Interviewee 1: James (33, Accountant, Lives in Kisumu)

Can you tell me about the most recent holiday you went on?

James: I went to Mombasa last December. It was a family trip, and we stayed at a beach resort for five days. It was relaxing, but there were some stressful moments during the journey.

How did you feel about your last holiday?

Q2:

James: I enjoyed the experience overall, especially the time spent with my family. However, I felt stressed during the packing process because I wasn't sure what to bring, and I ended up overpacking.

How do you usually prepare for a holiday? Can you describe your packing process?

James: I usually make a checklist of what I think I'll need, but I tend to second-guess myself. Packing takes me a long time because I try to fit everything into one bag to avoid carrying too much.

What are the essentials you always make sure to pack?

Q4

James: I always pack my toiletries, clothes for all weather types, and gadgets like my phone and laptop. I also ensure I have enough shoes for both casual and formal occasions.

Have you ever faced a dilemma when deciding what to pack due to limited luggage space?

Q5

James: Yes, frequently. Last time, I had to leave out a pair of shoes and some books I wanted to carry. It was frustrating because I ended up needing one of the items I left behind.

Q₆

Can you describe any difficulties you've encountered while moving your luggage to and from your holiday destination?

James: At the train station in Mombasa, I struggled with my suitcase because it was heavy, and there weren't enough trolleys. Navigating crowded areas with bulky luggage was exhausting. Interviewee 2: Felix (25, Doctor, Lives in Nairobi)

Can you tell me about the most recent holiday you went on?

Felix: I went camping in Aberdare Forest last month with friends. It was refreshing, but packing all the gear was challenging.

How did you feel about your last holiday?

Q2:

Felix: I absolutely loved it. The scenery was breathtaking, and it was nice to disconnect from the city. However, it was tiring to organize everything and carry the heavy bags around.

How do you usually prepare for a holiday? Can you describe your packing process?

I usually start by listing all the items I might need, like tents, sleeping bags, food supplies, and extra clothes. Then I try to fit everything into the fewest bags possible

What are the essentials you always make sure to pack?

Q4

Felix: I make sure to pack my first-aid kit, plenty of water, warm clothing, and a flashlight. Those are non-negotiables for camping trips

Have you ever faced a dilemma when deciding what to pack due to limited luggage space?

Q5

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Definitely. On this trip, I had to leave behind some extra shoes and snacks to make room for the tent. It worked out fine, but it felt like I was compromising.

Q6 Q6

Can you describe any difficulties you've encountered while moving your luggage to and from your holiday destination?

Yes, carrying all the gear through the forest trails was exhausting. The bags were heavy, and the uneven terrain made it worse. We had to take frequent breaks, which slowed us down.

Interviewee 3: Mary (28, Human Resource, Lives in Voi)

Can you tell me about the most recent holiday you went on?

Mary: I visited Maasai Mara Game Reserve last September. It was an incredible experience, but packing was overwhelming.

How did you feel about your last holiday?

Q2:

Mary: I loved the wildlife and peaceful environment, but I found managing my luggage frustrating.

How do you usually prepare for a holiday? Can you describe your packing process?

Mary: I pack last-minute, starting with essentials like clothes and toiletries. I often end up overpacking.

What are the essentials you always make sure to pack?

Q4

Mary: I always pack sunscreen, a camera for pictures, comfortable walking shoes, and a wide-brimmed hat for sun protection. Those are my must-haves for outdoor trips.

Have you ever faced a dilemma when deciding what to pack due to limited luggage space?

Q5

For this trip, I had to leave behind extra outfits and some souvenirs because my bag was already full. It's frustrating having to make those decisions.

Q6 ______

Can you describe any difficulties you've encountered while moving your luggage to and from your holiday destination?

Carrying my luggage through the camp was exhausting because the terrain was uneven, and my bag was quite heavy. I also struggled to find space for my bag in the safari vehicle, which added to the inconvenience.

Interviewee 4: Calvince (38, Software Developer, Lives in Nairobi)

Can you tell me about the most recent holiday you went on?

Brian: I went to Diani Beach last December. It was relaxing by the ocean, but packing felt stressful with so much to plan beforehand.

How did you feel about your last holiday?

Q2:

Brian: It was great overall. The beach was amazing, but I couldn't fully relax as I kept worrying about whether I packed everything I needed.

How do you usually prepare for a holiday? Can you describe your packing process?

Brian: I start a few days before, making a checklist and trying to fit everything into one backpack. Deciding what to leave behind is always tough.

What are the essentials you always make sure to pack?

Q4

Brian: I always pack my laptop, phone, chargers, swimwear, and toiletries. They're my top priorities for a beach trip.

Have you ever faced a dilemma when deciding what to pack due to limited luggage space?

Q5

Brian: Yes, definitely. For this trip, I had to leave out my camera gear because it didn't fit in my bag, and I regretted not having it when I wanted to take some good photos.

Q Q6

Can you describe any difficulties you've encountered while moving your luggage to and from your holiday destination?

Brian: The main issue was managing my backpack while also carrying smaller items like snacks and water. Walking long distances between the bus station and the hotel with everything on my back was tiring.

Interviewee 5: Chris (41, Sales Executive, Lives in Mombasa)

Can you tell me about the most recent holiday you went on?

Chris: I went to Naivasha last July with my family. It was a relaxing getaway, but packing for everyone made it hectic.

How did you feel about your last holiday?

Q2:

Chris: It was enjoyable, especially the family time. However, organizing and carrying all the luggage was quite stressful.

How do you usually prepare for a holiday? Can you describe your packing process?

Chris: I usually pack the night before, starting with essentials for myself and my family. I always double-check to ensure nothing is left behind.

What are the essentials you always make sure to pack?

Q4

Chris: I ensure we have toiletries, clothes for all weather, chargers, and snacks for the road, especially when traveling with kids.

Have you ever faced a dilemma when deciding what to pack due to limited luggage space?

Q5

Chris: Yes, I've had to leave behind extra shoes and my laptop to make space for the kids' items.

☑ Q6

Can you describe any difficulties you've encountered while moving your luggage to and from your holiday destination?

Chris: Managing multiple bags while traveling with kids was challenging, especially loading and unloading at different stops.

Interviewee 6: Duya (47, Teacher, Lives in Kisumu)

Can you tell me about the most recent holiday you went on?

Duya: I went to Lamu with my family last August. It was peaceful, but the packing process was overwhelming, especially managing the kids' things.

How did you feel about your last holiday?

Q2:

Duya: The trip was wonderful, but I found moving around with all the luggage stressful. It took away from the relaxation I hoped to have.

How do you usually prepare for a holiday? Can you describe your packing process?

Duya: I usually start packing a week before, listing essentials and sorting clothes for everyone. I always end up with more than I need, though.

What are the essentials you always make sure to pack?

Q4

Duya: I always pack my family's medications, toiletries, sunscreen, and a camera to capture moments.

Have you ever faced a dilemma when deciding what to pack due to limited luggage space?

Q5

Duya: Yes, I've often had to leave behind non-essential items like extra shoes or books to make room for the kids' clothes and toys.

Q6 encor

Can you describe any difficulties you've encountered while moving your luggage to and from your holiday destination?

Duya: Yes, carrying multiple bags while managing kids was challenging. There was also the issue of fitting everything in the car or boat without much space