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Pharmaceutical Innovation\*

F. M. Scherert

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# Pharmaceutical Innovation

F. M. Scherer<sup>†</sup>

**Working Paper 07-13** 

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#### **Executive Summary**

This article, written for the forthcoming <u>Handbook of the Economics of Technical Change</u>, surveys the costs, risks, and challenges encountered in the progressive discovery and development of new pharmaceuticals. The changing methods by which drugs are discovered, the links between companies and academic science, the changing character of public regulation, and the sharp rise in the cost per new approved drug are analyzed. Determining which new drugs are both efficacious and safe poses classic statistical decision theory problems. Why patents are so important to drug developers is explored. A rent-seeking theory of new drug development is proposed to rationalize the high gross margins but only slightly supra-normal returns on investment realized by pharmaceutical companies, and the puzzling economic welfare implications are investigated.



#### **Pharmaceutical Innovation**

F M Scherer

#### 1. Introduction

The discovery and development of new pharmaceutical substances are among the most interesting of innovation processes. Unusually large privately-financed expenditures on research and development (R&D) outlays are required to achieve a successful new product, and relative to the pharmaceutical industry's sales, R&D/sales ratios are extraordinarily high. The links to academic science and basic research performed in government laboratories are rich. The expectation of patent protection plays a more important role than in most other high-technology industries. New products must meet not only the test of market acceptance, but also survive rigorous scrutiny from government regulatory agencies. And the medical services market into which pharmaceuticals sell is itself unusually complex, with a significant fraction of consumers' purchases, at least in the wealthier nations, covered by insurance and hence subject to diverse moral hazard and adverse selection imperfections. Despite these problems, there is compelling evidence that the introduction of many new pharmaceutical products has yielded substantial net benefits in extending human lives and reducing the burden of disease. See e.g. Lichtenberg (2004, 2007), Long et al. (2006), and Murphy and Topel (2006).

Among these various characteristics, we focus preliminarily on one: the high ratio of pharmaceutical companies' R&D spending in relation to their sales. The clearest indicator of this trait comes from data systematically collected over the years by the U.S. industry trade association, previously called the Pharmaceutical Manufacturers Association (PMA) and more recently the Pharmaceutical Research and Manufacturers of America (PhRMA). The solid line in Figure 1 shows aggregate PhRMA member company-financed R&D expenditures within the United States as a percentage of U.S. sales for the years 1970-2005. From 12.4 percent in 1970 declining to 11.8 percent in recession year 1974, the spending ratio rose to a peak of 21.6 percent in 1996 before declining to its 2005 value of 19.2 percent. Included for comparison is a more fragmentary series (dotted line) of data on company-financed R&D outlays as a percent of sales for all manufacturing corporations reporting R&D expenditures in periodic National Science Foundation surveys. In recent years, pharmaceutical R&D/sales ratios have been nearly seven times those of their all-manufacturing counterparts.

The National Science Foundation data are often cited as an indicator of research intensity in pharmaceuticals. For the years 1999-2003, the average R&D/sales ratio for the NSF industry category "pharmaceuticals and medicines" was 9.2 percent, compared to 18.3 percent with the PhRMA series in Figure 1. But the NSF figures are biased downward because they are assembled using what is called the whole company method, under which all the R&D outlays and sales for a company are assigned to the industry in which the company has its largest volume of sales. Thus, they are aggregations of pharmaceutical companies' R&D activity in their home industry along with data from the much less research-intensive toiletries, cosmetics, first aid supplies, and insurance payment processing industries, among others. That the PhRMA data present a more accurate picture of what transpires in modern pharmaceutical manufacturing is revealed through data collected by the U.S. Federal Trade Commission (1985, p. 31) for the 1970s in narrowly-defined "lines of business." For "ethical drugs" in 1977, the reported company-financed R&D/sales ratio was 10.2 percent, compared to 11.3 percent in the contemporaneous PMA report (which excluded many older, i.e. generic, drug sales). Among the 220 lines of business for which the FTC reported 1977 data (and also for 1974 through 1976), ethical drugs had the highest R&D/sales ratio of any industry. For proprietary (e.g., over-thecounter) drugs, the comparable ratio in the 1977 FTC report was 2.9 percent, for toiletries and cosmetics, 2.5 percent, and for surgical and medical supplies, 3.8 percent.

From the R&D efforts of pharmaceutical companies has flowed a stream of new products, which is traced in Figure 2 through a count of the "new chemical entities" approved for marketing in the United States by the governing regulatory agency, the Food and Drug Administration. Excluded from the count are new formulations of existing products, combinations of previously approved entities, new uses of approved products, and most new biological entities and vaccines (in principle, the output of a somewhat different industry covered elsewhere in this volume). The unusually robust upward fluctuations for 1995 and 1996 came from backlog reductions on drugs awaiting approval by the Food and Drug Administration. When those two years are excluded, the average number of new chemical entities approved per

<sup>1.</sup> In collecting R&D statistics, the U.S. Census Bureau and National Science Foundation record biologicallyoriented companies as chemicals manufacturers when they sell substantial amounts of product but as research and development service providers when they have not yet marketed products.

year between 1970 and 2005 was 21.4, with a statistically significant upward time trend.

#### 2. <u>Time Phases</u>

It is customary to characterize new drug discovery and development in terms of time phases. The principal dichotomy is between the pre-clinical and clinical phases.

In the pre-clinical phase, research efforts are oriented at first toward isolating chemical or biological molecules that might have interesting therapeutic action <u>in vitro</u> and then testing for such action in diverse animals. The "animal model" tests often involve several different species, progressing over time from worms, mice, guinea pigs, and the like up the evolutionary scale to dogs and monkeys.

If those tests suggest that the drug might be efficacious and not cause toxic effects, the drug developer works to formulate the candidate in a form (e.g., pill) suitable for medical use and seeks permission to begin tests in human beings -- i.e., in the clinical trial phase. In the United States, formal approval for clinical testing occurs when the Food and Drug Administration issues a so-called IND -- i.e., investigation of new drug -- permit. The clinical phase is in turn conventionally divided into three main phases. In Phase I, the drug is administered to a small number of subjects, sometimes with the target disease and sometimes not, to test for the safety of various dosages and (when diseased subjects are included) for preliminary indications of therapeutic efficacy. More careful and extensive tests for therapeutic efficacy are conducted in Phase II. If those tests are promising, the effort moves into Phase III, in which the drug is administered to at least two panels of patients who might be expected to benefit from the therapy. The number of subjects can run to as high as several thousand, especially for drugs targeted toward already curable diseases or that will be used for long-term therapy. With the principal exception of drugs combatting diseases (such as AIDS) that could be lethal if untreated, the tests are double-blind, with half the subjects receiving the drug being tested and the other half an inert placebo or, less frequently, an alternative drug known to be effective against the disease. Under the double-blind approach, neither the recipients of the drug nor (to minimize subtle psychological influences) the administrators know whether a specific subject is receiving the drug being tested or a placebo. If the Phase III trials yield favorable results, the firm sponsoring the trials applies in the United States to the FDA (or in Europe to the

European Medicines Agency<sup>2</sup>) for a New Drug Approval (NDA), submitting voluminous trial data to support its application. Testing often continues during and after the approval interval through Phase IV trials, sometimes to answer unresolved questions posed by the regulatory agency and sometimes to provide additional evidence for the sponsoring company's planned marketing campaign.

Figure 3 presents a stylized characterization of the annual rate at which funds are spent in pharmaceutical discovery and development leading to a specific useful molecule and how the spending cycle is divided among the various phases. No overlap among phases is assumed, although some overlap can in practice occur. The spending rate is relatively modest in the early pre-clinical phases, rises sharply as clinical tests begin, peaks during Phase III human trials, and then tends to decline abruptly with application for regulatory approval and movement into Phase IV tests, if any.

Detailed analyses of selected drug development histories by DiMasi et al. (1991, 2003) provide among other things estimates of the attrition rates marking transition into successive clinical testing phases and ultimate marketing approval. For self-originated drugs brought into clinical testing by multinational pharmaceutical companies between 1970 and 1982, some 23 percent of the molecules entering Phase I testing ultimately gained marketing approval from government regulators following the completion of Phase III. For a later cohort initially tested in humans between 1983 and 1994, the estimated success rate was 21.5 percent.<sup>3</sup> In the later study, the attrition rate between Phase I and Phase II was 29 percent; between Phases II and III it was 56 percent. Of the molecules brought into Phase III, 68.5 percent survived; thus, 31.5 percent failed during Phase III. In pharmaceuticals, it would appear that substantial risks of total failure persist later in the research and development cycle than in most other industries. More typically, as the rate of R&D spending rises, uncertainties abate, although uncertainties concerning market acceptance persist well past completion of the principal R&D tasks. See Branscomb and Auerswald (2001). Indeed, unless key technical uncertainties are resolved at relatively low

<sup>2.</sup> See Healy and Kaitin (1999). Before 2004, the organization was called the European Agency for the Evaluation of Medicinal Products.

<sup>3.</sup> For more recent success rate estimates using a different sampling approach, see Tufts Center (2006).

spending levels, firms conducting the R&D in non-pharmaceutical fields will typically choose not to carry their efforts into higher levels of annual expenditure.

On average in recent U.S. experience, Phases I through III span six to seven years, with the regulatory approval process consuming an additional one to two years. On this, more later. There is considerable variation from case to case; drugs for rare and incurable diseases are often tested and approved on expedited timetables. Even more variation is found in the length of preclinical research, and indeed, as we shall see, relevant events in the discovery process can sometimes be traced out to decades before testing in human beings commences.

#### 3. Changing Discovery Methods

Over time immemorial, humans found through trial and error that certain naturallyoccurring substances had medicinal effects. Quinine, present in chinchona tree bark and first extracted by chemical methods in 1810, helped alleviate the symptoms of malaria. Vaccination, first with live smallpox toxin and then, thanks to Edward Jenner's experimentation in the 1790s, with a less dangerous vaccine based upon cowpox virus, helped eradicate the scourge of smallpox.

The bark of the white willow tree was known to provide relief against fevers and headaches. The active substance, salicylic acid, was extracted and identified in the 1830s. Salicylic acid, however, had unpleasant side effects -- ulcers and other gastric distress. Bayer A.G. of Germany had become one of the world's leading producers of synthetic dyestuffs, created through the manipulation and synthesis of organic chemical molecules. In 1896 Bayer established a laboratory to synthesize and test dyestuff formulations for medicinal effects in humans. One of its candidates, acetylsalicylic acid, proved to be as effective against fever and headaches as its parent molecule, salicylic acid, but with far milder side effects. The new formulation was named "aspirin," which was patented, trademarked, licensed, and sold profitably by Bayer throughout the world. See Mann and Plummer (1991). The beginnings of the modern pharmaceutical industry can be traced to Bayer's work on aspirin.<sup>4</sup>

German dye-makers (amalgamated under the umbrella of I.G. Farben) continued to test

For various views on early pharmaceutical discovery approaches, see Schwartzman (1976, Chapter 2),

coal-tar-based dyestuff variants for therapeutic effects, and in 1935, they discovered a wholly new class of so-called sulfa drugs, the first of which was sulfathiazole. The sulfa drugs proved to be remarkably effective against a range of bacterial diseases such as spinal meningitis, various forms of pneumonia, and gonorrhea. Variants were subsequently discovered to act as relatively safe diuretics, i.e., to reduce tendencies toward high blood pressure.

There was also progress on the theoretical front. During the 19th Century much was learned about the nature of cells, vaccines, and disease processes in the human body. In 1899 Paul Ehrlich became director of the Institute for Experimental Therapy in Frankfurt/Main, Germany. He conceived an "affinity" theory of small organic molecules' target-specific binding to particular sites in living organisms such as cells in the human body and postulated that if one could find the right "magic bullet," diseased and disease-causing organisms could be destroyed without otherwise harming their human carrier. Salvarsan, one of the more than 600 molecules Ehrlich and colleagues synthesized and tested for therapeutic effects against syphilis, a widespread and essentially incurable disease, proved in 1908 to be effective.

The sulfa drugs provided a first line of defense against bacterial infections. A new line began to open up in 1928 when Alexander Fleming of London observed, but did not follow through on, the anti-bacterial action of a mold that had drifted onto and killed bacteria he was culturing in a Petri dish. His work was revitalized during the late 1930s by Howard Florey and Ernest Chain at Oxford University. Recognizing the anti-bacterial properties of Fleming's discovery, penicillium notatum, and with financial support from the Rockefeller Foundation, they struggled to develop methods of producing the substance in quantities sufficient first to conduct tests in live subjects and then to use in general medical practice. Their results were considered important to treating casualties from looming World War II, and so the British government approved their transmission to the United States government. American defense authorities set in motion a major effort to produce penicillin in large quantities, eventually, by deep-vat fermentation in corn steep liquor -- a process developed initially by a U.S. Department of Agriculture laboratory in Peoria, Illinois. Contracts to produce penicillin were let to 20 chemical companies, which expanded production for military hospitals and simultaneously

Gambardella (1995), Werth (1994), and Pisano (2006, Chapter 2).

gained expertise in the technology of antibiotics.<sup>5</sup> This massive effort provided a major impetus to the emergence of a vibrant American pharmaceutical industry.

While Alexander Fleming's penicillin discovery lay dormant, Selman Waksman of Rutgers University began investigating whether naturally occurring spores might have antibiotic properties. With financial support from the Merck Company, Waksman and his students collected and tested against bacterial cultures approximately 10,000 soil samples. They made two discoveries -- a new antibiotic, streptomycin, effective among other things against tuberculosis, and more importantly, a method for discovering even more new pharmaceuticals -the systematic screening of molds, fungi, and other substances occurring in nature.

With Waksman's success, the rapidly growing pharmaceutical industry had two main methods of identifying potential medicines -- the screening of naturally-occurring substances, plus the organic molecule synthesis approach pioneered half a century earlier by Bayer and Ehrlich. With each method, pharmaceutical action was ascertained empirically, that is, by testing the effects of a molecule on manifestations of disease. For antibiotic action, tests were initially conducted on cultures of bacteria growing in a Petri dish or a test tube -- i.e., in vitro. For anesthetic or tranquilizing action, initial tests might be conducted in earthworms. For blood pressure action and the like, the first target would be laboratory mice.

For the pharmaceutical industry, the antibiotic revolution also had unexpected negative effects. Penicillin technology was widely diffused to facilitate rapid expansion of wartime production. Waksman obtained patent protection on streptomycin, but licenses were made available widely. Price competition soon emerged and then intensified, driving the prices of penicillin and streptomycin down sharply, in some cases, below average production costs. Producing the new "wonder drugs" was found to unprofitable.<sup>6</sup>

Salvation came with new discoveries. Building upon what had been learned with penicillin and streptomycin, the pharmaceutical companies began synthesizing or modifying naturally occurring antibiotic molecules to offer a new, more powerful line of antibiotics -- the

<sup>5.</sup> On the economic history of antibiotics production, see U.S. Federal Trade Commission (1958) and Kingston (1996).

<sup>6.</sup> See U.S. Federal Trade Commission (1958), Chapters 6 and 7.

so-called broad-spectrum antibiotics, starting with aureomycin in 1948 and then encompassing several molecular variants. These could be patented, and they were sold for many years at prices several multiples of their production costs. Developing and patenting new pharmaceutical entities was found to be a profitable endeavor. Efforts to discover new and different kinds of pharmaceuticals proliferated, precipitating a rapid rise in R&D outlays.

The search for new and effective drugs in the 1950s and 1960s was preponderantly empirical and intuitive, through the screening of plausible alternative molecules. Where similar molecules had already exhibited therapeutic activity, the screens were typically narrow. Investigators tried to identify comparable effects from "me too" molecular variants. When new molecules had no clear therapeutic antecedents, the screens were broad, i.e., covering a panoply of possible diseases. David Schwartzman (1976, p. 60) reports that in 1970, Pharmaceutical Manufacturers Association members prepared, extracted, or isolated for medical research 126,060 substances and tested for pharmacological action some 703,900 substances (many, presumably, duplicative), among which only about a thousand showed enough promise to be advanced through higher animal tests into human trials. One company interviewed for an interagency government inquiry put 20,000 compounds through a narrow screen for antibacterial activity in 1966 and carried roughly 4,000 into further animal tests because of preliminary activity indications. The cost per individual screening test at that time was on the order of \$50, while tests on animals such as guinea pigs and monkeys had a reported average cost of \$10,000. Harbridge House (1967, pp. III-9 and IV-4). From such screening, sometimes called "random screening," companies developed extensive libraries of molecules with annotations on their effects, including serendipitous pharmacological activity. These were available for guidance when a search was begun for drugs that combatted a particular new medical problem of interest.

Gradually, as medical knowledge accumulated from research in hospitals, academic institutions, and industry, the search process narrowed to focus on molecules predicted on theoretical grounds to have desired therapeutic effects. Although earlier antecedents can be identified, this "rational drug design" approach is said to have flowered in the 1970s and early 1980s. Compare Gambardella (1995, Chapters 2 and 4); and Schwartzman (1996). A leading example was Tagamet, introduced by SmithKlineFrench in the late 1970s. Scientific research had shown that ulcers resulted from excess production of gastric acid in the stomach. Secretion

of the acid was in turn instigated by histamine, an amine naturally present in the human body. Search for a therapy against ulcers more effective than traditional antacids such as sodium bicarbonate focused on finding agents that would block the acid-generating action of histamine. This narrowed the research agenda considerably, although trial-and-error research was still needed. SmithKline-French scientists synthesized and tested roughly 700 compounds over a period of ten years before seizing upon the highly successful H2-antagonist Tagamet (chemical name, cimetidine). Its success in turn spurred others to explore molecular variants on Tagamet, which was soon surpassed by Glaxo's Zantac and Merck's Pepcid. These in turn were later overtaken by a different proton pump inhibitor approach embodied in Astra's Prilosec. David Schwartzman (1996) argues that the "rational drug design" approach was not as revolutionary a break as some claimed it to be, because scientific knowledge provided imperfect guidance and much screening of alternative molecules, to be sure, targeted screening, was necessary before therapeutically successful molecules were obtained. His criticism is valid, but it is also true that scientific knowledge at least narrowed the searches and limited the use of "try every bottle on the shelf" approaches. Gambardella reports (p. 20) that some 5,000 drugs had to be synthesized for early screens to achieve one marketable product and observes (p. 40) that as of the early 1990s, "attrition rates ... do not seem to have diminished."

A further step forward toward rational drug design came with the perfection of methods such as X-ray crystallography and nuclear magnetic resonance imaging for ascertaining the exact structure of proteins present in the human body that might serve as targets for hostile agents, and also the structure of the invading organisms.<sup>7</sup> One can then try to design therapeutic molecules whose three-dimensional profile meshes exactly with receptor sites in the target molecule, often a protein, as a key meshes with a lock, and which, having bound to the target, block molecular functions or changes adverse to individuals' health. Here the search narrows to a particular structure for the therapeutic agent. Again, however, empiricism is not eliminated. Many alternative molecules, identified among other ways through computer modelling, might bind to a particular target but have no desirable therapeutic effect or be toxic. Thus, search must continue for a molecule with the right configuration and also the desired therapeutic interaction with its

<sup>7.</sup> X-ray crystallography images produced by Rosalind Franklin during the 1950s were crucial in the research by

target -- a search much less precisely guided by received theory. For example, in its quest for a molecule that combatted the body's rejection of "foreign" kidney, liver, heart, and other tissue transplants with less severe side effects than the established inhibitor, cyclosporin, Vertex, a startup company pioneering the computer-aided design of therapeutic molecules, explored 367 different variants before finding one that bound to the receptor site appropriately and showed the hoped-for pharmacological effects. As a skeptic of the rational design school observed: 9

A compound may be brilliantly deigned -- everything absolutely rational, but until that compound has been shown not only to do clinically what you want it to do, but to be safe, to be active orally, to stay around in the body, and not to give you nightmares, it's not a drug.

An even newer approach is to use modern genetic methods to identify and synthesize therapeutic molecules. Clinical studies are sometimes able to determine where and how the lack of a particular protein (such as insulin, human growth hormone, or erythropoietin) in the human body leads to ill health. Even more recently, using high-speed DNA-sequencing techniques, researchers can identify gene sequences which, when present in the human body, increase the probability of serious diseases, or alternatively, to isolate the sequences associated with individuals who might be expected from heredity or life style to acquire a disease but do not. Those DNA sequences usually express specific proteins which underlie the disease mechanism. When the absence of a protein is likely to render a person disease-prone, the protein can be synthesized by recombinant methods -- e.g., splicing the relevant strand of DNA into E.coli bacteria and growing the modified organisms in fermentation cultures.<sup>10</sup> It can then be introduced, not always without difficulty, into the relevant organs of the human body. When a specific protein is found to increase the likelihood of disease, proteins or much smaller traditional organic molecules can be sought, as under rational drug design, to combat the action of those proteins or, as in the methods developed to combat HIV/AIDS, to interfere with the

Francis Crick and James Watson ascertaining the structure of DNA.

- 8. See Werth, p. 251.
- 9. Ibid., pp. 215-216, quoting an unnamed Merck vice president.
- 10. The key discovery was made by Stanley Cohen of Stanford University and Herbert Boyer of the University of California, San Francisco, during the 1970s. Three patents on the Cohen-Boyer gene splicing techniques were then licensed to hundreds of other organizations.



replication of harmful agents within them. These techniques probably provide paths to disease remediation with fewer blind alleys and detours than traditional screening approaches. However, the science is difficult, one cannot be sure whether a particular molecular modification will work safely, and the manufacturing techniques tend to be more difficult and error-prone than tried-and-true "small molecule" processes. Uncertainty is by no means eliminated.

The advance of science and technology has also facilitated new, higher-powered methods of molecule screening. Three main methods are of interest. First, through "combinatorial chemistry," fragments of molecules can be treated chemically and combined in a host of different ways on a single multi-well micro-titre plate, each well yielding a distinct isomer of some larger organic molecule. The process of generating new and possibly interesting molecules is thereby accelerated. Second, interesting proteins and other organic molecule targets can be arrayed on similar plates with numerous wells, to which are added diverse molecular variants of possible therapeutic interest. From these tests and the methods devised to interpret their results, one can quickly screen to see which of many therapeutically-interesting formulations bind to the targets. What would otherwise be a tedious process of testing for interactions one test tube or Petri dish at a time is accelerated in a kind of mass production. Third, as suggested in the previous paragraph, the process of DNA-sequencing has been accelerated greatly, bringing the costs of sequencing an individual's DNA down to such modest levels that sequencing the DNA or fragments thereof for large numbers of individuals has become feasible. The data gained in this way can be mined for disease proclivities and other characteristics of therapeutic interest.

This third technique has brought still another possibility onto the horizon. The typical drug does not work in all individuals with a given ailment, and the administration of a drug can have adverse side effects in some recipients but not in others. These variations in drug receptivity are undoubtedly related to difference in the subjects' genetic endowments. The new science of "pharmagenomics" seeks to ascertain through large-scale DNA sequencing which

<sup>11.</sup> For an excellent lay exposition of the principal advances, see Geoffrey Carr, "The Pharmaceutical Industry," special survey, <u>The Economist</u>, Feb. 21, 1998. See also "New Chips on the Block," <u>The Economist</u>, Dec. 2, 2006, pp. 24-26; and "Mining DNA for Biomarkers," <u>Business Week</u>, Sept. 5, 2005, pp. 82-85.

<sup>12.</sup> For a more skeptical analysis of actual results, see Pisano (2006), p. 94.

individuals fit into which category.<sup>13</sup> In this way, individual drugs might be prescribed only for the individuals who will benefit from them and not be harmed by them, permitting better-targeted drug therapy. It is proposed too that pharmagenomic screening might eliminate from clinical tests of new drugs the individuals likely to experience no effects or adverse side effects and therefore render drug testing processes more precise and less costly. The methods of pharmagenomics are so new that few if any successful applications have been reported. But there are great hopes for them.

More generally, the enormous advances that have been made in computer-aided structurally-based drug design, low-cost molecular manipulation and screening, DNA screening, and recombinant genetics have inspired optimism about the possibility of a new "golden era" of pharmaceutical discovery. But the pot of gold has proved to be elusive. There have indeed been important breakthroughs, but they have been relatively scarce. As Figure 2 shows, after a burst of activity during the mid-1990s, the number of new pharmaceutical chemical entities introduced into U.S. medical practice during the late 1990s and early years of the 21st century has been stagnant or perhaps even declined. Three influences are evidently at work. On one hand, the development and introduction of new drugs depletes the inventory of long-established chemical possibilities and raises the hurdles a new drug must clear in order to displace already efficacious existing drugs. On the other hand, advances in medical knowledge, laboratory methods, and instrumentation open up new possibilities that should in time lead to new and superior drugs. But third, the latter dynamics work with substantial lags and a good deal of uncertainty, engendering substantial, more or less random, fluctuations in the rate of new drug introduction. Optimists believe a golden era of pharmaceutical discovery is coming. When it will materialize is one of the remaining uncertainties.

#### 4. Industry - Academic Science Links

The evolution of pharmaceutical discovery away from unguided or at best intuitive random screening toward rational drug design and biological methods has led to increasingly

<sup>13.</sup> See Vernon and Hughen (NBER, 2005). According to the research director of a biotechnology firm, the human genome is believed to contain roughly 5,000 pharmaceutically relevant genes, of which only 47 are targeted by the 200 best-selling drugs of 2003. "Fixing the Drugs Pipeline," <u>The Economist</u>, March 13, 2004, p. 37.

rich linkages between the work of pharmaceutical companies on the one hand and academic science carried out in universities and governmentally-supported research institutes, both in the nations where the companies operate and across national boundaries. This has always been the case to some extent. The early work on sulfa drugs was conducted in German industrial laboratories by scientists trained at prominent German universities, which were at the time world leaders in chemical research and teaching. Penicillin moved quickly from the laboratories of Oxford University to numerous companies producing in quantity for the war effort. The first oral contraceptive was introduced by the G.D. Searle Company in 1960, a decade before the earliest date at which the trend toward rational drug design was said to begin. But a study by the IIT Research Institute (1968, pp. 58-72) for the U.S. National Science Foundation revealed an intricate "tree" of scientific discoveries extending back to 1849 that laid a foundation for the Searle contraceptive and later improvements. The more recent changes lie mainly in the richness and closeness of the science-industry linkages and the magnitude of the science base on which the industry could draw. In 2003, for example, against the \$27 billion of industry R&D expenditures within the United States reported by PhRMA members, the federally financed National Institutes of Health allocated a nearly equal amount to research intramurally and by outside grant recipients, much of it basic, and a considerable but unmeasurable portion of it on studies of direct or indirect interest in the discovery of new drugs. Among the knowledge "spillovers" traced by Adams and Clemmons (2006) through scientific journal article citations, drugs and biotechnology firms had five times the weighted citation volume from firm to university authors as the next most citation-intensive industry and nearly three times the volume of company scientist citations from firms to other firms.

Iain Cockburn and Rebecca Henderson (2000) studied the histories of the 21 new drugs introduced between 1965 and 1992 with the highest over-all therapeutic impact, as judged by industry experts. Among the 21, only five, or 24 percent, were developed with essentially no input from public sector research.<sup>14</sup> They contrast their results with an earlier analysis by Maxwell and Eckert (1990) concluding that 38 percent of an older sample of drugs were

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<sup>14.</sup> Cockburn and Henderson leave the role of public science undecided for cyclosporine. But it is clear from Werth (1994, pp. 48-50), that academic and hospital investigators played key roles in determining that, with the proper dosage, the substance could be used as an immunosuppressant.

developed without public support. Cockburn and Eckert divided their sample of 21 into three categories -- drugs discovered through essentially random screening, drugs that might be said to fall under the rational drug design rubric, and drugs discovered through fundamental science. All but one of the drugs in the latter two groups built upon key enabling discoveries from public science, while four of the seven random screening drugs did not have clear public science antecedents. For 18 drugs in the Cockburn-Henderson sample on which requisite timing data were available, the lag from the key enabling discovery to synthesis of an effective drug was 17.3 years, with a median value of 12.5 years, a minimum of two years, and a maximum lag of 54 years. Although public sector research played a seminal role in facilitating high-impact drugs, 14 of the 18 drugs on which information was available were first synthesized or, for naturally-occurring substances, dug up, by private-sector firms. Plainly, a division of labor exists. Academic groups have comparative advantage in advancing the science underlying drug discovery and pharmaceutical companies excel at manipulating molecules into a form suitable for therapeutic use. <sup>15</sup>

Edwin Mansfield (1998) pursued a more aggregate approach toward identifying the importance of academic research to private-sector companies' innovations. He obtained from research and development laboratory heads in some 77 companies, operating in seven broad fields of technology, estimates of the percentage of their new products introduced during two time periods, 1975-85 and 1986-94, that "could not have been developed (without substantial delay) in the absence of recent academic research." For all fields, the average research-dependence fraction was 10 percent for the earlier innovations and 11 percent for the later group. "Drugs and medical products" had by far the highest average research-dependence ratio -- 27 percent for the earlier period and 31 percent for the later period. Supplementing the "could not have been developed" cohort, 13 to 17 percent of the drug and medical product innovations received "very substantial aid" from recent academic research -- a virtual tie with "information processing" for first place among the seven groups. With his "recent" framing question, Mansfield found that the average lag from key academic research results to commercialization in drugs and medicines was 8.5 to 8.8 years.

<sup>15.</sup> See also Reichert and Milne (2002).

Academic science is transformed into pharmaceutical innovations through richly interconnected networks. 16 Open science, to be sure, is available to pharmaceutical companies through journal articles and presentations at professional meetings. But in addition, there are tighter links. Pharmaceutical companies provide financial support for academic researchers, and their staffs sometimes perform joint research with academic researchers and co-author articles with them. They also enter into cooperative research and development agreements (CRADAs) with government laboratories such as the U.S. National Institutes of Health, permitting joint research, joint publication, and (under the Stevenson-Wydler Act of 1980) assignment of resulting patents to the companies. In recent years, many pharma companies have opened new laboratories in the vicinity of top academic research institutions in order to facilitate cooperation. Quick absorption of the newest scientific discoveries is facilitated when traditional pharmaceutical companies support their own active programs of basic research. In 1993, for example, drug companies reported that 13.6 percent of their total company-financed research and development budgets was devoted to basic research, as defined by the National Science Foundation -- 18 percent of the basic research spending of all industries covered by the National Science Foundation survey for that year. For the average research-performing company across all industries, basic research was 7.3 percent of total company-financed R&D spending. 17

Even closer links between academia and industry are seen in the emergence of hundreds of small new biotech firms, which tend to locate near academic centers, have academic scientists as their founding entrepreneurs, and count numerous distinguished academic researchers as members of their boards of directors and/or scientific advisory councils. Traditional "Big Pharma" companies in turn license molecules discovered in biotech startups for later-stage commercial development or, with increasing frequency, acquire the biotech companies outright, securing full ownership rights in their development "pipeline" molecules and adding staff associated with them to their own R&D staffs. See Kettler (2000). In this way they augment their inventories of interesting drug development candidates, among other things filling voids

<sup>16.</sup> See e.g. Gambardella (1995), Cockburn and Henderson (1998), Cockburn et al. (1999), Zucker et al. (1998), Powell and Grodal (2005); and Pisano (2007), pp. 100-108.

<sup>17.</sup> U.S. National Science Foundation, Research and Development in Industry: 1993 (NSF 96-304), p. 45.



created when more traditional drug discovery approaches have yielded disappointing results.

An indication of the extent to which firms introducing new drugs to the U.S. market depended upon others for early-stage discoveries is provided through a study undertaken by the author. For the five years 2001-05, the Food and Drug Administration's web site listing new medical entities approved for marketing during those years was searched. From information provided in the approval lists, the patents claimed by the drug developers as impediments to generic competition could be traced by searching the FDA's so-called "Orange Book." On the 85 new medical entities for which patent information was disclosed. 18 251 applicable patents were found, or an average of 2.95 patents per molecule. Altogether, 47 percent of the patents were assigned at the time of their issue to companies with names different from (abstracting from obvious name changes due to large-company mergers) the company authorized by the FDA to begin commercial marketing of the sample drugs. 19 Patents issued in the earlier stages of development, i.e., prior to January 2000, were more likely (54 percent) to be assigned originally to firms other than FDA approval recipients than patents issued in later years (38.4 percent). The difference is statistically significant. Evidently, the companies carrying out final-stage development and testing relied disproportionately upon outsiders for early-stage discovery. Among the 251 patents, 10.4 percent went to essentially academic institutions, i.e., universities, hospitals, and independent research institutes. Seven percent went to universities, although a handful of the university assignments were joint with other institutions, including U.S. government laboratories. Seven of the 251 patents had multiple organizational assignees and ten had only individual inventors as assignees. Many of the non-academic patent assignees were biotech companies, although an exact breakdown was not possible because information on companies that have not yet "gone public" is scarce. It cannot be ruled out that at least some of the assignees with names different from that of the company receiving FDA approval had common stock partially or wholly controlled by larger corporate parents, notably, the companies receiving FDA approvals.

In an analysis covering an earlier and longer period, DiMasi (2000, p. 1177) found that

<sup>18.</sup> Some drug categories are exempt from reporting their patent backgrounds.

<sup>19.</sup> See also Pisano (2006), p. 102.



38.2 percent of the 691 new chemical entities approved in the United States between 1963 and 1999 originated from sources other than the company seeking FDA approval. For his sample, outside sources accounted for 28.4 percent of 1963-1969 NCEs and 39.1 percent of NCEs approved in the 1990s. This plus the results described in the previous paragraph suggest a rising trend in reliance upon outside discovery.

That drug discovery has become more science-based and hence more efficient, as argued by Gambardella (1995), might be consistent with a remarkable result in the relevant literature that, at least at the time this was written, had no clear explanation. A research team at Tufts University has published two leading empirical analyses of new drug discovery and clinical testing costs. The first focused on 93 new chemical entities introduced into human testing between 1970 and 1982; the second on 68 NCEs first tested between 1983 and 1994. See DiMasi et al. (1991, 2003). Detailed data were obtained from ten to twelve pharmaceutical companies, and a consistent methodology was applied to allocate the costs of clinical trial failures to drugs that eventually succeeded in gaining approval and also to make the more difficult allocations of pre-clinical research costs to successful molecules. All entities in the sample were "self-originated," which means that the responsible companies did not license or buy discovered molecules from other companies, and hence presumably incurred the costs of discovery internally. The fraction of total constant-dollar pre-clinical outlays as a percentage of total pre-clinical plus clinical testing outlays, without adjustment for the cost of capital invested in the research, was as follows:

1970-82 cohort 57.7 percent 1983-94 cohort 30.0 percent

The decrease is remarkable.<sup>20</sup> One possible explanation is that drug discovery became more sharply focused and hence consumed a much smaller fraction of total R&D outlays. Another possibility is that in the later period prototypes, even if not actual molecules, were licensed in from outside science-based laboratories, although presumably this should have been ruled out by the sample design. A third possibility entails sampling variation or measurement error, although the differences seem too large to be explained in that manner alone. A fourth alternative is that



for some reason clinical trial costs exploded during the later time period. We turn to that possibility now, although it must be admitted that an important mystery cannot be resolved here.

#### 5. Clinical Testing Costs and Regulation

Since 1938, when the Pure Food and Drug Act of 1906 was amended after approximately one hundred persons were killed by sulfanilamide adulterated with poisonous diethylene glycol (used in antifreeze), the interstate sale of new drugs was prohibited in the United States unless the would-be drug provider obtained a safety certification (a New Drug Approval, or NDA) from the Food and Drug Administration. The FDA's powers were quite limited, and new drugs were often introduced into the market with claims of efficacy that were based on evidence that was more impressionistic than scientific. A demand for more stringent regulation emerged when thalidomide, a drug intended for use to combat morning sickness in pregnant women, caused severe birth defects in many infants born of women taking the drug. In Europe, where thalidomide had entered general use, some 8,000 malformed babies were victims; in the United States, there were only nine known cases. The U.S. Congress honored the FDA officer who had sidestepped regulations to keep thalidomide testing at low volumes in the United States, and in 1962, Congress passed the Kefauver-Harris Act to reform drug approval processes. It required the FDA to ensure that new drugs were not only safe, but also that they were efficacious, i.e., that they actually had the therapeutic effects their makers claimed. An earlier loophole allowing full-scale marketing if the FDA did not act within 180 days of an application's filing was eliminated. The FDA in turn issued new regulations requiring that pharmaceutical producers seeking approval for their new drugs follow a strict regimen of clinical testing that adhered to scientifically grounded sample design, experimental control, and statistical inference norms. Among other things, the three-phase approach to clinical testing was introduced, and in Phase III, double-blind testing against a placebo became "the gold standard" for FDA oversight.

By the late 1960s, a hue and cry arose asserting that the new rules had drastically increased testing costs and that the number of new chemical entities receiving FDA approval had

<sup>20.</sup> To the best of the author's knowledge, no explanation has appeared in published reports.



in turn been sharply reduced.<sup>21</sup> Four reasonably well contrived clinical trial cost estimates, all attempting to pro-rate the cost of testing molecules dropped at diverse clinical test phases, provide an overview of what happened.<sup>22</sup> All of the estimates are converted to year 2000 price levels using the gross domestic product implicit deflator:

Source	Test Period	Average Out-of-Pocket Cost per Approved New Chemical Entity <sup>23</sup>
Mansfield	Late 1950s	\$5.4 million
Clymer	Late 1960s	\$40.2 million
DiMasi I	1970-early 19	80s \$65.7 million
DiMasi II	1983-late 199	0s \$282 million

There are two striking increases. The first is from the pre-1962 to the post-1962 period, as the Kefauver-Harris Act took hold, with estimates based in both cases on data from a single pharmaceutical firm, SmithKlineFrench.<sup>24</sup> The second, derived using a methodology consistent between periods, is for drugs entered into testing during the 1970s, as compared to those on which clinical testing began in 1983 or later.

Grabowski et al. (1978) took advantage of a natural experiment to explore the reasons for the first apparent cost increase. In the United States, proof of efficacy was required after 1962; in Great Britain, proof of efficacy was added to the approval standard only in 1971. Between 1960-61 and 1966-70, inflation-adjusted drug development costs in Great Britain increased by a

<sup>21.</sup> The latter result, which stands out in statistical time series longer than the one in Figure 2 (e.g, Scherer 1996, p. 351), was intended, for the FDA wished to discourage the proliferation of "me too" molecules that offered at best trivial incremental therapeutic benefits.

<sup>22.</sup> The sources in order presented are Mansfield (1970), Clmyer (1970), DiMasi et al. (1991), and DiMasi et al. (2003).

<sup>23.</sup> The Tufts group reports both out-of-pocket costs and costs capitalized at 9 to 11 percent interest rates to reflect the opportunity cost of capital tied up, sometimes for more than a decade, in testing. Capitalization roughly doubles the average NCE cost. It is the capitalized costs that are most frequently cited by pharmaceutical companies, although both alternatives have legitimacy. See Office of Technology Assessment (1994).

<sup>24.</sup> Mansfield does not disclose his source, but his close relationship with SKF at the time makes it likely that the estimates are comparable within the same firm.



factor of three while they increased in the United States by six times. This result suggests that the change in regulatory regimes in the United States was responsible for a twofold cost increase, with the rest attributable to other factors such as fear of tort liability (following substantial thalidomide damages paid by Continental European firms) and companies' desire to differentiate new drugs from the large number of entities already on the market.

What happened to cause a fourfold increase in price-level-adjusted clinical tests between the third and fourth samples remains, like the reason for the sharp relative fall in pre-clinical outlays, a mystery. The FDA did continue to strengthen its clinical evidence rules, in part as a reaction to further safety shortfalls. As the number of molecules competing to be prescribed against the typical disease increased, companies sometimes found it advantageous on marketing grounds to conduct more Phase III and Phase IV tests than the FDA required. It is also possible that the gross domestic product deflators used to render outlays comparable in terms of purchasing power are inappropriate for measuring inflation of R&D costs, both generally and in pharmaceuticals. Some R&D costs, e.g., for computer capabilities, rose much less than the rate of general inflation, and improvements in scientific apparatus sometimes made it possible to carry out experiments that would have been impossible, in effect, infinitely expensive, previously. However, other costs, and especially the costs of clinical testing, may have risen much more rapidly than the rate of general inflation. Clinical testing is a labor-intensive activity, and the wages of physicians, nurses, and related staff increased more rapidly than the GDP deflator. Much clinical testing is done in hospitals. The average cost per day of hospitalization rose at an average rate of 11 percent per year between 1970 and 1990 while the GDP deflator rose at 5.8 percent. It is also possible, although no research on the matter is known, that hospitals using clinical testing activities as a "profit center" dumped some of their soaring overhead costs into the charges they levied on deep-pocketed pharmaceutical companies for clinical testing. And of course, sampling error cannot be ruled out. The DiMasi et al. samples are weighted in favor of large pharmaceutical companies targeting their new drugs toward long-term therapy markets able to bear heavy testing costs and requiring extensive proof of long-term safety. Drugs aimed at acute but rare diseases are probably undersampled.<sup>25</sup>

<sup>25.</sup> For data on how testing costs vary over therapeutic categories within the Tufts University sample, see DiMasi et

Seeking to control their clinical testing costs or minimize internal bureaucracy, pharmaceutical companies have "outsourced" some of their clinical test tasks to independent contract research organizations (CROs) that specialize in test management, and more recently, they have sought to conduct tests in low-wage nations to the extent permitted by regulatory agency rules. (The U.S. FDA requires that some clinical trials be conducted within the United States.) Azoulay (2003) calculated that on average, pharmaceutical companies covered by a large survey outsourced to CROs 23 percent of their clinical test activity on average in 1999. He found too that outsourcing is most frequent for Phase IV trials, and that in earlier-phase trials, use of CROs is less common for tests and disease indications that require complex protocols and quick feedback from unexpected events than for relatively routine testing. In a possible reversion to practices abandoned in the 1970s, pharmaceutical companies have also reconsidered using prisoners in late-stage clinical trials.<sup>27</sup>

#### 6. The Decision-Theoretic Problem

Evaluating the results of clinical trials is a classic exercise in statistical decision theory. The Food and Drug Administration in the United States, and in the European Community since 1995, the European Medicines Agency, attempt to keep unsafe products off the market and to approve only products that can demonstrate their therapeutic efficacy. Because drugs have differing activity in diverse humans, clinical test results are statistically noisy. Decision-makers for both the sponsoring company and the regulatory agency must try to sort out the true effects from the random variation. One must be wary of both Type I errors -- concluding that the drug is

al. (1995). The highest average costs were for non-steroidal anti-inflammatories, which are often taken several times daily for extended periods. The lowest average costs were for anti-infectives, which are usually prescribed for only short periods. For so-called "orphan" drugs and drugs against lethal diseases such as HIV/AIDS, the Food and Drug Administration typically authorized smaller clinical trial samples and shorter trial periods. On orphan drugs, see Shulman and Manocchia (1997).

In recent years the FDA has distinguished between "priority" and "standard" approval candidates -- the former for molecules that offer significant improvements over existing approved therapies. Among the new medical entities approved between 2001 and 2005, 89 percent of the orphan drugs, i.e., those treating diseases affecting fewer than 20,000 U.S. residents, received priority designations, while 38 percent of the non-orphan drugs were designated "priority."

<sup>26. &</sup>quot;Drug Companies Cut Costs with Foreign Clinical Trials," New York Times, Feb. 22, 2005; "Outsourcing," Business Week, Jan. 30, 2006, p. 58; and Berndt et al. (2007).

<sup>27. &</sup>quot;Panel Suggests Using Inmates in Drug Trials," New York Times, August 13, 2006, p. 1.

safe and/or efficacious when it is not, and Type II errors -- keeping a drug off the market when it actually will do good work. Tradeoffs are also required. Virtually every drug has some adverse side effects. Even century-old aspirin does; it can trigger ulcers, inhibit blood-clotting, and (more rarely) cause fatal Reye's syndrome. One must weigh the beneficial effects against the adverse effects, neither measured with certainty.

For the U.S. Food and Drug Administration, the "gold standard" again has been the double-blind test of a new drug against placebos, e.g., sugar pills. It is not always required, however. Denying an available potential remedy to patients with an otherwise fatal disease violates ethical canons, so the U.S. FDA either allows new drugs to be tested on all clinical trial subjects (e.g., in the early years of the HIV/AIDS crisis) or uses as a comparative benchmark a drug whose therapeutic efficacy has already been established. It has been argued, e.g., by Angell (2004), that, when they are available, established drugs should normally be used as the benchmark for comparison, because in a head-to-head competition, information may be generated that helps physicians choose among alternative therapies by comparing cost with benefits. This is not always a good idea, however. The largest trial of Merck's Cox-2 inhibitor pain reliever Vioxx was against an established over-the-counter drug, naproxen sodium (branded Naprosyn). The latter was known to have blood-thinning properties which reduce the severity or likelihood of strokes and heart attacks. When clinical trial subjects were found to have a higher propensity toward adverse cardiovascular events with Vioxx than with naproxen sodium, the inference was drawn that naproxen sodium was having its well-known positive effect, and not that Vioxx was actually causing cardiac events. This was eventually found to be wrong, and when Vioxx was taken off the market in 2004, a torrent of tort litigation followed. An equally large trial against a placebo might have identified the adverse side effects from Vioxx more clearly, but left unclear Vioxx's superior record in avoiding ulcers as compared to naproxen sodium.

The decision-theoretic problems of clinical trial design are illustrated by the case of TPA (tissue plasminogen activator), a genetically engineered drug targeted against the blood clots that accompany heart attacks, versus an older, well-established drug, streptokinase (SKA).<sup>28</sup> The null

<sup>28.</sup> This example is drawn from Scherer (1996, pp. 354-355).

hypothesis on efficacy would be that TPA was not more effective than a placebo or, under an alternative standard, than SKA. Carefully structured trials were conducted, and it was found that 6.3 percent of the subjects died after being injected with TPA plus heparin, while 7.4 percent died with SKA plus heparin. Assuming these values to reflect the true states of nature, Figure 4 shows how the statistical inference problem might evolve. The solid lines show the probability distribution of possible trial outcomes with samples of 1,000 on each alternative -- fairly typical of the Phase III sample sizes required during the early 1990s by the U.S. FDA. If the death rate with a placebo exceeded 8 percent, trials with 1,000 TPA injections would with high probability support a decision to allow marketing of TPA. The risk of a Type I error is quite small -- the area under the right-hand tail of the TPA distribution above 8 percent. But the test would be insufficient to tell whether TPA was more effective than SKA. If both drugs were matched against each other, there would be roughly one chance in three that SKA would be found to be superior when in fact it is inferior. Recognizing this, TPA's developer, the biotech firm Genentech, chose to sponsor head-to-head clinical trials with much larger samples than those required by the FDA. With samples of 10,000, we see in Figure 4, there is only a small probability, measured by the proportional area under the overlap between the two dash-dash density functions, that one would err in concluding that TPA is not superior to SKA. With this evidence, TPA became the drug of choice for emergency treatment of heart attack and stroke patients, even with a TPA price ten times the price at which SKA was marketed.

Similar problems pervade testing for adverse side effects. Many side effects are rare events, occurring with probabilities less than 0.01. A 12-week-long trial of Vioxx, for example, yielded only about 1.2 heart attack cases per thousand subjects, suggesting a probability (that undoubtedly would have risen with longer therapy) of 0.0012.<sup>29</sup> With the sample sizes typically required by the Food and Drug Administration, determining whether Vioxx actually caused heart attacks or whether the relatively few cases observed would have happened in any event was intrinsically difficult.

Given these difficulties, policy-makers and company officials may wish to commence full-scale marketing of a new drug, expecting that rare side effects will reveal themselves when

<sup>29. &</sup>quot;Evidence in Vioxx Suits Shows Intervention by Merck Officials," New York Times, April 24, 2005, p. 1.

the population using the drug numbers in the hundreds of thousands or millions. There are, however, two main problems with this approach. When adverse effects are rare, physicians administering the drug to their typically small number of patients will seldom be able to discern that observed complications were caused by the drug rather than something that would have happened in any event. And, busy as they are, they are unlikely to take the trouble to report the event to a central office processing data on the entire population. Given this, extraordinary diligence is required on the part of the agency responsible for overseeing drug safety, piecing together fragments of imperfect information from the field into a more coherent picture.

But here the wrong thing happened in the United States. The drug evaluation problem is sufficiently difficult that the U.S. FDA took a long time making its decisions, once companies had deposited truckloads of clinical test information on its doorstep. During the 1980s, the time required for the FDA to make a definitive decision on companies' requests for a New Drug Approval averaged roughly 30 months. There were complaints of a "drug lag" relative to nations with less meticulous drug approval systems, and companies claimed that the regulation-induced delay of profitable sales impaired their incentives to sustain R&D efforts.

A solution to the problem was adopted by the U.S. Congress in the Prescription Drug User Fee Act (PDUFA) of 1992. It allowed the FDA to levy user fees upon pharmaceutical companies, in part with a fee per application, partly through a fee proportional to the number of production sites licensed, and partly with fees rising with the number of new drug applications approved. The fees, eventually exceeding \$250 million per year, allowed the FDA to augment its new drug evaluation staff, in exchange for which it promised to reduce its decision-making lags to an average of 12 months.<sup>30</sup> The approval-linked component had potentially undesirable incentive effects, for the more drugs the FDA approved, the higher its revenues would be. Thus, it might be motivated to approve marginal drugs it would not favor if their approval did not yield additional revenue. The law was modified in 1997 to eliminate this incentive incompatibility by targeting an annual lump sum to be raised from drug approvals, with a higher resultant fee per NDA, the fewer NDAs issued. Even so, another difficulty materialized. Congress made it clear

<sup>30.</sup> An irony of the legislation is that at the time, the FDA had an effort underway, called Project 007, to reduce decision-making lags without additional budgetary resources. Even though it was beginning to succeed, the FDA favored having substantially more budgetary resources under the PDUFA system. See U.S. Food and Drug

that the FDA was not to divert the PDUFA revenues to activities other than new drug review, and when insufficient funds were separately appropriated to support all previously existing FDA functions, the FDA cut back on the resources it devoted to post-marketing surveillance. Its monitoring of post-marketing safety issues abated and responses to lethal side effects from already-approved drugs were delayed. Guided in part by a critical report from the Institute of Medicine (2006) of the National Academies of Science, corrective action was begun after the Vioxx crisis surfaced.

#### 7. <u>Uncertainty Revisited</u>

A recurrent theme in this essay has been the presence of uncertainty. As the research and testing process progresses, uncertainties are gradually mitigated. Several sources put the number of alternative molecules subjected to early screening at between 4,000 and 10,000 in order to have a single approved drug at the end of the process.<sup>31</sup> According to PhRMA (2006, p. 4), the U.S. industry association, a single approved drug emerges on average from five compounds entering clinical testing, 250 molecules subjected to animal and other laboratory tests, and 5,000 to 10,000 molecules initially screened. As the number of drug candidates is winnowed, the costs of continued testing and hence the stakes in the game escalate.

Even when marketing approval is secured, risks do not vanish. As we have seen, severe safety hazards may become evident only when a drug has been accepted widely on the market. And approval is by no means synonymous with commercial success. Grabowski and Vernon (1990, 1994) have shown that the distribution of quasi-rents -- that is, the surplus of revenues over variable production costs for individual drugs -- is highly skew. Among any given 100 drugs introduced into the market, the top ten by number realize from 48 to 55 percent of their cohort's quasi-rents, while the least lucrative 80 out of 100 barely cover, or less than cover, their average capitalized research and testing costs. In its skewness, the profitability distribution for new drugs is similar to the distributions for most other new products, except that when one focuses only on approved drugs, one ignores the uncertainties that preceded approval and

Administration (1993).

<sup>31.</sup> See Gambardella (1995, pp. 20 and 40); Schwartzman (1996, p. 846); Pisano (2006, p. 56); and PhRMA (2006, p. 4).

therefore obtains somewhat less skew outcome distributions than with samples that begin at earlier stages of the research and product innovation cycle. See Harhoff and Scherer (2000). Skewness of the distribution of rewards from innovation in turn makes it more difficult to hedge against risk by maintaining a portfolio of projects -- a standard feature of high-technology investment strategies. Scherer and Harhoff (2000) demonstrate, for example, in a simulation analysis of the Grabowski-Vernon data, that even averaging over <u>all</u> the products introduced into the U.S. market for a total of 21 years, skewness and the random appearance of a few extreme values lead to fluctuations in <u>overall</u> annual industry gross profitability of 25 percent. In other words, the overall industry portfolio is insufficiently diverse to eliminate significant profit variations.

To be sure, pharmaceutical companies have some bases for predicting before marketing begins whether their new drug will enter a market with blockbuster potential or a niche in which quasi-rents will at best be modest. Among other things, first movers typically enjoy larger market shares than latecomers.<sup>32</sup> However, there are also surprises. The drug with the highest annual sales in pharmaceutical industry history, Lipitor (atorvastatin), was seen by its developers as at best a late entrant into the cholesterol-reducing statins drug market. With limited perceived prospects, the Lipitor project was on the verge of cancellation by its developer, Warner-Lambert, when a small clinical trial revealed, contrary to expectations, that it was more effective at given dosages than rival drugs.<sup>33</sup> Confirmation of this result plus a marketing decision to set Lipitor's price at half the price of the leading rival propelled Lipitor's sales to record levels, ahead of several competing molecules. Similarly, Abbott Laboratories' Hytrin (terazosin) was synthesized through a minor manipulation -- the replacement of two pentane ring double bonds with single bonds in a quadruple-ring molecule -- of an anti-hypertensive drug marketed by Pfizer. Its performance as an anti-hypertensive was unimpressive. But tests by academic researchers revealed serendipitously that Hytrin could ease the symptoms of benign prostate gland enlargement. It was retested for that use and approved, achieving annual sales in its category approaching a billion dollars per year -- a result far beyond the expectations of the team that

<sup>32.</sup> See e.g. Bond and Lean (1977) and Robinson and Fornell (1985).

<sup>33.</sup> See Simons (2003).



created it. On the other hand, drugs with the most optimistic prospects sometimes prove to have unacceptable side effects, crashing and burning after hundreds of millions of dollars have been spent for development and testing.<sup>34</sup>

#### 8. The Unique Role of Patents

The expectation of patent protection on new products plays a particularly important role in pharmaceutical R&D decision-making. Levin et al. (1987) surveyed 650 corporate R&D managers, asking them inter alia to evaluate on a scale of 1 (not at all effective) to 7 (very effective) the effectiveness of patents as a means of protecting the competitive advantages from new products. From 17 pharmaceutical industry respondents, the average score was 6.53, compared to a response-weighted average of 4.33 for all 130 surveyed lines of business. Among the industries with more than one respondent, pharmaceuticals ranked second in its patent protection effectiveness score. This result is consistent with the findings of Edwin Mansfield et al. (1986), who asked the top R&D executives of 100 U.S. corporations what fraction of the inventions they commercialized between 1981 and 1983 would not have been developed in the absence of patent protection. For pharmaceuticals, the average was 60 percent; for all industries, 14 percent.

The importance of patents to pharmaceutical R&D decision-makers stems not only from the large average investments in a typical new product and the many uncertainties lining the path to a new product approval. The differentiating factor is seen among other things through a comparison with another industry -- aircraft -- that taps a range of highly sophisticated technologies and spends billions of dollars developing the typical new product. For aircraft (both civilian and military), the average "effectiveness of product patents" score in the Levin et al. survey was 3.79 -- in the lowest third among 130 industry categories.

The key difference lies in the relative ease of imitation, i.e., how difficult it would be, with vs. without patent protection, for new product imitators to launch their own competing products. Even without patents, the firm that would seek to imitate the Boeing 787 would have to build its own scale models, perform wind tunnel tests, compile detailed engineering drawings

<sup>34.</sup> See "Failure of Pfizer Cholesterol Drug Is Major Blow to Promising Approach," Washington Post, December 4,

and specifications for all structural parts, work out electronic system interfaces, construct fullscale test models, test them for structural soundness and aerodynamic performance, and much else, spending very nearly as much as Boeing did to develop its 787. Presumably, it would have observed Boeing's design before undertaking the project, and by the time the imitator completed its developmental work, Boeing would be a decade ahead in sales and have progressed far down its learning curve, enjoying a substantial production cost advantage. But in pharmaceutical discovery and testing, much of the R&D is aimed at securing knowledge: knowledge of which molecules are therapeutically interesting, knowledge of which molecules work in animals, and most costly, knowledge as to whether a target drug is safe and efficacious in human beings. Once that knowledge is accumulated, absent patent protection, it is essentially there as a public good available to any interested party. Achieving it requires by recent U.S. standards an investment measured in the hundreds of millions of dollars. But for most new drugs, and especially small-molecule drugs, 35 a would-be generic imitator could spend a few million dollars on process engineering and enter the market with an exact knock-off copy. Generic entry in turn could guickly erode the guasi-rents anticipated by a pharmaceutical innovator to repay its R&D investment. Hence the importance attributed to patents by drug companies.

This asymmetry between pharmaceutical innovators and imitators was not nearly as glaring during the early 1980s. Because of FDA and Supreme Court rulings, generic drug providers had to invest nearly as much per molecule in clinical testing to obtain marketing approval as the first-moving innovator.<sup>36</sup> Original developers also had problems. They typically sought patent protection just before beginning human tests, when probable "utility" could be documented, and at the completion of those tests, 30-month average decision-making lags at the FDA ate into the 17-year period over which their products were protected by patents. A grand compromise on these two points was achieved in the Hatch-Waxman Act of 1984.<sup>37</sup> It allowed

2006; and Joe Nocera, "The Dangers of Swinging for the Fences," New York Times, Jan. 27, 2007, p. B1.

<sup>35.</sup> I.e., abstracting from biologicals, whose production tends to be more difficult and to entail more secret "black art."

<sup>36.</sup> See Kitch (1973) and Bond and Lean (1977). A key Supreme Court ruling was U.S. v. Generix Drug Corp. et al., 460 U.S. 453 (1983).

<sup>37.</sup> For a brief history, see Scherer (2007).



patent holders to extend the lives of their patents, compensating for at least some of the period during which their new product introduction was delayed by regulatory oversight. It simultaneously reduced the clinical testing requirements for generic entrants once blocking patents had expired. Contrary to past precedents, the so-called Bolar Amendment also permitted generic drug developers to produce small quantities of the drug in question for their clinical trials before the drug's patents had expired so that they could complete their FDA paperwork and attempt entry as soon as patents expired. The generic entry provisions had a more dramatic impact, increasing the number of prescriptions filled generically in the United States from 19 percent in 1984 to 51 percent in the year 2003. The expectation of rapid generic entry following patent expiration in turn reinforced the incentive of pharmaceutical innovators to invigorate their R&D to compensate for impending profit losses.

#### 9. Profitability and Research Investments

With strong patent protection and well-differentiated products, pharmaceutical producers enjoy considerable discretion over the prices they set. Insurance coverage of drug outlays, expanded rapidly during the 1980s, reduced demand elasticities and conferred even more pricing power. One index for measuring pricing power is the price-cost margin (PCM), defined as:

For 459 four-digit manufacturing industries on which data were published for the year 1987, pharmaceuticals had the sixth-highest margin, at 61.4 percent. For all manufacturing industries, the average PCM was 30.5 percent. Similarly, for decades pharmaceutical producers appeared at or near the top of Fortune magazine's annual list of broad industry groups, ranked in order of after-tax profit returns as a percentage of stockholders' equity. In 27 of the years 1968-2006, it ranked either first or second among from 22 to 50 broad industry groups. Beginning already in the late 1950s, the drug makers were accused in public fora of profiteering at the expense of consumers. They argued in return that high profits were a reward for superior innovation and a necessary spur to investment in risky R&D.

Another more subtle defense led, after considerable repetition, to a large-scale analytic

investigation by the U.S. Office of Technology Assessment (1994). The basic argument was that, due to the R&D-intensity of pharmaceutical manufacturing and peculiarities in the way accepted accounting principles dealt with R&D outlays, reported profit returns on drug company assets and stockholders' equity were systematically overstated. Specifically, R&D outlays were recorded as a current year's expense when in fact they were investments yielding returns over decades following their incurrence. Ideally, they should be added to asset accounts and then depreciated only slowly. Ignoring their investment character understated drug company assets and hence, given the absolute R&D magnitudes and growth conditions experienced by drug companies, overstated profit ratios in which assets or stockholders' equity comprised the denominator.<sup>38</sup> A careful evaluation by the Office of Technology Assessment confirmed the validity of the underlying theory and concluded that, after appropriate accounting adjustments were made, pharmaceutical makers enjoyed returns on investment only two or three percentage points higher than the roughly ten percent real cost of their financial capital.<sup>39</sup> And at least part of that differential could be attributed to the riskiness of drug companies' investments.<sup>40</sup> In other words, drug companies did not appear to be realizing extraordinary supra-normal profit returns.

This conclusion left unsettled the specific behavioral dynamics that reconciled unusually high price-cost margins, atypically high R&D/sales ratios, and bottom-line returns on investment only moderately above all-industry norms. Several studies of the links between profit potential and R&D investment have been published. I focus here on my own analysis, which has been brought as up-to-date as data availability permitted. The profit potential is measured from U.S. Census data for the "pharmaceutical preparations" industry as sales less materials purchases less in-plant payroll costs (including fringe benefits). Call this variable "gross margins." The data

<sup>38.</sup> For the relevant theory, see Stauffer (1971).

<sup>39.</sup> See also Grabowski et al. (2002). Pisano (2007, pp. 112-118) presents evidence that the profit returns of publicly-traded biopharmaceutical companies have in the net been negative. He attributes this result primarily to the lack of an appropriate business model. A complementary explanation might be that the venture capitalists who have been instrumental in financing most biotech startups are skewness lovers. See Scherer (2001b).

<sup>40.</sup> Not explicitly recognized in the analysis was the difficulty of risk-hedging through portfolio maintenance with highly skew payoff distributions, as shown by Harhoff and Scherer (2000).

<sup>41.</sup> Extended from Scherer (2001a). See also Lichtenberg (2004), Scherer (1996, p. 388 note); and Grabowski et al. (2002).

were adjusted for inflation to a 1992 = 100 price level base using the implicit GDP deflator. The coverage is for 1962 through 2004. R&D data were spliced from various statistical reports of the Pharmaceutical Manufacturers of America and PhRMA. On the assumption that U.S. members allocated resources internationally to the most favorable locations and that overseas R&D was influenced by profit prospects in the firms' largest single market, the United States, the R&D data include "R&D abroad" as well as domestic R&D. Again, deflation was to 1992 price levels. For each deflated time series, an exponential growth trend was fitted using least-squares regression. For the gross margins variable, the average "real" rate of growth was 4.84 percent per year; for the R&D variable, 8.11 percent. Using the fitted trend, percentage deviations from the trend were computed. These are plotted in Figure 5, with margin deviations as a solid line and R&D deviations as a dotted line.

For at least the first three decades of the time series, the degree of coincidence is remarkable. When margins rise relative to trend, R&D rises in near tandem. The causation cannot plausibly run from R&D to margins, because R&D extends for a decade or so before marketing begins, and even then, it takes several years before sales and margins peak. The turning points are roughly coincident for the mid-1960s and the early 1990s, but R&D leads margins by three years for the early 1980s. Reconciliation might come from viewing margins as an imperfectly anticipated measure of profit expectations. Or companies might apply with some deviation a crude rule of thumb, raising R&D when margins increase and holding back its growth when their growth flags. The relationships appear to break down during the 1990s and early years of the new century. A possible explanation is that during the early 1990s, companies were under heavy pressure from the Clinton administration to curb their prices or face price controls. They argued against such policies, emphasizing the dependence of R&D investments on profits, and may have found it politic visibly to maintain R&D growth levels. Margin deviations rose sharply under a new and more conservative U.S. president, while a slight decline in R&D growth may have been due to disappointing new product approvals. Compare Figure 2.

<sup>42.</sup> A splice was necessary after 1996, when a new industrial classification was implemented and slight mismatches appeared between the new and old data.

<sup>43 .</sup> R&D performed abroad by the foreign divisions of foreign-owned member companies was excluded.

Whatever the exact causal dynamics, two things appear clear: (1) Correctly accounting for R&D as a long-lived investment tends to reduce substantially, if not to eliminate altogether, the inference that pharmaceutical companies are on average achieving supra-normal profit returns. And (2), there are distinct links, both short-run and long-run, between gross margins and R&D investments. One possible theoretical explanation is that pharmaceutical companies are adhering to the Dorfman-Steiner (1954) theorem, which states that profit-maximizing investments in R&D (and also in drug promotion activity, generating nearly as much expenditure as R&D) are higher, the wider price-cost margins are. But under Dorfman-Steiner, one would not expect the nearly complete dissipation of profit margins for R&D and promotion.<sup>44</sup> An explanation in better accord with the evidence and consistent with received theory<sup>45</sup> is that pharmaceutical companies engage in competitive rent-seeking behavior -- to be sure, of a virtuous character distinguishable from what some early theories emphasized. That is, when rents (price-cost margins) are high, the companies compete vigorously to capture them by increasing their R&D (and promotional) outlays, and indeed, the companies compete so vigorously, there is little left over in the end for supra-normal profit. When rents decline, R&D outlays are also squeezed so that a competitive rate of return persists.

Exactly how this competitive rent-seeking evolves is left unclear. One possibility is that Firm A sees Firm B mounting an R&D project to develop new drug X, whereupon B initiates its own countervailing project to offer a variant of X and perhaps even to preempt B's innovation date. Cockburn and Henderson (1995) call such competition "racing" and, through interviews and an analysis of research focus data from pharmaceutical companies, find little support for it. Rather, they perceive investment decisions to be driven by the appearance of new technological opportunities and allocated among R&D laboratories on the basis of the firms' heterogeneous human capital capabilities. In this case, the more plausible chain of causation is that new science-based opportunities create profit potentials, and, recognizing them sooner or later, companies compete vigorously to exploit them, in the process dissipating most or all of the

<sup>44.</sup> See also Stigler (1968). Compare Scherer (2004), which in a model with assumptions analogous to those of Dorfman-Steiner found equilibrium R&D to be approximately 29 percent of quasi-rents.

<sup>45.</sup> See especially Tullock (1967), Barzel (1968), and Krueger (1974).

attainable rents.

## 10. Implications for Economic Welfare

To the extent that these insights are anywhere near the mark, implications for economic welfare follow.

A simple version of the rent-seeking phenomenon is illustrated in Figure 6. Through research and development, a new product is created. Its existence gives rise to a new demand curve D\* that did not exist before, and through process R&D (which we have touched only lightly in previous sections) a (constant) marginal production cost function M-MC\* appears. With a patent monopoly limited in time, the responsible firm maximizes its profits by setting marginal revenue MR equal to marginal cost, quoting price OP\* and offering output OQ\*. During the on-patent period the firm realizes quasi-rents, also called producer's surplus, measured by the rectangular area P\*WXM. This producer's surplus represents a welfare gain, and its expectation motivates investment in forward-looking R&D. In addition, the availability of the new product yields consumers' surplus measured by the triangular area P\*WZ. When the patent expires, generic competition begins (before 1984, slowly), prices are driven to marginal cost OM, and output expands to OQ<sub>C</sub>, giving rise to an additional surplus measured by triangle WYX and converting producer's surplus P\*WXM into consumers' surplus. Public policy limits patent lives in part because, if producer's surplus is sufficient to induce R&D, policy-makers do not want to delay indefinitely the realization of the consumers' surplus increment WYX. See Nordhaus (1969, pp. 70-90).

Now if competitive rent-seeking raises R&D costs to dissipate producers' surpluses totally, P\*WXM can no longer be counted as a welfare gain during the period of patent monopoly. Rather, the gain is offset by R&D cost (dotted area). After patents expire, rectangular surplus P\*WXM is not captured by product innovators, so it does not stimulate additional R&D. It becomes a pure surplus not offset by costs. Thus, the welfare gain prepatent-expiry is only triangle ZWP\* rather than the larger trapezoid ZWXM, and after patent expiry, the incremental welfare gain (beyond ZWP\*) is trapezoid P\*WYM. The net welfare gain in a competitive rent-seeking context is smaller while the patent is in force and larger incrementally after the patent expires. This, as simple models of cost-saving (process) invention



have shown, leads to substantially shorter optimal patent lives -- e.g., in those models, as short as one year, compared to the much longer lives found in models without competitive rent dissipation.<sup>46</sup>

The cost-saving patented invention model, however, abstracts from important In a market-oriented economy, private sector investments in research and alternatives. development are driven (i.e., induced) by changes in demand conditions and by the fecundity of the science base. The simplest plausible model of these "demand-pull" and "science-push" influences is illustrated in Figure 7.47 The R&D cost of achieving a specific innovation is assumed to be 2500 (with appropriate trailing zeroes) and to decline with the advance of science at a steady rate, e.g., as shown, at 3 percent per year. When discounted to year zero present value at a 10 percent interest rate, this is shown by a declining R&D Cost curve. (A sudden scientific breakthrough would impart a one-time downward shift in the curve.) The demand side of the equation is modelled by a *Private Benefit* function, which is the discounted present value of the quasi-rents (analogous to gross margins) appropriable by the innovator. The initial depth of the stream is 100 per year, growing with demand at 4 percent per year. 48 (A sudden spurt of demand, e.g. with the emergence of a new disease, would cause an upward jump in the curve.) Up to year 5.8 in Figure 7, discounted R&D costs exceed discounted private benefits, and a drug company with correct foresight would not undertake the development and testing effort. The first profitable instant -- the "breakeven" point -- occurs with the parameters assumed at year 5.8. However, a monopoly securely in control of the relevant therapeutic market would delay its R&D project (assumed for simplicity to consume at most one year) to year 17, when the discounted surplus of quasi-rents over R&D costs is maximized. But competition could force firms to accelerate their efforts or risk being pre-empted by either identified (contrary to the

<sup>46.</sup> See especially McFetridge and Raffiquzzaman (1986) for an analysis that focuses on cost-reducing (process) innovations rather than product innovations. For a more complex variant covering the product innovation case, see Scherer (2004).

<sup>47.</sup> It is drawn from Scherer (2007a), summarizing research dating back to the 1960s. The competitive break-even notion was introduced by Barzel (1968).

<sup>48.</sup> For mathematical simplicity, the rents are assumed to continue in perpetuity, e.g., under a perpetual patent. A finite patent life would shift the *Private Benefit* function downward at all points and the *Social Benefits* function (to be explained shortly) upward.



Henderson-Cockburn evidence) or inchoate rivals. Conceivably, the pace may be forced all the way forward to private break-even year 5.8. If such a competitive process operated, one would observe substantial R&D investments but on average no supra-normal returns.

It remains to be asked, is the competitive acceleration of R&D desirable or undesirable from a broader economic perspective? The answer lies in the likelihood that even with patent monopolies, innovators are unlikely to appropriate as private gain all of the benefits from their innovations. There are also consumers' surpluses (e.g., triangle AWP\* in Figure 6). The dot-dash line in Figure 7 assumes total social benefits -- i.e., producer's surplus plus consumers' surplus) -- to be twice private benefits.<sup>49</sup> Given that assumed divergence and the other assumed parameters, the innovation date that maximizes the surplus of social benefits minus R&D costs is 7 years -- close to the competitive break-even date. The larger the wedge between social and private benefits, ceteris paribus, the earlier the maximum social welfare date falls relative to the private break-even date.<sup>50</sup>

This lean model abstracts among other things from uncertainty. In fact, as we have seen, substantial uncertainties pervade all phases of the drug discovery and development process. When a safe and efficacious molecule cannot be identified in advance, pursuing parallel paths, i.e., synthesizing and testing numerous alternative molecules, is often desirable. Figure 8 demonstrates a particularly simple version of the parallel paths strategy.<sup>51</sup> It assumes that all R&D projects can be carried out within a single year and are pursued simultaneously in year 1. Once a successful molecule is found, the innovator realizes diverse quasi-rents, constant over time and continuing through year 25.<sup>52</sup> Each R&D project is assumed to cost \$1 (with as many appended zeroes as reality requires), and the discount rate is 6 percent.<sup>53</sup> Uniform expected

<sup>49.</sup> In the leading effort to measure this relationship, Edwin Mansfield (1977) found the median value of social benefits to be 2.25 times private benefits.

<sup>50.</sup> When a is the rate of decline in R&D costs, g is the growth rate of annual-quasi rents, r is the discount rate, and social benefits are k times private benefits, the social optimum and private break-even coincide when k = (r+a)/(r-g).

<sup>51.</sup> It is adapted from Scherer (1966). More complex strategies are explored there and in Scherer (2007b).

<sup>52.</sup> Multiple successes undoubtedly have value, but the analysis assumes that one success suffices.

<sup>53.</sup> Assuming at least one success in year 1, sales revenues and quasi-rents are assumed to begin only at the end of

success probabilities per path (i.e., molecule) are assumed to range from 0.01 (approximating conditions in pre-clinical animal testing) to 0.2 (approximating the success rate of full-scale human trials). Plotted in Figure 8 are the profit-maximizing numbers of parallel paths as a function of the quasi-rent stream's depth.<sup>54</sup> One sees that the deeper the stream of anticipated benefits, the larger is the optimal number of parallel paths. And the lower is the probability of success for any single path, the more sensitive the optimal number of paths is to differences in the depth of the quasi-rent stream.<sup>55</sup> These relationships appear to accord at least roughly with the reality of actual pharmaceutical industry behavior. For example, some 50 to 60 candidates for therapy against Alzheimer's disease -- a scourge expected to consume \$100 billion in health care resources per year within the United States -- were undergoing clinical trials in 2006.<sup>56</sup> Approximately 2,000 cancer drugs were in development.<sup>57</sup> A successful drug in either category could yield substantial payoffs to both its innovator and society at large.

Does the pursuit of parallel paths exhaust discounted quasi-rents, leading to only normal profits, as suggested by evidence on the pharmaceutical industry? Figure 9 shows profits (discounted quasi-rents less R&D costs) as a percentage of discounted quasi-rents for the four success probability cases analyzed in Figure 8. Except in the  $P_S = 0.01$  case, profits are positive across all indicated quasi-rent stream benefits. They increase with the depth of quasi-rent streams to substantial percentages. Thus, except in low-probability, low-value cases, the observed near-zero supra-normal profit outcome is not approximated.

Figures 8 and 9 assume that firms choose the parallel paths strategy expected to

year 2.

<sup>54.</sup> For annual quasi-rents of less than 10, there are no profitable single or parallel paths strategies with the assumed parameters. The average cost of R&D across all cases is 42, which is roughly 19 percent of the average discounted value of quasi-rents.

<sup>55.</sup> The elasticities of optimal path numbers relative to quasi-rents are 1.32 for  $P_S = 0.01$ , 0.64 for  $P_S = 0.05$ , 0.41 for  $P_S = 0.1$ , and 0.32 for  $P_S = 0.2$ .

<sup>56.</sup> See "Decoding Alzheimer's," <u>Business Week</u>, Jan. 8, 2007, p. 54; "Closing in on Alzheimer's," <u>AARP Bulletin</u>, June 2007, p. 10; and "Taking on Alzheimer's," <u>New York Times</u>, June 10, 2007, p. 3-1,4. Note in Figure 8 that the optimal number of parallel paths for the deepest quasi-rent stream shown is 39 with a single-path success probability of 0.10, approximating the uncertainties in clinically testing drugs for a disease against which there are no effective therapies.

<sup>57. &</sup>quot;Cancer Drugs Take Off," Business Week, June 18, 2007, p. 71.

maximize profits, analogously to the 17-year monopoly profit-maximizing product introduction timing of Figure 6. However, when social benefits exceed private benefits by an appreciable multiple, a larger number of parallel paths is socially optimal than under the private profit maximization assumption. An additional analysis assuming the parametric relationships of Figure 8 derived the net social benefit-maximizing number of paths, assuming social benefits to be twice privately appropriable benefits. For success probabilities of 0.05 or more, private profits were positive, and often quite substantial, over all annual social benefit stream depths of 10 or more. However, with success probabilities of only one in 100, private profits were negative for all benefit streams of less than 30 per year. In such cases, either excessive competitive optimism or government subsidies could help compensate for market failures that stem from low ex ante success probabilities and concomitantly high risks.

We conclude that the competitive rent-seeking observed in the pharmaceutical industry can help correct what otherwise might be market failures attributable to the disparity between social and privately appropriable benefits. Whether the "correct" amount of R&D, associated in part with the pursuit of parallel paths, is induced, cannot be determined from the lean theoretical assumptions accepted here. This is a problem on which additional research, both theoretical and factual, is much to be desired.

## 11. <u>Developing New Drugs and Vaccines for Third World Diseases</u>

Reverting to the simpler and less controversial assumption that pharmaceutical innovation is motivated by the lure of profits, a further dilemma presents itself. Rich consumers are able and willing to pay, either directly or through taxes and transfers, for an ample array of drugs to combat the diseases and debility afflicting them. For the consumers in nations with very low per-capita incomes, who tend to be concentrated in tropical areas harboring diseases such as malaria, sleeping sickness, and leishmaniasis seldom prevalent in the industrialized world, demand may be insufficient to yield quasi-rents inducing substantial investments in disease-alleviating R&D. A study by Medicins sans Frontieres (2001) found that among 1,393 new drug chemical entities introduced into world markets between 1975 and 1999, only 13 (or 15 counting tuberculosis drugs) were indicated for so-called "tropical" diseases. Clearly, the invisible hand falters in guiding research toward the needs of low-income populations.

There are several possible solutions. Prior to the Uruguay Round of international trade negotiations, concluded in 1994, many third-world nations (and some rich nations) did not offer patent protection on new pharmaceutical products. The resulting treaty required inter alia the provision of such patent rights in all World Trade Organization member nations by the year 2005 (later extended for the least-developed nations to 2016). One rationale was that this policy change would stimulate the development of medicines for tropical diseases, either by multinational pharmaceutical companies or enterprises based in low-income nations. (India, for example, was home to several of the world's leading generic drug suppliers.) Whether this strategy will work remains to be seen, but there are grounds for skepticism. See Lanjouw (1997, 2002). If under the logic of Figure 6, demand curves for drugs in low-income nations lie too close to marginal production cost functions, the pool of attainable quasi-rents will be too small to stimulate much development of tropical disease drugs by profit-seeking firms.

If private markets fail, a humanitarian case for governmental or philanthropic intervention exists. Governments and philanthropic agencies might intervene on either the supply side or the demand side.

On the supply side, research and testing on tropical drugs might be conducted in government or government-supported laboratories, or grants could be issued to private corporations to subsidize the development of tropical disease therapies. The U.S. Army's Walter Reed Hospital was once a leader in developing drugs to combat malaria and other tropical diseases. But as the desire to station American troops in tropical nations faded after the Vietnam War, so also did interest in developing such medicines. Thus, contracts and grants for altruistic motives remained the main supply-side recourse. Splendid work by the Gates Foundation, among others, has been done, but those activities, oriented thus far mainly toward basic research and therapeutic molecule discovery, are of too recent vintage to assess success. The alternative, especially when high-cost drug development and clinical testing stages are reached, is for governments to issue contracts to private enterprises -- presumably, the various pharmaceutical companies. Here the well-known agency-theoretic problems associated with national defense research and development contracting are encountered. Government agencies are not always adept at picking winning technological approaches, and indeed, given the uncertainties of drug discovery, one must be tolerant -- although legislatures seldom are -- of frequent failure. The

choice problem is aggravated by the tendency of contract-seekers to exaggerate their chances of success at the early proposal stage and to underestimate the costs. Special contractual arrangements, such as cost-plus-fixed-fee contracts, may be necessary to transfer what would otherwise be unacceptable technological risks from private firms to the government sponsor. These often provide inadequate incentives for efficient operation and open the way to other moral hazards. See Peck and Scherer (1962).

An alternative to intervention on the technology-push side is for government agencies to create special demand-side incentives for research and development. An interesting and attractive approach was the advance purchase approach to inducing new vaccine development endorsed by the G-8 nations in 2005 and 2006. See Levine et al. (2005) and Berndt and Hurvitz Emphasizing the development of vaccines rather than traditional therapeutic (2005).pharmaceuticals was attractive because vaccines can prevent disease through one or very few inoculations, whereas treatment once a disease has taken hold often requires repeated and perhaps even life-long medical interventions that overstrain the healthcare delivery capabilities of low-income nations. One disadvantage of the vaccine approach is the particularly extensive and lengthy clinical testing required, since one cannot ethically tell in advance who would otherwise incur the target disease. The advantage of vaccines from the perspective of administration in low-income nations is a disadvantage for pharmaceutical companies, since each patient requires only one or a very few doses, which leaves much less demand than for medicines that will be administered once a day for many days or even years. Recognizing these problems, the G-8 proposal identified three target diseases -- HIV/AIDS, malaria, and tuberculosis. For each, a generalized agreement to purchase 200 million doses at a prespecified subsidy of \$15 per dose would be announced, i.e., embodying a total commitment of \$3 billion per disease, paid only if the goal of successful new vaccine development were achieved. The purchase would be conditional upon the development of effective vaccines, with efficacy judged against standards articulated by a coordinating committee and by the national health authorities of nations administering the vaccine (which would add their own more modest subsidies to the purchase price). Quantities above 200 million would be procured at prices to be negotiated through a process that remained unclear at the time the proposal was approved. At the time this essay was written, the G-8 governments had not made available the required financial commitments to



induce development of <u>new</u> vaccines. However, funds were advanced for procurement of a pneumococcus vaccine already in the late stages of testing.<sup>58</sup> Thus, a judgment on the success of the advance purchase commitment approach would be premature. What is clear is that an important market failure persists with respect to incentives for the discovery and development of therapies effective against diseases threatening one to two billion inhabitants of low-income nations, depending upon the disease.

## 12. Conclusion

The pharmaceutical industry provides a fascinating laboratory for studying what we know and what we don't know about the economics of innovation. The industry has an extraordinary innovation record; it faces major risks and uncertainties in its efforts to solve new therapeutic problems; its links to academic science bases are unusually rich and deep; and the industry's responsiveness or lack thereof to economic stimuli is of considerable interest. That said, it must be admitted that there is much we still do not understand about the pharmaceutical innovation process. As always, more work remains to be done.

<sup>58. &</sup>quot;Wealthy Nations Announce Plan To Develop and Pay for Vaccines," New York Times, Feb. 10, 2007, p. 3.

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