkhaṃ cetovimuttiṃ bhāveti ... pe

"If, mendicants, a mendicant develops the second ... third ... or fourth absorption ... or the heart's release by love ... or the heart's release by compassion ... or the heart's release by rejoicing ... or the heart's release by equanimity, even as long as a finger snap ...

402-405

kāye kāyānupassī viharati ātāpī sampajāno satimā vineyya loke abhijjhādomanassam ... pe ...

If a mendicant meditates by observing an aspect of the body ...

vedanāsu vedanānupassī viharati ...

feelings ...

citte cittānupassī viharati ...

 $mind \dots$

dhammesu dhammānupassī viharati ātāpī sampajāno satimā vineyya loke abhijjhādomanassam.

principles—keen, aware, and mindful, rid of desire and aversion for the world, even for the time of a finger snap ...

406-409 406-409

anuppannānam pāpakānam akusalānam dhammānam anuppādāya chandam janeti vāyamati vīriyam ārabhati cittam pagganhāti padahati;

If they generate enthusiasm, try, make an effort, exert the mind, and strive so that bad, unskillful qualities don't arise, even for the time of a finger snap ...

uppannānam pāpakānam akusalānam dhammānam pahānāya chandam janeti vāyamati vīriyam ārabhati cittam pagganhāti padahati.

If they generate enthusiasm, try, make an effort, exert the mind, and strive so that bad, unskillful qualities that have arisen are given up, even for the time of a finger snap ...

anuppannānam kusalānam dhammānam uppādāya chandam janeti vāyamati vīriyam ārabhati cittam pagganhāti padahati;

If they generate enthusiasm, try, make an effort, exert the mind, and strive so that skillful qualities that have not arisen do arise, even for the time of a finger snap ...

uppannānam kusalānam dhammānam thitiyā asammosāya bhiyyobhāvāya vepullāya bhāvanāya pāripūriyā chandam janeti vāyamati vīriyam ārabhati cittam pagganhāti padahati.

If they generate enthusiasm, try, make an effort, exert the mind, and strive so that skillful qualities that have arisen remain, are not lost, but increase, mature, and are fulfilled by development, even for the time of a finger snap ...

410–413 410–413

chandasamādhipadhānasankhārasamannāgatam iddhipādam bhāveti ... vīriyasamādhipadhānasankhārasamannāgatam iddhipādam bhāveti ... cittasamādhipadhānasankhārasamannāgatam iddhipādam bhāveti ... vīmamsāsamādhipadhānasankhārasamannāgatam iddhipādam bhāveti

If they develop the basis of psychic power that has immersion due to enthusiasm, and active effort ... the basis of psychic power that has immersion due to energy, and active effort ... the basis of psychic power that has immersion due to mental development, and active effort ... the basis of psychic power that has immersion due to inquiry, and active effort, even for the time of a finger snap ...

414–418 414–418

saddhindriyam bhāveti ... vīriyindriyam bhāveti ... satindriyam bhāveti ... samādhindriyam bhāveti ...

If they develop the faculty of faith ... the faculty of energy ... the faculty of mindfulness ... the faculty of immersion ... the faculty of wisdom, even for the time of a finger snap ...

419–423 419–423

saddhābalam bhāveti ... vīriyabalam bhāveti ... satibalam bhāveti ... samādhibalam bhāveti ... paññābalam bhāveti

If they develop the power of faith ... the power of energy ... the power of mindfulness ... the power of immersion ... the power of wisdom, even for the time of a finger snap ...

424-430

satisambojjhangam bhāveti ... dhammavicayasambojjhangam bhāveti ... vīriyasambojjhangam bhāveti ... pītisambojjhangam bhāveti ... passaddhisambojjhangam bhāveti ... samādhisambojjhangam bhāveti ... upekkhāsambojjhangam bhāveti

If they develop the awakening factor of mindfulness ... the awakening factor of investigation of principles ... the awakening factor of energy ... the awakening factor of rapture ... the awakening factor of tranquility ... the awakening factor of immersion ... the awakening factor of equanimity, even for the time of a finger snap ...

431–438 431–438

sammādiṭṭhiṃ bhāveti ... sammāsankappaṃ bhāveti ... sammāvācaṃ bhāveti ... sammākammantaṃ bhāveti ... sammājīvaṃ bhāveti ... sammāvāyāmaṃ bhāveti ... sammāsatim bhāveti ... sammāsamādhim bhāveti

If they develop right view ... right thought ... right speech ... right action ... right livelihood ... right effort ... right mindfulness ... right immersion, even for the time of a finger snap ...

439–446 439–446

ajjhattam rūpasaññī bahiddhā rūpāni passati parittāni suvannadubbannāni. Perceiving form internally, they see visions externally, limited, both pretty and ugly.

tāni abhibhuyya:

Having mastered this, they are aware that:

'jānāmi passāmī'ti— 'I know and see.' ... evamsaññī hoti.

... ajjhattam rūpasaññī bahiddhā rūpāni passati appamānāni suvannadubbannāni. Perceiving form internally, they see visions externally, limitless, both pretty and ugly.

tāni abhibhuyya:

Having mastered this, they are aware that:

'jānāmi passāmī'ti—

'I know and see.' ...

evamsaññī hoti.

... ajjhattam arūpasaññī bahiddhā rūpāni passati parittāni suvaṇṇadubbaṇṇāni. Not perceiving form internally, they see visions externally, limited, both pretty and ugly.

tāni abhibhuyya:

Having mastered this, they are aware that:

'jānāmi passāmī'ti—

'I know and see.' ...

evamsaññī hoti.

... ajjhattam arūpasaññī bahiddhā rūpāni passati appamānāni suvannadubbannāni. Not perceiving form internally, they see visions externally, limitless, both pretty and ugly.

tāni abhibhuyya:

Having mastered this, they are aware that:

'jānāmi passāmī'ti—

'I know and see.' ...

evamsaññī hoti.

... ajjhattam arūpasaññī bahiddhā rūpāni passati nīlāni nīlavannāni nīlanidassanāni nīlanibhāsāni.

Not perceiving form internally, they see visions externally that are blue, with blue color, blue hue, and blue tint.

tāni abhibhuyya:

Having mastered this, they are aware that:

'jānāmi passāmī'ti—

'I know and see.' ...

evamsaññī hoti.

... ajjhattam arūpasaññī bahiddhā rūpāni passati pītāni pītavannāni pītanidassanāni pītanibhāsāni.

Not perceiving form internally, they see visions externally that are yellow, with yellow color, yellow hue, and yellow tint.

tāni abhibhuyya:

Having mastered this, they are aware that:

'jānāmi passāmī'ti—

'I know and see.' ...

evamsaññī hoti.

.. ajjhattam arūpasaññī bahiddhā rūpāni passati lohitakāni lohitakavannāni lohitakanidassanāni lohitakanibhāsāni.

Not perceiving form internally, they see visions externally that are red, with red color, red hue,

and red tint.

tāni abhibhuyya:

Having mastered this, they are aware that:

'jānāmi passāmī'ti—
'I know and see.' ...

evamsaññī hoti.

... ajjhattam arūpasaññī bahiddhā rūpāni passati odātāni odātavaņņāni odātanidassanāni odātanibhāsāni.

Not perceiving form internally, they see visions externally that are white, with white color, white hue, and white tint.

tāni abhibhuyya:

Having mastered this, they are aware that:

'jānāmi passāmī'ti— 'I know and see.' ...

evamsaññī hoti.

447–454 447–454

rūpī rūpāni passati ... ajjhattam arūpasaññī bahiddhā rūpāni passati ... subhanteva adhimutto hoti ... sabbaso rūpasaññānam samatikkamā patighasaññānam atthangamā nānattasaññānam amanasikārā ananto ākāsoti ākāsānañcāyatanam upasampajja viharati ... sabbaso ākāsānañcāyatanam samatikkamma anantam viññānanti viññānancāyatanam upasampajja viharati ... sabbaso viññānañcāyatanam samatikkamma natthi kiñcīti ākiñcaññāyatanam upasampajja viharati ... sabbaso ākiñcaññāyatanam samatikkamma nevasaññānāsaññāyatanam upasampajja viharati ... sabbaso nevasaññānāsaññāyatanam samatikkamma saññāvedayitanirodham upasampajja viharati

Having physical form, they see visions ... not perceiving form internally, they see visions externally ... they're focused only on beauty ... going totally beyond perceptions of form, with the ending of perceptions of impingement, not focusing on perceptions of diversity, aware that 'space is infinite', they enter and remain in the dimension of infinite space ... going totally beyond the dimension of infinite consciousness is infinite', they enter and remain in the dimension of infinite consciousness ... going totally beyond the dimension of infinite consciousness, aware that 'there is nothing at all', they enter and remain in the dimension of nothingness ... going totally beyond the dimension of nothingness, they enter and remain in the dimension of neither perception nor non-perception ... going totally beyond the dimension of neither perception nor non-perception, they enter and remain in the cessation of perception and feeling ...

455–464 455–464

pathavikasinam bhāveti ... āpokasinam bhāveti ... tejokasinam bhāveti ... vāyokasinam bhāveti ... nīlakasinam bhāveti ... pītakasinam bhāveti ... lohitakasinam bhāveti ... odātakasinam bhāveti ... ākāsakasinam bhāveti ... ()

They develop the meditation on universal earth ... the meditation on universal water ... the meditation on universal fire ... the meditation on universal air ... the meditation on universal blue ... the meditation on universal yellow ... the meditation on universal red ... the meditation on universal white ... the meditation on universal space ... the meditation on universal consciousness ...

465–474 465–474 asubhasaññaṃ bhāveti ... maraṇasaññaṃ bhāveti ... āhāre paṭikūlasaññaṃ bhāveti ... sabbaloke anabhiratisaññaṃ bhāveti ... aniccasaññaṃ bhāveti ... anicce dukkhasaññaṃ bhāveti ... dukkhe anattasaññaṃ bhāveti ... pahānasaññaṃ bhāveti ... virāgasaññaṃ bhāveti ... nirodhasaññaṃ bhāveti ...

They develop the perception of ugliness ... the perception of death ... the perception of the repulsiveness of food ... the perception of dissatisfaction with the whole world ... the perception of impermanence ... the perception of suffering in impermanence ... the perception of not-self in suffering ... the perception of giving up ... the perception of fading away ... the perception of cessation ...

475–484 475–484

aniccasaññam bhāveti ... anattasaññam bhāveti ... maraṇasaññam bhāveti ... āhāre paṭikūlasaññam bhāveti ... sabbaloke anabhiratisaññam bhāveti ... aṭṭhikasaññam bhāveti ... pulavakasaññam bhāveti ... vinīlakasaññam bhāveti ... vicchiddakasaññam bhāveti ... uddhumātakasaññam bhāveti

They develop the perception of impermanence ... the perception of not-self ... the perception of death ... the perception of the repulsiveness of food ... the perception of dissatisfaction with the whole world ... the perception of a skeleton ... the perception of the worm-infested corpse ... the perception of the split open corpse ... the perception of the bloated corpse ...

485–494 485–494

buddhānussatim bhāveti ... dhammānussatim bhāveti ... sanghānussatim bhāveti ... sīlānussatim bhāveti ... cāgānussatim bhāveti ... devatānussatim bhāveti ... anāpānassatim bhāveti ... kāyagatāsatim bhāveti ... upasamānussatim bhāveti

They develop the recollection of the Buddha ... the recollection of the teaching ... the recollection of the Sangha ... the recollection of ethical conduct ... the recollection of generosity ... the recollection of the deities ... mindfulness of breathing ... the recollection of death ... mindfulness of the body ... the recollection of peace ...

495–534 495–534

paṭhamajjhānasahagataṃ saddhindriyaṃ bhāveti ... vīriyindriyaṃ bhāveti ... satindriyaṃ bhāveti ... samādhindriyaṃ bhāveti ... paññindriyaṃ bhāveti ... saddhābalaṃ bhāveti ... vīriyabalaṃ bhāveti ... satibalaṃ bhāveti ... samādhibalaṃ bhāveti ... paññābalam bhāveti

They develop the faculty of faith together with the first absorption ... the faculty of energy ... the faculty of mindfulness ... the faculty of immersion ... the faculty of wisdom ... the power of faith ... the power of energy ... the power of mindfulness ... the power of immersion ... the power of wisdom together with the first absorption ...

535-574 535-574

dutiyajjhānasahagatam ... pe ... tatiyajjhānasahagatam ... pe ... catutthajjhānasahagatam ... pe ... mettāsahagatam ... pe ... karuṇāsahagatam ... pe ... muditāsahagatam ... pe ... upekkhāsahagatam saddhindriyam bhāveti ... vīriyindriyam bhāveti ... satindriyam bhāveti ... samādhindriyam bhāveti ... saddhābalam bhāveti ... vīriyabalam bhāveti ... satibalam bhāveti ... samādhibalam bhāveti ... samādhibalam bhāveti ... paññābalam bhāveti.

Together with the second absorption ... the third absorption ... the fourth absorption ... love ... compassion ... rejoicing ... They develop the faculty of faith together with equanimity ... They develop the faculty of energy ... the faculty of mindfulness ... the faculty of immersion ... the faculty of wisdom ... the power of faith ... the power of energy ... the power of mindfulness ... the power of immersion ... the power of wisdom.

ayam vuccati, bhikkhave:

That mendicant is called

'bhikkhu arittajjhāno viharati satthusāsanakaro ovādapatikaro, amogham ratthapindam bhuñjati'.

a mendicant who does not lack absorption, who follows the Teacher's instructions, who responds to advice, and who does not eat the country's alms in vain.

ko pana vādo ye nam bahulīkarontī"ti.

How much more so those who make much of it!"

(aparaaccharāsanghātavaggo.)

30. kāyagatāsativagga 30. Mindfulness of the Body

575 575

"yassa kassaci, bhikkhave, mahāsamuddo cetasā phuto antogadhā tassa kunnadiyo yā kāci samuddangamā;

"Mendicants, anyone who brings into their mind the great ocean includes all of the streams that run into it.

evamevam, bhikkhave, yassa kassaci kāyagatā sati bhāvitā bahulīkatā antogadhā tassa kusalā dhammā ye keci vijjābhāgiyā ti.

In the same way, anyone who has developed and cultivated mindfulness of the body includes all of the skillful qualities that play a part in realization."

576–582 576–582

"ekadhammo, bhikkhave, bhāvito bahulīkato mahato saṃvegāya saṃvattati ... mahato atthāya saṃvattati ... mahato yogakkhemāya saṃvattati ... satisampajaññāya saṃvattati ... ñāṇadassanappaṭilābhāya saṃvattati ... diṭṭhadhammasukhavihārāya saṃvattati ... vijjāvimuttiphalasacchikiriyāya saṃvattati.

"One thing, mendicants, when developed and cultivated leads to great urgency ... great benefit ... great sanctuary ... mindfulness and awareness ... gaining knowledge and vision ... blissful meditation in the present life ... the realization of the fruit of knowledge and freedom.

katamo ekadhammo?

What one thing?

kāyagatā sati.

Mindfulness of the body.

ayam kho, bhikkhave, ekadhammo bhāvito bahulīkato mahato samvegāya samvattati ... mahato atthāya samvattati ... mahato yogakkhemāya samvattati ... satisampajaññāya samvattati ... ñāṇadassanappaṭilābhāya samvattati ... diṭṭhadhammasukhavihārāya samvattati ... vijjāvimuttiphalasacchikiriyāya samvattatī"ti.

This one thing, when developed and cultivated, leads to great urgency ... great benefit ... great sanctuary ... mindfulness and awareness ... gaining knowledge and vision ... a happy abiding in the present life ... the realization of the fruit of knowledge and freedom."

583 583

"ekadhamme, bhikkhave, bhāvite bahulīkate kāyopi passambhati, cittampi passambhati, vitakkavicārāpi vūpasammanti, kevalāpi vijjābhāgiyā dhammā bhāvanāpāripūrim gacchanti.

"When one thing, mendicants, is developed and cultivated the body and mind become tranquil, thinking and considering settle down, and all of the qualities that play a part in realization are fully developed.

katamasmim ekadhamme?

What one thing?

kāyagatāya satiyā.

Mindfulness of the body.

imasmim kho, bhikkhave, ekadhamme bhāvite bahulīkate kāyopi passambhati, cittampi passambhati, vitakkavicārāpi vūpasammanti, kevalāpi vijjābhāgiyā dhammā bhāvanāpāripūrim gacchantī"ti.

When this one thing is developed and cultivated, the body and mind become tranquil, thinking and considering settle down, and all of the qualities that play a part in realization are fully developed."

"ekadhamme, bhikkhave, bhāvite bahulīkate anuppannā ceva akusalā dhammā nuppajjanti, uppannā ca akusalā dhammā pahīyanti.

"When one thing, mendicants, is developed and cultivated, unskillful qualities do not arise, and, if they've already arisen, they are given up.

katamasmim ekadhamme?

What one thing?

kāyagatāya satiyā.

Mindfulness of the body.

imasmim kho, bhikkhave, ekadhamme bhāvite bahulīkate anuppannā ceva akusalā dhammā nuppajjanti, uppannā ca akusalā dhammā pahīyantī''ti.

When this one thing is developed and cultivated, unskillful qualities do not arise, and, if they've already arisen, they are given up."

585 585

"ekadhamme, bhikkhave, bhāvite bahulīkate anuppannā ceva kusalā dhammā uppajjanti, uppannā ca kusalā dhammā bhiyyobhāvāya vepullāya saṃvattanti.

"When one thing, mendicants, is developed and cultivated, skillful qualities arise, and, once they've arisen, they increase and grow.

katamasmim ekadhamme?

What one thing?

kāyagatāya satiyā.

Mindfulness of the body.

imasmim kho, bhikkhave, ekadhamme bhāvite bahulīkate anuppannā ceva kusalā dhammā uppajjanti, uppannā ca kusalā dhammā bhiyyobhāvāya vepullāya samvattantī"ti.

When this one thing is developed and cultivated, skillful qualities arise, and, once they've arisen, they increase and grow."

586 586

"ekadhamme, bhikkhave, bhāvite bahulīkate avijjā pahīyati, vijjā uppajjati, asmimāno pahīyati, anusayā samugghātam gacchanti, samyojanā pahīyanti.

"When one thing, mendicants, is developed and cultivated, ignorance is given up, knowledge arises, the conceit 'I am' is given up, the underlying tendencies are uprooted, and the fetters are given up.

katamasmim ekadhamme?

What one thing?

kāyagatāya satiyā.

Mindfulness of the body.

imasmim kho, bhikkhave, ekadhamme bhāvite bahulīkate avijjā pahīyati, vijjā uppajjati, asmimāno pahīyati, anusayā samugghātam gacchanti, saṃyojanā pahīyantī'ti.

When this one thing is developed and cultivated, ignorance is given up, knowledge arises, the conceit 'I am' is given up, the underlying tendencies are uprooted, and the fetters are given up.'

587–588 587–588

"ekadhammo, bhikkhave, bhāvito bahulīkato paññāpabhedāya saṃvattati ... anupādāparinibbānāya samvattati.

"One thing, mendicants, when developed and cultivated leads to demolition by wisdom ... to extinguishment by not grasping.

katamo ekadhammo? *What one thing?*

kāvagatā sati.

Mindfulness of the body.

ayam kho, bhikkhave, ekadhammo bhāvito bahulīkato paññāpabhedāya samvattati ... anupādāparinibbānāya samvattatī''ti.

This one thing, mendicants, when developed and cultivated leads to demolition by wisdom ... to extinguishment by not grasping."

589-591 589-591

"ekadhamme, bhikkhave, bhāvite bahulīkate anekadhātupaṭivedho hoti ... nānādhātupaṭivedho hoti ... anekadhātupaṭisambhidā hoti.

"When one thing is developed and cultivated there is the penetration of many elements ... the penetration of diverse elements ... the analysis of many elements.

katamasmim ekadhamme?

What one thing?

kāyagatāya satiyā.

Mindfulness of the body.

imasmim kho, bhikkhave, ekadhamme bhāvite bahulīkate anekadhātupativedho hoti ... nānādhātupativedho hoti ... anekadhātupatisambhidā hotī''ti.

When this one thing is developed and cultivated there is the penetration of many elements ... the penetration of diverse elements ... the analysis of many elements."

592–595 592–595

"ekadhammo, bhikkhave, bhāvito bahulīkato sotāpattiphalasacchikiriyāya saṃvattati ... sakadāgāmiphalasacchikiriyāya saṃvattati ...

anāgāmiphalasacchikiriyāya samvattati ... arahattaphalasacchikiriyāya samvattati. "One thing, mendicants, when developed and cultivated leads to the realization of the fruit of

stream-entry ... once-return ... non-return ... perfection.

katamo ekadhammo?

What one thing?

kāyagatā sati.

Mindfulness of the body.

ayam kho, bhikkhave, ekadhammo bhāvito bahulīkato sotāpattiphalasacchikiriyāya samvattati ... sakadāgāmiphalasacchikiriyāya samvattati ...

anāgāmiphalasacchikiriyāya samvattati ... arahattaphalasacchikiriyāya samvattatī"ti. This one thing, when developed and cultivated, leads to the realization of the fruit of stream-entry ... once-return ... non-return ... perfection."

596–615 596–615

"ekadhammo, bhikkhave, bhāvito bahulīkato paññāpaṭilābhāya saṃvattati ... paññāvuddhiyā saṃvattati ... paññāvepullāya saṃvattati ... mahāpaññatāya saṃvattati ... puthupaññatāya saṃvattati ... vipulapaññatāya saṃvattati ... gambhīrapaññatāya saṃvattati ... saāmantapaññatāya saṃvattati ... bhūripaññatāya saṃvattati ... paññābāhullāya saṃvattati ... sīghapaññatāya saṃvattati ... lahupaññatāya saṃvattati ... javanapaññatāya saṃvattati ... tikkhapaññatāya saṃvattati ... nibbedhikapaññatāya saṃvattati.

"One thing, mendicants, when developed and cultivated, leads to the getting of wisdom ... the growth of wisdom ... the increase of wisdom ... to great wisdom ... to widespread wisdom ... to abundant wisdom ... to deep wisdom ... to extraordinary wisdom ... to vast wisdom ... to much wisdom ... to fast wisdom ... to light wisdom ... to laughing wisdom ... to swift wisdom ... to sharp wisdom ... to penetrating wisdom.

katamo ekadhammo? What one thing?

kāyagatā sati.

Mindfulness of the body.

ayam kho, bhikkhave, ekadhammo bhāvito bahulīkato paññāpaṭilābhāya saṃvattati ... paññāvuddhiyā saṃvattati ... paññāvepullāya saṃvattati ... mahāpaññatāya saṃvattati ... puthupaññatāya saṃvattati ... vipulapaññatāya saṃvattati ... gambhīrapaññatāya saṃvattati ... sāghapaññatāya saṃvattati ... bhūripaññatāya saṃvattati ... paññābāhullāya saṃvattati ... sīghapaññatāya saṃvattati ... lahupaññatāya saṃvattati ... hāsapaññatāya saṃvattati ... javanapaññatāya saṃvattati ... tikkhapaññatāya saṃvattati ... nibbedhikapaññatāya saṃvattatī"ti. This one thing, when developed and cultivated, leads to the getting of wisdom ... the growth of wisdom ... the increase of wisdom ... to great wisdom ... to widespread wisdom ... to abundant wisdom ... to deep wisdom ... to extraordinary wisdom ... to vast wisdom ... to much wisdom

... to fast wisdom ... to light wisdom ... to laughing wisdom ... to swift wisdom ... to sharp

(kāyagatāsativaggo.)

wisdom ... to penetrating wisdom."

31. amatavagga 31. The Deathless

616 616

- "amatam te, bhikkhave, na paribhuñjanti ye kāyagatāsatim na paribhuñjanti. "Mendicants, those who don't enjoy mindfulness of the body don't enjoy the deathless.
- amatam te, bhikkhave, paribhuñjanti ye kāyagatāsatim paribhuñjantī"ti. *Those who enjoy mindfulness of the body enjoy the deathless.*"

617 617

- "amatam tesam, bhikkhave, aparibhuttam yesam kāyagatāsati aparibhuttā.

 "Mendicants, those who haven't enjoyed mindfulness of the body haven't enjoyed the deathless.
- amatam tesam, bhikkhave, paribhuttam yesam kāyagatāsati paribhuttā"ti. *Those who have enjoyed mindfulness of the body have enjoyed the deathless.*"

618

- "amatam tesam, bhikkhave, parihīnam yesam kāyagatāsati parihīnā.

 "Mendicants, those who have lost mindfulness of the body have lost the deathless.
- amatam tesam, bhikkhave, aparihīnam yesam kāyagatāsati aparihīnā"ti. *Those who haven't lost mindfulness of the body haven't lost the deathless.*"

619 619

- "amatam tesam, bhikkhave, viraddham yesam kāyagatāsati viraddhā.

 "Mendicants, those who have missed out on mindfulness of the body have missed out on the deathless.
- amatam tesam, bhikkhave, āraddham yesam kāyagatāsati āraddhā"ti.

 Those who have undertaken mindfulness of the body have not missed out on the deathless."

620 620

- "amatam te, bhikkhave, pamādimsu ye kāyagatāsatim pamādimsu.

 "Mendicants, those who have neglected mindfulness of the body have neglected the deathless.
- amatam te, bhikkhave, na pamādimsu ye kāyagatāsatim na pamādimsu". Those who have not neglected mindfulness of the body have not neglected the deathless."

621

- "amatam tesam, bhikkhave, pamuttham yesam kāyagatāsati pamutthā.

 "Mendicants, those who have forgotten mindfulness of the body have forgotten the deathless.
- amatam tesam, bhikkhave, appamuttham yesam kāyagatāsati appamutthā"ti. *Those who haven't forgotten mindfulness of the body haven't forgotten the deathless.*"

622

- "amatam tesam, bhikkhave, anāsevitam yesam kāyagatāsati anāsevitā.

 "Mendicants, those who haven't cultivated mindfulness of the body haven't cultivated the deathless.
- amatam tesam, bhikkhave, āsevitam yesam kāyagatāsati āsevitā"ti.

 Those who have cultivated mindfulness of the body have cultivated the deathless."

- "amatam tesam, bhikkhave, abhāvitam yesam kāyagatāsati abhāvitā.

 "Mendicants, those who haven't developed mindfulness of the body haven't developed the deathless.
- amatam tesam, bhikkhave, bhāvitam yesam kāyagatāsati bhāvitā"ti. Those who have developed mindfulness of the body have developed the deathless."

624 624

- "amatam tesam, bhikkhave, abahulīkatam yesam kāyagatāsati abahulīkatā.

 "Mendicants, those who haven't practiced mindfulness of the body haven't practiced the deathless.
- amatam tesam, bhikkhave, bahulīkatam yesam kāyagatāsati bahulīkatā"ti. Those who have practiced mindfulness of the body have practiced the deathless."

625

- "amatam tesam, bhikkhave, anabhiññātam yesam kāyagatāsati anabhiññātā.

 "Mendicants, those who haven't had insight into mindfulness of the body haven't had insight into the deathless.
- amatam tesam, bhikkhave, abhiññātam yesam kāyagatāsati abhiññātā"ti.

 Those who have had insight into mindfulness of the body have had insight into the deathless."

626 626

- "amatam tesam, bhikkhave, apariññātam yesam kāyagatāsati apariññātā.

 "Mendicants, those who haven't completely understood mindfulness of the body haven't completely understood the deathless.
- amatam tesam, bhikkhave, pariññātam yesam kāyagatāsati pariññātā"ti.

 Those who have completely understood mindfulness of the body have completely understood the deathless."

627 627

- "amatam tesam, bhikkhave, asacchikatam yesam kāyagatāsati asacchikatā.

 "Mendicants, those who haven't realized mindfulness of the body haven't realized the deathless.
- amatam tesam, bhikkhave, sacchikatam yesam kāyagatāsati sacchikatā"ti. *Those who have realized mindfulness of the body have realized the deathless.*"

(...)

The thousand discourses of the Ones are completed.

idamavoca bhagavā.

That is what the Buddha said.

attamanā te bhikkhū bhagavato bhāsitam abhinandunti. Satisfied, the mendicants were happy with what the Buddha said.

(amatavaggo.)

ekakanipātapāļi niţṭhitā.

The Book of the Ones is finished.