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## DVAYATĄNUPASSANĀSUTTAM

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Khuddaka Nikāya, suttanipātapāli, 3. mahāvaggo, 12. dvayatānupassanāsuttam (KN 5.38) 12 CONTEMPLATION OF DYADS (DVAYATĀNUPASSANĀ SUTTA) evam me sutam. thus to me heard Thus have I heard. ekam samayam bhagavā sāvatthiyam viharati pubbārāme migāramātupāsāde. one time fortunate in Kosala dwell eastern.park -On one occasion the Blessed One was dwelling in Sāvatthī in the Eastern Park in Migāramātā's mansion. tena kho pana samayena bhagavā tadahuposathe pannarase punnāya punnamāya rattiyā - - - occasion fortunate - bhikkhusanghaparivuto abbhokāse nisinno hoti. fifteenth full full-moon day night congregation of monks open air sat down to be Now on that occasion — the uposatha day of the fifteenth, the full-moon night — the Blessed One was seated in the open surrounded by the Sangha of atha kho bhagavā tunhībhūtam tunhībhūtam bhikkhusangham anuviloketvā bhikkhū āmantesi then - fortunate silent silent congregation of monks surveys -[140] Then, having surveyed the completely silent Sangha of bhikkhus, he addressed them thus: 'ye te, bhikkhave, kusalā dhammā ariyā niyyānikā sambodhagāmino, tesam vo, bhikkhave, - - good action doctrine noble profitable full.enlight.going - - - kusalānam dhammānam ariyānam niyyānikānam sambodhagāmīnam kā upanisā savanāyā'ti, good action doctrine noble profitable full.enlight.going - cause listen
"Bhikkhus, if others ask you, 'What is your aim in listening to those teachings that are wholesome, noble, emancipating, leading to enlightenment?" iti ce, bhikkhave, pucchitāro assu, te evamassu vacanīyā — 'yāvadeva dvayatānam dhammānam asked to be - - utterance - dyad doctrine vathābhūtam nanāva'ti. as.become wisdom you should answer them thus: 'For the accurate knowledge of things arranged in dyads.' kiñca dvayatam vadetha? pair speak And what would one call a dyad? (1)[1. The four noble truths]185 "idam dukkham, ayam dukkhasamudayoti ayamekānupassanā. suffering this suffer.origin this.one.contemplate "This is suffering, this is the origin of suffering' — this is one contemplation. ayam dukkhanirodho, ayam dukkhanirodhagāminī patipadāti, ayam dutiyānupassanā. this suffer destruction this suffer extinct go practice this second contemplate 'This is the cessation of suffering, this is the way leading to the cessation of suffering' — this is a second contemplation. evam sammā dvayatānupassino kho, bhikkhave, bhikkhuno appamattassa ātāpino pahitattassa thus rightly pair.contemplate - vigilant ardent resolute viharato dvinnam phalānam aññataram phalam pāṭikankham — diṭṭheva dhamme aññā, sati vā abides pair fruit certain fruit expected - vision the Norm other state upādisese anāgāmitā"ti. some fuel left not return When a bhikkhu dwells thus correctly contemplating a dyad — heedful, ardent, and resolute — one of two fruits is to be expected of him: either final knowledge in this very life or, if there is a residue remaining, the state of non-returning." idamavoca bhagavā. this said fortunate This is what the Blessed One said. athāparam etadavoca satthā idam vatvāna sugato having said faring well then also he said taught -Having said this, the Fortunate One, the Teacher, further said this: 729. "ye dukkham nappajānanti, atho dukkhassa sambhavam.

- suffering not understand - suffering 724. "Those who do not understand suffering, or the origin of suffering;

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yattha ca sabbaso dukkham, asesam uparujjhati.
  - altogether suffering entire ceases
who do not know where suffering completely ceases without remainder;
tañca maggam na jānanti, dukkhūpasamagāminam.
      path not knowing suffering alleviation
and who do not know the path that leads to the allaying of suffering:
730. "cetovimuttihīnā te, atho paññāvimuttiyā.
     mind.emancipate - - insight.emancipate
725. "they are destitute of liberation of mind and also of liberation by wisdom.
abhabbā te antakiriyāya, te ve
                                     jātijarūpagā.
unable - end.make - indeed born.old age
Incapable of making an end, they fare on to birth and old age.
731. "ye ca dukkham pajānanti, atho dukkhassa sambhavam.
- - suffering knowledge - suffering
726. "But those who understand suffering, and the origin of suffering;
yattha ca sabbaso dukkham, asesam uparujjhati.
      - altogether suffering entire ceases
[who know as well] where suffering
tañca maggam pajānanti, dukkhūpasamagāminam.
      path knowledge suffering.alleviation
completely ceases without remainder; and who understand the path that leads to the allaying of suffering:
732. "cetovimuttisampannā, atho paññāvimuttiyā.
     mind.emancipate.possess - insight.emancipate
727. "they are possessed of mind's liberation and also liberation by wisdom.
bhabbā te antakiriyāya, na te jātijarūpagā"ti.
capable - end.make not - born.old age
Capable of making an end, they fare no more to birth and old age.
(2)
[2. Acquisition]
"sivā aññenapi pariyāyena sammā dvayatānupassanā'ti, iti ce, bhikkhave, pucchitāro assu;
could.be another method rightly pair.contemplate - - -
                                                                                               to be
"If, bhikkhus, there are those who ask, 'Could there be correct contemplation of dyads in some other way?'
'siyā'tissu vacanīyā.
could.be utterance
you should answer them thus: 'There could be.'
kathañca siyā?
how could.be
And how could there be?
yam kiñci dukkham sambhoti sabbam upadhipaccayāti, ayamekānupassanā.
          suffering arises all attachment.cause this.one.contemplate
'Whatever suffering originates is all conditioned by acquisition' — this is one contemplation.
upadhīnam tveva asesavirāganirodhā natthi dukkhassa sambhavoti, ayam dutiyānupassanā.
attachment that entire.dispation.cease not.is suffering origin
                                                                      this second.contemplate
'With the remainderless fading away and cessation of acquisitions, there is no origination of suffering' — this is a second contemplation.
evam sammā dvayatānupassino kho, bhikkhave, bhikkhuno appamattassa ātāpino pahitattassa
thus rightly pair.contemplate -
                                                                  vigilant ardent resolute
viharato dvinnam phalanam aññataram phalam patikankham — dittheva dhamme añña, sati va
                  fruit
abides pair
                               certain
                                          fruit expected
                                                                   - vision the Norm other state -
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When a bhikkhu dwells thus correctly contemplating a dyad — heedful, ardent, and resolute — one of two fruits is to be expected of him: either final

upādisese anāgāmitā"ti. some fuel left not return

athāparam etadavoca satthā —

idamavoca bhagavā. this said fortunate
This is what the Blessed One said.

then also he said

the Teacher further said this:

knowledge in this very life or, if there is a residue remaining, the state of non-returning."

taught -

733. "upadhinidānā pabhavanti dukkhā, ye keci lokasmimanekarūpā. attachment.cause originate suffering - - world.various.form 728. "Sufferings in their many forms in the world originate based on acquisition. yo avidvā upadhim karoti, punappunam dukkhamupeti mando. whoever indeed find attachment make again.again suffer.obtain The ignorant dullard who creates acquisition encounters suffering again and again. pajānam upadhim na kayirā, dukkhassa jātippabhavānupassī"ti. therefore knows clearly attachment not create suffering birth.origin.know Therefore, understanding, one should not create acquisition, contemplating it as the genesis and origin of suffering. (3)[3. Ignorance] "siyā aññenapi pariyāyena sammā dvayatānupassanā'ti, iti ce, bhikkhave, pucchitāro assu; could.be another method rightly pair.contemplate asked to be "If, bhikkhus, there are those who ask, 'Could there be correct contemplation of dyads in some other way?' 'sivā'tissu vacanīvā. could.be utterance you should answer them thus: 'There could be.' kathañca siyā? how could.be And how could there be? yam kiñci dukkham sambhoti sabbam avijjāpaccayāti, ayamekānupassanā. - - suffering arises all ignorance.cause this.one.contemplate 'Whatever suffering originates is all conditioned by ignorance' — this is one contemplation. avijjāya tveva asesavirāganirodhā natthi dukkhassa sambhavoti, ayam dutiyānupassanā. ignorance that entire.dispation.cease not.is suffering origin this second.contemplate 'With the remainderless fading away and cessation of ignorance, there is no origination of suffering' — this is a second contemplation. evam sammā dvayatānupassino kho, bhikkhave, bhikkhuno appamattassa ātāpino pahitattassa vigilant ardent resolute certain fruit expected vision the Norm other state some fuel left not return

thus rightly pair.contemplate viharato dvinnam phalānam aññataram phalam pātikankham — dittheva dhamme aññā, sati vā abides pair fruit upādisese anāgāmitā"ti.

When a bhikkhu dwells thus correctly contemplating a dyad — heedful, ardent, and resolute — one of two fruits is to be expected of him: either final knowledge in this very life or, if there is a residue remaining, the state of non-returning."

idamavoca bhagavā.

this said fortunate

This is what the Blessed One said.

athāparam etadavoca satthā then also he said taught -

the Teacher further said this:

734. "jātimaraņasamsāram, ye vajanti punappunam. birth.death.samsāra - proceed again.again

729. "Those who travel again and again in the samsara of birth and death,

itthabhāvaññathābhāvam, avijjāyeva sā gati. thus.become.not.thus.become ignorance - going with its becoming thus, becoming otherwise: that journey is due to ignorance.

hāyam mahāmoho, yenidam samsitam ciram. ignorance !this great.delusion proceeds expected lasting long 730. "It is because of ignorance, this great delusion, that one has wandered on for so long.

ca ye sattā, na te gacchanti punabbhavan"ti. vijjāgatā knowledge.gone - - being not - go new existence But those beings who have gained clear knowledge do not come back to renewed existence.

(4)

[4. Volitional activities]

"'siyā aññenapi pariyāyena sammā dvayatānupassanā'ti, iti ce, bhikkhave, pucchitāro assu; rightly pair.contemplate could.be another method - asked to be "If, bhikkhus, there are those who ask, 'Could there be correct contemplation of dyads in some other way?'

'siyā'tissu vacanīyā. could.be utterance vou should answer them thus: 'There could be.' kathañca siyā? how could.be And how could there be? vam kiñci dukkham sambhoti sabbam sankhārapaccavāti, avamekānupassanā. formation.cause suffering arises all this.one.contemplate 'Whatever suffering originates is all conditioned by volitional activities' — this is one contemplation. sankhārānam tveva asesavirāganirodhā natthi dukkhassa sambhavoti, ayam dutiyānupassanā. formation that entire.dispation.cease not.is suffering origin this second.contemplate With the remainderless fading away and cessation of volitional activities, there is no origination of suffering — this is a second contemplation. evam sammā dvayatānupassino kho, bhikkhave, bhikkhuno appamattassa ātāpino pahitattassa thus rightly pair.contemplate vigilant ardent resolute viharato dvinnam phalanam aññataram phalam pātikankham — dittheva dhamme aññā, sati vā fruit abides pair fruit certain expected - vision the Norm other state upādisese anāgāmitā"ti. some fuel left not return When a bhikkhu dwells thus correctly contemplating a dyad — heedful, ardent, and resolute — one of two fruits is to be expected of him: either final knowledge in this very life or, if there is a residue remaining, the state of non-returning." idamavoca bhagavā. this said fortunate
This is what the Blessed One said. athāparam etadavoca satthā then also he said taught the Teacher further said this: 736. "yam kiñci dukkham sambhoti, sabbam sankhārapaccayā. suffering arises all formation.cause 731. "Whatever suffering originates is all conditioned by volitional activities. sankhārānam nirodhena, natthi dukkhassa sambhavo. formation cessation not.is suffering With the cessation of volitional activities, there is no origination of suffering. 737. "etamādīnavam natvā, dukkham sankhārapaccayā. - this.disadvantage having known suffering formation.cause 732. "When one has known this danger, 'Suffering is conditioned by volitional activities,' sabbasankhārasamathā, saññānam uparodhanā. all.formation.stilling perception destruction by the stilling of all volitional activities, by the stopping of perceptions, evam dukkhakkhayo hoti, etam ñatvā vathātatham. thus suffer.extinction to be that having known as it.truth the destruction of suffering occurs when one has known this as it really is. 738. "sammaddasā vedaguno, sammadaññāya right, seeing highest knowledge understood perfectly wise 733. "Seeing rightly, the masters of knowledge, the wise ones, having correctly known this, abhibhuyya mārasamyogam, na gacchanti punabbhayan"ti. conqueror not go mara.bond new existence overcome the yoke of Māra and do not come back to renewed existence. (5)[5. Consciousness] "siyā aññenapi pariyāyena sammā dvayatānupassanā'ti, iti ce, bhikkhave, pucchitāro assu; could.be another method rightly pair.contemplate asked to be "If, bhikkhus, there are those who ask, 'Could there be correct contemplation of dyads in some other way?' 'siyā'tissu vacanīyā. could.be utterance you should answer them thus: 'There could be.' kathañca siyā? could.be how

And how could there be?

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yam kiñci dukkham sambhoti sabbam viññānapaccayāti, ayamekānupassanā.
                                all
            suffering arises
                                        consciousness.cause this.one.contemplate
'Whatever suffering originates is all conditioned by consciousness' — this is one contemplation.
viññanassa tveva asesaviraganirodha natthi dukkhassa sambhavoti, ayam dutiyanupassana.
consciousness that entire.dispation.cease not.is suffering origin this second.contemplate 'With the remainderless fading away and cessation of consciousness, there is no origination of suffering' — this is a second contemplation.
evam sammā dvayatānupassino kho, bhikkhave, bhikkhuno appamattassa ātāpino pahitattassa
thus rightly pair.contemplate
                                                                       vigilant
                                                                                        ardent resolute
viharato dvinnam phalanam aññataram phalam pātikankham — dittheva dhamme añña, sati vā
        pair
                   fruit
                                 certain
                                              fruit
                                                        expected
                                                                            vision
                                                                                       the Norm other state -
upādisese
             anāgāmitā"ti.
some fuel left not return
When a bhikkhu dwells thus correctly contemplating a dyad — heedful, ardent, and resolute — one of two fruits is to be expected of him: either final
knowledge in this very life or, if there is a residue remaining, the state of non-returning."
idamavoca bhagavā.
this said fortunate
This is what the Blessed One said.
athāparam etadavoca satthā —
then also he said taught -
the Teacher further said this:
739. "yam kiñci dukkham sambhoti, sabbam viññānapaccayā.
                   suffering arises
                                       all consciousness.cause
734. "Whatever suffering originates is all conditioned by consciousness.
viññanassa nirodhena, natthi dukkhassa sambhavo.
consciousness cessation not.is suffering origin
With the cessation of consciousness, there is no origination of suffering.
740. "etamādīnavam natvā.
                                        dukkham viññānapaccayā.
      this.disadvantage having known suffering consciousness.cause
735. "Having understood this danger, 'Suffering is conditioned by consciousness,'
                     bhikkhu, nicchāto parinibbuto"ti.
viññāṇūpasamā
                               no hunger final.peace
consciousness.cause -
by the stilling of consciousness, a bhikkhu, hungerless, has attained nibbana.
(6)
[6. Contact]
"siyā aññenapi pariyāyena sammā dvayatānupassanā'ti, iti ce, bhikkhave, pucchitāro assu;
could.be another method
                                 rightly pair.contemplate
                                                                                         asked
                                                                                                      to be
"If, bhikkhus, there are those who ask, 'Could there be correct contemplation of dyads in some other way?'
'siyā'tissu vacanīyā.
could.be utterance
you should answer them thus: 'There could be.'
kathañca siyā?
how could.be
And how could there be?
yam kiñci dukkham sambhoti sabbam phassapaccayāti, ayamekānupassanā.
            suffering arises all contact.cause
                                                                 this.one.contemplate
'Whatever suffering originates is all conditioned by contact' — this is one contemplation.
phassassa tveva asesavirāganirodhā natthi dukkhassa sambhavoti, ayam dutiyānupassanā.
contact that entire.dispation.cease not.is suffering origin this second.contemplate
'With the remainderless fading away and cessation of contact, there is no origination of suffering' — this is a second contemplation.
evam sammā dvayatānupassino kho, bhikkhave, bhikkhuno appamattassa ātāpino pahitattassa
                                                                       vigilant
thus rightly pair.contemplate
                                                                                       ardent resolute
viharato dvinnam phalanam aññataram phalam pātikankham — dittheva dhamme aññā, sati vā
                                                                     - vision the Norm other state -
                                certain
abides pair
                    fruit
                                           fruit expected
upādisese anāgāmitā"ti.
some fuel left not return
When a bhikkhu dwells thus correctly contemplating a dyad — heedful, ardent, and resolute — one of two fruits is to be expected of him: either final
knowledge in this very life or, if there is a residue remaining, the state of non-returning."
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idamavoca bhagavā.

fortunate This is what the Blessed One said.

this said

athāparam etadavoca satthā then also he said taught the Teacher further said this:

## 741. "tesam phassaparetānam, bhavasotānusārinam.

contact.overcome existence.stream.flowing

736. "Those afflicted by contact, flowing along with the stream of existence,

kummaggapatipannānam, ārā samyojanakkhayo. wrong path followed far from fetter destruct

have entered upon a deviant path: the destruction of the fetters is far from them.

742. "ye ca phassam pariññāya, aññāyupasame ratā.

- - - contact having known other peace delight
737. "But those who have fully understood contact, who, having known it, delight in peace,

## phassābhisamayā, nicchātā parinibbutā"ti. contact.realize no hunger final.peace

- indeed contact.realize

by breaking through contact, hungerless, are fully quenched.

(7)

[7. Feeling]

"siyā aññenapi pariyāyena sammā dvayatānupassanā'ti, iti ce, bhikkhave, pucchitāro assu; could be another method rightly pair contemplate - - asked to be "If, bhikkhus, there are those who ask, 'Could there be correct contemplation of dyads in some other way?'

'siyā'tissu vacanīyā.

could.be utterance

vou should answer them thus: 'There could be.'

kathañca siyā?

how could.be

And how could there be?

## yam kiñci dukkham sambhoti sabbam vedanāpaccayāti, ayamekānupassanā.

- - suffering arises all feeling.cause this 'Whatever suffering originates is all conditioned by feeling' — this is one contemplation. this.one.contemplate

vedanānam tveva asesavirāganirodhā natthi dukkhassa sambhavoti, ayam dutiyānupassanā. that entire.dispation.cease not.is suffering origin this second.contemplate 'With the remainderless fading away and cessation of feeling, there is no origination of suffering' — this is a second contemplation.

evam sammā dvayatānupassino kho, bhikkhave, bhikkhuno appamattassa ātāpino pahitattassa ardent resolute thus rightly pair.contemplate vigilant viharato dvinnam phalanam aññataram phalam pātikankham — dittheva dhamme añña, sati vā - vision the Norm other state abides pair fruit certain fruit expected upādisese anāgāmitā"ti.

some fuel left not return

When a bhikkhu dwells thus correctly contemplating a dyad — heedful, ardent, and resolute — one of two fruits is to be expected of him: either final knowledge in this very life or, if there is a residue remaining, the state of non-returning."

idamavoca bhagavā.

this said fortunate

This is what the Blessed One said.

athāparam etadavoca satthā —

then also he said taught -

whatever there is that is felt internally and externally,

the Teacher further said this:

743. "sukham vā yadi vā dukkham, adukkhamasukham pleasant - if - suffering neither.pain.nor.pleasant endure 738. "Whether it is pleasant or painful or neither-painful-nor-pleasant,

ajjhattañca bahiddhā ca, yam kiñci atthi veditam. external - - to be felt

744. "etam dukkhanti ñatvāna, mosadhammam palokinam.

that suffering having known false.nature certain decay 739. "having known, 'This is suffering, of a false nature, disintegrating,'

phussa phussa vayam passam, evam tattha vijānati.

touch touch loss see thus there knows

having touched and touched them, seeing their vanishing, one understands them thus.

vedanānam khayā bhikkhu, nicchāto parinibbuto"ti. destruction no hunger final.peace Through the destruction of feelings, a bhikkhu, hungerless, is fully quenched. (8)[8. Craving] "siyā aññenapi pariyāyena sammā dvayatānupassanā'ti, iti ce, bhikkhave, pucchitāro assu; could.be another method rightly pair.contemplate - - asked to be "If, bhikkhus, there are those who ask, 'Could there be correct contemplation of dyads in some other way?' 'siyā'tissu vacanīyā. could.be utterance you should answer them thus: 'There could be.' kathañca siyā? how could.be And how could there be? vam kiñci dukkham sambhoti sabbam tanhāpaccavāti, avamekānupassanā. suffering arises this.one.contemplate 'Whatever suffering originates is all conditioned by craving' — this is one contemplation. tanhāya tveva asesavirāganirodhā natthi dukkhassa sambhavoti, ayam dutiyānupassanā. craving that entire.dispation.cease not.is suffering origin this second.contemplate With the remainderless fading away and cessation of craving, there is no origination of suffering — this is a second contemplation. evam sammā dvayatānupassino kho, bhikkhave, bhikkhuno appamattassa ātāpino pahitattassa thus rightly pair.contemplate - vigilant ardent resolute viharato dvinnam phalānam aññataram phalam pāṭikankham — diṭṭheva dhamme aññā, sati vā fruit abides pair certain fruit expected - vision the Norm other state upādisesé anāgāmitā"ti. some fuel left not return When a bhikkhu dwells thus correctly contemplating a dyad — heedful, ardent, and resolute — one of two fruits is to be expected of him: either final knowledge in this very life or, if there is a residue remaining, the state of non-returning." idamavoca bhagavā. this said fortunate This is what the Blessed One said. athāparam etadavoca satthā then also he said taught the Teacher further said this: puriso, dīghamaddhāna samsaram. 745. "tanhādutivo craving.companion man long.journey 740. "With craving as partner, a person, wandering on this long journey, itthabhāvaññathābhāvam, samsāram thus.become.not.thus.become wondering on not.go beyond does not transcend samsara, with its becoming thus, becoming otherwise. 746. "etamādīnavam ñatvā, tanham dukkhassa sambhavam. this.disadvantage having known craving suffering 741. "Having known this danger, 'Craving is the origin of suffering,' bhikkhu paribbaje"ti. anādāno. sato without.craving without.taking mindful wonder about a bhikkhu should wander mindfully, free of craving, without grasping. (9)[9. Clinging]

"siyā aññenapi pariyāyena sammā dvayatānupassanā'ti, iti ce, bhikkhave, pucchitāro assu;

asked

rightly pair.contemplate

"If, bhikkhus, there are those who ask, 'Could there be correct contemplation of dyads in some other way?'

could.be another method

how could.be
And how could there be?

you should answer them thus: 'There could be.'

'siyā'tissu vacanīyā. could.be utterance

kathañca siyā?

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evam sammā dvayatānupassino kho, bhikkhave, bhikkhuno appamattassa ātāpino pahitattassa
thus rightly pair.contemplate
                                                                                        ardent resolute
                                                                       vigilant
viharato dvinnam phalanam aññataram phalam pātikankham — dittheva dhamme aññā, sati vā
abides
                                                                            vision
                                                                                      the Norm other state -
                     fruit
                                  certain
                                              fruit
                                                        expected
             anāgāmitā"ti.
upādisese
some fuel left not return
When a bhikkhu dwells thus correctly contemplating a dyad — heedful, ardent, and resolute — one of two fruits is to be expected of him: either final
knowledge in this very life or, if there is a residue remaining, the state of non-returning."
idamavoca bhagavā.
this said fortunate
This is what the Blessed One said.
athāparam etadavoca satthā —
then also he said
                         taught -
the Teacher further said this:
747. "upādānapaccayā bhavo, bhūto dukkham nigacchati.
                          existance exist suffering undergoes
      grasping.cause
742. "Existence is conditioned by clinging; an existent being undergoes suffering."
jātassa maranam hoti, eso dukkhassa sambhavo.
born death to be seek suffering
For one who is born there is death; this is the origin of suffering.
748. "tasmā upādānakkhayā, sammadaññāya
      therefore grasp.extinction understood perfectly wise
743. "Therefore, having correctly understood, having directly known the destruction of birth,
                  abhiññāya,
jātikkhayam
                                   na gacchanti punabbhavan"ti.
birth.destruction well understood not go
                                                   new existence
through the destruction of clinging the wise do not come back to renewed existence.
(10)
[10. Instigation]
"siyā aññenapi pariyāyena sammā dvayatānupassanā'ti, iti ce, bhikkhave, pucchitāro assu;
could.be another method
                                  rightly pair.contemplate
                                                                                         asked
                                                                                                      to be
"If, bhikkhus, there are those who ask, 'Could there be correct contemplation of dyads in some other way?'
'siyā'tissu vacanīyā.
could.be
          utterance
you should answer them thus: 'There could be.'
kathañca siyā?
          could.be
how
And how could there be?
yam kiñci dukkham sambhoti sabbam ārambhapaccayāti, ayamekānupassanā.
            suffering arises
                                  all
                                             instigate.cause
                                                                    this.one.contemplate
'Whatever suffering originates is all conditioned by instigation' — this is one contemplation.
ārambhānam tveva asesavirāganirodhā natthi dukkhassa sambhavoti, ayam dutiyānupassanā.
               that entire.dispation.cease not.is suffering
                                                                origin
                                                                                this second.contemplate
'With the remainderless fading away and cessation of instigation, there is no origination of suffering' — this is a second contemplation.
evam sammā dvayatānupassino kho, bhikkhave, bhikkhuno appamattassa ātāpino pahitattassa
thus rightly pair.contemplate
                                                                       vigilant
                                                                                        ardent resolute
viharato dvinnam phalanam aññataram phalam patikankham — dittheva dhamme añña, sati va
abides
                                  certain
                                              fruit expected
                                                                            vision
                                                                                      the Norm other state -
upādisese anāgāmitā"ti.
some fuel left not return
When a bhikkhu dwells thus correctly contemplating a dyad — heedful, ardent, and resolute — one of two fruits is to be expected of him: either final
knowledge in this very life or, if there is a residue remaining, the state of non-returning."
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yam kiñci dukkham sambhoti sabbam upādānapaccayāti, ayamekānupassanā.

grasping.cause

'With the remainderless fading away and cessation of clinging, there is no origination of suffering'—this is a second contemplation.

upādānānam tveva asesavirāganirodhā natthi dukkhassa sambhavoti, ayam dutiyānupassanā.

this.one.contemplate

this second.contemplate

origin

all

that entire.dispation.cease not.is suffering

'Whatever suffering originates is all conditioned by clinging' — this is one contemplation.

suffering arises

idamavoca bhagavā.

fortunate This is what the Blessed One said

this said

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athāparam etadavoca satthā —
then also he said
                          taught -
the Teacher further said this:
749. "yam kiñci dukkham sambhoti, sabbam ārambhapaccayā.
                    suffering arises all
                                                        instigate.cause
744. "Whatever suffering originates is all conditioned by instigation.
ārambhānam nirodhena, natthi dukkhassa sambhavo.
                cessation not.is suffering origin
With the cessation of instigation, there is no origination of suffering.
750. "etamādīnavam natvā,
                                          dukkham ārambhapaccayā.
this.disadvantage having known suffering instigate.cause

745. "Having known this danger, 'Suffering is conditioned by instigation,'
sabbārambham patinissaija, anārambhe vimuttino.
                              non.instigation released
all.instigation forsakes
having relinquished all instigation, one is liberated in non-instigation.
751. "ucchinnabhayatanhassa, santacittassa bhikkhuno.
- destroyed.existence.crave peace.mind - 746. "A bhikkhu with a peaceful mind, who has cut off the craving for existence,
                  jātisamsāro, natthi tassa punabbhavo"ti.
totally destroyed birth.wandering not.is that re-becoming
has finished with the wandering on in births; for him there is no renewed existence.
(11)
[11. Nutriment]
"siyā aññenapi pariyāyena sammā dvayatānupassanā'ti, iti ce, bhikkhave, pucchitāro assu;
could.be another method rightly pair.contemplate
                                                                                              asked
                                                                                                           to be
"If, bhikkhus, there are those who ask, 'Could there be correct contemplation of dyads in some other way?
'siyā'tissu vacanīyā.
could.be utterance
you should answer them thus: 'There could be.'
kathañca siyā?
how could.be
And how could there be?
yam kiñci dukkham sambhoti sabbam āhārapaccayāti, ayamekānupassanā.
- - suffering arises all nutriment.cause this.one.contemplate
'Whatever suffering originates is all conditioned by nutriment' — this is one contemplation.
āhārānam tveva asesavirāganirodhā natthi dukkhassa sambhavoti, ayam dutiyānupassanā.
nutriment that entire.dispation.cease not.is suffering origin this second.contemplate 'With the remainderless fading away and cessation of nutriment, there is no origination of suffering' — this is a second contemplation.
evam sammā dvayatānupassino kho, bhikkhave, bhikkhuno appamattassa ātāpino pahitattassa
                                                                            vigilant
                                                                                             ardent resolute
                                                                             - vision the Norm other state -
                                  certain
                                                fruit
                                                           expected
upādisese anāgāmitā"ti. some fuel left not return
```

thus rightly pair.contemplate viharato dvinnam phalanam aññataram phalam pātikankham — dittheva dhamme aññā, sati vā abides pair

When a bhikkhu dwells thus correctly contemplating a dyad — heedful, ardent, and resolute — one of two fruits is to be expected of him: either final knowledge in this very life or, if there is a residue remaining, the state of non-returning."

idamavoca bhagavā. this said fortunate

This is what the Blessed One said.

athāparam etadavoca satthā then also he said taught -

the Teacher further said this:

752. "yam kiñci dukkham sambhoti, sabbam āhārapaccayā. suffering arises nutriment.cause 747. "Whatever suffering originates is all conditioned by nutriment.

āhārānam nirodhena, natthi dukkhassa sambhavo.

nutriment cessation not.is suffering With the cessation of nutriment, there is no origination of suffering. 753. "etamādīnavam natvā, dukkham āhārapaccayā. this.disadvantage having known suffering nutriment.cause 748. "Having known this danger, 'Suffering is conditioned by nutriment,' sabbāhāram pariññāya, sabbāhāramanissito. all.nutriment having known all.nutriment.unattached having fully understood all nutriment, one is not attached to any nutriment. 754. "ārogyam sammadaññāya, āsavānam parikkhavā. understood perfectly effluent exhaustion health 749. "Having correctly understood the state of health through the utter destruction of the influxes, dhammattho, sankhyam nopeti vedagū"ti. have considered practised righteous defined not attained highest knowledge using with reflection, firm in the Dhamma, a master of knowledge cannot be designated. (12)[12. Agitation] "siyā aññenapi pariyāyena sammā dvayatānupassanā'ti, iti ce, bhikkhave, pucchitāro assu; could.be another method rightly pair.contemplate "If, bhikkhus, there are those who ask, 'Could there be correct contemplation of dyads in some other way?' 'sivā'tissu vacanīyā. could.be utterance you should answer them thus: 'There could be.' kathañca siyā? how could.be And how could there be? yam kiñci dukkham sambhoti sabbam iñjitapaccayāti, ayamekānupassanā. allagitation.cause this.one.contemplate suffering arises 'Whatever suffering originates is all conditioned by agitation' - this is one contemplation. iñjitānam tveva asesavirāganirodhā natthi dukkhassa sambhavoti, ayam dutiyānupassanā. origin that entire.dispation.cease not.is suffering this second.contemplate 'With the remainderless fading away and cessation of agitation, there is no origination of suffering' — this is a second contemplation. evam sammā dvayatānupassino kho, bhikkhave, bhikkhuno appamattassa ātāpino pahitattassa thus rightly pair.contemplate vigilant ardent viharato dvinnam phalanam aññataram phalam pātikankham — dittheva dhamme aññā, sati vā fruit fruit vision the Norm other state abides pair certain expected upādisese anāgāmitā"ti. some fuel left not return When a bhikkhu dwells thus correctly contemplating a dyad — heedful, ardent, and resolute — one of two fruits is to be expected of him: either final knowledge in this very life or, if there is a residue remaining, the state of non-returning." idamavoca bhagavā. this said fortunate This is what the Blessed One said. athāparam etadavoca satthā then also he said taught the Teacher further said this:

755. "yam kiñci dukkham sambhoti, sabbam iñjitapaccayā. - - - suffering arises all agitation.cause 750. "Whatever suffering originates is all conditioned by agitation.

iñjitānam nirodhena, natthi dukkhassa sambhavo. shaken cessation not.is suffering origin

shaken cessation not.is suffering origin With the cessation of agitation, there is no origination of suffering.

756. "etamādīnavam ñatvā, dukkham iñjitapaccayā.

- this.disadvantage having known suffering agitation.cause
751. "Having known this danger, 'Suffering is conditioned by agitation,'

tasmā hi ejam vossajja, sankhāre uparundhiya. therefore because agitation given up formations kept in check therefore having given up impulse, having put a stop to volitional activities,

anejo anupādāno, sato bhikkhu paribbaje''ti. free from lust unattached mindful - wonder about without impulse, without clinging, a bhikkhu should wander mindfully.

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(13)
[13. Dependency]
"siyā aññenapi pariyāyena sammā dvayatānupassanā'ti, iti ce, bhikkhave, pucchitāro assu;
could.be another method
                                    rightly pair.contemplate
                                                                                                 asked
"If, bhikkhus, there are those who ask, 'Could there be correct contemplation of dvads in some other way?'
'sivā'tissu vacanīvā.
could.be utterance
you should answer them thus: 'There could be.'
kathañca siyā?
how
           could.be
And how could there be?
               calitam hotīti, ayamekānupassanā.
nissitassa
dependent on agitated exists this.one.contemplate
'For one who is dependent there is quaking' — this is one contemplation.
anissito
              na calatīti, ayam dutiyānupassanā.
independent not agitated this second.contemplate
'One who is independent does not quake' — this is a second contemplation.
evam sammā dvayatānupassino kho, bhikkhave, bhikkhuno appamattassa ātāpino pahitattassa
thus rightly pair.contemplate
                                                                              vigilant
                                                                                               ardent resolute
viharato dvinnam phalanam aññataram phalam pātikankham — dittheva dhamme aññā, sati vā
                      fruit
                                                                              - vision
                                                                                              the Norm other state -
         pair
                                    certain
                                                  fruit
                                                             expected
              anāgāmitā"ti.
upādisese
some fuel left not return
When a bhikkhu dwells thus correctly contemplating a dyad — heedful, ardent, and resolute — one of two fruits is to be expected of him: either final
knowledge in this very life or, if there is a residue remaining, the state of non-returning."
idamavoca bhagavā.
this said fortunate
This is what the Blessed One said.
athāparam etadavoca satthā -
then also he said
                         taught -
the Teacher further said this:
757. "anissito na calati, nissito ca upādiyam.
- independent not agitated dependent - grasping
752. "One who is independent does not quake, but one who is dependent, clinging [to things],
itthabhāvaññathābhāvaṁ, saṁsāraṁ nātivattati. thus.become.not.thus.become wondering on not.go beyond
does not transcend samsara, with its becoming thus, becoming otherwise.
758. "etamādīnavam ñatvā,
                                           nissayesu mahabbhayam.
      this.disadvantage having known support
753. "Having known this danger, 'There is great peril in dependencies,'
              anupādāno, sato
                                      bhikkhu paribbaje"ti.
independent unattached mindful -
                                                   wonder about
independent, without clinging, a bhikkhu should wander mindfully.
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(14)

[14. Form and formless states]

"siyā aññenapi pariyāyena sammā dvayatānupassanā'ti, iti ce, bhikkhave, pucchitāro assu; could.be another method rightly pair.contemplate asked to be "If, bhikkhus, there are those who ask, 'Could there be correct contemplation of dyads in some other way?'

'siyā'tissu vacanīyā. could.be utterance you should answer them thus: 'There could be.'

kathañca siyā? how could.be And how could there be?

rūpehi, bhikkhave, arūpā santatarāti, ayamekānupassanā. formless more peaceful this.one.contemplate form -'Formless states are more peaceful than states of form' — this is one contemplation.

arūpehi nirodho santataroti, ayam dutiyānupassanā. formless cessation more peaceful this second.contemplate [147] 'Cessation is more peaceful than formless states' — this is a second contemplation.

evam sammā dvayatānupassino kho, bhikkhave, bhikkhuno appamattassa ātāpino pahitattassa thus rightly pair.contemplate vigilant ardent resolute viharato dvinnam phalānam aññataram phalam pātikankham — dittheva dhamme aññā, sati vā pair fruit the Norm other state certain fruit vision expected upādisese anāgāmitā"ti. some fuel left not return

When a bhikkhu dwells thus correctly contemplating a dyad — heedful, ardent, and resolute — one of two fruits is to be expected of him: either final knowledge in this very life or, if there is a residue remaining, the state of non-returning."

idamavoca bhagavā. this said fortunate This is what the Blessed One said.

athāparam etadavoca satthā then also he said taught the Teacher further said this:

759. "ye ca rūpūpagā sattā, ye ca arūpatthāyino. - - form.come into being - - formless.state 754. "Those beings who fare on to form and those who dwell in the formless,

nirodham appajānantā, āgantāro punabbhavam. cessation not.understand one coming new existence not understanding cessation, come back to renewed existence.

760. "ye ca rūpe pariññāya, arūpesu asanthitā. - - form having known formless unsettled 755. "But those who have fully understood forms, without settling down in formless states,

nirodhe ye vimuccanti, te janā maccuhāyino"ti. cessation - release - people victorious over death who are liberated in cessation: those people have abandoned death.

(15)[15. Truth and falsity]

"siyā aññenapi pariyāyena sammā dvayatānupassanā'ti, iti ce, bhikkhave, pucchitāro assu; could.be another method rightly pair.contemplate to be "If, bhikkhus, there are those who ask, 'Could there be correct contemplation of dyads in some other way?'

'sivā'tissu vacanīvā. could.be utterance you should answer them thus: 'There could be.'

kathañca siyā?

could.be And how could there be?

yam, bhikkhave, sadevakassa lokassa samārakassa sabrahmakassa sassamanabrāhmaniyā with devas the world with Māra with Brahma with samana and brahman pajāya sadevamanussāya idam saccanti upanijihāyitam tadamariyānam etam musāti yathābhūtam produced with.god.human - truth considered that false as.become sammappaññāya sudittham, ayamekānupassanā.

well seen this.one.contemplate

In this world, bhikkhus, with its devas, Māra, and Brahmā, among this population with its ascetics and brahmins, its devas and humans, that which is regarded as "This is true," the noble ones have seen it well with correct wisdom thus: "This is false" ' — this is one contemplation.

yam, bhikkhave, sadevakassa lokassa samārakassa sabrahmakassa sassamanabrāhmaniyā with devas the world with Māra with Brahma with samana and brahman pajāya sadevamanussāya idam musāti upanijjhāyitam, tadamariyānam etam saccanti yathābhūtam produced with.god.human - false considered that truth as become sammappaññāya sudiṭṭham, ayam dutiyānupassanā. well seen this second.contemplate

In this world, bhikkhus, with its devas, Mara, and Brahma, among this population with its ascetics and brahmins, its devas and humans, that which is regarded as "This is false," the noble ones have seen it well with correct wisdom thus: "This is true" — this is a second contemplation.

evam sammā dvayatānupassino kho, bhikkhave, bhikkhuno appamattassa ātāpino pahitattassa thus rightly pair.contemplate vigilant ardent resolute viharato dvinnam phalanam aññataram phalam pāṭikankham — dittheva dhamme aññā, sati vā fruit abides pair certain fruit expected - vision the Norm other state anāgāmitā"ti. upādisese some fuel left not return When a bhikkhu dwells thus correctly contemplating a dyad — heedful, ardent, and resolute — one of two fruits is to be expected of him: either final knowledge in this very life or, if there is a residue remaining, the state of non-returning." idamavoca bhagavā. fortunate this said This is what the Blessed One said. athāparam etadavoca satthā then also he said taught the Teacher further said this: 761. "anattani attamānim, passa lokam sadevakam. not.self self.conceive sees the world with.devas 756. "Behold the world together with its devas conceiving a self in what is non-self. nāmarūpasmim, idam saccanti maññati. established in name and form - truth Settled upon name-and-form, they conceive: 'This is true.' 762. "yena maññanti, tato tam hoti aññathā. yena because of because of because imagine from there that to be otherwise 757. "In whatever way they conceive it, it turns out otherwise. tañhi tassa musā hoti, mosadhammañhi ittaram. that that false to be false.nature
That indeed is its falsity, for the transient is of a false nature. short-lived 763. "amosadhammam nibbānam, tadariyā saccato vidū. not.false.nature nibbana that nobel one truth 758. "Nibbana is of a non-false nature: that the noble ones know as truth. saccābhisamayā, nicchātā parinibbutā"ti. - indeed comprehension of the reality no hunger final peace Through the breakthrough to truth, hungerless, they are fully quenched. (16)[16. Happiness and suffering] "siyā aññenapi pariyāyena sammā dvayatānupassanā'ti, iti ce, bhikkhave, pucchitāro assu;

could.be another method rightly pair.contemplate asked to be "If, bhikkhus, there are those who ask, 'Could there be correct contemplation of dyads in some other way?'

'siyā'tissu vacanīyā. could.be utterance vou should answer them thus: 'There could be.'

kathañca siyā? how could.be And how could there be?

yam, bhikkhave, sadevakassa lokassa samārakassa sabrahmakassa sassamanabrāhmaniyā with devas the world with Māra with Brahma with samana and brahman sadevamanussāya idam sukhanti upanijjhāyitam, tadamariyānam etam dukkhanti produced with.god.human - happiness considered that suffering yathābhūtam sammappaññāya sudittham, ayamekānupassanā.

properly well seen this.one.contemplate

In this world, bhikkhus, with its devas, Māra, and Brahmā, among this population with its ascetics and brahmins, its devas and humans, that which is regarded as "This is happiness," the noble ones have seen well with correct wisdom thus: "This is suffering" ' — this is one contemplation.

yam, bhikkhave, sadevakassa lokassa samārakassa sabrahmakassa sassamanabrāhmaniyā with devas the world with Māra with Brahma with samana and brahman pajāya sadevamanussāya idam dukkhanti upanijjhāyitam tadamariyānam etam sukhanti produced with.god.human - suffering considered that happiness yathābhūtam sammappaññāya sudittham, ayam dutiyānupassanā. properly well seen this second.contemplate

In this world, bhikkhus, with its devas, Māra, and Brahmā, among this population with its ascetics and brahmins, its devas and humans, that which is regarded as "This is suffering," the noble ones have seen well with correct wisdom thus, "This is happiness" — this is a second contemplation.

evam sammā dvayatānupassino kho, bhikkhave, bhikkhuno appamattassa ātāpino pahitattassa thus rightly pair.contemplate vigilant ardent resolute viharato dvinnam phalānam aññataram phalam pātikankham — dittheva dhamme aññā, sati vā certain fruit expected - vision the Norm other state abides pair fruit upādisese anāgāmitāti. some fuel left one not return

When a bhikkhu dwells thus correctly contemplating a dyad — heedful, ardent, and resolute — one of two fruits is to be expected of him: either final knowledge in this very life, or, if there is a residue of clinging, the state of non-returning."

idamavoca bhagavā. this said fortunate
This is what the Blessed One said.

idam vatvāna sugato athāparam etadavoca satthā having said faring well then also he said Having said this, the Fortunate One, the Teacher, further said this:

764. "rūpā saddā rasā gandhā, phassā dhammā ca kevalā. form sound taste odour touch doctrine - entire

manāpā ca, yāvatatthīti vuccati. agreeable desireable? pleasing - as far up to called all are desirable, lovely, agreeable, so long as it is said: 'They are.'

759. "Forms, sounds, tastes, odors, textures, and objects of mind —

765. "sadevakassa lokassa, ete vo sukhasammatā. with devas the world - - deemed pleasure 760. "These are considered as happiness in the world with its devas;

yattha cete nirujjhanti, tam nesam dukkhasammatam. - cease that leads suffering but where these cease, that they consider suffering.

766. "sukhanti ditthamariyehi, sakkāyassuparodhanam." - happiness seen.deathless existing body.breakup
761. "The noble ones have seen as happiness the ceasing of the personal entity.

paccanīkamidam hoti, sabbalokena passatam. undergo.counter to be whole.world see Running counter to the entire world is this [insight] of those who see.

767. "yam pare sukhato āhu, tadariyā āhu dukkhato. - - happiness speak that nobel one speak suffering 762. "What others speak of as happiness, that the noble ones speak of as suffering.

yam pare dukkhato āhu, tadariyā - suffering speak that nobel one happiness wise

What others speak of as suffering, that the noble ones have known as happiness. 768. "passa dhammam durājānam, sampamūlhetthaviddasu.

- sees doctrine difficult.know confound.fool Behold this Dhamma hard to comprehend: here the foolish are bewildered.

nivutānam tamo hoti, andhakāro apassatam. surrounded complete to be darkness not.see

763. "There is gloom for those who are blocked, darkness for those who do not see,

769. "satañca vivatam hoti, āloko passatāmiva.

- mindful opened to be light sees but for the good it is opened up like light for those who see.

santike na vijānanti, maggā dhammassa kovidā. near not knowledge way the Norm clever The brutes unskilled in the Dhamma do not understand it even when close.

770. "bhavarāgaparetehi, bhavasotānusāribhi. existence.lust.afflicted existence.stream.striving

764. "This Dhamma is not easily understood by those afflicted by lust for existence,

māradheyyānupannehi, nāyam dhammo susambudho. mara realm.gone into carried away doctrine by those flowing in the stream of existence, deeply mired in Māra's realm.

771. "ko nu aññatramariyehi, padam sambuddhumarahati. - - - other.deathless - fully englighted one 765. "Who else apart from the noble ones are able to understand this state?

yam padam sammadaññāya, parinibbanti anāsavā"ti. - understood perfectly final nibbana free from influx When they have correctly known that state, those without influxes attain nibbana."

idamavoca bhagavā. this said fortunate This is what the Blessed One said.

attamanā te bhikkhū bhagavato bhāsitam abhinandunti.

delighted - - the blessed said rejoices at Elated, those bhikkhus delighted in the Blessed One's statement.

imasmim ca pana veyyākaraṇasmim bhaññamāne satthimattānam bhikkhūnam anupādāya discourse spoken sixty without grasping āsavehi cittāni vimuccimsūti.

influx mind released

And while this discourse was being spoken, the minds of sixty bhikkhus were liberated from the influxes by non-clinging.

dvayatānupassanāsuttam dvādasamam nitthitam.

Contemplation of pairs Twelve Complete